

Results**Girls U 8 - 70 Metre Sprint**

Region: R 10.90 1997 Natasha Finlay, Manly Warringah			
State: S 10.54 16-Mar-80 Annette Cavanagh, Blacktown			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Arabella Handley		Manly Warringah	11.81Q
2 Laila Oakes		Manly Warringah	12.32Q
3 Olivia Sidhu		Ryde	12.45Q
3 Lucy Bennett		Manly Warringah	12.45Q
5 Flora Pagotto Scomarim		Ryde	12.94
6 Ruby Tuttlebee		Northern Districts	13.41
Heat 2 Heats			
1 Olivia Achike		Ku-Ring-Gai	11.63Q
2 Lily Blewman		Manly Warringah	12.22Q
3 Sophie Durheim		Cherrybrook	12.26Q
4 Portia Rowland-Stefanic		Ku-Ring-Gai	12.37q
5 Emma Cherry		Cherrybrook	12.54
6 Eliza Olthof-Hardwick		Northern Districts	13.20
7 Annabelle Twyman		Northern Suburbs	13.32

Girls U 8 - 70 Metre Sprint

Region: R 10.90 1997 Natasha Finlay, Manly Warringah			
State: S 10.54 16-Mar-80 Annette Cavanagh, Blacktown			
Name	Age	Centre	Final
Section 1 Final			
1 Olivia Achike		Ku-Ring-Gai	11.69
2 Arabella Handley		Manly Warringah	11.78
3 Lily Blewman		Manly Warringah	12.22
4 Olivia Sidhu		Ryde	12.42
5 Portia Rowland-Stefanic		Ku-Ring-Gai	12.45
6 Sophie Durheim		Cherrybrook	12.58
6 Lucy Bennett		Manly Warringah	12.58
8 Laila Oakes		Manly Warringah	12.71

Girls U 9 - 70 Metre Sprint

Region: R 10.20 1998 Emily Pollett, Manly Warringah			
State: S 10.14 22-Mar-98 Briony Kanard, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Octavia Williams		Manly Warringah	11.30Q
2 Veda Arabolu		Ku-Ring-Gai	11.71Q
3 Jasmine McAndrew		Ryde	11.73Q
4 Aqua Fisher		Northern Suburbs	11.81q
5 Skye Halmarick		Ryde	11.96
6 Tianna Bertolissio		Parramatta	12.21
7 Estelle Walsh		Mosman	12.30
8 Eliana High		Mosman	12.44
Heat 2 Heats			
1 Sienna Kupceric		Manly Warringah	11.19Q
2 Ruby Perkins		Cherrybrook	11.50Q
2 Verity Beech		Cherrybrook	11.50Q
4 Jessica Grummett		Hornsby	11.83q
5 Jada Brown		Manly Warringah	11.84

Results**....Girls U 9 - 70 Metre Sprint**

6	Cyan Van Der Merwe	Manly Warringah	12.08
7	Talia Coffin	Ryde	12.21
8	Ella Krenich	Northern Suburbs	12.64

Girls U 9 - 70 Metre Sprint

=====			
Region:	R 10.20	1998	Emily Pollett, Manly Warringah
State:	S 10.14	22-Mar-98	Briony Kanard, Port Hacking
Name		Age Centre	Final
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Section 1 Final

1	Sienna Kupceric	Manly Warringah	11.20
2	Ruby Perkins	Cherrybrook	11.50
3	Octavia Williams	Manly Warringah	11.55
4	Verity Beech	Cherrybrook	11.61
5	Veda Arabolu	Ku-Ring-Gai	11.88
6	Jasmine McAndrew	Ryde	11.93
7	Jessica Grummett	Hornsby	11.95
8	Aqua Fisher	Northern Suburbs	12.17

Girls U 10 - 70 Metre Sprint

=====			
Region:	R 9.80	2000	Alice Wilson, Ku-ring-gai
State:	S 9.84	19-Mar-00	Grace Naseby, Griffith
Name		Age Centre	Heats
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Heat 1 Heats

1	Brooke Bosland	Manly Warringah	10.80Q
2	Maia Madden-Khan	Ku-Ring-Gai	11.48Q
3	Samara Bond	Ku-Ring-Gai	11.51Q
3	Eliza Matthews	Nth Rocks Carlin	11.51Q
5	Sarah-anne Koot	Cherrybrook	11.52
6	Emily Bennett	Manly Warringah	11.98

Heat 2 Heats

1	Eve Simpson	Manly Warringah	10.85Q
2	Lotus Haladus	Manly Warringah	11.10Q
3	Noa Davies	Mosman	11.17Q
4	Grace Carden	Northern Suburbs	11.22q
5	Ruby Collins	Northern Suburbs	11.37
6	April Howison	Ryde	11.57
7	Olivia Barakat	Parramatta	11.82
8	Annika Lee	Northern Suburbs	12.41

Girls U 10 - 70 Metre Sprint

=====			
Region:	R 9.80	2000	Alice Wilson, Ku-ring-gai
State:	S 9.84	19-Mar-00	Grace Naseby, Griffith
Name		Age Centre	Final
=====			

Section 1 Final

1	Brooke Bosland	Manly Warringah	10.57
2	Eve Simpson	Manly Warringah	10.82
3	Lotus Haladus	Manly Warringah	11.08
4	Grace Carden	Northern Suburbs	11.16
5	Noa Davies	Mosman	11.25
6	Maia Madden-Khan	Ku-Ring-Gai	11.28
7	Samara Bond	Ku-Ring-Gai	11.30

Results**....Girls U 10 - 70 Metre Sprint**

8 Eliza Matthews	Nth Rocks Carlin	11.35
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Girls U 8 - 100 Metre Sprint

Region: R 15.20	2005	Lauren Gilbert, Parramatta
State: S 14.44	23-Mar-79	Helen Clarke, Orange

Name	Age Centre	Heats
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Heat 1 Heats

1 Arabella Handley	Manly Warringah	16.59Q
2 Matilda Harrison	Ku-Ring-Gai	16.66Q
3 Siena Pascoe	Northern Suburbs	17.29Q
4 Laila Oakes	Manly Warringah	17.33q
5 Olivia Sidhu	Ryde	17.52q
6 Portia Rowland-Stefanic	Ku-Ring-Gai	17.64

Heat 2 Heats

1 Jasmine Rintel	Manly Warringah	16.83Q
2 Isla Blyth	Manly Warringah	17.16Q
3 Olivia Kelson	Hornsby	17.54Q
4 Tayla Moore	Cherrybrook	17.73
5 Kara Hazon	Nth Rocks Carlin	18.16
6 Trinity Swan	Northern Suburbs	18.42

Girls U 8 - 100 Metre Sprint

Region: R 15.20	2005	Lauren Gilbert, Parramatta
State: S 14.44	23-Mar-79	Helen Clarke, Orange

Name	Age Centre	Final
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Section 1 Final

1 Jasmine Rintel	Manly Warringah	16.40
2 Matilda Harrison	Ku-Ring-Gai	16.53
3 Arabella Handley	Manly Warringah	16.68
4 Laila Oakes	Manly Warringah	17.44
5 Isla Blyth	Manly Warringah	17.51
6 Siena Pascoe	Northern Suburbs	17.67
7 Olivia Sidhu	Ryde	17.82

Girls U 9 - 100 Metre Sprint

Region: R 14.70	1998	Emily Pollett, Manly Warringah
State: S 14.14	23-Mar-79	Kate Farrell, Holroyd
State: S 14.14	15-Mar-80	Helen Clarke, Orange

Name	Age Centre	Heats
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Heat 1 Heats

1 Catherine Mikan	Northern Suburbs	15.81Q
2 Sienna Kupceric	Manly Warringah	16.26Q
3 Jasmine McAndrew	Ryde	16.57Q
4 Verity Beech	Cherrybrook	16.72q
5 Lily Erby	Mosman	16.83
6 Lola Jones	Northern Suburbs	17.05
7 Chloe Goddard	Northern Suburbs	17.54

Heat 2 Heats

1 Octavia Williams	Manly Warringah	15.92Q
2 Gemma McIntosh	Ku-Ring-Gai	16.06Q
3 Caitlin Brennan	Parramatta	16.27Q

Results**....Girls U 9 - 100 Metre Sprint**

4	Claudia Healey	Mosman	16.60q
5	Serin Korucu	Manly Warringah	16.74
6	Skye Halmarick	Ryde	17.00
7	Ava Moore	Cherrybrook	17.12
8	Dulanga Kariyawasam	Hornsby	17.91

Girls U 9 - 100 Metre Sprint

=====
 Region: R 14.70 1998 Emily Pollett, Manly Warringah
 State: S 14.14 23-Mar-79 Kate Farrell, Holroyd
 State: S 14.14 15-Mar-80 Helen Clarke, Orange
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Name	Age	Centre	Final
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Section 1 Final

1	Gemma McIntosh	Ku-Ring-Gai	14.81
2	Catherine Mikan	Northern Suburbs	15.60
3	Octavia Williams	Manly Warringah	15.81
4	Sienna KupcERIC	Manly Warringah	15.95
5	Caitlin Brennan	Parramatta	16.15
6	Claudia Healey	Mosman	16.29
7	Jasmine McAndrew	Ryde	16.68
8	Verity Beech	Cherrybrook	16.72

Girls U 10 - 100 Metre Sprint

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 Region: R 13.70 1991 Rosemary Hayward, Wyong
 State: S 13.54 12-Mar-78 Annette Osborne, Lethbridge P
 State: S 13.54 23-Mar-91 Rosemary Hayward, Wyong
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Name	Age	Centre	Heats
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Heat 1 Heats

1	Brooke Bosland	Manly Warringah	14.84Q
2	Grace Carden	Northern Suburbs	15.80Q
3	Samara Bond	Ku-Ring-Gai	15.82Q
4	Ruby Collins	Northern Suburbs	16.08
5	Madison Mitchell	Hornsby	16.30
6	Annabelle Cooper	Northern Suburbs	16.33

Heat 2 Heats

1	Eve Simpson	Manly Warringah	14.88Q
2	Lucy Scholtens	Manly Warringah	15.51Q
3	Noa Davies	Mosman	15.64Q
4	Eliza Matthews	Nth Rocks Carlin	15.88q
5	April Howison	Ryde	15.93q
6	Azalliyah Jeffery	Parramatta	15.94
7	Sarah-anne Koot	Cherrybrook	16.12
8	Emelie Coe	Ku-Ring-Gai	16.20

Girls U 10 - 100 Metre Sprint

=====
 Region: R 13.70 1991 Rosemary Hayward, Wyong
 State: S 13.54 12-Mar-78 Annette Osborne, Lethbridge P
 State: S 13.54 23-Mar-91 Rosemary Hayward, Wyong
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Name	Age	Centre	Final
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Section 1 Final

1	Brooke Bosland	Manly Warringah	14.61
2	Eve Simpson	Manly Warringah	14.90

Results**....Girls U 10 - 100 Metre Sprint**

3	Lucy Scholtens	Manly Warringah	15.50
4	Samara Bond	Ku-Ring-Gai	15.72
5	Noa Davies	Mosman	15.77
6	Grace Carden	Northern Suburbs	15.90
7	April Howison	Ryde	16.13
7	Eliza Matthews	Nth Rocks Carlin	16.13

Girls U 11 - 100 Metre Sprint

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	Region: R 13.40	1992	Rossemary Hayward, Toukley
	State: S 12.94	12-Mar-78	Michelle Moroney, Bankstown
	Name	Age Centre	Heats
=====			
Heat 1 Heats			
1	Georgia Morgan	Manly Warringah	14.40Q
2	Nina Van Der Reyden	Manly Warringah	14.70Q
3	Sophie Byrne	Ryde	14.92Q
4	Tara Webb	Cherrybrook	15.24q
5	Natasha Tindale	Northern Districts	15.29
6	Abbey Le Lievre	Northern Districts	15.35
Heat 2 Heats			
1	Lara Williams	Manly Warringah	14.47Q
2	Emily Uslu	Parramatta	14.74Q
3	Sienna Villacorta	Manly Warringah	15.06Q
4	Elizabeth Peters	Ku-Ring-Gai	15.08q
5	Ruby Worrell	Ryde	15.41
6	Ziggy Leong	Northern Suburbs	15.47
7	Bianca Conti	Northern Suburbs	16.11

Girls U 11 - 100 Metre Sprint

=====			
	Region: R 13.40	1992	Rossemary Hayward, Toukley
	State: S 12.94	12-Mar-78	Michelle Moroney, Bankstown
	Name	Age Centre	Final
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Section 1 Final			
1	Lara Williams	Manly Warringah	13.86
2	Nina Van Der Reyden	Manly Warringah	14.19
3	Georgia Morgan	Manly Warringah	14.32
4	Emily Uslu	Parramatta	14.70
5	Sienna Villacorta	Manly Warringah	14.79
6	Sophie Byrne	Ryde	15.01
7	Elizabeth Peters	Ku-Ring-Gai	15.03
8	Tara Webb	Cherrybrook	15.23

Girls U 12 - 100 Metre Sprint

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	Region: R 12.40	2005	Annaliese Gardiner, Ku-ring-g
	State: S 12.64	24-Mar-79	Michelle Moroney, Bankstown
	State: S 12.64	16-Mar-02	Jacinta Doyle, Port Hacking
	State: S 12.64	19-Feb-05	Annaliese Gardiner, Ku-Ring-G
	Name	Age Centre	Heats
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Heat 1 Heats			
1	Emily Crawford	Cherrybrook	13.92Q
2	Olivia Rose Inkster	Manly Warringah	14.20Q
3	Zara Ostryn	Manly Warringah	14.80Q

Results

....Girls U 12 - 100 Metre Sprint

4 Emily Metcalfe	Ryde	15.07q
5 Marissa Stubbs	Manly Warringah	15.22q
6 Marina Yanitsas	Mosman	15.83

Heat 2 Heats

1 Gabriella Taylor	Manly Warringah	13.65Q
2 Amelia Polley	Parramatta	14.16Q
3 Inge Ackland	Ku-Ring-Gai	14.79Q
4 Cianna Kennedy	Northern Suburbs	15.35
5 Charlotte Greatrex	Ku-Ring-Gai	16.34

Girls U 12 - 100 Metre Sprint

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Region: R 12.40 2005 Annaliese Gardiner, Ku-ring-g
State: S 12.64 24-Mar-79 Michelle Moroney, Bankstown
State: S 12.64 16-Mar-02 Jacinta Doyle, Port Hacking
State: S 12.64 19-Feb-05 Annaliese Gardiner, Ku-Ring-G
Name Age Centre Final
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Section 1 Final

1 Gabriella Taylor	Manly Warringah	13.38
2 Emily Crawford	Cherrybrook	13.51
3 Amelia Polley	Parramatta	13.97
3 Olivia Rose Inkster	Manly Warringah	13.97
5 Zara Ostryn	Manly Warringah	14.65
6 Inge Ackland	Ku-Ring-Gai	14.70
7 Marissa Stubbs	Manly Warringah	14.80
8 Emily Metcalfe	Ryde	14.96

Girls U 13 - 100 Metre Sprint

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Region: R 12.30 2005 Jordan Lumley, Northern Distri
State: S 12.34 15-Mar-86 Jo-anne Swan, Camden
State: S 12.34 07-Mar-87 Rebecca Vormister, Wollongong
State: S 12.34 17-Mar-96 Haylee Mathieson, Wollongong
State: S 12.34 19-Feb-05 Laura Turner, Port Hacking
Name Age Centre Heats
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Heat 1 Heats

1 Jessica Maciver	Ku-Ring-Gai	13.70Q
2 Georgia Fichardt	Ku-Ring-Gai	13.99Q
3 Ruby Mahendran	Ku-Ring-Gai	14.23Q
4 Adria McAndrew	Ryde	14.39q
5 Edie Burke	Manly Warringah	14.63
6 Brooke Chaloner	Manly Warringah	15.01

Heat 2 Heats

1 Alice Dixon	Northern Suburbs	13.28Q
2 Eliza Da Silva	Ryde	14.11Q
3 Chelsea Smith	Nth Rocks Carlin	14.29Q
4 Chiara Lillis	Ryde	14.56q
5 Georgia Lafford	Hornsby	14.60
6 Ella Johnson	Ku-Ring-Gai	14.62

Results**Girls U 13 - 100 Metre Sprint**

Region:	R 12.30	2005	Jordan Lumley, Northern Distri
State:	S 12.34	15-Mar-86	Jo-anne Swan, Camden
State:	S 12.34	07-Mar-87	Rebecca Vormister, Wollongong
State:	S 12.34	17-Mar-96	Haylee Mathieson, Wollongong
State:	S 12.34	19-Feb-05	Laura Turner, Port Hacking
Name		Age Centre	Final

Section 1 Final

1	Alice Dixon	Northern Suburbs	13.06
2	Jessica Maciver	Ku-Ring-Gai	13.57
3	Georgia Fichardt	Ku-Ring-Gai	13.82
4	Eliza Da Silva	Ryde	13.98
5	Ruby Mahendran	Ku-Ring-Gai	14.04
6	Adria McAndrew	Ryde	14.34
7	Chelsea Smith	Nth Rocks Carlin	14.53
8	Chiara Lillis	Ryde	14.75

Girls U 14 - 100 Metre Sprint

Region:	R 12.10	2005	Sarah Thompson, Cherrybrook
State:	S 12.14	23-Mar-91	Shelley Peattie, Macquarie Sh
Name		Age Centre	Final

Section 1

1	Elysha Cramer	Northern Suburbs	13.20
2	Madeleine High	Mosman	13.66
3	Eleanor Partridge	Ryde	13.92
4	Jasmine Ellery	Manly Warringah	13.93
5	Emma Sutton	Manly Warringah	13.95
6	Ashley Hanna	Manly Warringah	14.12
7	Tahlia Foye	Parramatta	14.36
8	Aela Morrison	Northern Suburbs	14.57
9	Sarah Brown	Ryde	14.61
10	Emily Angell [rowell]	Manly Warringah	14.92

Girls U 15 - 100 Metre Sprint

Region:	R 12.10	1991	R Massey, Ryde AA
State:	S 12.04	21-Mar-92	Sonia Willis, Wagga PCYC
State:	S 12.04	20-Mar-99	Preya Carey, Hills District
Name		Age Centre	Heats

Heat 1 Heats

1	Nicolette D'Onofrio	Northern Suburbs	12.86Q
2	Eleanor Lamperts	Cherrybrook	13.43Q
2	Olivia Wrightson	Manly Warringah	13.43Q
4	Amy Bonthorne	Manly Warringah	13.96q
5	Olivia Bird	Mosman	14.14
6	Isabel McCarthy	Northern Suburbs	14.23
7	Rakeli Albino	Hornsby	14.32

Heat 2 Heats

1	Lara Halmarick	Ryde	13.27Q
2	Mia Hemsworth	Ku-Ring-Gai	13.33Q
3	Maddie Owen	Manly Warringah	13.54Q
4	Jasmine Bonomi	Manly Warringah	13.89q
5	Harriette Burke	Manly Warringah	14.01
6	Lauren Brown	Northern Suburbs	14.07

Results

....Girls U 15 - 100 Metre Sprint

7 Caitlin LaRose Ryde 14.76

Girls U 15 - 100 Metre Sprint

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Region: R 12.10 1991 R Massey, Ryde AA
State: S 12.04 21-Mar-92 Sonia Willis, Wagga PCYC
State: S 12.04 20-Mar-99 Preya Carey, Hills District
Name Age Centre Final
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Section 1 Final

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1 Nicolette D'Onofrio Northern Suburbs 12.91
2 Lara Halmarick Ryde 13.15
3 Olivia Wrightson Manly Warringah 13.19
4 Eleanor Lamperts Cherrybrook 13.21
5 Maddie Owen Manly Warringah 13.37
6 Jasmine Bonomi Manly Warringah 13.80
7 Amy Bonthorne Manly Warringah 13.88
8 Harriette Burke Manly Warringah 14.09
    
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Girls U 17 - 100 Metre Sprint

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Region: R 12.50 21-Feb-09 Michelle Jenneke, Cherrybrook
State: S 12.17 20-Mar-10 Michelle Jenneke, Cherrybrook
Name Age Centre Heats
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Heat 1 Heats

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1 Emily Britton Manly Warringah 13.20Q
2 Kelsey Cooper-Phillis Ryde 13.36Q
3 Tea Lisle Manly Warringah 13.73Q
4 Isabelle Ronksley Manly Warringah 13.89q
5 Kate Collett Cherrybrook 14.32
    
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Heat 2 Heats

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1 Katie Devitt Cherrybrook 12.76Q
2 Rowena Craker Manly Warringah 12.99Q
3 Samantha Dale Nth Rocks Carlin 13.53Q
4 Kate Johnstone Hornsby 13.62q
5 Alanna Fisher Northern Suburbs 13.89q
6 Gabriella Chan Northern Districts 13.96
7 Rachel Ingram Cherrybrook 14.23
    
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Girls U 17 - 100 Metre Sprint

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Region: R 12.50 21-Feb-09 Michelle Jenneke, Cherrybrook
State: S 12.17 20-Mar-10 Michelle Jenneke, Cherrybrook
Name Age Centre Final
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Section 1 Final

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1 Rowena Craker Manly Warringah 12.58
2 Katie Devitt Cherrybrook 12.65
3 Emily Britton Manly Warringah 13.03
4 Kate Johnstone Hornsby 13.29
5 Samantha Dale Nth Rocks Carlin 13.44
6 Kelsey Cooper-Phillis Ryde 13.46
7 Alanna Fisher Northern Suburbs 13.69
8 Tea Lisle Manly Warringah 13.74
9 Isabelle Ronksley Manly Warringah 13.83
    
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Results**Girls U 8 - 200 Metre Sprint**

Name	Age	Centre	Heats
Region: R	31.50	1997	Emily Pollett, Manly Warringah
State: S	31.74	18-Mar-84	Bronwyn Piening, Nepean
State: S	31.74	16-Feb-97	Emily Pollett, Manly Warringah

Heat 1 Heats

1	Arabella Handley	Manly Warringah	35.55Q
2	Tayla Moore	Cherrybrook	37.52Q
3	Portia Rowland-Stefanic	Ku-Ring-Gai	37.76Q
4	Juliette Cooley	Ryde	37.94q
5	Olivia Sidhu	Ryde	38.58
6	Sophie Durheim	Cherrybrook	39.26
7	Emma Cherry	Cherrybrook	41.42

Heat 2 Heats

1	Jasmine Rintel	Manly Warringah	35.71Q
2	Laila Oakes	Manly Warringah	36.13Q
3	Molly Ashton	Hornsby	37.40Q
4	Eden Herring	Hornsby	37.80q
5	Gracie Daddo	Manly Warringah	38.37
6	Jessie Bradford	Cherrybrook	39.20
7	Carys Byrnes	Nth Rocks Carlin	39.93

Girls U 8 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R	31.50	1997	Emily Pollett, Manly Warringah
State: S	31.74	18-Mar-84	Bronwyn Piening, Nepean
State: S	31.74	16-Feb-97	Emily Pollett, Manly Warringah

Section 1 Final

1	Jasmine Rintel	Manly Warringah	34.53
2	Arabella Handley	Manly Warringah	34.59
3	Laila Oakes	Manly Warringah	36.03
4	Tayla Moore	Cherrybrook	37.00
5	Juliette Cooley	Ryde	38.00
6	Portia Rowland-Stefanic	Ku-Ring-Gai	38.05
7	Eden Herring	Hornsby	38.08
8	Molly Ashton	Hornsby	38.41

Girls U 9 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R	30.30	22-Feb-09	Mikayla Mestoussis, Ryde
State: S	28.74	25-Mar-90	Rosemary Hayward, Wyong

Heat 1 Heats

1	Caitlin Brennan	Parramatta	33.57Q
2	Catherine Mikan	Northern Suburbs	33.87Q
3	Claudia Healey	Mosman	34.32Q
4	Jasmine McAndrew	Ryde	35.38
5	Emilia Wright	Manly Warringah	35.49
6	Verity Beech	Cherrybrook	35.67
7	Hannah Sacco	Northern Suburbs	36.33

Heat 2 Heats

1	Gemma McIntosh	Ku-Ring-Gai	31.51Q
2	Octavia Williams	Manly Warringah	33.13Q
3	Antonia Baranowski	Parramatta	33.18Q

Results**....Girls U 9 - 200 Metre Sprint**

4	Serin Korucu	Manly Warringah	33.84q
5	Kristina Prizmic	Ryde	35.04q
6	Sophie Harden	Ku-Ring-Gai	35.62
7	Olivia Vecchio	Mosman	35.84
8	Michaela Morgan	Manly Warringah	37.30

Girls U 9 - 200 Metre Sprint

Region: R 30.30 22-Feb-09 Mikayla Mestoussis, Ryde
 State: S 28.74 25-Mar-90 Rosemary Hayward, Wyong

Name Age Centre Final

Section 1 Final

1	Gemma McIntosh	Ku-Ring-Gai	30.41
2	Catherine Mikan	Northern Suburbs	31.39
3	Claudia Healey	Mosman	32.84
4	Caitlin Brennan	Parramatta	32.86
5	Serin Korucu	Manly Warringah	32.95
6	Octavia Williams	Manly Warringah	33.40
7	Antonia Baranowski	Parramatta	34.08
8	Kristina Prizmic	Ryde	34.98

Girls U 10 - 200 Metre Sprint

Region: R 28.40 1991 Rosemary Hayward, Wyong

State: S 28.22 21-Mar-10 Kristie Edwards, Manly Warrin

Name Age Centre Heats

Heat 1 Heats

1	Brooke Bosland	Manly Warringah	31.29Q
2	Hayley Reynolds	Nth Rocks Carlin	32.71Q
3	Noa Davies	Mosman	32.99Q
4	Isabella Azizi	Ryde	33.44
5	Sarah-anne Koot	Cherrybrook	33.46
6	Azalliyah Jeffery	Parramatta	33.99

Heat 2 Heats

1	Eve Simpson	Manly Warringah	30.97Q
2	Chloe Dunne	Manly Warringah	31.43Q
3	Eve Rothwell	Northern Suburbs	31.81Q
4	Samara Bond	Ku-Ring-Gai	32.20q
5	Annie Seve	Manly Warringah	32.66q
6	Madison Mitchell	Hornsby	33.37
7	Tahlia Geelan	Cherrybrook	36.05

Girls U 10 - 200 Metre Sprint

Region: R 28.40 1991 Rosemary Hayward, Wyong

State: S 28.22 21-Mar-10 Kristie Edwards, Manly Warrin

Name Age Centre Final

Section 1 Final

1	Brooke Bosland	Manly Warringah	30.62
2	Eve Simpson	Manly Warringah	31.34
3	Chloe Dunne	Manly Warringah	31.39
4	Eve Rothwell	Northern Suburbs	31.73
5	Samara Bond	Ku-Ring-Gai	31.97
6	Noa Davies	Mosman	32.88

Results**....Girls U 10 - 200 Metre Sprint**

7 Annie Seve	Manly Warringah	33.15
8 Hayley Reynolds	Nth Rocks Carlin	33.40

Girls U 11 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 27.50 1992 Rosemary Hayward, Toukley			
State: S 26.44 11-Mar-78 Michelle Moroney, Bankstown			
=====			
Heat 1 Heats			
1 Lara Williams		Manly Warringah	30.01Q
2 Emily Uslu		Parramatta	30.38Q
3 Nina Van Der Reyden		Manly Warringah	30.41Q
4 Abbey Le Lievre		Northern Districts	30.82q
5 Sophie Byrne		Ryde	31.02q
9 Krishani Coffin		Ryde	J31.02
Heat 2 Heats			
1 Georgia Morgan		Manly Warringah	29.75Q
2 Eva Bates		Ku-Ring-Gai	30.93Q
3 Sienna Villacorta		Manly Warringah	31.15Q
4 Tara Webb		Cherrybrook	31.35
5 Chanelle Maikhael		Parramatta	31.76
6 Ziggy Leong		Northern Suburbs	32.39
7 Phoebe Riley		Ku-Ring-Gai	32.53

Girls U 11 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 27.50 1992 Rosemary Hayward, Toukley			
State: S 26.44 11-Mar-78 Michelle Moroney, Bankstown			
=====			
Section 1 Final			
1 Lara Williams		Manly Warringah	28.79
2 Nina Van Der Reyden		Manly Warringah	29.66
3 Georgia Morgan		Manly Warringah	29.67
4 Eva Bates		Ku-Ring-Gai	30.27
5 Emily Uslu		Parramatta	30.72
6 Sienna Villacorta		Manly Warringah	31.05
7 Abbey Le Lievre		Northern Districts	31.30
8 Sophie Byrne		Ryde	31.80

Girls U 12 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 26.30 2005 Karlie Morton, Manly Warringah			
State: S 25.84 21-Feb-79 Nicole Leistenschneider, Manl			
=====			
Heat 1 Heats			
1 Emily Crawford		Cherrybrook	28.56Q
2 Olivia Rose Inkster		Manly Warringah	29.27Q
3 Amelia Polley		Parramatta	30.48Q
4 Inge Ackland		Ku-Ring-Gai	30.51q
5 Evie Cook		Northern Suburbs	31.01
6 Felicity Stewart		Ku-Ring-Gai	32.55
Heat 2 Heats			
1 Brianna Worsfold		Ku-Ring-Gai	28.00Q
2 Gabriella Taylor		Manly Warringah	28.53Q

Results**....Girls U 12 - 200 Metre Sprint**

3	Cayla Phillips	Manly Warringah	28.96Q
4	Zara Ostryn	Manly Warringah	30.51q
5	Brooke Luksic	Parramatta	30.57
6	Eliza McKenzie	Nth Rocks Carlin	31.23
7	India Nash	Northern Suburbs	31.84

Girls U 12 - 200 Metre Sprint

=====			
Region:	R 26.30	2005	Karlie Morton, Manly Warringah
State:	S 25.84	21-Feb-79	Nicole Leistenschneider, Manly
Name		Age Centre	Final
=====			

Section 1 Final

1	Gabriella Taylor	Manly Warringah	27.61
2	Brianna Worsfold	Ku-Ring-Gai	27.69
3	Emily Crawford	Cherrybrook	28.28
4	Olivia Rose Inkster	Manly Warringah	28.67
5	Cayla Phillips	Manly Warringah	29.11
6	Amelia Polley	Parramatta	30.85
7	Inge Ackland	Ku-Ring-Gai	30.88
8	Zara Ostryn	Manly Warringah	30.90

Girls U 13 - 200 Metre Sprint

=====			
Region:	R 25.80	1994	Rosemary Hayward, Toukley
State:	S 25.04	16-Mar-08	Maddie Pirie, Revesby Workers
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Alice Dixon	Northern Suburbs	28.41Q
2	Eliza Da Silva	Ryde	29.56Q
3	Georgia Lafford	Hornsby	30.00Q
4	Brooke Chaloner	Manly Warringah	30.11q
5	Teagan Scott	Manly Warringah	30.45
6	Ella Johnson	Ku-Ring-Gai	30.66
7	Sharlae Davies	Parramatta	31.09
8	Caitlin Roach	Parramatta	31.65

Heat 2 Heats

1	Jessica Maciver	Ku-Ring-Gai	28.20Q
2	Adria McAndrew	Ryde	29.80Q
3	Hannah Mathews	Parramatta	29.99Q
4	Chelsea Smith	Nth Rocks Carlin	30.10q
5	Zahra Safi	Northern Suburbs	30.37
6	Ellie Khun	Mosman	30.51

Girls U 13 - 200 Metre Sprint

=====			
Region:	R 25.80	1994	Rosemary Hayward, Toukley
State:	S 25.04	16-Mar-08	Maddie Pirie, Revesby Workers
Name		Age Centre	Final
=====			

Section 1 Final

1	Alice Dixon	Northern Suburbs	26.69
2	Jessica Maciver	Ku-Ring-Gai	28.40
3	Eliza Da Silva	Ryde	29.32
4	Adria McAndrew	Ryde	29.44
5	Brooke Chaloner	Manly Warringah	30.46

Results**....Girls U 13 - 200 Metre Sprint**

6 Georgia Lafford	Hornsby	30.53
7 Hannah Mathews	Parramatta	30.65
8 Chelsea Smith	Nth Rocks Carlin	32.00

Girls U 14 - 200 Metre Sprint

=====			
Region: R 24.60	1995	Rosemary Hayward, Toukley	
State: S 24.54	16-Mar-08	Ella Nelson, Sutherland	
Name	Age	Centre	Final
=====			

Section 1

1 Elysha Cramer	Northern Suburbs	26.88
2 Jasmin Guthrie	Northern Districts	27.31
3 Madeleine High	Mosman	28.15
4 Evita Dickson	Manly Warringah	28.30
5 Tahlia Foye	Parramatta	29.23
6 Eleanor Partridge	Ryde	29.83
7 Isabelle Charlier	Manly Warringah	29.85

Girls U 15 - 200 Metre Sprint

=====			
Region: R 25.20	1998	Jana Pittman, Parramatta	
State: S 24.24	20-Mar-05	Olivia Tauro, Kurri Kurri	
State: S 24.24	22-Feb-09	Ella Nelson, Sutherland	
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Mia Hemsworth	Ku-Ring-Gai	27.12Q
2 Eleanor Lamperts	Cherrybrook	27.43Q
3 Georgia Duncan	Manly Warringah	27.44Q
4 Zoe Warland	Hornsby	27.86q
5 Amie Bowrey	Cherrybrook	28.38q
6 Maddie Owen	Manly Warringah	28.58
7 Olivia Bird	Mosman	28.63
8 Amy Bonthorne	Manly Warringah	29.88

Heat 2 Heats

1 Nicolette D'Onofrio	Northern Suburbs	26.51Q
2 Olivia Wrightson	Manly Warringah	27.88Q
3 Jasmine Bonomi	Manly Warringah	28.24Q
4 Gabriella Richmond	Northern Suburbs	28.41
5 Lauren Brown	Northern Suburbs	28.60

Girls U 15 - 200 Metre Sprint

=====			
Region: R 25.20	1998	Jana Pittman, Parramatta	
State: S 24.24	20-Mar-05	Olivia Tauro, Kurri Kurri	
State: S 24.24	22-Feb-09	Ella Nelson, Sutherland	
Name	Age	Centre	Final
=====			

Section 1 Final

1 Nicolette D'Onofrio	Northern Suburbs	25.98
2 Mia Hemsworth	Ku-Ring-Gai	26.51
3 Olivia Wrightson	Manly Warringah	26.80
4 Eleanor Lamperts	Cherrybrook	27.23
5 Georgia Duncan	Manly Warringah	27.49
6 Jasmine Bonomi	Manly Warringah	28.04
7 Maddie Owen	Manly Warringah	28.26

Results**....Girls U 15 - 200 Metre Sprint**

7 Zoe Warland	Hornsby	28.26
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Girls U 17 - 200 Metre Sprint

Region: R 25.30	16-Feb-14	Ruby Ritchie, Manly Warringah
State: S 24.33	23-Mar-14	Ruby Ritchie, Manly Warringah

Name	Age Centre	Heats
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Heat 1 Heats

1 Katie Devitt	Cherrybrook	26.42Q
2 Rowena Craker	Manly Warringah	27.00Q
3 Kate Johnstone	Hornsby	27.97Q
4 Isabelle Ronksley	Manly Warringah	28.90q
5 Gabriella Chan	Northern Districts	29.00q
6 Chloe Davis	Ryde	29.62

Heat 2 Heats

1 Kelsey Cooper-Phillis	Ryde	27.86Q
2 Samantha Dale	Nth Rocks Carlin	28.20Q
3 Alanna Fisher	Northern Suburbs	28.46Q
4 Rachel Ingram	Cherrybrook	29.57

Girls U 17 - 200 Metre Sprint

Region: R 25.30	16-Feb-14	Ruby Ritchie, Manly Warringah
State: S 24.33	23-Mar-14	Ruby Ritchie, Manly Warringah

Name	Age Centre	Final
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Section 1 Final

1 Rowena Craker	Manly Warringah	25.86
2 Katie Devitt	Cherrybrook	26.11
3 Kelsey Cooper-Phillis	Ryde	26.95
4 Samantha Dale	Nth Rocks Carlin	27.34
5 Kate Johnstone	Hornsby	27.94
6 Isabelle Ronksley	Manly Warringah	28.18
7 Alanna Fisher	Northern Suburbs	28.21

Girls U 8 - 400 Metre Sprint

Region: R 1:13.90	2002	Courtney Cross, Hornsby Dis
State: S 1:11.44	21-Mar-81	Jo-anne Swan, Camden

Name	Age Centre	Heats
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Heat 1 Heats

1 Katie Bowrey	Parramatta	1:27.88Q
2 Lily Blewman	Manly Warringah	1:27.90Q
3 Natalie Dransfield	Northern Suburbs	1:29.79Q
4 Ruby Watson	Ku-Ring-Gai	1:39.16

Heat 2 Heats

1 Georgia Wood	Ku-Ring-Gai	1:22.22Q
2 Jessie Bradford	Cherrybrook	1:23.09Q
3 Penny Gill	Northern Districts	1:28.25Q
4 Juliette Cooley	Ryde	1:29.34q
5 Emily Robinson	Mosman	1:30.42q
6 Jess Roughan	Northern Suburbs	1:39.07
7 Amelie Brooks	Mosman	1:43.50

Results**Girls U 8 - 400 Metre Sprint**

=====			
Region:	R 1:13.90	2002	Courtney Cross, Hornsby Dis
State:	S 1:11.44	21-Mar-81	Jo-anne Swan, Camden
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jessie Bradford	Cherrybrook	1:21.67
2	Georgia Wood	Ku-Ring-Gai	1:22.59
3	Katie Bowrey	Parramatta	1:25.21
4	Juliette Cooley	Ryde	1:26.46
5	Lily Blewman	Manly Warringah	1:29.07
5	Penny Gill	Northern Districts	1:29.07
7	Natalie Dransfield	Northern Suburbs	1:33.75
8	Jess Roughan	Northern Suburbs	1:39.65

Girls U 9 - 400 Metre Sprint

=====			
Region:	R 1:09.63	15-Feb-14	Brianna Worsfold, Ku-Ring-G
State:	S 1:06.64	24-Mar-90	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Zoe Woods	Ku-Ring-Gai	1:20.59Q
2	Sophie Harden	Ku-Ring-Gai	1:22.16Q
3	Macy Beuzeville	Manly Warringah	1:23.60Q
4	Kaylah Bennett	Cherrybrook	1:24.01
5	Olivia Vecchio	Mosman	1:25.68
6	Zara Pawsey	Ryde	1:26.89
7	Lily Erby	Mosman	1:28.73
Heat 2 Heats			
1	Caitlin Brennan	Parramatta	1:14.32Q
2	Rebecca Solomon	Manly Warringah	1:17.91Q
3	Kristina Prizmic	Ryde	1:18.31Q
4	Verity Beech	Cherrybrook	1:20.47q
5	Ella Dunstan	Manly Warringah	1:22.63q
6	Hannah Sacco	Northern Suburbs	1:22.65
7	Aqua Fisher	Northern Suburbs	1:25.06

Girls U 9 - 400 Metre Sprint

=====			
Region:	R 1:09.63	15-Feb-14	Brianna Worsfold, Ku-Ring-G
State:	S 1:06.64	24-Mar-90	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Caitlin Brennan	Parramatta	1:14.19
2	Rebecca Solomon	Manly Warringah	1:16.09
3	Kristina Prizmic	Ryde	1:17.12
4	Zoe Woods	Ku-Ring-Gai	1:17.82
5	Sophie Harden	Ku-Ring-Gai	1:19.86
6	Verity Beech	Cherrybrook	1:20.73
7	Ella Dunstan	Manly Warringah	1:23.02

Results**Girls U 10 - 400 Metre Sprint**

Region: R 1:05.60 1991 Rosemary Hayward, Wyong			
State: S 1:03.84 15-Mar-03 Paige Fenech, Albion Park			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Brooke Bosland		Manly Warringah	1:10.97Q
2 Sarah Baker		Northern Suburbs	1:12.53Q
3 Georgia Rae		Manly Warringah	1:13.96Q
4 Isabella Fisher		Cherrybrook	1:14.05q
5 Kiera Yerbury		Ku-Ring-Gai	1:15.85q
6 Emily Jackson		Parramatta	1:20.73
7 Valentina Kuruc		Ryde	1:21.66
Heat 2 Heats			
1 Amber Halliday		Manly Warringah	1:11.02Q
2 Annie Seve		Manly Warringah	1:13.71Q
3 Isabella Pereira		Hornsby	1:15.20Q
4 Isabella Azizi		Ryde	1:18.68
5 Emelie Coe		Ku-Ring-Gai	1:19.45

Girls U 10 - 400 Metre Sprint

Region: R 1:05.60 1991 Rosemary Hayward, Wyong			
State: S 1:03.84 15-Mar-03 Paige Fenech, Albion Park			
Name	Age	Centre	Final
Section 1 Final			
1 Brooke Bosland		Manly Warringah	1:08.62
2 Sarah Baker		Northern Suburbs	1:09.62
3 Amber Halliday		Manly Warringah	1:10.55
4 Annie Seve		Manly Warringah	1:12.33
5 Isabella Fisher		Cherrybrook	1:13.30
6 Georgia Rae		Manly Warringah	1:15.20
7 Isabella Pereira		Hornsby	1:16.41

Girls U 11 - 400 Metre Sprint

Region: R 1:01.90 17-Feb-08 Sara Marshall, Gosford			
State: S 1:01.34 12-Mar-78 Michelle Moroney, Bankstown			
State: S 1:01.34 17-Mar-01 Jacinta Doyle, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Krishani Coffin		Ryde	1:09.81Q
2 Lara Williams		Manly Warringah	1:11.04Q
3 Alyssa Medved		Manly Warringah	1:12.10Q
4 Sienna Villacorta		Manly Warringah	1:13.24q
5 Bianca Hoare		Hornsby	1:18.86
6 Madeleine Gregg		Northern Suburbs	1:19.17
7 Sophia Archer		Northern Suburbs	1:21.25
Heat 2 Heats			
1 Georgia Morgan		Manly Warringah	1:11.57Q
2 Eva Bates		Ku-Ring-Gai	1:13.81Q
3 Jessica Gocher		Mosman	1:14.12Q
4 Jemma Brandon-Cooper		Mosman	1:15.20q
5 Stella Hurley		Ryde	1:15.57
6 Gemma Middleton		Northern Suburbs	1:17.68
7 Alannah Teo		Ryde	1:19.63

Results**....Girls U 11 - 400 Metre Sprint**

8 Sofia Serventi	Ryde	1:21.43
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Girls U 11 - 400 Metre Sprint

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Region: R 1:01.90 17-Feb-08 Sara Marshall, Gosford
State: S 1:01.34 12-Mar-78 Michelle Moroney, Bankstown
State: S 1:01.34 17-Mar-01 Jacinta Doyle, Port Hacking
Name Age Centre Final
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Section 1 Final

1 Lara Williams	Manly Warringah	1:03.47
2 Georgia Morgan	Manly Warringah	1:06.90
3 Eva Bates	Ku-Ring-Gai	1:08.73
4 Krishani Coffin	Ryde	1:10.89
5 Alyssa Medved	Manly Warringah	1:12.78
6 Jessica Gocher	Mosman	1:13.69
7 Jemma Brandon-Cooper	Mosman	1:14.49

Girls U 12 - 400 Metre Sprint

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=====
Region: R 1:01.30 1993 Rosemary Hayward, Toukley
State: S 57.74 21-Feb-79 Nicole Leistenschneider, Ma
Name Age Centre Heats
=====

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Heat 1 Heats

1 Emily Smith	Manly Warringah	1:11.43Q
2 Sally Priest	Manly Warringah	1:12.03Q
3 Sienna Bond	Ku-Ring-Gai	1:12.50Q
4 Eliza McKenzie	Nth Rocks Carlin	1:13.30q
5 Melissa Blume	Parramatta	1:17.05
6 Felicity Stewart	Ku-Ring-Gai	1:17.76

Heat 2 Heats

1 Brianna Worsfold	Ku-Ring-Gai	1:08.44Q
2 Cayla Phillips	Manly Warringah	1:08.85Q
3 Lily Tilt	Nth Rocks Carlin	1:11.27Q
4 Emily Metcalfe	Ryde	1:14.90q
5 Charlotte Greatrex	Ku-Ring-Gai	1:17.09

Girls U 12 - 400 Metre Sprint

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=====
Region: R 1:01.30 1993 Rosemary Hayward, Toukley
State: S 57.74 21-Feb-79 Nicole Leistenschneider, Ma
Name Age Centre Final
=====

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Section 1 Final

1 Brianna Worsfold	Ku-Ring-Gai	1:01.47
2 Sienna Bond	Ku-Ring-Gai	1:02.48
3 Emily Smith	Manly Warringah	1:02.85
4 Cayla Phillips	Manly Warringah	1:03.44
5 Lily Tilt	Nth Rocks Carlin	1:06.80
6 Sally Priest	Manly Warringah	1:08.09
7 Eliza McKenzie	Nth Rocks Carlin	1:11.40
8 Emily Metcalfe	Ryde	1:13.64

Results**Girls U 13 - 400 Metre Sprint**

Region: R 58.60 1994 Rosemary Hayward, Toukley			
State: S 57.24 16-Mar-86 Jo-anne Swan, Camden			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Edie Burke		Manly Warringah	1:07.30Q
2 Nicola Hogg		Mosman	1:07.35Q
3 Hannah Mathews		Parramatta	1:07.37Q
4 Zahra Safi		Northern Suburbs	1:07.72q
5 Kayla Kimball		Manly Warringah	1:13.72q
Heat 2 Heats			
1 Jessica Bird		Ku-Ring-Gai	1:09.01Q
2 Caitlin Roach		Parramatta	1:10.65Q
3 Mia Tamhane		Manly Warringah	1:11.27Q
4 April Shepherd		Northern Districts	1:15.95

Girls U 13 - 400 Metre Sprint

Region: R 58.60 1994 Rosemary Hayward, Toukley			
State: S 57.24 16-Mar-86 Jo-anne Swan, Camden			
Name	Age	Centre	Final
Section 1 Final			
1 Jessica Bird		Ku-Ring-Gai	1:00.06
2 Nicola Hogg		Mosman	1:01.11
3 Hannah Mathews		Parramatta	1:05.03
4 Edie Burke		Manly Warringah	1:06.58
5 Mia Tamhane		Manly Warringah	1:06.92
6 Zahra Safi		Northern Suburbs	1:07.19
7 Caitlin Roach		Parramatta	1:11.14
8 Kayla Kimball		Manly Warringah	1:16.59

Girls U 14 - 400 Metre Sprint

Region: R 56.20 1995 Rosemary Hayward, Toukley			
State: S 56.02 23-Mar-12 Molly Blakey, South Eastern			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jasmin Guthrie		Northern Districts	1:05.37Q
2 Evita Dickson		Manly Warringah	1:05.59Q
3 Hannah Parker		Manly Warringah	1:09.05Q
4 Olivia Mitchell		Mosman	1:09.51q
5 Kiara Henry		Parramatta	1:10.42q
6 Sophie Halliday		Manly Warringah	1:11.74
Heat 2 Heats			
1 Gemma Bratton		Northern Suburbs	1:04.65Q
2 Emma O'Reilly		Manly Warringah	1:04.94Q
3 Isabella Guthrie		Northern Districts	1:05.38Q
4 Sophie Boland		Ryde	1:11.72

Results**Girls U 14 - 400 Metre Sprint**

Region: R 56.20 1995 Rosemary Hayward, Toukley			
State: S 56.02 23-Mar-12 Molly Blakey, South Eastern			
Name	Age	Centre	Final
Section 1 Final			
1 Emma O'Reilly		Manly Warringah	58.95
2 Jasmin Guthrie		Northern Districts	59.11
3 Isabella Guthrie		Northern Districts	1:00.53
4 Gemma Bratton		Northern Suburbs	1:00.63
5 Evita Dickson		Manly Warringah	1:00.87

Girls U 15 - 400 Metre Sprint

Region: R 55.60 1996 Rosemary Hayward, Toukley			
State: S 55.74 18-Feb-96 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1			
1 Zoe Warland		Hornsby	1:01.25
2 Sally Guthrie		Northern Suburbs	1:01.30
3 Gabriella Richmond		Northern Suburbs	1:02.06
4 Isabella Rudolph		Cherrybrook	1:02.85
5 Olivia Hogg		Mosman	1:04.31
6 Olivia Bird		Mosman	1:05.50
7 Caitlin LaRose		Ryde	1:06.78

Girls U 17 - 400 Metre Sprint

Region: R 57.54 13-Feb-16 Rowena Craker, Manly Warringah			
State: S 56.41 21-Mar-14 Ruby Ritchie, Manly Warringah			
Name	Age	Centre	Final
1 Rowena Craker		Manly Warringah	58.91
2 Kelsey Cooper-Phillis		Ryde	1:00.49
3 Isabelle Ronksley		Manly Warringah	1:02.22
4 Alanna Fisher		Northern Suburbs	1:02.53
5 Claudia Mee		Mosman	1:05.65
6 Samantha Brown		Parramatta	1:08.95

Girls U 8 - 700 Metre Run Pack Start

Region: R 2:20.20 28-Feb-10 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
1 Jessie Bradford		Cherrybrook	2:35.15
2 Katie Bowrey		Parramatta	2:39.01
3 Georgia Wood		Ku-Ring-Gai	2:39.52
4 Lily Blewman		Manly Warringah	2:47.40
5 Penny Gill		Northern Districts	2:49.26
6 Natalie Dransfield		Northern Suburbs	2:51.69
7 Zara Villacorta		Manly Warringah	2:51.88
8 Olivia Nilan		Nth Rocks Carlin	2:57.71
9 Mia Stewart		Cherrybrook	3:01.72
10 Philippa Brown		Northern Suburbs	3:11.51
11 Sadie James		Cherrybrook	3:15.51
12 Maddison Melville		Ku-Ring-Gai	3:16.69
13 Brinleigh Grosvenor		Nth Rocks Carlin	3:17.27

Results**....Girls U 8 - 700 Metre Run Pack Start**

14 Georgina Fife	Ku-Ring-Gai	3:17.82
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Girls U 9 - 800 Metre Run

Region: R 2:34.80	20-Feb-11	Abbey Rockliff, Ku-ring-gai
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State: S 2:33.00	20-Mar-11	Abbey Rockliff, Ku-Ring-Gai
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Name	Age Centre	Final
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1 Antonia Baranowski	Parramatta	2:50.57
2 Caitlin Brennan	Parramatta	2:51.98
3 Rebecca Solomon	Manly Warringah	2:53.03
4 Kristina Prizmic	Ryde	3:00.04
5 Macy Beuzeville	Manly Warringah	3:01.62
6 Zoe Woods	Ku-Ring-Gai	3:03.57
7 Sophie Harden	Ku-Ring-Gai	3:05.76
8 Hannah Sacco	Northern Suburbs	3:06.13
9 Ella Dunstan	Manly Warringah	3:06.78
10 Abbie Merifield	Ryde	3:07.21
11 Grace Beck	Ku-Ring-Gai	3:07.95
12 Olivia Vecchio	Mosman	3:10.34
13 Grace O'Dowd	Northern Suburbs	3:12.45
14 Molly Shrivell	Manly Warringah	3:12.81
15 Ella McGregor	Ryde	3:28.53

Girls U 10 - 800 Metre Run

Region: R 2:27.26	19-Feb-12	Abbey Rockliff, Ku-ring-gai
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State: S 2:27.30	19-Feb-12	Abbey Rockliff, Ku-Ring-Gai
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Name	Age Centre	Final
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1 Sarah Baker	Northern Suburbs	2:40.35
2 Amber Halliday	Manly Warringah	2:42.48
3 Isabella Fisher	Cherrybrook	2:43.98
4 Annie Seve	Manly Warringah	2:51.45
5 Kiera Yerbury	Ku-Ring-Gai	2:52.90
6 Isabella Pereira	Hornsby	2:53.84
7 Georgia Phillips	Ryde	2:54.98
8 Teagan Jones	Ku-Ring-Gai	2:55.35
9 Ava Barroccu	Cherrybrook	2:56.56
10 Emilia Massaro	Northern Suburbs	2:58.81
11 Cassidy McArthur	Hornsby	3:00.23
12 Valentina Kuruc	Ryde	3:03.18
13 Charlotte Gathercole	Nth Rocks Carlin	3:03.40
14 Mia Sams	Manly Warringah	3:04.96
15 Isabelle Howard	Mosman	3:06.98
16 Milni Kariyawasam	Hornsby	3:09.71

Girls U 11 - 800 Metre Run

Region: R 2:26.06	17-Feb-13	Abbey Rockliff, Ku-Ring-Gai
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State: S 2:21.80	20-Mar-16	Imogen Stewart, Illawong
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Name	Age Centre	Final
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1 Lara Williams	Manly Warringah	2:31.52
2 Jessica Gocher	Mosman	2:41.01
3 Alyssa Medved	Manly Warringah	2:41.15
4 Zoe Banks	Manly Warringah	2:43.10

Results**....Girls U 11 - 800 Metre Run**

5	Jemma Brandon-Cooper	Mosman	2:45.38
6	Sophia Archer	Northern Suburbs	2:46.18
7	Ingrid Kingsmill	Northern Suburbs	2:49.65
8	Bianca Conti	Northern Suburbs	2:50.85
9	Krishani Coffin	Ryde	2:53.96
10	Evie Todd	Northern Districts	2:54.18
11	Annika Lee	Ku-Ring-Gai	2:57.40
12	Taya Yerbury	Ku-Ring-Gai	3:00.71
13	Brooke Fury	Northern Districts	3:10.61

Girls U 12 - 800 Metre Run

=====			
Region:	R 2:21.69	16-Feb-14	Abbey Rockliff, Ku-Ring-Gai
State:	S 2:16.34	23-Mar-14	Abbey Rockliff, Ku-Ring-Gai
Name		Age Centre	Final
=====			
1	Chelsea Smyth	Manly Warringah	2:32.18
2	Arabella Price	Nth Rocks Carlin	2:35.57
3	Sally Priest	Manly Warringah	2:38.66
4	Holly Wickham	Manly Warringah	2:40.32
5	Kristen Cook	Ku-Ring-Gai	2:42.27
6	Emma Thomas	Parramatta	2:44.91
7	Alexandra Sinclair	Manly Warringah	2:52.84
8	Sofia Polson	Parramatta	2:53.06
9	Hannah Thonell	Ku-Ring-Gai	2:56.71
10	Annabel Hutcheson	Northern Suburbs	2:57.98
11	Sarah Partridge	Ryde	2:59.01
12	Lucinda Faddy	Northern Suburbs	3:00.20
13	Jesse Hartmann	Ryde	3:08.37

Girls U 13 - 800 Metre Run

=====			
Region:	R 2:15.60	12-Feb-17	Jessica Bird, Ku-Ring-Gai
State:	S 2:15.20	22-Feb-87	Suzy Walsham, Ku-Ring-Gai
Name		Age Centre	Final
=====			
1	Jessica Bird	Ku-Ring-Gai	2:15.60R
2	Nicola Hogg	Mosman	2:21.30
3	Georgia Arcus	Ryde	2:30.11
4	Zara Warland	Hornsby	2:34.36
5	Anastasia Lakic	Ryde	2:36.72
6	Jasmine Cochrane	Northern Suburbs	2:36.82
7	Zahra Safi	Northern Suburbs	2:38.44
8	Milena Visser	Cherrybrook	2:41.66
9	Emily Gathercole	Nth Rocks Carlin	2:42.33
10	Olivia Tommerup	Manly Warringah	2:42.66
11	Caitlin Roach	Parramatta	2:49.47
12	Kayla Kimball	Manly Warringah	2:53.58

Girls U 14 - 800 Metre Run

=====			
Region:	R 2:14.69	14-Feb-16	Abbey Rockliff, Ku-Ring-Gai
State:	S 2:13.20	20-Mar-88	Suzy Walsham, Ku-Ring-Gai
Name		Age Centre	Final
=====			
1	Emma O'Reilly	Manly Warringah	2:24.77
2	Ciara Sinclair	Manly Warringah	2:26.69

Results**....Girls U 14 - 800 Metre Run**

3	Gemma Bratton	Northern Suburbs	2:30.09
4	Hannah Lovlin	Manly Warringah	2:30.55
5	Kirsten Frykberg	Cherrybrook	2:32.70
6	Olivia Rooney	Northern Suburbs	2:33.67
7	Mia Hinchliff	Mosman	2:34.92
8	Ella Koster	Ku-Ring-Gai	2:35.56
9	Emily Gocher	Mosman	2:39.69
10	Samantha Guthrie	Northern Suburbs	2:47.91
11	Grace Michie	Parramatta	2:50.52
12	Prudence Silver	Northern Districts	3:05.67

Girls U 15 - 800 Metre Run

Region: R 2:10.90 22-Feb-09 Jenny Blundell, Cherrybrook
 State: S 2:09.57 20-Mar-16 Carley Thomas, Hills Distri

Name Age Centre Final

1	Imogen Gardiner	Northern Suburbs	2:19.68
2	Sally Guthrie	Northern Suburbs	2:24.12
3	Olivia Hogg	Mosman	2:30.95
4	Justine Wallis	Cherrybrook	2:34.10
5	Ashley Edwards	Manly Warringah	2:37.10
6	Josephine VU	Nth Rocks Carlin	3:08.60

Girls U 17 - 800 Metre Run

Region: R 2:15.00 28-Feb-10 Jenny Blundell, Cherrybrook
 State: S 2:12.59 25-Mar-12 Kate Spencer, Ryde

Name Age Centre Final

1	Jemma Gallagher	Northern Districts	2:22.60
2	Gabrielle Damm	Ryde	2:26.77
3	Astrid Kingsmill	Northern Suburbs	2:27.74
4	Sophie Gocher	Mosman	2:29.94
5	Anika Rooney	Northern Suburbs	2:37.22
6	Belinda Scott	Ku-Ring-Gai	2:45.88

Girls U 10 - 1500 Metre Run

Region: R 4:56.90 18-Feb-12 Abbey Rockliff, Ku-ring-gai
 State: S 4:56.90 18-Feb-12 Abbey Rockliff, Ku-Ring-Gai

Name Age Centre Final

1	Sarah Baker	Northern Suburbs	5:32.19
2	Isabella Fisher	Cherrybrook	5:40.33
3	Kiera Yerbury	Ku-Ring-Gai	5:50.22
4	Cassidy McArthur	Hornsby	5:55.27
5	Georgia Phillips	Ryde	6:00.19
6	Mia Sams	Manly Warringah	6:01.53
7	Teagan Jones	Ku-Ring-Gai	6:01.89
8	Valentina Kuruc	Ryde	6:06.52
9	Saskia Burrough	Northern Suburbs	6:07.06
10	Amelia Watkins	Ku-Ring-Gai	6:12.22
11	Sarah Lovell	Ku-Ring-Gai	6:17.13
12	Lilian Honeysett	Cherrybrook	6:20.22
13	Abigail Johnstone	Parramatta	6:21.77
14	Olivia Sassen	Parramatta	6:24.56

Results**....Girls U 10 - 1500 Metre Run**

15 Isabelle Howard	Mosman	6:33.27
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Girls U 11 - 1500 Metre Run

Region: R 4:54.70	2005	Jenny Blundell, Cherrybrook
State: S 4:44.07	19-Mar-16	Imogen Stewart, Illawong

Name	Age Centre	Final
------	------------	-------

1 Jessica Gocher	Mosman	5:25.22
2 Keeley Holmes	Manly Warringah	5:25.79
3 Ingrid Kingsmill	Northern Suburbs	5:30.16
4 Lara Paterson	Manly Warringah	5:41.11
5 Sophia Archer	Northern Suburbs	5:45.99
6 Eliza Brown	Northern Suburbs	5:55.50
7 Evie Todd	Northern Districts	5:59.38
8 Krishani Coffin	Ryde	6:00.05
9 Brooke Flynn	Manly Warringah	6:02.86
10 Emma Hooper	Manly Warringah	6:04.07
11 Holly Chantry	Ku-Ring-Gai	6:05.25
12 Katelyn Johnson	Parramatta	6:12.22
13 Annika Lee	Ku-Ring-Gai	6:14.57
14 Alannah Teo	Ryde	6:16.52
15 Stella Hurley	Ryde	6:26.85

Girls U 12 - 1500 Metre Run

Region: R 4:40.94	15-Feb-14	Abbey Rockliff, Ku-Ring-Gai
State: S 4:34.47	22-Mar-14	Abbey Rockliff, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Chelsea Smyth	Manly Warringah	5:11.76
2 Arabella Price	Nth Rocks Carlin	5:28.12
3 Holly Wickham	Manly Warringah	5:33.54
4 Emma Thomas	Parramatta	5:40.29
5 Charlie Arnott	Manly Warringah	5:45.09
6 Alexandra Sinclair	Manly Warringah	5:47.26
7 Sofia Polson	Parramatta	6:02.92
8 Annabel Hutcheson	Northern Suburbs	6:04.01
9 Jasmine Khiroya	Nth Rocks Carlin	6:10.38
10 Kyna Das	Northern Suburbs	6:16.21
11 Melissa Blume	Parramatta	6:23.79
12 Lilli Krawitz	Mosman	6:26.45
13 Jesse Hartmann	Ryde	6:30.71

Girls U 13 - 1500 Metre Run

Region: R 4:37.06	11-Feb-17	Nicola Hogg, Mosman
State: S 4:36.10	21-Feb-87	Suzy Walsham, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Nicola Hogg	Mosman	4:37.06R
2 Jessica Bird	Ku-Ring-Gai	4:48.42
3 Georgia Arcus	Ryde	5:16.72
4 Zara Warland	Hornsby	5:26.84
5 Jasmine Cochrane	Northern Suburbs	5:37.86
6 Caitlin Roach	Parramatta	5:47.19
7 Scarlett Parker	Manly Warringah	5:53.61

Results**....Girls U 13 - 1500 Metre Run**

8	Brigitta Williams	Ryde	6:00.14
9	Skye Grosvenor	Nth Rocks Carlin	6:04.63
10	Kayla Kimball	Manly Warringah	6:11.13
11	April Shepherd	Northern Districts	6:25.66
12	Jud Hijazi	Cherrybrook	6:34.67

Girls U 14 - 1500 Metre Run

Region: R 4:36.10 13-Feb-16 Abbey Rockliff, Ku-Ring-Gai
 State: S 4:35.30 15-Mar-03 Lexy Gilmour, Helensburgh

Name Age Centre Final

1	Hannah Cerezo	Northern Suburbs	5:01.09
2	Ciara Sinclair	Manly Warringah	5:07.25
3	Emma Mahon	Manly Warringah	5:08.86
4	Hannah Lovlin	Manly Warringah	5:10.16
5	Mia Hinchliff	Mosman	5:10.81
6	Kirsten Frykberg	Cherrybrook	5:11.80
7	Alana Kavanagh	Ryde	5:12.36
8	Emily Gocher	Mosman	5:16.21
9	Olivia Rooney	Northern Suburbs	5:25.28
10	Samantha Guthrie	Northern Suburbs	5:42.26
11	Sophie Boland	Ryde	5:45.66
12	Grace Michie	Parramatta	6:06.33
13	JamieEve Wade	Cherrybrook	6:07.70
14	Prudence Silver	Northern Districts	6:11.66

Girls U 15 - 1500 Metre Run

Region: R 4:38.31 16-Feb-13 Emily Hopper, MOSMAN
 State: S 4:30.10 19-Mar-16 Emily Schneider, Sutherland

Name Age Centre Final

1	Imogen Gardiner	Northern Suburbs	4:54.08
2	Olivia Hogg	Mosman	4:59.40
3	Charlotte Ryan	Ryde	5:04.68
4	Abbey Rockliff	Ku-Ring-Gai	5:16.36
5	Sally Guthrie	Northern Suburbs	5:20.31
6	Abbie Lewis	Ryde	5:23.26
7	Justine Wallis	Cherrybrook	5:26.28
8	Hannah Bayliss	Ku-Ring-Gai	6:17.06
9	Josephine VU	Nth Rocks Carlin	6:39.39

Girls U 17 - 1500 Metre Run

Region: R 4:42.90 18-Feb-12 Kate Spencer, Ryde
 State: S 4:33.13 20-Mar-10 Jenny Blundell, Cherrybrook

Name Age Centre Final

1	Jemma Gallagher	Northern Districts	5:02.30
2	Gabrielle Damm	Ryde	5:03.89
3	Astrid Kingsmill	Northern Suburbs	5:06.09
4	Samantha Brown	Parramatta	5:17.48
5	Anika Rooney	Northern Suburbs	5:38.40
6	Belinda Scott	Ku-Ring-Gai	5:54.57
7	Mandela Sutherland	Nth Rocks Carlin	6:32.23

Results**Girls U 13 - 3000 Metre Run**

=====			
Region:	R 9:58.99	14-Feb-15	Abbey Rockliff, Ku-Ring-Gai
State:	S 9:58.99	15-Feb-15	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Nicola Hogg		Mosman	9:59.99
2 Georgia Arcus		Ryde	11:19.34
3 Zara Warland		Hornsby	11:48.81
4 Skye Grosvenor		Nth Rocks Carlin	12:55.92

Girls U 14 - 3000 Metre Run

=====			
Region:	R 10:35.60	2001	Bree Crawford, Manly Warri
State:	S 9:59.16	20-Mar-15	Emily Schneider, Sutherlan
Name	Age	Centre	Final
=====			
1 Emma Mahon		Manly Warringah	10:40.92
2 Hannah Cerezo		Northern Suburbs	10:49.71
3 Mia Hinchliff		Mosman	10:53.74
4 Hannah Lovlin		Manly Warringah	11:05.42
5 Kirsten Frykberg		Cherrybrook	11:20.30
6 Emily Gocher		Mosman	11:23.71
7 JamieEve Wade		Cherrybrook	12:47.81
8 Grace Michie		Parramatta	13:01.81

Girls U 15 - 3000 Metre Run

=====			
Region:	R 10:31.56	14-Feb-15	Leah McDonald, Parramatta
State:	S 9:43.02	18-Mar-16	Emily Schneider, Sutherlan
Name	Age	Centre	Final
=====			
1 Olivia Hogg		Mosman	10:59.93
2 Charlotte Ryan		Ryde	11:03.48
3 Hannah Bayliss		Ku-Ring-Gai	13:56.96

Girls U 17 - 3000 Metre Run

=====			
Region:	R 10:19.10	18-Feb-12	Kate Spencer, Ryde
State:	S 9:57.22	15-Feb-14	Jessica Hull, Albion Park
Name	Age	Centre	Final
=====			
1 Astrid Kingsmill		Northern Suburbs	11:05.85
2 Gabrielle Damm		Ryde	11:25.10
3 Samantha Brown		Parramatta	11:31.04

Girls U 8 - 60 Metre Hurdles (45cm)

=====			
Region:	R 10.90	1994	Bree Donnelly, Manly Warringa
State:	S 10.92	30-Jan-16	Tammin Lampret, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Arabella Handley		Manly Warringah	12.65Q
2 Eden Herring		Hornsby	13.13Q
3 Olivia Kelson		Hornsby	13.33Q
4 Carys Byrnes		Nth Rocks Carlin	13.40q
5 Maddison Minard		Nth Rocks Carlin	13.64
6 Georgina Fife		Ku-Ring-Gai	13.65

Results

....Girls U 8 - 60 Metre Hurdles (45cm)

Heat 2 Heats

1	Olivia Achike	Ku-Ring-Gai	12.42Q
2	Tepaea Simpkins	Northern Districts	12.77Q
3	Giselle burke	Manly Warringah	13.17Q
4	Philippa Brown	Northern Suburbs	13.43q
5	Ruby Semaganda	Cherrybrook	13.64
5	Mahli Jabre	Ryde	13.64

Girls U 8 - 60 Metre Hurdles (45cm)

Region: R 10.90 1994 Bree Donnelly, Manly Warringah
 State: S 10.92 30-Jan-16 Tammin Lampret, Port Hacking

Name	Age	Centre	Final
------	-----	--------	-------

Section 1 Final

1	Arabella Handley	Manly Warringah	12.00
2	Tepaea Simpkins	Northern Districts	12.50
2	Olivia Achike	Ku-Ring-Gai	12.50
4	Olivia Kelson	Hornsby	13.00
5	Eden Herring	Hornsby	13.20
6	Giselle burke	Manly Warringah	13.60
7	Carys Byrnes	Nth Rocks Carlin	13.70
8	Philippa Brown	Northern Suburbs	14.00

Girls U 9 - 60 Metre Hurdles (45cm)

Region: R 10.20 1995 A Hamilton, Northern Suburbs
 State: S 9.84 21-Feb-09 Chyna Tavai-Williams, Bankstow

Name	Age	Centre	Heats
------	-----	--------	-------

Heat 1 Heats

1	Sienna Kupceric	Manly Warringah	10.71Q
2	Lola Jones	Northern Suburbs	11.40Q
3	Claudia Healey	Mosman	11.45Q
4	Charlotte Nagle	Ryde	11.96q
5	Serin Korucu	Manly Warringah	11.99q
6	Eliana High	Mosman	12.16
7	Ava Moore	Cherrybrook	12.50

Heat 2 Heats

1	Catherine Mikan	Northern Suburbs	11.34Q
2	Veda Arabolu	Ku-Ring-Gai	11.56Q
3	Gemma McIntosh	Ku-Ring-Gai	11.58Q
4	Milla Brown	Manly Warringah	12.08
5	Talia Coffin	Ryde	12.32
6	Serena Vanderklaw	Cherrybrook	12.39

Girls U 9 - 60 Metre Hurdles (45cm)

Region: R 10.20 1995 A Hamilton, Northern Suburbs
 State: S 9.84 21-Feb-09 Chyna Tavai-Williams, Bankstow

Name	Age	Centre	Final
------	-----	--------	-------

Section 1 Final

1	Catherine Mikan	Northern Suburbs	10.52
2	Gemma McIntosh	Ku-Ring-Gai	10.73
3	Sienna Kupceric	Manly Warringah	10.81
4	Claudia Healey	Mosman	11.51

Results**....Girls U 9 - 60 Metre Hurdles (45cm)**

5	Lola Jones	Northern Suburbs	11.61
6	Veda Arabolu	Ku-Ring-Gai	11.65
7	Serin Korucu	Manly Warringah	11.81
8	Charlotte Nagle	Ryde	12.20

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Region:	R 10.00	27-Feb-10	Tiana Jaber, Kings Langley
State:	S 9.84	20-Mar-10	Chyna Tavai-Willams, Bankstow
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Chloe Dunne	Manly Warringah	10.28Q
2	Hayley Reynolds	Nth Rocks Carlin	11.02Q
3	Samara Bond	Ku-Ring-Gai	12.08Q
4	Madison Mitchell	Hornsby	12.09q
5	Cassidy McArthur	Hornsby	12.32q
5	Emilia Massaro	Northern Suburbs	12.32q
7	Georgia Rae	Manly Warringah	12.54
8	Charlotte Gathercole	Nth Rocks Carlin	14.21

Heat 2 Heats

1	Lucy Scholtens	Manly Warringah	11.31Q
2	Sarah-anne Koot	Cherrybrook	12.03Q
3	Elise Oliver	Northern Districts	12.39Q
4	Emily Jackson	Parramatta	12.65
5	Annabelle Cooper	Northern Suburbs	12.69
6	Olivia Moresi	Cherrybrook	12.87

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Region:	R 10.00	27-Feb-10	Tiana Jaber, Kings Langley
State:	S 9.84	20-Mar-10	Chyna Tavai-Willams, Bankstow
Name		Age Centre	Final
=====			

Section 1 Final

1	Chloe Dunne	Manly Warringah	10.51
2	Lucy Scholtens	Manly Warringah	11.13
3	Hayley Reynolds	Nth Rocks Carlin	11.43
4	Sarah-anne Koot	Cherrybrook	11.96
5	Madison Mitchell	Hornsby	12.05
6	Samara Bond	Ku-Ring-Gai	12.08
7	Emilia Massaro	Northern Suburbs	12.40
8	Elise Oliver	Northern Districts	12.49
9	Cassidy McArthur	Hornsby	12.68

Girls U 11 - 60 Metre Hurdles (60cm)

=====			
Region:	R 9.60	1998	A Kerr, Winston Hills
State:	S 9.34	20-Mar-04	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Talia KupcERIC	Manly Warringah	10.50Q
2	Emily Uslu	Parramatta	10.60Q
3	Sienna Fraser	Manly Warringah	11.64Q
4	Phoebe Riley	Ku-Ring-Gai	11.66
5	Mia Marshall	Northern Suburbs	11.84

Results**....Girls U 11 - 60 Metre Hurdles (60cm)**

6	Penelope Girdis	Mosman	11.93
7	Jasmine Loh	Nth Rocks Carlin	12.28
8	Hannah Anderson	Northern Suburbs	12.60
Heat 2 Heats			
1	Nina Van Der Reyden	Manly Warringah	10.15Q
2	Eva Bates	Ku-Ring-Gai	10.62Q
3	Madeleine Gregg	Northern Suburbs	11.17Q
4	Ruby Worrell	Ryde	11.28q
5	Elizabeth Peters	Ku-Ring-Gai	11.53q
6	Keeley Holmes	Manly Warringah	12.03
7	Eliza Brown	Northern Suburbs	13.03
8	Ingrid Kingsmill	Northern Suburbs	13.10

Girls U 11 - 60 Metre Hurdles (60cm)

=====				
Region:	R	9.60	1998	A Kerr, Winston Hills
State:	S	9.34	20-Mar-04	Annaliese Gardiner, Ku-Ring-G
Name		Age	Centre	Final
=====				
Section 1 Final				
1	Nina Van Der Reyden		Manly Warringah	10.02
2	Eva Bates		Ku-Ring-Gai	10.22
3	Talia Kupceric		Manly Warringah	10.45
4	Emily Uslu		Parramatta	10.76
5	Madeleine Gregg		Northern Suburbs	10.96
6	Elizabeth Peters		Ku-Ring-Gai	11.14
7	Ruby Worrell		Ryde	11.68
8	Sienna Fraser		Manly Warringah	11.69

Girls U 12 - 60 Metre Hurdles (68cm)

=====				
Region:	R	9.10	2005	Annaliese Gardiner, Ku-ring-g
State:	S	9.34	19-Mar-05	Annaliese Gardiner, Ku-Ring-G
Name		Age	Centre	Heats
=====				
Heat 1 Heats				
1	Sienna Bond		Ku-Ring-Gai	10.03Q
2	India Nash		Northern Suburbs	10.99Q
3	Lily Tilt		Nth Rocks Carlin	11.14Q
4	Alissa Villa		Northern Suburbs	11.56q
5	Samantha Hardingham		Northern Suburbs	11.57
6	Abby Latimer		Mosman	11.82
Heat 2 Heats				
1	Emily Moraitis		Northern Suburbs	10.36Q
2	Emily Crawford		Cherrybrook	10.76Q
3	Sophie Ross		Manly Warringah	10.90Q
4	Sophie Hanna		Manly Warringah	11.52q
5	Mikayla Kelleher		Ryde	11.80
6	Lucy Brown		Manly Warringah	11.94
7	Madeleine Smithies		Manly Warringah	12.05
8	Naomi Baranowski		Parramatta	12.39

Results**Girls U 12 - 60 Metre Hurdles (68cm)**

=====				
Region:	R	9.10	2005	Annaliese Gardiner, Ku-ring-g
State:	S	9.34	19-Mar-05	Annaliese Gardiner, Ku-Ring-G
Name	Age	Centre	Final	
=====				
Section 1 Final				
1	Sienna Bond	Ku-Ring-Gai	9.98	
2	Emily Crawford	Cherrybrook	10.43	
3	Emily Moraitis	Northern Suburbs	10.51	
4	Sophie Ross	Manly Warringah	10.94	
5	Lily Tilt	Nth Rocks Carlin	11.14	
6	Alissa Villa	Northern Suburbs	11.30	
7	Sophie Hanna	Manly Warringah	11.49	
8	India Nash	Northern Suburbs	12.53	

Girls U 13 - 80 Metre Hurdles (76cm)

=====				
Region:	R	12.26	15-Feb-15	Mia Hemsworth, Ku-Ring-Gai
State:	S	12.26	15-Feb-15	Mia Hemsworth, Ku-Ring-Gai
Name	Age	Centre	Heats	
=====				
Heat 1 Heats				
1	Emilia Duncan	Ku-Ring-Gai	13.12Q	
2	Annika Lynch	Northern Suburbs	13.50Q	
3	Ruby Mahendran	Ku-Ring-Gai	14.46Q	
4	Edie Burke	Manly Warringah	14.69q	
5	Emily Gathercole	Nth Rocks Carlin	15.35	
6	Sophie Anderson	Northern Suburbs	15.37	
7	Mia Tamhane	Manly Warringah	16.06	
8	Angelique Pozzolungo	Parramatta	17.44	
Heat 2 Heats				
1	Georgia Healy	Northern Suburbs	13.22Q	
2	Georgia Fichardt	Ku-Ring-Gai	13.47Q	
3	Summer Enasio	Northern Districts	14.63Q	
4	Angela Asikin	Northern Suburbs	14.71q	
5	Chelsea Smith	Nth Rocks Carlin	15.76	
6	Isobel Elkan	Manly Warringah	15.81	
7	Teagan Scott	Manly Warringah	15.87	
8	Anastasia Lakic	Ryde	17.04	

Girls U 13 - 80 Metre Hurdles (76cm)

=====				
Region:	R	12.26	15-Feb-15	Mia Hemsworth, Ku-Ring-Gai
State:	S	12.26	15-Feb-15	Mia Hemsworth, Ku-Ring-Gai
Name	Age	Centre	Final	
=====				
Section 1 Final				
1	Emilia Duncan	Ku-Ring-Gai	13.42	
2	Georgia Healy	Northern Suburbs	13.48	
3	Georgia Fichardt	Ku-Ring-Gai	J13.48	
4	Annika Lynch	Northern Suburbs	13.52	
5	Ruby Mahendran	Ku-Ring-Gai	14.11	
6	Summer Enasio	Northern Districts	14.70	
7	Angela Asikin	Northern Suburbs	14.88	
8	Edie Burke	Manly Warringah	15.25	

Results**Girls U 14 - 80 Metre Hurdles (76cm)**

=====			
Region:	R 12.20	2002	Marissa Ward, Northern Suburb
State:	S 11.94	19-Mar-06	Carly Rodger, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lily Worrall	Northern Suburbs	14.25Q
2	Alannah Green	Mosman	14.31Q
3	Bridgette Edmunds	Cherrybrook	15.57Q
4	Jana Docdoc	Ryde	16.37q
5	Rebecca Asikin	Northern Suburbs	16.49
Heat 2 Heats			
1	Frreya Carley	Manly Warringah	13.95Q
2	Amy McFadden	Hornsby	14.05Q
3	Olivia Mitchell	Mosman	14.93Q
4	Genevieve McKeown	Nth Rocks Carlin	15.04q
5	Aela Morrison	Northern Suburbs	16.42
6	Emma Polley	Parramatta	16.46

Girls U 14 - 80 Metre Hurdles (76cm)

=====			
Region:	R 12.20	2002	Marissa Ward, Northern Suburb
State:	S 11.94	19-Mar-06	Carly Rodger, Port Hacking
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Frreya Carley	Manly Warringah	14.00
2	Amy McFadden	Hornsby	14.10
3	Lily Worrall	Northern Suburbs	14.17
4	Alannah Green	Mosman	14.48
5	Genevieve McKeown	Nth Rocks Carlin	14.66
6	Olivia Mitchell	Mosman	14.78
7	Bridgette Edmunds	Cherrybrook	15.31
8	Jana Docdoc	Ryde	15.96

Girls U 15 - 90 Metre Hurdles (76cm)

=====			
Region:	R 12.90	28-Feb-10	Melissa Farrington, Northern
State:	S 12.44	03-Mar-07	Carly Rodger, Port Hacking
Name	Age	Centre	Final
=====			
Section 1			
1	Mia Hemsworth	Ku-Ring-Gai	12.94
2	Nicolette D'Onofrio	Northern Suburbs	13.11
3	Georgia Duncan	Manly Warringah	13.66
4	Zoe Warland	Hornsby	14.09
5	Amie Bowrey	Cherrybrook	14.34
6	Isabel McCarthy	Northern Suburbs	14.86
7	Gabriella Richmond	Northern Suburbs	14.91
8	Catherine Baxter	Hornsby	17.34
9	Celeste Edmunds	Cherrybrook	17.54

Results**Girls U 17 - 100 Metre Hurdles (76cm)**

=====			
Region:	R 14.00	19-Feb-12	Melissa Farrington, Northern
State:	S 13.87	21-Mar-10	Michelle Jenneke, Cherrybrook
Name	Age	Centre	Final
=====			
1 Emily Britton		Manly Warringah	14.88
2 Mallory Bassett		Hornsby	15.83
3 Brooke East		Manly Warringah	16.47
4 Katrina Lyon		Ryde	16.50
5 Tamara KowczRosinke		Northern Suburbs	17.70
6 Tea Lisle		Manly Warringah	18.05
7 Jessica Weidenhoft		Manly Warringah	19.19

Girls U 13 - 200 Metre Hurdles (68cm)

=====			
Region:	R 28.00	1991	B Smith, Winston Hills
State:	S 28.24	19-Feb-00	Tahlia Gray, Canterbury
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Georgia Fichardt		Ku-Ring-Gai	30.54Q
2 Ruby Mahendran		Ku-Ring-Gai	32.28Q
3 Emily Gathercole		Nth Rocks Carlin	33.06Q
4 Charlotte Hall		Hornsby	33.23q
Heat 2 Heats			
1 Annika Lynch		Northern Suburbs	29.12Q
2 Georgia Healy		Northern Suburbs	31.07Q
3 Brooke Chaloner		Manly Warringah	33.47Q
3 Angela Asikin		Northern Suburbs	33.47Q
5 Georgia Lafford		Hornsby	33.72
6 Brigitta Williams		Ryde	34.88

Girls U 13 - 200 Metre Hurdles (68cm)

=====			
Region:	R 28.00	1991	B Smith, Winston Hills
State:	S 28.24	19-Feb-00	Tahlia Gray, Canterbury
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Annika Lynch		Northern Suburbs	30.24
2 Georgia Healy		Northern Suburbs	31.08
3 Georgia Fichardt		Ku-Ring-Gai	31.51
4 Ruby Mahendran		Ku-Ring-Gai	32.69
5 Emily Gathercole		Nth Rocks Carlin	33.33
6 Charlotte Hall		Hornsby	33.91
7 Angela Asikin		Northern Suburbs	34.07
8 Brooke Chaloner		Manly Warringah	34.13

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Region:	R 27.60	1997	Jana Pittman, Parramatta
State:	S 27.04	18-Mar-06	Carly Rodger, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Alyssa Lowe		Ryde	30.23Q
2 Kiara Henry		Parramatta	32.25Q
3 Portia Amy-Wilson		Ryde	32.39Q

Results**....Girls U 14 - 200 Metre Hurdles (76cm)**

4	Lara Woollett	Hornsby	32.57q
5	Emma Polley	Parramatta	34.25
6	Rachel Glendenning	Northern Districts	34.34
Heat 2 Heats			
1	Isabella Guthrie	Northern Districts	31.06Q
2	Lily Worrall	Northern Suburbs	32.27Q
3	Isabelle Charlier	Manly Warringah	33.49Q
4	Aela Morrison	Northern Suburbs	33.87q
5	Genevieve McKeown	Nth Rocks Carlin	34.00

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Region:	R 27.60	1997	Jana Pittman, Parramatta
State:	S 27.04	18-Mar-06	Carly Rodger, Port Hacking
Name		Age Centre	Final
=====			
Section 1 Final			
1	Isabella Guthrie	Northern Districts	30.41
2	Alyssa Lowe	Ryde	30.52
3	Lily Worrall	Northern Suburbs	31.59
4	Lara Woollett	Hornsby	31.66
5	Kiara Henry	Parramatta	32.00
6	Portia Amy-Wilson	Ryde	33.05
7	Isabelle Charlier	Manly Warringah	33.45
8	Aela Morrison	Northern Suburbs	34.87

Girls U 15 - 300 Metre Hurdles (76cm)

=====			
Region:	R 47.70	11-Feb-17	Zoe Warland, Hornsby
Name		Age Centre	Final
=====			
Section 1			
1	Zoe Warland	Hornsby	47.70R
2	Gabriella Richmond	Northern Suburbs	48.80
3	Eleanor Plummer	Ryde	49.40
4	Ashley Edwards	Manly Warringah	51.40
5	Celeste Edmunds	Cherrybrook	55.30
6	Natasha Hartley	Hornsby	1:00.20

Girls U 17 - 300 Metre Hurdles (76cm)

=====			
Region:	R 48.02	11-Feb-17	Brooke East, Manly Warringah
Name		Age Centre	Final
=====			
1	Brooke East	Manly Warringah	48.02R
2	Tamara KowczRosinke	Northern Suburbs	52.07
3	Mallory Bassett	Hornsby	52.38
4	Megan Tiong	Northern Suburbs	52.75
5	Katrina Lyon	Ryde	54.11
6	Zoe Latham	Ryde	57.01

Results

Girls U 9-12 4x100 Metre Relay (Jnr)

=====			
Region:	R 55.41	19-Feb-12	Manly Warringah, Manly Warrin A Jeremy, O Wrightson, S Stanley, K Edwards
State:	S 54.62	25-Mar-12	Manly Warringah
Centre			Final
=====			
1	Manly Warringah		55.44
	1) Octavia Williams 9	2) Gabriella Taylor 12	
	3) Brooke Bosland 10	4) Lara Williams 11	
2	Ku-Ring-Gai		57.03
	1) Gemma McIntosh 9	2) Samara Bond 10	
	3) Eva Bates 11	4) Brianna Worsfold 12	
3	Parramatta		1:00.35
	1) Antonia Baranowski 9	2) Emily Uslu 11	
	3) Azalliyah Jeffery 10	4) Amelia Polley 12	
4	Ryde		1:01.59
	1) Jasmine McAndrew 9	2) Mikayla Kelleher 12	
	3) Isabella Azizi 10	4) Sophie Byrne 11	
5	Cherrybrook		1:02.51
	1) Verity Beech 9	2) Ruby Perkins 9	
	3) Tara Webb 11	4) Sarah-anne Koot 10	

Girls U 12-17 4x100 Metre Relay (Snr)

=====			
Region:	R 50.08	12-Feb-17	Northern Suburbs, Northern Su A Dixon, E Cramer, N D'Onofrio, A Fisher
State:	S 48.69	24-Mar-13	Manly Warringah
Centre			Final
=====			
1	Northern Suburbs		50.08R
	1) Alice Dixon 13	2) Elysha Cramer 14	
	3) Nicolette D'Onofrio 15	4) Alanna Fisher 17	
2	Manly Warringah		51.61
	1) Edie Burke 13	2) Briedella Wiggins 17	
	3) Jamie Brown 14	4) Olivia Wrightson 15	
3	Cherrybrook		51.65
	1) Olivia Colman 14	2) Emily Crawford 12	
	3) Eleanor Lamperts 15	4) Katie Devitt 17	
4	Ku-Ring-Gai		52.52
	1) Jessica Maciver 13	2) Ruby Mahendran 13	
	3) Georgia Fichardt 13	4) Mia Hemsworth 15	
5	Ryde		53.29
	1) Adria McAndrew 13	2) Eleanor Partridge 14	
	3) Lara Halmarick 15	4) Kelsey Cooper-Phillis 17	
6	Hornsby		54.84
	1) Kate Johnstone 17	2) Zoe Warland 15	
	3) Amy McFadden 14	4) Georgia Lafford 13	

Girls U 9 - High Jump (S/H 0.85m)

=====			
Region:	R 1.25m	15-Feb-14	Cayla Phillips, Manly Warring
State:	S 1.39m	24-Mar-12	Tomysa Clark, Port Hacking
Name		Age Centre	Final
=====			
Flight	1		
1	Lana Waddingham	Northern Districts	J1.11m
1	Harlow Wigley	Ku-Ring-Gai	1.11m
3	Cyan Van Der Merwe	Manly Warringah	1.09m

Results**....Girls U 9 - High Jump (S/H 0.85m)**

3	Lara Boccabella	Ryde	J1.09m
5	Ruby Perkins	Cherrybrook	1.05m
5	Veda Arabolu	Ku-Ring-Gai	J1.05m
7	Lani Khiroya	Nth Rocks Carlin	1.00m
7	Kristina Prizmic	Ryde	J1.00m
7	Jada Brown	Manly Warringah	J1.00m
7	Ava Moore	Cherrybrook	J1.00m
11	Laura Bell	Manly Warringah	0.95m
12	Sienna Rowe	Nth Rocks Carlin	0.85m

Girls U 10 - High Jump (S/H 0.95m)

=====			
Region: R 1.36m		2002	F Sombroek, Northern Suburbs
State: S 1.47m		24-Mar-13	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	April Howison	Ryde	1.19m
2	Kiera Yerbury	Ku-Ring-Gai	J1.19m
3	Isabella Azizi	Ryde	1.17m
4	Catrine Atherton	Manly Warringah	J1.17m
5	Sarah Baker	Northern Suburbs	1.15m
6	Luna Ligertwood	Manly Warringah	1.10m
7	Madison Mitchell	Hornsby	J1.10m
8	Hayley Reynolds	Nth Rocks Carlin	J1.10m
9	Ava Thomson	Ku-Ring-Gai	J1.10m
10	Holly Brand	Ryde	1.05m
11	Grace Carden	Northern Suburbs	J1.05m
12	Olivia Moresi	Cherrybrook	J1.05m
13	Sienna Gleeson	Northern Districts	1.00m
13	Elise Oliver	Northern Districts	1.00m
15	Ella Baker	Nth Rocks Carlin	0.95m

Girls U 11 - High Jump (S/H 1.05m)

=====			
Region: R 1.48m		1995	S Lingard, Ku-ring-gai
State: S 1.55m		22-Mar-14	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Abbey Le Lievre	Northern Districts	1.36m
2	Talia Kupceric	Manly Warringah	1.34m
2	Opal Bird	Mosman	J1.34m
4	Nicole Pitchfork	Parramatta	J1.25m
4	Chanelle Maikhael	Parramatta	J1.25m
4	Natasha Tindale	Northern Districts	1.25m
4	Alice MacNamara	Ku-Ring-Gai	J1.25m
4	Shayla Gleeson	Northern Districts	J1.25m
9	Bella Kachel	Hornsby	J1.20m
9	Mia Marshall	Northern Suburbs	J1.20m
9	Lucia Van Der Heiden	Hornsby	1.20m
9	Chloe Krklinski	Parramatta	J1.20m
13	Alyssa Medved	Manly Warringah	1.15m
13	Taya Yerbury	Ku-Ring-Gai	1.15m
13	Eliza Brown	Northern Suburbs	J1.15m

Results**Girls U 12 - High Jump (S/H 1.15m)**

Region: R 1.58m 2002 T Thompson, Toukley			
State: S 1.65m 20-Mar-15 Tomysa Clark, Port Hacking			
Name	Age	Centre	Final
1 Cayla Phillips		Manly Warringah	1.45m
2 Emily Smith		Manly Warringah	1.41m
3 Sophie Kavanagh		Nth Rocks Carlin	1.39m
4 Lucinda Faddy		Northern Suburbs	J1.39m
5 Sophie Hanna		Manly Warringah	J1.39m
6 Brooke Luksic		Parramatta	1.30m
7 Holly Calder-Pirie		Ryde	J1.30m
8 Ella McKenzie		Cherrybrook	1.25m
9 Amelia Rae		Manly Warringah	J1.25m
10 Kirsten Erni		Hornsby	J1.25m
11 Hannah Thonell		Ku-Ring-Gai	J1.25m
11 Melissa Blume		Parramatta	J1.25m
13 Kyna Das		Northern Suburbs	1.20m
-- Georgia Spanswick		Ku-Ring-Gai	NH

Girls U 13 - High Jump (S/H 1.20m)

Region: R 1.63m 1995 A Carpenter, Tuggerah Lakes			
State: S 1.80m 22-Mar-87 Sonja Wennekes, Sutherland			
Name	Age	Centre	Final
1 Annika Lynch		Northern Suburbs	1.53m
2 Sophie Anderson		Northern Suburbs	1.51m
3 Georgia Healy		Northern Suburbs	1.45m
4 Amy Fajemisin		Nth Rocks Carlin	J1.45m
5 Mia Tamhane		Manly Warringah	1.40m
6 Xanthe Craig		Cherrybrook	J1.40m
7 Nicola Hogg		Mosman	J1.40m
8 Anna Cahill		Hornsby	1.35m
9 Jaz Todd		Northern Districts	J1.35m
10 Isobel Elkan		Manly Warringah	1.30m
11 Gabrielle Ohmer		Parramatta	1.20m
12 Skye Grosvenor		Nth Rocks Carlin	J1.20m

Girls U 14 - High Jump (S/H 1.25m)

Region: R 1.71m 1991 M Harris, Hornsby District			
State: S 1.75m 19-Mar-06 Mia McKinnon, Port Hacking			
State: S 1.75m 18-Mar-07 Amy PejkoVIC, Cherrybrook			
Name	Age	Centre	Final
1 Alannah Green		Mosman	1.57m
2 Lily Worrall		Northern Suburbs	1.55m
3 Ella Koster		Ku-Ring-Gai	1.53m
4 Emma Sutton		Manly Warringah	1.49m
5 Kelly Chapman		Cherrybrook	J1.49m
6 Amy McFadden		Hornsby	1.45m
7 Isabelle Charlier		Manly Warringah	1.40m
8 Mackenzie Williams		Northern Districts	1.35m
9 Bethany Easton		Hornsby	1.30m
9 Tarsha Wayne		Ryde	1.30m
11 Olivia Dyer		Ryde	1.25m

Results**Girls U 15 - High Jump (S/H 1.25m)**

Region: R 1.75m 16-Feb-08 Amy Pejko ^v ic, Cherrybrook			
State: S 1.80m 16-Mar-08 Amy Pejko ^v ic, Cherrybrook			
Name	Age	Centre	Final
1	Isabella Rudolph	Cherrybrook	1.63m
2	Mikaela Quinlan	Northern Districts	1.53m
3	Eleanor Plummer	Ryde	1.49m
4	Anna Chandler	Northern Suburbs	1.47m
4	Catherine Baxter	Hornsby	J1.47m
6	Amie Bowrey	Cherrybrook	1.45m
7	Lauren Hilder	Ryde	1.40m
8	Sarah Collins	Parramatta	1.30m

Girls U 17 - High Jump (S/H 1.30m)

Region: R 1.70m 15-Feb-15 Karina Brown, Northern Suburb			
State: S 1.84m 21-Mar-10 Emily Crutcher, Grenfell			
Name	Age	Centre	Final
1	Sydney Kania	Manly Warringah	1.66m
2	Nicole Freestone	Cherrybrook	J1.66m
3	Samantha Dale	Nth Rocks Carlin	1.54m
4	Jessica Weidenhoft	Manly Warringah	1.50m
5	Amy Reid	Cherrybrook	1.46m
6	Chloe Davis	Ryde	1.35m

Girls U 8 - Long Jump

Region: R 3.65m 1995 A Kerr, Winston Hills			
State: S 4.17m 02-Mar-86 Danya Kerr, Winston Hills			
Name	Age	Centre	Final
1	Laila Oakes	Manly Warringah	3.10m
2	Chanel Charles	Ku-Ring-Gai	3.09m
3	Matilda Harrison	Ku-Ring-Gai	3.04m
4	Portia Rowland-Stefanic	Ku-Ring-Gai	2.89m
5	Friyana Mistry	Ryde	2.87m
6	Ruby Semaganda	Cherrybrook	J2.86m
6	Eden Herring	Hornsby	2.86m
8	Olivia Achike	Ku-Ring-Gai	2.72m
9	Mia Stewart	Cherrybrook	2.65m
10	Emily Robinson	Mosman	2.64m
11	Maddison Minard	Nth Rocks Carlin	2.61m
12	Elizabeth Toynbee	Northern Districts	2.57m
13	Makayla Ariyan	Hornsby	2.56m
14	Carys Byrnes	Nth Rocks Carlin	2.46m

Girls U 9 - Long Jump

Region: R 4.20m 1998 Emily Pollett, Manly Warringah			
State: S 4.42m 16-Mar-85 Selina Dundas, Armidale			
Name	Age	Centre	Final
1	Catherine Mikan	Northern Suburbs	3.93m
2	Sienna Kupcercic	Manly Warringah	3.52m
3	Veda Arabolu	Ku-Ring-Gai	3.48m
4	Jasmine McAndrew	Ryde	3.47m

Results**....Girls U 9 - Long Jump**

5	Lani Khiroya	Nth Rocks Carlin	3.39m
6	Jessica Grummett	Hornsby	3.32m
7	Lola Jones	Northern Suburbs	3.22m
8	Claudia Barry	Northern Suburbs	3.17m
9	Harlow Wigley	Ku-Ring-Gai	3.16m
10	Naomi Rogers	Northern Districts	3.15m
11	Grace O'Dowd	Northern Suburbs	3.13m
12	Zara Pawsey	Ryde	3.03m
13	Tianna Bertolissio	Parramatta	2.90m
14	Laura Bell	Manly Warringah	2.89m
15	Antonia Baranowski	Parramatta	2.84m

Girls U 10 - Long Jump

Region: R 4.54m 21-Feb-04 Courtney Cross, Hornsby Distr

State: S 4.75m 24-Mar-91 Rosemary Hayward, Wyong

Name Age Centre Final

1	Chloe Dunne	Manly Warringah	4.13m
2	Hayley Reynolds	Nth Rocks Carlin	3.88m
3	Georgia Phillips	Ryde	3.84m
3	Isabella Azizi	Ryde	J3.84m
5	Grace Carden	Northern Suburbs	3.81m
6	Eve Simpson	Manly Warringah	3.78m
7	Emelie Coe	Ku-Ring-Gai	3.65m
8	April Howison	Ryde	3.63m
9	Lucy Scholtens	Manly Warringah	3.61m
10	Eliza Matthews	Nth Rocks Carlin	3.58m
11	Millie Hole	Mosman	3.47m
12	Sarah Lovell	Ku-Ring-Gai	3.46m
13	Cassidy McArthur	Hornsby	3.45m
14	Elise Murray	Parramatta	3.32m
14	Saskia Burrough	Northern Suburbs	J3.32m
16	Catrine Atherton	Manly Warringah	3.22m

Girls U 11 - Long Jump

Region: R 4.76m 1998 A Kerr, Winston Hills

State: S 4.97m 20-Mar-11 Chyna Tavai-Williams, Banksto

Name Age Centre Final

1	Georgia Morgan	Manly Warringah	4.06m
2	Sophie Byrne	Ryde	3.98m
3	Talia KupcERIC	Manly Warringah	3.91m
4	Mia Marshall	Northern Suburbs	3.90m
5	Tara Webb	Cherrybrook	3.88m
6	Ziggy Leong	Northern Suburbs	3.81m
7	Nicole McCrostie	Cherrybrook	3.78m
8	Madeleine Gregg	Northern Suburbs	3.68m
9	Chanelle Maikhael	Parramatta	3.64m
10	Talia O'Brien	Manly Warringah	3.39m
11	Aliana Moala	Ryde	3.37m
12	Jasmine Lowe	Northern Suburbs	3.31m
13	Natasha Tindale	Northern Districts	3.20m
14	Siobhan McMahon	Northern Districts	3.13m
15	Phoebe Riley	Ku-Ring-Gai	3.01m

Results**Girls U 12 - Long Jump**

Region: R 5.02m 1994 D Kearney, Winston Hills			
State: S 5.42m 16-Mar-86 Tracy Blackburn, Kurri Kurri			
Name	Age	Centre	Final
1 Sienna Bond		Ku-Ring-Gai	4.68m
2 Cayla Phillips		Manly Warringah	4.64m
3 Sophie Kavanagh		Nth Rocks Carlin	4.50m
4 Emily Smith		Manly Warringah	4.32m
5 Amelia Polley		Parramatta	4.25m
6 Lily Tilt		Nth Rocks Carlin	4.18m
7 Eliza McKenzie		Nth Rocks Carlin	4.16m
8 Olivia Rose Inkster		Manly Warringah	4.13m
9 Casey Griffiths		Northern Districts	3.82m
9 Brooke Luksic		Parramatta	3.82m
11 Naomi Baranowski		Parramatta	3.65m
12 India Nash		Northern Suburbs	3.57m

Girls U 13 - Long Jump

Region: R 5.18m 1991 D Kerr, Winston Hills			
State: S 5.51m 24-Mar-91 Leanne Richardson, Dubbo			
Name	Age	Centre	Final
1 Jessica Maciver		Ku-Ring-Gai	5.02m
2 Annika Lynch		Northern Suburbs	4.98m
3 Greta Andrews		Northern Suburbs	4.88m
4 Danielle Osifo		Cherrybrook	4.87m
5 Jessica Bryant		Manly Warringah	4.47m
6 Isobel Elkan		Manly Warringah	4.38m
7 Georgia Lafford		Hornsby	4.33m
8 Georgia Healy		Northern Suburbs	4.26m
9 Emilia Duncan		Ku-Ring-Gai	4.12m
10 Adria McAndrew		Ryde	3.98m
11 Chiara Lillis		Ryde	3.96m
12 Emily Gathercole		Nth Rocks Carlin	3.91m
13 Ella Johnson		Ku-Ring-Gai	3.80m
14 Sophie Anderson		Northern Suburbs	3.70m

Girls U 14 - Long Jump

Region: R 5.42m 1991 B Scott, Northern Suburbs			
State: S 5.64m 10-Mar-91 Belinda Scott, Northern Distr			
Name	Age	Centre	Final
1 Portia Amy-Wilson		Ryde	4.97m
2 Olivia Mitchell		Mosman	4.86m
3 Ella Koster		Ku-Ring-Gai	4.79m
4 Amy McFadden		Hornsby	4.77m
5 Lily Worrall		Northern Suburbs	4.71m
6 Tahlia Foye		Parramatta	4.60m
7 Lauren Goodacre		Nth Rocks Carlin	4.59m
7 Gemma Bratton		Northern Suburbs	J4.59m
9 Tarsha Wayne		Ryde	4.54m
10 Jasmine Ellery		Manly Warringah	4.47m
11 Sarah Brown		Ryde	4.25m

Results**Girls U 15 - Long Jump**

=====			
Region:	R 5.88m	19-Feb-12	Katrina Hunt, Northern Suburb
State:	S 5.80m	19-Mar-05	Jacinta Doyle, Port Hacking
Name	Age	Centre	Final
=====			
1	Amie Bowrey	Cherrybrook	5.29m
2	Zoe Warland	Hornsby	5.22m
3	Lara Halmarick	Ryde	5.03m
4	Harriette Burke	Manly Warringah	4.78m
5	Charlene McCaw	Manly Warringah	4.67m
6	Jasmine Bonomi	Manly Warringah	4.63m
7	Eleanor Lamperts	Cherrybrook	4.59m
8	Lauren West	Northern Districts	J4.59m
9	Georgia Duncan	Manly Warringah	4.42m
10	Natasha Hartley	Hornsby	4.36m

Girls U 17 - Long Jump

=====			
Region:	R 5.64m	19-Feb-12	Melissa Farrington, Northern
State:	S 5.84m	22-Mar-13	Audrey Kyriacou, Randwick Bot
Name	Age	Centre	Final
=====			
1	Samantha Dale	Nth Rocks Carlin	5.37m
2	Brienna Mathieson	Manly Warringah	5.33m
3	Tamara KowczRosinke	Northern Suburbs	4.91m
4	Jessica Brown	Ryde	4.76m
5	Chloe Davis	Ryde	4.55m
6	Katrina Lyon	Ryde	4.53m
7	Brooke East	Manly Warringah	4.49m
8	Jessica Weidenhoft	Manly Warringah	4.39m
9	Sami Perrin	Manly Warringah	4.18m
10	Kate Milne	Nth Rocks Carlin	4.16m
11	Renuka Phalaklang	Parramatta	4.00m
12	Amy Reid	Cherrybrook	3.98m
13	Karina Bessis	Nth Rocks Carlin	3.92m

Girls U 11 - Triple Jump

=====			
Region:	R 10.18m	19-Feb-11	Tiana Jaber, Kings Langley
State:	S 10.38m	21-Mar-04	Rebecca Mounsey, Albion Park
Name	Age	Centre	Final
=====			
1	Emily Uslu	Parramatta	9.01m
2	Talia Kupceric	Manly Warringah	8.97m
3	Mia Marshall	Northern Suburbs	8.63m
4	Chanelle Maikhael	Parramatta	8.57m
5	Tara Webb	Cherrybrook	8.45m
6	Talia O'Brien	Manly Warringah	8.19m
7	Isabelle Nilon	Nth Rocks Carlin	8.05m
8	Keeley Holmes	Manly Warringah	8.03m
9	Jasmine Loh	Nth Rocks Carlin	8.00m
10	Shayla Gleeson	Northern Districts	7.78m
11	Chloe Krklinski	Parramatta	7.75m
12	Katelyn Johnson	Parramatta	7.67m
13	Sophie Byrne	Ryde	7.46m

Results**Girls U 12 - Triple Jump**

Region: R 10.55m 14-Feb-16 Danielle Osifo, Cherrybrook			
State: S 10.94m 20-Mar-94 Amy Carpenter, Tuggerah Lake			
Name	Age	Centre	Final
1 Sienna Bond		Ku-Ring-Gai	9.96m
2 Sophie Kavanagh		Nth Rocks Carlin	9.76m
3 Lily Tilt		Nth Rocks Carlin	9.41m
4 Emily Smith		Manly Warringah	9.29m
5 Emily Moraitis		Northern Suburbs	9.23m
6 Amelia Polley		Parramatta	8.98m
7 Mikayla Kelleher		Ryde	8.42m
8 Eliza McKenzie		Nth Rocks Carlin	8.33m
9 Zara Ostryn		Manly Warringah	8.03m
10 Paige Edmonson		Manly Warringah	7.97m
11 Breanna Hartmann		Ryde	7.95m
12 Kyna Das		Northern Suburbs	7.29m

Girls U 13 - Triple Jump

Region: R 10.91m 1995 C Morris, Hornsby District			
State: S 11.27m 20-Mar-16 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
1 Greta Andrews		Northern Suburbs	10.44m
2 Danielle Osifo		Cherrybrook	10.43m
3 Annika Lynch		Northern Suburbs	10.41m
4 Georgia Healy		Northern Suburbs	9.74m
5 Jessica Bryant		Manly Warringah	9.54m
6 Emily Gathercole		Nth Rocks Carlin	9.33m
7 Isobel Elkan		Manly Warringah	9.02m
8 Sophie Anderson		Northern Suburbs	8.96m
9 Mia Tamhane		Manly Warringah	8.65m
10 Chelsea Smith		Nth Rocks Carlin	8.47m
11 Summer Enasio		Northern Districts	8.41m
12 Milena Visser		Cherrybrook	8.06m

Girls U 14 - Triple Jump

Region: R 11.63m 20-Feb-11 Mercy Agbeze, Gosford			
State: S 12.15m 16-Mar-03 Alyisha House, Koorringal Wag			
Name	Age	Centre	Final
1 Portia Amy-Wilson		Ryde	10.47m
2 Tarsha Wayne		Ryde	10.31m
3 Lily Worrall		Northern Suburbs	10.26m
4 Alannah Green		Mosman	10.15m
5 Frreya Carley		Manly Warringah	9.91m
6 Lauren Goodacre		Nth Rocks Carlin	9.87m
7 Amy McFadden		Hornsby	9.79m
8 Gemma Bratton		Northern Suburbs	9.66m
9 Sarah Brown		Ryde	9.58m
10 Genevieve McKeown		Nth Rocks Carlin	9.35m
11 Laura Quinn		Mosman	9.12m
12 Tahlia Foye		Parramatta	9.09m
12 Jasmine Ellery		Manly Warringah	9.09m
14 Madison Sloane		Parramatta	8.81m

Results**Girls U 15 - Triple Jump**

=====			
Region: R 11.58m		1998	Lisa Antill, Ku-ring-gai
State: S 12.42m		21-Mar-04	Alyisha House, Koorringal Wag
Name	Age	Centre	Final
=====			
1	Lara Halmarick	Ryde	10.42m
2	Eleanor Plummer	Ryde	10.27m
3	Harriette Burke	Manly Warringah	10.26m
4	Charlene McCaw	Manly Warringah	10.18m
5	Tamsyn Martin	Manly Warringah	10.14m
6	Louisa Scott	Manly Warringah	9.62m
7	Lauren Brown	Northern Suburbs	9.35m
8	Natasha Hartley	Hornsby	8.92m
9	Nicola Markley	Manly Warringah	8.64m

Girls U 17 - Triple Jump

=====			
Region: R 11.88m		13-Feb-16	Maya Leverett, Nth Rocks Car
State: S 12.52m		31-Jan-16	Jasmine Fountas, Randwick Bo
Name	Age	Centre	Final
=====			
1	Brienna Mathieson	Manly Warringah	10.93m
2	Tamara KowczRosinke	Northern Suburbs	10.67m
3	Sydney Kania	Manly Warringah	10.55m
4	Samantha Dale	Nth Rocks Carlin	10.54m
5	Sami Perrin	Manly Warringah	10.46m
6	Katrina Lyon	Ryde	10.03m
7	Chloe Davis	Ryde	9.73m
8	Zoe Latham	Ryde	9.70m
9	Amy Reid	Cherrybrook	8.98m
10	Karina Bessis	Nth Rocks Carlin	8.60m
11	Kate Milne	Nth Rocks Carlin	8.49m

Girls U 8 - Shot Put (1.5 Kg)

=====			
Region: R 7.85m		22-Feb-04	Taylah Sengul, WInston Hills
State: S 8.52m		17-Feb-02	Kristy Dingwall, Smithfield
Name	Age	Centre	Final
=====			
1	Tayla Moore	Cherrybrook	7.07m
2	Nehara De Mel	Ku-Ring-Gai	5.24m
3	Chanel Charles	Ku-Ring-Gai	5.22m
4	Alice Hancock	Manly Warringah	5.10m
5	Zoe Tamsett	Hornsby	5.09m
6	Kaya Punter	Manly Warringah	4.71m
7	Hayley Ludgate	Mosman	4.40m
8	Tepaea Simpkins	Northern Districts	4.28m
9	Flora Pagotto Scomparim	Ryde	4.02m
10	Kara Hazon	Nth Rocks Carlin	3.88m
11	Ashley Alam	Parramatta	3.85m
12	Mia Stewart	Cherrybrook	3.80m
13	Sadie James	Cherrybrook	3.71m
14	Makayla Ariyan	Hornsby	3.63m
15	Taylor Jamieson	Nth Rocks Carlin	3.36m

Results**Girls U 9 - Shot Put (2.0 Kg)**

Region: R 8.16m 1993 Leilani Burnes, Manly Warring			
State: S 9.23m 01-Mar-14 Maliyah Osbaldiston, Bankstow			
Name	Age	Centre	Final
1 Gabriella Obaseki		Northern Districts	6.70m
2 Matilda Lemckert		Northern Districts	6.65m
3 Tianna Bertolissio		Parramatta	6.38m
4 Elisabeth Pulis		Manly Warringah	5.87m
5 Rebecca Solomon		Manly Warringah	5.69m
6 Heidi Williams		Manly Warringah	5.51m
7 Amelia Boccabella		Ryde	5.49m
8 Gemma McIntosh		Ku-Ring-Gai	5.30m
9 Romina Zepeda		Ryde	4.73m
10 Skye Halmarick		Ryde	4.65m
11 Emily Govers		Northern Suburbs	4.29m
12 Lara Boccabella		Ryde	4.24m
13 Annabelle Stewart		Ku-Ring-Gai	4.11m
14 Zoe Woods		Ku-Ring-Gai	4.00m

Girls U 10 - Shot Put (2.0 Kg)

Region: R 10.90m 19-Feb-06 Taylah Sengul, Winston Hills			
State: S 11.92m 19-Feb-06 Filoi Aokuso, Blacktown			
Name	Age	Centre	Final
1 Sienna Brett		Ku-Ring-Gai	7.61m
2 Jessica Johnston		Ryde	7.44m
3 Azaniah Afualo		Manly Warringah	7.03m
4 Georgia Phillips		Ryde	6.63m
5 Azalliyah Jeffery		Parramatta	6.61m
6 Isabelle Cruickshank		Northern Districts	5.94m
7 Emma Blume		Parramatta	5.88m
8 Amelia Nagy		Nth Rocks Carlin	5.80m
9 Sarah Lovell		Ku-Ring-Gai	5.61m
10 Ashley Pentecost		Manly Warringah	5.46m
11 Claudia Barlow		Ryde	4.90m
12 Eloise Halloran		Northern Suburbs	J4.90m
13 Jessica Lipson		Ku-Ring-Gai	4.81m
14 Olivia Pugh		Manly Warringah	4.79m
15 Macda Berhane		Parramatta	4.52m

Girls U 11 - Shot Put (2.0 Kg)

Region: R 12.71m 17-Feb-07 Samantha Farrant, Gosford			
State: S 14.07m 18-Mar-07 Filoi Aokuso, Blacktown			
Name	Age	Centre	Final
1 Elianna Hemakumara		Parramatta	9.50m
2 Ella Gibbons		Northern Districts	9.05m
3 Jessica Coppolelli		Cherrybrook	8.32m
4 Lavinia Williams		Manly Warringah	8.31m
5 Natasha Fairhall		Ryde	8.09m
6 Caitlin Dickinson		Manly Warringah	7.98m
7 Aliana Moala		Ryde	7.29m
7 Abbey Le Lievre		Northern Districts	J7.29m
9 Jessica Walton		Northern Districts	6.56m
10 Isabel Relova		Ryde	6.40m

Results**....Girls U 11 - Shot Put (2.0 Kg)**

11	Talia O'Brien	Manly Warringah	6.29m
12	Alyssa Medved	Manly Warringah	6.18m
13	Caitlin Burgess	Ku-Ring-Gai	6.05m
14	Stella Whitaker	Nth Rocks Carlin	5.14m
15	Isabelle Nilon	Nth Rocks Carlin	5.08m

Girls U 12 - Shot Put (2.0 Kg)

Region: R 16.12m 17-Feb-08 Taylah Sengul, Winston Hills
 State: S 16.19m 20-Mar-88 Kylie Standing, Bankstown

Name	Age	Centre	Final
1 Brianna Worsfold		Ku-Ring-Gai	13.53m
2 Emma Polikowski		Manly Warringah	11.55m
3 Samantha Hardingham		Northern Suburbs	11.02m
4 Charlise Sully		Manly Warringah	10.72m
5 Georgia Spanswick		Ku-Ring-Gai	10.36m
6 Scarlet Brett		Ku-Ring-Gai	10.30m
7 Caitlin Waldron		Nth Rocks Carlin	10.23m
8 Holly Calder-Pirie		Ryde	8.61m
9 Anaia Cruickshank		Manly Warringah	8.46m
10 Mikayla Kelleher		Ryde	8.41m
11 Anna Lazarevic		Parramatta	8.17m
12 Sofia Gately		Nth Rocks Carlin	7.85m
13 Kirsten Erni		Hornsby	7.84m
14 Alexandra Smealie		Mosman	7.58m

Girls U 13 - Shot Put (3.0 Kg)

Region: R 14.23m 22-Feb-09 Taylah Sengul, Winston Hills
 State: S 14.95m 24-Mar-12 Grace Robinson, St George

Name	Age	Centre	Final
1 Jessica Maciver		Ku-Ring-Gai	11.31m
2 Chiara Lillis		Ryde	10.66m
3 Bronte Hodson		Northern Suburbs	10.13m
4 Emilia Duncan		Ku-Ring-Gai	9.71m
5 Summer Enasio		Northern Districts	9.02m
6 Anna Kely		Cherrybrook	8.95m
7 Tamiah Henry		Parramatta	8.78m
8 Rebecca Moore		Northern Suburbs	8.40m
9 Zara Warland		Hornsby	7.68m
10 Kayla Kimball		Manly Warringah	7.38m
11 Gabrielle Ohmer		Parramatta	7.23m
12 Cassandra Keller		Manly Warringah	6.27m
13 Anja Maritz		Manly Warringah	5.80m

Girls U 14 - Shot Put (3.0 Kg)

Region: R 14.67m 27-Feb-10 Taylah Sengul, Winston Hills
 State: S 15.94m 22-Mar-13 Grace Robinson, St George

Name	Age	Centre	Final
1 Hannah Morgan		Northern Suburbs	11.34m
2 Jada Powell		Ku-Ring-Gai	11.02m
3 Astreia Denby		Hornsby	10.46m
4 Madison Sloane		Parramatta	10.27m

Results**....Girls U 14 - Shot Put (3.0 Kg)**

5	Jessica Forster	Hornsby	9.06m
6	Rachel Fairhall	Ryde	9.00m
7	Mackenzie Williams	Northern Districts	8.78m
8	Alyssa Lamprianidis	Nth Rocks Carlin	8.76m
9	Olivia Dyer	Ryde	8.46m
10	Emily Hatfield	Manly Warringah	7.47m
11	Kayla McCormack	Hornsby	7.41m
12	Shayleischa Jeffery	Parramatta	5.79m
13	Jacinta Walsh	Cherrybrook	5.49m

Girls U 15 - Shot Put (3.0 Kg)

=====			
Region: R 14.00m		2000	B Johnson, Northern Suburbs
State: S 15.25m		16-Feb-14	Grace Robinson, St George
Name	Age	Centre	Final
=====			
1	Georgia Duncan	Manly Warringah	12.01m
2	Amy Polikowski	Manly Warringah	11.55m
3	Khiala Holmes	Manly Warringah	10.67m
4	Samantha Davis	Northern Suburbs	10.56m
5	Isabel McCarthy	Northern Suburbs	9.56m
6	Jasmine Bonomi	Manly Warringah	9.47m
7	Lauren Brown	Northern Suburbs	8.61m

Girls U 17 - Shot Put (3.0 Kg)

=====			
Region: R 13.57m		14-Feb-16	Josephine Ritchie, Manly War
State: S 16.29m		18-Feb-12	Taylah Sengul, Nepean
Name	Age	Centre	Final
=====			
1	Josephine Ritchie	Manly Warringah	13.43m
2	Mallory Bassett	Hornsby	11.24m
3	Chloe Davis	Ryde	10.04m
4	Gabriella Chan	Northern Districts	9.92m
5	Annabelle Jacobs	Mosman	9.46m
6	Julia Kelland	Ryde	9.30m
7	Gemma Lapsley	Ku-Ring-Gai	9.05m
8	Ashleigh O'Keefe	Parramatta	8.97m
9	Georgina Lemckert	Northern Districts	8.76m
10	Alannah Kuka	Nth Rocks Carlin	8.58m
11	Jessica Weidenhoft	Manly Warringah	8.48m

Girls U 8 - Discus (500 Gram)

=====			
Region: R 24.09m		21-Feb-04	Taylah Sengul, Winston Hills
State: S 24.42m		23-Nov-03	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Tayla Moore	Cherrybrook	17.40m
2	Natasha Flahey	Cherrybrook	13.26m
3	Nehara De Mel	Ku-Ring-Gai	12.84m
4	Zoe Tamsett	Hornsby	12.74m
5	Alice Hancock	Manly Warringah	12.08m
6	Kaya Punter	Manly Warringah	11.58m
7	Mia Stewart	Cherrybrook	11.30m
8	Philippa Brown	Northern Suburbs	10.94m
9	Hayley Ludgate	Mosman	10.60m

Results**....Girls U 8 - Discus (500 Gram)**

10 Chanel Charles	Ku-Ring-Gai	10.32m
11 Brinleigh Grosvenor	Nth Rocks Carlin	9.68m
12 Eden Herring	Hornsby	9.38m
13 Georgina Fife	Ku-Ring-Gai	8.22m
14 Mikayla Duncombe	Ryde	6.64m

Girls U 9 - Discus (500 Gram)

Region: R 27.23m 15-Feb-05 Taylah Sengul, Winston Hills
 State: S 31.22m 28-Nov-04 Filoi Aokuso, Blacktown

Name Age Centre Final

1 Olivia Vecchio	Mosman	21.97m
2 Elisabeth Pulis	Manly Warringah	20.42m
3 Isabella Longley	Northern Suburbs	19.37m
4 Rebecca Solomon	Manly Warringah	16.93m
5 Matilda Lemckert	Northern Districts	16.92m
6 Jessica Roberts	Hornsby	15.67m
7 Emily Govers	Northern Suburbs	15.59m
8 Heidi Williams	Manly Warringah	15.30m
9 Lara Boccabella	Ryde	13.98m
10 Summer Sivaraj	Ku-Ring-Gai	13.47m
11 Adelaide Taylor	Ku-Ring-Gai	13.28m
12 Alisha Quirke	Northern Districts	11.65m
13 Amelia Boccabella	Ryde	8.71m

Girls U 10 - Discus (500 Gram)

Region: R 34.57m 18-Feb-06 Taylah Sengul, Winston Hills
 State: S 37.22m 16-Mar-85 Michelle Haage, Bankstown

Name Age Centre Final

1 Jessica Johnston	Ryde	J21.50m
1 Azaniah Afualo	Manly Warringah	21.50m
3 Jayde Root	Manly Warringah	20.22m
4 Amelia Nagy	Nth Rocks Carlin	19.32m
5 Emily Jackson	Parramatta	18.54m
6 Claudia Barlow	Ryde	17.66m
7 Macda Berhane	Parramatta	17.10m
8 Catrine Atherton	Manly Warringah	16.06m
9 Sienna Brett	Ku-Ring-Gai	14.96m
10 Amber Halliday	Manly Warringah	14.10m
11 Tahlia Geelan	Cherrybrook	13.22m
12 Chloe Allsopp	Mosman	12.96m
-- Emelia De La Rue Browne	Ku-Ring-Gai	FOUL

Girls U 11 - Discus (750 Gram)

Region: R 35.18m 18-Feb-07 Taylah Sengul, Winston Hills
 State: S 39.03m 07-Mar-10 Grace Robinson, St George

Name Age Centre Final

1 Caitlin Dickinson	Manly Warringah	24.97m
2 Jessica Coppolelli	Cherrybrook	24.76m
3 Ella Gibbons	Northern Districts	23.26m
4 Elianna Hemakumara	Parramatta	22.98m
5 Natasha Fairhall	Ryde	21.64m

Results**....Girls U 11 - Discus (750 Gram)**

6	Lucia Stevanja	Ryde	20.29m
7	Jessica Peterson	Parramatta	17.54m
8	Talia O'Brien	Manly Warringah	15.75m
9	Nicole Pitchfork	Parramatta	14.59m
10	Shayla Gleeson	Northern Districts	14.54m
11	Phillipa Young	Manly Warringah	14.20m
12	Bianca Hoare	Hornsby	13.93m
13	Isabel Relova	Ryde	12.81m
14	Charlotte Lafford	Hornsby	12.75m
15	Kaiya Grebert	Cherrybrook	12.20m

Girls U 12 - Discus (750 Gram)

=====
 Region: R 43.10m 16-Feb-08 Taylah Sengul, Winston Hills
 State: S 46.19m 15-Mar-08 Filoi Aokuso, Blacktown

Name	Age Centre	Final	
1	Brianna Worsfold	Ku-Ring-Gai	33.50m
2	Emma Polikowski	Manly Warringah	28.92m
3	Samantha Hardingham	Northern Suburbs	27.74m
4	Scarlet Brett	Ku-Ring-Gai	26.66m
5	Amelia Sim	Manly Warringah	26.12m
6	Melissa Blume	Parramatta	25.56m
7	Emily Moraitis	Northern Suburbs	23.80m
8	Felicity Stewart	Ku-Ring-Gai	23.36m
9	Caitlin Waldron	Nth Rocks Carlin	20.96m
10	Charlise Sully	Manly Warringah	20.42m
11	Holly Calder-Pirie	Ryde	20.34m
12	Elina McKay	Northern Suburbs	19.50m
13	Georgia Spanswick	Ku-Ring-Gai	17.98m
14	Mikayla Kelleher	Ryde	16.60m
15	Anaia Cruickshank	Manly Warringah	15.74m

Girls U 13 - Discus (750 Gram)

=====
 Region: R 46.71m 21-Feb-09 Taylah Sengul, Winston Hills
 State: S 49.57m 20-Mar-09 Taylah Sengul, Winston Hills

Name	Age Centre	Final	
1	Emilia Duncan	Ku-Ring-Gai	34.56m
2	Bronte Hodson	Northern Suburbs	33.32m
3	Zara Warland	Hornsby	31.98m
4	Chiara Lillis	Ryde	28.63m
5	Gabrielle Ohmer	Parramatta	26.77m
6	Anna Kely	Cherrybrook	26.67m
7	Monique Hore	Northern Suburbs	26.12m
8	Summer Enasio	Northern Districts	23.75m
9	Caitlin Rodriguez	Parramatta	23.51m
10	Tamiah Henry	Parramatta	21.88m
11	Saskia Scholle	Ku-Ring-Gai	21.21m
12	Brooke Chaloner	Manly Warringah	19.78m

Results**Girls U 14 - Discus (1.0 Kg)**

Region: R 42.86m 27-Feb-10 Taylah Sengul, Winston Hills			
State: S 45.39m 20-Mar-16 Sally Shokry, Hills District			
Name	Age	Centre	Final
1	Kate Peterson	Parramatta	34.56m
2	Jada Powell	Ku-Ring-Gai	31.50m
3	Hannah Morgan	Northern Suburbs	29.42m
4	Kayla McCormack	Hornsby	26.86m
5	Frreya Carley	Manly Warringah	26.45m
6	Emily Hatfield	Manly Warringah	21.61m
7	Rachel Fairhall	Ryde	20.32m
8	Alyssa Lamprianidis	Nth Rocks Carlin	19.35m
9	Chanel El-Chaar	Parramatta	18.03m
10	Olivia Dyer	Ryde	17.98m
11	Mackenzie Williams	Northern Districts	J17.98m
12	Shayleischa Jeffery	Parramatta	13.75m

Girls U 15 - Discus (1.0 Kg)

Region: R 46.12m 14-Feb-15 Kristina Moore, Cherrybrook			
State: S 48.18m 29-Nov-95 Katrina Steele, Springwood			
Name	Age	Centre	Final
1	Georgia Duncan	Manly Warringah	33.94m
2	Isabel McCarthy	Northern Suburbs	29.80m
3	Samantha Davis	Northern Suburbs	29.08m
4	Jasmine Bonomi	Manly Warringah	21.50m
5	Nicola Markley	Manly Warringah	20.24m
6	Harriette Burke	Manly Warringah	18.96m

Girls U 17 - Discus (1.0 Kg)

Region: R 39.36m 16-Feb-13 Maddy Bergfield, RYDE			
State: S 48.65m 17-Feb-12 Taylah Sengul, Nepean			
Name	Age	Centre	Final
1	Brooke East	Manly Warringah	34.26m
2	Kate Collett	Cherrybrook	33.80m
3	Mallory Bassett	Hornsby	33.52m
4	Josephine Ritchie	Manly Warringah	30.70m
5	Georgina Lemckert	Northern Districts	30.34m
6	Gabriella Chan	Northern Districts	30.10m
7	Eleanor Lidbetter	Hornsby	28.20m
8	Tamara KowczRosinke	Northern Suburbs	27.56m
9	Tahnee Hodson	Northern Suburbs	23.58m
10	Julia Kelland	Ryde	22.00m
11	Annabelle Jacobs	Mosman	21.34m

Girls U 11 - Javelin (400 Gram)

Region: R 22.36m 13-Feb-16 Monique Brown, Nth Rocks Car			
State: S 27.17m 20-Mar-16 Amelia Mcilwaine, Hills Dist			
Name	Age	Centre	Final
1	Elianna Hemakumara	Parramatta	22.24m
2	Jessica Peterson	Parramatta	19.42m
3	Natasha Fairhall	Ryde	18.32m

Results**....Girls U 11 - Javelin (400 Gram)**

4	Chloe Krklinski	Parramatta	17.72m
5	Lara Paterson	Manly Warringah	16.30m
6	Stella Whitaker	Nth Rocks Carlin	16.18m
7	Caitlin Dickinson	Manly Warringah	14.96m
8	Jessica Coppolelli	Cherrybrook	13.94m
9	Alice MacNamara	Ku-Ring-Gai	13.54m
10	Nicole Pitchfork	Parramatta	13.00m
11	Nina Van Der Reyden	Manly Warringah	12.90m
12	Katelyn Johnson	Parramatta	12.74m
13	Isabel Relova	Ryde	12.00m
14	Charlotte Lafford	Hornsby	11.38m
15	Eliza Brown	Northern Suburbs	10.38m

Girls U 12 - Javelin (400 Gram)

Region: R 30.70m 15-Feb-14 Amie Bowrey, Cherrybrook
 State: S 34.42m 21-Mar-15 Lianna Davidson, Kurrajong B

Name	Age	Centre	Final
1	Monique Brown	Nth Rocks Carlin	28.50m
2	Emma Polikowski	Manly Warringah	26.30m
3	Amelia Sim	Manly Warringah	24.32m
4	Emily Moraitis	Northern Suburbs	21.78m
5	Georgia Spanswick	Ku-Ring-Gai	18.96m
6	Felicity Stewart	Ku-Ring-Gai	18.86m
7	Elna McKay	Northern Suburbs	18.68m
8	Sofia Gately	Nth Rocks Carlin	17.78m
9	Anna Lazarevic	Parramatta	16.36m
10	Amber Bell	Manly Warringah	15.16m
11	Marissa Stubbs	Manly Warringah	14.74m
12	Caitlin Waldron	Nth Rocks Carlin	13.68m
13	Annabel Hutcheson	Northern Suburbs	13.52m

Girls U 13 - Javelin (400 Gram)

Region: R 44.37m 21-Feb-09 Taylah Sengul, Winston Hills
 State: S 45.91m 22-Mar-09 Taylah Sengul, Winston Hills

Name	Age	Centre	Final
1	Emilia Duncan	Ku-Ring-Gai	27.60m
2	Chiara Lillis	Ryde	26.80m
3	Anna Kely	Cherrybrook	26.54m
4	Edie Burke	Manly Warringah	J26.54m
5	Bronte Hodson	Northern Suburbs	24.26m
6	Gabrielle Ohmer	Parramatta	22.64m
7	Saskia Scholle	Ku-Ring-Gai	22.62m
8	Angela Asikin	Northern Suburbs	19.86m
9	Elizabeth McMillen	Manly Warringah	17.82m
10	Monique Hore	Northern Suburbs	17.50m
11	Stephanie Kelleway	Nth Rocks Carlin	17.20m
12	Summer Enasio	Northern Districts	17.02m
13	Cassandra Keller	Manly Warringah	16.66m
14	Thea Prasetya	Nth Rocks Carlin	15.02m

Results**Girls U 14 - Javelin (400 Gram)**

=====			
Region: R 38.01m		13-Feb-16	Amie Bowrey, Cherrybrook
State: S 41.78m		23-Mar-13	Madeline Warburton, Leeton
Name	Age	Centre	Final
=====			
1	Kate Peterson	Parramatta	37.58m
2	Madison Sloane	Parramatta	33.26m
3	Sophie Vaughan	Parramatta	29.00m
4	Mackenzie Williams	Northern Districts	27.26m
5	Rachel Fairhall	Ryde	25.78m
6	Portia Amy-Wilson	Ryde	25.04m
7	Jessica Forster	Hornsby	25.00m
8	Tarsha Wayne	Ryde	24.42m
9	Isabelle Charlier	Manly Warringah	23.94m
10	Hannah Morgan	Northern Suburbs	22.88m
11	Jacinta Walsh	Cherrybrook	19.12m
12	Jessica Smith	Manly Warringah	16.36m

Girls U 15 - Javelin (500 Gram)

=====			
Region: R 42.06m		14-Feb-16	Brooke East, Manly Warringah
State: S 42.18m		25-Mar-12	Alysha Burnett, Northern Dis
Name	Age	Centre	Final
=====			
1	Amie Bowrey	Cherrybrook	38.30m
2	Ashley Edwards	Manly Warringah	35.26m
3	Harriette Burke	Manly Warringah	28.44m
4	Isabel McCarthy	Northern Suburbs	24.76m
5	Lauren Brown	Northern Suburbs	24.34m
6	Mia Hemsworth	Ku-Ring-Gai	23.30m
7	Khiala Holmes	Manly Warringah	21.98m
8	Natasha Hartley	Hornsby	15.08m

Girls U 17 - Javelin (500 Gram)

=====			
Region: R 39.50m		11-Feb-17	Brooke East, Manly Warringah
State: S 43.09m		19-Mar-16	Madeline Warburton, Leeton
Name	Age	Centre	Final
=====			
1	Brooke East	Manly Warringah	39.50mR
2	Mallory Bassett	Hornsby	34.78m
3	Chloe Davis	Ryde	33.68m
4	Alannah Kuka	Nth Rocks Carlin	30.44m
5	Tamara KowczRosinke	Northern Suburbs	28.22m
6	Julia Kelland	Ryde	27.92m
7	Georgina Lemckert	Northern Districts	25.00m
8	Tahnee Hodson	Northern Suburbs	24.32m
9	Ashleigh O'Keefe	Parramatta	22.68m
10	Sophie Crichton	Ku-Ring-Gai	22.18m
11	Josephine Ritchie	Manly Warringah	17.14m

Results**Girls U 9 - 700 Metre Walk**

=====			
Region:	R 3:27.40	22-Feb-04	Amy Bettiol, Manly Warringah
State:	S 3:21.70	21-Mar-99	Natasha Agius, Nepean
Name	Age	Centre	Final
=====			
Section 1			
1	Chloe Lamb	Manly Warringah	3:48.58
2	Zoe Woods	Ku-Ring-Gai	3:51.63
3	Annabelle Stewart	Ku-Ring-Gai	3:54.27
4	Grace Beck	Ku-Ring-Gai	3:59.45
5	Cayla Smyth	Manly Warringah	4:04.50
6	Abbie Merifield	Ryde	4:06.54
7	Molly Shrivell	Manly Warringah	4:12.95
8	Laura Bell	Manly Warringah	4:16.35
9	Aaliyah Grebert	Cherrybrook	4:26.13
10	Jessica Surjan	Cherrybrook	4:26.98
11	Kaylah Bennett	Cherrybrook	4:42.88
12	Amelia Boccabella	Ryde	4:43.08
13	Maddison Kernaghan	Parramatta	4:54.39
14	Adriana Prizmic	Ryde	4:58.70
--	Grace Harkin	Northern Suburbs	DQ
--	Summer Sivaraj	Ku-Ring-Gai	DQ

Girls U 10 - 1100 Metre Walk

=====			
Region:	R 5:42.80	18-Feb-07	Tayla-Paige Billington, Man
State:	S 5:21.20	21-Mar-04	Kini Chapple, Nepean
Name	Age	Centre	Final
=====			
1	Carissa Smyth	Manly Warringah	6:21.23
2	Sarah Lovell	Ku-Ring-Gai	6:22.23
3	Emily Stewart	Ku-Ring-Gai	6:23.57
4	April Billington	Manly Warringah	6:27.46
5	Lucy Proszenko	Ryde	6:57.99
6	Valentina Kuruc	Ryde	7:17.98
7	Audrey Pitcher	Manly Warringah	7:31.04
8	Louise Lovell	Ku-Ring-Gai	7:31.68
9	Olivia Sassen	Parramatta	7:39.29
10	Sophie Cribb	Hornsby	7:40.38
11	Olivia Moresi	Cherrybrook	7:51.55
12	Tahlia Geelan	Cherrybrook	8:08.79
13	Annika Lee	Northern Suburbs	8:47.40
14	Charlotte Mathews	Parramatta	9:04.91

Girls U 11 - 1100 Metre Walk

=====			
Region:	R 5:23.40	28-Feb-10	Jasmyn McDonald, Parramatta
State:	S 5:01.30	20-Mar-05	Kini Chapple, Nepean
Name	Age	Centre	Final
=====			
1	Keeley Holmes	Manly Warringah	5:49.80
2	Chloe Krklinski	Parramatta	5:58.92
3	Alejandra Blanco	Manly Warringah	6:02.08
4	Isabelle Nilon	Nth Rocks Carlin	6:12.80
5	Kaiya Grebert	Cherrybrook	6:38.82
6	Ava Luxford	Ku-Ring-Gai	6:44.25
7	Claudia Endicott	Ku-Ring-Gai	7:03.33
8	Shayla Gleeson	Northern Districts	7:18.22

Results**....Girls U 11 - 1100 Metre Walk**

9	Nicole Pitchfork	Parramatta	7:46.19
10	Natasha Poschalk	Manly Warringah	8:11.77
11	Aliana Moala	Ryde	8:21.74
12	Alannah Cameron	Parramatta	8:23.03
--	Lucia Stevanja	Ryde	DNF

Girls U 12 - 1500 Metre Walk

Region: R 7:19.05 17-Feb-13 Eliza De Laine, Northern Su
 State: S 6:38.70 20-Mar-94 Renee McAskill, Nepean

Name Age Centre Final

1	Tara Laytham	Manly Warringah	8:03.78
2	Alannah Hickson	Ku-Ring-Gai	8:09.03
3	Emma Thomas	Parramatta	8:10.98
4	Chloe Hickson	Ku-Ring-Gai	9:51.06
5	Izabella Kalachian	Ryde	9:58.73
6	Courtney Mavin	Ku-Ring-Gai	9:58.90
7	Emma Goodall	Manly Warringah	11:01.65
8	Abigail Cribb	Hornsby	11:26.87
9	Alessandra Primrose	Nth Rocks Carlin	11:31.76
10	Sonia Walsh	Cherrybrook	11:50.17

Girls U 13 - 1500 Metre Walk

Region: R 7:01.80 12-Feb-17 Elizabeth McMillen, Manly W
 State: S 6:35.30 19-Mar-06 Shannon Jennings, Nepean

Name Age Centre Final

1	Elizabeth McMillen	Manly Warringah	7:01.80R
2	Olivia Thomson	Manly Warringah	8:00.58
3	Sophie Hickson	Ku-Ring-Gai	8:33.78
4	Arienna Grebert	Cherrybrook	8:36.24
5	Saskia Scholle	Ku-Ring-Gai	9:22.67
6	Mykaela Hayhurst	Cherrybrook	11:38.78

Girls U 14 - 1500 Metre Walk

Region: R 6:52.04 17-Feb-13 Jasmyn McDonald, Parramatta
 State: S 6:15.40 17-Mar-96 Renee McAskill, Nepean

Name Age Centre Final

1	Haley Mills	Parramatta	8:01.03
2	Imogen Steele	Northern Suburbs	8:01.42
3	Hannah Parker	Manly Warringah	8:23.05
4	JamieEve Wade	Cherrybrook	9:07.95
5	Eleanor Partridge	Ryde	9:32.42
6	Kelly Chapman	Cherrybrook	9:56.80
7	Prudence Silver	Northern Districts	10:22.02
8	Rachel Fairhall	Ryde	10:51.20

Results**Girls U 15 - 1500 Metre Walk**

Name	Age	Centre	Final
Region: R 6:53.10 19-Feb-06 Melissa Hayes, Kings Langley			
State: S 6:24.20 16-Mar-97 Renee McAskill, Doonside			
Name	Age	Centre	Final
1 Lily Johnston		Ku-Ring-Gai	8:56.09
2 Ainslie Brown		Northern Suburbs	8:57.59

Girls U 17 - 1500 Metre Walk

Name	Age	Centre	Final
Region: R 6:52.69 15-Feb-15 Jasmyn Mc Donald, Parramatt			
State: S 6:41.91 23-Mar-14 Jasmine Dighton, Lethbridge			
Name	Age	Centre	Final
1 Abbey McMillen		Manly Warringah	8:54.70
2 Sophie Crichton		Ku-Ring-Gai	8:57.86
3 Alexa Carey		Ku-Ring-Gai	9:14.49

Boys U 8 - 70 Metre Sprint

Name	Age	Centre	Heats
Region: R 10.60 19-Feb-06 Jordan Shelley, Hills Distric			
State: S 10.34 11-Mar-78 Tim Harper, Weston Creek			
State: S 10.34 11-Mar-78 Mark Lever, Hornsby			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jimmy Thebridge		Ku-Ring-Gai	11.61Q
2 Oskar Berglund		Manly Warringah	11.99Q
3 Oliver Sanbrook		Manly Warringah	12.11Q
4 Toby Hall		Manly Warringah	12.27
5 Ethan Cavell		Parramatta	12.31
6 Roger Cook		Northern Suburbs	13.07
Heat 2 Heats			
1 Andres Hampel		Northern Suburbs	11.33Q
2 Samuel Price		Nth Rocks Carlin	11.54Q
3 Harrison Miller		Mosman	11.55Q
4 Rhys George		Parramatta	11.60q
5 Julian Emmerson		Ryde	11.75q
6 Daniel Cribb		Hornsby	12.33
7 Toby Cochrane		Northern Suburbs	12.61
8 Zachary Budden		Cherrybrook	12.72

Boys U 8 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R 10.60 19-Feb-06 Jordan Shelley, Hills Distric			
State: S 10.34 11-Mar-78 Tim Harper, Weston Creek			
State: S 10.34 11-Mar-78 Mark Lever, Hornsby			
Name	Age	Centre	Final
Section 1 Final			
1 Jimmy Thebridge		Ku-Ring-Gai	11.12
2 Andres Hampel		Northern Suburbs	11.24
3 Harrison Miller		Mosman	11.42
4 Samuel Price		Nth Rocks Carlin	11.48
5 Rhys George		Parramatta	11.57
6 Julian Emmerson		Ryde	11.72
7 Oskar Berglund		Manly Warringah	11.80
8 Oliver Sanbrook		Manly Warringah	11.84

Results

Boys U 9 - 70 Metre Sprint

Name	Age	Centre	Heats
Region: R	10.00	2000	Michael Oldfield, Manly Warri
State: S	9.94	22-Mar-98	John Grant, Canowindra
State: S	9.94	20-Feb-00	Daniel Perkins, Sutherland
State: S	9.94	19-Mar-00	Michael Oldfield, Manly Warri
State: S	9.94	18-Mar-07	Benjamin Alessio, St George

Heat 1 Heats

1	Ethan Grimshaw	Manly Warringah	11.06Q
2	Finn Pereira	Mosman	11.48Q
3	Christian Camus	Mosman	11.73Q
4	Samuel Larratt	Ku-Ring-Gai	11.88
5	Lachlan Waldron	Nth Rocks Carlin	11.89
6	Leo Ordner	Northern Suburbs	12.57

Heat 2 Heats

1	Christopher Moala	Ryde	10.81Q
2	Lars Ackland	Ku-Ring-Gai	10.98Q
3	Brodie Shearer	Ku-Ring-Gai	11.25Q
4	Leo Robinson	Manly Warringah	11.37q
5	Angus Turner	Manly Warringah	11.44q
6	Thomas Bishop	Cherrybrook	11.74
7	Lewis Wong	Nth Rocks Carlin	12.20

Boys U 9 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R	10.00	2000	Michael Oldfield, Manly Warri
State: S	9.94	22-Mar-98	John Grant, Canowindra
State: S	9.94	20-Feb-00	Daniel Perkins, Sutherland
State: S	9.94	19-Mar-00	Michael Oldfield, Manly Warri
State: S	9.94	18-Mar-07	Benjamin Alessio, St George

Section 1 Final

1	Christopher Moala	Ryde	10.88
2	Ethan Grimshaw	Manly Warringah	11.04
3	Lars Ackland	Ku-Ring-Gai	11.11
4	Leo Robinson	Manly Warringah	11.30
5	Finn Pereira	Mosman	11.44
6	Brodie Shearer	Ku-Ring-Gai	11.47
7	Christian Camus	Mosman	11.60
8	Angus Turner	Manly Warringah	11.77

Boys U 10 - 70 Metre Sprint

Name	Age	Centre	Heats
Region: R	9.50	2000	Joshua Mulligan, Gosford
State: S	9.54	20-Mar-99	Christopher Lawrence, Campbel
State: S	9.54	19-Mar-00	Josh Mulligan, Gosford

Heat 1 Heats

1	Prince Kamara	Manly Warringah	10.82Q
2	Oliver Edwards	Northern Suburbs	11.00Q
3	William Tye	Hornsby	11.08Q
4	Marco Boccaletti	Cherrybrook	11.39
5	Miles Gruebner	Northern Suburbs	11.47
6	Aidan Mulder	Nth Rocks Carlin	11.55

Heat 2 Heats

Results**....Boys U 10 - 70 Metre Sprint**

1	Dylan Hall	Ku-Ring-Gai	10.39Q
2	Boston Penfold	Ku-Ring-Gai	10.96Q
3	Matthew Gough	Nth Rocks Carlin	11.11Q
4	Llewyn Morrison	Northern Suburbs	11.14q
5	Lucas Kwan	Ku-Ring-Gai	11.22q
6	Andrew Kalos	Ryde	11.45
7	Kalan Harding	Northern Districts	11.49
8	Kieran Arnott	Parramatta	11.74

Boys U 10 - 70 Metre Sprint

Region:	R	9.50	2000	Joshua Mulligan, Gosford
State:	S	9.54	20-Mar-99	Christopher Lawrence, Campbel
State:	S	9.54	19-Mar-00	Josh Mulligan, Gosford
Name			Age Centre	Final

Section 1 Final

1	Dylan Hall	Ku-Ring-Gai	10.25
2	Prince Kamara	Manly Warringah	10.58
3	Oliver Edwards	Northern Suburbs	10.69
4	Lucas Kwan	Ku-Ring-Gai	10.70
5	Boston Penfold	Ku-Ring-Gai	10.81
6	Matthew Gough	Nth Rocks Carlin	10.88
7	William Tye	Hornsby	11.13
8	Llewyn Morrison	Northern Suburbs	11.17

Boys U 8 - 100 Metre Sprint

Region:	R	13.90	1995	J DeSilva, Winston Hills
State:	S	14.24	12-Mar-78	Tim Harper, Weston Creek
Name			Age Centre	Heats

Heat 1 Heats

1	Gerhardus Burger	Mosman	16.29Q
1	Rhys George	Parramatta	16.29Q
3	James Woods	Ryde	16.53Q
4	Wol Albino	Hornsby	16.56q
5	Lachlan Booth	Hornsby	16.63
6	Samuel Wheeler	Ryde	17.22
7	Toby Cochrane	Northern Suburbs	18.03

Heat 2 Heats

1	Conrad Blackwell-Smith	Mosman	16.09Q
2	Andres Hampel	Northern Suburbs	16.14Q
3	Jimmy Thebridge	Ku-Ring-Gai	16.32Q
4	Harrison Miller	Mosman	16.39q
5	Max Dennett	Ku-Ring-Gai	17.41
6	Ethan Cavell	Parramatta	17.46

Boys U 8 - 100 Metre Sprint

Region:	R	13.90	1995	J DeSilva, Winston Hills
State:	S	14.24	12-Mar-78	Tim Harper, Weston Creek
Name			Age Centre	Final

Section 1 Final

1	Andres Hampel	Northern Suburbs	15.85
2	Conrad Blackwell-Smith	Mosman	15.98

Results**....Boys U 8 - 100 Metre Sprint**

3	Gerhardus Burger	Mosman	16.18
4	Jimmy Thebridge	Ku-Ring-Gai	16.22
5	James Woods	Ryde	16.43
6	Wol Albino	Hornsby	16.50
7	Harrison Miller	Mosman	16.52
8	Rhys George	Parramatta	16.56

Boys U 9 - 100 Metre Sprint

=====			
Region:	R 13.90	2000	Michael Oldfield, Manly Warri
State:	S 13.64	21-Feb-98	Christopher Lawrence, Campbel
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Lars Ackland	Ku-Ring-Gai	15.08Q
2	Marcus Papadimitriou	Cherrybrook	15.33Q
3	Brodie Shearer	Ku-Ring-Gai	15.49Q
4	Finn Parlevliet	Nth Rocks Carlin	15.65q
5	Christian Camus	Mosman	16.57
6	Akith Ekanayake	Cherrybrook	16.68
7	William Doumit	Northern Suburbs	16.71

Heat 2 Heats

1	Brody Folkes	Mosman	15.14Q
2	Ethan Grimshaw	Manly Warringah	15.35Q
3	Christopher Moala	Ryde	15.42Q
4	Kobe Moore	Cherrybrook	15.76q
5	Archie Hendry	Manly Warringah	16.02
6	Leo Robinson	Manly Warringah	16.07
7	Liam Renshaw	Northern Suburbs	16.82

Boys U 9 - 100 Metre Sprint

=====			
Region:	R 13.90	2000	Michael Oldfield, Manly Warri
State:	S 13.64	21-Feb-98	Christopher Lawrence, Campbel
Name		Age Centre	Final
=====			

Section 1 Final

1	Brody Folkes	Mosman	15.01
2	Lars Ackland	Ku-Ring-Gai	15.11
3	Christopher Moala	Ryde	15.18
4	Marcus Papadimitriou	Cherrybrook	15.27
5	Ethan Grimshaw	Manly Warringah	15.33
6	Finn Parlevliet	Nth Rocks Carlin	15.68
7	Kobe Moore	Cherrybrook	15.70
8	Brodie Shearer	Ku-Ring-Gai	15.74

Boys U 10 - 100 Metre Sprint

=====			
Region:	R 13.30	2000	Joshua Mulligan, Gosford
State:	S 12.94	12-Mar-78	Philip Provenzano, Randwick B
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Matthew Gough	Nth Rocks Carlin	15.13Q
2	Christian Maritz	Manly Warringah	15.26Q
3	Jaykay Rauqe	Ryde	15.39Q
4	Lucas Kwan	Ku-Ring-Gai	15.42q

Results**....Boys U 10 - 100 Metre Sprint**

4	Llewyn Morrison	Northern Suburbs	15.42q
6	Elijah Wehrhahn	Cherrybrook	15.52
7	Miles Gruebner	Northern Suburbs	15.65
Heat 2 Heats			
1	Dylan Hall	Ku-Ring-Gai	14.49Q
2	Oliver Edwards	Northern Suburbs	15.31Q
3	Harvey Monnock	Manly Warringah	15.54Q
4	Marco Boccaletti	Cherrybrook	15.75
5	Kalan Harding	Northern Districts	16.22

Boys U 10 - 100 Metre Sprint

=====			
Region:	R 13.30	2000	Joshua Mulligan, Gosford
State:	S 12.94	12-Mar-78	Philip Provenzano, Randwick B
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Dylan Hall	Ku-Ring-Gai	14.09
2	Oliver Edwards	Northern Suburbs	14.81
3	Matthew Gough	Nth Rocks Carlin	15.14
4	Christian Maritz	Manly Warringah	15.31
5	Lucas Kwan	Ku-Ring-Gai	15.37
6	Llewyn Morrison	Northern Suburbs	15.44
7	Harvey Monnock	Manly Warringah	15.46
8	Jaykay Rauqe	Ryde	15.91

Boys U 11 - 100 Metre Sprint

=====			
Region:	R 13.10	2005	Nicholas Hough, Hills Distric
State:	S 12.64	12-Mar-78	Robert Stanford, Nepean
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Joshua Pozzolungo	Parramatta	14.45Q
2	Timothy Forster	Hornsby	14.63Q
3	Nicholas Bradshaw	Cherrybrook	14.68Q
Heat 2 Heats			
1	Lachlan Herbert	Ku-Ring-Gai	13.91Q
2	Jet Sully	Manly Warringah	14.14Q
3	James Harden	Ku-Ring-Gai	14.32Q
4	George Srour	Ryde	14.48q
5	Brodie Waldock	Ku-Ring-Gai	14.91q
6	Charlie Moriarty	Mosman	15.13
7	Keian Murphy	Ryde	15.25
8	Julian Mendria	Cherrybrook	15.86

Boys U 11 - 100 Metre Sprint

=====			
Region:	R 13.10	2005	Nicholas Hough, Hills Distric
State:	S 12.64	12-Mar-78	Robert Stanford, Nepean
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lachlan Herbert	Ku-Ring-Gai	13.86
1	Jet Sully	Manly Warringah	13.86
3	James Harden	Ku-Ring-Gai	14.13
4	Joshua Pozzolungo	Parramatta	14.15

Results**....Boys U 11 - 100 Metre Sprint**

5 Timothy Forster	Hornsby	14.46
6 George Srour	Ryde	14.47
7 Nicholas Bradshaw	Cherrybrook	14.59
8 Charlie Moriarty	Mosman	15.02

Boys U 12 - 100 Metre Sprint

=====
 Region: R 12.30 2005 Kane Thompson, Manly Warringah
 State: S 12.04 20-Mar-99 Todd Shanahan, Macquarie Shor
 State: S 12.04 23-Mar-13 James Roach, Randwick Botany
 =====

Name	Age	Centre	Heats
------	-----	--------	-------

=====

Heat 1 Heats

1 Aidan Jones	Ku-Ring-Gai	13.69Q
2 Cormac Morrison	Northern Suburbs	13.96Q
3 Tama Simpkins	Northern Districts	14.43Q
4 Zachary Flynn	Manly Warringah	14.62q
5 Christian Martinez	Ku-Ring-Gai	14.68

Heat 2 Heats

1 Ethan Quintana	Northern Suburbs	13.33Q
2 Henry Roberts	Mosman	14.11Q
3 Thomas Taylor-King	Manly Warringah	14.56Q
4 Harry Anderson	Cherrybrook	14.62q
5 Samiuela Moala	Ryde	14.88
6 Matthew Roberts	Northern Districts	15.03

Boys U 12 - 100 Metre Sprint

=====
 Region: R 12.30 2005 Kane Thompson, Manly Warringah
 State: S 12.04 20-Mar-99 Todd Shanahan, Macquarie Shor
 State: S 12.04 23-Mar-13 James Roach, Randwick Botany
 =====

Name	Age	Centre	Final
------	-----	--------	-------

=====

Section 1 Final

1 Ethan Quintana	Northern Suburbs	13.14
2 Aidan Jones	Ku-Ring-Gai	13.42
3 Cormac Morrison	Northern Suburbs	13.48
4 Henry Roberts	Mosman	13.91
5 Tama Simpkins	Northern Districts	14.35
6 Thomas Taylor-King	Manly Warringah	14.39
7 Harry Anderson	Cherrybrook	14.52
8 Zachary Flynn	Manly Warringah	14.65

Boys U 13 - 100 Metre Sprint

=====
 Region: R 11.70 17-Feb-07 Nicholas Hough, Hills Distric
 State: S 11.72 22-Mar-14 James Roach, Randwick Botany
 =====

Name	Age	Centre	Heats
------	-----	--------	-------

=====

Heat 1 Heats

1 Jason Ho	Northern Suburbs	12.44Q
2 Riley Hemsworth	Ku-Ring-Gai	12.67Q
3 Eli Sagala	Northern Districts	13.08Q
4 Archie Saunders	Manly Warringah	13.37
5 Fynn George	Manly Warringah	13.41
6 Jonathan Reid	Cherrybrook	13.80
7 Alex Sherlock	Ku-Ring-Gai	13.85

Results**....Boys U 13 - 100 Metre Sprint**

Heat 2 Heats

1	Donovan Bradshaw	Cherrybrook	12.05Q
2	Daniel Bertolissio	Parramatta	12.75Q
3	Sehan Samaragunaratna	Parramatta	13.09Q
4	Savi Moala	Ryde	13.16q
5	Sebastian Doney	Ku-Ring-Gai	13.31q
6	Luke Simpson	Manly Warringah	13.78
7	Ryan Adams	Northern Suburbs	14.15

Boys U 13 - 100 Metre Sprint

=====
 Region: R 11.70 17-Feb-07 Nicholas Hough, Hills Distric
 State: S 11.72 22-Mar-14 James Roach, Randwick Botany

Name Age Centre Final
 =====

Section 1 Final

1	Donovan Bradshaw	Cherrybrook	12.19
2	Jason Ho	Northern Suburbs	12.50
3	Riley Hemsworth	Ku-Ring-Gai	12.74
4	Daniel Bertolissio	Parramatta	12.79
5	Archie Saunders	Manly Warringah	13.30
6	Savi Moala	Ryde	13.36
7	Eli Sagala	Northern Districts	13.40

Boys U 14 - 100 Metre Sprint

=====
 Region: R 11.20 1995 Scott Fraser, Manly Warringah
 State: S 11.34 17-Mar-96 Matthew Manns, Ingleburn RSL

Name Age Centre Heats
 =====

Heat 1 Heats

1	Daniel Menin	Parramatta	12.93Q
2	Samuel Galati	Ryde	13.00Q
3	Alexander Mina	Parramatta	13.39Q
4	Luke Yin	Nth Rocks Carlin	13.68
5	Dylan Shackell	Northern Suburbs	13.75
6	Cameron Ross-Egarr	Northern Districts	13.97
7	Sam Lee	Northern Suburbs	14.22

Heat 2 Heats

1	Max Mandera	Manly Warringah	12.10Q
2	Oskar Enasio	Northern Districts	12.74Q
3	Devan Senasinghe	Cherrybrook	13.19Q
4	Zane Gerich	Manly Warringah	13.21q
5	Alex Durheim	Cherrybrook	13.23q
6	Cameron Elvy	Mosman	14.08

Boys U 14 - 100 Metre Sprint

=====
 Region: R 11.20 1995 Scott Fraser, Manly Warringah
 State: S 11.34 17-Mar-96 Matthew Manns, Ingleburn RSL

Name Age Centre Final
 =====

Section 1 Final

1	Max Mandera	Manly Warringah	12.15
2	Oskar Enasio	Northern Districts	12.70

Results**....Boys U 14 - 100 Metre Sprint**

3	Samuel Galati	Ryde	12.75
4	Daniel Menin	Parramatta	12.86
5	Alex Durheim	Cherrybrook	13.45
6	Alexander Mina	Parramatta	13.52

Boys U 15 - 100 Metre Sprint

=====			
Region:	R 10.70	21-Feb-09	Nicholas Hough, Hills Distric
State:	S 10.84	21-Mar-09	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

Section 1

1	Ben Griffiths	Mosman	12.29
2	Jack Wrightson	Manly Warringah	12.52
3	Tom Newbold	Manly Warringah	12.53
3	Tom Pellow	Cherrybrook	12.53
5	Ben Simpson	Manly Warringah	12.75
6	Benjamin Crimp	Northern Suburbs	12.96

Boys U 17 - 100 Metre Sprint

=====			
Region:	R 11.07	16-Feb-13	Joshua Swan, MOSMAN
State:	S 10.84	20-Mar-10	Ben Jaworski, Cherrybrook
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Adam Ayad	Hornsby	11.89Q
2	Harish Abimanju	Cherrybrook	12.05Q
3	John Economides	Manly Warringah	12.21Q
4	Donald Ohmer	Parramatta	12.49q
5	Finn Kelleher	Manly Warringah	12.52
6	Marko Prizmic	Ryde	13.40

Heat 2 Heats

1	Louis Purcell	Northern Suburbs	11.96Q
2	Alex Willett	Manly Warringah	12.13Q
3	Jaxsyn Davies	Parramatta	12.29Q
4	Lachlan Don	Manly Warringah	12.39q
5	Kalafi Moala	Ryde	12.89
6	Dante Vivanco	Northern Suburbs	12.93

Boys U 17 - 100 Metre Sprint

=====			
Region:	R 11.07	16-Feb-13	Joshua Swan, MOSMAN
State:	S 10.84	20-Mar-10	Ben Jaworski, Cherrybrook
Name		Age Centre	Final
=====			

Section 1 Final

1	John Economides	Manly Warringah	11.71
2	Adam Ayad	Hornsby	11.73
3	Louis Purcell	Northern Suburbs	11.78
4	Harish Abimanju	Cherrybrook	11.93
5	Alex Willett	Manly Warringah	11.97
6	Lachlan Don	Manly Warringah	12.38
7	Jaxsyn Davies	Parramatta	12.43
8	Donald Ohmer	Parramatta	12.49

Results**Boys U 8 - 200 Metre Sprint**

=====			
Region:	R 31.00	2001	Alexander Pettigrew, Hornsby
State:	S 30.74	22-Feb-87	Greg Pill, Illawong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Andres Hampel	Northern Suburbs	33.56Q
2	Wol Albino	Hornsby	34.85Q
3	James Woods	Ryde	35.76Q
4	Benjamin Proszenko	Ryde	36.55
5	Daniel Gallagher	Northern Districts	37.63
6	Henry Tieste	Nth Rocks Carlin	37.82
7	William Hossack	Northern Suburbs	38.58
8	Ash Ready	Manly Warringah	38.70
Heat 2 Heats			
1	Conrad Blackwell-Smith	Mosman	33.43Q
2	Benjamin Woodhouse	Nth Rocks Carlin	33.86Q
3	Lachlan Booth	Hornsby	33.87Q
4	Max Dennett	Ku-Ring-Gai	35.00q
5	Julian Emmerson	Ryde	35.09q
6	Oskar Berglund	Manly Warringah	35.60

Boys U 8 - 200 Metre Sprint

=====			
Region:	R 31.00	2001	Alexander Pettigrew, Hornsby
State:	S 30.74	22-Feb-87	Greg Pill, Illawong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Conrad Blackwell-Smith	Mosman	32.71
2	Benjamin Woodhouse	Nth Rocks Carlin	33.17
3	Andres Hampel	Northern Suburbs	33.71
4	Wol Albino	Hornsby	33.80
5	Lachlan Booth	Hornsby	34.90
6	James Woods	Ryde	35.03
7	Max Dennett	Ku-Ring-Gai	35.79
8	Julian Emmerson	Ryde	35.93

Boys U 9 - 200 Metre Sprint

=====			
Region:	R 29.10	2002	Alexander Pettigrew, Hornsby
State:	S 28.44	22-Mar-75	Glen Murgatroyd, Campbelltown
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ethan Grimshaw	Manly Warringah	31.57Q
2	Marcus Papadimitriou	Cherrybrook	31.88Q
3	Samuel Kay	Ku-Ring-Gai	32.03Q
4	Finn Parlevliet	Nth Rocks Carlin	32.24q
5	Archie Hendry	Manly Warringah	33.34q
6	Angus Hunt	Northern Suburbs	33.68
7	Toby Middleton	Northern Suburbs	33.74
8	Angus Turner	Manly Warringah	34.07
Heat 2 Heats			
1	Brody Folkes	Mosman	31.72Q
2	Lars Ackland	Ku-Ring-Gai	32.66Q
3	Christian Camus	Mosman	33.67Q
4	Lachlan Stitt	Ryde	34.25

Results

....Boys U 9 - 200 Metre Sprint

5 Finn Pereira Mosman 34.28

Boys U 9 - 200 Metre Sprint

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=====
Region: R 29.10 2002 Alexander Pettigrew, Hornsby
State: S 28.44 22-Mar-75 Glen Murgatroyd, Campbelltown
Name Age Centre Final
=====

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```

Section 1 Final
1 Brody Folkes Mosman 30.95
2 Ethan Grimshaw Manly Warringah 31.28
3 Marcus Papadimitriou Cherrybrook 31.47
4 Lars Ackland Ku-Ring-Gai 32.32
5 Samuel Kay Ku-Ring-Gai 32.42
6 Finn Parlevliet Nth Rocks Carlin 32.78
7 Christian Camus Mosman 34.59

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Boys U 10 - 200 Metre Sprint

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=====
Region: R 27.50 2001 Justin Hayward, Manly Warring
State: S 26.94 11-Mar-78 Chris Newman, Queanbeyan
Name Age Centre Heats
=====

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```

Heat 1 Heats
1 Dylan Hall Ku-Ring-Gai 29.53Q
2 Christian Maritz Manly Warringah 30.26Q
3 Prince Kamara Manly Warringah 31.09Q
4 William Tye Hornsby 31.33q
5 Cornelis Rawlinson Parramatta 31.74q
6 Jaykay Rauqe Ryde 31.90
7 Will Soden Ku-Ring-Gai 34.18

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Heat 2 Heats
1 Matthew Hunt Northern Suburbs 31.23Q
2 Caleb Ashton Ku-Ring-Gai 31.29Q
3 Elijah Wehrhahn Cherrybrook 31.58Q
4 Marco Boccaletti Cherrybrook 31.83
5 Oscar Davidson Cherrybrook 32.02
6 Oliver Edwards Northern Suburbs 32.17
7 Benjamin Fairbrother Manly Warringah 32.53
8 Boston Penfold Ku-Ring-Gai 33.83

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Boys U 10 - 200 Metre Sprint

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=====
Region: R 27.50 2001 Justin Hayward, Manly Warring
State: S 26.94 11-Mar-78 Chris Newman, Queanbeyan
Name Age Centre Final
=====

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Section 1 Final
1 Dylan Hall Ku-Ring-Gai 29.27
2 Christian Maritz Manly Warringah 30.07
3 Prince Kamara Manly Warringah 30.35
4 Caleb Ashton Ku-Ring-Gai 30.59
5 Elijah Wehrhahn Cherrybrook 30.93
6 Matthew Hunt Northern Suburbs 31.01
7 William Tye Hornsby 31.13

```

Results**Boys U 11 - 200 Metre Sprint**

=====			
Region:	R 27.10	22-Feb-04	Alexander Pettigrew, Parramat
State:	S 25.84	11-Mar-78	Robert Stanford, Nepean
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Joshua Pozzolungo	Parramatta	29.69Q
2	Julian Lee	Northern Suburbs	29.72Q
3	Evan Venning	Northern Suburbs	29.93Q
4	Brodie Waldock	Ku-Ring-Gai	30.62q
5	George Srour	Ryde	31.29
6	Matthew Hogg	Mosman	31.54
Heat 2 Heats			
1	Lachlan Herbert	Ku-Ring-Gai	28.92Q
2	Jet Sully	Manly Warringah	29.19Q
3	James Harden	Ku-Ring-Gai	29.21Q
4	Nicholas Bradshaw	Cherrybrook	30.77q
5	Lucas Sassen	Parramatta	31.10
6	Dylan Van Grootel	Manly Warringah	31.31
7	Matt Ashcroft	Hornsby	32.31

Boys U 11 - 200 Metre Sprint

=====			
Region:	R 27.10	22-Feb-04	Alexander Pettigrew, Parramat
State:	S 25.84	11-Mar-78	Robert Stanford, Nepean
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lachlan Herbert	Ku-Ring-Gai	28.00
2	Jet Sully	Manly Warringah	28.71
3	James Harden	Ku-Ring-Gai	28.86
4	Julian Lee	Northern Suburbs	29.51
5	Joshua Pozzolungo	Parramatta	29.92
6	Evan Venning	Northern Suburbs	30.11
7	Nicholas Bradshaw	Cherrybrook	30.54
8	Brodie Waldock	Ku-Ring-Gai	31.01

Boys U 12 - 200 Metre Sprint

=====			
Region:	R 25.80	2005	Kane Thompson, Manly Warringa
State:	S 24.59	24-Mar-13	James Roach, Randwick Botany
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Cormac Morrison	Northern Suburbs	28.65Q
2	Aidan Jones	Ku-Ring-Gai	28.99Q
3	Henry Roberts	Mosman	29.37Q
4	Ethan Clarke	Manly Warringah	29.69q
5	Jack Baker	Ryde	30.32
5	Lewis Fahey	Northern Suburbs	30.32
Heat 2 Heats			
1	Ethan Quintana	Northern Suburbs	27.84Q
2	Zachary Flynn	Manly Warringah	29.20Q
3	Rajan Ravinthran	Nth Rocks Carlin	29.37Q
4	Oliver Hinchliff	Mosman	29.61q
5	Zachary Semaganda	Cherrybrook	29.75
6	Marten Klomp	Hornsby	30.48
7	Jordan Takounlao	Cherrybrook	31.21

Results**Boys U 12 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 25.80 2005 Kane Thompson, Manly Warringah			
State: S 24.59 24-Mar-13 James Roach, Randwick Botany			
Name	Age	Centre	Final
Section 1 Final			
1 Ethan Quintana		Northern Suburbs	27.92
2 Aidan Jones		Ku-Ring-Gai	28.49
3 Cormac Morrison		Northern Suburbs	28.70
4 Henry Roberts		Mosman	29.38
5 Rajan Ravinthran		Nth Rocks Carlin	29.49
6 Zachary Flynn		Manly Warringah	29.72
7 Oliver Hinchliff		Mosman	30.17
8 Ethan Clarke		Manly Warringah	30.61

Boys U 13 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 24.00 18-Feb-07 Nicholas Hough, Hills Distric			
State: S 23.34 18-Mar-07 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Donovan Bradshaw		Cherrybrook	24.39Q
2 Archie Saunders		Manly Warringah	26.99Q
3 Eli Sagala		Northern Districts	27.33Q
4 Dylan Charlier		Manly Warringah	27.59q
5 Angus Ritchie		Manly Warringah	29.07
6 Anthony Feng		Ryde	30.01
Heat 2 Heats			
1 Riley Hemsworth		Ku-Ring-Gai	25.50Q
2 Jason Ho		Northern Suburbs	25.92Q
3 Fynn George		Manly Warringah	27.73Q
4 Savi Moala		Ryde	27.83q
5 Coby Walton		Northern Districts	27.99
6 Sebastian Doney		Ku-Ring-Gai	28.02

Boys U 13 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 24.00 18-Feb-07 Nicholas Hough, Hills Distric			
State: S 23.34 18-Mar-07 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
Section 1 Final			
1 Donovan Bradshaw		Cherrybrook	25.04
2 Riley Hemsworth		Ku-Ring-Gai	25.06
3 Jason Ho		Northern Suburbs	25.80
4 Archie Saunders		Manly Warringah	27.12
5 Fynn George		Manly Warringah	27.57
6 Dylan Charlier		Manly Warringah	27.88
7 Savi Moala		Ryde	28.11

Results**Boys U 14 - 200 Metre Sprint**

=====			
Region:	R 22.90	17-Feb-08	Nicholas Hough, Hills Distric
State:	S 22.64	19-Feb-06	Luke Hamer, St George
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Max Mandera	Manly Warringah	24.63Q
2	Oskar Enasio	Northern Districts	25.93Q
3	(William)kaito Foster	Parramatta	26.24Q
4	Alex Durheim	Cherrybrook	26.87q
5	Sam Lee	Northern Suburbs	28.66q
Heat 2 Heats			
1	Max Holmes	Northern Suburbs	27.26Q
2	Dylan Shackell	Northern Suburbs	27.62Q
3	Stuart Downie	Northern Suburbs	28.25Q
4	Luke Yin	Nth Rocks Carlin	28.79
5	James Hunt	Northern Suburbs	29.90
6	Cameron Ross-Egarr	Northern Districts	30.20

Boys U 14 - 200 Metre Sprint

=====			
Region:	R 22.90	17-Feb-08	Nicholas Hough, Hills Distric
State:	S 22.64	19-Feb-06	Luke Hamer, St George
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Max Mandera	Manly Warringah	23.93
2	Max Holmes	Northern Suburbs	25.55
3	Oskar Enasio	Northern Districts	26.12
4	(William)kaito Foster	Parramatta	26.65
5	Alex Durheim	Cherrybrook	27.32
6	Dylan Shackell	Northern Suburbs	27.86
7	Stuart Downie	Northern Suburbs	28.01
8	Sam Lee	Northern Suburbs	28.36

Boys U 15 - 200 Metre Sprint

=====			
Region:	R 21.50	22-Feb-09	Nicholas Hough, Hills Distric
State:	S 21.74	22-Feb-09	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1			
1	Luke Van Ratigen	Manly Warringah	24.29
2	Ben Griffiths	Mosman	24.41
3	Thomas Hunt	Northern Suburbs	24.44
4	Tom Newbold	Manly Warringah	24.63
5	William Stacey	Ryde	28.29

Boys U 17 - 200 Metre Sprint

=====			
Region:	R 22.64	17-Feb-13	Joshua Swan, MOSMAN
State:	S 21.80	23-Mar-14	Teri Fragiadakis, Sutherland
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	John Economides	Manly Warringah	24.12Q
2	Harish Abimanju	Cherrybrook	24.72Q
3	Jasper Spiller	Ku-Ring-Gai	25.11Q

Results**....Boys U 17 - 200 Metre Sprint**

4 Alexander Olivier	Hornsby	25.72q
5 Thomas Schaafsma	Nth Rocks Carlin	26.68

Heat 2 Heats

1 Louis Purcell	Northern Suburbs	23.91Q
2 Thomas Corel	Mosman	24.61Q
3 Samuel Plummer	Ryde	25.54Q
4 Donald Ohmer	Parramatta	25.74q
5 Ethan Uslu	Parramatta	26.97

Boys U 17 - 200 Metre Sprint

=====
 Region: R 22.64 17-Feb-13 Joshua Swan, MOSMAN
 State: S 21.80 23-Mar-14 Teri Fragiadakis, Sutherland
 Name Age Centre Final
 =====

Section 1 Final

1 Louis Purcell	Northern Suburbs	23.25
2 John Economides	Manly Warringah	23.44
3 Thomas Corel	Mosman	23.73
4 Harish Abimanju	Cherrybrook	24.41
5 Jasper Spiller	Ku-Ring-Gai	24.86
6 Samuel Plummer	Ryde	25.46
7 Alexander Olivier	Hornsby	25.59
8 Donald Ohmer	Parramatta	25.77

Boys U 8 - 400 Metre Sprint

=====
 Region: R 1:09.70 2001 Alexander Pettigrew, Hornsb
 State: S 1:07.94 23-Mar-75 David Misson, Randwick Bota
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Conrad Blackwell-Smith	Mosman	1:15.84Q
2 Max Dennett	Ku-Ring-Gai	1:18.78Q
3 Oliver Sanbrook	Manly Warringah	1:19.65Q
4 James Woods	Ryde	1:22.91
5 Tyson Neal	Ku-Ring-Gai	1:23.34

Heat 2 Heats

1 Benjamin Woodhouse	Nth Rocks Carlin	1:14.92Q
2 Joel Moresi	Cherrybrook	1:16.83Q
3 Lachlan Booth	Hornsby	1:18.57Q
4 Samuel Price	Nth Rocks Carlin	1:19.33q
5 Dylan Mortimer	Manly Warringah	1:19.89q
6 Terry Koinusis	Nth Rocks Carlin	1:21.49
7 Benjamin Prosenko	Ryde	1:27.63

Boys U 8 - 400 Metre Sprint

=====
 Region: R 1:09.70 2001 Alexander Pettigrew, Hornsb
 State: S 1:07.94 23-Mar-75 David Misson, Randwick Bota
 Name Age Centre Final
 =====

Section 1 Final

1 Benjamin Woodhouse	Nth Rocks Carlin	1:13.49
2 Joel Moresi	Cherrybrook	1:15.28
3 Samuel Price	Nth Rocks Carlin	1:16.05
4 Lachlan Booth	Hornsby	1:16.38

Results**....Boys U 8 - 400 Metre Sprint**

5 Max Dennett	Ku-Ring-Gai	1:19.61
6 Dylan Mortimer	Manly Warringah	1:19.64
7 Oliver Sanbrook	Manly Warringah	1:19.71

Boys U 9 - 400 Metre Sprint

=====			
Region: R 1:05.30	2002	Alexander Pettigrew, Hornsb	
State: S 1:04.40	23-Mar-75	Glen Murgatroyd, Campbellto	
Name	Age Centre		Heats
=====			

Heat 1 Heats

1 Samuel Kay	Ku-Ring-Gai	1:10.97Q
2 Jack Osborne	Ku-Ring-Gai	1:14.69Q
3 Toby Middleton	Northern Suburbs	1:15.23Q
4 Ethan Grimshaw	Manly Warringah	1:16.20q
5 Archie Hendry	Manly Warringah	1:16.35q
6 Leo Brown	Manly Warringah	1:17.56q
7 Zac Scoppetta	Ku-Ring-Gai	1:29.75

Heat 2 Heats

1 Bronsen Brown	Cherrybrook	1:12.43Q
2 Liam Keep	Manly Warringah	1:12.91Q

Boys U 9 - 400 Metre Sprint

=====			
Region: R 1:05.30	2002	Alexander Pettigrew, Hornsb	
State: S 1:04.40	23-Mar-75	Glen Murgatroyd, Campbellto	
Name	Age Centre		Final
=====			

Section 1 Final

1 Samuel Kay	Ku-Ring-Gai	1:10.45
2 Liam Keep	Manly Warringah	1:11.29
3 Ethan Grimshaw	Manly Warringah	1:12.27
4 Jack Osborne	Ku-Ring-Gai	1:13.56
5 Bronsen Brown	Cherrybrook	1:14.18
6 Toby Middleton	Northern Suburbs	1:14.65
7 Archie Hendry	Manly Warringah	1:15.15
8 Leo Brown	Manly Warringah	1:18.17

Boys U 10 - 400 Metre Sprint

=====			
Region: R 1:02.50	27-Feb-10	Tyler Gunn, Gosford	
State: S 1:01.34	16-Mar-03	Alex Pettigrew, Parramatta	
Name	Age Centre		Heats
=====			

Heat 1 Heats

1 Will Kay	Ku-Ring-Gai	1:14.55Q
2 Matthew Hunt	Northern Suburbs	1:17.25Q
3 Max Byrnes	Nth Rocks Carlin	1:18.86Q
4 Oscar Davidson	Cherrybrook	1:19.85
5 Lincoln Proctor	Parramatta	1:20.96

Heat 2 Heats

1 Caleb Ashton	Ku-Ring-Gai	1:09.23Q
2 Harvey Monnock	Manly Warringah	1:11.00Q
3 Will Soden	Ku-Ring-Gai	1:11.36Q
4 Max Duncan	Ku-Ring-Gai	1:11.51q
5 Alexander Neagu	Parramatta	1:12.12q
6 Oliver McNicol	Nth Rocks Carlin	1:17.14

Results**Boys U 10 - 400 Metre Sprint**

=====			
Region:	R 1:02.50	27-Feb-10	Tyler Gunn, Gosford
State:	S 1:01.34	16-Mar-03	Alex Pettigrew, Parramatta
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Matthew Hunt	Northern Suburbs	1:07.51
2	Caleb Ashton	Ku-Ring-Gai	1:08.35
3	Harvey Monnock	Manly Warringah	1:10.47
4	Max Duncan	Ku-Ring-Gai	1:10.81
5	Will Kay	Ku-Ring-Gai	1:11.06
6	Will Soden	Ku-Ring-Gai	1:11.69
7	Alexander Neagu	Parramatta	1:15.56
8	Max Byrnes	Nth Rocks Carlin	1:17.74

Boys U 11 - 400 Metre Sprint

=====			
Region:	R 1:00.50	22-Feb-04	Alexander Pettigrew, Parram
State:	S 57.64	23-Mar-79	Chris Newman, Queanbeyan
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Evan Dransfield	Northern Suburbs	1:08.99Q
2	Max Merifield	Ryde	1:09.12Q
3	Lachlan Herbert	Ku-Ring-Gai	1:09.13Q
4	Matthew Hogg	Mosman	1:09.48
5	Finn Bellerby	Manly Warringah	1:10.09
6	Oliver Smith	Ryde	1:10.31
Heat 2 Heats			
1	James Harden	Ku-Ring-Gai	1:07.64Q
2	Julian Lee	Northern Suburbs	1:07.96Q
3	Dylan Van Grootel	Manly Warringah	1:08.27Q
4	Charlie Roughan	Northern Suburbs	1:09.07q
5	Brodie Waldock	Ku-Ring-Gai	1:09.15q

Boys U 11 - 400 Metre Sprint

=====			
Region:	R 1:00.50	22-Feb-04	Alexander Pettigrew, Parram
State:	S 57.64	23-Mar-79	Chris Newman, Queanbeyan
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lachlan Herbert	Ku-Ring-Gai	1:02.66
2	Evan Dransfield	Northern Suburbs	1:02.93
3	James Harden	Ku-Ring-Gai	1:03.10
4	Julian Lee	Northern Suburbs	1:04.82
5	Dylan Van Grootel	Manly Warringah	1:08.03
6	Max Merifield	Ryde	1:08.55
7	Charlie Roughan	Northern Suburbs	1:08.77
8	Brodie Waldock	Ku-Ring-Gai	1:12.84

Results

Boys U 12 - 400 Metre Sprint

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=====
Region: R 58.60 18-Feb-06 Adam Harding, Hills District
State: S 56.88 18-Mar-16 Donovan Bradshaw, Cherrybrook
Name Age Centre Heats
=====
    
```

Heat 1 Heats

```

1 Oliver Hinchliff Mosman 1:04.63Q
2 Ethan Clarke Manly Warringah 1:05.38Q
3 Lewis Fahey Northern Suburbs 1:05.48Q
4 Zachary Semaganda Cherrybrook 1:05.81q
5 Alex Mills Cherrybrook 1:08.57q
6 Noah Ashton Ku-Ring-Gai 1:09.19
7 Jeremy Plummer Ryde 1:14.17
    
```

Heat 2 Heats

```

1 Ethan Oliver Northern Districts 1:04.06Q
2 Zachary Flynn Manly Warringah 1:05.39Q
3 Daniel Davis Ku-Ring-Gai 1:07.35Q
4 Daniel Bradford Cherrybrook 1:11.86
5 Lachlan Dewar Cherrybrook 1:16.19
    
```

Boys U 12 - 400 Metre Sprint

```

=====
Region: R 58.60 18-Feb-06 Adam Harding, Hills District
State: S 56.88 18-Mar-16 Donovan Bradshaw, Cherrybrook
Name Age Centre Final
=====
    
```

Section 1 Final

```

1 Ethan Oliver Northern Districts 1:02.31
2 Oliver Hinchliff Mosman 1:02.86
3 Zachary Flynn Manly Warringah 1:02.97
4 Ethan Clarke Manly Warringah 1:05.27
5 Lewis Fahey Northern Suburbs 1:06.10
6 Daniel Davis Ku-Ring-Gai 1:06.94
7 Zachary Semaganda Cherrybrook 1:07.21
8 Alex Mills Cherrybrook 1:07.90
    
```

Boys U 13 - 400 Metre Sprint

```

=====
Region: R 55.67 11-Feb-17 Donovan Bradshaw, Cherrybrook
State: S 53.65 21-Mar-14 James Roach, Randwick Botany
Name Age Centre Heats
=====
    
```

Heat 1 Heats

```

1 Donovan Bradshaw Cherrybrook 59.55Q
2 Daniel De Zeeuw Manly Warringah 1:00.31Q
3 Jacob Leon Ryde 1:02.39Q
4 Angus Ritchie Manly Warringah 1:02.88q
5 Hunter Hosking Nth Rocks Carlin 1:04.38q
6 Ryan Adams Northern Suburbs 1:06.78
7 Coby Walton Northern Districts 1:07.22
8 Joseph Boyd Nth Rocks Carlin 1:09.05
    
```

Heat 2 Heats

```

1 Dylan Charlier Manly Warringah 1:02.18Q
2 Yianni Fotias Hornsby 1:03.37Q
3 Tomas Dennett Ku-Ring-Gai 1:09.89Q
4 Joel Neasmith Manly Warringah 1:11.92
    
```

Results**Boys U 13 - 400 Metre Sprint**

=====			
Region:	R 55.67	11-Feb-17	Donovan Bradshaw, Cherrybrook
State:	S 53.65	21-Mar-14	James Roach, Randwick Botany
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Donovan Bradshaw	Cherrybrook	55.67R
2	Dylan Charlier	Manly Warringah	59.44
3	Daniel De Zeeuw	Manly Warringah	1:00.48
4	Jacob Leon	Ryde	1:02.29
5	Yianni Fotias	Hornsby	1:03.18
6	Hunter Hosking	Nth Rocks Carlin	1:03.62
7	Angus Ritchie	Manly Warringah	1:04.40

Boys U 14 - 400 Metre Sprint

=====			
Region:	R 52.37	11-Feb-17	Ewan Burns, Manly Warringah
State:	S 50.97	23-Mar-12	Jarrod Cullen, Canterbury
Name	Age	Centre	Final
=====			
Section 1			
1	Ewan Burns	Manly Warringah	52.37R
2	Max Holmes	Northern Suburbs	56.37
3	Oskar Enasio	Northern Districts	57.30
4	Dominic Panozzo	Northern Suburbs	1:00.34
5	Charlie East	Northern Suburbs	1:02.22
6	Jonathan Friend	Cherrybrook	1:02.24
7	Sam Lee	Northern Suburbs	1:04.28
8	James Hunt	Northern Suburbs	1:06.00

Boys U 15 - 400 Metre Sprint

=====			
Region:	R 50.90	1991	James Robinson, Parramatta
State:	S 49.64	15-Mar-97	David Geddes, Manly Warringah
Name	Age	Centre	Final
=====			
1	Thomas Hunt	Northern Suburbs	52.74
2	Jack McFadden	Ku-Ring-Gai	56.42
3	Ben Griffiths	Mosman	59.56
4	Connor Latham	Ryde	1:00.74
5	Joseph Rasmussen	Manly Warringah	1:03.78

Boys U 17 - 400 Metre Sprint

=====			
Region:	R 49.75	16-Feb-13	Bryce Collins, Northern Subur
State:	S 49.44	18-Mar-16	Alexander Thompson, Quakers H
Name	Age	Centre	Final
=====			
1	Thomas Corel	Mosman	52.53
2	Jasper Spiller	Ku-Ring-Gai	54.18
3	Daniel Rasmussen	Manly Warringah	54.70
4	Finn Kelleher	Manly Warringah	55.03
5	Samuel Plummer	Ryde	55.81
6	Joshua Silver	Northern Districts	59.13
7	Dante Vivanco	Northern Suburbs	1:00.66
8	Andrew Tse	Northern Suburbs	1:01.52

Results**Boys U 8 - 700 Metre Run Pack Start**

Region: R 2:17.40 2001 Alex Pettigrew, Hornsby Dis			
Name	Age	Centre	Final
1 Benjamin Woodhouse		Nth Rocks Carlin	2:19.37
2 Joel Moresi		Cherrybrook	2:24.08
3 Dylan Mortimer		Manly Warringah	2:30.54
4 Oliver Sollberger		Manly Warringah	2:32.21
5 Harrison Miller		Mosman	2:33.90
6 Max Dennett		Ku-Ring-Gai	2:34.57
7 Henry Tieste		Nth Rocks Carlin	2:35.61
8 Thom Bragg		Northern Suburbs	2:35.91
9 Oliver Sanbrook		Manly Warringah	2:36.36
10 William Hossack		Northern Suburbs	2:38.29
11 Terry Koinusis		Nth Rocks Carlin	2:38.97
12 Ash Ready		Manly Warringah	2:42.32

Boys U 9 - 800 Metre Run

Region: R 2:27.80 2002 Alexander Pettigrew, Hornsb			
State: S 2:25.70 17-Mar-02 Alex Pettigrew, Hornsby			
Name	Age	Centre	Final
1 Jack Osborne		Ku-Ring-Gai	2:39.00
2 Liam Keep		Manly Warringah	2:39.81
3 Bronsen Brown		Cherrybrook	2:40.03
4 Samuel Kay		Ku-Ring-Gai	2:41.80
5 Idris Burkhardt		Cherrybrook	2:47.31
6 Finn Parlevliet		Nth Rocks Carlin	2:48.17
7 Axel Bruntsch		Ryde	2:48.81
8 Conrad Zielinski-William		Northern Suburbs	2:49.00
9 Leo Brown		Manly Warringah	2:50.75
10 Jake LeLIEVRE		Northern Districts	2:52.30
11 Caelen Marshall-White		Manly Warringah	2:53.57
12 Toby Middleton		Northern Suburbs	2:54.58
13 Ethan Temelkovski		Northern Suburbs	3:00.31
14 Harry Jordan		Ryde	3:11.49

Boys U 10 - 800 Metre Run

Region: R 2:27.30 16-Feb-03 Alexander Pettigrew, Parram			
State: S 2:21.60 25-Mar-79 Paul Kelly, Greystanes			
Name	Age	Centre	Final
1 Will Kay		Ku-Ring-Gai	2:37.55
2 Caleb Ashton		Ku-Ring-Gai	2:41.30
3 Billy Peek		Manly Warringah	2:42.49
4 Riley Pereira		Hornsby	2:43.22
5 Paddy Bright		Manly Warringah	2:45.21
6 Alec Simpson		Northern Suburbs	2:46.04
7 Cody Burton		Nth Rocks Carlin	2:46.66
8 Alexander Neagu		Parramatta	2:48.90
9 Isaac Brooks		Mosman	2:49.40
10 Kaden Rintel		Manly Warringah	2:49.96
11 Will Soden		Ku-Ring-Gai	2:50.40
12 Matthew Hunt		Northern Suburbs	2:50.60

Results**Boys U 11 - 800 Metre Run**

=====			
Region:	R 2:21.80	22-Feb-04	Alexander Pettigrew, Parram
State:	S 2:17.37	24-Mar-13	Luke Young, Macquarie Hunte
Name	Age	Centre	Final
=====			
1	Evan Dransfield	Northern Suburbs	2:30.64
2	Nicholas Woodhouse	Nth Rocks Carlin	2:32.30
3	Sean Williams	Ku-Ring-Gai	2:32.97
4	Oliver Smith	Ryde	2:33.97
5	Isaac Lanham	Manly Warringah	2:40.03
6	Thomas Brennan	Parramatta	2:42.83
7	Charlie Roughan	Northern Suburbs	2:44.20
8	Cameron Burnett	Ku-Ring-Gai	2:45.75
9	Corban Ross	Hornsby	2:49.00
10	Arthur Taylor	Ku-Ring-Gai	2:49.36
11	Lucas Sassen	Parramatta	2:50.80
12	Keian Murphy	Ryde	2:51.06
13	Kai Organ	Manly Warringah	2:52.58
14	Nicholas Kimball	Manly Warringah	2:57.30

Boys U 12 - 800 Metre Run

=====			
Region:	R 2:16.20	2005	Alexander Pettigrew, Parram
State:	S 2:13.20	20-Mar-05	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1	Thomas Tullet	Manly Warringah	2:24.60
2	Ryan Frykberg	Cherrybrook	2:26.16
3	Ethan Oliver	Northern Districts	2:27.63
4	Nicholas Hyde	Mosman	2:29.05
5	Oliver Hinchliff	Mosman	2:30.21
6	Lachlan Roberts	Parramatta	2:32.06
7	Noah Ashton	Ku-Ring-Gai	2:35.17
8	Lewis Fahey	Northern Suburbs	2:36.80
9	Alex Mills	Cherrybrook	2:37.28
10	Lachlan Dewar	Cherrybrook	2:40.89
11	Daniel Davis	Ku-Ring-Gai	2:45.22
12	Charlie Burt	Northern Suburbs	2:46.08
13	Marten Klomp	Hornsby	2:49.16
14	Finn Kennedy	Northern Suburbs	2:52.97

Boys U 13 - 800 Metre Run

=====			
Region:	R 2:11.20	2005	Michael Todd, Ryde
State:	S 2:06.10	17-Mar-85	Robert Wunder, Northern Sub
Name	Age	Centre	Final
=====			
1	Charlie Jeffreson	Mosman	2:19.65
2	William Constable	Ku-Ring-Gai	2:19.82
3	Adam Bruntsch	Ryde	2:22.16
4	Jacob Leon	Ryde	2:24.85
5	Rafi Gordon	Manly Warringah	2:28.69
6	Hunter Hosking	Nth Rocks Carlin	2:31.80
7	Ashton Hanna	Ryde	2:32.98
8	Marco de Paulis	Northern Districts	2:33.54
9	Wilson Sarkies	Manly Warringah	2:36.24
10	Jacob Uslu	Parramatta	2:37.40
11	Joseph Boyd	Nth Rocks Carlin	2:44.02

Results**....Boys U 13 - 800 Metre Run**

12 Matthew Kachel	Hornsby	2:44.23
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Boys U 14 - 800 Metre Run

Region: R 2:06.91	14-Feb-16	Thomas Hunt, Northern Subur
State: S 2:02.30	22-Mar-15	Bryn Lynch, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 James Constable	Ku-Ring-Gai	2:08.35
2 Oskar Enasio	Northern Districts	2:17.73
3 Dominic Panozzo	Northern Suburbs	2:21.71
4 Jonathan Friend	Cherrybrook	2:21.90
5 Charlie East	Northern Suburbs	2:25.84
6 Colm Walsh	Ku-Ring-Gai	2:31.15
7 William Mills	Cherrybrook	2:34.93
8 Ethan Barlow	Manly Warringah	2:35.43
9 Benjamin Carey	Ku-Ring-Gai	2:50.38

Boys U 15 - 800 Metre Run

Region: R 1:58.88	19-Feb-12	Jack Collett, Gosford
State: S 1:57.20	20-Feb-05	James Kaan, Hills District
State: S 1:57.20	16-Mar-08	James Connor, Campbelltown

Name	Age Centre	Final
------	------------	-------

1 Thomas Hunt	Northern Suburbs	2:14.24
2 William Stacey	Ryde	2:19.15
3 Curtis Kingsmill	Northern Suburbs	2:19.83
4 Joseph Rasmussen	Manly Warringah	2:25.66
5 Logan Kaye	Cherrybrook	2:32.33

Boys U 17 - 800 Metre Run

Region: R 1:58.90	28-Feb-10	Craig Cameron, Gosford
State: S 1:55.75	22-Mar-15	Jye Edwards, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Jack Mills	Manly Warringah	1:59.41
2 Brynn Lynch	Manly Warringah	2:00.76
3 Nicholas Corel	Mosman	2:01.58
4 Daniel Rasmussen	Manly Warringah	2:03.04
5 Kyle Walsh	Ku-Ring-Gai	2:10.29
6 Joshua Silver	Northern Districts	2:12.24
7 Erik Frykberg	Cherrybrook	2:15.83
8 Samuel Plummer	Ryde	2:22.27
9 Benjamin VU	Nth Rocks Carlin	2:34.91

Boys U 10 - 1500 Metre Run

Region: R 4:58.80	15-Feb-03	Alexander Pettigrew, Parram
State: S 4:44.10	19-Mar-83	Richard McCarthy, Randwick

Name	Age Centre	Final
------	------------	-------

1 Alexander Neagu	Parramatta	5:20.87
2 Riley Pereira	Hornsby	5:21.62
3 Will Kay	Ku-Ring-Gai	5:22.45
4 Cody Burton	Nth Rocks Carlin	5:24.79

Results**....Boys U 10 - 1500 Metre Run**

5	Billy Peek	Manly Warringah	5:30.31
6	Jeremy Jubb	Cherrybrook	5:38.95
7	Rohan Nairn	Ku-Ring-Gai	5:39.15
8	Paddy Bright	Manly Warringah	5:44.52
9	Isaac Tate	Manly Warringah	5:47.46
10	Isaac Brooks	Mosman	5:50.16
11	Samuel Robinson	Mosman	5:53.54
12	Max Byrnes	Nth Rocks Carlin	5:58.85

Boys U 11 - 1500 Metre Run

=====			
Region:	R 4:47.70	19-Feb-11	Elliot Metcalf, Manly Warri
State:	S 4:36.90	17-Mar-84	Richard McCarthy, Randwick
Name	Age	Centre	Final
=====			
1	Evan Dransfield	Northern Suburbs	5:03.15
2	Oliver Smith	Ryde	5:10.11
3	Nicholas Woodhouse	Nth Rocks Carlin	5:11.76
4	Sean Williams	Ku-Ring-Gai	5:14.00
5	Isaac Lanham	Manly Warringah	5:20.12
6	Thomas Whalan	Hornsby	5:24.57
7	Max Merifield	Ryde	5:27.43
8	Clyde Hossack	Northern Suburbs	5:32.10
9	Colt Paterson	Manly Warringah	5:33.62
10	Lachlan McIntosh	Ku-Ring-Gai	5:37.56
11	Thomas Brennan	Parramatta	5:39.62
12	Jai Maclachlan	Hornsby	5:41.43
13	Cameron Burnett	Ku-Ring-Gai	5:44.67
14	Arthur Taylor	Ku-Ring-Gai	5:49.18
15	Kai Organ	Manly Warringah	6:01.07
16	Nicholas Kimball	Manly Warringah	6:10.12

Boys U 12 - 1500 Metre Run

=====			
Region:	R 4:43.00	2005	Alexander Pettigrew, Parram
State:	S 4:27.20	19-Mar-83	Peter Stellino, Hills Distr
Name	Age	Centre	Final
=====			
1	Thomas Tullet	Manly Warringah	4:51.98
2	Charlie Burt	Northern Suburbs	4:57.11
3	Nicholas Hyde	Mosman	4:57.95
4	Ryan Frykberg	Cherrybrook	5:01.41
5	Daniel Davis	Ku-Ring-Gai	5:17.62
6	Noah Ashton	Ku-Ring-Gai	5:20.89
7	Finn Kennedy	Northern Suburbs	5:25.17
8	Lachlan Dewar	Cherrybrook	5:28.38
9	William Collinson	Manly Warringah	5:32.03
10	Samuel Walter	Ku-Ring-Gai	5:32.80
11	Finn Dundon	Mosman	5:35.03
12	Ethan Geelan	Cherrybrook	5:38.42

Results**Boys U 13 - 1500 Metre Run**

=====			
Region:	R 4:33.00	21-Feb-04	Cameron Page, Gosford
State:	S 4:21.30	18-Mar-06	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Adam Bruntsch		Ryde	4:40.76
2 Charlie Jeffreson		Mosman	4:40.95
3 Cameron Gorman		Manly Warringah	4:52.79
4 William Constable		Ku-Ring-Gai	4:58.09
5 Wilson Sarkies		Manly Warringah	5:08.71
6 Ashton Hanna		Ryde	5:08.88
7 Hunter Hosking		Nth Rocks Carlin	5:14.15
8 Rafi Gordon		Manly Warringah	5:21.70
9 Matthew Arkins		Hornsby	5:23.79
10 Joseph Rooney		Northern Suburbs	5:25.01
11 Marco de Paulis		Northern Districts	5:28.31
12 Joseph Boyd		Nth Rocks Carlin	5:28.49
13 Jackson Lambert		Northern Suburbs	6:14.35

Boys U 14 - 1500 Metre Run

=====			
Region:	R 4:23.88	15-Feb-14	Harrison Wade, Ryde
State:	S 4:11.93	22-Mar-14	Harrison Wade, Ryde
Name	Age	Centre	Final
=====			
1 Jonathan Friend		Cherrybrook	4:59.79
2 Martin Leerberg		Northern Suburbs	5:03.13
3 Colm Walsh		Ku-Ring-Gai	5:10.70
4 Ethan Barlow		Manly Warringah	5:22.91
5 Benjamin Maestri		Parramatta	5:30.12
6 Samuel Hennessey		Cherrybrook	5:33.25
7 Adam Jubb		Cherrybrook	6:11.57

Boys U 15 - 1500 Metre Run

=====			
Region:	R 4:10.70	2005	James Kaan, Hills District
State:	S 4:03.70	15-Mar-08	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Kieran Gorman		Manly Warringah	4:38.87
2 Ben Graham		Hornsby	4:45.25
3 Curtis Kingsmill		Northern Suburbs	4:49.20
4 Matthew Leung		Northern Suburbs	4:56.70
5 Corey Arkins		Parramatta	5:21.92
6 Bayden Davies		Parramatta	5:33.23
7 Liam Keegan		Parramatta	5:53.66

Boys U 17 - 1500 Metre Run

=====			
Region:	R 4:14.24	16-Feb-13	Taylor John, Ku-Ring-Gai
State:	S 4:02.95	19-Mar-16	Harrison Wade, Ryde
Name	Age	Centre	Final
=====			
1 Jack Mills		Manly Warringah	4:18.65
2 Kyle Walsh		Ku-Ring-Gai	4:26.73
3 Benjamin Bishop		Cherrybrook	4:27.85
4 Max Mahon		Manly Warringah	4:31.39
5 Joshua Silver		Northern Districts	4:35.83

Results**....Boys U 17 - 1500 Metre Run**

6 Erik Frykberg	Cherrybrook	4:36.86
7 Jacob Norton	Manly Warringah	4:45.75
8 Ryan Jones	Cherrybrook	4:53.56
9 Samuel Plummer	Ryde	4:59.69
10 Jackson Mackie	Manly Warringah	5:15.42
11 Benjamin VU	Nth Rocks Carlin	5:41.57

Boys U 13 - 3000 Metre Run

Region: R 9:47.60 21-Feb-04 Cameron Page, Gosford

State: S 9:39.60 20-Mar-04 Cameron Page, Gosford

Name Age Centre Final

1 Charlie Jeffreson	Mosman	10:08.10
2 Adam Bruntsch	Ryde	10:19.42
3 Cameron Gorman	Manly Warringah	10:24.49
4 Wilson Sarkies	Manly Warringah	10:52.81
5 Ashton Hanna	Ryde	10:55.94
6 Jonah Edwards	Northern Suburbs	11:29.78
7 Joseph Boyd	Nth Rocks Carlin	11:58.30
8 Jackson Lambert	Northern Suburbs	13:01.66

Boys U 14 - 3000 Metre Run

Region: R 9:19.00 2005 Cameron Page, Gosford

State: S 9:13.83 21-Mar-14 Harrison Wade, Ryde

Name Age Centre Final

1 Martin Leerberg	Northern Suburbs	11:02.19
2 Benjamin Maestri	Parramatta	11:32.36
3 William Mills	Cherrybrook	11:36.38
4 Samuel Hennessey	Cherrybrook	11:49.34
5 George Davis	Ryde	12:54.78

Boys U 15 - 3000 Metre Run

Region: R 9:12.70 18-Feb-06 Cameron Page, Gosford

State: S 8:50.60 18-Mar-06 Cameron Page, Gosford

Name Age Centre Final

1 Kieran Gorman	Manly Warringah	10:05.31
2 Ben Graham	Hornsby	10:15.74
3 Logan Kaye	Cherrybrook	10:50.50

Boys U 17 - 3000 Metre Run

Region: R 9:20.76 16-Feb-13 David Gardiner, Northern Su

State: S 8:55.90 18-Mar-16 Connor Whiteley, Orange

Name Age Centre Final

1 Max Mahon	Manly Warringah	9:51.19
2 Benjamin Bishop	Cherrybrook	10:19.55
3 Joshua Silver	Northern Districts	10:22.35
4 Ryan Jones	Cherrybrook	10:28.29
5 Jackson Mackie	Manly Warringah	12:19.30

Results**Boys U 8 - 60 Metre Hurdles (45cm)**

=====			
Region:	R 10.50	2001	Alexander Pettigrew, Hornsby
State:	S 10.63	15-Feb-14	Jesse Ingleton, Camden
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Samuel Price	Nth Rocks Carlin	11.14Q
2	Jimmy Thebridge	Ku-Ring-Gai	11.57Q
3	Rhys George	Parramatta	12.07Q
4	Joel Moresi	Cherrybrook	12.13q
5	Riley King	Manly Warringah	12.46
6	Toby Cochrane	Northern Suburbs	12.50
7	Thom Bragg	Northern Suburbs	12.75
8	Oskar Berglund	Manly Warringah	12.84
Heat 2 Heats			
1	Noah Quayle	Ku-Ring-Gai	11.81Q
2	Andres Hampel	Northern Suburbs	11.85Q
3	Julian Emmerson	Ryde	12.14Q
4	Toby Hall	Manly Warringah	12.25q
5	Maxwell Hole	Mosman	12.26
6	Daniel Cribb	Hornsby	12.42
7	Rubeindranath Gobinath	Parramatta	12.53

Boys U 8 - 60 Metre Hurdles (45cm)

=====			
Region:	R 10.50	2001	Alexander Pettigrew, Hornsby
State:	S 10.63	15-Feb-14	Jesse Ingleton, Camden
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Samuel Price	Nth Rocks Carlin	11.18
2	Andres Hampel	Northern Suburbs	11.67
3	Noah Quayle	Ku-Ring-Gai	11.73
3	Jimmy Thebridge	Ku-Ring-Gai	11.73
5	Rhys George	Parramatta	11.75
6	Julian Emmerson	Ryde	12.02
7	Joel Moresi	Cherrybrook	12.12
8	Toby Hall	Manly Warringah	12.35

Boys U 9 - 60 Metre Hurdles (45cm)

=====			
Region:	R 9.30	1999	Joshua Mulligan, Gosford
State:	S 9.54	21-Feb-99	Joshua Mulligan, Gosford
State:	S 9.54	21-Mar-09	Rory Barkley, Northern Suburb
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Christian Camus	Mosman	10.77Q
2	Samuel Larratt	Ku-Ring-Gai	10.81Q
3	Angus Hunt	Northern Suburbs	10.92Q
4	Marcus Papadimitriou	Cherrybrook	10.99q
5	Brodie Shearer	Ku-Ring-Gai	11.04q
6	William Doumit	Northern Suburbs	11.52
Heat 2 Heats			
1	Akith Ekanayake	Cherrybrook	10.50Q
2	Bronsen Brown	Cherrybrook	10.52Q
3	Wilbur Kingma	Manly Warringah	10.98Q
4	Leo Robinson	Manly Warringah	11.11

Results**....Boys U 9 - 60 Metre Hurdles (45cm)**

5	Thomas Bishop	Cherrybrook	11.40
6	Max Elkins	Manly Warringah	11.69
7	Harper Enasio	Northern Districts	11.87
8	Lewis Wong	Nth Rocks Carlin	12.34

Boys U 9 - 60 Metre Hurdles (45cm)

=====					
Region:	R	9.30	1999	Joshua Mulligan, Gosford	
State:	S	9.54	21-Feb-99	Joshua Mulligan, Gosford	
State:	S	9.54	21-Mar-09	Rory Barkley, Northern Suburb	
Name			Age	Centre	Final
=====					

Section 1 Final

1	Bronsen Brown	Cherrybrook	10.66
2	Marcus Papadimitriou	Cherrybrook	10.75
3	Christian Camus	Mosman	10.77
4	Wilbur Kingma	Manly Warringah	10.83
5	Brodie Shearer	Ku-Ring-Gai	10.96
6	Samuel Larratt	Ku-Ring-Gai	10.98
7	Akith Ekanayake	Cherrybrook	11.28
8	Angus Hunt	Northern Suburbs	11.37

Boys U 10 - 60 Metre Hurdles (60cm)

=====					
Region:	R	9.70	2005	Sam Mete, Ku-ring-gai	
State:	S	9.74	16-Mar-02	Sean Potter, Macquarie Shores	
Name			Age	Centre	Heats
=====					

Heat 1 Heats

1	Matthew Hunt	Northern Suburbs	10.85Q
2	Llewyn Morrison	Northern Suburbs	11.45Q
3	Jack Thompson	Mosman	11.93Q
4	Boston Penfold	Ku-Ring-Gai	12.21q
5	Targett Alexander	Ku-Ring-Gai	12.44
6	Hugh Boland	Ku-Ring-Gai	12.48

Heat 2 Heats

1	Lachlan Tilt	Nth Rocks Carlin	11.37Q
2	Christian Maritz	Manly Warringah	11.59Q
3	Tomas Maloney	Manly Warringah	11.85Q
4	Benjamin Fairbrother	Manly Warringah	12.23q
5	Charles Bradford	Cherrybrook	12.62
6	Oscar Davidson	Cherrybrook	12.84
7	Maxx Heaton	Ryde	13.13

Boys U 10 - 60 Metre Hurdles (60cm)

=====					
Region:	R	9.70	2005	Sam Mete, Ku-ring-gai	
State:	S	9.74	16-Mar-02	Sean Potter, Macquarie Shores	
Name			Age	Centre	Final
=====					

Section 1 Final

1	Matthew Hunt	Northern Suburbs	10.63
2	Christian Maritz	Manly Warringah	11.22
3	Lachlan Tilt	Nth Rocks Carlin	11.28
4	Llewyn Morrison	Northern Suburbs	11.32
5	Tomas Maloney	Manly Warringah	11.74
6	Jack Thompson	Mosman	11.83

Results**....Boys U 10 - 60 Metre Hurdles (60cm)**

7 Boston Penfold	Ku-Ring-Gai	12.10
8 Benjamin Fairbrother	Manly Warringah	12.26

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.20	21-Feb-09	Bailey Simonsson, Manly Warri
State: S	9.24	19-Feb-00	William Mataka, Revesby Worke
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Julian Lee		Northern Suburbs	10.21Q
2 Evan Dransfield		Northern Suburbs	10.41Q
3 Evan Venning		Northern Suburbs	10.52Q
4 Brodie Hitchman		Manly Warringah	11.25q
5 Finnlay Bartlett		Mosman	11.27
6 Riley Turkal		Ryde	11.83
7 Alexander Palme		Ku-Ring-Gai	12.28
Heat 2 Heats			
1 Timothy Forster		Hornsby	10.22Q
2 William Austin		Cherrybrook	10.23Q
3 Finn Bellerby		Manly Warringah	10.57Q
4 Jacob Taylor		Nth Rocks Carlin	10.85q
5 Max Merifield		Ryde	10.98q
6 Mitchell Hatfield		Manly Warringah	11.55
7 Charlie Moriarty		Mosman	12.07

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.20	21-Feb-09	Bailey Simonsson, Manly Warri
State: S	9.24	19-Feb-00	William Mataka, Revesby Worke
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Julian Lee		Northern Suburbs	10.14
1 William Austin		Cherrybrook	10.14
3 Timothy Forster		Hornsby	10.18
3 Evan Dransfield		Northern Suburbs	10.18
5 Finn Bellerby		Manly Warringah	10.36
6 Evan Venning		Northern Suburbs	10.48
7 Lukas Muller		Manly Warringah	10.80
8 Max Merifield		Ryde	11.08
9 Brodie Hitchman		Manly Warringah	11.14

Boys U 12 - 60 Metre Hurdles (68cm)

=====			
Region: R	8.90	2005	Kane Thompson, Manly Warringa
State: S	9.14	19-Feb-05	Kane Thompson, Manly Warringa
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Ethan Oliver		Northern Districts	10.04Q
2 Harry Anderson		Cherrybrook	10.37Q
3 Charlie Wilson		Manly Warringah	10.39Q
4 Matthew Roberts		Northern Districts	10.78q
5 Gauthier Sanchez		Manly Warringah	11.02
6 Tom van Dijk		Ku-Ring-Gai	11.23
7 Lucas Hamill		Manly Warringah	12.35

Results**....Boys U 12 - 60 Metre Hurdles (68cm)**

Heat 2 Heats

1	Ethan Quintana	Northern Suburbs	9.73Q
2	Zachary Semaganda	Cherrybrook	10.53Q
3	Max Milani	Northern Suburbs	10.60Q
4	Ethan Clarke	Manly Warringah	10.88q
5	Rajan Ravinthran	Nth Rocks Carlin	11.22
6	Thomas Ralph	Ryde	11.48
7	Max Fisher	Northern Suburbs	12.00

Boys U 12 - 60 Metre Hurdles (68cm)

Region:	R	8.90	2005	Kane Thompson, Manly Warringa
State:	S	9.14	19-Feb-05	Kane Thompson, Manly Warringa
Name			Age Centre	Final

Section 1 Final

1	Ethan Quintana	Northern Suburbs	9.55
2	Ethan Oliver	Northern Districts	9.95
3	Zachary Semaganda	Cherrybrook	10.35
4	Harry Anderson	Cherrybrook	10.41
5	Max Milani	Northern Suburbs	10.57
6	Ethan Clarke	Manly Warringah	10.79
7	Matthew Roberts	Northern Districts	11.04
8	Charlie Wilson	Manly Warringah	11.12

Boys U 13 - 80 Metre Hurdles (76cm)

Region:	R	12.00	05-Feb-06	Kane Thompson, Manly Warringa
State:	S	12.04	16-Mar-97	Ahmed Abou-Mahmoud, Winston H
State:	S	12.04	19-Mar-00	Ross Roberts, Gosford
Name			Age Centre	Heats

Heat 1 Heats

1	Jonathan Reid	Cherrybrook	13.17Q
2	Cameron Kemmis	Hornsby	13.79Q
3	Sam Bates	Ku-Ring-Gai	14.18Q
4	Ben MacNamara	Ku-Ring-Gai	14.45q
5	Savi Moala	Ryde	15.19
6	Thomas Jackson	Parramatta	16.62

Heat 2 Heats

1	Joel Neasmith	Manly Warringah	14.23Q
2	Luke Fisher	Northern Suburbs	14.32Q
3	Luke Simpson	Manly Warringah	14.81Q
4	Kaylan Clark	Cherrybrook	15.04q
5	Alexander Harrison	Nth Rocks Carlin	15.62

Boys U 13 - 80 Metre Hurdles (76cm)

Region:	R	12.00	05-Feb-06	Kane Thompson, Manly Warringa
State:	S	12.04	16-Mar-97	Ahmed Abou-Mahmoud, Winston H
State:	S	12.04	19-Mar-00	Ross Roberts, Gosford
Name			Age Centre	Final

Section 1 Final

1	Jonathan Reid	Cherrybrook	13.25
2	Cameron Kemmis	Hornsby	13.77
3	Joel Neasmith	Manly Warringah	13.91

Results**....Boys U 13 - 80 Metre Hurdles (76cm)**

4 Ben MacNamara	Ku-Ring-Gai	14.05
5 Luke Fisher	Northern Suburbs	14.15
5 Sam Bates	Ku-Ring-Gai	14.15
7 Luke Simpson	Manly Warringah	15.04
8 Kaylan Clark	Cherrybrook	15.65

Boys U 14 - 90 Metre Hurdles (76cm)

=====			
Region:	R 11.90	17-Feb-08	Nicholas Hough, Hills Distric
State:	S 12.04	16-Mar-08	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

Section 1

1 Samuel Galati	Ryde	13.75
2 Daniel Menin	Parramatta	14.52
3 Charlie East	Northern Suburbs	14.74
4 James Hunt	Northern Suburbs	14.77
5 Jeremy Hughson-Miranda	Northern Suburbs	14.96
6 Zane Gerich	Manly Warringah	15.52
7 Bill Bakker	Manly Warringah	17.21

Boys U 15 - 100 Metre Hurdles (76cm)

=====			
Region:	R 12.70	22-Feb-09	Nicholas Hough, Hills Distric
State:	S 12.64	22-Mar-09	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

1 Thomas Hunt	Northern Suburbs	14.16
2 Riley Marosa	Manly Warringah	14.45
3 Benjamin Crimp	Northern Suburbs	14.64
4 Jack Wrightson	Manly Warringah	14.81
5 Jack McFadden	Ku-Ring-Gai	15.07
6 Joshua Coppolelli	Cherrybrook	15.62
7 Lachlan Krklinski	Parramatta	16.83

Boys U 17 - 110 Metre Hurdles (76cm)

=====			
Region:	R 14.38	17-Feb-13	Bryce Collins, Northern Subur
State:	S 13.64	24-Mar-13	Ivor Metcalf, Randwick Botany
Name		Age Centre	Final
=====			

1 Ben Carter	Manly Warringah	15.26
2 Jonathan Bell	Ku-Ring-Gai	15.60
3 Angus Cutbill	Manly Warringah	15.61
4 Dante Vivanco	Northern Suburbs	16.39
5 Ethan Uslu	Parramatta	16.89
6 Alexander Galati	Ryde	17.06
7 Andrew Tse	Northern Suburbs	17.93

Boys U 13 - 200 Metre Hurdles (68cm)

=====			
Region:	R 26.40	18-Feb-06	Kane Thompson, Manly Warringa
State:	S 26.21	19-Mar-11	Jarrold Cullen, Canterbury
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Dylan Charlier	Manly Warringah	29.82Q
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Results

....Boys U 13 - 200 Metre Hurdles (68cm)

2	Austin Little	Northern Suburbs	31.04Q
3	Sam Bates	Ku-Ring-Gai	32.29Q
4	Max Kelly	Manly Warringah	33.74q
5	Kale Burton	Nth Rocks Carlin	34.21
6	Darcy Holmes	Northern Suburbs	36.98

Heat 2 Heats

1	Cameron Kemmis	Hornsby	30.93Q
2	Luke Fisher	Northern Suburbs	30.98Q
3	Michael Foote	Parramatta	32.61Q
4	Alexander Harrison	Nth Rocks Carlin	32.70q
5	Nischal Kollipara	Nth Rocks Carlin	39.96

Boys U 13 - 200 Metre Hurdles (68cm)

Region: R 26.40 18-Feb-06 Kane Thompson, Manly Warringah
 State: S 26.21 19-Mar-11 Jarrod Cullen, Canterbury

Name	Age	Centre	Final
------	-----	--------	-------

Section 1 Final

1	Dylan Charlier	Manly Warringah	30.17
2	Cameron Kemmis	Hornsby	31.05
3	Austin Little	Northern Suburbs	31.52
4	Luke Fisher	Northern Suburbs	32.12
5	Sam Bates	Ku-Ring-Gai	32.33
6	Michael Foote	Parramatta	33.24
7	Alexander Harrison	Nth Rocks Carlin	33.37
8	Max Kelly	Manly Warringah	33.93

Boys U 14 - 200 Metre Hurdles (76cm)

Region: R 24.60 16-Feb-08 Nicholas Hough, Hills Distric
 State: S 24.64 15-Mar-08 Nicholas Hough, Hills Distric

Name	Age	Centre	Final
------	-----	--------	-------

Section 1

1	Samuel Galati	Ryde	28.46
2	Dominic Panozzo	Northern Suburbs	29.42
3	Jeremy Hughson-Miranda	Northern Suburbs	29.99
4	James Hunt	Northern Suburbs	30.86
5	Charlie East	Northern Suburbs	30.98
6	Antwone Cortes	Manly Warringah	34.69

Boys U 15 - 300 Metre Hurdles (76cm)

Region: R 40.28 11-Feb-17 Thomas Hunt, Northern Suburbs

Name	Age	Centre	Final
------	-----	--------	-------

1	Thomas Hunt	Northern Suburbs	40.28R
2	Riley Marosa	Manly Warringah	43.00
3	Benjamin Crimp	Northern Suburbs	43.97
4	Xavier Jeffery	Parramatta	44.06
5	Lachlan Krklinski	Parramatta	46.51
6	Matua Simpkins	Northern Districts	46.91

Results**Boys U 17 - 300 Metre Hurdles (76cm)**

Region: R 40.49 11-Feb-17 John Economides, Manly Warrin			
Name	Age	Centre	Final
1 John Economides		Manly Warringah	40.49R
2 Jacob Winston		Manly Warringah	42.85
3 Jonathan Bell		Ku-Ring-Gai	43.47
4 Dante Vivanco		Northern Suburbs	43.96
5 Alexander Galati		Ryde	44.49
6 Angus Cutbill		Manly Warringah	44.90
7 Joshua Silver		Northern Districts	45.41
8 Thomas Schaafsma		Nth Rocks Carlin	48.00

Boys U 9-12 4x100 Metre Relay (Jnr)

Region: R 54.70 14-Feb-16 Ku-Ring-Gai, Ku-Ring-Gai			
D Hall, L Herbert, A Jones, R Hemsworth			
State: S 53.84 17-Mar-96 Bankstown Sports			
State: S 53.84 20-Mar-16 Ku-Ring-Gai			
Centre			Final
1 Ku-Ring-Gai			56.58
1) Lars Ackland 9	2) Dylan Hall 10		
3) Lachlan Herbert 11	4) Aidan Jones 12		
2 Northern Suburbs			57.32
1) William Doumit 9	2) Oliver Edwards 10		
3) Evan Dransfield 11	4) Ethan Quintana 12		
3 Manly Warringah			58.10
1) Ethan Grimshaw 9	2) Jet Sully 11		
3) Prince Kamara 10	4) Zachary Flynn 12		
4 Cherrybrook			1:00.35
1) Elijah Wehrhahn 10	2) Nicholas Bradshaw 11		
3) Marcus Papadimitriou 9	4) Harry Anderson 12		
5 Parramatta			1:00.53
1) Dallen Jeffery 9	2) Lucas Sassen 11		
3) Alexander Neagu 10	4) Joshua Pozzolungo 11		

Boys U 12-17 4x100 Metre Relay (Snr)

Region: R 46.46 15-Feb-15 Manly Warringah, Manly Warrin			
R Marosa, B Carter, L Don, M Le Ban			
State: S 45.63 21-Mar-10 Cherrybrook			
Centre			Final
1 Manly Warringah			46.95
1) Archie Saunders 13	2) Luke Van Ratigen 15		
3) Max Mander 14	4) Lachlan Don 17		
2 Northern Suburbs			47.92
1) Jason Ho 13	2) Max Holmes 14		
3) Benjamin Crimp 15	4) Louis Purcell 17		
3 Ku-Ring-Gai			48.16
1) Conor Bond 14	2) Riley Hemsworth 13		
3) Jack McFadden 15	4) Jasper Spiller 17		
4 Ryde			48.59
1) Kalafi Moala 17	2) Samuel Galati 14		
3) Jordan Metcalfe 14	4) Jett Tall 14		

Results**Boys U 9 - High Jump (S/H 0.90m)**

Name	Age	Centre	Final
Region: R 1.31m	21-Feb-04	Joel Edwards, Winston Hills	
State: S 1.40m	17-Mar-85	Jamie Shortland, Randwick Bot	
State: S 1.40m	21-Mar-09	Harrison Brierley, Illawong	

Flight 1

1	Cadel Holmes	Northern Suburbs	1.18m
2	Leo Brown	Manly Warringah	J1.16m
2	Finn Parlevliet	Nth Rocks Carlin	1.16m
4	Christopher Moala	Ryde	1.14m
4	Maksimir Saravanja	Ku-Ring-Gai	J1.14m
6	Liam Renshaw	Northern Suburbs	1.10m
7	Dallen Jeffery	Parramatta	1.05m
8	Jack Dalton	Manly Warringah	1.00m
8	Samuel Larratt	Ku-Ring-Gai	J1.00m
8	Caelen Marshall-White	Manly Warringah	J1.00m
8	Ethan Fajemisin	Nth Rocks Carlin	J1.00m
8	Ethan Philips	Manly Warringah	J1.00m
13	Kobe Moore	Cherrybrook	0.95m

Boys U 10 - High Jump (S/H 1.00m)

Name	Age	Centre	Final
Region: R 1.42m	17-Feb-08	Lachlan Behagg, Manly Warring	
State: S 1.51m	21-Mar-04	Jake Stein, Warradale	

1	Jaykay Rauge	Ryde	1.28m
2	Billy Peek	Manly Warringah	1.26m
3	Mitchell Healy	Northern Suburbs	1.20m
4	Lucas Kwan	Ku-Ring-Gai	1.15m
5	Benjamin Fairbrother	Manly Warringah	J1.15m
6	Tomas Maloney	Manly Warringah	J1.15m
7	Owen Chandler	Ryde	J1.15m
8	Caleb Ashton	Ku-Ring-Gai	J1.15m
9	Charles Bradford	Cherrybrook	J1.15m
10	Max Byrnes	Nth Rocks Carlin	1.10m
11	Charles Galligan	Northern Suburbs	J1.10m
12	Cornelis Rawlinson	Parramatta	J1.10m
13	Maxx Heaton	Ryde	1.05m

Boys U 11 - High Jump (S/H 1.10m)

Name	Age	Centre	Final
Region: R 1.59m	16-Feb-08	Thomas Cheel, Ku-ring-gai	
State: S 1.63m	17-Mar-96	John Thornell, Green Valley	

1	Ivan Prizmic	Ryde	1.55m
2	Jed Wigley	Ku-Ring-Gai	1.53m
3	Evan Venning	Northern Suburbs	1.47m
4	Alex Matthews	Manly Warringah	1.41m
5	Max Merifield	Ryde	1.35m
6	Mitchell Hatfield	Manly Warringah	1.30m
7	Dylan Van Grootel	Manly Warringah	J1.30m
8	Matthew Hogg	Mosman	1.25m
8	Joshua Easton	Hornsby	1.25m
9	Daniel Nemeth	Mosman	J1.25m
11	Matt Ashcroft	Hornsby	J1.25m

Results**....Boys U 11 - High Jump (S/H 1.10m)**

11	Charlie Bowtell	Manly Warringah	J1.25m
11	Dominic Hergren	Ryde	J1.25m
14	Cameron Burnett	Ku-Ring-Gai	1.20m
15	Gordon Durie	Northern Suburbs	J1.20m

Boys U 12 - High Jump (S/H 1.20m)

=====			
Region: R 1.59m		16-Feb-05	Kane Thompson, Manly Warringah
State: S 1.72m		21-Mar-09	Thibaut Potin, Illawong
Name	Age	Centre	Final
=====			
1	Thomas Skinner	Hornsby	1.52m
2	Lance Haffenden	Cherrybrook	1.47m
3	Charlie Wilson	Manly Warringah	1.43m
4	Matthew Roberts	Northern Districts	1.39m
5	Jeremy Plummer	Ryde	1.37m
6	Patrick Largo	Nth Rocks Carlin	1.35m
7	Oliver Hinchliff	Mosman	1.30m
7	Luke Jubb	Cherrybrook	J1.30m
9	Liam Dunn	Parramatta	1.25m
9	Evan Neal	Manly Warringah	1.25m

Boys U 13 - High Jump (S/H 1.25m)

=====			
Region: R 1.71m		19-Feb-06	Tom Evans, Tuggerah Lakes
State: S 1.81m		21-Mar-10	Thibaut Potin, Illawong
Name	Age	Centre	Final
=====			
1	Darcy Holmes	Northern Suburbs	1.53m
2	Kaylan Clark	Cherrybrook	1.51m
3	Michael Gardiner	Northern Suburbs	1.49m
4	Eli Sagala	Northern Districts	1.47m
5	Samuel Valderrama	Northern Districts	1.45m
6	Charlie Sherlock	Ku-Ring-Gai	1.40m
7	Alexander Harrison	Nth Rocks Carlin	J1.40m
8	Joel Neasmith	Manly Warringah	J1.40m
9	Ben MacNamara	Ku-Ring-Gai	J1.40m
10	Wilson Sarkies	Manly Warringah	1.35m
10	Dylan Charlier	Manly Warringah	1.35m
12	Marco de Paulis	Northern Districts	J1.35m
13	Hunter Hosking	Nth Rocks Carlin	J1.35m
13	Keeghan Marshall- Witte	Manly Warringah	J1.35m
15	Sebastian Doney	Ku-Ring-Gai	1.25m

Boys U 14 - High Jump (S/H 1.30m)

=====			
Region: R 1.85m		1999	J Watson, Manly Warringah
State: S 1.95m		20-Mar-94	Justin Hathway, Tamworth
Name	Age	Centre	Final
=====			
1	Kyle Fisher	Northern Suburbs	1.63m
2	Alex Durheim	Cherrybrook	1.61m
3	Charlie East	Northern Suburbs	1.51m
3	Cameron Elvy	Mosman	J1.51m
5	Alexander Mina	Parramatta	1.49m
6	Max Wright	Parramatta	1.40m
6	Jamie Costello	Northern Districts	J1.40m

Results**....Boys U 14 - High Jump (S/H 1.30m)**

6	George Davis	Ryde	J1.40m
9	Bill Bakker	Manly Warringah	1.35m

Boys U 15 - High Jump (S/H 1.30m)

=====			
Region:	R 1.90m	17-Feb-13	Declan Pluim, Cherrybrook
State:	S 2.06m	18-Mar-00	James Watson, Manly Warringah
Name		Age Centre	Final
=====			
1	Ethan Burgess	Ku-Ring-Gai	1.83m
2	Benjamin Crimp	Northern Suburbs	1.64m
3	Connor Latham	Ryde	1.62m
4	Jack Wrightson	Manly Warringah	1.60m

Boys U 17 - High Jump (S/H 1.35m)

=====			
Region:	R 2.05m	27-Feb-10	Brendan Starc, Parramatta
State:	S 2.10m	20-Mar-10	Brandon Starc, Parramatta
Name		Age Centre	Final
=====			
1	Harrison Menin	Parramatta	1.80m
2	Jackson Tuynman	Cherrybrook	1.70m
3	Adam Ayad	Hornsby	J1.60m
3	Aiden Wylie	Manly Warringah	1.60m
5	Angus Cutbill	Manly Warringah	1.50m
5	Harry Thompson	Manly Warringah	J1.50m
7	Thomas Schaafsma	Nth Rocks Carlin	1.45m

Boys U 8 - Long Jump

=====			
Region:	R 4.01m	1999	Michael Oldfield, Manly Warri
State:	S 4.24m	22-Feb-87	Steven Grant, Port Hacking
Name		Age Centre	Final
=====			
1	Jimmy Thebridge	Ku-Ring-Gai	3.62m
2	Conrad Blackwell-Smith	Mosman	J3.52m
2	Matteo Shipman	Northern Suburbs	3.52m
4	Benjamin Woodhouse	Nth Rocks Carlin	3.38m
5	Joel Moresi	Cherrybrook	3.31m
5	Riley King	Manly Warringah	J3.31m
7	Kai Herbert	Ku-Ring-Gai	3.07m
8	Maxwell Hole	Mosman	3.05m
9	Samuel Wheeler	Ryde	3.04m
9	James Woods	Ryde	3.04m
11	Zachary Budden	Cherrybrook	2.97m
12	Rubeindranath Gobinath	Parramatta	2.88m
12	Henry Trueman	Manly Warringah	2.88m
14	Toby Ross	Hornsby	2.76m
15	Rhys George	Parramatta	2.70m

Boys U 9 - Long Jump

=====			
Region:	R 4.48m	2000	Michael Oldfield, Manly Warri
State:	S 4.71m	24-Mar-91	Grant Buchanan, Illawong
Name		Age Centre	Final
=====			
1	Brody Folkes	Mosman	4.35m

Results**....Boys U 9 - Long Jump**

2	Christopher Moala	Ryde	3.99m
3	Wilbur Kingma	Manly Warringah	3.74m
4	Cadel Holmes	Northern Suburbs	3.66m
5	Angus Turner	Manly Warringah	3.63m
6	Finn Pereira	Mosman	3.59m
7	Thomas Bishop	Cherrybrook	3.55m
8	Ethan Philips	Manly Warringah	3.54m
9	Lachlan Stitt	Ryde	3.41m
10	Noah Taylor	Hornsby	3.39m
11	Dallen Jeffery	Parramatta	3.25m
12	Dominic Lee	Northern Suburbs	3.23m

Boys U 10 - Long Jump

Region: R 4.84m 11-Feb-17 Dylan Hall, Ku-Ring-Gai

State: S 5.17m 16-Mar-80 Martin Moore, Bathurst

Name	Age	Centre	Final
1	Dylan Hall	Ku-Ring-Gai	4.84mR
2	Lucas Kwan	Ku-Ring-Gai	4.37m
3	Billy Peek	Manly Warringah	4.31m
4	Lachlan Tilt	Nth Rocks Carlin	3.97m
5	Elijah Wehrhahn	Cherrybrook	3.95m
6	Daniel Clempson	Manly Warringah	3.94m
7	Owen Chandler	Ryde	J3.81m
7	Benjamin Fairbrother	Manly Warringah	3.81m
9	Samuel Robinson	Mosman	3.78m
10	Mitchell Healy	Northern Suburbs	3.68m
11	Llewyn Morrison	Northern Suburbs	3.51m
12	Zachary Little	Northern Suburbs	3.45m
13	Max Byrnes	Nth Rocks Carlin	3.44m
14	William Farrah	Mosman	3.31m
15	Oscar Davidson	Cherrybrook	3.30m

Boys U 11 - Long Jump

Region: R 5.14m 22-Feb-02 Alexander Pettigrew, Parramat

State: S 5.34m 07-Feb-87 Craig Woodroff, Manly Warring

Name	Age	Centre	Final
1	Joshua Pozzolungo	Parramatta	4.48m
2	Timothy Forster	Hornsby	4.42m
3	Lachlan Herbert	Ku-Ring-Gai	4.40m
4	James Harden	Ku-Ring-Gai	4.36m
5	Charlie Bowtell	Manly Warringah	4.32m
6	Matt Ashcroft	Hornsby	4.16m
7	William Austin	Cherrybrook	4.08m
8	Julian Lee	Northern Suburbs	4.06m
9	George Srouer	Ryde	4.04m
10	Jet Sully	Manly Warringah	3.95m
11	Ivan Prizmic	Ryde	3.82m
12	Finnlay Bartlett	Mosman	3.81m
12	Bailey Chapman	Cherrybrook	3.81m
14	Dylan Van Grootel	Manly Warringah	3.78m
15	Jed Wigley	Ku-Ring-Gai	3.76m

Results**Boys U 12 - Long Jump**

=====			
Region:	R 5.66m	21-Feb-04	Martin Stonis, Northern Subur
State:	S 5.86m	17-Mar-96	Michael Doggett, Lithgow
Name	Age	Centre	Final
=====			
1	Cormac Morrison	Northern Suburbs	4.69m
2	Matthew Roberts	Northern Districts	4.67m
3	Justin George	Manly Warringah	4.66m
4	Tama Simpkins	Northern Districts	4.62m
5	Charlie Wilson	Manly Warringah	4.45m
6	Joshua Mitchell	Hornsby	4.20m
7	Liam Dunn	Parramatta	4.19m
8	Evan Neal	Manly Warringah	4.18m
9	Rajan Ravintran	Nth Rocks Carlin	4.06m
9	Luke Jubb	Cherrybrook	4.06m
11	Andrew Chijian	Ryde	4.04m
12	Samiuela Moala	Ryde	3.85m
13	Zachary Flynn	Manly Warringah	3.41m

Boys U 13 - Long Jump

=====			
Region:	R 5.75m	1995	D Geddes, Manly Warringah
State:	S 6.11m	19-Mar-06	Kurt Jenner, Mt Pritchard
Name	Age	Centre	Final
=====			
1	Sehan Samaragunarathna	Parramatta	5.42m
2	Eli Sagala	Northern Districts	5.35m
3	Savi Moala	Ryde	5.09m
4	Donovan Bradshaw	Cherrybrook	4.94m
5	Archie Saunders	Manly Warringah	4.79m
6	Cameron Kemmis	Hornsby	4.46m
7	Luke Simpson	Manly Warringah	4.41m
8	Samuel Valderrama	Northern Districts	4.23m
9	Anthony Feng	Ryde	4.20m
10	Fynn George	Manly Warringah	4.13m
11	Jonah Edwards	Northern Suburbs	4.12m

Boys U 14 - Long Jump

=====			
Region:	R 6.13m	1997	A Abou-Mahmoud, Hills Distric
State:	S 6.52m	17-Mar-96	Stephen Jacenko, Balmain
Name	Age	Centre	Final
=====			
1	Jordan Metcalfe	Ryde	5.55m
2	Jett Tall	Ryde	5.41m
3	Devan Senasinghe	Cherrybrook	5.13m
4	Samuel Galati	Ryde	5.12m
5	Stuart Downie	Northern Suburbs	4.83m
6	(William)kaito Foster	Parramatta	4.79m
7	Bill Bakker	Manly Warringah	4.71m
8	Jai Lagois	Manly Warringah	4.66m
9	Antwone Cortes	Manly Warringah	4.43m
10	Cameron Ross-Egarr	Northern Districts	4.41m
11	Max Wright	Parramatta	3.65m

Results**Boys U 15 - Long Jump**

Region: R 6.47m 1991 J Robinson, Parramatta			
State: S 7.12m 20-Mar-09 Thomas Soliman, Blacktown			
Name	Age	Centre	Final
1 Ryan Marshall		Manly Warringah	5.96m
2 Noah Hain		Ryde	5.62m
3 Ben Griffiths		Mosman	5.51m
4 Riley Marosa		Manly Warringah	5.39m
5 James Leatherbarrow		Northern Suburbs	5.37m
6 Geoffrey Peterson		Manly Warringah	4.93m
7 Ruben Samer		Northern Districts	4.92m

Boys U 17 - Long Jump

Region: R 6.68m 13-Feb-16 Willson Lowe, Manly Warringah			
State: S 7.17m 19-Mar-16 Josh Baddock, Cherrybrook			
Name	Age	Centre	Final
1 Alex Willett		Manly Warringah	6.61m
2 Adam Ayad		Hornsby	6.52m
3 Jacob Winston		Manly Warringah	6.09m
4 Jaxsyn Davies		Parramatta	6.04m
5 Harry Thompson		Manly Warringah	5.94m
6 Harish Abimanju		Cherrybrook	5.91m
7 Marko Prizmic		Ryde	5.64m
8 Aiden Wylie		Manly Warringah	5.37m
9 Dante Vivanco		Northern Suburbs	5.02m
10 Donald Ohmer		Parramatta	4.73m

Boys U 11 - Triple Jump

Region: R 10.29m 1993 D Geddes, Manly Warringah			
State: S 11.06m 27-Mar-93 David Geddes, Manly Warringah			
Name	Age	Centre	Final
1 Timothy Forster		Hornsby	9.55m
2 Evan Venning		Northern Suburbs	9.43m
3 Charlie Bowtell		Manly Warringah	9.21m
4 Nicholas Bradshaw		Cherrybrook	8.97m
5 Ivan Prizmic		Ryde	8.87m
6 Mitchell Hatfield		Manly Warringah	8.34m
7 Lukas Muller		Manly Warringah	8.23m
8 Mac Van Der Merwe		Manly Warringah	8.05m
9 Dominic Hergren		Ryde	8.01m
10 Finnlay Bartlett		Mosman	7.88m
11 Marcus-Adam El-Chaar		Parramatta	7.50m
12 Alex Compton		Parramatta	7.42m
13 Jesse Cochrane		Northern Suburbs	7.09m
14 Joseph Harkin		Northern Suburbs	6.97m

Boys U 12 - Triple Jump

Region: R 11.54m 22-Feb-04 Martin Stonis, Northern Subu			
State: S 12.78m 19-Mar-95 Gima Keimelo, Randwick Botan			
Name	Age	Centre	Final
1 Justin George		Manly Warringah	9.95m

Results**....Boys U 12 - Triple Jump**

2	Jeremy Plummer	Ryde	9.64m
3	Oliver Roberts	Mosman	9.62m
4	Charlie Wilson	Manly Warringah	9.56m
5	Zachary Semaganda	Cherrybrook	9.31m
6	Finn Kennedy	Northern Suburbs	9.27m
7	Andrew Chijian	Ryde	9.14m
8	Max Milani	Northern Suburbs	9.11m
9	Joshua Mitchell	Hornsby	8.89m
10	Evan Neal	Manly Warringah	8.64m
10	Thomas Ralph	Ryde	8.64m
12	Alex Mills	Cherrybrook	8.42m
13	Dylan Searle	Cherrybrook	8.32m
14	Toby Gray	Manly Warringah	8.10m
15	Samuela Moala	Ryde	7.54m

Boys U 13 - Triple Jump

=====			
Region:	R 12.03m	17-Feb-07	Nicholas Hough, Hills Distri
State:	S 12.72m	18-Mar-07	Nicholas Hough, Hills Distri
Name	Age	Centre	Final
=====			
1	Donovan Bradshaw	Cherrybrook	11.20m
2	Jonathan Reid	Cherrybrook	11.04m
3	Eli Sagala	Northern Districts	10.79m
4	Sehan Samaragunaratna	Parramatta	10.62m
5	Austin Little	Northern Suburbs	9.99m
6	Savi Moala	Ryde	9.95m
7	Joel Neasmith	Manly Warringah	9.72m
8	Darcy Holmes	Northern Suburbs	9.70m
9	Daniel Bertolissio	Parramatta	9.62m
10	Anthony Feng	Ryde	9.35m
11	Marco de Paulis	Northern Districts	9.26m
12	Ben MacNamara	Ku-Ring-Gai	9.14m
13	Raff De Stradis	Hornsby	9.05m
14	Sam Bates	Ku-Ring-Gai	8.92m
15	Max Kelly	Manly Warringah	8.40m
--	Hunter Hosking	Nth Rocks Carlin	FOUL

Boys U 14 - Triple Jump

=====			
Region:	R 13.27m	1996	D Geddes, Manly Warringah
State:	S 13.48m	17-Mar-96	David Geddes, Manly Warringa
Name	Age	Centre	Final
=====			
1	Jett Tall	Ryde	11.20m
2	Alexander Mina	Parramatta	11.16m
3	Devan Senasinghe	Cherrybrook	10.90m
4	Oskar Enasio	Northern Districts	10.60m
5	Jai Lagois	Manly Warringah	10.04m
6	Jeremy Hughson-Miranda	Northern Suburbs	9.98m
7	Kyle Fisher	Northern Suburbs	9.94m
8	Samuel Galati	Ryde	9.64m
9	George Davis	Ryde	9.47m

Results**Boys U 15 - Triple Jump**

Region: R 13.54m 12-Feb-17 Ryan Marshall, Manly Warringah			
State: S 14.35m 21-Mar-99 Fabrice Lapierre, Blacktown			
Name	Age	Centre	Final
1 Ryan Marshall		Manly Warringah	13.54mR
2 Noah Hain		Ryde	12.40m
3 Joshua Coppolelli		Cherrybrook	11.99m
4 Jack Wrightson		Manly Warringah	11.87m
5 Connor Latham		Ryde	11.19m
6 Ruben Samer		Northern Districts	10.28m
7 Lachlan Krklinski		Parramatta	9.70m

Boys U 17 - Triple Jump

Region: R 14.30m 17-Feb-13 Emmanuel Fakiye, Nth Rocks C			
State: S 14.80m 24-Mar-13 Emmanuel Fakiye, Nth Rocks C			
Name	Age	Centre	Final
1 Adam Ayad		Hornsby	13.21m
2 Harry Thompson		Manly Warringah	12.90m
3 Justin Sunderland		Ryde	12.33m
4 Marko Prizmic		Ryde	12.14m
5 Jackson Tuynman		Cherrybrook	12.03m
6 Kalafi Moala		Ryde	10.99m
7 Alexander Galati		Ryde	10.74m
8 Ryan Jones		Cherrybrook	10.61m
9 Andrew Tse		Northern Suburbs	9.84m

Boys U 8 - Shot Put (1.5 Kg)

Region: R 9.58m 19-Feb-11 Daniel Manin, Parramatta			
State: S 10.98m 06-Mar-11 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1 Noah Quayle		Ku-Ring-Gai	7.60m
2 Matteo Shipman		Northern Suburbs	7.25m
3 Terry Koinusis		Nth Rocks Carlin	7.04m
4 Gerhardus Burger		Mosman	6.95m
5 Toby Hall		Manly Warringah	6.83m
6 Tyson Neal		Ku-Ring-Gai	6.49m
7 Samuel Price		Nth Rocks Carlin	6.42m
8 William Hossack		Northern Suburbs	6.20m
9 Oliver Herngren		Ryde	5.86m
10 Henry Trueman		Manly Warringah	5.76m
11 Daniel Cribb		Hornsby	5.56m
12 Rubeindranath Gobinath		Parramatta	5.34m
13 Riley King		Manly Warringah	4.67m

Boys U 9 - Shot Put (2.0 Kg)

Region: R 9.82m 18-Feb-12 Daniel Menin, Parramatta			
State: S 11.33m 20-Mar-99 Jamal Idris, Bankstown Sport			
Name	Age	Centre	Final
1 Lachlan Waldron		Nth Rocks Carlin	7.89m
2 William Basha		Nth Rocks Carlin	7.29m
3 Ethan Hemakumara		Parramatta	7.02m

Results**....Boys U 9 - Shot Put (2.0 Kg)**

4	Lachlan Stitt	Ryde	6.67m
5	Cody Morris	Northern Districts	6.45m
6	Ethan Philips	Manly Warringah	6.41m
7	Thomas Jenkins	Manly Warringah	6.25m
8	Samuel Larratt	Ku-Ring-Gai	6.20m
9	Ethan Fajemisin	Nth Rocks Carlin	5.93m
10	Ryan Kelleway	Nth Rocks Carlin	5.83m
11	Angus Hunt	Northern Suburbs	5.82m
12	Harry Jordan	Ryde	5.46m
13	Elijah Hamer	Northern Districts	5.13m
14	Tyler Morris	Northern Districts	4.76m

Boys U 10 - Shot Put (2.0 Kg)

Region: R 11.70m 17-Feb-13 Daniel Menin, Parramatta

State: S 13.22m 20-Feb-11 EJ Brown-Vaelua, Nepean

Name	Age	Centre	Final
1	William Drury	Manly Warringah	8.86m
1	Andrew Kalos	Ryde	8.86m
3	Michael Ajaka	Parramatta	8.51m
4	Thomas Haslam	Ku-Ring-Gai	8.25m
5	Freddie Benson-Sparkes	Manly Warringah	8.21m
6	Harvey Monnock	Manly Warringah	7.85m
7	Benjamin Heytman	Northern Suburbs	7.67m
8	Mitchell Healy	Northern Suburbs	7.44m
9	Jaykay Rauge	Ryde	7.36m
10	Ryan Croan	Parramatta	7.26m
11	Paddy Bright	Manly Warringah	7.20m
12	Daniel Powrie	Ku-Ring-Gai	7.05m
13	Oliver Ludgate	Mosman	7.02m
14	Luke Collins	Hornsby	7.00m
15	Aarish Mistry	Ryde	6.59m

Boys U 11 - Shot Put (2.0 Kg)

Region: R 13.37m 15-Feb-14 Daniel Menin, Parramatta

State: S 14.42m 19-Mar-11 Payne Haas, Macquarie Hunter

Name	Age	Centre	Final
1	Lachie Murray	Northern Suburbs	11.83m
2	George Shahla	Parramatta	11.34m
3	William Pamplin	Manly Warringah	10.59m
4	William Austin	Cherrybrook	10.45m
5	Brodie Waldock	Ku-Ring-Gai	9.87m
6	Joseph Harkin	Northern Suburbs	9.43m
7	Kai Schofield	Nth Rocks Carlin	9.25m
8	Macey Karhani	Ryde	9.04m
9	Finnlay Bartlett	Mosman	8.96m
10	Kyan McDougall	Manly Warringah	8.87m
11	Charlie Bortell	Manly Warringah	8.84m
11	Gabriel Bertozzi	Manly Warringah	8.84m
13	Gordon Durie	Northern Suburbs	8.83m
14	Sean Williams	Ku-Ring-Gai	8.35m
15	Jack Carmichael	Ku-Ring-Gai	7.99m

Results**Boys U 12 - Shot Put (3.0 Kg)**

=====			
Region:	R 13.30m	16-Feb-03	A Luzi, Winston Hills
State:	S 15.66m	17-Mar-02	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Julian Ajaka	Parramatta	10.87m
2	Benjamin Stevens	Ryde	10.21m
3	Harry Anderson	Cherrybrook	9.65m
4	Max Milani	Northern Suburbs	8.66m
5	Bradley Kelly	Parramatta	8.52m
6	Esekiel Guttenbeil	Manly Warringah	7.54m
7	Malakye Enasio	Northern Districts	7.44m
8	Blake Gillian	Ku-Ring-Gai	7.11m
9	Toby Gray	Manly Warringah	6.88m
10	Matthew James	Cherrybrook	6.54m
11	Jaye Daniel	Ku-Ring-Gai	6.51m
12	Hamilton Winley	Ryde	6.50m
13	Tom van Dijk	Ku-Ring-Gai	6.41m
14	Corey Dewar	Cherrybrook	5.99m

Boys U 13 - Shot Put (3.0 Kg)

=====			
Region:	R 15.66m	1994	S Novkovic, WInston Hills
State:	S 19.11m	20-Mar-09	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Alexander Shahla	Parramatta	13.08m
2	Nosa Obaseki	Northern Districts	12.55m
3	Lachlan Schneider	Nth Rocks Carlin	11.15m
4	Dom De Stradis	Hornsby	10.26m
5	Maxi Zihlmann	Northern Suburbs	9.89m
6	Raff De Stradis	Hornsby	9.03m
7	Thomas Jackson	Parramatta	8.82m
8	Coby Walton	Northern Districts	8.77m
9	Benjamin Hutchison	Northern Districts	8.31m
10	Fredrick Hancock	Manly Warringah	7.66m
11	Isaac Kuka	Nth Rocks Carlin	7.61m
12	Anthony Feng	Ryde	7.39m
13	Joshua Lawrence	Nth Rocks Carlin	6.91m

Boys U 14 - Shot Put (3.0 Kg)

=====			
Region:	R 16.85m	16-Feb-14	Kieren Briggs, Parramatta
State:	S 18.51m	16-Feb-13	Tyrone Taukamo, Randwick Bot
Name	Age	Centre	Final
=====			
1	Daniel Menin	Parramatta	16.51m
2	Jett Tall	Ryde	13.93m
3	Stuart Downie	Northern Suburbs	11.86m
4	Luke Durheim	Cherrybrook	10.74m
5	Sam Lee	Northern Suburbs	10.17m
6	Zane Gerich	Manly Warringah	10.13m
7	Alex Durheim	Cherrybrook	10.05m
8	Bill Bakker	Manly Warringah	9.83m
9	Max Wright	Parramatta	8.63m
10	Alexander Norris	Manly Warringah	7.47m

Results**Boys U 15 - Shot Put (4.0 Kg)**

=====			
Region:	R 17.44m	1995	P Elvy, Manly Warringah
State:	S 19.62m	18-Mar-11	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1 Jack McFadden		Ku-Ring-Gai	13.94m
2 Anthony Shahla		Parramatta	13.03m
3 Tom Newbold		Manly Warringah	11.33m
4 James Bird		Ku-Ring-Gai	10.59m

Boys U 17 - Shot Put (5.0 Kg)

=====			
Region:	R 16.18m	16-Feb-13	Tyson Davis, Manly Warringah
State:	S 17.89m	24-Mar-12	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1 Donald Ohmer		Parramatta	13.70m
2 James Lewis		Manly Warringah	13.04m
3 Daniel Hall		Mosman	12.79m
4 Kevin Yang		Cherrybrook	12.44m
5 Alexander Olivier		Hornsby	11.65m
6 Ewan Hudson		Northern Suburbs	7.39m

Boys U 8 - Discus (500 Gram)

=====			
Region:	R 31.36m	1992	Gareth Care, North Rocks Car
State:	S 31.36m	16-Feb-92	Gareth Care, Nth Rocks Carli
Name	Age	Centre	Final
=====			
1 Noah Quayle		Ku-Ring-Gai	21.37m
2 Tyson Neal		Ku-Ring-Gai	17.45m
3 Simon Forsyth		Parramatta	17.18m
4 Daniel Cribb		Hornsby	15.41m
5 Terry Koinusis		Nth Rocks Carlin	15.08m
6 Noah Luca		Northern Districts	14.42m
7 Rubeindranath Gobinath		Parramatta	13.78m
8 William Hossack		Northern Suburbs	13.67m
9 Riley King		Manly Warringah	12.82m
10 Julian Gasparini		Parramatta	12.29m
11 Toby Hall		Manly Warringah	11.77m
12 Dylan Thompson		Hornsby	10.93m
13 Kai Herbert		Ku-Ring-Gai	10.14m
14 Oliver Herngren		Ryde	5.67m

Boys U 9 - Discus (500 Gram)

=====			
Region:	R 32.96m	1998	Christopher Bassett, Hornsby
State:	S 36.68m	22-Nov-98	Jamal Idris, Bankstown Sport
Name	Age	Centre	Final
=====			
1 Ethan Hemakumara		Parramatta	28.58m
2 Lachlan Waldron		Nth Rocks Carlin	22.97m
3 Dominic Lee		Northern Suburbs	22.81m
4 William Basha		Nth Rocks Carlin	19.90m
5 Noah Taylor		Hornsby	19.08m
6 Ethan Fajemisin		Nth Rocks Carlin	17.35m
7 Max Elkins		Manly Warringah	16.96m
8 Lachlan Stitt		Ryde	16.87m

Results**....Boys U 9 - Discus (500 Gram)**

9	Harry Jordan	Ryde	16.76m
10	Harper Enasio	Northern Districts	16.65m
11	Henry Mahendran	Ku-Ring-Gai	16.64m
12	Thomas Bishop	Cherrybrook	16.22m
13	Hayden McLellan	Manly Warringah	15.56m
14	Ethan Philips	Manly Warringah	14.77m
15	Carl Wiberg	Cherrybrook	12.72m

Boys U 10 - Discus (500 Gram)

=====			
Region: R 39.76m		1999	Christopher Bassett, Hornsby
State: S 43.20m		19-Mar-83	Jason Amberger, Nepean
Name	Age	Centre	Final
=====			
1	Kalan Harding	Northern Districts	29.20m
2	Benjamin Heytman	Northern Suburbs	29.04m
3	Michael Ajaka	Parramatta	27.74m
4	Freddie Benson-Sparkes	Manly Warringah	27.70m
5	Mitchell Healy	Northern Suburbs	26.94m
6	Max Duncan	Ku-Ring-Gai	26.10m
7	Orlando Grinsberg	Manly Warringah	25.07m
8	Andrew Kalos	Ryde	24.66m
9	Felix Scholle	Ku-Ring-Gai	22.46m
10	Elijah Wehrhahn	Cherrybrook	21.02m
11	Maxwell Mayhew	Ryde	20.92m
12	Lewis Chappel	Manly Warringah	20.62m
13	Ryan Croan	Parramatta	19.54m
13	William Farrah	Mosman	19.54m
15	Oliver Ludgate	Mosman	18.80m

Boys U 11 - Discus (750 Gram)

=====			
Region: R 37.09m		20-Feb-11	Nicholas Frost, Northern Dis
State: S 40.45m		17-Feb-12	EJ Brown-Vaelua, Nepean
Name	Age	Centre	Final
=====			
1	William Pamplin	Manly Warringah	30.59m
2	Lachie Murray	Northern Suburbs	26.32m
3	George Shahla	Parramatta	25.28m
4	Kyan McDougall	Manly Warringah	24.77m
5	Sean Williams	Ku-Ring-Gai	24.32m
6	Joseph Harkin	Northern Suburbs	23.85m
7	Kai Schofield	Nth Rocks Carlin	23.07m
8	Marcus-Adam El-Chaar	Parramatta	23.06m
9	Macey Karhani	Ryde	22.70m
10	Joshua Easton	Hornsby	19.85m
11	Dominic Hergren	Ryde	19.74m
12	Dylan Mackenzie	Manly Warringah	18.50m
13	Max Gillian	Ku-Ring-Gai	17.98m
14	Blake Hatcher	Ku-Ring-Gai	16.73m
15	Ivan Prizmic	Ryde	16.04m

Results**Boys U 12 - Discus (750 Gram)**

Region: R 44.04m 1993 S Novkovic, Winston Hills			
State: S 52.43m 16-Mar-02 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
1 Benjamin Stevens		Ryde	38.32m
2 Harry Anderson		Cherrybrook	31.90m
3 Julian Ajaka		Parramatta	30.72m
4 Blake Gillian		Ku-Ring-Gai	28.82m
5 Justin George		Manly Warringah	27.18m
6 Thomas Taylor-King		Manly Warringah	26.42m
7 Malakye Enasio		Northern Districts	24.38m
8 Cormac Morrison		Northern Suburbs	24.30m
9 Joel Solomom		Manly Warringah	20.04m
9 Samiuela Moala		Ryde	20.04m
11 Rory Wilson		Nth Rocks Carlin	16.82m
12 Cullen Russell		Ryde	15.42m

Boys U 13 - Discus (1.0 Kg)

Region: R 48.10m 1994 S Novkovic, Winston Hills			
State: S 53.78m 16-Mar-03 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
1 Sehan Samaragunaratna		Parramatta	34.48m
2 Nosa Obaseki		Northern Districts	33.88m
3 Thomas Jackson		Parramatta	31.12m
4 Dom De Stradis		Hornsby	30.04m
5 Alexander Shahla		Parramatta	29.00m
6 Maxi Zihlmann		Northern Suburbs	28.32m
7 Lachlan Schneider		Nth Rocks Carlin	24.06m
8 Raff De Stradis		Hornsby	21.22m
9 Benjamin Hutchison		Northern Districts	J21.22m
10 Archie Saunders		Manly Warringah	20.62m
11 Hunter Folkes		Mosman	20.08m
12 Robbie Cullen		Cherrybrook	19.82m
13 Isaac Kuka		Nth Rocks Carlin	17.86m
14 Nischal Kollipara		Nth Rocks Carlin	16.88m

Boys U 14 - Discus (1.0 Kg)

Region: R 55.22m 1995 S Novkovic, Winston Hills			
State: S 57.71m 20-Mar-10 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Daniel Menin		Parramatta	47.76m
2 Stuart Downie		Northern Suburbs	40.68m
3 Jett Tall		Ryde	37.52m
4 Zane Gerich		Manly Warringah	27.38m
5 Kyle Fisher		Northern Suburbs	26.60m
6 Sam Lee		Northern Suburbs	24.84m
7 Bill Bakker		Manly Warringah	24.60m
8 Alexander Norris		Manly Warringah	23.78m
9 Max Wright		Parramatta	20.96m
10 Cameron Murray		Parramatta	19.68m

Results**Boys U 15 - Discus (1.0 Kg)**

=====			
Region:	R 64.26m	15-Feb-15	Nicholas Frost, Parramatta
State:	S 64.26m	15-Feb-15	Nicholas Frost, Parramatta
Name	Age	Centre	Final
=====			
1 Anthony Shahla		Parramatta	48.09m
2 Jack McFadden		Ku-Ring-Gai	46.85m
3 Tom Newbold		Manly Warringah	40.88m
4 Ryan Marshall		Manly Warringah	38.33m

Boys U 17 - Discus (1.5 Kg)

=====			
Region:	R 54.30m	14-Feb-16	Nicholas Frost, Parramatta
State:	S 56.17m	22-Mar-09	Liam Speers, Macquarie Hunte
Name	Age	Centre	Final
=====			
1 Daniel Hall		Mosman	43.88m
2 Kevin Yang		Cherrybrook	42.77m
3 Alex Willett		Manly Warringah	35.63m
4 Donald Ohmer		Parramatta	34.84m
5 David Moraitis		Ryde	34.49m
6 Scott Chapman		Cherrybrook	31.67m
7 Andrew Tse		Northern Suburbs	24.60m
8 Ewan Hudson		Northern Suburbs	23.36m
9 Angus Treeby		Manly Warringah	21.11m

Boys U 11 - Javelin (400 Gram)

=====			
Region:	R 32.74m	14-Feb-16	Ethan Oliver, Northern Distr
State:	S 34.27m	19-Mar-16	Baxter Kitteringham, Port Ha
Name	Age	Centre	Final
=====			
1 Joseph Harkin		Northern Suburbs	23.46m
2 Gabriel Bertozzi		Manly Warringah	22.84m
3 George Shahla		Parramatta	22.82m
4 Thomas Whalan		Hornsby	21.90m
5 Kai Schofield		Nth Rocks Carlin	20.16m
6 Macey Karhani		Ryde	18.62m
7 Lachie Murray		Northern Suburbs	18.60m
8 Max Gillian		Ku-Ring-Gai	17.18m
9 Marcus-Adam El-Chaar		Parramatta	16.46m
10 Jordan Cocks		Nth Rocks Carlin	16.36m
11 Jake George		Parramatta	15.32m
12 Joshua Easton		Hornsby	14.92m
13 Gordon Durie		Northern Suburbs	11.98m
14 Lukas Muller		Manly Warringah	9.44m

Boys U 12 - Javelin (400 Gram)

=====			
Region:	R 36.96m	15-Feb-15	Daniel Menin, Parramatta
State:	S 40.48m	21-Mar-15	Daniel Menin, Parramatta
Name	Age	Centre	Final
=====			
1 Ethan Oliver		Northern Districts	35.16m
2 Joshua Mitchell		Hornsby	33.34m
3 Julian Ajaka		Parramatta	30.20m
4 Ethan Clarke		Manly Warringah	28.86m
5 Blake Gillian		Ku-Ring-Gai	26.76m

Results**....Boys U 12 - Javelin (400 Gram)**

6	Justin George	Manly Warringah	24.16m
7	Jaye Daniel	Ku-Ring-Gai	23.64m
8	Corey Dewar	Cherrybrook	21.84m
9	Ryan Colver	Manly Warringah	21.76m
10	Thomas Ralph	Ryde	21.66m
11	Arinath Gobinath	Parramatta	19.94m
12	Max Milani	Northern Suburbs	19.80m
13	Joel Solomom	Manly Warringah	19.42m
14	Benjamin Stevens	Ryde	12.68m

Boys U 13 - Javelin (600 Gram)

=====			
	Region: R 42.98m	17-Feb-07	Elliot Lang, Northern Suburb
	State: S 48.80m	18-Mar-07	Shane Nicholls, Kurrajong Bi
	Name	Age Centre	Final
=====			
1	Riley Hemsworth	Ku-Ring-Gai	31.62m
2	Joel Neasmith	Manly Warringah	29.98m
3	Lachlan Schneider	Nth Rocks Carlin	28.74m
4	Nosa Obaseki	Northern Districts	28.70m
5	Alexander Shahla	Parramatta	25.82m
6	Dom De Stradis	Hornsby	25.30m
7	Ryan Adams	Northern Suburbs	24.90m
8	Fredrick Hancock	Manly Warringah	21.84m
9	Daniel Bertolissio	Parramatta	21.56m
10	Jack Blewman	Manly Warringah	21.48m
11	Maxi Zihlmann	Northern Suburbs	21.08m
12	Nischal Kollipara	Nth Rocks Carlin	20.82m
13	Robbie Cullen	Cherrybrook	18.22m

Boys U 14 - Javelin (600 Gram)

=====			
	Region: R 53.00m	17-Feb-13	Cameron McEntyre, Ku-Ring-Ga
	State: S 56.87m	18-Mar-01	Jonathon Wynn, Camden Haven
	Name	Age Centre	Final
=====			
1	Daniel Menin	Parramatta	47.48m
2	Stuart Downie	Northern Suburbs	33.04m
3	Bayden Little	Cherrybrook	32.82m
4	Kyle Fisher	Northern Suburbs	32.52m
5	Samuel Galati	Ryde	30.36m
6	George Davis	Ryde	29.20m
7	Alexander Norris	Manly Warringah	28.86m

Boys U 15 - Javelin (700 Gram)

=====			
	Region: R 59.69m	15-Feb-14	Cameron McEntyre, Ku-Ring-Ga
	State: S 59.69m	15-Feb-14	Cameron McEntyre, Ku-Ring-Ga
	Name	Age Centre	Final
=====			
1	Jack McFadden	Ku-Ring-Gai	41.06m
2	Mitchell McVey	Parramatta	39.98m
3	Lachlan Krklinski	Parramatta	30.34m
4	Elie Shehadie	Parramatta	25.14m
5	Elijah Khallouf	Northern Districts	24.16m

Results**Boys U 17 - Javelin (700 Gram)**

=====			
Region: R 62.32m		17-Feb-13	Tyson Davis, Manly Warringah
State: S 68.40m		24-Mar-13	Rhys Stein, Warradale
Name	Age	Centre	Final
=====			
1 Jonathan Bell		Ku-Ring-Gai	48.96m
2 Donald Ohmer		Parramatta	48.88m
3 Scott Chapman		Cherrybrook	48.66m
4 Alex Willett		Manly Warringah	48.04m
5 Daniel Hall		Mosman	46.56m
6 David Moraitis		Ryde	43.46m
7 Alexander Olivier		Hornsby	40.30m
8 Ryan Jones		Cherrybrook	32.54m
9 Cody Fisher-Peel		Manly Warringah	31.16m
10 Joshua Silver		Northern Districts	30.52m
11 Samuel Plummer		Ryde	30.22m
12 Angus Treeby		Manly Warringah	21.22m

Boys U 9 - 700 Metre Walk

=====			
Region: R 3:34.60		1998	Christopher Bassett, Hornsb
State: S 3:15.36		20-Mar-16	Peter Elliott, Quakers Hill
Name	Age	Centre	Final
=====			
Section 1			
1 Archie Hendry		Manly Warringah	3:54.12
2 Darcy Kirkland		Manly Warringah	3:58.96
3 Jude Cho		Ku-Ring-Gai	4:24.84
4 Liam Keep		Manly Warringah	4:43.07
5 Jordan Turkal		Ryde	4:53.43
6 Lachlan Waldron		Nth Rocks Carlin	4:58.23
7 Thomas Harding		Northern Suburbs	5:36.20
8 Matthew Cameron		Parramatta	5:36.53

Boys U 10 - 1100 Metre Walk

=====			
Region: R 5:45.20		1998	K Tansley, Manly Warringah
State: S 5:01.70		22-Mar-98	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1 Isaac Tate		Manly Warringah	6:02.68
2 Keo Luxford-Smith		Manly Warringah	6:03.40
3 Jeremy Jubb		Cherrybrook	6:45.93
4 Orlando Grinsberg		Manly Warringah	6:59.85
5 Marcus Walsh		Cherrybrook	7:41.35
6 Angus Baily		Ku-Ring-Gai	7:48.49
7 Liam Price		Nth Rocks Carlin	8:06.16
8 William Dyson		Northern Suburbs	8:11.16
9 Cameron Searle		Cherrybrook	8:14.10
10 William Drury		Manly Warringah	8:57.66
11 Harrison Twyman		Northern Suburbs	9:24.79
12 Benjamin Harding		Northern Suburbs	9:36.24
-- Matthew Walter		Ku-Ring-Gai	DQ
-- Kieran Arnott		Parramatta	DQ

Results**Boys U 11 - 1100 Metre Walk**

=====			
Region: R 5:19.18		19-Feb-12	Dylan Richardson, Gosford
State: S 5:05.80		21-Mar-99	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1 Lachlan McIntosh		Ku-Ring-Gai	6:01.63
2 Ethan Quartly		Manly Warringah	6:10.53
3 Max Gillian		Ku-Ring-Gai	7:11.10
4 Joshua Lillis		Ryde	7:34.52
5 Jake George		Parramatta	8:54.17

Boys U 12 - 1500 Metre Walk

=====			
Region: R 7:06.59		17-Feb-13	Harrison Mavin, Ku-Ring-Gai
State: S 6:45.20		19-Mar-00	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1 Alex Mills		Cherrybrook	9:24.15
2 Samuel Walter		Ku-Ring-Gai	9:43.56
3 Luca Bell		Manly Warringah	10:06.26
4 Dale Mapstone		Manly Warringah	10:17.31
5 Lucas Hamill		Manly Warringah	10:42.46
6 Joel Solomom		Manly Warringah	10:49.07
7 Dylan Searle		Cherrybrook	10:55.79

Boys U 13 - 1500 Metre Walk

=====			
Region: R 7:04.60		19-Feb-06	Jordan Mulhearn, Parramatta
State: S 6:30.40		28-Mar-93	David Beacroft, Blacktown
Name	Age	Centre	Final
=====			
1 Tony Vujnovic		Manly Warringah	9:52.56

Boys U 14 - 1500 Metre Walk

=====			
Region: R 6:28.16		19-Feb-12	Tyler Jones, Wyong
State: S 6:13.40		19-Mar-95	Troy Sundstrom, Highlanders
Name	Age	Centre	Final
=====			
1 Martin Leerberg		Northern Suburbs	8:05.39
2 James Walter		Ku-Ring-Gai	8:32.55
3 William Mills		Cherrybrook	8:37.47
4 Dion Carrothers		Manly Warringah	8:54.92
5 George Davis		Ryde	9:27.39
6 Adam Jubb		Cherrybrook	10:16.73

Boys U 15 - 1500 Metre Walk

=====			
Region: R 6:35.20		1995	Andrew Nappin, Manly Warrin
State: S 5:48.10		22-Mar-98	Douglas Connolly, Mt Druitt
Name	Age	Centre	Final
=====			
1 Hayden Blaskett		Manly Warringah	7:52.02

Results

Boys U 17 - 1500 Metre Walk

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=====
Region: R 6:15.10 28-Feb-10 Jordan Mulhearn, Parramatta
State: S 5:56.11 23-Mar-14 Tyler Jones, Wyong
Name Age Centre Final
=====
1 Harrison Mavin Ku-Ring-Gai 7:29.61
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