

Results**Girls U 8 - 70 Metre Sprint**

Region: R 10.90 1997 Natasha Finlay, Manly Warring			
State: S 10.54 16/03/1980 Annette Cavanagh, Blacktown			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ruby Kernaghan		Parramatta	11.72Q
2 Amalia Bond		Ku-Ring-Gai	11.79Q
3 Liesel Walsh		Hornsby	11.82Q
4 Ruby High		Mosman	12.18q
5 Ruby Kelly		Ryde	12.39
6 Rachel Fenson		Nth Rocks Carlin	12.43
7 Aurora Willard		Ryde	12.72
Heat 2 Heats			
1 ClaraSeyramPrinces Fetri		Parramatta	11.12Q
2 Lara Atherton		Manly Warringah	11.76Q
3 Alanah O'Donovan		Parramatta	12.08Q
4 Charlotte Grubisic		Northern Suburbs	12.33q
4 Seren D'Souza		Hornsby	12.33q
6 Emily Kupceric		Manly Warringah	12.35
7 Lily Scahill		Nth Rocks Carlin	12.63

Girls U 8 - 70 Metre Sprint

Region: R 10.90 1997 Natasha Finlay, Manly Warring			
State: S 10.54 16/03/1980 Annette Cavanagh, Blacktown			
Name	Age	Centre	Final
Section 1 Final			
1 ClaraSeyramPrinces Fetri		Parramatta	11.28
2 Ruby Kernaghan		Parramatta	11.62
3 Lara Atherton		Manly Warringah	11.85
4 Amalia Bond		Ku-Ring-Gai	11.94
5 Ruby High		Mosman	12.07
5 Liesel Walsh		Hornsby	12.07
7 Alanah O'Donovan		Parramatta	12.24
8 Seren D'Souza		Hornsby	12.38

Girls U 9 - 70 Metre Sprint

Region: R 10.20 1998 Emily Pollett, Manly Warringa			
State: S 10.14 22/03/1998 Briony Kanard, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Olivia Achike		Ku-Ring-Gai	10.80Q
2 Lily Blewman		Manly Warringah	11.17Q
2 Jessica Parker		Mosman	11.17Q
4 Sophie Durheim		Cherrybrook	11.64q
5 Tayla Moore		Cherrybrook	11.91
6 EmmanuellaOluwafikay Oma		Cherrybrook	11.96
7 Gabriella Connell		Cherrybrook	12.51
Heat 2 Heats			
1 Matilda Harrison		Ku-Ring-Gai	10.95Q
2 Olivia Sidhu		Ryde	11.34Q
3 Emilia Fallon		Mosman	11.46Q
4 Anastasia Limbers		Hornsby	11.53q
5 Phoebe Clayton		Northern Suburbs	12.13

Results**Girls U 9 - 70 Metre Sprint**

=====			
Region:	R 10.20	1998	Emily Pollett, Manly Warringah
State:	S 10.14	22/03/1998	Briony Kanard, Port Hacking
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Matilda Harrison	Ku-Ring-Gai	10.89
2	Olivia Achike	Ku-Ring-Gai	10.94
3	Jessica Parker	Mosman	11.24
4	Lily Blewman	Manly Warringah	11.26
5	Olivia Sidhu	Ryde	11.63
6	Anastasia Limbers	Hornsby	11.79
7	Emilia Fallon	Mosman	11.98
8	Sophie Durheim	Cherrybrook	11.99

Girls U 10 - 70 Metre Sprint

=====			
Region:	R 9.80	2000	Alice Wilson, Ku-ring-gai
State:	S 9.84	19/03/2000	Grace Naseby, Griffith
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Chloe Leivesley	Nth Rocks Carlin	10.72Q
2	Octavia Williams	Manly Warringah	10.99Q
3	Serin Korucu	Manly Warringah	11.03Q
4	Lily Erby	Mosman	11.20q
5	Aqua Fisher	Northern Suburbs	11.38q
6	Talia Coffin	Ryde	11.51
6	Charlotte Nagle	Ryde	11.51
8	Tianna Bertolissio	Parramatta	11.54
Heat 2 Heats			
1	Sienna Kupceric	Manly Warringah	10.48Q
2	Ruby Perkins	Northern Suburbs	10.97Q
3	Emily Buchner	Ku-Ring-Gai	11.28Q
4	Kaleigh Walker	Ku-Ring-Gai	11.87

Girls U 10 - 70 Metre Sprint

=====			
Region:	R 9.80	2000	Alice Wilson, Ku-ring-gai
State:	S 9.84	19/03/2000	Grace Naseby, Griffith
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Sienna Kupceric	Manly Warringah	10.60
2	Chloe Leivesley	Nth Rocks Carlin	10.76
3	Ruby Perkins	Northern Suburbs	10.91
4	Octavia Williams	Manly Warringah	10.98
5	Emily Buchner	Ku-Ring-Gai	11.36
6	Lily Erby	Mosman	11.38
7	Serin Korucu	Manly Warringah	11.41
8	Aqua Fisher	Northern Suburbs	11.70

Results**Girls U 8 - 100 Metre Sprint**

Region: R 15.20 2005 Lauren Gilbert, Parramatta			
State: S 14.44 23/03/1979 Helen Clarke, Orange			
Name	Age	Centre	Heats
Heat 1 Heats			
1 ClaraSeyramPrinces Fetri		Parramatta	15.47Q
2 Sofia Ehnbohm		Manly Warringah	16.65Q
3 Lara Atherton		Manly Warringah	16.73Q
4 Alanah O'Donovan		Parramatta	17.23q
5 Emily Kupceric		Manly Warringah	17.25
6 Eve Clark		Hornsby	17.61
7 Emilia Webb		Ryde	17.78
8 Aurora Willard		Ryde	17.79
Heat 2 Heats			
1 Kate Harden		Ku-Ring-Gai	16.26Q
2 Amalia Bond		Ku-Ring-Gai	16.39Q
3 Philippa Quarrell		Manly Warringah	16.43Q
4 Isabelle Green		Ku-Ring-Gai	16.84q
5 Rachel Fenson		Nth Rocks Carlin	17.27
6 Charlotte Grubisic		Northern Suburbs	17.35
7 Ruby Kelly		Ryde	17.41
8 IvySodahm Kim		Parramatta	18.07

Girls U 8 - 100 Metre Sprint

Region: R 15.20 2005 Lauren Gilbert, Parramatta			
State: S 14.44 23/03/1979 Helen Clarke, Orange			
Name	Age	Centre	Final
Section 1 Final			
1 ClaraSeyramPrinces Fetri		Parramatta	15.53
2 Amalia Bond		Ku-Ring-Gai	16.36
3 Kate Harden		Ku-Ring-Gai	16.39
4 Philippa Quarrell		Manly Warringah	16.60
5 Sofia Ehnbohm		Manly Warringah	16.69
5 Lara Atherton		Manly Warringah	16.69
7 Alanah O'Donovan		Parramatta	16.79
8 Isabelle Green		Ku-Ring-Gai	17.39

Girls U 9 - 100 Metre Sprint

Region: R 14.70 1998 Emily Pollett, Manly Warringah			
State: S 14.14 23/03/1979 Kate Farrell, Holroyd			
State: S 14.14 15/03/1980 Helen Clarke, Orange			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jasmine Rintel		Manly Warringah	15.09Q
2 Jessica Parker		Mosman	15.32Q
3 Olivia Sidhu		Ryde	15.88Q
4 Juliette Cooley		Ryde	16.16q
5 Sophie Durheim		Cherrybrook	16.17q
6 Portia Rowland-Stefanic		Ku-Ring-Gai	16.23
7 Kara Hazon		Nth Rocks Carlin	16.41
Heat 2 Heats			
1 Matilda Harrison		Ku-Ring-Gai	15.33Q
2 Lily Blewman		Manly Warringah	15.64Q

Results

....Girls U 9 - 100 Metre Sprint

3	Emilia Fallon	Mosman	16.23Q
4	Siena Pascoe	Northern Suburbs	16.43
5	Tayla Moore	Cherrybrook	16.78
6	Ebony Klarich	Ryde	16.82
6	Anastasia Limbers	Hornsby	16.82
8	Carys Byrnes	Nth Rocks Carlin	17.06

Girls U 9 - 100 Metre Sprint

Region: R 14.70 1998 Emily Pollett, Manly Warringah
 State: S 14.14 23/03/1979 Kate Farrell, Holroyd
 State: S 14.14 15/03/1980 Helen Clarke, Orange

Name	Age	Centre	Final
Section 1 Final			
1	Jasmine Rintel	Manly Warringah	14.97
2	Matilda Harrison	Ku-Ring-Gai	15.20
3	Jessica Parker	Mosman	15.58
4	Lily Blewman	Manly Warringah	15.85
5	Olivia Sidhu	Ryde	16.03
6	Emilia Fallon	Mosman	16.09
7	Sophie Durheim	Cherrybrook	16.54

Girls U 10 - 100 Metre Sprint

Region: R 13.70 1991 Rosemary Hayward, Wyong
 State: S 13.54 12/03/1978 Annette Osborne, Lethbridge P
 State: S 13.54 23/03/1991 Rosemary Hayward, Wyong

Name	Age	Centre	Heats
Heat 1 Heats			
1	Catherine Mikan	Northern Suburbs	14.62Q
2	Sienna Kupceric	Manly Warringah	14.78Q
3	Chloe Leivesley	Nth Rocks Carlin	15.26Q
4	Octavia Williams	Manly Warringah	15.37q
5	Jasmine McAndrew	Ryde	15.68
6	Claudia Healey	Mosman	15.83
Heat 2 Heats			
1	Gemma McIntosh	Ku-Ring-Gai	14.60Q
2	Grace Townsend	Mosman	15.02Q
3	Ruby Perkins	Northern Suburbs	15.18Q
4	Serin Korucu	Manly Warringah	15.58q
5	Lola Jones	Northern Suburbs	15.87
6	Katie Maddern	Mosman	16.09
7	Sophie Harden	Ku-Ring-Gai	16.80

Girls U 10 - 100 Metre Sprint

Region: R 13.70 1991 Rosemary Hayward, Wyong
 State: S 13.54 12/03/1978 Annette Osborne, Lethbridge P
 State: S 13.54 23/03/1991 Rosemary Hayward, Wyong

Name	Age	Centre	Final
Section 1 Final			
1	Gemma McIntosh	Ku-Ring-Gai	14.47
2	Sienna Kupceric	Manly Warringah	14.77
3	Grace Townsend	Mosman	15.10

Results

....Girls U 10 - 100 Metre Sprint

4	Octavia Williams	Manly Warringah	15.14
5	Ruby Perkins	Northern Suburbs	15.23
6	Chloe Leivesley	Nth Rocks Carlin	15.29
7	Serin Korucu	Manly Warringah	15.73
8	Catherine Mikan	Northern Suburbs	19.14

Girls U 11 - 100 Metre Sprint

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 Region: R 13.40 1992 Rossemary Hayward, Toukley
 State: S 12.94 12/03/1978 Michelle Moroney, Bankstown
 Name Age Centre Heats
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Heat 1 Heats

1	Sofia Fedirchuk	Mosman	14.49Q
2	Eve Simpson	Manly Warringah	14.52Q
3	Lucinda Mulcahy	Manly Warringah	14.97Q
3	Maia Madden-Khan	Ku-Ring-Gai	14.97Q
5	Sarah-anne Koot	Cherrybrook	15.02q
6	Samara Bond	Ku-Ring-Gai	15.05
7	Lara Klarich	Ryde	15.31
8	Jessica Rich	Mosman	15.65

Heat 2 Heats

1	Lucy Scholtens	Manly Warringah	14.41Q
2	Eve Rothwell	Northern Suburbs	14.63Q
3	Luna Ligertwood	Manly Warringah	14.77Q
4	Sarah Sakr	Parramatta	15.14
5	Eliza Matthews	Nth Rocks Carlin	15.21
6	Ruby Collins	Northern Suburbs	15.27
7	Elise Murray	Parramatta	16.11

Girls U 11 - 100 Metre Sprint

=====
 Region: R 13.40 1992 Rossemary Hayward, Toukley
 State: S 12.94 12/03/1978 Michelle Moroney, Bankstown
 Name Age Centre Final
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Section 1 Final

1	Sofia Fedirchuk	Mosman	14.21
2	Eve Simpson	Manly Warringah	14.27
3	Lucy Scholtens	Manly Warringah	14.53
4	Lucinda Mulcahy	Manly Warringah	14.54
5	Eve Rothwell	Northern Suburbs	14.70
6	Maia Madden-Khan	Ku-Ring-Gai	14.84
7	Sarah-anne Koot	Cherrybrook	14.96
8	Luna Ligertwood	Manly Warringah	15.00

Girls U 12 - 100 Metre Sprint

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 Region: R 12.40 2005 Annaliese Gardiner, Ku-ring-g
 State: S 12.64 24/03/1979 Michelle Moroney, Bankstown
 State: S 12.64 16/03/2002 Jacinta Doyle, Port Hacking
 State: S 12.64 19/02/2005 Annaliese Gardiner, Ku-Ring-G
 Name Age Centre Heats
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Heat 1 Heats

1	Lara Williams	Manly Warringah	13.68Q
2	Elizabeth Peters	Ku-Ring-Gai	13.91Q

Results

....Girls U 12 - 100 Metre Sprint

3	Ziggy Leong	Northern Suburbs	14.18Q
4	Phoebe Riley	Ku-Ring-Gai	14.38q
5	AbigailOluwateniola Omag	Cherrybrook	14.66
6	Sarah Passafaro	Northern Districts	15.18
7	Siobhan McMahon	Northern Districts	15.62
Heat 2 Heats			
1	XinMin Tan	Northern Suburbs	13.47Q
2	Tara Webb	Cherrybrook	14.35Q
3	Ruby Worrell	Ryde	14.43Q
4	Gemma Mills	Hornsby	14.44q
5	Emily Uslu	Parramatta	14.61
6	Jasmine Lowe	Northern Suburbs	14.64
7	Talia Kupceric	Manly Warringah	14.70
8	Sienna Villacorta	Manly Warringah	14.80

Girls U 12 - 100 Metre Sprint

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Region: R 12.40 2005 Annaliese Gardiner, Ku-ring-g
State: S 12.64 24/03/1979 Michelle Moroney, Bankstown
State: S 12.64 16/03/2002 Jacinta Doyle, Port Hacking
State: S 12.64 19/02/2005 Annaliese Gardiner, Ku-Ring-G
Name Age Centre Final
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Section 1 Final

1	Lara Williams	Manly Warringah	13.17
2	XinMin Tan	Northern Suburbs	13.34
3	Elizabeth Peters	Ku-Ring-Gai	13.74
4	Ziggy Leong	Northern Suburbs	13.99
5	Tara Webb	Cherrybrook	14.01
6	Ruby Worrell	Ryde	14.11
7	Gemma Mills	Hornsby	14.20
8	Phoebe Riley	Ku-Ring-Gai	14.34

Girls U 13 - 100 Metre Sprint

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Region: R 12.30 2005 Jordan Lumley, Nortern Distri
State: S 12.34 15/03/1986 Jo-anne Swan, Camden
State: S 12.34 7/03/1987 Rebecca Vormister, Wollongong
State: S 12.34 17/03/1996 Haylee Mathieson, Wollongong
State: S 12.34 19/02/2005 Laura Turner, Port Hacking
Name Age Centre Heats
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Heat 1 Heats

1	Gabriella Colombo	Manly Warringah	13.89Q
2	Megan Edwards	Manly Warringah	14.21Q
3	Evie Cook	Northern Suburbs	14.38Q
4	Zara Ostryn	Manly Warringah	14.46q
5	Mischa Nalywajko	Ku-Ring-Gai	14.70
6	Emily Steele	Parramatta	14.99
7	Chenny Lee	Ryde	15.17

Heat 2 Heats

1	Sophie Ross	Manly Warringah	13.49Q
2	Inge Ackland	Ku-Ring-Gai	13.72Q
3	Cameron Khadi	Parramatta	13.93Q
4	Sara Bashir	Manly Warringah	14.26q
5	Sarah Hughes-Narborough	Northern Districts	14.86

Results**Girls U 13 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.30	2005	Jordan Lumley, Northern Distri	
State: S 12.34	15/03/1986	Jo-anne Swan, Camden	
State: S 12.34	7/03/1987	Rebecca Vormister, Wollongong	
State: S 12.34	17/03/1996	Haylee Mathieson, Wollongong	
State: S 12.34	19/02/2005	Laura Turner, Port Hacking	
=====			
Section 1 Final			
1 Sophie Ross		Manly Warringah	13.35
2 Inge Ackland		Ku-Ring-Gai	13.64
3 Gabriella Colombo		Manly Warringah	13.76
4 Megan Edwards		Manly Warringah	14.03
5 Cameron Khadi		Parramatta	14.06
6 Evie Cook		Northern Suburbs	14.25
7 Sara Bashir		Manly Warringah	14.33

Girls U 14 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 12.10	2005	Sarah Thompson, Cherrybrook	
State: S 12.14	23/03/1991	Shelley Peattie, Macquarie Sh	
=====			
Heat 1 Heats			
1 Fichardt Georgia		Ku-Ring-Gai	12.93Q
2 Eliza Da Silva		Ryde	13.25Q
3 Amber Williams		Manly Warringah	14.11
Heat 2 Heats			
1 Greta Andrews		Northern Suburbs	12.80Q
2 Jessica Maciver		Ku-Ring-Gai	13.10Q
3 Adria McAndrew		Ryde	14.00q
4 Isobel Elkan		Manly Warringah	14.07
5 Sophie Anderson		Northern Suburbs	14.51
Heat 3 Heats			
1 Danielle Osifo		Hornsby	12.55Q
2 Alice Dixon		Northern Suburbs	13.24Q
3 Chelsea Smith		Nth Rocks Carlin	13.74q
4 Cherie Ghadiali		Parramatta	14.42
5 Tilda HolmqvistJohansson		Parramatta	14.71

Girls U 14 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 12.10	2005	Sarah Thompson, Cherrybrook	
State: S 12.14	23/03/1991	Shelley Peattie, Macquarie Sh	
=====			
Section 1 Final			
1 Greta Andrews		Northern Suburbs	12.46
2 Alice Dixon		Northern Suburbs	12.49
3 Danielle Osifo		Hornsby	12.63
4 Jessica Maciver		Ku-Ring-Gai	12.96
5 Fichardt Georgia		Ku-Ring-Gai	13.07
6 Eliza Da Silva		Ryde	13.17
7 Adria McAndrew		Ryde	13.65
8 Chelsea Smith		Nth Rocks Carlin	13.97

Results**Girls U 15 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R 12.10 1991 R Massey, Ryde AA			
State: S 12.04 21/03/1992 Sonia Willis, Wagga PCYC			
State: S 12.04 20/03/1999 Preya Carey, Hills District			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tarsha Wayne		Ryde	13.67Q
2 Tahlia Foye		Parramatta	13.74Q
3 Ashley Hanna		Manly Warringah	13.97Q
4 Sarah Brown		Ryde	14.20
Heat 2 Heats			
1 Alexandra York		Northern Suburbs	12.79Q
2 Madeleine High		Mosman	13.54Q
3 Aleisha Jeremy		Manly Warringah	13.80Q
4 Jessica Forster		Hornsby	14.07q
5 Scarlett Prowse		Cherrybrook	14.15q
6 Jessica Tallentire		Manly Warringah	14.27
7 Aela Morrison		Northern Suburbs	14.54
8 Olivia Colman		Ku-Ring-Gai	17.16

Girls U 15 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 12.10 1991 R Massey, Ryde AA			
State: S 12.04 21/03/1992 Sonia Willis, Wagga PCYC			
State: S 12.04 20/03/1999 Preya Carey, Hills District			
Name	Age	Centre	Final
Section 1 Final			
1 Alexandra York		Northern Suburbs	12.95
2 Madeleine High		Mosman	13.34
3 Tarsha Wayne		Ryde	13.53
4 Aleisha Jeremy		Manly Warringah	13.70
5 Ashley Hanna		Manly Warringah	13.94
6 Tahlia Foye		Parramatta	13.98
7 Scarlett Prowse		Cherrybrook	14.03
8 Jessica Forster		Hornsby	14.15

Girls U 17 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 12.50 21/02/2009 Michelle Jenneke, Cherrybrook			
State: S 12.17 20/03/2010 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Nicolette Donofrio		Northern Suburbs	12.81Q
2 Olivia Wrightson		Manly Warringah	13.02Q
3 Tea Lisle		Manly Warringah	13.22q
4 Francesca Sugisman		Cherrybrook	13.44q
5 Maysa Sakr		Parramatta	13.93
Heat 2 Heats			
1 Eleanor Lamperts		Cherrybrook	12.95Q
2 Jasmine Bonomi		Manly Warringah	13.79Q
3 Olivia Bird		Mosman	13.99
4 Rakeli Albino		Hornsby	14.16
Heat 3 Heats			
1 Samantha Dale		Nth Rocks Carlin	12.96Q
2 Maddie Owen		Manly Warringah	13.31Q

Results**....Girls U 17 - 100 Metre Sprint**

3 Courtney Rule	Manly Warringah	13.42q
4 Maya Challoner	Northern Suburbs	13.49

Girls U 17 - 100 Metre Sprint

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Region:	R 12.50	21/02/2009	Michelle Jenneke, Cherrybrook
State:	S 12.17	20/03/2010	Michelle Jenneke, Cherrybrook
Name		Age Centre	Final
=====			

Section 1 Final

1 Nicolette Donofrio	Northern Suburbs	12.55
2 Samantha Dale	Nth Rocks Carlin	12.64
3 Olivia Wrightson	Manly Warringah	12.75
3 Eleanor Lamperts	Cherrybrook	12.75
5 Maddie Owen	Manly Warringah	13.12
6 Courtney Rule	Manly Warringah	13.19
7 Francesca Sugisman	Cherrybrook	13.24
8 Jasmine Bonomi	Manly Warringah	13.56
-- Tea Lisle	Manly Warringah	DQ

Girls U 8 - 200 Metre Sprint

=====			
Region:	R 31.50	1997	Emily Pollett, Manly Warringah
State:	S 31.74	18/03/1984	Bronwyn Piening, Nepean
State:	S 31.74	16/02/1997	Emily Pollett, Manly Warringah
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Amalia Bond	Ku-Ring-Gai	34.67Q
2 Chloe McGregor	Ryde	34.95Q
3 Erin Grimshaw	Manly Warringah	35.31Q
4 Alanah O'Donovan	Parramatta	36.64
5 Claudia Wyatt	Ku-Ring-Gai	37.08
6 Charlotte Grubisic	Northern Suburbs	37.20
6 Jessica Loring	Parramatta	37.20

Heat 2 Heats

1 ClaraSeyramPrinces Fetri	Parramatta	32.48Q
2 Sofia Ehnbon	Manly Warringah	34.04Q
3 Kate Harden	Ku-Ring-Gai	34.49Q
4 Ruby High	Mosman	35.09q
5 Rory Nordensom	Manly Warringah	36.11q
6 Matilda Clement	Ku-Ring-Gai	36.88
7 Rachel Fenson	Nth Rocks Carlin	36.99
8 Ruby Kelly	Ryde	37.31

Girls U 8 - 200 Metre Sprint

=====			
Region:	R 31.50	1997	Emily Pollett, Manly Warringah
State:	S 31.74	18/03/1984	Bronwyn Piening, Nepean
State:	S 31.74	16/02/1997	Emily Pollett, Manly Warringah
Name		Age Centre	Final
=====			

Section 1 Final

1 ClaraSeyramPrinces Fetri	Parramatta	32.34
2 Sofia Ehnbon	Manly Warringah	33.73
3 Kate Harden	Ku-Ring-Gai	34.21
4 Ruby High	Mosman	34.23

Results**....Girls U 8 - 200 Metre Sprint**

5 Amalia Bond	Ku-Ring-Gai	34.45
6 Erin Grimshaw	Manly Warringah	34.80
7 Rory Nordensom	Manly Warringah	35.00
8 Chloe McGregor	Ryde	35.20

Girls U 9 - 200 Metre Sprint

=====			
Region:	R 30.30	22/02/2009	Mikayla Mestoussis, Ryde
State:	S 28.74	25/03/1990	Rosemary Hayward, Wyong
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Chanel Charles	Ku-Ring-Gai	33.23Q
2 Juliette Cooley	Ryde	34.70Q
3 Emilia Fallon	Mosman	34.75Q
4 Sophie Durheim	Cherrybrook	35.37q
5 EmmanuellaOluwafikay Oma	Cherrybrook	36.88

Heat 2 Heats

1 Jasmine Rintel	Manly Warringah	34.07Q
2 Olivia Sidhu	Ryde	34.99Q
3 Elizabeth Bailey	Ku-Ring-Gai	36.20Q
4 Kyras McMahan	Northern Districts	36.55q
5 Flora Pagotto Scomparim	Ryde	37.10
6 Phoebe Clayton	Northern Suburbs	37.58

Girls U 9 - 200 Metre Sprint

=====			
Region:	R 30.30	22/02/2009	Mikayla Mestoussis, Ryde
State:	S 28.74	25/03/1990	Rosemary Hayward, Wyong
Name		Age Centre	Final
=====			

Section 1 Final

1 Jasmine Rintel	Manly Warringah	31.02
2 Chanel Charles	Ku-Ring-Gai	31.90
3 Juliette Cooley	Ryde	33.53
4 Olivia Sidhu	Ryde	34.30
5 Emilia Fallon	Mosman	34.55
6 Kyras McMahan	Northern Districts	36.09
7 Elizabeth Bailey	Ku-Ring-Gai	36.28

Girls U 10 - 200 Metre Sprint

=====			
Region:	R 28.40	1991	Rosemary Hayward, Wyong
State:	S 28.22	21/03/2010	Kristie Edwards, Manly Warrin
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Catherine Mikan	Northern Suburbs	30.36Q
2 Gemma McIntosh	Ku-Ring-Gai	31.15Q
3 Claudia Healey	Mosman	31.59Q
4 Tessa Newitt	Mosman	32.64q
5 Zara McCaughey	Northern Suburbs	34.97
6 Ava Moore	Cherrybrook	36.82

Heat 2 Heats

1 Caitlin Brennan	Parramatta	31.13Q
2 Serin Korucu	Manly Warringah	32.17Q
3 Ava Gray	Manly Warringah	32.78Q

Results**....Girls U 10 - 200 Metre Sprint**

4	Annie Hall	Ku-Ring-Gai	32.83q
5	Lola Jones	Northern Suburbs	33.05
6	Lily Erby	Mosman	33.52
7	Sophie Harden	Ku-Ring-Gai	33.90
8	Talia Coffin	Ryde	34.31

Girls U 10 - 200 Metre Sprint

=====			
Region:	R 28.40	1991	Rosemary Hayward, Wyong
State:	S 28.22	21/03/2010	Kristie Edwards, Manly Warrin
Name		Age Centre	Final
=====			

Section 1 Final

1	Gemma McIntosh	Ku-Ring-Gai	30.10
2	Caitlin Brennan	Parramatta	31.40
3	Claudia Healey	Mosman	31.74
4	Serin Korucu	Manly Warringah	32.07
5	Tessa Newitt	Mosman	32.94
6	Ava Gray	Manly Warringah	33.05
7	Annie Hall	Ku-Ring-Gai	33.35

Girls U 11 - 200 Metre Sprint

=====			
Region:	R 27.50	1992	Rosemary Hayward, Toukley
State:	S 26.44	11/03/1978	Michelle Moroney, Bankstown
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Lucinda Mulcahy	Manly Warringah	29.37Q
2	Sofia Fedirchuk	Mosman	29.59Q
3	Samara Bond	Ku-Ring-Gai	29.65Q
4	Eve Simpson	Manly Warringah	29.75q
5	Sarah-anne Koot	Cherrybrook	30.81
6	Maia Madden-Khan	Ku-Ring-Gai	31.73
7	Lara Klarich	Ryde	32.41

Heat 2 Heats

1	Eve Rothwell	Northern Suburbs	29.58Q
2	Annie Seve	Manly Warringah	29.81Q
3	Lucy Scholtens	Manly Warringah	29.90Q
4	Hayley Reynolds	Nth Rocks Carlin	30.43q
5	Madison Mitchell	Hornsby	31.14
6	Sarah Sakr	Parramatta	31.49
7	Olivia Moresi	Cherrybrook	31.98

Girls U 11 - 200 Metre Sprint

=====			
Region:	R 27.50	1992	Rosemary Hayward, Toukley
State:	S 26.44	11/03/1978	Michelle Moroney, Bankstown
Name		Age Centre	Final
=====			

Section 1 Final

1	Lucinda Mulcahy	Manly Warringah	28.90
2	Eve Rothwell	Northern Suburbs	29.17
3	Sofia Fedirchuk	Mosman	29.19
4	Annie Seve	Manly Warringah	29.41
5	Eve Simpson	Manly Warringah	29.43
6	Samara Bond	Ku-Ring-Gai	29.47

Results**....Girls U 11 - 200 Metre Sprint**

7 Lucy Scholtens	Manly Warringah	30.05
8 Hayley Reynolds	Nth Rocks Carlin	30.93

Girls U 12 - 200 Metre Sprint

=====			
Region:	R 26.30	2005	Karlie Morton, Manly Warringah
State:	S 25.84	21/02/1979	Nicole Leistenschneider, Manl
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 XinMin Tan	Northern Suburbs	27.80Q
2 Eva Bates	Ku-Ring-Gai	28.99Q
3 Ruby Worrell	Ryde	29.13Q
4 Ziggy Leong	Northern Suburbs	29.94q
5 Sarah Passafaro	Northern Districts	30.00
6 Phoebe Riley	Ku-Ring-Gai	30.41

Heat 2 Heats

1 Lara Williams	Manly Warringah	28.59Q
2 Tara Webb	Cherrybrook	28.86Q
3 Sienna Villacorta	Manly Warringah	29.52Q
4 Jasmine Lowe	Northern Suburbs	29.85q
5 AbigailOluwateniola Omag	Cherrybrook	30.07

Girls U 12 - 200 Metre Sprint

=====			
Region:	R 26.30	2005	Karlie Morton, Manly Warringah
State:	S 25.84	21/02/1979	Nicole Leistenschneider, Manl
Name	Age	Centre	Final
=====			

Section 1 Final

1 Lara Williams	Manly Warringah	26.78
2 Eva Bates	Ku-Ring-Gai	27.39
3 XinMin Tan	Northern Suburbs	28.00
4 Ruby Worrell	Ryde	28.53
5 Tara Webb	Cherrybrook	29.04
6 Sienna Villacorta	Manly Warringah	29.49
7 Ziggy Leong	Northern Suburbs	30.30
8 Jasmine Lowe	Northern Suburbs	30.50

Girls U 13 - 200 Metre Sprint

=====			
Region:	R 25.80	1994	Rosemary Hayward, Toukley
State:	S 25.04	16/03/2008	Maddie Pirie, Revesby Workers
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Brianna Worsfold	Ku-Ring-Gai	27.74Q
2 Sally Priest	Manly Warringah	28.59Q
3 Inge Ackland	Ku-Ring-Gai	29.07Q
4 Gabriella Colombo	Manly Warringah	29.46q
5 Brooke Luksic	Parramatta	29.55q
6 Emily Metcalfe	Ryde	29.77
7 Eliza McKenzie	Nth Rocks Carlin	30.60

Heat 2 Heats

1 Sienna Bond	Ku-Ring-Gai	28.75Q
2 Sophie Ross	Manly Warringah	29.16Q
3 Evie Cook	Northern Suburbs	29.63Q

Results**....Girls U 13 - 200 Metre Sprint**

4 Alexandra Dransfield	Northern Suburbs	29.83
5 Mikayla Kelleher	Ryde	29.86
6 Megan Edwards	Manly Warringah	30.08

Girls U 13 - 200 Metre Sprint

=====			
Region:	R 25.80	1994	Rosemary Hayward, Toukley
State:	S 25.04	16/03/2008	Maddie Pirie, Revesby Workers
Name		Age Centre	Final
=====			

Section 1 Final

1 Brianna Worsfold	Ku-Ring-Gai	26.54
2 Sienna Bond	Ku-Ring-Gai	27.58
3 Sophie Ross	Manly Warringah	28.02
4 Sally Priest	Manly Warringah	28.29
5 Inge Ackland	Ku-Ring-Gai	28.80
6 Evie Cook	Northern Suburbs	29.64

Girls U 14 - 200 Metre Sprint

=====			
Region:	R 24.60	1995	Rosemary Hayward, Toukley
State:	S 24.54	16/03/2008	Ella Nelson, Sutherland
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Annika Lynch	Northern Suburbs	26.32Q
2 Eliza Da Silva	Ryde	27.61Q
3 Adria McAndrew	Ryde	28.73Q
4 Anna Kely	Cherrybrook	33.56

Heat 2 Heats

1 Alice Dixon	Northern Suburbs	25.97Q
2 Greta Andrews	Northern Suburbs	26.17Q
3 Jessica Maciver	Ku-Ring-Gai	26.79Q
4 Fichardt Georgia	Ku-Ring-Gai	26.92q
5 Chelsea Smith	Nth Rocks Carlin	28.37q
6 Tilda HolmqvistJohansson	Parramatta	31.30

Girls U 14 - 200 Metre Sprint

=====			
Region:	R 24.60	1995	Rosemary Hayward, Toukley
State:	S 24.54	16/03/2008	Ella Nelson, Sutherland
Name		Age Centre	Final
=====			

Section 1 Final

1 Alice Dixon	Northern Suburbs	25.04
2 Greta Andrews	Northern Suburbs	25.38
3 Annika Lynch	Northern Suburbs	26.06
4 Jessica Maciver	Ku-Ring-Gai	26.68
5 Eliza Da Silva	Ryde	26.89
6 Fichardt Georgia	Ku-Ring-Gai	27.02
7 Adria McAndrew	Ryde	28.24
8 Chelsea Smith	Nth Rocks Carlin	28.97

Results**Girls U 15 - 200 Metre Sprint**

Name	Age	Centre	Heats
Region: R	25.20	1998	Jana Pittman, Parramatta
State: S	24.24	20/03/2005	Olivia Tauro, Kurri Kurri
State: S	24.24	22/02/2009	Ella Nelson, Sutherland
Heat 1 Heats			
1	Emma O'Reilly	Manly Warringah	25.91Q
2	Jasmin Guthrie	Northern Districts	25.98Q
3	Alexandra York	Northern Suburbs	26.06Q
4	Olivia Rooney	Northern Suburbs	27.30q
5	Lara Woollett	Hornsby	27.65q
6	Olivia Colman	Ku-Ring-Gai	27.88q
7	Ella Koster	Ku-Ring-Gai	28.02q
8	Freya Carley	Manly Warringah	28.44q
9	Tahlia Foye	Parramatta	29.61

Girls U 15 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R	25.20	1998	Jana Pittman, Parramatta
State: S	24.24	20/03/2005	Olivia Tauro, Kurri Kurri
State: S	24.24	22/02/2009	Ella Nelson, Sutherland
Section 1 Final			
1	Emma O'Reilly	Manly Warringah	25.91
2	Jasmin Guthrie	Northern Districts	25.98
3	Alexandra York	Northern Suburbs	26.06
4	Olivia Rooney	Northern Suburbs	27.30
5	Lara Woollett	Hornsby	27.65
6	Olivia Colman	Ku-Ring-Gai	27.88
7	Ella Koster	Ku-Ring-Gai	28.02
8	Freya Carley	Manly Warringah	28.44

Girls U 17 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R	25.30	16/02/2014	Ruby Ritchie, Manly Warringah
State: S	24.33	23/03/2014	Ruby Ritchie, Manly Warringah
Heat 1 Heats			
1	Nicolette Donofrio	Northern Suburbs	26.37Q
2	Eleanor Lamperts	Cherrybrook	26.62Q
3	Olivia Wrightson	Manly Warringah	26.80q
4	Francesca Sugisman	Cherrybrook	27.38q
5	Jasmine Bonomi	Manly Warringah	28.43
Heat 2 Heats			
1	Samantha Dale	Nth Rocks Carlin	26.38Q
2	Georgia Duncan	Manly Warringah	27.18Q
3	Lauren West	Northern Districts	27.44q
4	Maysa Sakr	Parramatta	27.89q
5	Olivia Bird	Mosman	27.99

Results**Girls U 17 - 200 Metre Sprint**

=====			
Region: R 25.30		16/02/2014	Ruby Ritchie, Manly Warringah
State: S 24.33		23/03/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Nicolette Donofrio		Northern Suburbs	25.88
2 Olivia Wrightson		Manly Warringah	26.04
3 Eleanor Lamperts		Cherrybrook	26.09
4 Samantha Dale		Nth Rocks Carlin	26.22
5 Georgia Duncan		Manly Warringah	26.70
6 Francesca Sugisman		Cherrybrook	27.14
7 Lauren West		Northern Districts	27.37
8 Maysa Sakr		Parramatta	28.08

Girls U 8 - 400 Metre Sprint

=====			
Region: R 1:13.90		2002	Courtney Cross, Hornsby Dis
State: S 1:11.44		21/03/1981	Jo-anne Swan, Camden
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Sofia Ehnbohm		Manly Warringah	1:20.41Q
2 Ruby High		Mosman	1:20.77Q
3 Amelia Bicego		Ku-Ring-Gai	1:21.96Q
4 Chloe McGregor		Ryde	1:24.22q
5 Liliana Richardson		Ryde	1:29.81
6 Aliyah Bennett		Cherrybrook	1:31.50
7 Kiara Murphy		Ryde	1:36.10
Heat 2 Heats			
1 Jessica Loring		Parramatta	1:20.26Q
2 Philippa Quarrell		Manly Warringah	1:20.89Q
3 Rory Nordensom		Manly Warringah	1:22.71Q
4 Taylah Flynn		Manly Warringah	1:24.11q
5 Isla Anderson		Ryde	1:26.41
6 Isabelle Green		Ku-Ring-Gai	1:29.56
7 IvySodahm Kim		Parramatta	1:35.01

Girls U 8 - 400 Metre Sprint

=====			
Region: R 1:13.90		2002	Courtney Cross, Hornsby Dis
State: S 1:11.44		21/03/1981	Jo-anne Swan, Camden
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Sofia Ehnbohm		Manly Warringah	1:18.07
2 Ruby High		Mosman	1:19.25
3 Philippa Quarrell		Manly Warringah	1:20.65
4 Jessica Loring		Parramatta	1:22.11
5 Taylah Flynn		Manly Warringah	1:22.29
6 Rory Nordensom		Manly Warringah	1:23.55
7 Chloe McGregor		Ryde	1:24.97
8 Amelia Bicego		Ku-Ring-Gai	1:25.53

Results**Girls U 9 - 400 Metre Sprint**

=====			
Region: R 1:09.63		15/02/2014	Brianna Worsfold, Ku-Ring-G
State: S 1:06.64		24/03/1990	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jasmine Rintel	Manly Warringah	1:20.17Q
2	Juliette Cooley	Ryde	1:21.04Q
3	Georgina Fife	Ku-Ring-Gai	1:25.67Q
4	Matilda Webb	Ryde	1:28.25
5	Elizabeth Toynbee	Northern Districts	1:29.67
6	Emily Robinson	Mosman	1:30.25
7	Pia Goradia	Nth Rocks Carlin	1:35.37
Heat 2 Heats			
1	Chanel Charles	Ku-Ring-Gai	1:14.13Q
2	Katie Bowrey	Parramatta	1:18.15Q
3	Jessie Bradford	Cherrybrook	1:19.86Q
4	Bronte Tonkin	Northern Districts	1:22.80q
5	Natalie Dransfield	Northern Suburbs	1:25.86q
6	Trinity Swan	Northern Suburbs	1:27.60

Girls U 9 - 400 Metre Sprint

=====			
Region: R 1:09.63		15/02/2014	Brianna Worsfold, Ku-Ring-G
State: S 1:06.64		24/03/1990	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Chanel Charles	Ku-Ring-Gai	1:13.89
2	Jasmine Rintel	Manly Warringah	1:15.00
3	Jessie Bradford	Cherrybrook	1:15.50
4	Katie Bowrey	Parramatta	1:17.64
5	Juliette Cooley	Ryde	1:19.84
6	Bronte Tonkin	Northern Districts	1:22.23
7	Natalie Dransfield	Northern Suburbs	1:26.52
8	Georgina Fife	Ku-Ring-Gai	1:27.54

Girls U 10 - 400 Metre Sprint

=====			
Region: R 1:05.60		1991	Rosemary Hayward, Wyong
State: S 1:03.84		15/03/2003	Paige Fenech, Albion Park
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Caitlin Brennan	Parramatta	1:12.50Q
2	Veda Arabolu	Ku-Ring-Gai	1:14.91Q
3	Rebecca Solomon	Manly Warringah	1:16.14Q
4	Sophie Harden	Ku-Ring-Gai	1:19.95
5	Abbie Merifield	Ryde	1:20.74
6	Hannah Sacco	Northern Suburbs	1:23.60
7	Aqua Fisher	Northern Suburbs	1:28.49
Heat 2 Heats			
1	Tessa Newitt	Mosman	1:12.46Q
2	Kristina Prizmic	Ryde	1:13.87Q
3	Zoe Woods	Ku-Ring-Gai	1:13.89Q
4	Grace Townsend	Mosman	1:15.23q
5	Ella Dunstan	Manly Warringah	1:15.57q
6	Kaylah Bennett	Cherrybrook	1:21.03

Results**....Girls U 10 - 400 Metre Sprint**

7	Katie Maddern	Mosman	1:23.79
8	Aoife Murdock	Nth Rocks Carlin	1:26.76

Girls U 10 - 400 Metre Sprint

=====			
Region:	R 1:05.60	1991	Rosemary Hayward, Wyong
State:	S 1:03.84	15/03/2003	Paige Fenech, Albion Park
Name		Age Centre	Final
=====			

Section 1 Final

1	Caitlin Brennan	Parramatta	1:09.34
2	Tessa Newitt	Mosman	1:11.52
3	Kristina Prizmic	Ryde	1:12.05
4	Rebecca Solomon	Manly Warringah	1:12.76
5	Veda Arabolu	Ku-Ring-Gai	1:12.84
6	Zoe Woods	Ku-Ring-Gai	1:13.43
7	Grace Townsend	Mosman	1:16.70
8	Ella Dunstan	Manly Warringah	1:16.83

Girls U 11 - 400 Metre Sprint

=====			
Region:	R 1:01.90	17/02/2008	Sara Marshall, Gosford
State:	S 1:01.34	12/03/1978	Michelle Moroney, Bankstown
State:	S 1:01.34	17/03/2001	Jacinta Doyle, Port Hacking
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Amber Halliday	Manly Warringah	1:08.22Q
2	Sarah Baker	Northern Suburbs	1:08.57Q
3	Fleur Cooper	Mosman	1:10.35Q
4	Maya Tedder	Manly Warringah	1:12.58q
5	Olivia Moresi	Cherrybrook	1:15.45
6	Charlize Gartner	Cherrybrook	1:19.95
7	Lucy Proszenko	Ryde	1:22.41

Heat 2 Heats

1	Annie Seve	Manly Warringah	1:09.66Q
2	Isabella Fisher	Cherrybrook	1:10.44Q
3	Kiera Yerbury	Ku-Ring-Gai	1:11.04Q
4	Isabella Pereira	Hornsby	1:11.24q
5	Annabel Macdonald	Ryde	1:14.04
6	Ava Barroccu	Cherrybrook	1:15.98
7	Sarah Sakr	Parramatta	1:16.55
8	Zoe Fallon	Mosman	1:18.12

Girls U 11 - 400 Metre Sprint

=====			
Region:	R 1:01.90	17/02/2008	Sara Marshall, Gosford
State:	S 1:01.34	12/03/1978	Michelle Moroney, Bankstown
State:	S 1:01.34	17/03/2001	Jacinta Doyle, Port Hacking
Name		Age Centre	Final
=====			

Section 1 Final

1	Sarah Baker	Northern Suburbs	1:07.16
2	Annie Seve	Manly Warringah	1:08.45
3	Fleur Cooper	Mosman	1:08.54
4	Amber Halliday	Manly Warringah	1:08.94
5	Isabella Fisher	Cherrybrook	1:09.69

Results**....Girls U 11 - 400 Metre Sprint**

6	Isabella Pereira	Hornsby	1:10.72
7	Kiera Yerbury	Ku-Ring-Gai	1:11.41
8	Maya Tedder	Manly Warringah	1:14.13

Girls U 12 - 400 Metre Sprint

=====			
Region:	R 59.87	17/02/2018	Lara Williams, Manly Warringah
State:	S 57.74	21/02/1979	Nicole Leistenschneider, Manl
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Lara Williams	Manly Warringah	1:08.14Q
2	Mia Fry	Mosman	1:10.77Q
3	Krishani Coffin	Ryde	1:11.16Q
4	Jessica Gocher	Mosman	1:11.38q
5	Sophia Archer	Northern Suburbs	1:13.36
6	Bianca Conti	Ryde	1:14.16
7	Bella Kachel	Hornsby	1:14.88

Heat 2 Heats

1	XinMin Tan	Northern Suburbs	1:04.82Q
2	Eva Bates	Ku-Ring-Gai	1:07.02Q
3	Jemma Brandon-Cooper	Mosman	1:09.08Q
4	Zoe Banks	Northern Suburbs	1:09.25q
5	Gemma Middleton	Northern Suburbs	1:11.83
6	Brooke Fury	Northern Districts	1:12.23
7	Alannah Teo	Ryde	1:12.41

Girls U 12 - 400 Metre Sprint

=====			
Region:	R 59.87	17/02/2018	Lara Williams, Manly Warringah
State:	S 57.74	21/02/1979	Nicole Leistenschneider, Manl
Name		Age Centre	Final
=====			

Section 1 Final

1	Lara Williams	Manly Warringah	59.87R
2	Eva Bates	Ku-Ring-Gai	1:02.44
3	XinMin Tan	Northern Suburbs	1:05.10
4	Jemma Brandon-Cooper	Mosman	1:06.29
5	Mia Fry	Mosman	1:08.84
6	Jessica Gocher	Mosman	1:09.59
7	Zoe Banks	Northern Suburbs	1:09.61
8	Krishani Coffin	Ryde	1:10.24

Girls U 13 - 400 Metre Sprint

=====			
Region:	R 58.60	1994	Rosemary Hayward, Toukley
State:	S 57.24	16/03/1986	Jo-anne Swan, Camden
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Brianna Worsfold	Ku-Ring-Gai	1:04.73Q
2	Kristen Cook	Manly Warringah	1:06.78Q
3	Lily Tilt	Nth Rocks Carlin	1:08.53Q
4	Alexandra Dransfield	Northern Suburbs	1:10.14q
5	Samantha Hardingham	Northern Suburbs	1:10.29q
6	Zara Ostryn	Manly Warringah	1:10.69
7	Emily Metcalfe	Ryde	1:10.71

Results**....Girls U 13 - 400 Metre Sprint**

Heat 2 Heats

1	Sally Priest	Manly Warringah	1:06.60Q
2	Charlotte Greatrex	Ku-Ring-Gai	1:10.45Q
3	Sarah Partridge	Ryde	1:10.51Q

Girls U 13 - 400 Metre Sprint

=====			
Region:	R 58.60	1994	Rosemary Hayward, Toukley
State:	S 57.24	16/03/1986	Jo-anne Swan, Camden
Name		Age Centre	Final
=====			

Section 1 Final

1	Brianna Worsfold	Ku-Ring-Gai	1:02.09
2	Sally Priest	Manly Warringah	1:02.80
3	Kristen Cook	Manly Warringah	1:02.84
4	Lily Tilt	Nth Rocks Carlin	1:04.15
5	Alexandra Dransfield	Northern Suburbs	1:08.73
6	Charlotte Greatrex	Ku-Ring-Gai	1:09.91
7	Sarah Partridge	Ryde	1:11.49

Girls U 14 - 400 Metre Sprint

=====			
Region:	R 56.20	1995	Rosemary Hayward, Toukley
State:	S 56.02	23/03/2012	Molly Blakey, South Eastern
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Jessica Bird	Ku-Ring-Gai	59.61Q
2	Sofia Saroukos	Manly Warringah	1:03.41Q
3	Charlotte Hall	Hornsby	1:05.11Q
4	Caitlin Roach	Parramatta	1:07.33q
5	Zahra Safi	Northern Suburbs	1:08.35q
6	Tilda HolmqvistJohansson	Parramatta	1:12.09q
7	Caitlin Rodriguez	Parramatta	1:12.89q
8	April Shepherd	Northern Districts	1:13.53q

Girls U 14 - 400 Metre Sprint

=====			
Region:	R 56.20	1995	Rosemary Hayward, Toukley
State:	S 56.02	23/03/2012	Molly Blakey, South Eastern
Name		Age Centre	Final
=====			

Section 1 Final

1	Jessica Bird	Ku-Ring-Gai	59.61
2	Sofia Saroukos	Manly Warringah	1:03.41
3	Charlotte Hall	Hornsby	1:05.11
4	Caitlin Roach	Parramatta	1:07.33
5	Zahra Safi	Northern Suburbs	1:08.35
6	Tilda HolmqvistJohansson	Parramatta	1:12.09
7	Caitlin Rodriguez	Parramatta	1:12.89
8	April Shepherd	Northern Districts	1:13.53

Results**Girls U 15 - 400 Metre Sprint**

=====			
Region:	R 55.60	1996	Rosemary Hayward, Toukley
State:	S 55.74	18/02/1996	Rosemary Hayward, Toukley
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Emma O'Reilly	Manly Warringah	56.42Q
2	Jasmin Guthrie	Northern Districts	57.44Q
3	Isabella Guthrie	Northern Districts	58.57Q
4	Gemma Bratton	Northern Suburbs	58.79q
5	Annabel Magnussen	Hornsby	1:02.32q
6	Lara Woollett	Hornsby	1:04.34q
7	Hannah Lovlin	Manly Warringah	1:08.87q

Girls U 15 - 400 Metre Sprint

=====			
Region:	R 55.60	1996	Rosemary Hayward, Toukley
State:	S 55.74	18/02/1996	Rosemary Hayward, Toukley
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Emma O'Reilly	Manly Warringah	56.42
2	Jasmin Guthrie	Northern Districts	57.44
3	Isabella Guthrie	Northern Districts	58.57
4	Gemma Bratton	Northern Suburbs	58.79
5	Annabel Magnussen	Hornsby	1:02.32
6	Lara Woollett	Hornsby	1:04.34
7	Hannah Lovlin	Manly Warringah	1:08.87

Girls U 17 - 400 Metre Sprint

=====			
Region:	R 57.54	13/02/2016	Rowena Craker, Manly Warringah
State:	S 56.41	21/03/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Sally Guthrie	Northern Suburbs	59.44Q
2	Sophie Gocher	Mosman	1:02.47Q
3	Alicia John	Parramatta	1:02.65Q
4	Lauren West	Northern Districts	1:03.37q
5	Samantha Brown	Parramatta	1:06.24q
6	Francesca Sugisman	Cherrybrook	1:06.27q

Girls U 17 - 400 Metre Sprint

=====			
Region:	R 57.54	13/02/2016	Rowena Craker, Manly Warringah
State:	S 56.41	21/03/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Sally Guthrie	Northern Suburbs	59.44
2	Sophie Gocher	Mosman	1:02.47
3	Alicia John	Parramatta	1:02.65
4	Lauren West	Northern Districts	1:03.37
5	Samantha Brown	Parramatta	1:06.24
6	Francesca Sugisman	Cherrybrook	1:06.27

Results**Girls U 8 - 700 Metre Run Pack Start**

Region: R 2:20.20 28/02/2010 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
Section 1			
1	Philippa	Quarrell	Manly Warringah 2:34.24
2	Jessica	Loring	Parramatta 2:34.45
3	Taylah	Flynn	Manly Warringah 2:40.21
4	Amelia	Bicego	Ku-Ring-Gai 2:41.47
5	Sophia	Paz	Manly Warringah 2:47.55
6	Seren	D'Souza	Hornsby 2:47.76
7	Chelsea	Forte	Ku-Ring-Gai 2:48.93
8	Liliana	Richardson	Ryde 2:49.21
9	Tara	Gilkeson	Hornsby 2:49.53
10	Aliyah	Bennett	Cherrybrook 2:49.87
11	Isabelle	Green	Ku-Ring-Gai 2:50.67
12	Tonya	Andis	Parramatta 2:50.91
13	Claudia	Wyatt	Ku-Ring-Gai 2:55.09
14	Kaia	Sample	Northern Suburbs 2:57.05
15	Jessica	Baynie	Hornsby 2:59.54
16	Ruby	Kernaghan	Parramatta 4:06.42

Girls U 9 - 800 Metre Run

Region: R 2:34.80 20/02/2011 Abbey Rockliff, Ku-ring-gai			
State: S 2:33.00 20/03/2011 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Jessie	Bradford	Cherrybrook 2:45.84
2	Katie	Bowrey	Parramatta 2:46.75
3	Amelia	Lavan	Mosman 3:02.49
4	Georgina	Fife	Ku-Ring-Gai 3:08.25
5	Bronte	Tonkin	Northern Districts 3:12.05
6	Elizabeth	Bailey	Ku-Ring-Gai 3:12.32
7	Fiorella	Collins	Mosman 3:12.54
8	Eve	Loebel	Ku-Ring-Gai 3:14.39
9	Elizabeth	Toynbee	Northern Districts 3:16.07
10	Natalie	Dransfield	Northern Suburbs 3:19.54
11	Rosie	Morahan	Northern Suburbs 3:23.69
12	Mia	Stewart	Cherrybrook 3:25.07

Girls U 10 - 800 Metre Run

Region: R 2:27.26 19/02/2012 Abbey Rockliff, Ku-ring-gai			
State: S 2:27.30 19/02/2012 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Tessa	Newitt	Mosman 2:42.35
2	Rebecca	Solomon	Manly Warringah 2:44.36
3	Caitlin	Brennan	Parramatta 2:45.42
4	Veda	Arabolu	Ku-Ring-Gai 2:51.23
5	Olivia	Newsham	Manly Warringah 2:51.60
6	Kristina	Prizmic	Ryde 2:51.74
7	Abbie	Merifield	Ryde 2:52.17
8	Ella	Dunstan	Manly Warringah 2:52.90
9	Kaylah	Bennett	Cherrybrook 2:54.37
10	Zoe	Woods	Ku-Ring-Gai 2:54.68
11	Zara	McCaughy	Northern Suburbs 3:04.14

Results**....Girls U 10 - 800 Metre Run**

12 Katie Maddern	Mosman	3:06.64
13 Diana Attinger	Nth Rocks Carlin	3:13.30

Girls U 11 - 800 Metre Run

=====			
Region:	R 2:26.06	17/02/2013	Abbey Rockliff, Ku-Ring-Gai
State:	S 2:21.80	20/03/2016	Imogen Stewart, Illawong
Name	Age	Centre	Final
=====			
1 Sarah Baker		Northern Suburbs	2:28.04
2 Fleur Cooper		Mosman	2:30.54
3 Kiera Yerbury		Ku-Ring-Gai	2:38.66
4 Annabel Macdonald		Ryde	2:40.28
5 Isabella Fisher		Cherrybrook	2:41.60
6 Emily Davis		Northern Suburbs	2:42.45
7 Isabella Pereira		Hornsby	2:44.40
8 Ava Barroccu		Cherrybrook	2:49.74
9 Annie Seve		Manly Warringah	2:53.82
10 Amelia Watkins		Ku-Ring-Gai	2:56.53
11 Madison Mitchell		Hornsby	3:00.70

Girls U 12 - 800 Metre Run

=====			
Region:	R 2:21.69	16/02/2014	Abbey Rockliff, Ku-Ring-Gai
State:	S 2:16.34	23/03/2014	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Lara Williams		Manly Warringah	2:28.40
2 Jessica Gocher		Mosman	2:30.68
3 Jemma Brandon-Cooper		Mosman	2:33.11
4 Zoe Banks		Northern Suburbs	2:34.94
5 Mia Fry		Mosman	2:35.44
6 Sophia Archer		Northern Suburbs	2:35.66
7 Ingrid Kingsmill		Northern Suburbs	2:37.10
8 Ziggy Leong		Northern Suburbs	2:46.69
9 Brooke Fury		Northern Districts	2:46.99
10 Annika Lee		Ku-Ring-Gai	2:47.29
11 Elise Couper		Manly Warringah	2:50.08
12 Olivia Gorman		Manly Warringah	2:54.77
13 Elysha Pawsey		Ryde	2:57.62

Girls U 13 - 800 Metre Run

=====			
Region:	R 2:15.60	12/02/2017	Jessica Bird, Ku-Ring-Gai
State:	S 2:15.20	22/02/1987	Suzy Walsham, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Kristen Cook		Manly Warringah	2:27.12
2 Sally Priest		Manly Warringah	2:30.54
3 Arabella Price		Nth Rocks Carlin	2:34.00
4 Alexandra Sinclair		Manly Warringah	2:36.11
5 Charlie Arnott		Manly Warringah	2:36.46
6 Lilli Krawitz		Mosman	2:40.80
7 Emma Thomas		Parramatta	2:42.71
8 Elli Barron		Ryde	2:46.02
9 Alexandra Smeallie		Mosman	2:48.50
10 Sarah Partridge		Ryde	2:49.23

Results**....Girls U 13 - 800 Metre Run**

11 Jasmine Khiroya Nth Rocks Carlin 2:52.46

Girls U 14 - 800 Metre Run

Region: R 2:14.69 14/02/2016 Abbey Rockliff, Ku-Ring-Gai

State: S 2:13.20 20/03/1988 Suzy Walsham, Ku-Ring-Gai

Name Age Centre Final

1	Jessica Bird	Ku-Ring-Gai	2:19.74
2	Georgia Arcus	Ryde	2:23.97
3	Zara Warland	Hornsby	2:26.37
4	Anastasia Lakic	Ryde	2:31.69
5	Milena Visser	Cherrybrook	2:35.37
6	Zahra Safi	Northern Suburbs	2:38.63
7	Brigitta Williams	Ryde	2:43.29
8	Skye Grosvenor	Nth Rocks Carlin	2:44.19
9	April Shepherd	Northern Districts	2:53.84

Girls U 15 - 800 Metre Run

Region: R 2:10.90 22/02/2009 Jenny Blundell, Cherrybrook

State: S 2:09.57 20/03/2016 Carley Thomas, Hills Distri

Name Age Centre Final

1	Mia Hinchliff	Mosman	2:19.06
2	Ciara Sinclair	Manly Warringah	2:20.63
3	Emma O'Reilly	Manly Warringah	2:23.59
4	Gemma Bratton	Northern Suburbs	2:26.21
5	Kirsten Fryberg	Cherrybrook	2:35.17
6	Haley Mills	Parramatta	2:39.19
7	Hannah Parker	Manly Warringah	2:49.39

Girls U 17 - 800 Metre Run

Region: R 2:12.75 18/02/2018 Imogen Gardner, Northern Su

State: S 2:12.59 25/03/2012 Kate Spencer, Ryde

Name Age Centre Final

1	Imogen Gardner	Northern Suburbs	2:12.75R
2	Sally Guthrie	Northern Suburbs	2:19.88
3	Alicia John	Parramatta	2:22.03
4	Justine Wallis	Cherrybrook	2:26.21
5	Gabrielle Damm	Ryde	2:41.11
6	Alana Lynch	Parramatta	2:57.20
7	Tara Mapstone	Manly Warringah	3:04.18

Girls U 10 - 1500 Metre Run

Region: R 4:56.90 18/02/2012 Abbey Rockliff, Ku-ring-gai

State: S 4:56.90 18/02/2012 Abbey Rockliff, Ku-Ring-Gai

Name Age Centre Final

1	Tessa Newitt	Mosman	5:28.14
2	Rebecca Solomon	Manly Warringah	5:37.18
3	Kristina Prizmic	Ryde	5:38.67
4	Olivia Newsham	Manly Warringah	5:39.64
5	Zoe Woods	Ku-Ring-Gai	5:46.14

Results**....Girls U 10 - 1500 Metre Run**

6	Caitlin Brennan	Parramatta	5:46.29
7	Kaylah Bennett	Cherrybrook	5:54.80
8	Abbie Merifield	Ryde	5:55.52
9	Grace Beck	Ku-Ring-Gai	5:57.32
10	Zara Pawsey	Ryde	5:59.53
11	Annie Hall	Ku-Ring-Gai	6:07.84
12	Ella Dunstan	Manly Warringah	6:08.49
13	Diana Attinger	Nth Rocks Carlin	6:18.07
14	Stephanie Wilkins	Ku-Ring-Gai	6:26.51
15	Jade Rollo	Parramatta	6:57.70

Girls U 11 - 1500 Metre Run

=====			
Region: R 4:54.70		2005	Jenny Blundell, Cherrybrook
State: S 4:44.07		19/03/2016	Imogen Stewart, Illawong
Name	Age	Centre	Final
=====			
1	Sarah Baker	Northern Suburbs	5:00.96
2	Fleur Cooper	Mosman	5:02.95
3	Emily Davis	Northern Suburbs	5:25.63
4	Amelia Watkins	Ku-Ring-Gai	5:29.47
5	Kiera Yerbury	Ku-Ring-Gai	5:35.05
6	Isabella Fisher	Cherrybrook	5:35.33
7	Annabel Macdonald	Ryde	5:37.11
8	Ava Barroccu	Cherrybrook	5:41.41
9	Mia Sams	Manly Warringah	5:53.26
10	Georgia Phillips	Ryde	5:58.88
11	Charlize Gartner	Cherrybrook	6:02.36
12	Carissa Smyth	Manly Warringah	6:07.83
13	Isabelle Cruickshank	Northern Districts	6:10.09
14	April Billington	Manly Warringah	6:20.94

Girls U 12 - 1500 Metre Run

=====			
Region: R 4:40.94		15/02/2014	Abbey Rockliff, Ku-Ring-Gai
State: S 4:34.47		22/03/2014	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Jessica Gocher	Mosman	5:10.65
2	Zoe Banks	Northern Suburbs	5:10.92
3	Mia Fry	Mosman	5:14.54
4	Ingrid Kingsmill	Northern Suburbs	5:21.28
5	Sophia Archer	Northern Suburbs	5:32.60
6	Olivia Gorman	Manly Warringah	5:49.55
7	Annika Lee	Ku-Ring-Gai	5:53.84
8	Eloise Boys	Northern Suburbs	5:56.62
9	Brooke Flynn	Manly Warringah	5:56.90
10	Eliza Brown	Northern Suburbs	5:59.51
11	Alannah Teo	Ryde	6:01.56
12	Elysha Pawsey	Ryde	6:02.33
13	Georgia Aucherlonie	Manly Warringah	6:02.91
14	Alejandra Blanco	Manly Warringah	6:11.55
15	Claudia Endicott	Ku-Ring-Gai	6:28.55
16	Cameron Gurry	Northern Suburbs	6:36.03

Results**Girls U 13 - 1500 Metre Run**

=====			
Region: R 4:37.06		11/02/2017 Nicola Hogg, Mosman	
State: S 4:36.10		21/02/1987 Suzy Walsham, Ku-Ring-Gai	
Name	Age	Centre	Final
=====			
1 Emma Thomas		Parramatta	5:11.80
2 Charlie Arnott		Manly Warringah	5:16.41
3 Elli Barron		Ryde	5:22.13
4 Alexandra Sinclair		Manly Warringah	5:26.96
5 Arabella Price		Nth Rocks Carlin	5:28.61
6 Lilli Krawitz		Mosman	5:32.60
7 Kristen Cook		Manly Warringah	5:34.15
8 Sofia Polson		Parramatta	6:06.52
9 Jesse Hartmann		Ryde	6:08.25
10 Natasha Ball		Parramatta	6:13.33

Girls U 14 - 1500 Metre Run

=====			
Region: R 4:36.10		13/02/2016 Abbey Rockliff, Ku-Ring-Gai	
State: S 4:35.30		15/03/2003 Lexy Gilmour, Helensburgh	
Name	Age	Centre	Final
=====			
1 Georgia Arcus		Ryde	5:01.96
2 Zara Warland		Hornsby	5:09.88
3 Anastasia Lakic		Ryde	5:12.75
4 Milena Visser		Cherrybrook	5:20.85
5 Skye Grosvenor		Nth Rocks Carlin	5:26.03
6 Caitlin Roach		Parramatta	5:26.73
7 Brigitta Williams		Ryde	5:28.17
8 Scarlett Parker		Manly Warringah	5:45.54
9 April Shepherd		Northern Districts	6:03.30

Girls U 15 - 1500 Metre Run

=====			
Region: R 4:38.31		16/02/2013 Emily Hopper, MOSMAN	
State: S 4:30.10		19/03/2016 Emily Schneider, Sutherland	
Name	Age	Centre	Final
=====			
1 Mia Hinchliff		Mosman	4:48.63
2 Ciara Sinclair		Manly Warringah	4:56.01
3 Hannah Lovlin		Manly Warringah	5:07.54
4 Emily Gocher		Mosman	5:09.32
5 Kirsten Fryberg		Cherrybrook	5:23.54
6 Prudence Silver		Northern Districts	6:12.39

Girls U 17 - 1500 Metre Run

=====			
Region: R 4:34.41		17/02/2018 Imogen Gardner, Northern Su	
State: S 4:33.13		20/03/2010 Jenny Blundell, Cherrybrook	
Name	Age	Centre	Final
=====			
1 Imogen Gardner		Northern Suburbs	4:34.41R
2 Alicia John		Parramatta	4:55.91
3 Samantha Brown		Parramatta	5:00.03
4 Gabrielle Damm		Ryde	5:45.41
5 Alana Lynch		Parramatta	6:11.02
6 Victoria Cullen		Cherrybrook	6:34.45
7 Mandela Sutherland		Nth Rocks Carlin	6:49.28

Results**Girls U 13 - 3000 Metre Run**

=====			
Region:	R 9:58.99	14/02/2015	Abbey Rockliff, Ku-Ring-Gai
State:	S 9:58.99	15/02/2015	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Emma Thomas		Parramatta	11:47.17
2 Elli Barron		Ryde	11:58.61
3 Annabel Hutcheson		Northern Suburbs	12:27.87
4 Jesse Hartmann		Ryde	13:57.96
5 Sofia Polson		Parramatta	14:06.22

Girls U 14 - 3000 Metre Run

=====			
Region:	R 10:35.60	2001	Bree Crawford, Manly Warri
State:	S 9:59.16	20/03/2015	Emily Schneider, Sutherlan
Name	Age	Centre	Final
=====			
1 Georgia Arcus		Ryde	11:08.71
2 Anastasia Lakic		Ryde	11:21.90
3 Zara Warland		Hornsby	11:32.55
4 Skye Grosvenor		Nth Rocks Carlin	12:12.18
5 Caitlin Roach		Parramatta	12:28.02
6 Scarlett Parker		Manly Warringah	12:36.66

Girls U 15 - 3000 Metre Run

=====			
Region:	R 10:31.56	14/02/2015	Leah McDonald, Parramatta
State:	S 9:43.02	18/03/2016	Emily Schneider, Sutherlan
Name	Age	Centre	Final
=====			
1 Mia Hinchliff		Mosman	10:46.96
2 Emily Gocher		Mosman	11:43.80
3 Kirsten Fryberg		Cherrybrook	11:46.60
4 Hannah Lovlin		Manly Warringah	12:03.53
-- Prudence Silver		Northern Districts	DNF

Girls U 17 - 3000 Metre Run

=====			
Region:	R 10:19.10	18/02/2012	Kate Spencer, Ryde
State:	S 9:57.22	15/02/2014	Jessica Hull, Albion Park
Name	Age	Centre	Final
=====			
1 Sophie Gocher		Mosman	11:03.77
2 Samantha Brown		Parramatta	11:06.01

Girls U 8 - 60 Metre Hurdles (45cm)

=====			
Region:	R 10.90	1994	Bree Donnelly, Manly Warringa
State:	S 10.92	30/01/2016	Tammin Lampret, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Sophia Paz		Manly Warringah	12.20Q
2 Ruby Kernaghan		Parramatta	13.04Q
3 Amelia Becego		Ku-Ring-Gai	13.18Q
4 Sophie Polkinghorne		Nth Rocks Carlin	13.26q
4 Michaela Dickinson		Manly Warringah	13.26q
6 Emilia Webb		Ryde	13.38

Results**....Girls U 8 - 60 Metre Hurdles (45cm)**

7 Evana Butler	Nth Rocks Carlin	15.51
Heat 2 Heats		
1 Chloe McGregor	Ryde	11.98Q
2 Emily Kupceric	Manly Warringah	12.47Q
3 Tara Gilkeson	Hornsby	12.91Q
4 Aurora Willard	Ryde	13.28
5 Kate Harden	Ku-Ring-Gai	13.65
6 Alanah O'Donovan	Parramatta	13.81
7 Nisini RajapakshaMudiyan	Cherrybrook	15.82

Girls U 8 - 60 Metre Hurdles (45cm)

=====			
Region:	R 10.90	1994	Bree Donnelly, Manly Warringah
State:	S 10.92	30/01/2016	Tammin Lampret, Port Hacking
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Chloe McGregor	Ryde		11.65
2 Sophia Paz	Manly Warringah		11.91
3 Emily Kupceric	Manly Warringah		12.36
4 Ruby Kernaghan	Parramatta		12.68
5 Michaela Dickinson	Manly Warringah		12.72
6 Tara Gilkeson	Hornsby		12.88
7 Amelia Becego	Ku-Ring-Gai		13.13
8 Sophie Polkinghorne	Nth Rocks Carlin		13.54

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Region:	R 10.20	1995	A Hamilton, Northern Suburbs
State:	S 9.84	21/02/2009	Chyna Tavai-Willams, Bankstow
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Carys Byrnes	Nth Rocks Carlin		11.57Q
2 Siena Pascoe	Northern Suburbs		11.60Q
3 Rosie Morahan	Northern Suburbs		12.51Q
4 Scarlett Couch	Mosman		12.64
5 Hine Rikiti	Ryde		12.74
6 Lisara Seneviratne	Parramatta		13.23
Heat 2 Heats			
1 Olivia Achike	Ku-Ring-Gai		11.44Q
2 Eden Herring	Hornsby		11.64Q
3 Maddison Minard	Nth Rocks Carlin		11.97Q
4 Ava Prentice	Manly Warringah		12.18q
5 Ruby Semaganda	Cherrybrook		12.27q
6 Penelope Gill	Northern Districts		13.32

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Region:	R 10.20	1995	A Hamilton, Northern Suburbs
State:	S 9.84	21/02/2009	Chyna Tavai-Willams, Bankstow
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Olivia Achike	Ku-Ring-Gai		11.37
2 Eden Herring	Hornsby		11.41
3 Siena Pascoe	Northern Suburbs		11.54

Results**....Girls U 9 - 60 Metre Hurdles (45cm)**

4	Carys Byrnes	Nth Rocks Carlin	11.56
5	Maddison Minard	Nth Rocks Carlin	12.05
6	Ava Prentice	Manly Warringah	12.15
7	Rosie Morahan	Northern Suburbs	12.24
8	Ruby Semaganda	Cherrybrook	12.45

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Region:	R 10.00	27/02/2010	Tiana Jaber, Kings Langley
State:	S 9.84	20/03/2010	Chyna Tavai-Willams, Bankstow
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Claudia Healey	Mosman	11.25Q
2	Sienna Kupceric	Manly Warringah	11.35Q
3	Rani Sharma	Cherrybrook	12.30Q
4	Olivia Vecchio	Mosman	12.59q
5	Madison Nolan	Manly Warringah	12.64
6	Chloe Goddard	Northern Suburbs	12.78
7	Charlotte Nagle	Ryde	14.46

Heat 2 Heats

1	Catherine Mikan	Northern Suburbs	10.47Q
2	Zara Pawsey	Ryde	11.84Q
3	Katie Maddern	Mosman	12.41Q
4	Charlotte Denney	Ku-Ring-Gai	12.60q
5	Lara Boccabella	Ryde	12.62q
6	Lani Khiroya	Nth Rocks Carlin	13.20

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Region:	R 10.00	27/02/2010	Tiana Jaber, Kings Langley
State:	S 9.84	20/03/2010	Chyna Tavai-Willams, Bankstow
Name		Age Centre	Final
=====			

Section 1 Final

1	Catherine Mikan	Northern Suburbs	10.08
2	Sienna Kupceric	Manly Warringah	10.94
3	Claudia Healey	Mosman	11.09
4	Zara Pawsey	Ryde	11.84
5	Rani Sharma	Cherrybrook	11.96
6	Charlotte Denney	Ku-Ring-Gai	12.29
7	Katie Maddern	Mosman	12.40
8	Olivia Vecchio	Mosman	12.44
9	Lara Boccabella	Ryde	12.68

Girls U 11 - 60 Metre Hurdles (60cm)

=====			
Region:	R 9.60	1998	A Kerr, Winston Hills
State:	S 9.34	20/03/2004	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Lucy Scholtens	Manly Warringah	10.67Q
2	Noa Davies	Mosman	10.69Q
3	Sarah Lovell	Ku-Ring-Gai	10.79Q
4	Luna Ligertwood	Manly Warringah	10.99q
5	Jessica Cullen	Northern Suburbs	12.32

Results**....Girls U 11 - 60 Metre Hurdles (60cm)**

6 Charlotte Gathercole	Nth Rocks Carlin	12.87
Heat 2 Heats		
1 Chloe Dunne	Manly Warringah	10.09Q
2 Sarah-anne Koot	Cherrybrook	10.10Q
3 Hayley Reynolds	Nth Rocks Carlin	10.54Q
4 Louise Lovell	Ku-Ring-Gai	10.77q
5 Kelly Theodorides	Manly Warringah	11.02
6 Lucy Proszenko	Ryde	12.10
7 Emilia Massaro	Northern Suburbs	12.52
8 Grace Carden	Northern Suburbs	12.82

Girls U 11 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.60	1998	A Kerr, Winston Hills
State: S	9.34	20/03/2004	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Final
=====			
Section 1 Final			
1 Chloe Dunne		Manly Warringah	9.85
2 Sarah-anne Koot		Cherrybrook	10.22
3 Noa Davies		Mosman	10.41
4 Hayley Reynolds		Nth Rocks Carlin	10.55
5 Lucy Scholtens		Manly Warringah	10.72
6 Sarah Lovell		Ku-Ring-Gai	10.85
7 Luna Ligertwood		Manly Warringah	10.86
8 Louise Lovell		Ku-Ring-Gai	10.89

Girls U 12 - 60 Metre Hurdles (68cm)

=====			
Region: R	9.10	2005	Annaliese Gardiner, Ku-ring-g
State: S	9.34	19/03/2005	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Heats
=====			
Heat 1 Heats			
1 Eva Bates		Ku-Ring-Gai	10.27Q
2 Carys Gibbons-Maurer		Manly Warringah	11.71Q
3 Siobhan McMahon		Northern Districts	11.80Q
4 Maddison Duncombe		Ryde	11.92
5 Isobel Harris		Manly Warringah	12.11
5 Ruby Worrell		Ryde	12.11
7 Elise Couper		Manly Warringah	12.49
Heat 2 Heats			
1 Talia Kupceric		Manly Warringah	10.51Q
2 Emily Uslu		Parramatta	10.61Q
3 Sylvie Moss		Northern Suburbs	11.74Q
3 Chloe Krklinski		Parramatta	11.74Q
5 Penelope Girdis		Mosman	11.90q
6 Isabelle Nilon		Nth Rocks Carlin	11.91
7 Hannah Anderson		Northern Suburbs	12.06

Results**Girls U 12 - 60 Metre Hurdles (68cm)**

=====			
Region:	R 9.10	2005	Annaliese Gardiner, Ku-ring-g
State:	S 9.34	19/03/2005	Annaliese Gardiner, Ku-Ring-G
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Eva Bates	Ku-Ring-Gai	9.94
2	Talia Kupceric	Manly Warringah	10.18
3	Emily Uslu	Parramatta	10.60
4	Penelope Girdis	Mosman	11.43
5	Chloe Krklinski	Parramatta	11.55
6	Carys Gibbons-Maurer	Manly Warringah	11.64
7	Siobhan McMahon	Northern Districts	11.82
8	Sylvie Moss	Northern Suburbs	11.83

Girls U 13 - 80 Metre Hurdles (76cm)

=====			
Region:	R 12.26	15/02/2015	Mia Hemsworth, Ku-Ring-Gai
State:	S 12.26	15/02/2015	Mia Hemsworth, Ku-Ring-Gai
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Sienna Bond	Ku-Ring-Gai	13.40Q
2	Lily Tilt	Nth Rocks Carlin	13.72Q
3	Sophie Kavanagh	Nth Rocks Carlin	13.98Q
4	Sophie Ross	Manly Warringah	14.15q
5	Mikayla Kelleher	Ryde	14.44q
6	Samantha Hardingham	Northern Suburbs	14.62q
7	Sophie Hanna	Manly Warringah	15.74q
8	Madeline Smithies	Manly Warringah	16.45q
9	Sofia Gately	Nth Rocks Carlin	19.56

Girls U 13 - 80 Metre Hurdles (76cm)

=====			
Region:	R 12.26	15/02/2015	Mia Hemsworth, Ku-Ring-Gai
State:	S 12.26	15/02/2015	Mia Hemsworth, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Sienna Bond	Ku-Ring-Gai	13.40
2	Lily Tilt	Nth Rocks Carlin	13.72
3	Sophie Kavanagh	Nth Rocks Carlin	13.98
4	Sophie Ross	Manly Warringah	14.15
5	Mikayla Kelleher	Ryde	14.44
6	Samantha Hardingham	Northern Suburbs	14.62
7	Sophie Hanna	Manly Warringah	15.74
8	Madeline Smithies	Manly Warringah	16.45

Girls U 14 - 80 Metre Hurdles (76cm)

=====			
Region:	R 12.20	2002	Marissa Ward, Northern Suburb
State:	S 11.94	19/03/2006	Carly Rodger, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Emilia Duncan	Manly Warringah	12.55Q
2	Fichardt Georgia	Ku-Ring-Gai	13.16Q
3	Emily Gathercole	Nth Rocks Carlin	14.36Q

Results**....Girls U 14 - 80 Metre Hurdles (76cm)**

4	Sophie Anderson	Northern Suburbs	14.56q
5	Summer Enasio	Northern Districts	14.85q
6	Brigitta Williams	Ryde	17.78

Heat 2 Heats

1	Georgia Healy	Northern Suburbs	12.81Q
2	Angela Asikin	Northern Suburbs	13.85Q
3	Emma Hansen	Parramatta	14.11Q
4	Adrielle Mashiah	Hornsby	14.89
5	Anastasia Lakic	Ryde	16.32

Girls U 14 - 80 Metre Hurdles (76cm)

Region: R 12.20 2002 Marissa Ward, Northern Suburb

State: S 11.94 19/03/2006 Carly Rodger, Port Hacking

Name Age Centre Final

Section 1 Final

1	Emilia Duncan	Manly Warringah	12.50
2	Fichardt Georgia	Ku-Ring-Gai	12.96
3	Georgia Healy	Northern Suburbs	13.03
4	Emma Hansen	Parramatta	13.62
5	Angela Asikin	Northern Suburbs	13.64
6	Emily Gathercole	Nth Rocks Carlin	14.28
7	Sophie Anderson	Northern Suburbs	14.52
8	Summer Enasio	Northern Districts	14.71

Girls U 15 - 90 Metre Hurdles (76cm)

Region: R 12.90 28/02/2010 Melissa Farrington, Northern

State: S 12.44 3/03/2007 Carly Rodger, Port Hacking

Name Age Centre Heats

Heat 1 Heats

1	Alyssa Lowe	Ryde	13.70Q
2	Aleisha Jeremy	Manly Warringah	14.56Q
3	Freya Carley	Manly Warringah	14.82Q
4	Alannah Green	Mosman	15.16q
5	MACKENZIE Williams	Northern Districts	15.44q
6	Rebecca Asikin	Northern Suburbs	17.92q
7	Bridgette Edmunds	Cherrybrook	18.36q

Girls U 15 - 90 Metre Hurdles (76cm)

Region: R 12.90 28/02/2010 Melissa Farrington, Northern

State: S 12.44 3/03/2007 Carly Rodger, Port Hacking

Name Age Centre Final

Section 1 Final

1	Alyssa Lowe	Ryde	13.70
2	Aleisha Jeremy	Manly Warringah	14.56
3	Freya Carley	Manly Warringah	14.82
4	Alannah Green	Mosman	15.16
5	MACKENZIE Williams	Northern Districts	15.44
6	Rebecca Asikin	Northern Suburbs	17.92
7	Bridgette Edmunds	Cherrybrook	18.36

Results**Girls U 17 - 100 Metre Hurdles (76cm)**

=====			
Region:	R 14.00	19/02/2012	Melissa Farrington, Northern
State:	S 13.87	21/03/2010	Michelle Jenneke, Cherrybrook
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Nicolette Donofrio	Northern Suburbs	15.19Q
2	Tea Lisle	Manly Warringah	15.84Q
3	Katrina Lyon	Ryde	17.04Q
4	Julia Baxter	Hornsby	17.56q
5	Isabel McCarthy	Northern Suburbs	17.84q
6	Celeste Edmunds	Cherrybrook	19.55q

Girls U 17 - 100 Metre Hurdles (76cm)

=====			
Region:	R 14.00	19/02/2012	Melissa Farrington, Northern
State:	S 13.87	21/03/2010	Michelle Jenneke, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Nicolette Donofrio	Northern Suburbs	15.19
2	Tea Lisle	Manly Warringah	15.84
3	Katrina Lyon	Ryde	17.04
4	Julia Baxter	Hornsby	17.56
5	Isabel McCarthy	Northern Suburbs	17.84
6	Celeste Edmunds	Cherrybrook	19.55

Girls U 13 - 200 Metre Hurdles (68cm)

=====			
Region:	R 28.00	1991	B Smith, Winston Hills
State:	S 28.24	19/02/2000	Tahlia Gray, Canterbury
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Sophie Ross	Manly Warringah	32.41Q
2	Lily Tilt	Nth Rocks Carlin	34.19Q
3	Mischa Nalywajko	Ku-Ring-Gai	36.36Q
Heat 2 Heats			
1	Samantha Hardingham	Northern Suburbs	32.60Q
2	Sienna Bond	Ku-Ring-Gai	32.63Q
3	Madeline Smithies	Manly Warringah	32.70Q
4	Alexandra Dransfield	Northern Suburbs	33.20q
5	Zara Ostryn	Manly Warringah	33.33q
6	Brooke Luksic	Parramatta	33.38
7	Felicity Stewart	Ku-Ring-Gai	36.42

Girls U 13 - 200 Metre Hurdles (68cm)

=====			
Region:	R 28.00	1991	B Smith, Winston Hills
State:	S 28.24	19/02/2000	Tahlia Gray, Canterbury
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Sienna Bond	Ku-Ring-Gai	29.07
2	Lily Tilt	Nth Rocks Carlin	30.72
3	Sophie Ross	Manly Warringah	31.15
4	Samantha Hardingham	Northern Suburbs	31.40
5	Madeline Smithies	Manly Warringah	32.71

Results**....Girls U 13 - 200 Metre Hurdles (68cm)**

6 Alexandra Dransfield	Northern Suburbs	33.10
7 Zara Ostryn	Manly Warringah	33.15
8 Mischa Nalywajko	Ku-Ring-Gai	37.51

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Region:	R 27.58	17/02/2018	Annika Lynch, Northern Suburb
State:	S 27.04	18/03/2006	Carly Rodger, Port Hacking
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Annika Lynch	Northern Suburbs	R 27.58Q
2 Georgia Healy	Northern Suburbs	29.76Q
3 Emma Hansen	Parramatta	31.02Q
4 Charlotte Hall	Hornsby	31.89q
5 Adrielle Mashiah	Hornsby	33.27q
6 Tilda HolmqvistJohansson	Parramatta	33.35

Heat 2 Heats

1 Fichardt Georgia	Ku-Ring-Gai	29.12Q
2 Emily Gathercole	Nth Rocks Carlin	32.56Q
3 Tegan Scott	Manly Warringah	32.78Q

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Region:	R 27.58	17/02/2018	Annika Lynch, Northern Suburb
State:	S 27.04	18/03/2006	Carly Rodger, Port Hacking
Name	Age	Centre	Final
=====			

Section 1 Final

1 Annika Lynch	Northern Suburbs	27.86
2 Fichardt Georgia	Ku-Ring-Gai	29.07
3 Georgia Healy	Northern Suburbs	29.86
4 Emma Hansen	Parramatta	31.17
5 Charlotte Hall	Hornsby	32.17
6 Tegan Scott	Manly Warringah	32.69
7 Emily Gathercole	Nth Rocks Carlin	32.72
8 Adrielle Mashiah	Hornsby	34.46

Girls U 15 - 300 Metre Hurdles (76cm)

=====			
Region:	R 45.44	17/02/2018	Isabella Guthrie, Northern Di
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Isabella Guthrie	Northern Districts	R 45.44Q
2 Alyssa Lowe	Ryde	48.75Q
3 Lara Woollett	Hornsby	50.38Q
4 Bridgette Edmunds	Cherrybrook	57.43Q
5 Jessica Smith	Manly Warringah	58.46Q
-- Emma Polley	Parramatta	DQ IAAF

Results**Girls U 15 - 300 Metre Hurdles (76cm)**

Region: R 45.44 17/02/2018 Isabella Guthrie, Northern Di			
Name	Age	Centre	Final
Section 1 Final			
1 Isabella Guthrie		Northern Districts	45.44R
2 Alyssa Lowe		Ryde	48.75
3 Lara Woollett		Hornsby	50.38
4 Bridgette Edmunds		Cherrybrook	57.43
5 Jessica Smith		Manly Warringah	58.46
-- Emma Polley		Parramatta	DQ IAAF

Girls U 17 - 300 Metre Hurdles (76cm)

Region: R 48.02 11/02/2017 Brooke East, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Brooke East		Manly Warringah	48.31Q
2 Tamara KowczRosinke		Northern Suburbs	51.65Q
3 Samantha Brown		Parramatta	51.86q
4 Katrina Lyon		Ryde	55.19q
5 Tara Mapstone		Manly Warringah	57.43q

Girls U 17 - 300 Metre Hurdles (76cm)

Region: R 48.02 11/02/2017 Brooke East, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Brooke East		Manly Warringah	48.31
2 Tamara KowczRosinke		Northern Suburbs	51.65
3 Samantha Brown		Parramatta	51.86
4 Katrina Lyon		Ryde	55.19
5 Tara Mapstone		Manly Warringah	57.43

Girls U 9-12 4x100 Metre Relay (Jnr)

Region: R 55.41 19/02/2012 Manly Warringah, Manly Warrin			
A Jeremy, O Wrightson, S Stanley, K Edwards			
State: S 54.62 25/03/2012 Manly Warringah			
Centre	Age	Centre	Final
Section 1			
1 Manly Warringah			57.25
1) Lily Blewman 9		2) Sienna Kupceric 10	
3) Lucy Scholtens 11		4) Lara Williams 12	
2 Ku-Ring-Gai			59.50
1) Matilda Harrison 9		2) Samara Bond 11	
3) Annie Hall 10		4) Eva Bates 12	
3 North Rocks Carlingford			1:00.03
1) Carys Byrnes 9		2) Chloe Leivesley 10	
3) Hayley Reynolds 11		4) Jasmine Loh 12	
4 Northern Suburbs			1:00.65
1) Phoebe Clayton 9		2) Eve Rothwell 11	
3) Ziggy Leong 12		4) Catherine Mikan 10	
5 Ryde			1:01.21
1) Kristina Prizmic 10		2) Aliana Moala 12	

Results**....Girls U 9-12 4x100 Metre Relay (Jnr)**

3) Olivia Sidhu 9	4) Jasmine McAndrew 10
6 Northern Districts	1:03.32
1) Kyrah McMahan 9	2) Bronte Tonkin 9
3) Paige Walton 11	4) Siobhan McMahan 12

Girls U 12-17 4x100 Metre Relay (Snr)

=====			
Region: R 50.08	12/02/2017	Northern Suburbs, Northern Su	
		A Dixon, E Cramer, N D'Onofrio, A Fisher	
State: S 48.69	24/03/2013	Manly Warringah	
Centre			Final
=====			
1 Ku-Ring-Gai			50.14
1) Brianna Worsfold 13	2) Jessica Maciver 14		
3) Olivia Colman 15	4) Fichardt Georgia 14		
2 Northern Suburbs			51.84
1) Evie Cook 13	2) Georgia Healy 14		
3) Gemma Bratton 15	4) Alexandra York 15		
3 Ryde			52.10
1) Alyssa Lowe 15	2) Mikayla Kelleher 13		
3) Adria McAndrew 14	4) Eliza Da Silva 14		
4 Manly Warringah			52.88
1) Sally Priest 13	2) Sophie Ross 13		
3) Madeleine Wallace 15	4) Olivia Wrightson 17		
5 Cherrybrook			54.31
1) AbigailOluwateniola Omage 12	2) Scarlett Prowse 15		
3) Tara Webb 12	4) Eleanor Lamperts 17		

Girls U 9 - High Jump (S/H 0.85m)

=====			
Region: R 1.25m	15/02/2014	Cayla Phillips, Manly Warring	
State: S 1.39m	24/03/2012	Tomysha Clark, Port Hacking	
Name	Age	Centre	Final
=====			
Flight 1			
1 Georgia Wood		Ku-Ring-Gai	1.13m
2 Ruby Semaganda		Cherrybrook	1.05m
3 Rosie Morahan		Northern Suburbs	1.00m
4 Mia Stewart		Cherrybrook	J1.00m
5 Maddison Minard		Nth Rocks Carlin	J1.00m
6 Holly McLennan		Nth Rocks Carlin	J1.00m
7 Elizabeth Bailey		Ku-Ring-Gai	J1.00m
8 Isabella McCausland		Manly Warringah	J1.00m
9 Carys Byrnes		Nth Rocks Carlin	J1.00m
10 Eve Loebel		Ku-Ring-Gai	J1.00m
11 Freya Tonkin		Northern Districts	0.95m
12 Zara Gard		Manly Warringah	J0.95m

Girls U 10 - High Jump (S/H 0.95m)

=====			
Region: R 1.36m	2002	F Sombroek, Northern Suburbs	
State: S 1.47m	24/03/2013	Tomysha Clark, Port Hacking	
Name	Age	Centre	Final
=====			
1 Lani Khiroya		Nth Rocks Carlin	1.22m
2 Harlow Wigley		Ku-Ring-Gai	J1.22m
3 Octavia Williams		Manly Warringah	1.15m

Results**....Girls U 10 - High Jump (S/H 0.95m)**

4	Amelia Boccabella	Ryde	J1.15m
5	Ruby Perkins	Northern Suburbs	J1.15m
6	Kristina Prizmic	Ryde	J1.15m
7	Lana Waddingham	Northern Districts	J1.15m
8	Lara Boccabella	Ryde	1.10m
9	Veda Arabolu	Ku-Ring-Gai	1.05m
10	Sophia Ambrosino	Ku-Ring-Gai	J1.05m
11	Maya-Elise Almenara del	Hornsby	J1.05m
12	Eloise Brunsdon	Cherrybrook	J1.05m

Girls U 11 - High Jump (S/H 1.05m)

=====			
Region: R 1.48m		1995	S Lingard, Ku-ring-gai
State: S 1.55m		22/03/2014	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Charlotte Watton	Manly Warringah	1.41m
2	Charlize Capablanca	Mosman	1.31m
3	Amber Halliday	Manly Warringah	1.29m
4	Chloe Dunne	Manly Warringah	J1.29m
5	April Howison	Ryde	1.25m
6	Olivia Moresi	Cherrybrook	1.20m
7	Emelie Coe	Ku-Ring-Gai	J1.20m
8	Louise Lovell	Ku-Ring-Gai	J1.20m
9	Luna Ligertwood	Manly Warringah	1.15m
10	Jessica Johnston	Ryde	J1.15m
11	Grace Carden	Northern Suburbs	J1.15m
11	Teagan Jones	Ku-Ring-Gai	J1.15m
13	Elise Oliver	Northern Districts	1.10m
14	Lara Klarich	Ryde	J1.10m

Girls U 12 - High Jump (S/H 1.15m)

=====			
Region: R 1.58m		2002	T Thompson, Toukley
State: S 1.65m		20/03/2015	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Viktorija Calusic	Cherrybrook	1.45m
2	Talia Kupceric	Manly Warringah	1.39m
3	Alice MacNamara	Ku-Ring-Gai	1.35m
4	Shayla Gleeson	Northern Districts	J1.35m
5	Claudia Endicott	Ku-Ring-Gai	J1.35m
6	Carys Gibbons-Maurer	Manly Warringah	1.30m
7	Abbey LE Lievre	Northern Districts	J1.30m
8	Nicole Pitchfork	Parramatta	J1.30m
9	Nicole McCrostie	Cherrybrook	J1.30m
10	Jasmine Lowe	Northern Suburbs	1.25m
11	Lucia Van der Heiden	Hornsby	1.20m
11	Zoe Banks	Northern Suburbs	1.20m

Girls U 13 - High Jump (S/H 1.20m)

=====			
Region: R 1.63m		1995	A Carpenter, Tuggerah Lakes
State: S 1.80m		22/03/1987	Sonja Wennekes, Sutherland
Name	Age	Centre	Final
=====			
1	Sophie Kavanagh	Nth Rocks Carlin	1.42m

Results**....Girls U 13 - High Jump (S/H 1.20m)**

2	Brooke Luksic	Parramatta	1.40m
3	Lucinda Faddy	Northern Suburbs	1.38m
4	Sophie Hanna	Manly Warringah	J1.38m
5	Paige Edmondson	Northern Suburbs	1.34m
6	Abby Latimer	Mosman	1.30m
7	Charlotte Greatrex	Ku-Ring-Gai	1.20m

Girls U 14 - High Jump (S/H 1.25m)

Region: R 1.71m 1991 M Harris, Hornsby District
 State: S 1.75m 19/03/2006 Mia McKinnon, Port Hacking
 State: S 1.75m 18/03/2007 Amy Pejkoivic, Cherrybrook

Name	Age	Centre	Final
1	Georgia Healy	Northern Suburbs	1.54m
2	Sophie Anderson	Northern Suburbs	1.52m
3	Annika Lynch	Northern Suburbs	1.50m
4	Anna Cahill	Hornsby	J1.50m
5	Emma Hansen	Parramatta	1.46m
6	Amy Fajemisin	Nth Rocks Carlin	1.35m
7	Isobel Elkan	Manly Warringah	J1.35m
8	Jessica Bryant	Manly Warringah	1.30m
9	Fichardt Georgia	Ku-Ring-Gai	J1.30m
10	Xanthe Craig	Cherrybrook	1.25m

Girls U 15 - High Jump (S/H 1.25m)

Region: R 1.75m 16/02/2008 Amy Pejkoivic, Cherrybrook
 State: S 1.80m 16/03/2008 Amy Pejkoivic, Cherrybrook

Name	Age	Centre	Final
1	Alexandra York	Northern Suburbs	1.60m
2	Alannah Green	Mosman	1.58m
3	Amy McFadden	Hornsby	J1.58m
4	Alyssa Lowe	Ryde	J1.58m
5	Lily Worrall	Northern Suburbs	1.54m
6	Laura Quinn	Mosman	1.50m
7	Olivia Dyer	Ryde	1.45m
8	Aleisha Jeremy	Manly Warringah	1.40m
9	Lauren Goodacre	Nth Rocks Carlin	1.35m
10	Portia Amy-Wilson	Ryde	J1.35m
11	Kelly Chapman	Cherrybrook	J1.35m

Girls U 17 - High Jump (S/H 1.30m)

Region: R 1.70m 15/02/2015 Karina Brown, Northern Suburb
 State: S 1.84m 21/03/2010 Emily Crutcher, Grenfell

Name	Age	Centre	Final
1	Isabella Rudolph	Cherrybrook	1.66m
2	Mikaela Quinlan	Northern Districts	1.60m
3	Sydney Kania	Manly Warringah	J1.60m
4	Anna Chandler	Northern Suburbs	1.56m
5	Eleanor Plummer	Ryde	1.50m
--	Lauren Hilder	Ryde	NH

Results**Girls U 8 - Long Jump**

Region: R 3.65m 1995 A Kerr, Winston Hills			
State: S 4.17m 2/03/1986 Danya Kerr, Winston Hills			
Name	Age	Centre	Final
1 ClaraSeyramPrinces Petri		Parramatta	3.62m
2 Amalia Bond		Ku-Ring-Gai	3.47m
3 Eve Clark		Hornsby	3.19m
4 Emilia Webb		Ryde	3.06m
5 Jessica Loring		Parramatta	3.03m
6 Chloe McGregor		Ryde	3.01m
7 Emily Kupceric		Manly Warringah	2.94m
8 Michaela Dickinson		Manly Warringah	2.90m
9 Ruby Kernaghan		Parramatta	2.88m
10 Thea Kerr		Ku-Ring-Gai	2.87m
11 Alyssa Holmes		Northern Districts	2.79m
11 Alicia Endicott		Ku-Ring-Gai	2.79m
13 Ruby Kelly		Ryde	2.76m
14 Philippa Quarrell		Manly Warringah	2.75m
15 Aliyah Bennett		Cherrybrook	2.73m
-- Evana Butler		Nth Rocks Carlin	FOUL

Girls U 9 - Long Jump

Region: R 4.20m 1998 Emily Pollett, Manly Warringah			
State: S 4.42m 16/03/1985 Selina Dundas, Armidale			
Name	Age	Centre	Final
1 Chanel Charles		Ku-Ring-Gai	3.50m
2 Matilda Harrison		Ku-Ring-Gai	3.43m
3 Olivia Achike		Ku-Ring-Gai	3.39m
4 Eden Herring		Hornsby	3.38m
5 Lily Blewman		Manly Warringah	3.34m
6 Olivia Sidhu		Ryde	3.28m
7 Annika Mathie		Nth Rocks Carlin	J3.28m
8 Carys Byrnes		Nth Rocks Carlin	3.27m
9 Maddison Minard		Nth Rocks Carlin	3.23m
10 Anastasia Limbers		Hornsby	3.22m
11 Sophie Durheim		Cherrybrook	3.18m
12 Ruby Semaganda		Cherrybrook	3.15m
13 Mikaela Gavranic		Ryde	3.05m
14 Annabelle Twyman		Northern Suburbs	3.04m

Girls U 10 - Long Jump

Region: R 4.54m 21/02/2004 Courtney Cross, Hornsby Distr			
State: S 4.75m 24/03/1991 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
1 Catherine Mikan		Northern Suburbs	4.37m
2 Lani Khiroya		Nth Rocks Carlin	3.95m
3 Sienna Kupceric		Manly Warringah	3.85m
4 Veda Arabolu		Ku-Ring-Gai	3.79m
5 Claudia Healey		Mosman	J3.79m
6 Ruby Perkins		Northern Suburbs	3.77m
7 Jasmine McAndrew		Ryde	3.51m
8 Lola Jones		Northern Suburbs	3.39m
9 Zara Pawsey		Ryde	3.34m

Results**....Girls U 10 - Long Jump**

10	Annie Hall	Ku-Ring-Gai	3.31m
11	Charlotte Denney	Ku-Ring-Gai	3.29m
12	Serin Korucu	Manly Warringah	3.28m
13	Naomi Rogers	Northern Districts	3.22m
13	Aqua Fisher	Northern Suburbs	3.22m
15	Tianna Bertolissio	Parramatta	3.11m

Girls U 11 - Long Jump

=====			
Region: R 4.76m		1998	A Kerr, Winston Hills
State: S 4.97m		20/03/2011	Chyna Tavai-Williams, Banksto
Name	Age	Centre	Final
=====			
1	Chloe Dunne	Manly Warringah	4.39m
2	Georgia Phillips	Ryde	4.10m
3	Hayley Reynolds	Nth Rocks Carlin	4.03m
4	Grace Carden	Northern Suburbs	3.89m
5	Cassidy McArthur	Hornsby	3.82m
6	Sarah Lovell	Ku-Ring-Gai	3.81m
7	Eliza Matthews	Nth Rocks Carlin	3.75m
8	Kaitlyn Martin	Ryde	3.65m
9	Luna Ligertwood	Manly Warringah	3.58m
10	Anesha Busingye	Nth Rocks Carlin	3.56m
11	Ruby Collins	Northern Suburbs	3.51m
12	Elise Murray	Parramatta	3.39m
13	Sofia Fedirchuk	Mosman	3.29m

Girls U 12 - Long Jump

=====			
Region: R 5.02m		1994	D Kearney, Winston Hills
State: S 5.42m		16/03/1986	Tracy Blackburn, Kurri Kurri
Name	Age	Centre	Final
=====			
1	Phoebe Riley	Ku-Ring-Gai	4.62m
2	AbigailOluwateniola Omag	Cherrybrook	4.33m
3	Tara Webb	Cherrybrook	4.32m
4	Emily Uslu	Parramatta	4.31m
5	Aima Gingell	Parramatta	4.27m
6	Jasmine Loh	Nth Rocks Carlin	4.19m
7	Siobhan McMahon	Northern Districts	4.03m
8	Sarah Passafaro	Northern Districts	3.86m
9	Nicole McCrostie	Cherrybrook	3.81m
10	Isabel Ozinga	Ku-Ring-Gai	3.77m
11	Jasmine Lowe	Northern Suburbs	3.73m
12	Gemma Mills	Hornsby	3.72m
13	Bianca Conti	Ryde	3.71m
14	Carys Gibbons-Maurer	Manly Warringah	3.70m
15	Sylvie Moss	Northern Suburbs	3.55m

Girls U 13 - Long Jump

=====			
Region: R 5.18m		1991	D Kerr, Winston Hills
State: S 5.51m		24/03/1991	Leanne Richardson, Dubbo
Name	Age	Centre	Final
=====			
1	Sienna Bond	Ku-Ring-Gai	5.06m
2	Lily Tilt	Nth Rocks Carlin	4.83m

Results**....Girls U 13 - Long Jump**

3	Sophie Kavanagh	Nth Rocks Carlin	4.34m
4	Paige Edmondson	Northern Suburbs	4.13m
5	Sophie Hanna	Manly Warringah	4.09m
6	Sarah Hughes-Narborough	Northern Districts	4.01m
7	Alexandra Smeallie	Mosman	4.00m
8	Emily Metcalfe	Ryde	3.84m
9	Jasmine Khiroya	Nth Rocks Carlin	3.81m

Girls U 14 - Long Jump

=====			
Region: R 5.42m		1991	B Scott, Northern Suburbs
State: S 5.64m		10/03/1991	Belinda Scott, Northern Distr
Name	Age	Centre	Final
=====			
1	Danielle Osifo	Hornsby	5.33m
2	Jessica Bryant	Manly Warringah	5.14m
3	Jessica Maciver	Ku-Ring-Gai	5.05m
4	Georgia Healy	Northern Suburbs	5.03m
5	Adria McAndrew	Ryde	4.81m
6	Isobel Elkan	Manly Warringah	4.45m
7	Eliza Da Silva	Ryde	4.40m
8	Chelsea Smith	Nth Rocks Carlin	4.40m
9	Emily Gathercole	Nth Rocks Carlin	4.37m
10	Emma Hansen	Parramatta	4.33m
11	Milena Visser	Cherrybrook	4.30m
12	Felicity Yan	Ryde	3.33m

Girls U 15 - Long Jump

=====			
Region: R 5.88m		19/02/2012	Katrina Hunt, Northern Suburb
State: S 5.80m		19/03/2005	Jacinta Doyle, Port Hacking
Name	Age	Centre	Final
=====			
1	Alyssa Lowe	Ryde	5.54m
2	Alexandra York	Northern Suburbs	5.33m
3	Isabella Guthrie	Northern Districts	4.98m
4	Portia Amy-Wilson	Ryde	4.93m
5	Ella Koster	Ku-Ring-Gai	4.91m
6	Gemma Bratton	Northern Suburbs	4.88m
7	Lara Woollett	Hornsby	4.66m
8	Olivia Mitchell	Mosman	4.62m
9	Sarah Brown	Ryde	4.54m
10	Lily Worrall	Northern Suburbs	4.51m
11	Jasmine Ellery	Manly Warringah	4.47m
12	Tahlia Foye	Parramatta	3.90m

Girls U 17 - Long Jump

=====			
Region: R 5.80m		18/02/2018	Samantha Dale, Nth Rocks Carl
State: S 5.84m		22/03/2013	Audrey Kyriacou, Randwick Bot
Name	Age	Centre	Final
=====			
1	Samantha Dale	Nth Rocks Carlin	5.80mR
2	Tamara KowczRosinke	Northern Suburbs	4.95m
3	Sydney Kania	Manly Warringah	4.90m
4	Courtney Rule	Manly Warringah	4.68m
5	Jasmine Bonomi	Manly Warringah	4.63m

Results**....Girls U 17 - Long Jump**

6 Lauren West	Northern Districts	4.47m
7 Lauren Brown	Northern Suburbs	4.38m
8 Karina Bessis	Nth Rocks Carlin	4.32m

Girls U 11 - Triple Jump

=====			
Region:	R 10.18m	19/02/2011	Tiana Jaber, Kings Langley
State:	S 10.38m	21/03/2004	Rebecca Mounsey, Albion Park
Name		Age Centre	Final
=====			
1 Chloe Dunne		Manly Warringah	9.34m
2 Lucy Scholtens		Manly Warringah	9.05m
3 Hayley Reynolds		Nth Rocks Carlin	8.75m
4 Eliza Matthews		Nth Rocks Carlin	8.32m
5 Eve Rothwell		Northern Suburbs	8.31m
6 Teagan Jones		Ku-Ring-Gai	8.10m
7 Kaia Taikato		Manly Warringah	7.78m
8 Poppy Hyland		Manly Warringah	7.72m
9 April Howison		Ryde	7.71m
10 Elise Oliver		Northern Districts	7.50m
11 Sienna Gleeson		Northern Districts	7.25m
12 Charlotte Gathercole		Nth Rocks Carlin	6.87m
13 Annika Lee		Northern Suburbs	6.77m
14 Lucy Proszenko		Ryde	6.58m

Girls U 12 - Triple Jump

=====			
Region:	R 10.55m	14/02/2016	Danielle Osifo, Cherrybrook
State:	S 10.94m	20/03/1994	Amy Carpenter, Tuggerah Lake
Name		Age Centre	Final
=====			
1 Talia Kupceric		Manly Warringah	9.52m
2 Emily Uslu		Parramatta	9.29m
3 AbigailOluwateniola Omag		Cherrybrook	9.22m
4 Jasmine Loh		Nth Rocks Carlin	8.88m
5 Carys Gibbons-Maurer		Manly Warringah	8.61m
6 Tara Webb		Cherrybrook	8.57m
7 Isabelle Nilon		Nth Rocks Carlin	8.55m
8 Bianca Conti		Ryde	8.51m
9 Lola Dorman		Hornsby	8.27m
10 Katelyn Johnson		Parramatta	8.08m
11 Hannah Anderson		Northern Suburbs	8.02m

Girls U 13 - Triple Jump

=====			
Region:	R 10.91m	1995	C Morris, Hornsby District
State:	S 11.27m	20/03/2016	Tomysha Clark, Port Hacking
Name		Age Centre	Final
=====			
1 Lily Tilt		Nth Rocks Carlin	10.26m
2 Sienna Bond		Ku-Ring-Gai	10.07m
3 Sophie Kavanagh		Nth Rocks Carlin	9.77m
4 Sophie Hanna		Manly Warringah	9.32m
5 Mikayla Kelleher		Ryde	9.01m
6 Paige Edmondson		Northern Suburbs	8.81m
7 Lucinda Faddy		Northern Suburbs	8.73m
8 Arabella Price		Nth Rocks Carlin	8.34m

Results**....Girls U 13 - Triple Jump**

9 Lily Watkins	Ryde	8.28m
10 Breanna Hartmann	Ryde	7.69m
11 Sara Bashir	Manly Warringah	7.21m

Girls U 14 - Triple Jump

=====			
Region: R 11.63m		20/02/2011	Mercy Agbeze, Gosford
State: S 12.15m		16/03/2003	Alyisha House, Koorringal Wag
Name	Age	Centre	Final
=====			
1 Annika Lynch		Northern Suburbs	11.23m
2 Georgia Healy		Northern Suburbs	10.51m
3 Danielle Osifo		Hornsby	10.34m
4 Jessica Bryant		Manly Warringah	9.99m
5 Adria McAndrew		Ryde	9.82m
6 Emily Gathercole		Nth Rocks Carlin	9.67m
7 Isobel Elkan		Manly Warringah	9.44m
8 Eliza Da Silva		Ryde	9.41m
9 Caitlin Rodriguez		Parramatta	8.59m

Girls U 15 - Triple Jump

=====			
Region: R 11.67m		17/02/2018	Alexandra York, Northern Sub
State: S 12.42m		21/03/2004	Alyisha House, Koorringal Wag
Name	Age	Centre	Final
=====			
1 Alexandra York		Northern Suburbs	11.67mR
2 Lily Worrall		Northern Suburbs	11.13m
3 Tarsha Wayne		Ryde	10.45m
4 Portia Amy-Wilson		Ryde	10.30m
5 Lauren Goodacre		Nth Rocks Carlin	10.22m
6 Sarah Brown		Ryde	9.97m
7 Alannah Green		Mosman	9.85m
8 Jessica Tallentire		Manly Warringah	J9.85m
9 Freya Carley		Manly Warringah	9.72m
10 Amy McFadden		Hornsby	9.68m
11 Laura Quinn		Mosman	9.45m
12 Tahlia Foye		Parramatta	9.19m
13 Ashley Hanna		Manly Warringah	8.86m
14 Jessica Smith		Manly Warringah	8.70m

Girls U 17 - Triple Jump

=====			
Region: R 11.88m		13/02/2016	Maya Leverett, Nth Rocks Car
State: S 12.52m		31/01/2016	Jasmine Fountas, Randwick Bo
Name	Age	Centre	Final
=====			
1 Samantha Dale		Nth Rocks Carlin	11.59m
2 Tamara KowczRosinke		Northern Suburbs	11.09m
3 Sydney Kania		Manly Warringah	10.73m
4 Katrina Lyon		Ryde	10.36m
5 Jasmine Bonomi		Manly Warringah	9.83m
6 Mandela Sutherland		Nth Rocks Carlin	8.72m
7 Tara Mapstone		Manly Warringah	8.57m
8 Karina Bessis		Nth Rocks Carlin	8.56m

Results**Girls U 8 - Shot Put (1.5 Kg)**

=====			
Region: R 7.85m		22/02/2004	Taylah Sengul, WInston Hills
State: S 8.52m		17/02/2002	Kristy Dingwall, Smithfield
Name	Age	Centre	Final
=====			
1	Lara Atherton	Manly Warringah	6.02m
2	Evana Butler	Nth Rocks Carlin	5.99m
3	Millie Buxton	Manly Warringah	5.77m
4	Rory Nordensom	Manly Warringah	5.35m
5	Michaela Dickinson	Manly Warringah	5.33m
6	Juliette Harvey	Northern Suburbs	5.29m
7	Tara Gilkeson	Hornsby	5.19m
8	Ava Greig	Ryde	4.76m
9	Emilia Webb	Ryde	4.55m
10	Cara Calder-Pirie	Ryde	4.22m
11	Lily Scahill	Nth Rocks Carlin	J4.22m
12	Kate Shepherd	Parramatta	4.16m
12	Sophia Read	Ryde	4.16m
14	Matilda Clement	Ku-Ring-Gai	3.91m

Girls U 9 - Shot Put (2.0 Kg)

=====			
Region: R 8.59m		17/02/2018	Tayla Moore, Cherrybrook
State: S 9.23m		1/03/2014	Maliyah Osbaldiston, Bankstow
Name	Age	Centre	Final
=====			
1	Tayla Moore	Cherrybrook	8.59mR
2	Zoe Tamsett	Hornsby	6.37m
3	Alice Hancock	Manly Warringah	6.06m
4	Nehara De Mel	Ku-Ring-Gai	5.99m
5	Tepaea Simpkins	Northern Districts	5.57m
6	Makayla Ariyan	Hornsby	5.53m
7	Mikayla Duncombe	Ryde	5.42m
8	Fiorella Collins	Mosman	5.38m
8	Maddison Minard	Nth Rocks Carlin	5.38m
10	Natasha Flahey	Cherrybrook	5.21m
11	Tayler McLeod	Ku-Ring-Gai	4.67m
12	Flora Pagotto Scomparim	Ryde	4.53m
13	Stella White	Parramatta	4.39m
14	Sophia Maurer	Manly Warringah	4.36m
--	Scarlett Couch	Mosman	FOUL

Girls U 10 - Shot Put (2.0 Kg)

=====			
Region: R 10.90m		19/02/2006	Taylah Sengul, Winston Hills
State: S 11.92m		19/02/2006	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Tianna Bertolissio	Parramatta	7.74m
2	Elisabeth Pulis	Manly Warringah	7.61m
3	Amelia Boccabella	Ryde	7.35m
4	Annabelle Stewart	Ku-Ring-Gai	7.01m
5	Gemma McIntosh	Ku-Ring-Gai	6.75m
6	Fenella Burns	Mosman	6.29m
7	Emily Govers	Northern Suburbs	6.28m
8	Millie Richter	Ku-Ring-Gai	6.16m
9	Harlow Wigley	Ku-Ring-Gai	5.78m
10	Charlotte Woods	Nth Rocks Carlin	5.63m

Results**....Girls U 10 - Shot Put (2.0 Kg)**

11 Heidi Williams	Manly Warringah	5.54m
12 Zara Murray	Northern Suburbs	5.34m
13 Caitlin Gurney	Cherrybrook	4.51m

Girls U 11 - Shot Put (2.0 Kg)

=====			
Region: R 12.71m 17/02/2007 Samantha Farrant, Gosford			
State: S 14.07m 18/03/2007 Filoi Aokuso, Blacktown			
Name	Age	Centre	Final
=====			
1 Jessica Johnston		Ryde	9.06m
2 Sienna Brett		Ku-Ring-Gai	8.59m
3 Isabella Barbara		Ryde	8.40m
4 Eliza Matthews		Nth Rocks Carlin	8.38m
5 Sarah Lovell		Ku-Ring-Gai	7.77m
6 Sophie Radcliffe		Northern Suburbs	7.61m
7 Isabelle Cruickshank		Northern Districts	7.60m
8 Skye Mahony		Nth Rocks Carlin	7.44m
9 Louise Lovell		Ku-Ring-Gai	7.09m
10 Amelia Watkins		Ku-Ring-Gai	7.03m
11 Amelia Nagy		Nth Rocks Carlin	7.00m
12 Paige Walton		Northern Districts	6.61m
13 Olivia Pugh		Manly Warringah	6.51m

Girls U 12 - Shot Put (2.0 Kg)

=====			
Region: R 16.12m 17/02/2008 Taylah Sengul, Winston Hills			
State: S 16.19m 20/03/1988 Kylie Standing, Bankstown			
Name	Age	Centre	Final
=====			
1 Elianna Hemakumara		Parramatta	11.77m
2 Livinia Williams		Manly Warringah	11.46m
3 Phoebe Riley		Ku-Ring-Gai	10.62m
4 Jessica Coppolelli		Cherrybrook	10.01m
5 Ella Gibbons		Northern Districts	9.96m
6 Natasha Fairhall		Ryde	9.68m
7 Caitlin Dickinson		Manly Warringah	9.55m
8 Aliana Moala		Ryde	9.18m
9 Shayla Gleeson		Northern Districts	8.69m
10 Abbey LE Lievre		Northern Districts	8.60m
11 Jessica Walton		Northern Districts	8.26m
12 Caitlin Burgess		Ku-Ring-Gai	7.24m
13 Ziggy Leong		Northern Suburbs	6.23m

Girls U 13 - Shot Put (3.0 Kg)

=====			
Region: R 14.23m 22/02/2009 Taylah Sengul, Winston Hills			
State: S 14.95m 24/03/2012 Grace Robinson, St George			
Name	Age	Centre	Final
=====			
1 Brianna Worsfold		Ku-Ring-Gai	12.21m
2 Emma Polikowski		Manly Warringah	10.98m
3 Samantha Hardingham		Northern Suburbs	10.12m
4 Scarlet Brett		Ku-Ring-Gai	9.64m
5 Caitlin Waldron		Nth Rocks Carlin	9.57m
6 Amelia Daunt		Mosman	9.43m
7 Georgia Spanswick		Ku-Ring-Gai	8.89m

Results**....Girls U 13 - Shot Put (3.0 Kg)**

8	Lily Tilt	Nth Rocks Carlin	8.48m
9	Felicity Stewart	Ku-Ring-Gai	8.15m
10	Charlise Sully	Manly Warringah	7.81m
11	Holly Calder-Pirie	Ryde	7.77m
12	Anna Lazarevic	Parramatta	7.77m
13	Sofia Gately	Nth Rocks Carlin	7.44m
14	Kaitlyn Langridge	Ku-Ring-Gai	7.11m
15	Thinaya Jayasinghe	Parramatta	7.05m

Girls U 14 - Shot Put (3.0 Kg)

=====			
Region: R 14.67m 27/02/2010 Taylah Sengul, WInston Hills			
State: S 15.94m 22/03/2013 Grace Robinson, St George			
Name	Age	Centre	Final
=====			
1	Jessica Maciver	Ku-Ring-Gai	11.48m
2	Bronte Hodson	Northern Suburbs	10.84m
3	Summer Enasio	Northern Districts	9.96m
4	Anna Kely	Cherrybrook	9.91m
5	Zara Warland	Hornsby	8.83m
6	Rebecca Moore	Northern Suburbs	8.56m
7	Amber Williams	Manly Warringah	7.95m
8	Alana Shehadie	Parramatta	7.14m
9	Cassandra Keller	Manly Warringah	6.86m
10	Emily Gathercole	Nth Rocks Carlin	6.62m

Girls U 15 - Shot Put (3.0 Kg)

=====			
Region: R 14.00m 2000 B Johnson, Northern Suburbs			
State: S 15.25m 16/02/2014 Grace Robinson, St George			
Name	Age	Centre	Final
=====			
1	Jada Powell	Ku-Ring-Gai	11.39m
2	Hannah Morgan	Northern Suburbs	11.00m
3	Madison Sloane	Parramatta	10.04m
4	Annabelle Rodgers	Northern Districts	9.85m
5	MACKENZIE Williams	Northern Districts	9.13m
6	Rachel Fairhall	Ryde	8.89m
7	Olivia Dyer	Ryde	8.77m
8	Emily Hatfield	Manly Warringah	8.14m
9	Alyssa Lamprianidis	Nth Rocks Carlin	7.51m
10	Scarlett Prowse	Cherrybrook	7.46m
11	Jessica Smith	Manly Warringah	7.09m

Girls U 17 - Shot Put (3.0 Kg)

=====			
Region: R 13.57m 14/02/2016 Josephine Ritchie, Manly War			
State: S 16.29m 18/02/2012 Taylah Sengul, Nepean			
Name	Age	Centre	Final
=====			
1	Georgia Duncan	Manly Warringah	11.76m
2	Isabel McCarthy	Northern Suburbs	10.84m
3	Alannah Kuka	Nth Rocks Carlin	10.32m
4	Gemma Lapsley	Ku-Ring-Gai	9.96m
5	Lauren Brown	Northern Suburbs	9.36m
6	Ashleigh O'Keefe	Parramatta	9.22m
7	Jasmine Bonomi	Manly Warringah	8.69m

Results**....Girls U 17 - Shot Put (3.0 Kg)**

8	Victoria Cullen	Cherrybrook	8.52m
9	Christina Lamprianidis	Nth Rocks Carlin	7.85m
10	Tara Mapstone	Manly Warringah	7.69m

Girls U 8 - Discus (500 Gram)

=====			
Region: R 24.09m		21/02/2004	Taylah Sengul, Winston Hills
State: S 24.42m		23/11/2003	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Millie Buxton	Manly Warringah	15.03m
2	Nisini RajapakshaMudiyan	Cherrybrook	14.51m
3	Rachel Fenson	Nth Rocks Carlin	14.48m
4	Michaela Dickinson	Manly Warringah	13.81m
5	Evana Butler	Nth Rocks Carlin	13.51m
6	Eve Clark	Hornsby	12.72m
7	Sophia Tsaousidis	Hornsby	11.07m
8	Sophia Read	Ryde	11.00m
9	Lucy Jones	Ku-Ring-Gai	10.84m
10	Cara Calder-Pirie	Ryde	10.80m
11	Juliette Harvey	Northern Suburbs	10.16m
12	Lily Scahill	Nth Rocks Carlin	9.31m
13	Claudia Wyatt	Ku-Ring-Gai	8.82m
14	Sophia Paz	Manly Warringah	8.50m
15	Isabelle Green	Ku-Ring-Gai	8.35m

Girls U 9 - Discus (500 Gram)

=====			
Region: R 27.23m		15/02/2005	Taylah Sengul, Winston Hills
State: S 31.22m		28/11/2004	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Tayla Moore	Cherrybrook	22.86m
2	Natasha Flahey	Cherrybrook	18.66m
3	Chanel Charles	Ku-Ring-Gai	15.83m
4	Fiorella Collins	Mosman	15.53m
5	Mia Stewart	Cherrybrook	15.40m
6	Mikayla Duncombe	Ryde	15.40m
7	Alice Hancock	Manly Warringah	14.52m
8	Greer Woodbury	Manly Warringah	13.11m
9	Bronte Tonkin	Northern Districts	12.59m
10	Zara Villacorta	Manly Warringah	12.50m
11	Zoe Tamsett	Hornsby	11.65m
12	Leela Appleby	Parramatta	11.62m
13	Flora Pagotto Scomparim	Ryde	11.61m
14	Philippa Brown	Northern Suburbs	11.11m
15	Makayla Ariyan	Hornsby	10.99m

Girls U 10 - Discus (500 Gram)

=====			
Region: R 34.57m		18/02/2006	Taylah Sengul, Winston Hills
State: S 37.22m		16/03/1985	Michelle Haage, Bankstown
Name	Age	Centre	Final
=====			
1	Elisabeth Pulis	Manly Warringah	25.32m
2	Summer Sivaraj	Ku-Ring-Gai	21.98m
3	Rithaja Sankaran	Nth Rocks Carlin	20.59m

Results**....Girls U 10 - Discus (500 Gram)**

4	Annabelle Stewart	Ku-Ring-Gai	19.24m
5	Emily Govers	Northern Suburbs	19.02m
6	Caitlin Gurney	Cherrybrook	18.75m
7	Gemma McIntosh	Ku-Ring-Gai	18.11m
8	Lara Boccabella	Ryde	17.30m
9	Heidi Williams	Manly Warringah	J17.30m
10	Tianna Bertolissio	Parramatta	15.76m
11	Madison Nolan	Manly Warringah	15.46m
12	Alisha Quirke	Northern Districts	13.94m
13	Amelia Boccabella	Ryde	10.08m
--	Olivia Vecchio	Mosman	FOUL
--	Jessica Roberts	Hornsby	FOUL
--	Zara Murray	Northern Suburbs	FOUL

Girls U 11 - Discus (750 Gram)

=====			
Region: R 35.18m 18/02/2007 Taylah Sengul, Winston Hills			
State: S 39.03m 7/03/2010 Grace Robinson, St George			
Name	Age	Centre	Final
=====			
1	Sienna Brett	Ku-Ring-Gai	21.63m
2	Jayde Root	Manly Warringah	20.76m
3	Emily Jackson	Parramatta	19.68m
4	Sophie Radcliffe	Northern Suburbs	19.67m
5	Jessica Johnston	Ryde	19.50m
6	Jamie Hawker	Manly Warringah	19.42m
7	Amelia Nagy	Nth Rocks Carlin	17.39m
8	Maia Madden-Khan	Ku-Ring-Gai	16.30m
9	Ellia Nordensom	Manly Warringah	15.82m
10	Claudia Barlow	Ryde	15.80m
11	Catrine Atherton	Manly Warringah	15.17m
12	Iolanthe Green	Mosman	14.86m
13	Macda Berhane	Parramatta	13.36m

Girls U 12 - Discus (750 Gram)

=====			
Region: R 43.10m 16/02/2008 Taylah Sengul, Winston Hills			
State: S 46.19m 15/03/2008 Filoi Aokuso, Blacktown			
Name	Age	Centre	Final
=====			
1	Ella Gibbons	Northern Districts	31.55m
2	Jessica Coppolelli	Cherrybrook	30.38m
3	Elianna Hemakumara	Parramatta	29.87m
4	Caitlin Dickinson	Manly Warringah	25.19m
5	Natasha Fairhall	Ryde	21.80m
6	Maddison Duncombe	Ryde	21.46m
7	Jessica Peterson	Parramatta	20.69m
8	Nicole Pitchfork	Parramatta	19.85m
9	Caitlin Burgess	Ku-Ring-Gai	18.72m
10	Shayla Gleeson	Northern Districts	17.97m
11	Jessica Walton	Northern Districts	16.95m
12	Cameron Gurry	Northern Suburbs	16.88m
13	Charlotte Lafford	Hornsby	16.12m
14	Katelyn Johnson	Parramatta	15.16m

Results**Girls U 13 - Discus (750 Gram)**

=====			
Region: R 46.71m		21/02/2009	Taylah Sengul, Winston Hills
State: S 49.57m		20/03/2009	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1 Brianna Worsfold		Ku-Ring-Gai	42.90m
2 Charlise Sully		Manly Warringah	30.80m
3 Samantha Hardingham		Northern Suburbs	29.04m
4 Holly Calder-Pirie		Ryde	27.95m
5 Amelia Daunt		Mosman	26.59m
6 Giuliana Panozzo		Northern Suburbs	26.33m
7 Felicity Stewart		Ku-Ring-Gai	25.74m
8 Caitlin Waldron		Nth Rocks Carlin	23.92m
9 Scarlet Brett		Ku-Ring-Gai	21.94m
10 Georgia Spanswick		Ku-Ring-Gai	21.52m
11 Sarah Hughes-Narborough		Northern Districts	20.94m
12 Breanna Hartmann		Ryde	20.90m
13 Mikayla Kelleher		Ryde	16.57m

Girls U 14 - Discus (1.0 Kg)

=====			
Region: R 42.86m		27/02/2010	Taylah Sengul, Winston Hills
State: S 45.39m		20/03/2016	Sally Shokry, Hills District
Name	Age	Centre	Final
=====			
1 Bronte Hodson		Northern Suburbs	32.22m
2 Zara Warland		Hornsby	25.81m
3 Anna Kely		Cherrybrook	23.94m
4 Rebecca Moore		Northern Suburbs	23.58m
5 Monique Hore		Northern Suburbs	23.52m
6 Caitlin Rodriguez		Parramatta	23.27m
7 Summer Enasio		Northern Districts	23.21m
8 Saskia Scholle		Ku-Ring-Gai	22.54m

Girls U 15 - Discus (1.0 Kg)

=====			
Region: R 46.12m		14/02/2015	Kristina Moore, Cherrybrook
State: S 48.18m		29/11/1995	Katrina Steele, Springwood
Name	Age	Centre	Final
=====			
1 Kate Peterson		Parramatta	35.91m
2 Jada Powell		Ku-Ring-Gai	34.33m
3 Hannah Morgan		Northern Suburbs	30.98m
4 Annabelle Rodgers		Northern Districts	27.21m
5 Freya Carley		Manly Warringah	25.54m
6 Sophie Vaughan		Parramatta	23.27m
7 Rachel Fairhall		Ryde	21.51m
8 Laura Quinn		Mosman	18.35m
9 Alyssa Lampryanidis		Nth Rocks Carlin	18.04m
10 Emily Hatfield		Manly Warringah	17.54m

Girls U 17 - Discus (1.0 Kg)

=====			
Region: R 39.36m		16/02/2013	Maddy Bergfield, RYDE
State: S 48.65m		17/02/2012	Taylah Sengul, Nepean
Name	Age	Centre	Final
=====			
1 Amy Polikowski		Manly Warringah	32.92m

Results**....Girls U 17 - Discus (1.0 Kg)**

2	Isabel McCarthy	Northern Suburbs	29.78m
3	Tamara KowczRosinke	Northern Suburbs	27.30m
4	Victoria Cullen	Cherrybrook	25.29m
5	Gemma Lapsley	Ku-Ring-Gai	21.24m
6	Alannah Kuka	Nth Rocks Carlin	21.21m
7	Sara Kely	Cherrybrook	15.74m

Girls U 11 - Javelin (400 Gram)

Region: R 23.70m 17/02/2018 Isabelle Cruickshank, Northe
State: S 27.17m 20/03/2016 Amelia Mcilwaine, Hills Dist

Name	Age	Centre	Final
------	-----	--------	-------

1	Isabelle Cruickshank	Northern Districts	23.70mR
2	Jessica Johnston	Ryde	21.00m
3	Elise Oliver	Northern Districts	18.24m
4	Amelia Nagy	Nth Rocks Carlin	17.70m
5	Sienna Gleeson	Northern Districts	16.04m
6	Sienna Brett	Ku-Ring-Gai	15.60m
7	Skye Mahony	Nth Rocks Carlin	14.70m
8	Elise Murray	Parramatta	12.60m
9	Sophie Cribb	Hornsby	11.68m
10	April Billington	Manly Warringah	11.26m
11	Claudia Barlow	Ryde	10.92m
12	Mia Sams	Manly Warringah	10.58m
13	Ashlee O'Reilly	Manly Warringah	10.16m

Girls U 12 - Javelin (400 Gram)

Region: R 30.70m 15/02/2014 Amie Bowrey, Cherrybrook
State: S 34.42m 21/03/2015 Lianna Davidson, Kurrajong B

Name	Age	Centre	Final
------	-----	--------	-------

1	Elianna Hemakumara	Parramatta	30.16m
2	Natasha Fairhall	Ryde	22.48m
3	Alice MacNamara	Ku-Ring-Gai	21.26m
4	Nicole Pitchfork	Parramatta	20.52m
5	Jessica Peterson	Parramatta	20.02m
6	Caitlin Dickinson	Manly Warringah	19.44m
7	Isabelle Nilon	Nth Rocks Carlin	18.76m
8	Katelyn Johnson	Parramatta	17.90m
9	Stella Whitaker	Nth Rocks Carlin	16.60m
10	Bella Kachel	Hornsby	16.58m
11	Sienna Villacorta	Manly Warringah	16.38m
12	Jessica Coppolelli	Cherrybrook	15.76m
13	Charlotte Lafford	Hornsby	14.46m
14	Shayla Gleeson	Northern Districts	13.80m
15	Sienna Smith	Hornsby	11.78m

Girls U 13 - Javelin (400 Gram)

Region: R 44.37m 21/02/2009 Taylah Sengul, Winston Hills
State: S 45.91m 22/03/2009 Taylah Sengul, Winston Hills

Name	Age	Centre	Final
------	-----	--------	-------

1	Emma Polikowski	Manly Warringah	29.04m
2	Sophie Kavanagh	Nth Rocks Carlin	26.42m

Results**....Girls U 13 - Javelin (400 Gram)**

3	Sofia Gately	Nth Rocks Carlin	25.02m
4	Amelia Daunt	Mosman	24.02m
5	Caitlin Waldron	Nth Rocks Carlin	23.84m
6	Felicity Stewart	Ku-Ring-Gai	23.60m
7	Georgia Spanswick	Ku-Ring-Gai	22.98m
8	Anna Lazarevic	Parramatta	22.76m
9	Elizabeth Thompson	Parramatta	16.28m
10	Thinaya Jayasinghe	Parramatta	11.54m
11	Breanna Hartmann	Ryde	11.14m

Girls U 14 - Javelin (400 Gram)

=====			
Region: R 38.01m 13/02/2016 Amie Bowrey, Cherrybrook			
State: S 41.78m 23/03/2013 Madeline Warburton, Leeton			
Name	Age	Centre	Final
=====			
1	Bronte Hodson	Northern Suburbs	33.36m
2	Amber Williams	Manly Warringah	28.74m
3	Anna Kely	Cherrybrook	27.64m
4	Saskia Scholle	Ku-Ring-Gai	26.86m
5	Cassandra Keller	Manly Warringah	22.82m

Girls U 15 - Javelin (500 Gram)

=====			
Region: R 42.06m 14/02/2016 Brooke East, Manly Warringah			
State: S 42.18m 25/03/2012 Alysha Burnett, Northern Dis			
Name	Age	Centre	Final
=====			
1	Kate Peterson	Parramatta	35.88m
2	Madison Sloane	Parramatta	29.92m
3	Tarsha Wayne	Ryde	29.30m
4	Portia Amy-Wilson	Ryde	27.22m
5	Hannah Morgan	Northern Suburbs	27.16m
6	Rachel Fairhall	Ryde	25.42m
7	MACKENZIE Williams	Northern Districts	24.86m
8	Sophie Vaughan	Parramatta	22.86m
9	Emily Hatfield	Manly Warringah	20.56m
10	Annabelle Rodgers	Northern Districts	19.60m
11	Jessica Smith	Manly Warringah	17.96m
12	Prudence Silver	Northern Districts	17.40m

Girls U 17 - Javelin (500 Gram)

=====			
Region: R 40.34m 17/02/2018 Brooke East, Manly Warringah			
State: S 43.09m 19/03/2016 Madeline Warburton, Leeton			
Name	Age	Centre	Final
=====			
1	Brooke East	Manly Warringah	40.34mR
2	Victoria Cullen	Cherrybrook	31.98m
3	Gemma Lapsley	Ku-Ring-Gai	31.72m
4	Emily Ralph	Ryde	29.22m
5	Tamara KowczRosinke	Northern Suburbs	29.04m
6	Alannah Kuka	Nth Rocks Carlin	28.72m
7	Lauren Brown	Northern Suburbs	26.98m
8	Ashleigh O'Keefe	Parramatta	22.94m

Results**Girls U 9 - 700 Metre Walk**

=====				
Region:	R 3:27.40	22/02/2004	Amy Bettiol, Manly Warringah	
State:	S 3:21.70	21/03/1999	Natasha Agius, Nepean	
Name	Age	Centre	Final	
=====				
Section 1				
1	Natasha	Flahey	Cherrybrook	3:49.86
2	Zara	Villacorta	Manly Warringah	3:52.66
3	Mia	Stewart	Cherrybrook	3:53.11
4	Zoe	Murphy	Ku-Ring-Gai	4:16.67
5	Claudia	Palmer	Manly Warringah	4:17.44
6	Matilda	Webb	Ryde	4:30.03
7	Philippa	Brown	Northern Suburbs	4:50.82
8	Piper	Fyffe	Ku-Ring-Gai	4:51.85
9	Gabriella	Connell	Cherrybrook	4:57.97
10	Amelie	Brooks	Mosman	5:05.41
11	Ellie	Stephen	Nth Rocks Carlin	5:05.67
12	Abigail	Gathercole	Nth Rocks Carlin	5:13.60
13	Georgina	Fife	Ku-Ring-Gai	5:21.37
14	Audrey	Venning	Northern Suburbs	5:34.49

Girls U 10 - 1100 Metre Walk

=====				
Region:	R 5:42.80	18/02/2007	Tayla-Paige Billington, Man	
State:	S 5:21.20	21/03/2004	Kini Chapple, Nepean	
Name	Age	Centre	Final	
=====				
1	Chloe	Lamb	Manly Warringah	5:47.59
2	Grace	Beck	Ku-Ring-Gai	5:55.57
3	Zoe	Woods	Ku-Ring-Gai	6:06.95
4	Annabelle	Stewart	Ku-Ring-Gai	6:27.67
5	Grace	Harkin	Northern Suburbs	6:30.47
6	Abbie	Merifield	Ryde	6:37.19
7	Jimena	Blanco	Manly Warringah	6:54.86
8	Summer	Sivaraj	Ku-Ring-Gai	7:01.66
9	Sacha	Root	Manly Warringah	7:14.13
10	Jade	Rollo	Parramatta	7:55.83
11	Aaliyah	Grebert	Cherrybrook	8:09.28
12	Ava	Moore	Cherrybrook	8:48.47
--	Caitlin	Gurney	Cherrybrook	DQ

Girls U 11 - 1100 Metre Walk

=====				
Region:	R 5:23.40	28/02/2010	Jasmyn McDonald, Parramatta	
State:	S 5:01.30	20/03/2005	Kini Chapple, Nepean	
Name	Age	Centre	Final	
=====				
1	April	Billington	Manly Warringah	5:45.29
2	Carissa	Smyth	Manly Warringah	6:05.71
3	Sarah	Lovell	Ku-Ring-Gai	6:06.02
4	Ellia	Nordensom	Manly Warringah	6:25.51
5	Louise	Lovell	Ku-Ring-Gai	6:33.09
6	Lucy	Proszenko	Ryde	6:44.37
7	Emily	Stewart	Ku-Ring-Gai	7:14.41
8	Lara	Klarich	Ryde	7:36.12
9	Annika	Lee	Northern Suburbs	7:48.76
10	Isabella	Primrose	Nth Rocks Carlin	8:23.55
--	Amelia	Watkins	Ku-Ring-Gai	DQ

Results**Girls U 12 - 1500 Metre Walk**

=====			
Region: R 7:19.05		17/02/2013	Eliza De Laine, Northern Su
State: S 6:38.70		20/03/1994	Renee McAskill, Nepean
Name	Age	Centre	Final
=====			
1	Chloe	Krklinski Parramatta	8:02.86
2	Isabelle	Nilon Nth Rocks Carlin	8:17.99
3	Alejandra	Blanco Manly Warringah	8:25.31
4	Ava	Luxford Ku-Ring-Gai	9:03.42
5	Jemma	Chamberlain Ryde	9:35.82
6	Georgia	Aucherlonie Manly Warringah	9:40.45
7	Nicole	Pitchfork Parramatta	9:48.25
8	Kaiya	Grebert Cherrybrook	9:48.93
9	Natasha	Poschalk Manly Warringah	10:39.71
10	Chloe	Watson Manly Warringah	11:44.99

Girls U 13 - 1500 Metre Walk

=====			
Region: R 7:01.80		12/02/2017	Elizabeth McMillen, Manly W
State: S 6:35.30		19/03/2006	Shannon Jennings, Nepean
Name	Age	Centre	Final
=====			
1	Emma	Thomas Parramatta	7:39.47
2	Tara	Laytham Manly Warringah	7:44.66
3	Alannah	Hickson Ku-Ring-Gai	8:20.63
4	Jesse	Hartmann Ryde	10:11.71
5	Courtney	Mavin Ku-Ring-Gai	10:20.32
6	Alessandra	Primrose Nth Rocks Carlin	11:32.86
7	Caitlin	Waldron Nth Rocks Carlin	11:47.21

Girls U 14 - 1500 Metre Walk

=====			
Region: R 6:52.04		17/02/2013	Jasmyn McDonald, Parramatta
State: S 6:15.40		17/03/1996	Renee McAskill, Nepean
Name	Age	Centre	Final
=====			
1	Elizabeth	McMillen Manly Warringah	7:33.14
2	Olivia	Thomson Manly Warringah	7:42.30
3	Arienna	Grebert Cherrybrook	9:04.99
4	Saskia	Scholle Ku-Ring-Gai	9:11.94

Girls U 15 - 1500 Metre Walk

=====			
Region: R 6:53.10		19/02/2006	Melissa Hayes, Kings Langle
State: S 6:24.20		16/03/1997	Renee McAskill, Doonside
Name	Age	Centre	Final
=====			
1	Hannah	Parker Manly Warringah	7:53.19
2	Imogen	Steele Northern Suburbs	7:56.33
3	Olivia	Dyer Ryde	8:41.02
4	Kelly	Chapman Cherrybrook	9:23.28
5	Prudence	Silver Northern Districts	10:33.55

Results**Girls U 17 - 1500 Metre Walk**

Name	Age	Centre	Final
=====			
Region: R	6:52.69	15/02/2015	Jasmyn Mc Donald, Parramatt
State: S	6:41.91	23/03/2014	Jasmine Dighton, Lethbridge
Name	Age	Centre	Final
=====			
1 Lily Johnston		Ku-Ring-Gai	8:02.04
2 Ainslie Brown		Northern Suburbs	9:03.81
3 Victoria Cullen		Cherrybrook	9:20.47
4 Julia Baxter		Hornsby	12:52.79

Boys U 8 - 70 Metre Sprint

Name	Age	Centre	Heats
=====			
Region: R	10.60	19/02/2006	Jordan Shelley, Hills Distric
State: S	10.34	11/03/1978	Tim Harper, Weston Creek
State: S	10.34	11/03/1978	Mark Lever, Hornsby
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Hugo Stewart		Mosman	10.99Q
2 Jack Procter		Ku-Ring-Gai	11.10Q
3 Byron Borchert		Manly Warringah	11.17Q
4 Cooper Kebblewhite		Northern Suburbs	11.57q
5 Cooper Shanahan		Parramatta	11.75
6 Oliver Leivesley		Nth Rocks Carlin	11.82
Heat 2 Heats			
1 Zak Evans		Northern Suburbs	11.16Q
2 Fredrick Chidambaram		Manly Warringah	11.21Q
2 Oscar Sleep		Manly Warringah	11.21Q
4 Aarush Anandh		Cherrybrook	11.22q
5 Adrian Kwan		Ku-Ring-Gai	11.64
6 Angus Edwards		Northern Suburbs	11.83
7 Hugo Bragg		Ryde	12.10

Boys U 8 - 70 Metre Sprint

Name	Age	Centre	Final
=====			
Region: R	10.60	19/02/2006	Jordan Shelley, Hills Distric
State: S	10.34	11/03/1978	Tim Harper, Weston Creek
State: S	10.34	11/03/1978	Mark Lever, Hornsby
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Jack Procter		Ku-Ring-Gai	11.18
2 Hugo Stewart		Mosman	11.21
3 Zak Evans		Northern Suburbs	11.51
4 Oscar Sleep		Manly Warringah	11.60
5 Byron Borchert		Manly Warringah	11.64
6 Aarush Anandh		Cherrybrook	11.71
7 Fredrick Chidambaram		Manly Warringah	11.87
8 Cooper Kebblewhite		Northern Suburbs	12.00

Results**Boys U 9 - 70 Metre Sprint**

Name	Age	Centre	Heats
Region: R	10.00	2000	Michael Oldfield, Manly Warri
State: S	9.94	22/03/1998	John Grant, Canowindra
State: S	9.94	20/02/2000	Daniel Perkins, Sutherland
State: S	9.94	19/03/2000	Michael Oldfield, Manly Warri
State: S	9.94	18/03/2007	Benjamin Alessio, St George

Heat 1 Heats

1	Joel Daily	Mosman	10.46Q
2	Andres Hampel	Northern Suburbs	10.57Q
3	Mason Rawhiti	Cherrybrook	10.76Q
4	Alex Savage	Northern Suburbs	11.00q
5	KaiZhe Tan	Northern Suburbs	11.10q
6	Max Dennett	Ku-Ring-Gai	11.25

Heat 2 Heats

1	Jimmy Thebridge	Ku-Ring-Gai	10.44Q
2	Wol Albino	Hornsby	10.79Q
3	Julien Emmerson	Ryde	11.05Q
4	Oskar Berglund	Manly Warringah	11.38

Boys U 9 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R	10.00	2000	Michael Oldfield, Manly Warri
State: S	9.94	22/03/1998	John Grant, Canowindra
State: S	9.94	20/02/2000	Daniel Perkins, Sutherland
State: S	9.94	19/03/2000	Michael Oldfield, Manly Warri
State: S	9.94	18/03/2007	Benjamin Alessio, St George

Section 1 Final

1	Jimmy Thebridge	Ku-Ring-Gai	10.74
2	Joel Daily	Mosman	10.77
3	Andres Hampel	Northern Suburbs	10.85
4	Wol Albino	Hornsby	11.09
5	Mason Rawhiti	Cherrybrook	11.25
6	KaiZhe Tan	Northern Suburbs	11.41
7	Alex Savage	Northern Suburbs	11.45
8	Julien Emmerson	Ryde	11.47

Boys U 10 - 70 Metre Sprint

Name	Age	Centre	Heats
Region: R	9.50	2000	Joshua Mulligan, Gosford
State: S	9.54	20/03/1999	Christopher Lawrence, Campbel
State: S	9.54	19/03/2000	Josh Mulligan, Gosford

Heat 1 Heats

1	Ethan Grimshaw	Manly Warringah	10.05Q
2	Brody Folkes	Mosman	10.15Q
3	Harry Sexton	Manly Warringah	10.20Q
4	Brodie Shearer	Ku-Ring-Gai	10.23q
5	Dominic Lee	Northern Suburbs	10.66
6	Soliman Ibrahim	Ryde	10.87
7	William Perry	Nth Rocks Carlin	11.22

Heat 2 Heats

1	Lars Ackland	Ku-Ring-Gai	10.06Q
2	Cooper Rawhiti	Cherrybrook	10.11Q

Results

....Boys U 10 - 70 Metre Sprint

3	Leo Robinson	Manly Warringah	10.24Q
4	Kobe Moore	Cherrybrook	10.30q
5	Christopher Moala	Ryde	10.71
6	Lachlan Waldron	Parramatta	10.89
6	Dominic D'Souza	Hornsby	10.89
8	Aiden Wright	Ryde	10.95

Boys U 10 - 70 Metre Sprint

Region:	R	9.50	2000	Joshua Mulligan, Gosford
State:	S	9.54	20/03/1999	Christopher Lawrence, Campbel
State:	S	9.54	19/03/2000	Josh Mulligan, Gosford

Name	Age	Centre	Final
Section 1 Final			
1	Ethan Grimshaw	Manly Warringah	10.07
2	Brody Folkes	Mosman	10.08
3	Lars Ackland	Ku-Ring-Gai	10.14
4	Cooper Rawhiti	Cherrybrook	10.23
5	Brodie Shearer	Ku-Ring-Gai	10.30
6	Leo Robinson	Manly Warringah	10.46
7	Harry Sexton	Manly Warringah	10.48
8	Kobe Moore	Cherrybrook	10.54

Boys U 8 - 100 Metre Sprint

Region:	R	13.90	1995	J DeSilva, Winston Hills
State:	S	14.24	12/03/1978	Tim Harper, Weston Creek

Name	Age	Centre	Heats
Heat 1 Heats			
1	Hugo Stewart	Mosman	15.36Q
2	Jack Procter	Ku-Ring-Gai	15.38Q
3	Ewan Keep	Manly Warringah	15.79Q
4	Daniel Benoliel	Mosman	15.92q
5	Zak Evans	Northern Suburbs	16.01q
6	Jeffrey Benoliel	Mosman	16.32
7	Cooper Shanahan	Parramatta	16.90
Heat 2 Heats			
1	Rian Connors	Ku-Ring-Gai	15.40Q
2	Aarush Anandh	Cherrybrook	16.07Q
3	Oscar Sleep	Manly Warringah	16.08Q
4	Hamish Duggan	Cherrybrook	16.16
5	Joshua Kang	Ryde	16.26
6	Louie Poschalk	Manly Warringah	16.40
7	Benjamin Govers	Northern Suburbs	16.56
8	Oliver Leivesley	Nth Rocks Carlin	16.66

Boys U 8 - 100 Metre Sprint

Region:	R	13.90	1995	J DeSilva, Winston Hills
State:	S	14.24	12/03/1978	Tim Harper, Weston Creek

Name	Age	Centre	Final
Section 1 Final			
1	Hugo Stewart	Mosman	15.13
2	Rian Connors	Ku-Ring-Gai	15.27

Results**....Boys U 8 - 100 Metre Sprint**

3	Jack Procter	Ku-Ring-Gai	15.77
4	Daniel Benoliel	Mosman	16.05
4	Oscar Sleep	Manly Warringah	16.05
6	Zak Evans	Northern Suburbs	16.13
7	Ewan Keep	Manly Warringah	16.15
8	Aarush Anandh	Cherrybrook	16.46

Boys U 9 - 100 Metre Sprint

=====			
Region:	R 13.90	2000	Michael Oldfield, Manly Warri
State:	S 13.64	21/02/1998	Christopher Lawrence, Campbel
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Jimmy Thebridge	Ku-Ring-Gai	14.81Q
2	Andres Hampel	Northern Suburbs	14.93Q
3	Mason Rawhiti	Cherrybrook	15.18Q
4	Joshua Smith	Ryde	15.33q
5	Oskar Berglund	Manly Warringah	15.93

Heat 2 Heats

1	Lachlan Booth	Cherrybrook	14.96Q
2	James Woods	Ryde	15.06Q
3	Wol Albino	Hornsby	15.16Q
4	Alex Savage	Northern Suburbs	15.31q
5	KaiZhe Tan	Northern Suburbs	15.39
6	Jake Fourie	Ku-Ring-Gai	15.43
7	Gerhardus Burger	Ku-Ring-Gai	15.56
8	Lennox Cleary	Manly Warringah	15.77

Boys U 9 - 100 Metre Sprint

=====			
Region:	R 13.90	2000	Michael Oldfield, Manly Warri
State:	S 13.64	21/02/1998	Christopher Lawrence, Campbel
Name		Age Centre	Final
=====			

Section 1 Final

1	Jimmy Thebridge	Ku-Ring-Gai	14.53
2	Andres Hampel	Northern Suburbs	14.91
3	James Woods	Ryde	14.98
4	Lachlan Booth	Cherrybrook	15.04
5	Joshua Smith	Ryde	15.26
6	Wol Albino	Hornsby	15.36
7	Mason Rawhiti	Cherrybrook	15.49
8	Alex Savage	Northern Suburbs	15.59

Boys U 10 - 100 Metre Sprint

=====			
Region:	R 13.30	2000	Joshua Mulligan, Gosford
State:	S 12.94	12/03/1978	Philip Provenzano, Randwick B
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Brody Folkes	Mosman	14.13Q
2	Lars Ackland	Ku-Ring-Gai	14.19Q
3	Brodie Shearer	Ku-Ring-Gai	14.38Q
4	Ethan Grimshaw	Manly Warringah	14.62q
5	Christopher Moala	Ryde	14.89

Results**....Boys U 10 - 100 Metre Sprint**

6 Finn Pereira	Mosman	15.52
7 James Archer	Northern Suburbs	15.80
8 Ethan Temelkovski	Northern Suburbs	15.83

Heat 2 Heats

1 Cooper Rawhiti	Cherrybrook	14.30Q
2 Kobe Moore	Cherrybrook	14.39Q
3 Leo Robinson	Manly Warringah	14.47Q
4 Oliver Nicol	Manly Warringah	14.51q
5 Dominic D'Souza	Hornsby	14.78
6 Aiden Wright	Ryde	15.14
7 Toby Middleton	Northern Suburbs	15.33

Boys U 10 - 100 Metre Sprint

=====			
Region:	R 13.30	2000	Joshua Mulligan, Gosford
State:	S 12.94	12/03/1978	Philip Provenzano, Randwick B
Name	Age	Centre	Final
=====			

Section 1 Final

1 Brody Folkes	Mosman	14.31
2 Lars Ackland	Ku-Ring-Gai	14.52
3 Cooper Rawhiti	Cherrybrook	14.63
4 Brodie Shearer	Ku-Ring-Gai	14.83
5 Kobe Moore	Cherrybrook	15.06
6 Ethan Grimshaw	Manly Warringah	15.08
7 Oliver Nicol	Manly Warringah	15.16
7 Leo Robinson	Manly Warringah	15.16

Boys U 11 - 100 Metre Sprint

=====			
Region:	R 13.04	17/02/2018	Dylan Hall, Ku-Ring-Gai
State:	S 12.64	12/03/1978	Robert Stanford, Nepean
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Dylan Hall	Ku-Ring-Gai	R 13.04Q
2 Matthew Gough	Nth Rocks Carlin	14.21Q
3 Oliver Edwards	Northern Suburbs	14.25Q
4 Llewyn Morrison	Northern Suburbs	14.34q
5 Jope Rauqe	Ryde	14.41
6 Lucas Kwan	Ku-Ring-Gai	14.43
7 Marco Boccaletti	Cherrybrook	14.44

Heat 2 Heats

1 Cooper Elkins	Manly Warringah	13.31Q
2 Prince Kamara	Manly Warringah	13.52Q
3 Boston Penfold	Ku-Ring-Gai	13.70Q
4 William Tye	Hornsby	13.90q
5 Christiaan Maritz	Manly Warringah	14.39
6 Charlie Mott	Mosman	14.49
7 Oliver McNicol	Nth Rocks Carlin	14.51
8 Zac El-Ekiabi	Cherrybrook	14.57

Results**Boys U 11 - 100 Metre Sprint**

=====			
Region:	R 13.04	17/02/2018	Dylan Hall, Ku-Ring-Gai
State:	S 12.64	12/03/1978	Robert Stanford, Nepean
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Dylan Hall	Ku-Ring-Gai	13.17
2	Cooper Elkins	Manly Warringah	13.35
3	Prince Kamara	Manly Warringah	13.55
4	William Tye	Hornsby	13.97
5	Boston Penfold	Ku-Ring-Gai	14.16
6	Llewyn Morrison	Northern Suburbs	14.43
7	Oliver Edwards	Northern Suburbs	14.69
8	Matthew Gough	Nth Rocks Carlin	14.99

Boys U 12 - 100 Metre Sprint

=====			
Region:	R 12.30	2005	Kane Thompson, Manly Warringa
State:	S 12.04	20/03/1999	Todd Shanahan, Macquarie Shor
State:	S 12.04	23/03/2013	James Roach, Randwick Botany
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lachlan Herbert	Ku-Ring-Gai	13.20Q
2	Jett Sully	Manly Warringah	13.36Q
3	Joshua Pozzolungo	Parramatta	14.11Q
4	Marcus Warner	Mosman	14.16q
5	Nicholas Bradshaw	Cherrybrook	14.23
6	Keian Murphy	Ryde	14.26
Heat 2 Heats			
1	Jacob Taylor	Nth Rocks Carlin	13.43Q
2	Lynden Wiesenhaan	Cherrybrook	14.11Q
3	George Srour	Ryde	14.12Q
4	Brodie Waldock	Ku-Ring-Gai	14.14q
5	Jesse Robinson	Cherrybrook	14.24
6	James Harden	Ku-Ring-Gai	14.34

Boys U 12 - 100 Metre Sprint

=====			
Region:	R 12.30	2005	Kane Thompson, Manly Warringa
State:	S 12.04	20/03/1999	Todd Shanahan, Macquarie Shor
State:	S 12.04	23/03/2013	James Roach, Randwick Botany
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jacob Taylor	Nth Rocks Carlin	13.13
2	Lachlan Herbert	Ku-Ring-Gai	13.19
3	Jett Sully	Manly Warringah	13.28
4	Lynden Wiesenhaan	Cherrybrook	13.72
5	Brodie Waldock	Ku-Ring-Gai	13.87
6	George Srour	Ryde	14.19
7	Joshua Pozzolungo	Parramatta	14.28
8	Marcus Warner	Mosman	14.48

Results

Boys U 13 - 100 Metre Sprint

```

=====
Region: R 11.70 17/02/2007 Nicholas Hough, Hills Distric
State: S 11.72 22/03/2014 James Roach, Randwick Botany
Name Age Centre Heats
=====
Heat 1 Heats
1 Ethan Quintana Northern Suburbs 12.25Q
2 Cormac Morrison Northern Suburbs 12.67Q
3 Rajan Ravinthran Nth Rocks Carlin 12.89q
4 LanceJoseph David Parramatta 13.61
5 Thomas Taylor-King Manly Warringah 13.82
6 Tama Simpkins Northern Districts 14.00
Heat 2 Heats
1 Joshua Gedz Manly Warringah 12.54Q
2 Aidan Jones Ku-Ring-Gai 13.31Q
3 Michael Ong Parramatta 13.84
4 Benjamin Stevens Ryde 14.05
5 Samiuela Moala Ryde 14.28
6 Corey Dewar Cherrybrook 15.04
Heat 3 Heats
1 Ajaiy Mohanraja Cherrybrook 12.30Q
2 Henry Roberts Mosman 12.88Q
3 Zachary Flynn Manly Warringah 13.14q
4 Albert Ingleton Mosman 13.64
5 Matthew Roberts Northern Districts 14.50
    
```

Boys U 13 - 100 Metre Sprint

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=====
Region: R 11.70 17/02/2007 Nicholas Hough, Hills Distric
State: S 11.72 22/03/2014 James Roach, Randwick Botany
Name Age Centre Final
=====
Section 1 Final
1 Ethan Quintana Northern Suburbs 12.30
2 Joshua Gedz Manly Warringah 12.41
3 Ajaiy Mohanraja Cherrybrook 12.61
4 Cormac Morrison Northern Suburbs 12.78
5 Rajan Ravinthran Nth Rocks Carlin 12.94
6 Aidan Jones Ku-Ring-Gai 13.23
7 Zachary Flynn Manly Warringah 13.33
8 Henry Roberts Mosman 13.35
    
```

Boys U 14 - 100 Metre Sprint

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=====
Region: R 11.20 1995 Scott Fraser, Manly Warringah
State: S 11.34 17/03/1996 Matthew Manns, Ingleburn RSL
State: S 11.34 15/03/2008 Nicholas Hough, Hills Distric
Name Age Centre Heats
=====
Heat 1 Heats
1 Riley Hemsworth Ku-Ring-Gai 11.52Q
2 Archie Saunders Manly Warringah 12.17Q
3 Jonathan Reid Cherrybrook 12.66q
4 Yianni Fotias Hornsby 12.83
5 Robbie Cullen Cherrybrook 12.89
6 Rishi Bajpai Nth Rocks Carlin 13.15
Heat 2 Heats
1 Donovan Bradshaw Cherrybrook 11.83Q
    
```

Results

....Boys U 14 - 100 Metre Sprint

2	Angus Ritchie	Manly Warringah	12.44Q
3	Savi Moala	Ryde	13.00
Heat 3 Heats			
1	Jason Ho	Northern Suburbs	12.21Q
2	Eli Sagala	Northern Districts	12.53Q
3	Fynn George	Manly Warringah	12.79q

Boys U 14 - 100 Metre Sprint

=====			
Region:	R 11.20	1995	Scott Fraser, Manly Warringah
State:	S 11.34	17/03/1996	Matthew Manns, Ingleburn RSL
State:	S 11.34	15/03/2008	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

Section 1 Final			
1	Riley Hemsworth	Ku-Ring-Gai	11.46
2	Donovan Bradshaw	Cherrybrook	11.52
3	Jason Ho	Northern Suburbs	12.10
4	Archie Saunders	Manly Warringah	12.18
5	Angus Ritchie	Manly Warringah	12.31
6	Eli Sagala	Northern Districts	12.57
7	Fynn George	Manly Warringah	12.58
8	Jonathan Reid	Cherrybrook	12.85

Boys U 15 - 100 Metre Sprint

=====			
Region:	R 10.70	21/02/2009	Nicholas Hough, Hills Distric
State:	S 10.84	21/03/2009	Nicholas Hough, Hills Distric
Name		Age Centre	Heats
=====			

Heat 1 Heats			
1	Jordan Metcalfe	Parramatta	11.72Q
2	Jett Tall	Ryde	11.90Q
3	Devan Senasinghe	Cherrybrook	12.20Q
4	Daniel Menin	Parramatta	12.56q
5	Alex Durheim	Cherrybrook	12.86
6	Andres RocoPenafiel	Cherrybrook	13.31
Heat 2 Heats			
1	Ewan Burns	Manly Warringah	11.84Q
2	Connor Bond	Ku-Ring-Gai	11.93Q
3	Oskar Enasio	Northern Districts	12.13Q
4	ryan crane	Manly Warringah	12.45q
5	Charlie Hamill	Manly Warringah	13.07
6	Luke Yin	Nth Rocks Carlin	13.24

Boys U 15 - 100 Metre Sprint

=====			
Region:	R 10.70	21/02/2009	Nicholas Hough, Hills Distric
State:	S 10.84	21/03/2009	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

Section 1 Final			
1	Ewan Burns	Manly Warringah	11.56
2	Jordan Metcalfe	Parramatta	11.77
3	Jett Tall	Ryde	11.82
4	Connor Bond	Ku-Ring-Gai	11.83
5	Oskar Enasio	Northern Districts	11.96

Results**....Boys U 15 - 100 Metre Sprint**

6	ryan crane	Manly Warringah	12.23
7	Devan Senasinghe	Cherrybrook	12.31
8	Daniel Menin	Parramatta	12.51

Boys U 17 - 100 Metre Sprint

=====			
Region:	R 11.07	16/02/2013	Joshua Swan, MOSMAN
State:	S 10.84	20/03/2010	Ben Jaworski, Cherrybrook
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Ellis Teudt	Manly Warringah	11.56Q
2	Alexander Willett	Manly Warringah	11.83Q
3	Jonathan Bell	Ku-Ring-Gai	11.88Q
4	Jack Wrightson	Manly Warringah	12.10q
5	Joshua Coppolelli	Cherrybrook	12.48q
6	James Leatherbarrow	Northern Suburbs	12.55q
7	Elie Shehadie	Parramatta	12.60q
8	James Swinton	Ku-Ring-Gai	12.66q
9	Harrison Carvell	Mosman	13.28q

Boys U 17 - 100 Metre Sprint

=====			
Region:	R 11.07	16/02/2013	Joshua Swan, MOSMAN
State:	S 10.84	20/03/2010	Ben Jaworski, Cherrybrook
Name		Age Centre	Final
=====			

Section 1 Final

1	Ellis Teudt	Manly Warringah	11.56
2	Alexander Willett	Manly Warringah	11.83
3	Jonathan Bell	Ku-Ring-Gai	11.88
4	Jack Wrightson	Manly Warringah	12.10
5	Joshua Coppolelli	Cherrybrook	12.48
6	James Leatherbarrow	Northern Suburbs	12.55
7	Elie Shehadie	Parramatta	12.60
8	James Swinton	Ku-Ring-Gai	12.66
9	Harrison Carvell	Mosman	13.28

Boys U 8 - 200 Metre Sprint

=====			
Region:	R 30.86	18/02/2018	Rian Conners, Ku-Ring-Gai
State:	S 30.74	22/02/1987	Greg Pill, Illawong
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Ewan Keep	Manly Warringah	32.32Q
2	Finn Bailey	Manly Warringah	32.44Q
3	Joshua Kang	Ryde	34.08Q
4	Hamish Duggan	Cherrybrook	34.10q
5	Oliver Leivesley	Nth Rocks Carlin	34.66q
6	Nicholas Klamer	Nth Rocks Carlin	35.59
7	Justin Guo	Nth Rocks Carlin	35.70
8	Adrian Kwan	Ku-Ring-Gai	36.48

Heat 2 Heats

1	Rian Conners	Ku-Ring-Gai	33.42Q
2	Jeffrey Benoliel	Mosman	34.26Q
3	Joshua Tilt	Nth Rocks Carlin	34.55Q

Results**....Boys U 8 - 200 Metre Sprint**

4	Hamish Webber	Ku-Ring-Gai	34.72
5	Benjamin Govers	Northern Suburbs	36.03
6	Aidan Donovan	Ku-Ring-Gai	36.40
7	Hugo Bragg	Ryde	37.59

Boys U 8 - 200 Metre Sprint

=====			
Region: R 30.86		18/02/2018	Rian Conners, Ku-Ring-Gai
State: S 30.74		22/02/1987	Greg Pill, Illawong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Rian Conners	Ku-Ring-Gai	30.86R
2	Ewan Keep	Manly Warringah	31.47
3	Finn Bailey	Manly Warringah	31.89
4	Joshua Kang	Ryde	33.59
5	Hamish Duggan	Cherrybrook	33.69
6	Joshua Tilt	Nth Rocks Carlin	33.70
7	Jeffrey Benoliel	Mosman	34.19
8	Oliver Leivesley	Nth Rocks Carlin	34.70

Boys U 9 - 200 Metre Sprint

=====			
Region: R 29.10		2002	Alexander Pettigrew, Hornsby
State: S 28.44		22/03/1975	Glen Murgatroyd, Campbelltown
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jimmy Thebridge	Ku-Ring-Gai	31.73Q
2	Joel Daily	Mosman	31.81Q
3	Lachlan Booth	Cherrybrook	32.63Q
4	Oskar Berglund	Manly Warringah	33.09
5	Samuel Wheeler	Ryde	33.38
6	Riley Grant	Mosman	33.51
7	Thom Bragg	Ryde	34.04
Heat 2 Heats			
1	Conrad Blackwell-Smith	Mosman	30.73Q
2	Andres Hampel	Northern Suburbs	31.56Q
3	James Woods	Ryde	32.39Q
4	Wol Albino	Hornsby	32.43q
5	Max Dennett	Ku-Ring-Gai	32.95q
6	Alex Savage	Northern Suburbs	33.08
7	Mason Rawhiti	Cherrybrook	34.50

Boys U 9 - 200 Metre Sprint

=====			
Region: R 29.10		2002	Alexander Pettigrew, Hornsby
State: S 28.44		22/03/1975	Glen Murgatroyd, Campbelltown
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jimmy Thebridge	Ku-Ring-Gai	30.16
2	Conrad Blackwell-Smith	Mosman	30.21
3	Joel Daily	Mosman	31.02
4	Andres Hampel	Northern Suburbs	31.08
5	James Woods	Ryde	32.13
6	Lachlan Booth	Cherrybrook	32.41

Results

....Boys U 9 - 200 Metre Sprint

7 Max Dennett	Ku-Ring-Gai	32.52
8 Wol Albino	Hornsby	32.72

Boys U 10 - 200 Metre Sprint

=====
 Region: R 27.50 2001 Justin Hayward, Manly Warringah
 State: S 26.94 11/03/1978 Chris Newman, Queanbeyan
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Brody Folkes	Mosman	29.24Q
2 Ethan Grimshaw	Manly Warringah	29.73Q
3 Samuel Kay	Ku-Ring-Gai	30.18Q
4 Kobe Moore	Cherrybrook	30.70q
5 Archie Hendry	Manly Warringah	31.39
6 Angus Hunt	Northern Suburbs	31.57
7 Liam Renshaw	Northern Suburbs	33.13
8 Rashaan Katapodi	Hornsby	33.35

Heat 2 Heats

1 Harry Sexton	Manly Warringah	29.81Q
2 Lars Ackland	Ku-Ring-Gai	29.89Q
3 Cooper Rawhiti	Cherrybrook	30.36Q
4 Oliver Stokeld	Manly Warringah	31.17q
5 Jamison Carre	Cherrybrook	31.51
6 Aiden Wright	Ryde	31.77
7 Lachlan Waldron	Parramatta	32.16

Boys U 10 - 200 Metre Sprint

=====
 Region: R 27.50 2001 Justin Hayward, Manly Warringah
 State: S 26.94 11/03/1978 Chris Newman, Queanbeyan
 Name Age Centre Final
 =====

Section 1 Final

1 Brody Folkes	Mosman	28.90
2 Ethan Grimshaw	Manly Warringah	29.19
3 Cooper Rawhiti	Cherrybrook	29.94
4 Samuel Kay	Ku-Ring-Gai	30.02
5 Harry Sexton	Manly Warringah	30.15
5 Lars Ackland	Ku-Ring-Gai	30.15
7 Kobe Moore	Cherrybrook	31.17

Boys U 11 - 200 Metre Sprint

=====
 Region: R 27.10 22/02/2004 Alexander Pettigrew, Parramat
 State: S 25.84 11/03/1978 Robert Stanford, Nepean
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Cooper Elkins	Manly Warringah	27.84Q
2 William Tye	Hornsby	28.82Q
3 Matthew Hunt	Northern Suburbs	29.46Q
4 Caleb Ashton	Ku-Ring-Gai	30.10
5 Marco Boccaletti	Cherrybrook	30.33
6 Oliver Edwards	Northern Suburbs	32.47

Heat 2 Heats

1 Dylan Hall	Ku-Ring-Gai	27.41Q
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Results

....Boys U 11 - 200 Metre Sprint

2	Prince Kamara	Manly Warringah	28.39Q
3	Boston Penfold	Ku-Ring-Gai	28.65Q
4	Christiaan Maritz	Manly Warringah	29.48q
5	Will Soden	Ku-Ring-Gai	29.66q
6	Lachlan Tilt	Nth Rocks Carlin	29.99
7	Oliver McNicol	Nth Rocks Carlin	31.71
8	Andrew Caramanis	Ryde	32.19

Boys U 11 - 200 Metre Sprint

Region: R 27.10 22/02/2004 Alexander Pettigrew, Parramat
 State: S 25.84 11/03/1978 Robert Stanford, Nepean

Name Age Centre Final

Section 1 Final

1	Cooper Elkins	Manly Warringah	27.84
2	Dylan Hall	Ku-Ring-Gai	27.85
3	Prince Kamara	Manly Warringah	28.32
4	William Tye	Hornsby	28.99
5	Boston Penfold	Ku-Ring-Gai	29.01
6	Christiaan Maritz	Manly Warringah	29.44
7	Matthew Hunt	Northern Suburbs	30.37
8	Will Soden	Ku-Ring-Gai	30.81

Boys U 12 - 200 Metre Sprint

Region: R 25.80 2005 Kane Thompson, Manly Warringa
 State: S 24.59 24/03/2013 James Roach, Randwick Botany

Name Age Centre Heats

Heat 1 Heats

1	Lachlan Herbert	Ku-Ring-Gai	26.99Q
2	Jett Sully	Manly Warringah	28.04Q
3	James Harden	Ku-Ring-Gai	28.52Q
4	Lynden Wiesenhaan	Cherrybrook	28.73q
5	Julian Mendria	Cherrybrook	29.55
6	Marcus Warner	Mosman	30.35

Heat 2 Heats

1	Jacob Taylor	Nth Rocks Carlin	26.81Q
2	Julian Lee	Northern Suburbs	27.07Q
3	Brodie Waldock	Ku-Ring-Gai	28.63Q
4	Keian Murphy	Ryde	28.79q

Boys U 12 - 200 Metre Sprint

Region: R 25.80 2005 Kane Thompson, Manly Warringa
 State: S 24.59 24/03/2013 James Roach, Randwick Botany

Name Age Centre Final

Section 1 Final

1	Lachlan Herbert	Ku-Ring-Gai	26.28
2	Jacob Taylor	Nth Rocks Carlin	26.75
3	Julian Lee	Northern Suburbs	26.95
4	Jett Sully	Manly Warringah	27.94
5	James Harden	Ku-Ring-Gai	28.03
6	Lynden Wiesenhaan	Cherrybrook	28.65
6	Brodie Waldock	Ku-Ring-Gai	28.65

Results**Boys U 13 - 200 Metre Sprint**

=====			
Region:	R 24.00	18/02/2007	Nicholas Hough, Hills Distric
State:	S 23.34	18/03/2007	Nicholas Hough, Hills Distric
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ethan Quintana	Northern Suburbs	25.31Q
2	Rajan Ravinthran	Nth Rocks Carlin	26.37Q
3	Zachary Flynn	Manly Warringah	26.80Q
4	Michael Ong	Parramatta	28.30q
Heat 2 Heats			
1	Cormac Morrison	Northern Suburbs	26.34Q
2	LanceJoseph David	Parramatta	27.30Q
3	Aidan Jones	Ku-Ring-Gai	27.44Q
4	Evan Neal	Manly Warringah	27.85q
5	Lachlan Binnekamp	Manly Warringah	28.74
6	Josh Mitchell	Hornsby	30.00

Boys U 13 - 200 Metre Sprint

=====			
Region:	R 24.00	18/02/2007	Nicholas Hough, Hills Distric
State:	S 23.34	18/03/2007	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ethan Quintana	Northern Suburbs	25.55
2	Cormac Morrison	Northern Suburbs	26.07
3	Rajan Ravinthran	Nth Rocks Carlin	26.33
4	Zachary Flynn	Manly Warringah	26.87
5	Aidan Jones	Ku-Ring-Gai	26.89
6	LanceJoseph David	Parramatta	27.84
7	Michael Ong	Parramatta	28.65
8	Evan Neal	Manly Warringah	29.15

Boys U 14 - 200 Metre Sprint

=====			
Region:	R 22.90	17/02/2008	Nicholas Hough, Hills Distric
State:	S 22.64	19/02/2006	Luke Hamer, St George
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Donovan Bradshaw	Cherrybrook	23.62Q
2	Angus Ritchie	Manly Warringah	24.38Q
3	Jason Ho	Northern Suburbs	24.57Q
4	Archie Saunders	Manly Warringah	25.20q
5	Yianni Fotias	Hornsby	26.38q
6	Robbie Cullen	Cherrybrook	26.80q
7	Rishi Bajpai	Nth Rocks Carlin	27.43q
8	Edward Ellis	Northern Suburbs	29.14q
9	Nischal Kollipara	Nth Rocks Carlin	31.53

Results**Boys U 14 - 200 Metre Sprint**

=====			
Region:	R 22.90	17/02/2008	Nicholas Hough, Hills Distric
State:	S 22.64	19/02/2006	Luke Hamer, St George
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Donovan Bradshaw	Cherrybrook	23.62
2	Angus Ritchie	Manly Warringah	24.38
3	Jason Ho	Northern Suburbs	24.57
4	Archie Saunders	Manly Warringah	25.20
5	Yianni Fotias	Hornsby	26.38
6	Robbie Cullen	Cherrybrook	26.80
7	Rishi Bajpai	Nth Rocks Carlin	27.43
8	Edward Ellis	Northern Suburbs	29.14

Boys U 15 - 200 Metre Sprint

=====			
Region:	R 21.50	22/02/2009	Nicholas Hough, Hills Distric
State:	S 21.74	22/02/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ewan Burns	Manly Warringah	23.54Q
2	Connor Bond	Ku-Ring-Gai	24.36Q
3	Oskar Enasio	Northern Districts	24.63Q
4	Eden Russell	Manly Warringah	25.01q
5	Dylan Shackell	Northern Suburbs	25.23q
6	ryan crane	Manly Warringah	25.42q
7	Andres RocoPenafiel	Cherrybrook	26.77q
8	James Hunt	Northern Suburbs	29.20q

Boys U 15 - 200 Metre Sprint

=====			
Region:	R 21.50	22/02/2009	Nicholas Hough, Hills Distric
State:	S 21.74	22/02/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ewan Burns	Manly Warringah	23.54
2	Connor Bond	Ku-Ring-Gai	24.36
3	Oskar Enasio	Northern Districts	24.63
4	Eden Russell	Manly Warringah	25.01
5	Dylan Shackell	Northern Suburbs	25.23
6	ryan crane	Manly Warringah	25.42
7	Andres RocoPenafiel	Cherrybrook	26.77
8	James Hunt	Northern Suburbs	29.20

Boys U 17 - 200 Metre Sprint

=====			
Region:	R 22.64	17/02/2013	Joshua Swan, MOSMAN
State:	S 21.80	23/03/2014	Teri Fragiadakis, Sutherland
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Morgan Little	Cherrybrook	23.77Q
2	Thomas Hunt	Northern Suburbs	23.84Q
3	Jack Wrightson	Manly Warringah	24.11Q
4	Michael Moore	Mosman	24.20q

Results**....Boys U 17 - 200 Metre Sprint**

5 Samuel Plummer	Ryde	24.37q
6 Daniel Bowtell	Ryde	24.39q
7 James Swinton	Ku-Ring-Gai	24.94q

Boys U 17 - 200 Metre Sprint

=====			
Region:	R 22.64	17/02/2013	Joshua Swan, MOSMAN
State:	S 21.80	23/03/2014	Teri Fragiadakis, Sutherland
Name		Age Centre	Final
=====			

Section 1 Final

1 Morgan Little	Cherrybrook	23.77
2 Thomas Hunt	Northern Suburbs	23.84
3 Jack Wrightson	Manly Warringah	24.11
4 Michael Moore	Mosman	24.20
5 Samuel Plummer	Ryde	24.37
6 Daniel Bowtell	Ryde	24.39
7 James Swinton	Ku-Ring-Gai	24.94

Boys U 8 - 400 Metre Sprint

=====			
Region:	R 1:09.70	2001	Alexander Pettigrew, Hornsb
State:	S 1:07.94	23/03/1975	David Misson, Randwick Bota
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Rian Conners	Ku-Ring-Gai	1:11.84Q
2 Luke Moscos	Ryde	1:12.59Q
3 Hamish Duggan	Cherrybrook	1:19.60Q
4 Levi Maher	Hornsby	1:19.72
5 Rhys Chandler	Ryde	1:22.52
6 Samuel Proctor	Parramatta	1:24.53
7 Davin Yap	Northern Suburbs	1:25.85

Heat 2 Heats

1 Finn Bailey	Manly Warringah	1:14.22Q
2 Hamish Webber	Ku-Ring-Gai	1:14.45Q
3 Ewan Keep	Manly Warringah	1:16.06Q
4 Joshua Kang	Ryde	1:18.96q
5 Samuel Newsham	Manly Warringah	1:18.99q
6 Angus Seve	Manly Warringah	1:21.34
7 Ryan Carli	Ryde	1:25.25
8 Daniel Vesey	Northern Suburbs	1:26.88

Boys U 8 - 400 Metre Sprint

=====			
Region:	R 1:09.70	2001	Alexander Pettigrew, Hornsb
State:	S 1:07.94	23/03/1975	David Misson, Randwick Bota
Name		Age Centre	Final
=====			

Section 1 Final

1 Rian Conners	Ku-Ring-Gai	1:10.26
2 Luke Moscos	Ryde	1:13.49
3 Finn Bailey	Manly Warringah	1:14.43
4 Hamish Webber	Ku-Ring-Gai	1:14.68
5 Samuel Newsham	Manly Warringah	1:19.57
6 Joshua Kang	Ryde	1:19.79
7 Hamish Duggan	Cherrybrook	1:21.43

Results**....Boys U 8 - 400 Metre Sprint**

8 Ewan Keep	Manly Warringah	1:23.84
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Boys U 9 - 400 Metre Sprint

=====			
Region:	R 1:05.30	2002	Alexander Pettigrew, Hornsb
State:	S 1:04.40	23/03/1975	Glen Murgatroyd, Campbellto
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Joel Moresi		Cherrybrook	1:11.62Q
2 Conrad Blackwell-Smith		Mosman	1:13.82Q
3 Matthew Lipman		Northern Districts	1:15.65Q
4 Max Dennett		Ku-Ring-Gai	1:16.57q
5 Oliver Sollberger		Manly Warringah	1:18.09
6 Ben Jones		Mosman	1:20.04
7 Ben Proszenko		Ryde	1:21.16
Heat 2 Heats			
1 Benjamin Woodhouse		Nth Rocks Carlin	1:12.86Q
2 Matteo Shipman		Northern Suburbs	1:14.28Q
3 Joshua Smith		Ryde	1:15.61Q
4 Riley Grant		Mosman	1:16.07q
5 Tyson Neal		Ku-Ring-Gai	1:19.79
6 Samuel Price		Nth Rocks Carlin	1:21.20
7 Jacob Love		Ryde	1:26.51

Boys U 9 - 400 Metre Sprint

=====			
Region:	R 1:05.30	2002	Alexander Pettigrew, Hornsb
State:	S 1:04.40	23/03/1975	Glen Murgatroyd, Campbellto
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Benjamin Woodhouse		Nth Rocks Carlin	1:09.16
2 Joel Moresi		Cherrybrook	1:12.24
3 Conrad Blackwell-Smith		Mosman	1:13.49
4 Joshua Smith		Ryde	1:13.78
5 Matteo Shipman		Northern Suburbs	1:13.80
6 Riley Grant		Mosman	1:16.41
7 Max Dennett		Ku-Ring-Gai	1:17.28
8 Matthew Lipman		Northern Districts	1:18.75

Boys U 10 - 400 Metre Sprint

=====			
Region:	R 1:02.50	27/02/2010	Tyler Gunn, Gosford
State:	S 1:01.34	16/03/2003	Alex Pettigrew, Parramatta
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Samuel Kay		Ku-Ring-Gai	1:08.29Q
2 Christian Camus		Mosman	1:10.18Q
3 Leo Brown		Manly Warringah	1:10.44Q
4 Liam Keep		Manly Warringah	1:10.56q
5 Toby Middleton		Northern Suburbs	1:10.78q
6 Zacharie Touchard		Nth Rocks Carlin	1:11.15
7 Bronsen Brown		Cherrybrook	1:13.08
8 Angus Hunt		Northern Suburbs	1:13.52
Heat 2 Heats			

Results

....Boys U 10 - 400 Metre Sprint

1	Jamison Carre	Cherrybrook	1:09.29Q
2	Oliver Stokeld	Manly Warringah	1:11.49Q
3	Ethan Grimshaw	Manly Warringah	1:12.09Q
4	James Lubrano	Cherrybrook	1:12.44
5	Idris Burkhardt	Cherrybrook	1:12.75
6	Amos Mashiah	Hornsby	1:14.05
7	Ethan Temelkovski	Northern Suburbs	1:14.30
8	Jack Osborne	Ku-Ring-Gai	1:16.66

Boys U 10 - 400 Metre Sprint

=====
 Region: R 1:02.50 27/02/2010 Tyler Gunn, Gosford
 State: S 1:01.34 16/03/2003 Alex Pettigrew, Parramatta
 Name Age Centre Final
 =====

Section 1 Final

1	Christian Camus	Mosman	1:06.86
2	Samuel Kay	Ku-Ring-Gai	1:08.00
3	Oliver Stokeld	Manly Warringah	1:09.71
4	Jamison Carre	Cherrybrook	1:09.94
5	Leo Brown	Manly Warringah	1:11.46
6	Toby Middleton	Northern Suburbs	1:13.02
7	Ethan Grimshaw	Manly Warringah	1:14.60
8	Liam Keep	Manly Warringah	1:28.12

Boys U 11 - 400 Metre Sprint

=====
 Region: R 1:00.50 22/02/2004 Alexander Pettigrew, Parram
 State: S 57.64 23/03/1979 Chris Newman, Queanbeyan
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Billy Peek	Manly Warringah	1:07.04Q
2	Caleb Ashton	Ku-Ring-Gai	1:10.69Q
3	Max Byrnes	Nth Rocks Carlin	1:11.45Q
4	Matthew Hunt	Northern Suburbs	1:12.74q
5	Cody Burton	Nth Rocks Carlin	1:16.80q
6	Austen Centellas	Ryde	1:20.08

Heat 2 Heats

1	James Ritchie	Mosman	1:07.74Q
2	Will Soden	Ku-Ring-Gai	1:08.40Q
3	Peter Moorcroft	Northern Suburbs	1:11.06Q
4	Lincoln Proctor	Parramatta	1:22.00

Boys U 11 - 400 Metre Sprint

=====
 Region: R 1:00.50 22/02/2004 Alexander Pettigrew, Parram
 State: S 57.64 23/03/1979 Chris Newman, Queanbeyan
 Name Age Centre Final
 =====

Section 1 Final

1	Billy Peek	Manly Warringah	1:06.00
2	James Ritchie	Mosman	1:07.32
3	Will Soden	Ku-Ring-Gai	1:07.68
4	Matthew Hunt	Northern Suburbs	1:08.45
5	Caleb Ashton	Ku-Ring-Gai	1:09.88
6	Peter Moorcroft	Northern Suburbs	1:11.79

Results**....Boys U 11 - 400 Metre Sprint**

7 Max Byrnes	Nth Rocks Carlin	1:13.40
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Boys U 12 - 400 Metre Sprint

Region: R 58.60	18/02/2006	Adam Harding, Hills District
State: S 56.88	18/03/2016	Donovan Bradshaw, Cherrybrook

Name	Age Centre	Heats
------	------------	-------

Heat 1 Heats

1 Evan Dransfield	Northern Suburbs	59.65Q
2 Lachlan Herbert	Ku-Ring-Gai	1:01.73Q
3 Julian Lee	Northern Suburbs	1:02.27Q
4 James Harden	Ku-Ring-Gai	1:03.77q
5 Keian Murphy	Ryde	1:06.65q
6 Charlie Bowtell	Manly Warringah	1:07.79q
7 Oliver Smith	Ryde	1:07.95q
8 Charlie Roughan	Northern Suburbs	1:08.66q
9 Krish Chadha	Ryde	1:10.58

Boys U 12 - 400 Metre Sprint

Region: R 58.60	18/02/2006	Adam Harding, Hills District
State: S 56.88	18/03/2016	Donovan Bradshaw, Cherrybrook

Name	Age Centre	Final
------	------------	-------

Section 1 Final

1 Evan Dransfield	Northern Suburbs	59.65
2 Lachlan Herbert	Ku-Ring-Gai	1:01.73
3 Julian Lee	Northern Suburbs	1:02.27
4 James Harden	Ku-Ring-Gai	1:03.77
5 Keian Murphy	Ryde	1:06.65
6 Charlie Bowtell	Manly Warringah	1:07.79
7 Oliver Smith	Ryde	1:07.95
8 Charlie Roughan	Northern Suburbs	1:08.66

Boys U 13 - 400 Metre Sprint

Region: R 55.67	11/02/2017	Donovan Bradshaw, Cherrybrook
State: S 53.65	21/03/2014	James Roach, Randwick Botany

Name	Age Centre	Heats
------	------------	-------

Heat 1 Heats

1 Lachlan Roberts	Parramatta	1:00.03Q
2 Ethan Oliver	Northern Districts	1:00.38Q
3 Jake England	Manly Warringah	1:02.32Q
4 LanceJoseph David	Parramatta	1:04.34q
5 Alex Mills	Cherrybrook	1:05.28q
6 Daniel Hatch	Northern Districts	1:09.76

Heat 2 Heats

1 Jack Baker	Ryde	1:02.22Q
2 Zachary Flynn	Manly Warringah	1:03.27Q
3 Zachary Semaganda	Cherrybrook	1:03.88Q
4 Lewis Fahey	Northern Suburbs	1:05.33
5 Lachlan Binnekamp	Manly Warringah	1:06.13
6 Arav Sathyan	Mosman	1:12.71

Results**Boys U 13 - 400 Metre Sprint**

=====			
Region: R 55.67		11/02/2017	Donovan Bradshaw, Cherrybrook
State: S 53.65		21/03/2014	James Roach, Randwick Botany
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ethan Oliver	Northern Districts	57.85
2	Jack Baker	Ryde	58.70
3	Zachary Flynn	Manly Warringah	59.79
4	Lachlan Roberts	Parramatta	1:01.59
5	Zachary Semaganda	Cherrybrook	1:03.09
6	Alex Mills	Cherrybrook	1:03.98
7	LanceJoseph David	Parramatta	1:04.88

Boys U 14 - 400 Metre Sprint

=====			
Region: R 52.37		11/02/2017	Ewan Burns, Manly Warringah
State: S 50.97		23/03/2012	Jarrold Cullen, Canterbury
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Donovan Bradshaw	Cherrybrook	56.39Q
2	Angus Ritchie	Manly Warringah	57.86Q
3	Yianni Fotias	Hornsby	59.66Q
4	Robbie Cullen	Cherrybrook	1:01.31q
5	Oliver Barry	Hornsby	1:01.59q

Boys U 14 - 400 Metre Sprint

=====			
Region: R 52.37		11/02/2017	Ewan Burns, Manly Warringah
State: S 50.97		23/03/2012	Jarrold Cullen, Canterbury
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Donovan Bradshaw	Cherrybrook	56.39
2	Angus Ritchie	Manly Warringah	57.86
3	Yianni Fotias	Hornsby	59.66
4	Robbie Cullen	Cherrybrook	1:01.31
5	Oliver Barry	Hornsby	1:01.59

Boys U 15 - 400 Metre Sprint

=====			
Region: R 50.90		1991	James Robinson, Parramatta
State: S 49.64		15/03/1997	David Geddes, Manly Warringah
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ewan Burns	Manly Warringah	54.40Q
2	Oskar Enasio	Northern Districts	57.73Q
3	Jonathan Friend	Cherrybrook	58.01Q
4	Alex Durheim	Cherrybrook	1:00.44q
5	Liam Oliver	Northern Districts	1:00.99q
6	Andres RocoPenafiel	Cherrybrook	1:01.70
7	James Hunt	Northern Suburbs	1:07.23
Heat 2 Heats			
1	Alexander Mina	Parramatta	57.03Q
2	Dominic Panozzo	Northern Suburbs	59.67Q
3	Kyle Fisher	Northern Suburbs	1:03.28Q

Results**....Boys U 15 - 400 Metre Sprint**

4 Sam Lee	Northern Suburbs	1:03.69
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Boys U 15 - 400 Metre Sprint

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=====
Region: R 50.90 1991 James Robinson, Parramatta
State: S 49.64 15/03/1997 David Geddes, Manly Warringah
Name Age Centre Final
=====
Section 1 Final
1 Ewan Burns Manly Warringah 53.70
2 Dominic Panozzo Northern Suburbs 56.16
3 Jonathan Friend Cherrybrook 57.56
4 Alexander Mina Parramatta 59.79
5 Liam Oliver Northern Districts 1:00.67
-- Oskar Enasio Northern Districts DQ

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Boys U 17 - 400 Metre Sprint

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=====
Region: R 49.75 16/02/2013 Bryce Collins, Northern Subur
State: S 49.44 18/03/2016 Alexander Thompson, Quakers H
Name Age Centre Heats
=====
Heat 1 Heats
1 Daniel Rasmussen Manly Warringah 52.99Q
2 Morgan Little Cherrybrook 54.36Q
3 Thomas Hunt Northern Suburbs 54.67Q
4 Andrew Land Manly Warringah 56.03q
5 Angus Cutbill Manly Warringah 58.93
6 Lucas Brown Manly Warringah 1:00.22
Heat 2 Heats
1 Gerard Lang Manly Warringah 54.90Q
2 Hugo Blackley Mosman 55.42Q
3 Felix Scott Mosman 56.13Q
4 Daniel Bowtell Ryde 56.54q
5 James Leatherbarrow Northern Suburbs 56.59
6 Ryan Jones Cherrybrook 57.88
7 Benjamin Crimp Northern Suburbs 1:00.20

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Boys U 17 - 400 Metre Sprint

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=====
Region: R 49.75 16/02/2013 Bryce Collins, Northern Subur
State: S 49.44 18/03/2016 Alexander Thompson, Quakers H
Name Age Centre Final
=====
Section 1 Final
1 Thomas Hunt Northern Suburbs 51.11
2 Daniel Rasmussen Manly Warringah 51.85
3 Felix Scott Mosman 52.95
4 Hugo Blackley Mosman 54.27
5 Gerard Lang Manly Warringah 54.70
6 Daniel Bowtell Ryde 58.09

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Results**Boys U 8 - 700 Metre Run Pack Start**

Region: R 2:17.40 2001 Alex Pettigrew, Hornsby Dis			
Name	Age	Centre	Final
Section 1			
1 Luke Moscos		Ryde	2:21.22
2 Hamish Webber		Ku-Ring-Gai	2:23.54
3 Hugo Stewart		Mosman	2:23.72
4 Samuel Newsham		Manly Warringah	2:27.48
5 Ewan Keep		Manly Warringah	2:28.55
6 Angus Seve		Manly Warringah	2:30.39
7 Levi Maher		Hornsby	2:31.69
8 Samuel Proctor		Parramatta	2:33.58
9 Tom Shrivell		Manly Warringah	2:34.29
10 Archie Hetherington		Ku-Ring-Gai	2:37.35
11 Rhys Chandler		Ryde	2:37.55
12 Thomas Gocher		Mosman	2:40.53
13 Luke Osborne		Ku-Ring-Gai	2:42.06
14 Daniel Vesey		Northern Suburbs	2:43.91
15 Kristian Nutter		Northern Suburbs	2:46.45

Boys U 9 - 800 Metre Run

Region: R 2:27.80 2002 Alexander Pettigrew, Hornsb			
State: S 2:25.70 17/03/2002 Alex Pettigrew, Hornsby			
Name	Age	Centre	Final
1 Benjamin Woodhouse		Nth Rocks Carlin	2:34.74
2 Joel Moresi		Cherrybrook	2:39.44
3 Conrad Blackwell-Smith		Mosman	2:43.43
4 Matteo Shipman		Northern Suburbs	2:45.53
5 Max Dennett		Ku-Ring-Gai	2:52.60
6 Jacob Kimball		Manly Warringah	2:53.14
7 Joshua Smith		Ryde	2:55.00
8 Riley Grant		Mosman	2:55.56
9 Julian Saab		Parramatta	2:55.85
10 Matthew Lipman		Northern Districts	2:57.10
11 Campbell Whalan		Hornsby	2:58.37
12 Sebastian Nutter		Northern Suburbs	3:01.87
13 Max Hole		Mosman	3:02.85
14 Daniel Couper		Hornsby	3:05.37

Boys U 10 - 800 Metre Run

Region: R 2:27.30 16/02/2003 Alexander Pettigrew, Parram			
State: S 2:21.60 25/03/1979 Paul Kelly, Greystanes			
Name	Age	Centre	Final
1 Christian Camus		Mosman	2:32.83
2 William Seve		Manly Warringah	2:36.04
3 Idris Burkhardt		Cherrybrook	2:36.61
4 Bronsen Brown		Cherrybrook	2:39.15
5 Toby Middleton		Northern Suburbs	2:40.99
6 Oliver Stokeld		Manly Warringah	2:45.38
7 Samuel Kay		Ku-Ring-Gai	2:47.96
8 Jamison Carre		Cherrybrook	2:48.15
9 Finn Parlevliet		Nth Rocks Carlin	2:49.34
10 James Lubrano		Cherrybrook	2:50.03

Results**....Boys U 10 - 800 Metre Run**

11 Liam Keep	Manly Warringah	2:50.79
12 Axel Bruntsch	Ryde	2:51.78
13 Aidan Seifert	Northern Districts	2:55.71
14 Hamish Barnes	Mosman	3:05.80

Boys U 11 - 800 Metre Run

=====			
Region: R	2:21.80	22/02/2004	Alexander Pettigrew, Parram
State: S	2:17.37	24/03/2013	Luke Young, Macquarie Hunte
Name	Age	Centre	Final
=====			
1 James Ritchie	Mosman	2:30.03	
2 Isaac Brooks	Mosman	2:32.84	
3 Samuel Robinson	Mosman	2:34.15	
4 Riley Pereira	Hornsby	2:34.89	
5 Kaden Rintel	Manly Warringah	2:36.52	
6 Chester Swaffer	Ku-Ring-Gai	2:37.57	
7 Lucas Lund	Manly Warringah	2:40.38	
8 Cody Burton	Nth Rocks Carlin	2:40.72	
9 Paddy Bright	Manly Warringah	2:46.77	
10 Matthew Hunt	Northern Suburbs	2:47.12	
11 Max Byrnes	Nth Rocks Carlin	2:53.03	
12 Lincoln Proctor	Parramatta	3:03.15	

Boys U 12 - 800 Metre Run

=====			
Region: R	2:16.20	2005	Alexander Pettigrew, Parram
State: S	2:13.20	20/03/2005	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Evan Dransfield	Northern Suburbs	2:19.56	
2 Nick Barnes	Mosman	2:24.86	
3 Nicholas Woodhouse	Nth Rocks Carlin	2:30.97	
4 Oliver Smith	Ryde	2:31.95	
5 Jacob Magner	Northern Suburbs	2:33.54	
6 Sean Williams	Ku-Ring-Gai	2:34.36	
7 Isaac Lanham	Manly Warringah	2:35.40	
8 Charlie Bowtell	Manly Warringah	2:40.98	
9 Charlie Roughan	Northern Suburbs	2:41.24	
10 Tom Parkes	Manly Warringah	2:44.62	
11 Arthur Taylor	Ku-Ring-Gai	2:46.42	
12 Nicholas Kimball	Manly Warringah	2:46.60	
13 Daniel Harvey	Northern Suburbs	2:48.96	
14 Julian Mendria	Cherrybrook	2:53.82	

Boys U 13 - 800 Metre Run

=====			
Region: R	2:11.20	2005	Michael Todd, Ryde
State: S	2:06.10	17/03/1985	Robert Wunder, Northern Sub
Name	Age	Centre	Final
=====			
1 Oliver Hinchliff	Mosman	2:15.90	
2 Lachlan Roberts	Parramatta	2:16.86	
3 Ethan Oliver	Northern Districts	2:19.07	
4 Jack Baker	Ryde	2:19.75	
5 Daniel Hopper	Mosman	2:24.38	
6 Tom Tullett	Manly Warringah	2:25.29	

Results**....Boys U 13 - 800 Metre Run**

7	Daniel Bradford	Cherrybrook	2:25.70
8	Ryan Fryberg	Cherrybrook	2:27.56
9	Finn Dundon	Mosman	2:28.20
10	Alex Mills	Cherrybrook	2:29.04
11	James Southon	Ryde	2:31.00
12	Noah Ashton	Ku-Ring-Gai	2:37.20

Boys U 14 - 800 Metre Run

=====			
Region: R 2:06.83 18/02/2018 Jacob Leon, Ryde			
State: S 2:02.30 22/03/2015 Bryn Lynch, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Jacob Leon	Ryde	2:06.83R
2	Cameron Laytham	Manly Warringah	2:08.83
3	Rafi Gordon	Manly Warringah	2:12.00
4	Marco DE Paulis	Northern Districts	2:16.82
5	Adam Bruntsch	Ryde	2:19.25
6	Jacob Uslu	Parramatta	2:23.39
7	Joseph Boyd	Nth Rocks Carlin	2:28.90
8	Simon Magner	Northern Suburbs	2:34.60

Boys U 15 - 800 Metre Run

=====			
Region: R 1:58.88 19/02/2012 Jack Collett, Gosford			
State: S 1:57.20 20/02/2005 James Kaan, Hills District			
State: S 1:57.20 16/03/2008 James Connor, Campbelltown			
Name	Age	Centre	Final
=====			
1	Dominic Panozzo	Northern Suburbs	2:09.76
2	Darcy Bourke	Parramatta	2:11.23
3	Jonathan Friend	Cherrybrook	2:13.81
4	Colm Walsh	Ku-Ring-Gai	2:21.84
5	Liam Oliver	Northern Districts	2:25.87
6	Charlie East	Manly Warringah	2:31.86

Boys U 17 - 800 Metre Run

=====			
Region: R 1:58.90 28/02/2010 Craig Cameron, Gosford			
State: S 1:55.75 22/03/2015 Jye Edwards, Albion Park			
Name	Age	Centre	Final
=====			
1	Luke Gosper	Parramatta	2:00.69
2	Thomas Hunt	Northern Suburbs	2:01.68
3	Felix Scott	Mosman	2:03.06
4	Kyle Walsh	Ku-Ring-Gai	2:03.50
5	Ben Bishop	Cherrybrook	2:06.85
6	Gerard Lang	Manly Warringah	2:07.54
7	Curtis Kingsmill	Northern Suburbs	2:10.94
8	Joshua Silver	Northern Districts	2:12.80
9	Erik Fryberg	Cherrybrook	2:13.29
10	William Stacey	Ryde	2:13.96
11	Jackson Mackie	Manly Warringah	2:14.15
12	Samuel Plummer	Ryde	2:19.62
13	Lucas Brown	Manly Warringah	2:20.10

Results**Boys U 10 - 1500 Metre Run**

=====			
Region:	R 4:58.80	15/02/2003	Alexander Pettigrew, Parram
State:	S 4:44.10	19/03/1983	Richard McCarthy, Randwick
Name	Age	Centre	Final
=====			
1	Christian Camus	Mosman	5:10.37
2	Idris Burkhardt	Cherrybrook	5:14.18
3	Bronsen Brown	Cherrybrook	5:23.50
4	William Seve	Manly Warringah	5:28.18
5	Archie Hendry	Manly Warringah	5:31.53
6	James Lubrano	Cherrybrook	5:38.30
7	Axel Bruntsch	Ryde	5:47.19
8	Zacharie Touchard	Nth Rocks Carlin	5:47.86
9	Jack Osborne	Ku-Ring-Gai	5:52.22
10	Finn Parlevliet	Nth Rocks Carlin	5:54.83
11	Aidan Seifert	Northern Districts	5:55.74
12	Remy Freiha	Parramatta	5:57.02
13	Hamish Barnes	Mosman	6:21.27
14	Joe Smith	Mosman	6:37.78

Boys U 11 - 1500 Metre Run

=====			
Region:	R 4:47.70	19/02/2011	Elliot Metcalf, Manly Warri
State:	S 4:36.90	17/03/1984	Richard McCarthy, Randwick
Name	Age	Centre	Final
=====			
1	Riley Pereira	Hornsby	5:10.70
2	Isaac Brooks	Mosman	5:13.78
3	Chester Swaffer	Ku-Ring-Gai	5:18.37
4	Cody Burton	Nth Rocks Carlin	5:23.30
5	Lucas Lund	Manly Warringah	5:25.66
6	Kaden Rintel	Manly Warringah	5:27.17
7	Paddy Bright	Manly Warringah	5:30.30
8	Jeremy Jubb	Cherrybrook	5:33.58
9	Rohan Nairn	Ku-Ring-Gai	5:33.70
10	Mackenzie Bennett	Northern Suburbs	5:38.03
11	Orlando Grinbergs	Manly Warringah	6:09.68

Boys U 12 - 1500 Metre Run

=====			
Region:	R 4:43.00	2005	Alexander Pettigrew, Parram
State:	S 4:27.20	19/03/1983	Peter Stellino, Hills Distr
Name	Age	Centre	Final
=====			
1	Evan Dransfield	Northern Suburbs	4:54.06
2	Nicholas Woodhouse	Nth Rocks Carlin	4:58.40
3	Sean Williams	Ku-Ring-Gai	4:58.56
4	Oliver Smith	Ryde	5:01.17
5	Isaac Lanham	Manly Warringah	5:02.26
6	Thomas Whalan	Hornsby	5:08.91
7	Jacob Magner	Northern Suburbs	5:11.83
8	Ewan Allabush	Ku-Ring-Gai	5:31.38
9	Lachlan McIntosh	Ku-Ring-Gai	5:34.83
10	Alejandro Briones	Manly Warringah	5:37.35
11	Nicholas Kimball	Manly Warringah	5:38.04
12	Brian Carpenter	Cherrybrook	5:40.55
13	Krish Chadha	Ryde	5:53.52

Results**Boys U 13 - 1500 Metre Run**

=====			
Region: R 4:33.00		21/02/2004	Cameron Page, Gosford
State: S 4:21.30		18/03/2006	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Oliver Hinchliff		Mosman	4:46.46
2 Tom Tullett		Manly Warringah	4:51.21
3 Daniel Bradford		Cherrybrook	4:52.37
4 Ryan Fryberg		Cherrybrook	4:57.41
5 James Southon		Ryde	4:58.94
6 Finn Dundon		Mosman	5:03.80
7 Harry Dundon		Mosman	5:06.85
8 Harry Hogan		Northern Suburbs	5:14.97
9 Noah Ashton		Ku-Ring-Gai	5:20.19
10 Thomas Blewman		Manly Warringah	5:25.94
-- Nicholas Hyde		Mosman	DNF

Boys U 14 - 1500 Metre Run

=====			
Region: R 4:23.88		15/02/2014	Harrison Wade, Ryde
State: S 4:11.93		22/03/2014	Harrison Wade, Ryde
Name	Age	Centre	Final
=====			
1 Jacob Leon		Ryde	4:27.39
2 Cameron Laytham		Manly Warringah	4:29.76
3 Rafi Gordon		Manly Warringah	4:35.52
4 Cameron Gorman		Manly Warringah	4:42.27
5 Adam Bruntsch		Ryde	4:50.61
6 Marco DE Paulis		Northern Districts	4:52.29
7 Ashton Hanna		Ryde	4:53.51
8 William Colman		Northern Suburbs	4:57.13
9 Jacob Uslu		Parramatta	4:59.53
10 Joseph Boyd		Nth Rocks Carlin	5:02.53
11 Simon Magner		Northern Suburbs	5:13.38
12 Wilson Sarkies		Manly Warringah	5:24.66
13 Matthew Arkins		Hornsby	5:56.64

Boys U 15 - 1500 Metre Run

=====			
Region: R 4:10.70		2005	James Kaan, Hills District
State: S 4:03.70		15/03/2008	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Jonathan Friend		Cherrybrook	4:41.03
2 Colm Walsh		Ku-Ring-Gai	4:51.85
3 Martin Leerberg		Ryde	4:59.83
4 Liam Oliver		Northern Districts	5:08.67
5 Benjamin Maestri		Parramatta	5:10.14
6 Samuel Hennessey		Cherrybrook	5:11.44

Boys U 17 - 1500 Metre Run

=====			
Region: R 4:14.24		16/02/2013	Taylor John, Ku-Ring-Gai
State: S 4:02.95		19/03/2016	Harrison Wade, Ryde
Name	Age	Centre	Final
=====			
1 Kyle Walsh		Ku-Ring-Gai	4:18.21
2 Ben Bishop		Cherrybrook	4:24.15

Results**....Boys U 17 - 1500 Metre Run**

3	Kieran Gorman	Manly Warringah	4:26.38
4	William Stacey	Ryde	4:33.86
5	Erik Fryberg	Cherrybrook	4:36.04
6	Curtis Kingsmill	Northern Suburbs	4:37.12
7	Joshua Silver	Northern Districts	4:41.58
8	Timothy Walter	Ku-Ring-Gai	4:53.86
9	Liam Keegan	Parramatta	5:20.36

Boys U 13 - 3000 Metre Run

Region: R 9:47.60 21/02/2004 Cameron Page, Gosford

State: S 9:39.60 20/03/2004 Cameron Page, Gosford

Name	Age	Centre	Final
1	Daniel Bradford	Cherrybrook	10:33.07
2	Harry Hogan	Northern Suburbs	10:42.15
3	Finn Dundon	Mosman	10:49.53
4	James Southon	Ryde	10:53.06
5	Lachlan Dewar	Cherrybrook	10:57.31
6	Harry Dundon	Mosman	11:00.34
7	Jenson McIntosh	Ku-Ring-Gai	11:33.35
8	Nicholas Hyde	Mosman	11:46.94
9	Dale Mapstone	Manly Warringah	11:49.30
10	Joel Solomon	Manly Warringah	11:54.57

Boys U 14 - 3000 Metre Run

Region: R 9:19.00 2005 Cameron Page, Gosford

State: S 9:13.83 21/03/2014 Harrison Wade, Ryde

Name	Age	Centre	Final
1	Jacob Leon	Ryde	9:47.68
2	Cameron Gorman	Manly Warringah	10:14.30
3	William Colman	Northern Suburbs	10:47.17
4	Wilson Sarkies	Manly Warringah	11:01.77
5	Ashton Hanna	Ryde	11:03.92
6	Jonah Edwards	Northern Suburbs	11:04.04
7	Joseph Boyd	Nth Rocks Carlin	11:05.11
8	Jacob Uslu	Parramatta	11:52.42

Boys U 15 - 3000 Metre Run

Region: R 9:12.70 18/02/2006 Cameron Page, Gosford

State: S 8:50.60 18/03/2006 Cameron Page, Gosford

Name	Age	Centre	Final
1	Martin Leerberg	Ryde	10:41.53
2	Benjamin Maestri	Parramatta	11:14.97
3	Samuel Hennessey	Cherrybrook	12:08.12
4	James Walter	Ku-Ring-Gai	12:38.43

Results**Boys U 17 - 3000 Metre Run**

Name	Age	Centre	Final
Region: R 9:20.76 16/02/2013 David Gardiner, Northern Su			
State: S 8:55.90 18/03/2016 Connor Whiteley, Orange			
Name	Age	Centre	Final
1 Ben Bishop		Cherrybrook	9:28.33
2 Kieran Gorman		Manly Warringah	9:30.21
3 Joshua Silver		Northern Districts	10:34.09
4 Ryan Jones		Cherrybrook	10:57.23
5 Timothy Walter		Ku-Ring-Gai	11:05.60
6 Jackson Mackie		Manly Warringah	11:23.61

Boys U 8 - 60 Metre Hurdles (45cm)

Name	Age	Centre	Heats
Region: R 10.50 2001 Alexander Pettigrew, Hornsby			
State: S 10.63 15/02/2014 Jesse Ingleton, Camden			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jack Procter		Ku-Ring-Gai	11.54Q
2 Luke Moscos		Ryde	11.62Q
3 Lucas Rogers		Northern Districts	11.76Q
4 Hamish Duggan		Cherrybrook	12.02q
5 Cooper Kebblewhite		Northern Suburbs	12.03q
6 Marcus Wong		Nth Rocks Carlin	12.21
7 Henry O'Neil		Nth Rocks Carlin	12.33
Heat 2 Heats			
1 Fredrick Chidambaram		Manly Warringah	11.82Q
2 Oscar Sleep		Manly Warringah	11.96Q
3 Joshua Tilt		Nth Rocks Carlin	12.01Q
4 William Durer		Ku-Ring-Gai	12.58
5 Daniel Benoliel		Mosman	12.62
6 Rhys Chandler		Ryde	12.89
7 Daniel Vesey		Northern Suburbs	13.00

Boys U 8 - 60 Metre Hurdles (45cm)

Name	Age	Centre	Final
Region: R 10.50 2001 Alexander Pettigrew, Hornsby			
State: S 10.63 15/02/2014 Jesse Ingleton, Camden			
Name	Age	Centre	Final
Section 1 Final			
1 Luke Moscos		Ryde	11.02
2 Jack Procter		Ku-Ring-Gai	11.19
3 Oscar Sleep		Manly Warringah	11.28
4 Fredrick Chidambaram		Manly Warringah	11.31
5 Joshua Tilt		Nth Rocks Carlin	11.36
6 Lucas Rogers		Northern Districts	11.51
7 Hamish Duggan		Cherrybrook	11.69
8 Cooper Kebblewhite		Northern Suburbs	11.75

Results**Boys U 9 - 60 Metre Hurdles (45cm)**

Name	Age	Centre	Heats
Region: R	9.30	1999	Joshua Mulligan, Gosford
State: S	9.54	21/02/1999	Joshua Mulligan, Gosford
State: S	9.54	21/03/2009	Rory Barkley, Northern Suburb

Heat 1 Heats

1	Andres Hampel	Northern Suburbs	10.62Q
2	Samuel Price	Nth Rocks Carlin	10.73Q
3	Gerhardus Burger	Ku-Ring-Gai	11.11Q
4	Toby Hall	Manly Warringah	11.24q
5	Daniel Cribb	Hornsby	11.37
6	Hugo Doak	Northern Suburbs	11.77
7	Riyon Mudannayake	Nth Rocks Carlin	12.06
8	Joshua Reynolds	Nth Rocks Carlin	12.58

Heat 2 Heats

1	Jake Fourie	Ku-Ring-Gai	10.74Q
2	Julien Emmerson	Ryde	11.02Q
3	Rhys George	Parramatta	11.34Q
4	Oliver Sanbrook	Manly Warringah	11.36q
5	Wol Albino	Hornsby	11.94

Boys U 9 - 60 Metre Hurdles (45cm)

Name	Age	Centre	Final
Region: R	9.30	1999	Joshua Mulligan, Gosford
State: S	9.54	21/02/1999	Joshua Mulligan, Gosford
State: S	9.54	21/03/2009	Rory Barkley, Northern Suburb

Section 1 Final

1	Andres Hampel	Northern Suburbs	10.67	
2	Samuel Price	Nth Rocks Carlin	10.78	automatic qualifier
2	Gerhardus Burger	Ku-Ring-Gai	10.78	
4	Jake Fourie	Ku-Ring-Gai	10.90	
5	Toby Hall	Manly Warringah	11.08	
6	Julien Emmerson	Ryde	11.11	
7	Oliver Sanbrook	Manly Warringah	11.55	
8	Rhys George	Parramatta	11.83	

Boys U 10 - 60 Metre Hurdles (60cm)

Name	Age	Centre	Heats
Region: R	9.70	2005	Sam Mete, Ku-ring-gai
State: S	9.74	16/03/2002	Sean Potter, Macquarie Shores

Heat 1 Heats

1	Akith Ekanayake	Cherrybrook	11.10Q
2	Bronsen Brown	Cherrybrook	11.34Q
3	Samuel Larratt	Ku-Ring-Gai	11.65Q
4	Alex Jones	Northern Districts	12.36
5	Atticus Rowland-Stefanic	Ku-Ring-Gai	12.95

Heat 2 Heats

1	Angus Hunt	Northern Suburbs	10.23Q
2	Archie Hendry	Manly Warringah	11.33Q
3	Jackson Twells	Manly Warringah	11.45Q
4	Leo Robinson	Manly Warringah	11.64q
5	Thomas Bishop	Cherrybrook	11.71q
6	Harper Enasio	Northern Districts	12.34

Results**....Boys U 10 - 60 Metre Hurdles (60cm)**

7 Lewis Wong	Nth Rocks Carlin	12.39
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Boys U 10 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.70	2005	Sam Mete, Ku-ring-gai
State: S	9.74	16/03/2002	Sean Potter, Macquarie Shores
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Angus Hunt		Northern Suburbs	10.18
2 Akith Ekanayake		Cherrybrook	10.85
3 Bronsen Brown		Cherrybrook	10.98
4 Leo Robinson		Manly Warringah	11.25
5 Samuel Larratt		Ku-Ring-Gai	11.33
6 Archie Hendry		Manly Warringah	11.35
7 Thomas Bishop		Cherrybrook	11.52
8 Jackson Twells		Manly Warringah	12.80

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.20	21/02/2009	Bailey Simonsson, Manly Warri
State: S	9.24	19/02/2000	William Mataka, Revesby Worke
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Matthew Hunt		Northern Suburbs	10.11Q
2 Lachlan Tilt		Nth Rocks Carlin	10.44Q
3 Prince Kamara		Manly Warringah	10.65Q
4 Christiaan Maritz		Manly Warringah	10.68q
5 Goran Luketic		Nth Rocks Carlin	11.14q
6 Isaac Wong		Nth Rocks Carlin	11.32
7 Jack Thompson		Mosman	11.37
8 Alexander Targett		Ku-Ring-Gai	11.78
Heat 2 Heats			
1 Billy Peek		Manly Warringah	9.79Q
2 Llewyn Morrison		Northern Suburbs	10.18Q
3 Kalan Harding		Northern Districts	10.92Q
4 Austen Centellas		Ryde	11.93
5 Lucas Kwan		Ku-Ring-Gai	12.47

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.20	21/02/2009	Bailey Simonsson, Manly Warri
State: S	9.24	19/02/2000	William Mataka, Revesby Worke
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Matthew Hunt		Northern Suburbs	9.63
2 Billy Peek		Manly Warringah	9.66
3 Llewyn Morrison		Northern Suburbs	10.08
4 Lachlan Tilt		Nth Rocks Carlin	10.12
5 Christiaan Maritz		Manly Warringah	10.38
6 Prince Kamara		Manly Warringah	10.51
7 Goran Luketic		Nth Rocks Carlin	10.86
8 Kalan Harding		Northern Districts	11.06

Results**Boys U 12 - 60 Metre Hurdles (68cm)**

Name	Age	Centre	Heats
Region: R	8.90	2005	Kane Thompson, Manly Warringa
State: S	9.14	19/02/2005	Kane Thompson, Manly Warringa

Heat 1 Heats

1	Timothy Forster	Hornsby	9.77Q
2	William Austin	Cherrybrook	9.83Q
3	Finn Bellerby	Manly Warringah	10.60Q
4	Riley Turkal	Ryde	10.90q
5	Finnlay Bartlett	Mosman	11.02
6	Lucas Hosking	Nth Rocks Carlin	11.50
7	Max Merifield	Ryde	11.52
8	Daniel Bovis	Northern Districts	11.88

Heat 2 Heats

1	Julian Lee	Northern Suburbs	10.12Q
2	Nicholas Bradshaw	Cherrybrook	10.51Q
3	Charlie Roughan	Northern Suburbs	10.67Q
4	Jesse Robinson	Cherrybrook	10.85q
5	Lukas Muller	Manly Warringah	11.74
6	Alex Matthews	Manly Warringah	11.95

Boys U 12 - 60 Metre Hurdles (68cm)

Name	Age	Centre	Final
Region: R	8.90	2005	Kane Thompson, Manly Warringa
State: S	9.14	19/02/2005	Kane Thompson, Manly Warringa

Section 1 Final

1	Julian Lee	Northern Suburbs	9.59
2	Timothy Forster	Hornsby	9.63
3	Nicholas Bradshaw	Cherrybrook	9.74
4	William Austin	Cherrybrook	9.81
5	Charlie Roughan	Northern Suburbs	10.66
6	Finn Bellerby	Manly Warringah	10.81
7	Riley Turkal	Ryde	10.83
8	Jesse Robinson	Cherrybrook	10.91

Boys U 13 - 80 Metre Hurdles (76cm)

Name	Age	Centre	Heats
Region: R	12.00	5/02/2006	Kane Thompson, Manly Warringa
State: S	12.04	16/03/1997	Ahmed Abou-Mahmoud, Winston H
State: S	12.04	19/03/2000	Ross Roberts, Gosford

Heat 1 Heats

1	Ethan Quintana	Northern Suburbs	12.53Q
2	Ethan Oliver	Northern Districts	13.11Q
3	Zachary Semaganda	Cherrybrook	13.48Q
4	Matthew Roberts	Northern Districts	13.89q
5	Jake Eagland	Manly Warringah	14.83q
6	Alex Mills	Cherrybrook	14.95q
7	Gauthier Sanchez	Manly Warringah	15.18q
8	Lucas Hamill	Manly Warringah	15.55q
9	Tom Ralph	Ryde	15.73

Results**Boys U 13 - 80 Metre Hurdles (76cm)**

Name	Age	Centre	Final
Region: R	12.00	5/02/2006 Kane Thompson, Manly Warringah	
State: S	12.04	16/03/1997 Ahmed Abou-Mahmoud, Winston H	
State: S	12.04	19/03/2000 Ross Roberts, Gosford	
Section 1 Final			
1 Ethan Quintana		Northern Suburbs	12.53
2 Ethan Oliver		Northern Districts	13.11
3 Zachary Semaganda		Cherrybrook	13.48
4 Matthew Roberts		Northern Districts	13.89
5 Jake England		Manly Warringah	14.83
6 Alex Mills		Cherrybrook	14.95
7 Gauthier Sanchez		Manly Warringah	15.18
8 Lucas Hamill		Manly Warringah	15.55

Boys U 14 - 90 Metre Hurdles (76cm)

Name	Age	Centre	Heats
Region: R	11.90	17/02/2008 Nicholas Hough, Hills Distric	
State: S	12.04	16/03/2008 Nicholas Hough, Hills Distric	
Heat 1 Heats			
1 Eli Sagala		Northern Districts	14.09Q
2 Cameron Kemmis		Hornsby	14.62Q
3 Ben MacNamara		Ku-Ring-Gai	14.74Q
4 Rishi Bajpai		Nth Rocks Carlin	16.53
5 Nischal Kollipara		Nth Rocks Carlin	18.51
Heat 2 Heats			
1 Jonathan Reid		Cherrybrook	13.25Q
2 Joel Neasmith		Manly Warringah	13.84Q
3 Michael Foote		Parramatta	14.07Q
4 Luke Fisher		Northern Suburbs	14.08q
5 Sam Bates		Ku-Ring-Gai	14.62q

Boys U 14 - 90 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R	11.90	17/02/2008 Nicholas Hough, Hills Distric	
State: S	12.04	16/03/2008 Nicholas Hough, Hills Distric	
Section 1 Final			
1 Jonathan Reid		Cherrybrook	13.13
2 Eli Sagala		Northern Districts	13.48
3 Michael Foote		Parramatta	13.54
4 Joel Neasmith		Manly Warringah	13.89
5 Luke Fisher		Northern Suburbs	13.98
6 Cameron Kemmis		Hornsby	14.16
7 Sam Bates		Ku-Ring-Gai	14.52
8 Ben MacNamara		Ku-Ring-Gai	14.59

Results**Boys U 15 - 100 Metre Hurdles (76cm)**

=====			
Region:	R 12.70	22/02/2009	Nicholas Hough, Hills Distric
State:	S 12.64	22/03/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Samuel Galati	Ryde	15.12Q
2	James Hunt	Northern Suburbs	16.30Q
3	Riveen Jayasinghe	Parramatta	16.38Q
4	Billy Bakker	Manly Warringah	17.88Q
--	Daniel Menin	Parramatta	DQ

Boys U 15 - 100 Metre Hurdles (76cm)

=====			
Region:	R 12.70	22/02/2009	Nicholas Hough, Hills Distric
State:	S 12.64	22/03/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Samuel Galati	Ryde	15.12
2	James Hunt	Northern Suburbs	16.30
3	Riveen Jayasinghe	Parramatta	16.38
4	Billy Bakker	Manly Warringah	17.88

Boys U 17 - 110 Metre Hurdles (76cm)

=====			
Region:	R 14.38	17/02/2013	Bryce Collins, Northern Subur
State:	S 13.64	24/03/2013	Ivor Metcalf, Randwick Botany
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Thomas Hunt	Northern Suburbs	14.62Q
2	Jonathan Bell	Ku-Ring-Gai	15.00Q
3	Benjamin Crimp	Northern Suburbs	15.25Q

Boys U 17 - 110 Metre Hurdles (76cm)

=====			
Region:	R 14.38	17/02/2013	Bryce Collins, Northern Subur
State:	S 13.64	24/03/2013	Ivor Metcalf, Randwick Botany
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Thomas Hunt	Northern Suburbs	14.62
2	Jonathan Bell	Ku-Ring-Gai	15.00
3	Benjamin Crimp	Northern Suburbs	15.25

Boys U 13 - 200 Metre Hurdles (68cm)

=====			
Region:	R 26.40	18/02/2006	Kane Thompson, Manly Warringa
State:	S 26.21	19/03/2011	Jarrold Cullen, Canterbury
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ethan Quintana	Northern Suburbs	27.20Q
2	Max Milani	Northern Suburbs	29.30Q
3	Zachary Flynn	Manly Warringah	29.38Q
4	Lucas Hamill	Manly Warringah	32.78q
5	Gauthier Sanchez	Manly Warringah	32.93q

Results

....Boys U 13 - 200 Metre Hurdles (68cm)

Heat 2 Heats

1	Ethan Oliver	Northern Districts	28.39Q
2	Lachlan Roberts	Parramatta	30.36Q
3	Benjamin Stevens	Ryde	31.55Q
4	Noah Ashton	Ku-Ring-Gai	34.14
5	Malakye Enasio	Northern Districts	34.37
6	Tom Ralph	Ryde	35.00

Boys U 13 - 200 Metre Hurdles (68cm)

Region: R 26.40 18/02/2006 Kane Thompson, Manly Warringah
 State: S 26.21 19/03/2011 Jarrod Cullen, Canterbury

Name Age Centre Final

Section 1 Final

1	Ethan Quintana	Northern Suburbs	27.36
2	Ethan Oliver	Northern Districts	27.93
3	Max Milani	Northern Suburbs	29.29
4	Zachary Flynn	Manly Warringah	29.33
5	Lachlan Roberts	Parramatta	29.66
6	Benjamin Stevens	Ryde	31.09
7	Gauthier Sanchez	Manly Warringah	33.55
8	Lucas Hamill	Manly Warringah	34.64

Boys U 14 - 200 Metre Hurdles (76cm)

Region: R 24.60 16/02/2008 Nicholas Hough, Hills Distric
 State: S 24.64 15/03/2008 Nicholas Hough, Hills Distric

Name Age Centre Heats

Heat 1 Heats

1	Eli Sagala	Northern Districts	27.51Q
2	Michael Foote	Parramatta	27.80Q
3	Savi Moala	Ryde	29.71Q
4	Sam Bates	Ku-Ring-Gai	31.43
5	Kale Burton	Nth Rocks Carlin	31.69
6	Alexander Harrison	Nth Rocks Carlin	31.77

Heat 2 Heats

1	Joel Neasmith	Manly Warringah	28.54Q
2	Archie Saunders	Manly Warringah	28.83Q
3	Cameron Kemmis	Hornsby	29.64Q
4	Luke Fisher	Northern Suburbs	30.16q
5	Tate Mahony	Nth Rocks Carlin	30.84q
6	Darcy Holmes	Northern Suburbs	31.72

Boys U 14 - 200 Metre Hurdles (76cm)

Region: R 24.60 16/02/2008 Nicholas Hough, Hills Distric
 State: S 24.64 15/03/2008 Nicholas Hough, Hills Distric

Name Age Centre Final

Section 1 Final

1	Archie Saunders	Manly Warringah	27.23
2	Eli Sagala	Northern Districts	27.39
3	Michael Foote	Parramatta	27.42
4	Joel Neasmith	Manly Warringah	28.85
5	Luke Fisher	Northern Suburbs	29.40

Results**....Boys U 14 - 200 Metre Hurdles (76cm)**

5 Savi Moala	Ryde	29.40
7 Cameron Kemmis	Hornsby	30.39
8 Tate Mahony	Nth Rocks Carlin	31.06

Boys U 15 - 300 Metre Hurdles (76cm)

=====			
Region: R 40.28 11/02/2017 Thomas Hunt, Northern Suburbs			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Dominic Panozzo		Northern Suburbs	45.01Q
2 Samuel Galati		Ryde	45.66Q
3 James Hunt		Northern Suburbs	47.66Q
4 Liam Oliver		Northern Districts	47.90Q

Boys U 15 - 300 Metre Hurdles (76cm)

=====			
Region: R 40.28 11/02/2017 Thomas Hunt, Northern Suburbs			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Dominic Panozzo		Northern Suburbs	45.01
2 Samuel Galati		Ryde	45.66
3 James Hunt		Northern Suburbs	47.66
4 Liam Oliver		Northern Districts	47.90

Boys U 17 - 300 Metre Hurdles (76cm)

=====			
Region: R 38.98 17/02/2018 Thomas Hunt, Northern Suburbs			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Thomas Hunt		Northern Suburbs	R 38.98Q
2 Benjamin Crimp		Northern Suburbs	42.60Q
3 Ryan Jones		Cherrybrook	42.76Q
4 Angus Cutbill		Manly Warringah	43.47q
5 Lachlan Krklinski		Parramatta	44.05q
6 Xavier Jeffery		Parramatta	45.49q

Boys U 17 - 300 Metre Hurdles (76cm)

=====			
Region: R 38.98 17/02/2018 Thomas Hunt, Northern Suburbs			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Thomas Hunt		Northern Suburbs	38.98R
2 Benjamin Crimp		Northern Suburbs	42.60
3 Ryan Jones		Cherrybrook	42.76
4 Angus Cutbill		Manly Warringah	43.47
5 Lachlan Krklinski		Parramatta	44.05
6 Xavier Jeffery		Parramatta	45.49

Results**Boys U 9-12 4x100 Metre Relay (Jnr)**

=====			
Region:	R 54.70	14/02/2016	Ku-Ring-Gai, Ku-Ring-Gai
			D Hall, L Herbert, A Jones, R Hemsworth
State:	S 53.84	17/03/1996	Bankstown Sports
State:	S 53.84	20/03/2016	Ku-Ring-Gai
Centre			Final
=====			

Section 1

1 North Rocks Carlingford		56.35
1) Benjamin Woodhouse 9	2) Lachlan Tilt 11	
3) Finn Parlevliet 10	4) Jacob Taylor 12	
2 Ku-Ring-Gai		56.91
1) Lars Ackland 10	2) Jimmy Thebridge 9	
3) Dylan Hall 11	4) Lachlan Herbert 12	
3 Manly Warringah		57.01
1) Zac Gedz 9	2) Ethan Grimshaw 10	
3) Prince Kamara 11	4) Jett Sully 12	
4 Northern Suburbs		57.44
1) Andres Hampel 9	2) Dominic Lee 10	
3) Llewyn Morrison 11	4) Julian Lee 12	
5 Ryde		1:00.85
1) James Woods 9	2) Jope Rauge 11	
3) Christopher Moala 10	4) George Srour 12	

Boys U 12-17 4x100 Metre Relay (Snr)

=====			
Region:	R 46.46	15/02/2015	Manly Warringah, Manly Warrin
			R Marosa, B Carter, L Don, M Le Ban
State:	S 45.63	21/03/2010	Cherrybrook
Centre			Final
=====			

1 Cherrybrook		46.55	Automatic qualifier
1) Ajaiy Mohanraja 13	2) Donovan Bradshaw 14		
3) Jonathan Reid 14	4) Morgan Little 17		
1 Ku-Ring-Gai		46.55	
1) Aidan Jones 13	2) Riley Hemsworth 14		
3) Connor Bond 15	4) Jonathan Bell 17		
3 Manly Warringah		46.96	
1) Joshua Gedz 13	2) Archie Saunders 14		
3) Ewan Burns 15	4) Jack Wrightson 17		
4 Northern Suburbs		47.55	
1) Jason Ho 14	2) Ethan Quintana 13		
3) Cormac Morrison 13	4) Dylan Shackell 15		
5 Northern Districts		51.03	
1) Tama Simpkins 13	2) Eli Sagala 14		
3) Joshua Silver 17	4) Oskar Enasio 15		

Boys U 9 - High Jump (S/H 0.90m)

=====			
Region:	R 1.31m	21/02/2004	Joel Edwards, Winston Hills
State:	S 1.40m	17/03/1985	Jamie Shortland, Randwick Bot
State:	S 1.40m	21/03/2009	Harrison Brierley, Illawong
Name		Age Centre	Final
=====			

Flight 1

1 Joel Moresi	Cherrybrook	1.19m
2 Oliver Sanbrook	Manly Warringah	1.15m
3 Julien Emmerson	Ryde	J1.15m

Results**....Boys U 9 - High Jump (S/H 0.90m)**

4 Kai Herbert	Ku-Ring-Gai	J1.15m
5 Toby Hall	Manly Warringah	1.05m
6 James Woods	Ryde	1.00m
7 Julian Saab	Parramatta	J1.00m
7 Hugo Doak	Northern Suburbs	J1.00m
-- Daniel Cribb	Hornsby	NH

Boys U 10 - High Jump (S/H 1.00m)

Region: R 1.42m 17/02/2008 Lachlan Behagg, Manly Warringah
 State: S 1.51m 21/03/2004 Jake Stein, Warradale

Name	Age Centre	Final
1 Maksimir Saravanja	Ku-Ring-Gai	1.38m
2 Angus Hunt	Northern Suburbs	1.32m
3 Cadel Holmes	Northern Suburbs	1.30m
4 Finn Parlevliet	Nth Rocks Carlin	1.22m
5 Leo Brown	Manly Warringah	J1.22m
6 Liam Renshaw	Northern Suburbs	1.20m
7 Wilber Kingma	Manly Warringah	1.15m
8 Christopher Moala	Ryde	J1.15m
9 Ethan Fajemisin	Nth Rocks Carlin	J1.15m
10 Dominic D'Souza	Hornsby	1.10m
11 Jake LE Lievre	Northern Districts	J1.10m
12 Sebastian Oswald	Manly Warringah	1.05m
12 Samuel Larratt	Ku-Ring-Gai	1.05m

Boys U 11 - High Jump (S/H 1.10m)

Region: R 1.59m 16/02/2008 Thomas Cheel, Ku-ring-gai
 State: S 1.63m 17/03/1996 John Thornell, Green Valley

Name	Age Centre	Final
1 Billy Peek	Manly Warringah	1.44m
2 Dylan Swanson	Manly Warringah	1.38m
3 Jope Rauqe	Ryde	1.36m
4 Will Morahan	Northern Suburbs	1.34m
5 Owen Chandler	Ryde	1.25m
6 Mitchell Healy	Northern Suburbs	J1.25m
7 Samuel Robinson	Mosman	J1.25m
8 Caleb Ashton	Ku-Ring-Gai	J1.25m
9 Max Mgbemene	Cherrybrook	1.20m

Boys U 12 - High Jump (S/H 1.20m)

Region: R 1.59m 16/02/2005 Kane Thompson, Manly Warringah
 State: S 1.72m 21/03/2009 Thibaut Potin, Illawong

Name	Age Centre	Final
1 Jed Wigley	Ku-Ring-Gai	1.51m
2 Evan Venning	Northern Suburbs	1.49m
3 Max Merifield	Ryde	J1.49m
4 Ivan Prizmic	Ryde	J1.49m
5 Alex Matthews	Manly Warringah	1.45m
6 William Austin	Cherrybrook	1.40m
7 Angelo Mihos	Ryde	J1.35m
7 Matt Ashcroft	Hornsby	1.35m

Results**....Boys U 12 - High Jump (S/H 1.20m)**

9	Dylan Van Grootel	Manly Warringah	J1.35m
10	Leo Walls	Northern Suburbs	1.30m
11	Julian Mendria	Cherrybrook	1.25m
12	Daniel Nemeth	Mosman	J1.25m

Boys U 13 - High Jump (S/H 1.25m)

=====			
Region: R 1.71m		19/02/2006	Tom Evans, Tuggerah Lakes
State: S 1.81m		21/03/2010	Thibaut Potin, Illawong
Name	Age	Centre	Final
=====			
1	Lance Haffenden	Cherrybrook	1.56m
2	Thomas Skinner	Hornsby	1.52m
3	Evan Neal	Manly Warringah	1.50m
4	Tate Fitzgerald	Mosman	1.44m
5	Michael Ong	Parramatta	1.35m
6	Lachlan Roberts	Parramatta	J1.35m
7	Arav Sathyan	Mosman	1.30m
8	Matthew Roberts	Northern Districts	J1.30m
--	Byron Bakker	Manly Warringah	NH
--	Albert Ingleton	Mosman	NH

Boys U 14 - High Jump (S/H 1.30m)

=====			
Region: R 1.85m		1999	J Watson, Manly Warringah
State: S 1.95m		20/03/1994	Justin Hathway, Tamworth
Name	Age	Centre	Final
=====			
1	Darcy Holmes	Northern Suburbs	1.77m
2	Michael Gardiner	Northern Suburbs	1.75m
3	Ben MacNamara	Ku-Ring-Gai	1.69m
4	Kaylan Clark	Cherrybrook	1.61m
5	Michael Foote	Parramatta	1.59m
6	Oliver Barry	Hornsby	1.50m
7	Marco DE Paulis	Northern Districts	J1.50m
8	Owen Mickan	Ryde	1.45m
9	Mitchel Faulkner	Ryde	J1.45m
10	Alexander Harrison	Nth Rocks Carlin	1.40m
11	Wilson Sarkies	Manly Warringah	1.35m
12	Kale Burton	Nth Rocks Carlin	1.30m

Boys U 15 - High Jump (S/H 1.30m)

=====			
Region: R 1.90m		17/02/2013	Declan Pluim, Cherrybrook
State: S 2.06m		18/03/2000	James Watson, Manly Warringah
Name	Age	Centre	Final
=====			
1	Kyle Fisher	Northern Suburbs	1.66m
2	Darcy Bourke	Parramatta	1.64m
3	Samuel Galati	Ryde	J1.64m
4	Liam Oliver	Northern Districts	1.62m
5	Billy Bakker	Manly Warringah	1.60m
6	ryan crane	Manly Warringah	1.55m
7	Ethan Barlow	Manly Warringah	J1.55m
8	George Davis	Ryde	J1.55m
9	Charlie Hamill	Manly Warringah	1.50m
10	Dylan Shackell	Northern Suburbs	J1.50m

Results**....Boys U 15 - High Jump (S/H 1.30m)**

11 Daniel Menin	Parramatta	J1.50m
12 Riveen Jayasinghe	Parramatta	1.45m
13 Eden Russell	Manly Warringah	1.35m

Boys U 17 - High Jump (S/H 1.35m)

=====			
Region:	R 2.05m	27/02/2010	Brendan Starc, Parramatta
State:	S 2.10m	20/03/2010	Brandon Starc, Parramatta
Name	Age	Centre	Final
=====			
1 Campbell Johnson		Cherrybrook	1.87m
2 Jack Wrightson		Manly Warringah	1.69m
3 Marko Prizmic		Ryde	1.65m
4 Connor Latham		Ryde	1.61m
5 Benjamin Crimp		Northern Suburbs	J1.61m

Boys U 8 - Long Jump

=====			
Region:	R 4.01m	1999	Michael Oldfield, Manly Warri
State:	S 4.24m	22/02/1987	Steven Grant, Port Hacking
Name	Age	Centre	Final
=====			
1 Jack Procter		Ku-Ring-Gai	3.68m
2 Joshua Tilt		Nth Rocks Carlin	3.61m
3 Fredrick Chidambaram		Manly Warringah	J3.61m
4 Luke Moscos		Ryde	3.58m
5 Jeffrey Benoliel		Mosman	3.49m
6 Daniel Benoliel		Mosman	3.48m
7 Lucas Rogers		Northern Districts	3.45m
8 Joshua Kang		Ryde	3.38m
9 Aarush Anandh		Cherrybrook	3.29m
10 Justin Guo		Nth Rocks Carlin	3.18m
11 Lucas Hudy		Manly Warringah	3.04m
12 Rhys Chandler		Ryde	2.99m
13 Nicholas Klamer		Nth Rocks Carlin	2.97m
14 Cooper Shanahan		Parramatta	2.94m

Boys U 9 - Long Jump

=====			
Region:	R 4.48m	2000	Michael Oldfield, Manly Warri
State:	S 4.71m	24/03/1991	Grant Buchanan, Illawong
Name	Age	Centre	Final
=====			
1 Lachlan Booth		Cherrybrook	3.87m
2 Joel Daily		Mosman	3.82m
3 Jimmy Thebridge		Ku-Ring-Gai	3.79m
4 Joel Moresi		Cherrybrook	3.78m
5 Benjamin Woodhouse		Nth Rocks Carlin	3.77m
6 Matteo Shipman		Northern Suburbs	J3.77m
7 Oliver Sanbrook		Manly Warringah	3.75m
8 Kai Herbert		Ku-Ring-Gai	3.52m
9 Tyson Neal		Ku-Ring-Gai	3.50m
10 Samuel Price		Nth Rocks Carlin	3.46m
11 Samuel Wheeler		Ryde	3.36m
12 Zac Gedz		Manly Warringah	3.29m
13 James Woods		Ryde	3.22m

Results**Boys U 10 - Long Jump**

=====			
Region: R 4.84m		11/02/2017	Dylan Hall, Ku-Ring-Gai
State: S 5.17m		16/03/1980	Martin Moore, Bathurst
Name	Age	Centre	Final
=====			
1 Brody Folkes		Mosman	4.58m
2 Leo Robinson		Manly Warringah	4.16m
3 Harry Sexton		Manly Warringah	4.15m
4 Finn Parlevliet		Nth Rocks Carlin	4.14m
5 Wilber Kingma		Manly Warringah	4.00m
6 Lars Ackland		Ku-Ring-Gai	3.97m
7 Samuel Larratt		Ku-Ring-Gai	3.87m
8 James Archer		Northern Suburbs	3.86m
8 Brodie Shearer		Ku-Ring-Gai	J3.86m
10 Kobe Moore		Cherrybrook	3.80m
11 Harper Enasio		Northern Districts	3.74m
11 Dominic Lee		Northern Suburbs	3.74m
13 Christopher Moala		Ryde	3.71m
14 Akith Ekanayake		Cherrybrook	3.45m

Boys U 11 - Long Jump

=====			
Region: R 5.14m		22/02/2002	Alexander Pettigrew, Parramat
State: S 5.34m		7/02/1987	Craig Woodroff, Manly Warring
Name	Age	Centre	Final
=====			
1 Dylan Hall		Ku-Ring-Gai	4.86m
2 Prince Kamara		Manly Warringah	4.36m
3 Lucas Kwan		Ku-Ring-Gai	4.33m
4 Llewyn Morrison		Northern Suburbs	4.31m
5 Caleb Ashton		Ku-Ring-Gai	4.29m
6 Lachlan Tilt		Nth Rocks Carlin	4.14m
7 Ben Fairbrother		Manly Warringah	4.03m
8 Owen Chandler		Ryde	3.97m
9 Jake Hardwick		Nth Rocks Carlin	3.88m
10 Marco Boccaletti		Cherrybrook	3.87m
11 Oliver McNicol		Nth Rocks Carlin	3.79m
12 Max Mgbemene		Cherrybrook	3.73m
13 Matthew Gough		Nth Rocks Carlin	3.62m
14 Austen Centellas		Ryde	3.54m

Boys U 12 - Long Jump

=====			
Region: R 5.66m		21/02/2004	Martin Stonis, Northern Subur
State: S 5.86m		17/03/1996	Michael Doggett, Lithgow
Name	Age	Centre	Final
=====			
1 Lachlan Herbert		Ku-Ring-Gai	5.25m
2 Evan Venning		Northern Suburbs	4.95m
3 Julian Lee		Northern Suburbs	4.92m
4 James Harden		Ku-Ring-Gai	4.69m
5 Charlie Bowtell		Manly Warringah	4.68m
6 Leo Walls		Northern Suburbs	4.66m
7 William Austin		Cherrybrook	4.59m
8 Joshua Pozzolungo		Parramatta	4.40m
9 Dylan Van Grootel		Manly Warringah	4.28m
10 Nicholas Bradshaw		Cherrybrook	4.25m
11 Lukas Muller		Manly Warringah	4.20m

Results**....Boys U 12 - Long Jump**

12 Ivan Prizmic Ryde 4.14m

Boys U 13 - Long Jump

=====			
Region: R 5.75m		1995	D Geddes, Manly Warringah
State: S 6.11m		19/03/2006	Kurt Jenner, Mt Pritchard
Name	Age	Centre	Final
=====			
1	Ethan Oliver	Northern Districts	5.29m
2	Rajan Ravinthran	Nth Rocks Carlin	5.24m
3	Cormac Morrison	Northern Suburbs	5.04m
4	Justin George	Manly Warringah	4.85m
5	Evan Neal	Manly Warringah	4.72m
6	Zachary Flynn	Manly Warringah	4.70m
7	Tama Simpkins	Northern Districts	4.64m
8	Zachary Semaganda	Cherrybrook	4.62m
9	Benjamin Stevens	Ryde	4.55m
10	Lance Haffenden	Cherrybrook	4.51m
11	Ajaiy Mohanraja	Cherrybrook	4.41m
12	Andre Chijian	Ryde	4.40m
13	Jake Eagland	Manly Warringah	J4.40m
14	Thomas Skinner	Hornsby	4.35m

Boys U 14 - Long Jump

=====			
Region: R 6.22m		18/02/2018	Donovan Bradshaw, Cherrybrook
State: S 6.52m		17/03/1996	Stephen Jacenko, Balmain
Name	Age	Centre	Final
=====			
1	Donovan Bradshaw	Cherrybrook	6.22mR
2	Jonathan Reid	Cherrybrook	5.83m
3	Savi Moala	Ryde	5.35m
4	Eli Sagala	Northern Districts	5.27m
5	Yianni Fotias	Hornsby	4.96m
6	Fynn George	Manly Warringah	4.83m
7	Lachlan Farquhar	Manly Warringah	4.63m
8	Anthony Feng	Ryde	4.59m
9	Luke Fisher	Northern Suburbs	4.31m

Boys U 15 - Long Jump

=====			
Region: R 6.47m		1991	J Robinson, Parramatta
State: S 7.12m		20/03/2009	Thomas Soliman, Blacktown
Name	Age	Centre	Final
=====			
1	Jordan Metcalfe	Parramatta	6.00m
2	Billy Bakker	Manly Warringah	5.91m
3	Jett Tall	Ryde	5.86m
4	Devan Senasinghe	Cherrybrook	5.65m
5	Samuel Galati	Ryde	5.54m
6	Kyle Fisher	Northern Suburbs	5.53m
7	Alex Durheim	Cherrybrook	5.03m
8	Jacob Rodriguez	Parramatta	4.44m

Results**Boys U 17 - Long Jump**

=====			
Region: R 6.68m		13/02/2016	Willson Lowe, Manly Warringah
State: S 7.17m		19/03/2016	Josh Baddock, Cherrybrook
Name	Age	Centre	Final
=====			
1 Ryan Marshall		Manly Warringah	6.17m
2 Kalani Lenehan		Ku-Ring-Gai	6.00m
3 Joshua Coppolelli		Cherrybrook	5.80m
4 Marko Prizmic		Ryde	5.60m
5 James Leatherbarrow		Northern Suburbs	5.41m
6 Ryan Jones		Cherrybrook	5.12m

Boys U 11 - Triple Jump

=====			
Region: R 10.29m		1993	D Geddes, Manly Warringah
State: S 11.06m		27/03/1993	David Geddes, Manly Warringah
Name	Age	Centre	Final
=====			
1 Billy Peek		Manly Warringah	9.70m
2 Christiaan Maritz		Manly Warringah	9.22m
3 William Tye		Hornsby	9.21m
4 Owen Chandler		Ryde	9.02m
5 Llewyn Morrison		Northern Suburbs	8.99m
6 Lachlan Tilt		Nth Rocks Carlin	8.81m
7 Charlie Mott		Mosman	8.74m
8 Benjamin Heytman		Northern Suburbs	8.45m
9 Max Byrnes		Nth Rocks Carlin	8.36m
10 Zac Herbert		Ku-Ring-Gai	8.23m
11 Will Morahan		Northern Suburbs	8.19m
12 Matthew Gough		Nth Rocks Carlin	8.10m
13 Oliver Ludgate		Mosman	7.73m
14 Archie Taylor		Manly Warringah	7.47m

Boys U 12 - Triple Jump

=====			
Region: R 11.54m		22/02/2004	Martin Stonis, Northern Subu
State: S 12.78m		19/03/1995	Gina Keimelo, Randwick Botan
Name	Age	Centre	Final
=====			
1 Evan Venning		Northern Suburbs	10.61m
2 Charlie Bowtell		Manly Warringah	9.98m
3 George Srouer		Ryde	9.75m
4 Dylan Van Grootel		Manly Warringah	9.25m
5 Nicholas Bradshaw		Cherrybrook	8.88m
6 Lukas Muller		Manly Warringah	8.87m
7 Arthur Taylor		Ku-Ring-Gai	8.59m
8 Sean Williams		Ku-Ring-Gai	8.20m

Boys U 13 - Triple Jump

=====			
Region: R 12.03m		17/02/2007	Nicholas Hough, Hills Distri
State: S 12.72m		18/03/2007	Nicholas Hough, Hills Distri
Name	Age	Centre	Final
=====			
1 Rajan Ravintran		Nth Rocks Carlin	10.61m
2 Justin George		Manly Warringah	10.56m
3 Jake Eagland		Manly Warringah	10.31m
4 Max Milani		Northern Suburbs	10.08m

Results**....Boys U 13 - Triple Jump**

5	Oliver Roberts	Mosman	10.03m
6	Byron Bakker	Manly Warringah	9.76m
7	Zachary Semaganda	Cherrybrook	9.47m
8	Dale Mapstone	Manly Warringah	9.30m
9	Lachlan Roberts	Parramatta	9.02m
10	Andre Chijian	Ryde	8.84m
11	Samiuela Moala	Ryde	8.30m
12	Tom Ralph	Ryde	8.16m

Boys U 14 - Triple Jump

=====			
Region: R 13.27m		1996	D Geddes, Manly Warringah
State: S 13.48m		17/03/1996	David Geddes, Manly Warringah
Name	Age	Centre	Final
=====			
1	Jonathan Reid	Cherrybrook	12.65m
2	Sehan Samaragunaratna	Parramatta	11.03m
3	Joel Neasmith	Manly Warringah	10.85m
4	Raff De Stradis	Hornsby	10.29m
5	Tate Mahony	Nth Rocks Carlin	10.16m
6	Cameron Kemmis	Hornsby	10.15m
7	Anthony Feng	Ryde	9.83m
8	Kale Burton	Nth Rocks Carlin	9.46m
9	Sam Bates	Ku-Ring-Gai	9.41m
10	Myles Colman	Northern Suburbs	9.40m
11	Darcy Holmes	Northern Suburbs	9.29m
12	Fynn George	Manly Warringah	9.28m
13	Lachlan Farquhar	Manly Warringah	9.04m

Boys U 15 - Triple Jump

=====			
Region: R 13.54m		12/02/2017	Ryan Marshall, Manly Warringah
State: S 14.35m		21/03/1999	Fabrice Lapierre, Blacktown
Name	Age	Centre	Final
=====			
1	Jordan Metcalfe	Parramatta	12.87m
2	Devan Senasinghe	Cherrybrook	12.11m
3	Kyle Fisher	Northern Suburbs	12.00m
4	Samuel Galati	Ryde	11.14m
5	Billy Bakker	Manly Warringah	10.81m
6	Luke Durheim	Cherrybrook	10.60m
7	Ethan Barlow	Manly Warringah	10.25m

Boys U 17 - Triple Jump

=====			
Region: R 14.30m		17/02/2013	Emmanuel Fakiye, Nth Rocks C
State: S 14.80m		24/03/2013	Emmanuel Fakiye, Nth Rocks C
Name	Age	Centre	Final
=====			
1	Ryan Marshall	Manly Warringah	13.76m
2	Marko Prizmic	Ryde	12.99m
3	Joshua Coppolelli	Cherrybrook	12.46m
4	Jack Wrightson	Manly Warringah	12.33m
5	Ryan Jones	Cherrybrook	11.63m
6	Kalafi Moala	Ryde	11.08m
7	Connor Latham	Ryde	11.01m
8	Andrew Tse	Northern Suburbs	10.59m

Results**....Boys U 17 - Triple Jump**

9 Lachlan Krklinski	Parramatta	9.14m
-- Elie Shehadie	Parramatta	FOUL

Boys U 8 - Shot Put (1.5 Kg)

Name	Age	Centre	Final
Region: R 9.58m 19/02/2011 Daniel Manin, Parramatta			
State: S 10.98m 6/03/2011 Blake Toohey, Sutherland			
1 Zakar Balian		Ryde	6.62m
2 Zak Evans		Northern Suburbs	6.58m
3 Nathaniel Basha		Nth Rocks Carlin	6.39m
4 Finn Bailey		Manly Warringah	J6.39m
5 Archie Hetherington		Ku-Ring-Gai	5.78m
6 Lucas Breckon		Northern Suburbs	5.72m
7 Benjamin Govers		Northern Suburbs	5.49m
8 Vinuka Kankanige		Parramatta	5.46m
9 Hugo Bragg		Ryde	5.16m
10 Hamish Collins		Hornsby	5.06m
11 Luke Osborne		Ku-Ring-Gai	4.96m
12 Angus Seve		Manly Warringah	4.69m
13 Lucas Bishop		Nth Rocks Carlin	4.64m
14 Byron Borchert		Manly Warringah	4.62m
15 Oliver Hills		Manly Warringah	3.80m

Boys U 9 - Shot Put (2.0 Kg)

Name	Age	Centre	Final
Region: R 9.82m 18/02/2012 Daniel Menin, Parramatta			
State: S 11.33m 20/03/1999 Jamal Idris, Bankstown Sport			
1 Gerhardus Burger		Ku-Ring-Gai	7.57m
2 Terry Koinusis		Parramatta	7.53m
3 Toby Hall		Manly Warringah	7.21m
4 Tyson Neal		Ku-Ring-Gai	7.11m
5 Zac Gedz		Manly Warringah	6.96m
6 Lachlan Booth		Cherrybrook	6.56m
7 Edward Darby		Hornsby	6.34m
8 Paris Lazanas		Ku-Ring-Gai	6.25m
9 Matteo Shipman		Northern Suburbs	6.08m
10 Lucca Holbert		Ryde	6.00m
11 Daniel Cribb		Hornsby	5.88m
12 Hugo Doak		Northern Suburbs	5.46m
13 Simon Forsyth		Parramatta	5.36m
14 Henry Trueman		Manly Warringah	5.32m
15 Archie Hartman		Mosman	5.19m
16 Prescott Williams		Manly Warringah	4.95m

Boys U 10 - Shot Put (2.0 Kg)

Name	Age	Centre	Final
Region: R 11.70m 17/02/2013 Daniel Menin, Parramatta			
State: S 13.22m 20/02/2011 EJ Brown-Vaelua, Nepean			
1 Ethan Hemakumara		Parramatta	8.30m
2 Lachlan Waldron		Parramatta	8.21m
3 William Basha		Nth Rocks Carlin	8.11m

Results**....Boys U 10 - Shot Put (2.0 Kg)**

4	Dominic Lee	Northern Suburbs	7.71m
5	Levi Palfrey	Nth Rocks Carlin	7.67m
6	William Finnane	Ryde	7.62m
7	Thomas Schneider	Nth Rocks Carlin	7.35m
8	Xavier Bosland	Manly Warringah	J7.35m
9	Jack Stockley	Manly Warringah	6.92m
10	William Seve	Manly Warringah	6.74m
11	Ethan Fajemisin	Nth Rocks Carlin	6.73m
12	Samuel Larratt	Ku-Ring-Gai	6.56m
13	Brodie Shearer	Ku-Ring-Gai	6.25m
14	Wilber Kingma	Manly Warringah	5.38m
--	Jake LE Lieve	Northern Districts	FOUL

Boys U 11 - Shot Put (2.0 Kg)

=====			
Region: R 13.37m 15/02/2014 Daniel Menin, Parramatta			
State: S 14.42m 19/03/2011 Payne Haas, Macquarie Hunter			
Name	Age	Centre	Final
=====			
1	Michael Ajaka	Parramatta	11.01m
2	Ryan Croan	Parramatta	10.05m
3	Harvey Monnock	Manly Warringah	9.86m
4	Will Drury	Manly Warringah	9.78m
5	Freddie Benson Sparkes	Manly Warringah	9.76m
6	Thomas Haslam	Ku-Ring-Gai	9.66m
7	Adam Butcher	Parramatta	9.48m
8	Luke Collins	Hornsby	J8.51m
8	Oliver Ludgate	Mosman	8.51m
10	Kalan Harding	Northern Districts	8.49m
11	Benjamin Heytman	Northern Suburbs	8.41m
12	Andrew Kalos	Ryde	8.28m
13	Goran Luketic	Nth Rocks Carlin	8.04m
14	Griffin Hemsworth	Ku-Ring-Gai	7.44m

Boys U 12 - Shot Put (3.0 Kg)

=====			
Region: R 13.30m 16/02/2003 A Luzi, Winston Hills			
State: S 15.66m 17/03/2002 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
=====			
1	George Shahla	Parramatta	10.63m
2	Lachie Murray	Northern Suburbs	10.06m
3	Daniel Bovis	Northern Districts	9.46m
4	Finnlay Bartlett	Mosman	9.18m
5	Joseph Harkin	Northern Suburbs	8.94m
6	Gabriel Bertozzi	Manly Warringah	8.11m
7	Ethan Touchard	Nth Rocks Carlin	8.09m
8	Gordon Durie	Northern Suburbs	7.89m
9	Kai Schofield	Nth Rocks Carlin	7.75m
10	Samuel Langridge	Ku-Ring-Gai	7.37m

Results**Boys U 13 - Shot Put (3.0 Kg)**

Region: R 15.66m 1994 S Novkovic, WInston Hills			
State: S 19.11m 20/03/2009 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Julian Ajaka		Parramatta	13.70m
2 Benjamin Stevens		Ryde	12.41m
3 Thomas Taylor-King		Manly Warringah	11.73m
4 Cormac Morrison		Northern Suburbs	9.96m
5 Sudhish Bheemreddy		Nth Rocks Carlin	9.18m
6 Alexander Bonomi		Manly Warringah	9.11m
7 Bensen Liu		Northern Suburbs	8.27m
8 Aiden Collins		Hornsby	8.21m
9 Dale Mapstone		Manly Warringah	8.10m
10 Malakye Enasio		Northern Districts	7.97m
11 Cullen Russell		Ryde	6.90m
12 Vihaan Sahai		Cherrybrook	6.45m

Boys U 14 - Shot Put (3.0 Kg)

Region: R 16.85m 16/02/2014 Kieren Briggs, Parramatta			
State: S 18.51m 16/02/2013 Tyrone Taukamo, Randwick Bot			
Name	Age	Centre	Final
1 Alexander Shahla		Parramatta	15.13m
2 Maxi Zihlmann		Northern Suburbs	13.10m
3 Lachlan Schneider		Nth Rocks Carlin	12.44m
4 Domenico De Stradis		Hornsby	11.41m
5 Archie Saunders		Manly Warringah	10.27m
6 Lachlan Farquhar		Manly Warringah	9.74m
7 Fredrik Hancock		Manly Warringah	9.63m
8 Anthony Feng		Ryde	9.56m
9 Tate Mahony		Nth Rocks Carlin	9.06m
10 Isaac Kuka		Nth Rocks Carlin	8.97m
11 Nischal Kollipara		Nth Rocks Carlin	8.31m
12 Tomas Dennett		Ku-Ring-Gai	8.28m
13 Joshua Lawrence		Nth Rocks Carlin	7.09m

Boys U 15 - Shot Put (4.0 Kg)

Region: R 17.44m 1995 P Elvy, Manly Warringah			
State: S 19.62m 18/03/2011 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Daniel Menin		Parramatta	14.95m
2 Matthew Butler		Northern Suburbs	14.75m
3 Jett Tall		Ryde	13.04m
4 Stuart Downie		Northern Suburbs	11.27m
5 Bayden Little		Cherrybrook	10.46m
6 Alexander Norris		Manly Warringah	10.29m
7 Sam Lee		Northern Suburbs	10.07m
8 Charlie Hamill		Manly Warringah	8.71m

Results**Boys U 17 - Shot Put (5.0 Kg)**

=====			
Region: R 16.18m		16/02/2013	Tyson Davis, Manly Warringah
State: S 17.89m		24/03/2012	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1 Kevin Yang		Cherrybrook	15.16m
2 Jack McFadden		Ku-Ring-Gai	13.31m
3 Anthony Shahla		Parramatta	10.96m
4 Elijah Khallouf		Northern Districts	9.22m
5 Andrew Tse		Northern Suburbs	9.07m
6 Elie Shehadie		Parramatta	8.61m

Boys U 8 - Discus (500 Gram)

=====			
Region: R 31.36m		1992	Gareth Care, North Rocks Car
State: S 31.36m		16/02/1992	Gareth Care, Nth Rocks Carli
Name	Age	Centre	Final
=====			
1 Samuel Proctor		Parramatta	18.80m
2 Rian Connors		Ku-Ring-Gai	18.32m
3 Joshua Tilt		Nth Rocks Carlin	18.27m
4 Zak Evans		Northern Suburbs	18.07m
5 Nathaniel Basha		Nth Rocks Carlin	16.79m
6 Toby Woolnough		Manly Warringah	15.28m
7 Jeffrey Benoliel		Mosman	15.15m
8 Benjamin Govers		Northern Suburbs	14.80m
9 Aidan Donovan		Ku-Ring-Gai	14.28m
10 Henry O'Neil		Nth Rocks Carlin	12.58m
11 Hamish Collins		Hornsby	12.49m
12 Fredrick Chidambaram		Manly Warringah	12.20m
13 Archie Hetherington		Ku-Ring-Gai	12.03m
14 Lucas Breckon		Northern Suburbs	10.97m
15 Aiden Freestone		Manly Warringah	10.21m

Boys U 9 - Discus (500 Gram)

=====			
Region: R 32.96m		1998	Christopher Bassett, Hornsby
State: S 36.68m		22/11/1998	Jamal Idris, Bankstown Sport
Name	Age	Centre	Final
=====			
1 Joshua Smith		Ryde	22.00m
2 Gerhardus Burger		Ku-Ring-Gai	21.46m
3 Terry Koinusis		Parramatta	20.71m
4 Lennox Cleary		Manly Warringah	20.49m
5 Tyson Neal		Ku-Ring-Gai	20.22m
6 Zac Gedz		Manly Warringah	19.91m
7 Toby Hall		Manly Warringah	19.40m
8 Edward Darby		Hornsby	18.20m
9 Simon Forsyth		Parramatta	17.60m
10 Julian Gasparini		Parramatta	17.44m
11 Joshua Reynolds		Nth Rocks Carlin	16.54m
12 Julien Emmerson		Ryde	13.48m

Results**Boys U 10 - Discus (500 Gram)**

=====			
Region: R 39.76m		1999	Christopher Bassett, Hornsby
State: S 43.20m		19/03/1983	Jason Amberger, Nepean
Name	Age	Centre	Final
=====			
1	Lachlan Waldron	Parramatta	32.28m
2	Ethan Hemakumara	Parramatta	30.60m
3	Dominic Lee	Northern Suburbs	28.08m
4	Darcy Kirkland	Manly Warringah	25.91m
5	William Basha	Nth Rocks Carlin	24.63m
6	Hayden McLellan	Manly Warringah	20.71m
7	Amos Mashiah	Hornsby	19.35m
8	Ethan Auer	Manly Warringah	18.60m
9	Harper Enasio	Northern Districts	16.08m
10	Hamish Thomson	Ku-Ring-Gai	15.77m
11	Levi Palfrey	Nth Rocks Carlin	13.99m
--	James Archer	Northern Suburbs	FOUL

Boys U 11 - Discus (750 Gram)

=====			
Region: R 37.09m		20/02/2011	Nicholas Frost, Northern Dis
State: S 40.45m		17/02/2012	EJ Brown-Vaelua, Nepean
Name	Age	Centre	Final
=====			
1	Felix Scholle	Ku-Ring-Gai	28.47m
2	Freddie Benson Sparkes	Manly Warringah	28.00m
3	Michael Ajaka	Parramatta	27.66m
4	Benjamin Heytman	Northern Suburbs	26.42m
5	Kalan Harding	Northern Districts	26.29m
6	Mitchell Healy	Northern Suburbs	25.77m
7	Adam Butcher	Parramatta	24.95m
8	Orlando Grinbergs	Manly Warringah	24.39m
9	Jope Rauqe	Ryde	22.43m
10	Ryan Croan	Parramatta	20.67m
11	Isaac Brooks	Mosman	20.51m
12	Thomas Haslam	Ku-Ring-Gai	19.66m
13	Ben Fairbrother	Manly Warringah	19.01m
14	Ruann Eksteen	Manly Warringah	18.75m
15	Oliver Ludgate	Mosman	17.44m

Boys U 12 - Discus (750 Gram)

=====			
Region: R 44.04m		1993	S Novkovic, Winston Hills
State: S 52.43m		16/03/2002	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Joseph Harkin	Northern Suburbs	36.37m
2	William Austin	Cherrybrook	36.13m
3	George Shahla	Parramatta	33.00m
4	Lachie Murray	Northern Suburbs	29.13m
5	Will Matheson	Mosman	28.07m
6	Ethan Touchard	Nth Rocks Carlin	26.10m
7	Gordon Durie	Northern Suburbs	25.82m
8	Sean Williams	Ku-Ring-Gai	23.92m
9	Daniel Bovis	Northern Districts	20.56m
10	Samuel Langridge	Ku-Ring-Gai	18.61m
11	Ewan Allabush	Ku-Ring-Gai	15.26m
--	Kai Schofield	Nth Rocks Carlin	FOUL

Results**Boys U 13 - Discus (1.0 Kg)**

Region: R 48.10m 1994 S Novkovic, Winston Hills			
State: S 53.78m 16/03/2003 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
1 Benjamin Stevens		Ryde	40.09m
2 Julian Ajaka		Parramatta	35.00m
3 Alex Metaxoulis		Cherrybrook	25.81m
4 Gauthier Sanchez		Manly Warringah	21.69m
5 Malakye Enasio		Northern Districts	20.85m
6 Aiden Collins		Hornsby	20.61m
7 Corey Dewar		Cherrybrook	20.09m
8 Matthew Roberts		Northern Districts	19.21m
9 Joel Solomon		Manly Warringah	18.69m
10 Alex Mills		Cherrybrook	18.27m
11 Thomas Taylor-King		Manly Warringah	17.39m
12 Sudhish Bheemreddy		Nth Rocks Carlin	16.71m

Boys U 14 - Discus (1.0 Kg)

Region: R 55.22m 1995 S Novkovic, Winston Hills			
State: S 57.71m 20/03/2010 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Alexander Shahla		Parramatta	43.24m
2 Sehan Samaragunarithna		Parramatta	38.78m
3 Maxi Zihlmann		Northern Suburbs	38.77m
4 Domenico De Stradis		Hornsby	34.71m
5 Robbie Cullen		Cherrybrook	32.06m
6 Raff De Stradis		Hornsby	29.64m
7 Lachlan Schneider		Nth Rocks Carlin	24.54m
8 Lachlan Farquhar		Manly Warringah	24.16m
9 Fredrik Hancock		Manly Warringah	24.11m
10 Tate Mahony		Nth Rocks Carlin	23.87m
11 Anthony Feng		Ryde	22.63m
12 Nischal Kollipara		Nth Rocks Carlin	18.99m
13 Joshua Lawrence		Nth Rocks Carlin	18.71m
14 Isaac Kuka		Nth Rocks Carlin	18.64m
-- Eli Sagala		Northern Districts	FOUL

Boys U 15 - Discus (1.0 Kg)

Region: R 64.26m 15/02/2015 Nicholas Frost, Parramatta			
State: S 64.26m 15/02/2015 Nicholas Frost, Parramatta			
Name	Age	Centre	Final
1 Daniel Menin		Parramatta	46.49m
2 Stuart Downie		Northern Suburbs	45.74m
3 Jett Tall		Ryde	43.19m
4 Matthew Butler		Northern Suburbs	42.71m
5 Oskar Enasio		Northern Districts	33.72m
6 Alexander Norris		Manly Warringah	33.41m
7 Bayden Little		Cherrybrook	29.74m
8 Kyle Fisher		Northern Suburbs	29.53m
9 Jacob Rodriguez		Parramatta	24.17m
10 Billy Bakker		Manly Warringah	20.52m
11 Luke Durheim		Cherrybrook	19.68m
12 Cameron Murray		Parramatta	18.01m

Results**Boys U 17 - Discus (1.5 Kg)**

=====			
Region: R 54.30m		14/02/2016	Nicholas Frost, Parramatta
State: S 56.17m		22/03/2009	Liam Speers, Macquarie Hunte
Name	Age	Centre	Final
=====			
1 Daniel Hall		Mosman	45.97m
2 Anthony Shahla		Parramatta	43.08m
3 Jack McFadden		Ku-Ring-Gai	41.80m
4 Kevin Yang		Cherrybrook	39.08m
5 Jonathan Bell		Ku-Ring-Gai	38.34m
6 Scott Chapman		Cherrybrook	31.34m
7 Andrew Tse		Northern Suburbs	24.54m
8 Elijah Khallouf		Northern Districts	23.12m

Boys U 11 - Javelin (400 Gram)

=====			
Region: R 32.74m		14/02/2016	Ethan Oliver, Northern Distr
State: S 34.27m		19/03/2016	Baxter Kitteringham, Port Ha
Name	Age	Centre	Final
=====			
1 Will Drury		Manly Warringah	28.82m
2 Freddie Benson Sparkes		Manly Warringah	28.26m
3 Ruann Eksteen		Manly Warringah	27.52m
4 Michael Ajaka		Parramatta	25.76m
5 Andrew Kalos		Ryde	24.12m
6 Jope Rauqe		Ryde	23.30m
7 Mitchell Healy		Northern Suburbs	22.76m
8 Luke Collins		Hornsby	21.54m
9 Felix Scholle		Ku-Ring-Gai	20.96m
10 Jeremy Jubb		Cherrybrook	19.94m
11 Ben Fairbrother		Manly Warringah	19.62m
12 Benjamin Heytman		Northern Suburbs	18.68m
13 Matthew Gough		Nth Rocks Carlin	18.46m
14 William Tye		Hornsby	17.86m
15 Adam Butcher		Parramatta	16.82m

Boys U 12 - Javelin (400 Gram)

=====			
Region: R 36.96m		15/02/2015	Daniel Menin, Parramatta
State: S 40.48m		21/03/2015	Daniel Menin, Parramatta
Name	Age	Centre	Final
=====			
1 Kai Schofield		Nth Rocks Carlin	30.44m
2 Lachie Murray		Northern Suburbs	26.12m
3 Joseph Harkin		Northern Suburbs	24.22m
4 Gabriel Bertozzi		Manly Warringah	24.12m
5 George Shahla		Parramatta	23.82m
6 Samuel Langridge		Ku-Ring-Gai	22.82m
7 Charlie Roughan		Northern Suburbs	18.66m
8 Max Gillian		Ku-Ring-Gai	17.84m
-- Brendan Markey		Manly Warringah	FOUL
-- Jake George		Parramatta	FOUL

Results**Boys U 13 - Javelin (600 Gram)**

=====			
Region: R 42.98m		17/02/2007	Elliot Lang, Northern Suburb
State: S 48.80m		18/03/2007	Shane Nicholls, Kurrajong Bi
Name	Age	Centre	Final
=====			
1	Ethan Oliver	Northern Districts	36.80m
2	Julian Ajaka	Parramatta	34.48m
3	Josh Mitchell	Hornsby	28.18m
4	Alex Metaxoulis	Cherrybrook	26.42m
5	Joseph Lynch	Manly Warringah	23.58m
6	Jake Eagland	Manly Warringah	22.80m
7	Bensen Liu	Northern Suburbs	22.06m
8	Max Fisher	Northern Suburbs	21.02m
9	Ryan Colver	Manly Warringah	18.88m
10	Joel Solomon	Manly Warringah	18.62m
11	Tom Ralph	Ryde	17.48m
12	Max Milani	Northern Suburbs	15.22m

Boys U 14 - Javelin (600 Gram)

=====			
Region: R 53.00m		17/02/2013	Cameron McEntyre, Ku-Ring-Ga
State: S 56.87m		18/03/2001	Jonathon Wynn, Camden Haven
Name	Age	Centre	Final
=====			
1	Joel Neasmith	Manly Warringah	39.40m
2	Lachlan Schneider	Nth Rocks Carlin	36.46m
3	Robbie Cullen	Cherrybrook	35.28m
4	Domenico De Stradis	Hornsby	32.50m
5	Tate Mahony	Nth Rocks Carlin	32.40m
6	Maxi Zihlmann	Northern Suburbs	30.12m
7	Darcy Holmes	Northern Suburbs	26.80m
8	Nischal Kollipara	Nth Rocks Carlin	25.86m
9	Duncan Loane	Northern Suburbs	21.06m
10	Lachlan Farquhar	Manly Warringah	19.54m
11	Fredrik Hancock	Manly Warringah	18.96m
12	Joshua Lawrence	Nth Rocks Carlin	14.88m

Boys U 15 - Javelin (700 Gram)

=====			
Region: R 59.69m		15/02/2014	Cameron McEntyre, Ku-Ring-Ga
State: S 59.69m		15/02/2014	Cameron McEntyre, Ku-Ring-Ga
Name	Age	Centre	Final
=====			
1	Daniel Menin	Parramatta	46.50m
2	Stuart Downie	Northern Suburbs	40.02m
3	Kyle Fisher	Northern Suburbs	36.74m
4	Bayden Little	Cherrybrook	36.72m
5	Alexander Norris	Manly Warringah	33.56m
6	George Davis	Ryde	31.60m
7	Samuel Galati	Ryde	28.48m
8	Matthew Butler	Northern Suburbs	27.40m
9	Charlie Hamill	Manly Warringah	20.92m
10	Cameron Murray	Parramatta	14.20m

Results**Boys U 17 - Javelin (700 Gram)**

=====			
Region: R 62.32m		17/02/2013	Tyson Davis, Manly Warringah
State: S 68.40m		24/03/2013	Rhys Stein, Warradale
Name	Age	Centre	Final
=====			
1 Jonathan Bell		Ku-Ring-Gai	54.72m
2 Scott Chapman		Cherrybrook	53.28m
3 Daniel Hall		Mosman	49.16m
4 Jack McFadden		Ku-Ring-Gai	39.42m
5 Ryan Jones		Cherrybrook	39.26m
6 Lachlan Krklinski		Parramatta	34.42m
7 Joshua Silver		Northern Districts	33.42m
8 Elijah Khallouf		Northern Districts	30.46m
9 Elie Shehadie		Parramatta	27.50m

Boys U 9 - 700 Metre Walk

=====			
Region: R 3:34.60		1998	Christopher Bassett, Hornsb
State: S 3:15.36		20/03/2016	Peter Elliott, Quakers Hill
Name	Age	Centre	Final
=====			
Section 1			
1 Christopher Nilon		Nth Rocks Carlin	3:46.44
2 Paris Lazanas		Ku-Ring-Gai	3:54.17
3 Noah Cabrol		Manly Warringah	4:01.54
4 Ben Chamberlain		Ryde	4:13.82
5 Ben Prosenko		Ryde	4:41.58
6 Levi Luxford-Smith		Manly Warringah	4:46.36
7 Cameron Gartner		Cherrybrook	4:49.37
8 Jaydon Hawthorne		Manly Warringah	4:59.92

Boys U 10 - 1100 Metre Walk

=====			
Region: R 5:45.20		1998	K Tansley, Manly Warringah
State: S 5:01.70		22/03/1998	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1 Jude Cho		Ku-Ring-Gai	6:25.11
2 Jack Prestwich		Ku-Ring-Gai	6:29.50
3 Jordan Turkal		Ryde	6:58.55
4 Jethro Penn		Cherrybrook	7:54.91
5 Sanderson Keyser		Parramatta	8:58.08
6 Matthew Cameron		Parramatta	9:35.21
-- William Seve		Manly Warringah	DQ
-- Charles Hetherington		Ku-Ring-Gai	DQ

Boys U 11 - 1100 Metre Walk

=====			
Region: R 5:19.18		19/02/2012	Dylan Richardson, Gosford
State: S 5:05.80		21/03/1999	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1 Isaac Tate		Manly Warringah	5:54.12
2 Keo Luxford-Smith		Manly Warringah	5:57.84
3 Orlando Grinbergs		Manly Warringah	6:27.72
4 William Dyson		Northern Suburbs	6:49.85
5 Will Drury		Manly Warringah	6:57.93
6 Jeremy Jubb		Cherrybrook	7:05.58

Results**....Boys U 11 - 1100 Metre Walk**

7	Lucas Rudd	Parramatta	7:49.56
8	Liam Price	Nth Rocks Carlin	7:54.68
9	Hugo Matthews	Nth Rocks Carlin	9:07.14
10	Kieran Arnott	Parramatta	9:35.04

Boys U 12 - 1500 Metre Walk

=====			
Region: R 7:06.59		17/02/2013	Harrison Mavin, Ku-Ring-Gai
State: S 6:45.20		19/03/2000	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1	Max Gillian	Ku-Ring-Gai	10:25.22
2	Nicholas Kimball	Manly Warringah	10:42.81
3	Brian Carpenter	Cherrybrook	13:21.92
--	Lachlan McIntosh	Ku-Ring-Gai	DQ
--	Briones Alejandro	Manly Warringah	DQ

Boys U 13 - 1500 Metre Walk

=====			
Region: R 7:04.60		19/02/2006	Jordan Mulhearn, Parramatta
State: S 6:30.40		28/03/1993	David Beacroft, Blacktown
Name	Age	Centre	Final
=====			
1	Harry Dundon	Mosman	8:24.40
2	Alex Mills	Cherrybrook	8:50.68
3	Byron Bakker	Manly Warringah	9:27.46
4	Samuel Walter	Ku-Ring-Gai	9:27.66
5	Lucas Hamill	Manly Warringah	10:39.31
6	Jai Schlederer	Ryde	12:57.59

Boys U 14 - 1500 Metre Walk

=====			
Region: R 6:28.16		19/02/2012	Tyler Jones, Wyong
State: S 6:13.40		19/03/1995	Troy Sundstrom, Highlanders
Name	Age	Centre	Final
=====			
1	Robbie Cullen	Cherrybrook	9:39.22
2	Tony Vujnovic	Manly Warringah	10:00.43

Boys U 15 - 1500 Metre Walk

=====			
Region: R 6:35.20		1995	Andrew Nappin, Manly Warrin
State: S 5:48.10		22/03/1998	Douglas Connolly, Mt Druitt
Name	Age	Centre	Final
=====			
1	Martin Leerberg	Ryde	7:45.16
2	George Davis	Ryde	8:31.75
3	William Mills	Cherrybrook	8:34.57
4	James Walter	Ku-Ring-Gai	8:54.14
5	Bayden Little	Cherrybrook	9:53.28

Results**Boys U 17 - 1500 Metre Walk**

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=====
Region: R 6:15.10 28/02/2010 Jordan Mulhearn, Parramatta
State: S 5:56.11 23/03/2014 Tyler Jones, Wyong
Name           Age Centre           Final
=====
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1	Hayden Blaskett	Manly Warringah	7:09.60
2	Harrison Mavin	Ku-Ring-Gai	7:32.00