

**Results****Girls U 8 - 70 Metre Sprint**

Region: R 10.90 1997 Natasha Finlay, Manly Warringah			
State: S 10.54 16/03/1980 Annette Cavanagh, Blacktown			
Name	Age	Centre	Heats
<b>Heat 1 Heats</b>			
1 Gemma McIntosh		Ku-Ring-Gai	11.37Q
2 Sienna Kupceric		Manly Warringah	11.55Q
3 Ruby Perkins		Cherrybrook	11.79Q
4 Skye Halmarick		Ryde	12.13q
5 Hannah Sacco		Northern Suburbs	12.58
6 Naomi Rogers		Northern Districts	12.77
<b>Heat 2 Heats</b>			
1 Catherine Mikan		Northern Suburbs	11.61Q
2 Lola Jones		Northern Suburbs	12.16Q
3 Tyra Turuva		Manly Warringah	12.34Q
4 Aqua Fisher		Northern Suburbs	12.57q
5 Rosie Tozer		Ryde	12.88
6 Emma D'Heureux		Ryde	13.01
7 Abigail Walton		Mosman	13.04

**Girls U 8 - 70 Metre Sprint**

Region: R 10.90 1997 Natasha Finlay, Manly Warringah			
State: S 10.54 16/03/1980 Annette Cavanagh, Blacktown			
Name	Age	Centre	Final
<b>Section 1 Final</b>			
1 Gemma McIntosh		Ku-Ring-Gai	11.36
2 Ruby Perkins		Cherrybrook	11.63
3 Sienna Kupceric		Manly Warringah	11.72
4 Catherine Mikan		Northern Suburbs	11.80
5 Skye Halmarick		Ryde	12.23
6 Aqua Fisher		Northern Suburbs	12.54
7 Tyra Turuva		Manly Warringah	12.58
8 Lola Jones		Northern Suburbs	12.60

**Girls U 9 - 70 Metre Sprint**

Region: R 10.20 1998 Emily Pollett, Manly Warringah			
State: S 10.14 22/03/1998 Briony Kanard, Port Hacking			
Name	Age	Centre	Heats
<b>Heat 1 Heats</b>			
1 Brooke Bosland		Hornsby	11.19Q
2 Lotus Haladus		Manly Warringah	11.28Q
3 Annabelle Cooper		Northern Suburbs	11.39Q
4 Annie Seve		Manly Warringah	11.65q
5 Isabella Azizi		Ryde	11.73q
6 Abbie Maley		Ku-Ring-Gai	11.76
7 Ashley Macdonald		Ku-Ring-Gai	11.90
8 Eliza Matthews		Nth Rocks Carlin	13.05
<b>Heat 2 Heats</b>			
1 Matilda Vial		Manly Warringah	11.39Q
2 Samara Bond		Cherrybrook	11.46Q
3 Eve Simpson		Manly Warringah	11.67Q
4 Ruby Collins		Northern Suburbs	11.82
5 Sarah-anne Koot		Cherrybrook	11.86
6 Noa Davies		Mosman	11.87
7 April Howison		Ryde	12.04

**Results****Girls U 9 - 70 Metre Sprint**

=====			
Region:	R 10.20	1998	Emily Pollett, Manly Warringah
State:	S 10.14	22/03/1998	Briony Kanard, Port Hacking
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Matilda Vial	Manly Warringah	10.98
2	Brooke Bosland	Hornsby	11.25
3	Lotus Haladus	Manly Warringah	11.38
4	Samara Bond	Cherrybrook	11.40
5	Annabelle Cooper	Northern Suburbs	11.76
6	Eve Simpson	Manly Warringah	11.83
7	Isabella Azizi	Ryde	11.95
8	Annie Seve	Manly Warringah	11.98

**Girls U 10 - 70 Metre Sprint**

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Region:	R 9.80	2000	Alice Wilson, Ku-ring-gai
State:	S 9.84	19/03/2000	Grace Naseby, Griffith
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Georgia Morgan	Mosman	10.88Q
2	Abbey Le Lievre	Northern Districts	11.00Q
2	Emily Uslu	Parramatta	11.00Q
4	Isabella Hollins	Ryde	11.51
4	Phoebe Mason	Ku-Ring-Gai	11.51
6	Taya Yerbury	Ku-Ring-Gai	11.59
7	Imogen Hungerford	Northern Suburbs	11.74
Heat 2 Heats			
1	Lara Williams	Manly Warringah	10.57Q
2	Sienna Villacorta	Manly Warringah	10.89Q
3	Madelynne Zouein	Cherrybrook	11.16Q
4	Mia Marshall	Northern Suburbs	11.20q
5	Sophie Byrne	Ryde	11.26q
6	Tara Webb	Cherrybrook	11.28
7	Siobhan McMahon	Northern Districts	11.35
8	Lulu Ryals	Manly Warringah	11.37

**Girls U 10 - 70 Metre Sprint**

=====			
Region:	R 9.80	2000	Alice Wilson, Ku-ring-gai
State:	S 9.84	19/03/2000	Grace Naseby, Griffith
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lara Williams	Manly Warringah	10.57
2	Georgia Morgan	Mosman	10.77
3	Sienna Villacorta	Manly Warringah	10.83
4	Emily Uslu	Parramatta	10.88
5	Abbey Le Lievre	Northern Districts	10.98
6	Sophie Byrne	Ryde	11.16
7	Madelynne Zouein	Cherrybrook	11.18
8	Mia Marshall	Northern Suburbs	11.34

**Results****Girls U 8 - 100 Metre Sprint**

=====			
Region:	R 15.20	2005	Lauren Gilbert, Parramatta
State:	S 14.44	23/03/1979	Helen Clarke, Orange
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Gemma McIntosh	Ku-Ring-Gai	16.50Q
2	Lola Jones	Northern Suburbs	17.21Q
3	Jada Brown	Manly Warringah	17.35Q
4	Jasmine McAndrew	Ryde	17.46q
5	Tianna Bertolissio	Parramatta	18.00
6	Heidi Williams	Manly Warringah	18.16
7	Eliana High	Mosman	18.23
8	Samantha Budden	Cherrybrook	18.61
Heat 2 Heats			
1	Ruby Perkins	Cherrybrook	16.54Q
2	Sienna Kupceric	Manly Warringah	16.86Q
3	Catherine Mikan	Northern Suburbs	16.90Q
4	Octavia Williams	Manly Warringah	17.04q
5	Lily Erby	Mosman	17.74
6	Aqua Fisher	Northern Suburbs	17.80
7	Kristina Prizmic	Ryde	18.14

**Girls U 8 - 100 Metre Sprint**

=====			
Region:	R 15.20	2005	Lauren Gilbert, Parramatta
State:	S 14.44	23/03/1979	Helen Clarke, Orange
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Gemma McIntosh	Ku-Ring-Gai	16.02
2	Ruby Perkins	Cherrybrook	16.59
3	Sienna Kupceric	Manly Warringah	16.84
3	Catherine Mikan	Northern Suburbs	16.84
5	Octavia Williams	Manly Warringah	16.92
6	Jasmine McAndrew	Ryde	17.25
7	Lola Jones	Northern Suburbs	17.28
8	Lily Erby	Mosman	18.07

**Girls U 9 - 100 Metre Sprint**

=====			
Region:	R 14.70	1998	Emily Pollett, Manly Warringah
State:	S 14.14	23/03/1979	Kate Farrell, Holroyd
State:	S 14.14	15/03/1980	Helen Clarke, Orange
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Matilda Vial	Manly Warringah	15.41Q
2	Samara Bond	Cherrybrook	16.30Q
3	Jessie Blackwell	Northern Suburbs	16.69Q
4	Annabelle Cooper	Northern Suburbs	16.77
5	Bridgette Chan	Northern Districts	16.99
6	Abigail Johnstone	Parramatta	17.48
7	Jessica Johnston	Ryde	17.62
Heat 2 Heats			
1	Brooke Bosland	Hornsby	15.70Q
2	Lotus Haladus	Manly Warringah	15.94Q
3	Annie Seve	Manly Warringah	16.08Q
4	Eve Simpson	Manly Warringah	16.19q
5	Noa Davies	Mosman	16.59q
6	Isabella Azizi	Ryde	16.66
7	Ava Barroccu	Cherrybrook	17.05

**Results****....Girls U 9 - 100 Metre Sprint**

8 Ashley Macdonald	Ku-Ring-Gai	17.10
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**Girls U 9 - 100 Metre Sprint**

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Region: R 14.70 1998      Emily Pollett, Manly Warringah
State: S 14.14 23/03/1979 Kate Farrell, Holroyd
State: S 14.14 15/03/1980 Helen Clarke, Orange

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Name	Age Centre	Final
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**Section 1 Final**

1 Matilda Vial	Manly Warringah	15.35
2 Brooke Bosland	Hornsby	15.93
3 Samara Bond	Cherrybrook	16.12
4 Lotus Haladus	Manly Warringah	16.20
5 Eve Simpson	Manly Warringah	16.39
6 Annie Seve	Manly Warringah	16.59
7 Jessie Blackwell	Northern Suburbs	16.66
8 Noa Davies	Mosman	16.89

**Girls U 10 - 100 Metre Sprint**

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Region: R 13.70 1991      Rosemary Hayward, Wyong
State: S 13.54 12/03/1978 Annette Osborne, Lethbridge P
State: S 13.54 23/03/1991 Rosemary Hayward, Wyong

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Name	Age Centre	Heats
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**Heat 1 Heats**

1 Lara Williams	Manly Warringah	14.95Q
2 Sienna Villacorta	Manly Warringah	15.32Q
3 Emily Uslu	Parramatta	15.56Q
4 Regina Shakya	Cherrybrook	15.84q
5 Jemma Brandon-Cooper	Mosman	15.86q
6 Siobhan McMahan	Northern Districts	16.03
7 Mia Marshall	Northern Suburbs	16.20
8 Isabella Hollins	Ryde	16.27

**Heat 2 Heats**

1 Georgia Morgan	Mosman	15.35Q
2 Abigail Omage	Ryde	15.50Q
3 Tahlia O'Brien	Manly Warringah	15.87Q
4 Sophie Byrne	Ryde	16.06
5 Madelynne Zouein	Cherrybrook	16.09
6 Abbey Le Lievre	Northern Districts	16.12
7 Tara Webb	Cherrybrook	16.19
8 Sarah Passafaro	Northern Districts	16.99

**Girls U 10 - 100 Metre Sprint**

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Region: R 13.70 1991      Rosemary Hayward, Wyong
State: S 13.54 12/03/1978 Annette Osborne, Lethbridge P
State: S 13.54 23/03/1991 Rosemary Hayward, Wyong

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Name	Age Centre	Final
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**Section 1 Final**

1 Lara Williams	Manly Warringah	14.89
2 Georgia Morgan	Mosman	15.22
3 Abigail Omage	Ryde	15.28
4 Sienna Villacorta	Manly Warringah	15.36
5 Emily Uslu	Parramatta	15.70
6 Tahlia O'Brien	Manly Warringah	15.77
7 Regina Shakya	Cherrybrook	16.03
8 Jemma Brandon-Cooper	Mosman	16.20

**Results****Girls U 11 - 100 Metre Sprint**

=====			
Region:	R 13.40	1992	Rossemary Hayward, Toukley
State:	S 12.94	12/03/1978	Michelle Moroney, Bankstown
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Gabriella Taylor	Manly Warringah	13.69Q
2	Cayla Phillips	Manly Warringah	14.26Q
3	Cianna Kennedy	Northern Suburbs	15.20Q
4	Marissa Stubbs	Manly Warringah	15.44q
5	India Nash	Northern Suburbs	16.07
Heat 2 Heats			
1	Emily Crawford	Cherrybrook	14.18Q
2	Olivia Rose Inkster	Manly Warringah	14.40Q
3	Amelia Polley	Parramatta	14.67Q
4	Holly Calder-Pirie	Ryde	15.45q
5	Eliza McKenzie	Nth Rocks Carlin	15.87
6	Matilda Damian	Northern Suburbs	16.09
7	Kirsten Erni	Hornsby	16.77

**Girls U 11 - 100 Metre Sprint**

=====			
Region:	R 13.40	1992	Rossemary Hayward, Toukley
State:	S 12.94	12/03/1978	Michelle Moroney, Bankstown
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Gabriella Taylor	Manly Warringah	13.82
2	Emily Crawford	Cherrybrook	14.01
3	Cayla Phillips	Manly Warringah	14.27
4	Olivia Rose Inkster	Manly Warringah	14.54
5	Amelia Polley	Parramatta	14.94
6	Cianna Kennedy	Northern Suburbs	15.21
7	Marissa Stubbs	Manly Warringah	15.46
8	Holly Calder-Pirie	Ryde	15.52

**Girls U 12 - 100 Metre Sprint**

=====			
Region:	R 12.40	2005	Annaliese Gardiner, Ku-ring-g
State:	S 12.64	24/03/1979	Michelle Moroney, Bankstown
State:	S 12.64	16/03/2002	Jacinta Doyle, Port Hacking
State:	S 12.64	19/02/2005	Annaliese Gardiner, Ku-Ring-G
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Greta Andrews	Northern Suburbs	13.87Q
2	Georgia Fichardt	Ku-Ring-Gai	14.38Q
3	MACKENZIE Haladus	Manly Warringah	14.63Q
4	Ruby Mahendran	Ku-Ring-Gai	14.68q
5	Adria McAndrew	Ryde	14.76q
6	Charlotte Clancy	Northern Suburbs	15.85
7	Thea Prasetya	Nth Rocks Carlin	16.52
Heat 2 Heats			
1	Jessica Maciver	Ku-Ring-Gai	13.75Q
2	Danielle Osifo	Cherrybrook	13.77Q
3	Eliza Da Silva	Ryde	14.63Q
4	Georgia Healy	Northern Suburbs	14.85
5	Ella Johnson	Ku-Ring-Gai	14.91
6	Chelsea Smith	Nth Rocks Carlin	15.24

**Results****Girls U 12 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.40	2005	Annaliese Gardiner, Ku-ring-g	
State: S 12.64	24/03/1979	Michelle Moroney, Bankstown	
State: S 12.64	16/03/2002	Jacinta Doyle, Port Hacking	
State: S 12.64	19/02/2005	Annaliese Gardiner, Ku-Ring-G	

## Section 1 Final

1 Greta Andrews	Northern Suburbs	13.61
2 Danielle Osifo	Cherrybrook	13.63
3 Jessica Maciver	Ku-Ring-Gai	13.79
4 Georgia Fichardt	Ku-Ring-Gai	14.25
5 Eliza Da Silva	Ryde	14.45
5 MACKENZIE Haladus	Manly Warringah	14.45
7 Ruby Mahendran	Ku-Ring-Gai	14.58
8 Adria McAndrew	Ryde	14.76

**Girls U 13 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R 12.30	2005	Jordan Lumley, Northern Distri	
State: S 12.34	15/03/1986	Jo-anne Swan, Camden	
State: S 12.34	7/03/1987	Rebecca Vormister, Wollongong	
State: S 12.34	17/03/1996	Haylee Mathieson, Wollongong	
State: S 12.34	19/02/2005	Laura Turner, Port Hacking	

## Heat 1 Heats

1 Elysha Cramer	Northern Suburbs	13.62Q
2 Jamie Brown	Manly Warringah	13.84Q
3 Eleanor Partridge	Ryde	14.15Q
4 Lauren Grech	Manly Warringah	14.40
5 Kora Villa	Northern Suburbs	14.42
6 Sofia Georgescu	Cherrybrook	14.43
7 Jatali Brown	Manly Warringah	14.85

## Heat 2 Heats

1 Madeleine High	Mosman	13.62Q
2 Hana Grasse	Manly Warringah	13.73Q
3 Paige Warner	Manly Warringah	14.04Q
4 Aela Morrison	Northern Suburbs	14.16q
5 Tahlia Foye	Parramatta	14.18q
6 Alyssa Lowe	Ryde	14.19
7 Olivia Colman	Ku-Ring-Gai	14.65
8 Emily Rowell	Manly Warringah	14.92

**Girls U 13 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.30	2005	Jordan Lumley, Northern Distri	
State: S 12.34	15/03/1986	Jo-anne Swan, Camden	
State: S 12.34	7/03/1987	Rebecca Vormister, Wollongong	
State: S 12.34	17/03/1996	Haylee Mathieson, Wollongong	
State: S 12.34	19/02/2005	Laura Turner, Port Hacking	

## Section 1 Final

1 Madeleine High	Mosman	13.64
2 Elysha Cramer	Northern Suburbs	13.74
3 Hana Grasse	Manly Warringah	13.95
4 Paige Warner	Manly Warringah	14.23
5 Aela Morrison	Northern Suburbs	14.31
6 Jamie Brown	Manly Warringah	14.35
7 Eleanor Partridge	Ryde	14.36
8 Tahlia Foye	Parramatta	14.39

**Results****Girls U 14 - 100 Metre Sprint**

Region: R 12.10 2005 Sarah Thompson, Cherrybrook			
State: S 12.14 23/03/1991 Shelly Peattie, Macquarie Sho			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eleanor Lamperts		Cherrybrook	13.56Q
2 Lara Halmarick		Ryde	13.85Q
3 Maddie Owen		Manly Warringah	14.03Q
4 Jasmine Bonomi		Manly Warringah	14.24q
5 Maya Challoner		Northern Suburbs	14.29q
6 Olivia Bird		Mosman	14.31
7 Harriette Burke		Manly Warringah	14.42
8 Alexandra Gagg		Nth Rocks Carlin	15.30
Heat 2 Heats			
1 Mia Hemsworth		Ku-Ring-Gai	13.06Q
2 Olivia Wrightson		Manly Warringah	13.21Q
3 Nicolette D'Onofrio		Northern Suburbs	13.26Q
4 Ava Vosper		Nth Rocks Carlin	14.41
5 Zoe Fajemisin		Nth Rocks Carlin	14.57
6 Celeste Edmunds		Cherrybrook	14.66

**Girls U 14 - 100 Metre Sprint**

Region: R 12.10 2005 Sarah Thompson, Cherrybrook			
State: S 12.14 23/03/1991 Shelly Peattie, Macquarie Sho			
Name	Age	Centre	Final
Section 1 Final			
1 Mia Hemsworth		Ku-Ring-Gai	13.19
2 Olivia Wrightson		Manly Warringah	13.31
3 Nicolette D'Onofrio		Northern Suburbs	13.51
4 Eleanor Lamperts		Cherrybrook	13.79
5 Lara Halmarick		Ryde	14.01
6 Maddie Owen		Manly Warringah	14.14
7 Jasmine Bonomi		Manly Warringah	14.49
8 Maya Challoner		Northern Suburbs	14.50

**Girls U 15 - 100 Metre Sprint**

Region: R 12.10 1991 R Massey, Ryde AA			
State: S 12.04 21/03/1992 Sonia Willis, Wagga PCYC			
State: S 12.04 20/03/1999 Preya Carey, Hills District			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amber Belot		Manly Warringah	13.21Q
2 Emily Britton		Manly Warringah	13.32Q
3 Imogen Breslin		Ku-Ring-Gai	13.75Q
4 Karina Bessis		Nth Rocks Carlin	14.53q
5 Leanne Tay		Ryde	14.83
6 Sara Kely		Nth Rocks Carlin	16.30
Heat 2 Heats			
1 Briedelia Wiggins		Manly Warringah	13.22Q
2 Tea Lisle		Manly Warringah	13.61Q
3 Rachel Ingram		Cherrybrook	14.23Q
4 Samantha Dale		Nth Rocks Carlin	14.36q
5 Scarlett Green		Mosman	15.35
6 Miranda Laurence		Mosman	15.65

**Results****Girls U 15 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.10	1991	R Massey, Ryde AA	
State: S 12.04	21/03/1992	Sonia Willis, Wagga PCYC	
State: S 12.04	20/03/1999	Preya Carey, Hills District	

## Section 1 Final

1 Briedelia Wiggins	Manly Warringah	13.29
2 Emily Britton	Manly Warringah	13.48
3 Amber Belot	Manly Warringah	13.58
4 Tea Lisle	Manly Warringah	13.85
5 Samantha Dale	Nth Rocks Carlin	14.80
6 Rachel Ingram	Cherrybrook	14.83

**Girls U 17 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R 12.50	21/02/2009	Michelle Jenneke, Cherrybrook	
State: S 12.17	20/03/2010	Michelle Jenneke, Cherrybrook	

## Heat 1 Heats

1 Katie Devitt	Cherrybrook	12.90Q
1 Kristie Edwards	Manly Warringah	12.90Q
3 Rowena Craker	Manly Warringah	12.99Q
4 Ava Walker-Charles	Manly Warringah	13.61q

## Heat 2 Heats

1 Maya Leverett	Nth Rocks Carlin	12.87Q
2 Kelsey Cooper-Phillis	Ryde	13.34Q
3 Alice Falconer	Manly Warringah	13.58Q
3 Sami Perrin	Manly Warringah	13.58Q
5 Nicola Bowtell	Ryde	13.64

**Girls U 17 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.50	21/02/2009	Michelle Jenneke, Cherrybrook	
State: S 12.17	20/03/2010	Michelle Jenneke, Cherrybrook	

## Section 1 Final

1 Katie Devitt	Cherrybrook	12.65
2 Kristie Edwards	Manly Warringah	12.71
3 Maya Leverett	Nth Rocks Carlin	12.86
4 Rowena Craker	Manly Warringah	12.87
5 Ava Walker-Charles	Manly Warringah	13.33
6 Kelsey Cooper-Phillis	Ryde	13.35
7 Sami Perrin	Manly Warringah	13.38
8 Alice Falconer	Manly Warringah	13.47

**Girls U 8 - 200 Metre Sprint**

Name	Age	Centre	Heats
Region: R 31.50	1997	Emily Pollett, Manly Warringah	
State: S 31.74	18/03/1984	Bronwyn Piening, Nepean	
State: S 31.74	16/02/1997	Emily Pollett, Manly Warringah	

## Heat 1 Heats

1 Catherine Mikan	Northern Suburbs	35.23Q
2 Jada Brown	Manly Warringah	36.17Q
3 Jasmine McAndrew	Ryde	36.26Q
4 Lola Jones	Northern Suburbs	36.30q
5 Aqua Fisher	Northern Suburbs	37.55
6 Clodagh Grace	Manly Warringah	37.62



**Results****....Girls U 8 - 200 Metre Sprint**

7 Milla Brown	Manly Warringah	38.84
8 Zoe Woods	Ku-Ring-Gai	39.08

## Heat 2 Heats

1 Antonia Baranowski	Parramatta	35.47Q
2 Caitlin Brennan	Parramatta	35.98Q
3 Jessica Grummett	Hornsby	36.05Q
4 Olivia Vecchio	Mosman	36.30q
5 Sophie Harden	Ku-Ring-Gai	37.63
6 Kristina Prizmic	Ryde	37.65
7 Serena Vanderklauw	Cherrybrook	37.74
8 Beatrice Addario	Hornsby	40.31

**Girls U 8 - 200 Metre Sprint**

Region: R 31.50 1997 Emily Pollett, Manly Warringah  
 State: S 31.74 18/03/1984 Bronwyn Piening, Nepean  
 State: S 31.74 16/02/1997 Emily Pollett, Manly Warringah

Name	Age	Centre	Final
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## Section 1 Final

1 Antonia Baranowski	Parramatta	34.80
2 Caitlin Brennan	Parramatta	34.94
3 Catherine Mikan	Northern Suburbs	35.09
4 Jasmine McAndrew	Ryde	36.06
5 Olivia Vecchio	Mosman	36.13
6 Jessica Grummett	Hornsby	36.23
7 Lola Jones	Northern Suburbs	36.55
8 Jada Brown	Manly Warringah	36.56

**Girls U 9 - 200 Metre Sprint**

Region: R 30.30 22/02/2009 Mikayla Mestoussis, Ryde  
 State: S 28.74 25/03/1990 Rosemary Hayward, Wyong

Name	Age	Centre	Heats
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## Heat 1 Heats

1 Brooke Bosland	Hornsby	33.17Q
2 Chloe Dunne	Manly Warringah	33.97Q
3 Bridgette Chan	Northern Districts	34.72Q
4 Azalliyah Jeffery	Parramatta	35.26
5 Keira Yerbury	Ku-Ring-Gai	35.52
6 Ava Barroccu	Cherrybrook	35.83
7 Hayley Reynolds	Nth Rocks Carlin	36.00
8 Ruby Collins	Northern Suburbs	36.19

## Heat 2 Heats

1 Matilda Vial	Manly Warringah	32.73Q
2 Madison Mitchell	Hornsby	33.79Q
3 Eve Simpson	Manly Warringah	33.90Q
4 Eve Rothwell	Northern Suburbs	34.57q
5 Noa Davies	Mosman	35.06q
6 Emily Jackson	Parramatta	36.05
7 Abigail Johnstone	Parramatta	36.70

**Girls U 9 - 200 Metre Sprint**

Region: R 30.30 22/02/2009 Mikayla Mestoussis, Ryde  
 State: S 28.74 25/03/1990 Rosemary Hayward, Wyong

Name	Age	Centre	Final
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## Section 1 Final

1 Matilda Vial	Manly Warringah	31.98
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**Results****....Girls U 9 - 200 Metre Sprint**

2 Brooke Bosland	Hornsby	32.37
3 Chloe Dunne	Manly Warringah	32.48
4 Madison Mitchell	Hornsby	33.56
5 Eve Simpson	Manly Warringah	33.89
6 Eve Rothwell	Northern Suburbs	34.02
7 Bridgette Chan	Northern Districts	34.35
8 Noa Davies	Mosman	34.38

**Girls U 10 - 200 Metre Sprint**

Region: R 28.40 1991 Rosemary Hayward, Wyong  
 State: S 28.22 21/03/2010 Kristie Edwards, Manly Warrin

Name Age Centre Heats

**Heat 1 Heats**

1 Lara Williams	Manly Warringah	32.07Q
2 Sienna Villacorta	Manly Warringah	32.37Q
3 Abbey Le Lievre	Northern Districts	32.54Q
4 Taya Yerbury	Ku-Ring-Gai	34.41
5 Imogen Hungerford	Northern Suburbs	36.04

**Heat 2 Heats**

1 Abigail Omage	Ryde	31.72Q
2 Eva Bates	Ku-Ring-Gai	32.11Q
3 Jemma Brandon-Cooper	Mosman	32.36Q
4 Regina Shakya	Cherrybrook	33.10q
5 Sophia Archer	Northern Suburbs	33.32q
6 Tara Webb	Cherrybrook	33.59
7 Jessica Gocher	Mosman	34.15
8 Stella Hurley	Ryde	34.68

**Girls U 10 - 200 Metre Sprint**

Region: R 28.40 1991 Rosemary Hayward, Wyong  
 State: S 28.22 21/03/2010 Kristie Edwards, Manly Warrin

Name Age Centre Final

**Section 1 Final**

1 Lara Williams	Manly Warringah	30.17
2 Eva Bates	Ku-Ring-Gai	30.96
3 Sienna Villacorta	Manly Warringah	31.11
4 Abigail Omage	Ryde	31.45
5 Jemma Brandon-Cooper	Mosman	32.05
6 Abbey Le Lievre	Northern Districts	32.20
7 Sophia Archer	Northern Suburbs	36.25

**Girls U 11 - 200 Metre Sprint**

Region: R 27.50 1992 Rosemary Hayward, Toukley  
 State: S 26.44 11/03/1978 Michelle Moroney, Bankstown

Name Age Centre Heats

**Heat 1 Heats**

1 Gabriella Taylor	Manly Warringah	29.26Q
2 Olivia Rose Inkster	Manly Warringah	30.30Q
3 Lily Tilt	Nth Rocks Carlin	30.93Q
4 Cianna Kennedy	Northern Suburbs	31.66q
5 India Nash	Northern Suburbs	32.03
6 Emilia Rawstorne	Mosman	33.08
7 Felicity Stewart	Ku-Ring-Gai	33.90

**Heat 2 Heats**

1 Emily Crawford	Cherrybrook	28.77Q
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**Results**

**....Girls U 11 - 200 Metre Sprint**

2	Brianna Worsfold	Ku-Ring-Gai	28.78Q
3	Cayla Phillips	Manly Warringah	29.10Q
4	Stefanie Fejes	Manly Warringah	31.01q
5	Eliza McKenzie	Nth Rocks Carlin	32.27
6	Emily Metcalfe	Ryde	32.50
7	Scarlett Davies	Mosman	33.00
8	Matilda Damian	Northern Suburbs	33.95

**Girls U 11 - 200 Metre Sprint**

=====  
 Region: R 27.50 1992 Rosemary Hayward, Toukley  
 State: S 26.44 11/03/1978 Michelle Moroney, Bankstown  
 Name Age Centre Final  
 =====

Section 1 Final

1	Gabriella Taylor	Manly Warringah	28.01
2	Emily Crawford	Cherrybrook	28.76
3	Brianna Worsfold	Ku-Ring-Gai	28.89
4	Cayla Phillips	Manly Warringah	29.23
5	Olivia Rose Inkster	Manly Warringah	30.16
6	Lily Tilt	Nth Rocks Carlin	30.43
7	Stefanie Fejes	Manly Warringah	30.78
8	Cianna Kennedy	Northern Suburbs	33.62

**Girls U 12 - 200 Metre Sprint**

=====  
 Region: R 26.30 2005 Karlie Morton, Manly Warringah  
 State: S 25.84 21/02/1979 Nicole Leistenschneider, Manl  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1	Jessica Maciver	Ku-Ring-Gai	28.08Q
2	Danielle Osifo	Cherrybrook	28.97Q
3	Sophie Woods	Mosman	30.06Q
4	Sofia Saroukos	Northern Suburbs	30.11q
5	Brooke Chaloner	Manly Warringah	31.14
6	MACKENZIE Haladus	Manly Warringah	31.70
7	Charlotte Clancy	Northern Suburbs	31.99

Heat 2 Heats

1	Greta Andrews	Northern Suburbs	28.60Q
2	Georgia Fichardt	Ku-Ring-Gai	29.54Q
3	Eliza Da Silva	Ryde	30.14Q
4	Adria McAndrew	Ryde	30.24q
5	Claudia Valletta	Manly Warringah	30.86
6	Ella Johnson	Ku-Ring-Gai	31.03
7	Chelsea Smith	Nth Rocks Carlin	31.35

**Girls U 12 - 200 Metre Sprint**

=====  
 Region: R 26.30 2005 Karlie Morton, Manly Warringah  
 State: S 25.84 21/02/1979 Nicole Leistenschneider, Manl  
 Name Age Centre Final  
 =====

Section 1 Final

1	Greta Andrews	Northern Suburbs	28.09
2	Jessica Maciver	Ku-Ring-Gai	28.49
3	Danielle Osifo	Cherrybrook	29.42
4	Georgia Fichardt	Ku-Ring-Gai	29.47
5	Eliza Da Silva	Ryde	30.50
6	Sophie Woods	Mosman	30.63
7	Adria McAndrew	Ryde	30.84

**Results****....Girls U 12 - 200 Metre Sprint**

8 Sofia Saroukos	Northern Suburbs	30.96
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**Girls U 13 - 200 Metre Sprint**

Region: R 25.80	1994	Rosemary Hayward, Toukley
State: S 25.04	16/03/2008	Maddie Pirie, Revesby Workers

Name	Age Centre	Heats
------	------------	-------

**Heat 1 Heats**

1 Madeleine High	Mosman	27.93Q
2 Hana Grasse	Manly Warringah	28.51Q
3 Jamie Brown	Manly Warringah	28.54Q
4 Jatali Brown	Manly Warringah	29.76q
5 Tarsha Wayne	Nth Rocks Carlin	30.05

**Heat 2 Heats**

1 Elysha Cramer	Northern Suburbs	28.46Q
2 Portia Amy-Wilson	Ryde	29.14Q
3 Lauren Grech	Manly Warringah	29.39Q
4 Sofia Georgescu	Cherrybrook	29.94q
5 Aela Morrison	Northern Suburbs	30.33
6 Mikaela Bruntsch	Ryde	30.79

**Girls U 13 - 200 Metre Sprint**

Region: R 25.80	1994	Rosemary Hayward, Toukley
State: S 25.04	16/03/2008	Maddie Pirie, Revesby Workers

Name	Age Centre	Final
------	------------	-------

**Section 1 Final**

1 Madeleine High	Mosman	27.64
2 Elysha Cramer	Northern Suburbs	27.93
3 Hana Grasse	Manly Warringah	28.94
4 Lauren Grech	Manly Warringah	29.23
5 Portia Amy-Wilson	Ryde	29.40
6 Jamie Brown	Manly Warringah	29.85
7 Sofia Georgescu	Cherrybrook	29.94
8 Jatali Brown	Manly Warringah	31.58

**Girls U 14 - 200 Metre Sprint**

Region: R 24.60	1995	Rosemary Hayward, Toukley
State: S 24.54	16/03/2008	Ella Nelson, Sutherland

Name	Age Centre	Heats
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**Heat 1 Heats**

1 Mia Hemsworth	Ku-Ring-Gai	27.56Q
2 Olivia Wrightson	Manly Warringah	27.60Q
3 Eleanor Lamperts	Cherrybrook	27.90Q
4 Lauren West	Northern Districts	28.82q
5 Jasmine Bonomi	Manly Warringah	29.01q
6 Faith Devitt	Cherrybrook	29.02
7 Olivia Bird	Mosman	29.14
8 Maya Challoner	Northern Suburbs	29.40

**Heat 2 Heats**

1 Nicolette D'Onofrio	Northern Suburbs	27.37Q
2 Amie Bowrey	Cherrybrook	28.44Q
3 Louisa Scott	Manly Warringah	28.87Q
4 Lauren Brown	Northern Suburbs	29.23
5 Celeste Edmunds	Cherrybrook	30.54
6 Maddie Owen	Manly Warringah	31.12

**Results****Girls U 14 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 24.60 1995 Rosemary Hayward, Toukley			
State: S 24.54 16/03/2008 Ella Nelson, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Olivia Wrightson		Manly Warringah	26.90
2 Nicolette D'Onofrio		Northern Suburbs	27.08
3 Mia Hemsworth		Ku-Ring-Gai	27.14
4 Eleanor Lamperts		Cherrybrook	27.58
5 Amie Bowrey		Cherrybrook	28.72
6 Louisa Scott		Manly Warringah	29.00
7 Lauren West		Northern Districts	29.14
8 Jasmine Bonomi		Manly Warringah	29.30

**Girls U 15 - 200 Metre Sprint**

Name	Age	Centre	Heats
Region: R 25.20 1998 Jana Pittman, Parramatta			
State: S 24.24 20/03/2005 Olivia Tauro, Kurri Kurri			
State: S 24.24 22/02/2009 Ella Nelson, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Briedelia Wiggins		Manly Warringah	26.88Q
2 Emily Britton		Manly Warringah	28.32Q
3 Eve Timms		Cherrybrook	28.59Q
4 Samantha Dale		Nth Rocks Carlin	29.51q
5 Leanne Tay		Ryde	30.51
Heat 2 Heats			
1 Amber Belot		Manly Warringah	27.40Q
2 Kate Collett		Cherrybrook	28.45Q
3 Brooke East		Manly Warringah	28.97Q
4 Kate Watson		Northern Suburbs	29.94q

**Girls U 15 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 25.20 1998 Jana Pittman, Parramatta			
State: S 24.24 20/03/2005 Olivia Tauro, Kurri Kurri			
State: S 24.24 22/02/2009 Ella Nelson, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Briedelia Wiggins		Manly Warringah	26.74
2 Amber Belot		Manly Warringah	27.36
3 Emily Britton		Manly Warringah	27.50
4 Kate Collett		Cherrybrook	27.89
5 Brooke East		Manly Warringah	29.05
6 Samantha Dale		Nth Rocks Carlin	29.83
7 Eve Timms		Cherrybrook	29.98

**Girls U 17 - 200 Metre Sprint**

Name	Age	Centre	Heats
Region: R 25.30 16/02/2014 Ruby Ritchie, Manly Warringah			
State: S 24.33 23/03/2014 Ruby Ritchie, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Rowena Craker		Manly Warringah	26.37Q
2 Maya Leverett		Nth Rocks Carlin	27.15Q
3 Kelsey Cooper-Phillis		Ryde	27.79Q
4 Nicola Bowtell		Ryde	28.29
5 Kate Johnstone		Hornsby	28.89

**Results**

**....Girls U 17 - 200 Metre Sprint**

6 Yolande Webster	Northern Districts	29.44
Heat 2 Heats		
1 Kristie Edwards	Manly Warringah	26.99Q
2 Katie Devitt	Cherrybrook	27.19Q
3 Emma Smith	Ryde	27.31Q
4 Ava Walker-Charles	Manly Warringah	27.48q
5 Elly Gallagher	Northern Districts	28.05q
6 Amy Court	Ryde	28.58
7 Gabriella Chan	Northern Districts	31.28

**Girls U 17 - 200 Metre Sprint**

=====			
Region:	R 25.30	16/02/2014	Ruby Ritchie, Manly Warringah
State:	S 24.33	23/03/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Final
=====			

Section 1 Final			
1 Kristie Edwards	Manly Warringah	25.33	
2 Rowena Craker	Manly Warringah	25.44	
3 Maya Leverett	Nth Rocks Carlin	25.56	
4 Katie Devitt	Cherrybrook	26.00	
5 Emma Smith	Ryde	26.79	
6 Ava Walker-Charles	Manly Warringah	26.99	
7 Kelsey Cooper-Phillis	Ryde	27.42	

**Girls U 8 - 400 Metre Sprint**

=====			
Region:	R 1:13.90	2002	Courtney Cross, Hornsby Dis
State:	S 1:11.44	21/03/1981	Jo-anne Swan, Camden
Name	Age	Centre	Heats
=====			

Heat 1 Heats			
1 Hannah Sacco	Northern Suburbs	1:21.57Q	
2 Olivia Vecchio	Mosman	1:23.48Q	
3 Zoe Woods	Ku-Ring-Gai	1:24.36Q	
4 Laura Bell	Manly Warringah	1:27.05q	
5 Lily Erby	Mosman	1:28.17	
6 Lani Khiroya	Nth Rocks Carlin	1:28.55	
7 Octavia Williams	Manly Warringah	1:32.94	
8 Zara Pawsey	Ryde	1:38.67	
Heat 2 Heats			
1 Caitlin Brennan	Parramatta	1:19.37Q	
2 Rebecca Solomon	Manly Warringah	1:19.94Q	
3 Sophie Harden	Ku-Ring-Gai	1:25.82Q	
4 Kristina Prizmic	Ryde	1:27.99q	
5 Eloise Marschner	Northern Suburbs	1:30.29	
6 Adriana Prizmic	Ryde	1:30.47	
7 Kaylah Bennett	Cherrybrook	1:31.78	

**Girls U 8 - 400 Metre Sprint**

=====			
Region:	R 1:13.90	2002	Courtney Cross, Hornsby Dis
State:	S 1:11.44	21/03/1981	Jo-anne Swan, Camden
Name	Age	Centre	Final
=====			

Section 1 Final			
1 Caitlin Brennan	Parramatta	1:19.59	
2 Rebecca Solomon	Manly Warringah	1:21.11	
3 Olivia Vecchio	Mosman	1:22.06	
4 Sophie Harden	Ku-Ring-Gai	1:22.26	
5 Hannah Sacco	Northern Suburbs	1:24.77	

**Results****....Girls U 8 - 400 Metre Sprint**

6 Zoe Woods	Ku-Ring-Gai	1:26.04
7 Kristina Prizmic	Ryde	1:26.35
8 Laura Bell	Manly Warringah	1:32.20

**Girls U 9 - 400 Metre Sprint**

=====			
Region:	R 1:09.63	15/02/2014	Brianna Worsfold, Ku-Ring-G
State:	S 1:06.64	24/03/1990	Rosemary Hayward, Wyong
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Sarah Baker	Northern Suburbs	1:14.40Q
2 Georgia Rae	Manly Warringah	1:15.32Q
3 Jessie Blackwell	Northern Suburbs	1:17.44Q
4 Keira Yerbury	Ku-Ring-Gai	1:18.17
5 Eve Rothwell	Northern Suburbs	1:18.82
6 Teagan Jones	Ku-Ring-Gai	1:21.22
7 Abigail Johnstone	Parramatta	1:24.08
8 Ava Barroccu	Cherrybrook	1:24.19

## Heat 2 Heats

1 Amber Halliday	Manly Warringah	1:14.53Q
2 Isabella Fisher	Cherrybrook	1:15.97Q
3 Annie Seve	Manly Warringah	1:16.51Q
4 Lucy Scholtens	Manly Warringah	1:17.28q
5 Isabella Pereira	Hornsby	1:18.14q
6 Madison Mitchell	Hornsby	1:21.44
7 Charlotte Gathercole	Nth Rocks Carlin	1:27.11

**Girls U 9 - 400 Metre Sprint**

=====			
Region:	R 1:09.63	15/02/2014	Brianna Worsfold, Ku-Ring-G
State:	S 1:06.64	24/03/1990	Rosemary Hayward, Wyong
Name		Age Centre	Final
=====			

## Section 1 Final

1 Sarah Baker	Northern Suburbs	1:12.74
2 Amber Halliday	Manly Warringah	1:14.71
3 Georgia Rae	Manly Warringah	1:15.01
4 Annie Seve	Manly Warringah	1:16.25
5 Isabella Fisher	Cherrybrook	1:16.32
6 Lucy Scholtens	Manly Warringah	1:18.39
7 Jessie Blackwell	Northern Suburbs	1:18.40
8 Isabella Pereira	Hornsby	1:19.97

**Girls U 10 - 400 Metre Sprint**

=====			
Region:	R 1:05.60	1991	Rosemary Hayward, Wyong
State:	S 1:03.84	15/03/2003	Paige Fenech, Albion Park
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Georgia Morgan	Mosman	1:11.28Q
2 Eva Bates	Ku-Ring-Gai	1:13.36Q
3 Zoe Banks	Northern Suburbs	1:14.89Q
4 Stella Hurley	Ryde	1:18.34q
5 Sophia Archer	Northern Suburbs	1:18.38
6 Ingrid Kingsmill	Northern Suburbs	1:22.77

## Heat 2 Heats

1 Lara Williams	Manly Warringah	1:13.66Q
2 Jessica Gocher	Mosman	1:14.61Q
3 Krishani Coffin	Ryde	1:15.15Q

**Results****....Girls U 10 - 400 Metre Sprint**

4 Jessica Walton	Northern Districts	1:17.46q
5 Jasmine Lowe	Northern Suburbs	1:23.65

**Girls U 10 - 400 Metre Sprint**

=====			
Region: R	1:05.60	1991	Rosemary Hayward, Wyong
State: S	1:03.84	15/03/2003	Paige Fenech, Albion Park
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Lara Williams		Manly Warringah	1:08.63
2 Georgia Morgan		Mosman	1:09.61
3 Eva Bates		Ku-Ring-Gai	1:10.35
4 Krishani Coffin		Ryde	1:13.00
5 Jessica Gocher		Mosman	1:14.20
6 Zoe Banks		Northern Suburbs	1:16.83
7 Stella Hurley		Ryde	1:18.46
8 Jessica Walton		Northern Districts	1:20.89

**Girls U 11 - 400 Metre Sprint**

=====			
Region: R	1:01.90	17/02/2008	Sara Marshall, Gosford
State: S	1:01.34	12/03/1978	Michelle Moroney, Bankstown
State: S	1:01.34	17/03/2001	Jacinta Doyle, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Brianna Worsfold		Ku-Ring-Gai	1:08.01Q
2 Kristen Cook		Ku-Ring-Gai	1:09.69Q
3 Sally Priest		Manly Warringah	1:10.54Q
4 Holly Wickham		Manly Warringah	1:12.70q
5 Melissa Blume		Parramatta	1:14.38
6 Felicity Stewart		Ku-Ring-Gai	1:14.99
7 Emma Ridley		Northern Suburbs	1:15.62
Heat 2 Heats			
1 Cayla Phillips		Manly Warringah	1:09.64Q
2 Sienna Bond		Cherrybrook	1:09.88Q
3 Lily Tilt		Nth Rocks Carlin	1:11.06Q
4 Eliza McKenzie		Nth Rocks Carlin	1:12.61q
5 Lilli Krawitz		Mosman	1:15.70
6 Alexandra Sinclair		Manly Warringah	1:16.79
7 Emily Metcalfe		Ryde	1:18.55
8 Alexandra Dransfield		Northern Suburbs	1:22.34

**Girls U 11 - 400 Metre Sprint**

=====			
Region: R	1:01.90	17/02/2008	Sara Marshall, Gosford
State: S	1:01.34	12/03/1978	Michelle Moroney, Bankstown
State: S	1:01.34	17/03/2001	Jacinta Doyle, Port Hacking
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Brianna Worsfold		Ku-Ring-Gai	1:03.93
2 Sienna Bond		Cherrybrook	1:05.55
3 Cayla Phillips		Manly Warringah	1:07.07
4 Lily Tilt		Nth Rocks Carlin	1:08.56
5 Kristen Cook		Ku-Ring-Gai	1:09.43
6 Sally Priest		Manly Warringah	1:10.23
7 Eliza McKenzie		Nth Rocks Carlin	1:11.75
8 Holly Wickham		Manly Warringah	1:12.39



**Results****Girls U 12 - 400 Metre Sprint**

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=====
Region: R 1:01.30 1993 Rosemary Hayward, Toukley
State: S 57.74 21/02/1979 Nicole Leistenschneider, Ma
Name Age Centre Heats
=====

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## Heat 1 Heats

1	Hannah Mathews	Nth Rocks Carlin	1:09.08Q
2	Nicola Hogg	Mosman	1:10.19Q
3	Charlotte Hall	Hornsby	1:12.13Q
4	Jud Hijazi	Cherrybrook	1:12.72
5	Jaz Todd	Northern Districts	1:14.22
6	Anna Kely	Nth Rocks Carlin	1:21.26

## Heat 2 Heats

1	Claudia Valletta	Manly Warringah	1:09.63Q
2	Emilia Duncan	Ku-Ring-Gai	1:10.93Q
3	Ruby Quoyle	Northern Suburbs	1:11.02Q
4	Emma Kirkland	Mosman	1:12.29q
5	Rachel Penny	Manly Warringah	1:12.62q
6	Angela Asikin	Northern Suburbs	1:16.87

**Girls U 12 - 400 Metre Sprint**

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=====
Region: R 1:01.30 1993 Rosemary Hayward, Toukley
State: S 57.74 21/02/1979 Nicole Leistenschneider, Ma
Name Age Centre Final
=====

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## Section 1 Final

1	Nicola Hogg	Mosman	1:05.80
2	Claudia Valletta	Manly Warringah	1:06.96
3	Hannah Mathews	Nth Rocks Carlin	1:08.58
4	Emilia Duncan	Ku-Ring-Gai	1:09.77
5	Emma Kirkland	Mosman	1:11.79
6	Charlotte Hall	Hornsby	1:12.78
7	Ruby Quoyle	Northern Suburbs	1:13.02
8	Rachel Penny	Manly Warringah	1:13.25

**Girls U 13 - 400 Metre Sprint**

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=====
Region: R 58.60 1994 Rosemary Hayward, Toukley
State: S 57.24 16/03/1986 Jo-anne Swan, Camden
Name Age Centre Heats
=====

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## Heat 1 Heats

1	Emma O'Reilly	Manly Warringah	1:02.38Q
2	Gemma Bratton	Northern Suburbs	1:02.49Q
3	Evita Dickson	Manly Warringah	1:05.43Q
4	Kora Villa	Northern Suburbs	1:06.98q
5	Hannah Parker	Manly Warringah	1:10.16
6	Genevieve McKeown	Nth Rocks Carlin	1:12.19
7	Ashlea Ahmed	Cherrybrook	1:14.57

## Heat 2 Heats

1	Jasmin Guthrie	Northern Districts	1:03.59Q
2	Isabella Guthrie	Northern Districts	1:03.99Q
3	Anna Dowling	Northern Suburbs	1:06.94Q
4	Jatali Brown	Manly Warringah	1:07.95q

**Results****Girls U 13 - 400 Metre Sprint**

Region: R 58.60 1994 Rosemary Hayward, Toukley			
State: S 57.24 16/03/1986 Jo-anne Swan, Camden			
Name	Age	Centre	Final
Section 1 Final			
1 Emma O'Reilly		Manly Warringah	1:02.52
2 Jasmin Guthrie		Northern Districts	1:02.66
3 Gemma Bratton		Northern Suburbs	1:02.74
4 Isabella Guthrie		Northern Districts	1:03.43
5 Evita Dickson		Manly Warringah	1:04.86
6 Kora Villa		Northern Suburbs	1:06.57
7 Anna Dowling		Northern Suburbs	1:07.33
8 Jatali Brown		Manly Warringah	1:08.36

**Girls U 14 - 400 Metre Sprint**

Region: R 56.20 1995 Rosemary Hayward, Toukley			
State: S 56.02 23/03/2012 Molly Blackey, South Eastern			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sally Guthrie		Northern Suburbs	1:04.75Q
2 Jacinta Metcalf		Manly Warringah	1:04.87Q
3 Gabriella Richmond		Northern Suburbs	1:05.45Q
4 Amy Bonthorne		Ku-Ring-Gai	1:06.13q
5 Lauren Brown		Northern Suburbs	1:07.92q
6 Eleanor Plummer		Ryde	1:12.25
Heat 2 Heats			
1 Isabella Rudolph		Cherrybrook	1:04.30Q
2 Zoe Warland		Hornsby	1:05.97Q
3 Bridget Smith		Manly Warringah	1:07.52Q
4 Olivia Hogg		Mosman	1:08.21
5 Emily Ralph		Ryde	1:13.03
6 Josephine VU		Nth Rocks Carlin	1:15.99

**Girls U 14 - 400 Metre Sprint**

Region: R 56.20 1995 Rosemary Hayward, Toukley			
State: S 56.02 23/03/2012 Molly Blackey, South Eastern			
Name	Age	Centre	Final
Section 1 Final			
1 Jacinta Metcalf		Manly Warringah	1:02.51
2 Gabriella Richmond		Northern Suburbs	1:02.71
3 Sally Guthrie		Northern Suburbs	1:03.25
4 Zoe Warland		Hornsby	1:04.14
5 Isabella Rudolph		Cherrybrook	1:05.03
6 Amy Bonthorne		Ku-Ring-Gai	1:05.58
7 Bridget Smith		Manly Warringah	1:05.65
8 Lauren Brown		Northern Suburbs	1:09.95

**Girls U 15 - 400 Metre Sprint**

Region: R 55.60 1996 Rosemary Hayward, Toukley			
State: S 55.74 18/02/1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eliza Harvey		Nth Rocks Carlin	1:02.15Q
2 Sascha Gassmann		Northern Suburbs	1:04.37Q
3 Astrid Kingsmill		Northern Suburbs	1:04.88Q

**Results****....Girls U 15 - 400 Metre Sprint**

4 Anika Rooney	Northern Suburbs	1:07.77q
Heat 2 Heats		
1 Briedelia Wiggins	Manly Warringah	1:00.17Q
2 Nicole Freestone	Cherrybrook	1:05.78Q
3 Jemma Gallagher	Northern Districts	1:07.49Q
4 Kate Collett	Cherrybrook	1:08.13q
5 Leanne Tay	Ryde	1:09.15
6 Amelia Berthold	Ku-Ring-Gai	1:10.93

**Girls U 15 - 400 Metre Sprint**

=====			
Region:	R 55.60	1996	Rosemary Hayward, Toukley
State:	S 55.74	18/02/1996	Rosemary Hayward, Toukley
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Eliza Harvey	Nth Rocks Carlin	58.87
2 Briedelia Wiggins	Manly Warringah	1:01.10
3 Sascha Gassmann	Northern Suburbs	1:04.20
4 Astrid Kingsmill	Northern Suburbs	1:04.84
5 Kate Collett	Cherrybrook	1:06.11
6 Nicole Freestone	Cherrybrook	1:06.94
7 Anika Rooney	Northern Suburbs	1:08.42
8 Jemma Gallagher	Northern Districts	1:08.87

**Girls U 17 - 400 Metre Sprint**

=====			
Region:	R 57.54	13/02/2016	Rowena Craker, Manly Warringah
State:	S 56.41	21/03/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 Kristie Edwards	Manly Warringah	1:02.15Q
2 Elly Gallagher	Northern Districts	1:03.09Q
3 Kelsey Cooper-Phillis	Ryde	1:04.15Q
4 Lauryn Walker	Northern Suburbs	1:04.94q
5 Natalie Norris	Manly Warringah	1:05.77

## Heat 2 Heats

1 Rowena Craker	Manly Warringah	59.54Q
2 Nicola Bowtell	Ryde	1:02.70Q
3 Claudia Mee	Mosman	1:03.50Q
4 Emily Jones	Cherrybrook	1:03.83q
5 Yolande Webster	Northern Districts	1:05.26
6 Molly Quoye	Northern Suburbs	1:06.49
7 Kate Johnstone	Hornsby	1:08.66

**Girls U 17 - 400 Metre Sprint**

=====			
Region:	R 57.54	13/02/2016	Rowena Craker, Manly Warringah
State:	S 56.41	21/03/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Rowena Craker	Manly Warringah	57.54R
2 Kristie Edwards	Manly Warringah	1:00.21
3 Elly Gallagher	Northern Districts	1:00.83
4 Kelsey Cooper-Phillis	Ryde	1:00.96
5 Nicola Bowtell	Ryde	1:01.76
6 Claudia Mee	Mosman	1:02.68
7 Lauryn Walker	Northern Suburbs	1:04.44
8 Emily Jones	Cherrybrook	1:07.06

**Results****Girls U 8 - 700 Metre Run Pack Start**

Region: R 2:20.20 28/02/2010 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
Section 1			
1	Antonia Baranowski	Parramatta	2:31.10
2	Caitlin Brennan	Parramatta	2:37.54
3	Rebecca Solomon	Manly Warringah	2:37.79
4	Zoe Woods	Ku-Ring-Gai	2:41.83
5	Ella Dunstan	Manly Warringah	2:45.94
6	Kaylah Bennett	Cherrybrook	2:46.93
7	Sophie Harden	Ku-Ring-Gai	2:48.63
8	Kristina Prizmic	Ryde	2:49.46
9	Grace Beck	Ku-Ring-Gai	2:51.72
10	Olivia Vecchio	Mosman	2:53.28
11	Eloise Marschner	Northern Suburbs	2:53.89
12	Hannah Sacco	Northern Suburbs	2:55.68
13	Adriana Prizmic	Ryde	2:56.90
14	Samantha Budden	Cherrybrook	2:57.46
15	Jade Rollo	Parramatta	3:09.59

**Girls U 9 - 800 Metre Run**

Region: R 2:34.80 20/02/2011 Abbey Rockliff, Ku-ring-gai			
State: S 2:33.00 20/03/2011 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Sarah Baker	Northern Suburbs	2:48.00
2	Amber Halliday	Manly Warringah	2:55.41
3	Isabella Fisher	Cherrybrook	2:56.00
4	Emilie Stevens	Northern Districts	2:59.98
5	Lucy Scholtens	Manly Warringah	3:00.90
6	Georgia Phillips	Ryde	3:01.24
7	Isabelle Howard	Mosman	3:04.73
8	Ashlee O'Reilly	Manly Warringah	3:07.94
9	Olivia Moresi	Cherrybrook	3:08.75
10	Cassidy McArthur	Hornsby	3:10.09
11	Mia Sams	Manly Warringah	3:12.84
12	Abigail Johnstone	Parramatta	3:17.41
13	Charlotte Gathercole	Nth Rocks Carlin	3:36.45

**Girls U 10 - 800 Metre Run**

Region: R 2:27.26 19/02/2012 Abbey Rockliff, Ku-ring-gai			
State: S 2:27.30 19/02/2012 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Jessica Gocher	Mosman	2:41.26
2	Evie Todd	Northern Districts	2:47.68
3	Alyssa Medved	Manly Warringah	2:48.70
4	Zoe Banks	Northern Suburbs	2:49.87
5	Keeley Holmes	Manly Warringah	2:52.33
6	Ingrid Kingsmill	Northern Suburbs	2:55.54
7	Krishani Coffin	Ryde	2:58.41
8	Sophia Archer	Northern Suburbs	2:59.59
9	Katelyn Johnson	Parramatta	3:00.28
10	Jessica Walton	Northern Districts	3:07.51
11	Lulu Ryals	Manly Warringah	3:08.15
12	Holly Chantry	Ku-Ring-Gai	3:12.28

**Results****Girls U 11 - 800 Metre Run**

Region: R 2:26.06 17/02/2013 Abbey Rockliff, Ku-Ring-Gai			
State: S 2:22.60 20/03/2005 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
1 Kristen Cook		Ku-Ring-Gai	2:37.52
2 Arabella Price		Nth Rocks Carlin	2:38.97
3 Holly Wickham		Manly Warringah	2:41.73
4 Chelsea Smyth		Manly Warringah	2:42.23
5 Sally Priest		Manly Warringah	2:46.18
6 Sophie Kavanagh		Nth Rocks Carlin	2:47.43
7 Emilia Rawstorne		Mosman	2:47.79
8 Emma Ridley		Northern Suburbs	2:48.36
9 Clare Doherty		Ryde	2:48.76
10 Emma Thomas		Parramatta	2:49.91
11 Lilli Krawitz		Mosman	2:54.64
12 Alexandra Sinclair		Manly Warringah	2:56.45
13 Melissa Blume		Parramatta	2:58.91
14 Georgia Spanswick		Ku-Ring-Gai	3:02.25
15 Emily Metcalfe		Ryde	3:03.13

**Girls U 12 - 800 Metre Run**

Region: R 2:21.69 16/02/2014 Abbey Rockliff, Ku-Ring-Gai			
State: S 2:16.34 23/03/2014 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Nicola Hogg		Mosman	2:23.07
2 Jessica Bird		Ku-Ring-Gai	2:26.04
3 Sofia Saroukos		Northern Suburbs	2:34.45
4 Georgia Arcus		Ryde	J2:34.45
5 Kayla Kimball		Manly Warringah	2:37.14
6 Charlotte Curran		Ku-Ring-Gai	2:38.21
7 Zara Warland		Hornsby	2:38.78
8 Hannah Mathews		Nth Rocks Carlin	2:44.49
9 Caitlin Roach		Parramatta	2:47.57
10 Emily Gathercole		Nth Rocks Carlin	2:49.13
11 Ruby Quoyle		Northern Suburbs	2:49.88
12 April Shepherd		Northern Districts	2:56.87
13 Olivia Tommerup		Manly Warringah	2:58.90
14 Arienna Grebert		Cherrybrook	3:02.40
15 Skye Grosvenor		Nth Rocks Carlin	3:03.50

**Girls U 13 - 800 Metre Run**

Region: R 2:18.40 19/02/2006 Janine Liversage, Hills Dis			
State: S 2:15.20 22/02/1987 Suzy Walsham, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Emma O'Reilly		Manly Warringah	2:28.12
2 Ciara Sinclair		Manly Warringah	J2:28.68
2 Gemma Bratton		Northern Suburbs	2:28.68
4 Hannah Cerezo		Northern Suburbs	2:29.49
5 Emma Mahon		Manly Warringah	2:31.37
6 Emily Gocher		Mosman	2:34.19
7 Hannah Lovlin		Manly Warringah	2:35.45
8 Kirsten Frykberg		Cherrybrook	2:36.50
9 Emily Moloney		Northern Suburbs	2:36.77
10 Sophie Halliday		Manly Warringah	2:38.56
11 Haley Mills		Parramatta	2:39.18
12 Olivia Rooney		Northern Suburbs	2:39.98
13 Abby Hartshorne		Hornsby	2:48.12

**Results****Girls U 14 - 800 Metre Run**

Region: R 2:14.69 14/02/2016 Abbey Rockliff, Ku-Ring-Gai			
State: S 2:13.20 20/03/1988 Suzy Walsham, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Abbey Rockliff	Ku-Ring-Gai	2:14.69R
2	Imogen Gardiner	Northern Suburbs	2:23.92
3	Hannah Moloney	Northern Suburbs	2:26.09
4	Ashlie Edwards	Manly Warringah	2:26.49
5	Jacinta Metcalf	Manly Warringah	2:26.65
6	Olivia Hogg	Mosman	2:28.55
7	Sally Guthrie	Northern Suburbs	2:31.03
8	Alicia John	Parramatta	2:33.22
9	Amy Bonthorne	Ku-Ring-Gai	2:43.26
10	Taylah Thompson	Northern Suburbs	2:59.21
11	Josephine VU	Nth Rocks Carlin	3:04.61

**Girls U 15 - 800 Metre Run**

Region: R 2:10.90 22/02/2009 Jenny Blundell, Cherrybrook			
State: S 2:10.90 17/03/2002 Brooke Simpson, Sutherland			
Name	Age	Centre	Final
1	Eliza Harvey	Nth Rocks Carlin	2:23.50
2	Astrid Kingsmill	Northern Suburbs	2:27.07
3	Sophie Gocher	Mosman	2:27.56
4	Jemma Gallagher	Northern Districts	2:28.96
5	Samantha Brown	Parramatta	2:31.11
6	Eve Timms	Cherrybrook	2:31.66
7	Jessica Weidenhofer	Manly Warringah	2:32.75
8	Gabrielle Damm	Ryde	2:35.43
9	Anika Rooney	Northern Suburbs	2:37.56
10	Eleanor Lidbetter	Hornsby	2:49.73
11	Belinda Scott	Ku-Ring-Gai	2:55.36

**Girls U 17 - 800 Metre Run**

Region: R 2:15.00 28/02/2010 Jenny Blundell, Cherrybrook			
State: S 2:12.59 25/03/2012 Kate Spencer, Ryde			
Name	Age	Centre	Final
1	Elly Gallagher	Northern Districts	2:21.09
2	Natalie Norris	Manly Warringah	2:25.47
3	Nikita Spalvins	Mosman	2:26.04
4	Claudia Mee	Mosman	2:28.82
5	Kelsey Cooper-Phillis	Ryde	2:45.98
6	Molly Quoye	Northern Suburbs	2:49.80
7	Kara Blackley	Mosman	3:08.15

**Girls U 10 - 1500 Metre Run**

Region: R 4:56.90 18/02/2012 Abbey Rockliff, Ku-ring-gai			
State: S 4:56.90 18/02/2012 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Jessica Gocher	Mosman	5:29.38
2	Lara Paterson	Manly Warringah	5:34.13
3	Ingrid Kingsmill	Northern Suburbs	5:36.60
4	Zoe Banks	Northern Suburbs	5:41.40
5	Sophia Archer	Northern Suburbs	5:44.13
6	Ellie Beck	Ku-Ring-Gai	5:45.35
7	Krishani Coffin	Ryde	5:59.68

**Results****....Girls U 10 - 1500 Metre Run**

8	Katelyn Johnson	Parramatta	6:11.26
9	Holly Chantry	Ku-Ring-Gai	6:13.44
10	Olivia Gorman	Manly Warringah	6:19.95
11	Bella Kachel	Hornsby	6:21.70
12	Eliza Brown	Northern Suburbs	6:33.20
13	Emma Hooper	Manly Warringah	6:42.29
14	Gigi Spliller	Ku-Ring-Gai	6:46.79

**Girls U 11 - 1500 Metre Run**

Region: R 4:54.70 2005 Jenny Blundell, Cherrybrook  
 State: S 4:47.05 23/03/2013 Abbey Rockliff, Ku-Ring-Gai

Name	Age	Centre	Final
1	Chelsea Smyth	Manly Warringah	5:28.27
2	Kristen Cook	Ku-Ring-Gai	5:28.74
3	Holly Wickham	Manly Warringah	5:30.78
4	Arabella Price	Nth Rocks Carlin	5:42.86
5	Emma Thomas	Parramatta	5:44.01
6	Lilli Krawitz	Mosman	5:46.22
7	Alexandra Sinclair	Manly Warringah	5:51.47
8	Zara Ostryn	Manly Warringah	5:56.10
9	Emma Ridley	Northern Suburbs	6:08.66
10	Annabel Hutcheson	Northern Suburbs	6:21.43
11	Jesse Hartmann	Ryde	6:22.37
12	Natasha Ball	Parramatta	6:52.26
13	Ruby Thomson	Ku-Ring-Gai	6:59.50

**Girls U 12 - 1500 Metre Run**

Region: R 4:40.94 15/02/2014 Abbey Rockliff, Ku-Ring-Gai  
 State: S 4:34.47 22/03/2014 Abbey Rockliff, Ku-Ring-Gai

Name	Age	Centre	Final
1	Nicola Hogg	Mosman	4:56.58
2	Jessica Bird	Ku-Ring-Gai	5:03.50
3	Georgia Arcus	Ryde	5:23.64
4	Anastasia Lakic	Ryde	5:26.23
5	Sofia Saroukos	Northern Suburbs	5:31.86
6	Charlotte Curran	Ku-Ring-Gai	5:32.40
7	Zara Warland	Hornsby	5:35.70
8	Kayla Kimball	Manly Warringah	5:50.22
9	Caitlin Roach	Parramatta	5:52.80
10	April Shepherd	Northern Districts	5:58.73
11	Arienna Grebert	Cherrybrook	6:04.50
12	Olivia Thomson	Manly Warringah	6:07.80
13	Skye Grosvenor	Nth Rocks Carlin	6:10.96

**Girls U 13 - 1500 Metre Run**

Region: R 4:37.70 14/02/2015 Abbey Rockliff, Ku-Ring-Gai  
 State: S 4:36.10 21/02/1987 Suzy Walsham, Ku-Ring-Gai

Name	Age	Centre	Final
1	Emma Mahon	Manly Warringah	5:04.80
2	Ciara Sinclair	Manly Warringah	5:10.11
3	Emily Gocher	Mosman	5:12.43
4	Hannah Cerezo	Northern Suburbs	5:14.97
5	Hannah Lovlin	Manly Warringah	5:18.51
6	Haley Mills	Parramatta	5:19.36
7	Olivia Rooney	Northern Suburbs	5:21.77

**Results****....Girls U 13 - 1500 Metre Run**

8	Kirsten Frykberg	Cherrybrook	5:26.73
9	Sophie Boland	Ryde	5:50.15
10	Jamie Eve Wade	Nth Rocks Carlin	6:17.09
11	Bethany Easton	Hornsby	6:24.73

**Girls U 14 - 1500 Metre Run**

Region: R 4:36.10 13/02/2016 Abbey Rockliff, Ku-Ring-Gai  
 State: S 4:35.30 15/03/2003 Lexy Gilmour, Helensburgh

Name	Age Centre	Final
1	Abbey Rockliff	Ku-Ring-Gai 4:36.10R
2	Indianna Marshall-Witte	Manly Warringah 4:55.99
3	Charlotte Ryan	Ku-Ring-Gai 4:56.15
4	Imogen Gardiner	Northern Suburbs 5:01.91
5	Olivia Hogg	Mosman 5:06.88
6	Sally Guthrie	Northern Suburbs 5:20.39
7	Ashlie Edwards	Manly Warringah 5:21.60
8	Alicia John	Parramatta 5:23.85
9	Abigail Johnstone	Northern Suburbs 5:27.84
10	Josephine VU	Nth Rocks Carlin 6:49.19

**Girls U 15 - 1500 Metre Run**

Region: R 4:38.31 16/02/2013 Emily Hopper, MOSMAN  
 State: S 4:34.80 15/03/1997 Phoebe Gunning, St George

Name	Age Centre	Final
1	Sophie Gocher	Mosman 4:57.23
2	Samantha Brown	Parramatta 4:57.70
3	Gabrielle Damm	Ryde 5:04.47
4	Astrid Kingsmill	Northern Suburbs 5:08.93
5	Jemma Gallagher	Northern Districts 5:23.68
6	Anika Rooney	Northern Suburbs 5:28.43
7	Kate Watson	Northern Suburbs 5:47.54
8	Belinda Scott	Ku-Ring-Gai 6:12.19

**Girls U 17 - 1500 Metre Run**

Region: R 4:42.90 18/02/2012 Kate Spencer, Ryde  
 State: S 4:33.13 20/03/2010 Jenny Blundell, Cherrybrook

Name	Age Centre	Final
1	Elly Gallagher	Northern Districts 4:50.11
2	Nikita Spalvins	Mosman 5:01.93
3	Mikayla Hopper	Mosman 5:10.18
4	Natalie Norris	Manly Warringah 5:35.92
5	Grace Hanks	Manly Warringah 5:57.33

**Girls U 13 - 3000 Metre Run**

Region: R 9:58.99 14/02/2015 Abbey Rockliff, Ku-Ring-Gai  
 State: S 9:58.99 15/02/2015 Abbey Rockliff, Ku-Ring-Gai

Name	Age Centre	Final
1	Emma Mahon	Manly Warringah 11:02.37
2	Hannah Cerezo	Northern Suburbs 11:19.59
3	Emily Gocher	Mosman 11:34.57
4	Emily Moloney	Northern Suburbs 11:45.90
5	Kirsten Frykberg	Cherrybrook 11:53.66
6	Haley Mills	Parramatta 11:59.52



**Results****....Girls U 13 - 3000 Metre Run**

7	Mia Hinchliff	Mosman	12:07.55
8	Sophie Boland	Ryde	12:46.06
9	Samantha Guthrie	Northern Suburbs	12:55.66
10	Prudence Silver	Northern Districts	13:53.87

**Girls U 14 - 3000 Metre Run**

=====			
Region:	R 10:35.60	2001	Bree Crawford, Manly Warri
State:	S 9:59.16	20/03/2015	Emily Schneider, Sutherlan
Name		Age Centre	Final
=====			
1	Indianna Marshall-Witte	Manly Warringah	10:42.82
2	Charlotte Ryan	Ku-Ring-Gai	10:46.12
3	Olivia Hogg	Mosman	11:10.46
4	Hannah Moloney	Northern Suburbs	11:30.35
5	Abigail Johnstone	Northern Suburbs	11:50.77

**Girls U 15 - 3000 Metre Run**

=====			
Region:	R 10:31.56	14/02/2015	Leah McDonald, Parramatta
State:	S 10:00.06	23/03/2013	Jessica Hull, Albion Park
Name		Age Centre	Final
=====			
1	Sophie Gocher	Mosman	10:56.50
2	Samantha Brown	Parramatta	11:10.72
3	Gabrielle Damm	Ryde	11:23.03
4	Astrid Kingsmill	Northern Suburbs	11:54.66
5	Jemma Gallagher	Northern Districts	12:08.57

**Girls U 17 - 3000 Metre Run**

=====			
Region:	R 10:19.10	18/02/2012	Kate Spencer, Ryde
State:	S 9:57.22	15/02/2014	Jessica Hull, Albion Park
Name		Age Centre	Final
=====			
1	Nikita Spalvins	Mosman	11:30.42

**Girls U 8 - 60 Metre Hurdles (45cm)**

=====			
Region:	R 10.90	1994	Bree Donnelly, Manly Warringa
State:	S 11.24	18/02/1996	Shona Martin, Manly Warringah
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1	Catherine Mikan	Northern Suburbs	12.28Q
2	Jessica Grummett	Hornsby	12.34Q
3	Harlow Wigley	Ku-Ring-Gai	13.04Q
4	Jasmine McAndrew	Ryde	13.10
5	Naomi Rogers	Northern Districts	13.12
6	Zara Murray	Northern Suburbs	13.46
7	Emily Buchner	Ku-Ring-Gai	14.22
8	Tyra Turuva	Manly Warringah	14.38

## Heat 2 Heats

1	Gemma McIntosh	Ku-Ring-Gai	11.90Q
2	Lara Boccabella	Ryde	12.05Q
3	Milla Brown	Manly Warringah	12.16Q
4	Antonia Baranowski	Parramatta	12.33q
5	Ruby Perkins	Cherrybrook	12.40q
6	Skye Halmarick	Ryde	12.69
7	Amelia Boccabella	Ryde	14.37
8	Lily Erby	Mosman	14.48

**Results****Girls U 8 - 60 Metre Hurdles (45cm)**

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=====
Region: R 10.90 1994      Bree Donnelly, Manly Warringah
State: S 11.24 18/02/1996 Shona Martin, Manly Warringah
Name                Age Centre                Final
=====

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## Section 1 Final

1	Gemma McIntosh	Ku-Ring-Gai	11.65
2	Lara Boccabella	Ryde	12.04
3	Catherine Mikan	Northern Suburbs	12.08
4	Jessica Grummett	Hornsby	12.12
5	Antonia Baranowski	Parramatta	12.27
6	Ruby Perkins	Cherrybrook	12.29
7	Milla Brown	Manly Warringah	12.48
8	Harlow Wigley	Ku-Ring-Gai	12.64

**Girls U 9 - 60 Metre Hurdles (45cm)**

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=====
Region: R 10.20 1995      A Hamilton, Northern Suburbs
State: S 9.84 21/02/2009 Chyna Tavai-Willams, Bankstow
Name                Age Centre                Heats
=====

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## Heat 1 Heats

1	Noa Davies	Mosman	10.83Q
2	Chloe Dunne	Manly Warringah	10.90Q
2	Annabelle Cooper	Northern Suburbs	10.90Q
4	Hayley Reynolds	Nth Rocks Carlin	11.67q
5	Azalliyah Jeffery	Parramatta	11.80
6	Emily Jackson	Parramatta	12.01
7	Emilie Stevens	Northern Districts	12.02
8	Milni Kariyawasam	Hornsby	12.07

## Heat 2 Heats

1	Lucy Scholtens	Manly Warringah	10.64Q
2	Georgia Rae	Manly Warringah	11.21Q
3	Samara Bond	Cherrybrook	11.37Q
4	Emilia Massaro	Northern Suburbs	11.74q
5	Georgia Phillips	Ryde	11.80
6	Ava Smith	Parramatta	11.93
7	Bridgette Chan	Northern Districts	11.98

**Girls U 9 - 60 Metre Hurdles (45cm)**

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=====
Region: R 10.20 1995      A Hamilton, Northern Suburbs
State: S 9.84 21/02/2009 Chyna Tavai-Willams, Bankstow
Name                Age Centre                Final
=====

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## Section 1 Final

1	Lucy Scholtens	Manly Warringah	10.61
2	Chloe Dunne	Manly Warringah	10.91
3	Noa Davies	Mosman	11.01
4	Annabelle Cooper	Northern Suburbs	11.12
5	Samara Bond	Cherrybrook	11.15
6	Georgia Rae	Manly Warringah	11.17
7	Hayley Reynolds	Nth Rocks Carlin	11.59
8	Emilia Massaro	Northern Suburbs	12.04

**Results****Girls U 10 - 60 Metre Hurdles (60cm)**

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=====
Region: R 10.00 27/02/2010 Tiana Jaber, Kings Langley
State: S 9.84 20/03/2010 Chyna Tavai-Williams, Bankstow
Name Age Centre Heats
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## Heat 1 Heats

1	Talia Kupceric	Manly Warringah	11.18Q
2	Madeleine Gregg	Northern Suburbs	11.39Q
3	Keeley Holmes	Manly Warringah	11.67Q
4	Penelope Girdis	Mosman	12.08q
5	Mia Fry	Mosman	12.09
5	Phoebe Riley	Ku-Ring-Gai	12.09
7	Nicole McCrostie	Cherrybrook	12.48

## Heat 2 Heats

1	Eva Bates	Ku-Ring-Gai	10.71Q
2	Mia Marshall	Northern Suburbs	11.54Q
3	Emily Uslu	Parramatta	11.64Q
4	Torika Turuva	Manly Warringah	11.78q
5	Sienna Fraser	Manly Warringah	12.28
6	Isabella Hollins	Ryde	12.43
7	Isabelle Nilon	Nth Rocks Carlin	12.50
8	Eliza Brown	Northern Suburbs	13.58

**Girls U 10 - 60 Metre Hurdles (60cm)**

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=====
Region: R 10.00 27/02/2010 Tiana Jaber, Kings Langley
State: S 9.84 20/03/2010 Chyna Tavai-Williams, Bankstow
Name Age Centre Final
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## Section 1 Final

1	Eva Bates	Ku-Ring-Gai	10.69
2	Mia Marshall	Northern Suburbs	11.27
3	Emily Uslu	Parramatta	11.47
4	Talia Kupceric	Manly Warringah	11.54
5	Madeleine Gregg	Northern Suburbs	11.59
6	Keeley Holmes	Manly Warringah	11.65
7	Torika Turuva	Manly Warringah	11.76
8	Penelope Girdis	Mosman	12.06

**Girls U 11 - 60 Metre Hurdles (60cm)**

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=====
Region: R 9.60 1998 A Kerr, Winston Hills
State: S 9.34 20/03/2004 Annaliese Gardiner, Ku-Ring-G
Name Age Centre Heats
=====

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## Heat 1 Heats

1	Emily Crawford	Cherrybrook	10.45Q
2	India Nash	Northern Suburbs	11.32Q
3	Emily Moraitis	Northern Suburbs	11.41Q
4	Sophie Hanna	Manly Warringah	11.80
5	Amelia Polley	Parramatta	12.17
6	Lucy Brown	Manly Warringah	12.21
7	Alexandra Dransfield	Northern Suburbs	12.26

## Heat 2 Heats

1	Sienna Bond	Cherrybrook	10.28Q
2	Emily Smith	Manly Warringah	11.14Q
3	Stefanie Fejes	Manly Warringah	11.30Q
4	Inge Ackland	Ku-Ring-Gai	11.72q
5	Naomi Baranowski	Parramatta	11.78q
6	Samantha Hardingham	Northern Suburbs	12.20
7	Kelsey Smit	Ku-Ring-Gai	12.67

**Results****Girls U 11 - 60 Metre Hurdles (60cm)**

Region: R 9.60 1998 A Kerr, Winston Hills			
State: S 9.34 20/03/2004 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
Section 1 Final			
1	Sienna Bond	Cherrybrook	10.04
2	Emily Crawford	Cherrybrook	10.27
3	Emily Smith	Manly Warringah	10.77
4	Stefanie Fejes	Manly Warringah	10.87
5	Emily Moraitis	Northern Suburbs	11.02
6	India Nash	Northern Suburbs	11.26
7	Naomi Baranowski	Parramatta	11.78
8	Inge Ackland	Ku-Ring-Gai	11.94

**Girls U 12 - 60 Metre Hurdles (68cm)**

Region: R 9.10 2005 Annaliese Gardiner, Ku-ring-g			
State: S 9.34 19/03/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Annika Lynch	Northern Suburbs	10.04Q
2	Jessica Maciver	Ku-Ring-Gai	10.54Q
2	Emilia Duncan	Ku-Ring-Gai	10.54Q
4	Summer Enasio	Northern Districts	11.18q
5	Maeve Johnson	Manly Warringah	11.50
6	Eliza Da Silva	Ryde	12.50
7	Anastasia Lakic	Ryde	12.54
8	Angelique Pozzolungo	Parramatta	12.84
Heat 2 Heats			
1	Georgia Healy	Northern Suburbs	10.05Q
2	Georgia Fichardt	Ku-Ring-Gai	10.39Q
3	Ruby Mahendran	Ku-Ring-Gai	10.43Q
4	Emily Gathercole	Nth Rocks Carlin	11.44q
5	Angela Asikin	Northern Suburbs	11.54
6	Brooke Chaloner	Manly Warringah	11.77
7	Charlotte Hall	Hornsby	12.05

**Girls U 12 - 60 Metre Hurdles (68cm)**

Region: R 9.10 2005 Annaliese Gardiner, Ku-ring-g			
State: S 9.34 19/03/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
Section 1 Final			
1	Annika Lynch	Northern Suburbs	9.97
2	Georgia Healy	Northern Suburbs	10.06
3	Jessica Maciver	Ku-Ring-Gai	10.11
4	Georgia Fichardt	Ku-Ring-Gai	10.17
5	Emilia Duncan	Ku-Ring-Gai	10.22
6	Ruby Mahendran	Ku-Ring-Gai	10.29
7	Emily Gathercole	Nth Rocks Carlin	11.38
8	Summer Enasio	Northern Districts	11.40

**Results****Girls U 13 - 80 Metre Hurdles (76cm)**

Region: R 12.26 15/02/2015 Mia Hemsworth, Ku-Ring-Gai			
State: S 12.26 15/02/2015 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Alyssa Lowe		Ryde	13.95Q
2 Aleisha Jeremy		Manly Warringah	14.28Q
3 Lara Woollett		Hornsby	14.69Q
4 Lily Worrall		Northern Suburbs	14.83q
5 Isabelle Charlier		Manly Warringah	15.44q
6 Jana Docdoc		Ryde	16.63
7 Rebecca Asikin		Northern Suburbs	16.79
Heat 2 Heats			
1 Amy McFadden		Hornsby	14.54Q
2 Freya Carley		Manly Warringah	14.63Q
3 Olivia Mitchell		Mosman	15.36Q
4 Rebecca Davies		Ku-Ring-Gai	15.50
5 Aela Morrison		Northern Suburbs	16.11
6 Chloe Hawkins		Ryde	17.01

**Girls U 13 - 80 Metre Hurdles (76cm)**

Region: R 12.26 15/02/2015 Mia Hemsworth, Ku-Ring-Gai			
State: S 12.26 15/02/2015 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Alyssa Lowe		Ryde	13.67
2 Aleisha Jeremy		Manly Warringah	14.03
3 Amy McFadden		Hornsby	14.13
4 Lara Woollett		Hornsby	14.24
5 Lily Worrall		Northern Suburbs	14.45
6 Olivia Mitchell		Mosman	14.63
7 Freya Carley		Manly Warringah	14.69
8 Isabelle Charlier		Manly Warringah	15.01

**Girls U 14 - 80 Metre Hurdles (76cm)**

Region: R 12.20 2002 Marissa Ward, Northern Suburb			
State: S 11.94 19/03/2006 Carly Rodger, Port Hacking			
Name	Age	Centre	Final
Section 1			
1 Nicolette D'Onofrio		Northern Suburbs	12.70
2 Amie Bowrey		Cherrybrook	13.11
3 Zoe Warland		Hornsby	13.48
4 Isabel Mccarthy		Northern Suburbs	13.50
5 Gabriella Richmond		Northern Suburbs	13.70
6 Madeline Finlay		Northern Districts	14.54
7 Jasmine Bonomi		Manly Warringah	15.10
8 Nicola Markley		Manly Warringah	15.42

**Girls U 15 - 90 Metre Hurdles (76cm)**

Region: R 12.90 28/02/2010 Melissa Farrington, Northern			
State: S 12.44 3/03/2007 Carly Rodger, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Imogen Breslin		Ku-Ring-Gai	13.62Q
2 Tea Lisle		Manly Warringah	14.90Q

**Results****....Girls U 15 - 90 Metre Hurdles (76cm)**

3	Katrina Lyon	Ryde	15.34Q
4	Jessica Weidenhofer	Manly Warringah	15.65q
5	Rachel Ingram	Cherrybrook	15.79
Heat 2 Heats			
1	Emily Britton	Manly Warringah	13.37Q
2	Brooke East	Manly Warringah	14.35Q
3	Georgie Jaques	Manly Warringah	14.70Q
4	Kate Collett	Cherrybrook	15.17q

**Girls U 15 - 90 Metre Hurdles (76cm)**

=====  
 Region: R 12.90 28/02/2010 Melissa Farrington, Northern  
 State: S 12.44 3/03/2007 Carly Rodger, Port Hacking

=====  
 Name Age Centre Final  
 =====

## Section 1 Final

1	Emily Britton	Manly Warringah	13.24
2	Imogen Breslin	Ku-Ring-Gai	13.67
3	Brooke East	Manly Warringah	14.32
4	Tea Lisle	Manly Warringah	14.70
5	Georgie Jaques	Manly Warringah	15.00
6	Katrina Lyon	Ryde	15.20
7	Kate Collett	Cherrybrook	15.34
8	Jessica Weidenhofer	Manly Warringah	15.38

**Girls U 17 - 100 Metre Hurdles (76cm)**

=====  
 Region: R 14.00 19/02/2012 Melissa Farrington, Northern  
 State: S 13.87 21/03/2010 Michelle Jenneke, Cherrybrook

=====  
 Name Age Centre Heats  
 =====

## Heat 1 Heats

1	Elizabeth Scott	Manly Warringah	15.94Q
2	Brooke Matheson	Ryde	17.42Q
3	Lauryn Walker	Northern Suburbs	17.55Q
4	Chloe Davis	Ryde	17.91q
5	Sarah Travis	Nth Rocks Carlin	20.11

## Heat 2 Heats

1	Emily Jones	Cherrybrook	15.94Q
2	Aurora Henke	Cherrybrook	17.04Q
3	Nicola Bowtell	Ryde	17.21Q
4	Sami Perrin	Manly Warringah	18.24q
5	Giselle Collins	Northern Suburbs	18.83

**Girls U 17 - 100 Metre Hurdles (76cm)**

=====  
 Region: R 14.00 19/02/2012 Melissa Farrington, Northern  
 State: S 13.87 21/03/2010 Michelle Jenneke, Cherrybrook

=====  
 Name Age Centre Final  
 =====

## Section 1 Final

1	Elizabeth Scott	Manly Warringah	15.55
2	Emily Jones	Cherrybrook	15.80
3	Nicola Bowtell	Ryde	16.90
4	Aurora Henke	Cherrybrook	17.06
5	Lauryn Walker	Northern Suburbs	17.18
6	Brooke Matheson	Ryde	17.38
7	Sami Perrin	Manly Warringah	17.40
8	Chloe Davis	Ryde	17.52

**Results****Girls U 13 - 200 Metre Hurdles (68cm)**

Region: R 28.00 1991 B Smith, Winston Hills			
State: S 28.24 19/02/2000 Tahlia Gray, Canterbury			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Alyssa Lowe		Ryde	29.95Q
2 Isabella Guthrie		Northern Districts	31.05Q
3 Jatali Brown		Manly Warringah	31.79Q
4 Lily Worrall		Northern Suburbs	32.09q
5 Gemma Bratton		Northern Suburbs	32.64q
6 Freya Carley		Manly Warringah	34.05
7 Emma Liu		Northern Suburbs	34.68
Heat 2 Heats			
1 Jasmin Guthrie		Northern Districts	31.81Q
2 Lara Woollett		Hornsby	32.46Q
3 Aela Morrison		Northern Suburbs	32.61Q
4 Portia Amy-Wilson		Ryde	32.98
5 Emma Polley		Parramatta	33.10

**Girls U 13 - 200 Metre Hurdles (68cm)**

Region: R 28.00 1991 B Smith, Winston Hills			
State: S 28.24 19/02/2000 Tahlia Gray, Canterbury			
Name	Age	Centre	Final
Section 1 Final			
1 Alyssa Lowe		Ryde	29.46
2 Jasmin Guthrie		Northern Districts	31.13
3 Lara Woollett		Hornsby	31.15
4 Lily Worrall		Northern Suburbs	32.05
5 Jatali Brown		Manly Warringah	32.61
6 Aela Morrison		Northern Suburbs	33.17
7 Isabella Guthrie		Northern Districts	33.77
8 Gemma Bratton		Northern Suburbs	35.36

**Girls U 14 - 200 Metre Hurdles (76cm)**

Region: R 27.60 1997 Jana Pittman, Parramatta			
State: S 27.04 18/03/2006 Carly Rodger, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mia Hemsworth		Ku-Ring-Gai	30.37Q
2 Gabriella Richmond		Northern Suburbs	30.56Q
3 Isabel Mccarthy		Northern Suburbs	32.01Q
4 Eleanor Plummer		Ryde	32.57q
5 Harriette Burke		Manly Warringah	33.24q
Heat 2 Heats			
1 Nicolette D'Onofrio		Northern Suburbs	28.77Q
2 Ashlie Edwards		Manly Warringah	31.71Q
3 Celeste Edmunds		Cherrybrook	32.32Q
4 Lauren West		Northern Districts	33.43
5 Sarah Collins		Parramatta	34.45
6 Samantha Davis		Northern Suburbs	35.08

**Results****Girls U 14 - 200 Metre Hurdles (76cm)**

Region: R 27.60 1997 Jana Pittman, Parramatta			
State: S 27.04 18/03/2006 Carly Rodger, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Nicolette D'Onofrio		Northern Suburbs	27.99
2 Mia Hemsworth		Ku-Ring-Gai	28.20
3 Gabriella Richmond		Northern Suburbs	29.81
4 Ashlie Edwards		Manly Warringah	30.89
5 Isabel Mccarthy		Northern Suburbs	31.52
6 Celeste Edmunds		Cherrybrook	32.06
7 Eleanor Plummer		Ryde	32.55
8 Harriette Burke		Manly Warringah	32.96

**Girls U 15 - 200 Metre Hurdles (76cm)**

Region: R 27.20 1998 Jana Pittman, Parramatta			
State: S 26.44 17/03/2007 Carly Rodger, Port Hacking			
Name	Age	Centre	Final
Section 1			
1 Brooke East		Manly Warringah	30.51
2 Georgie Jaques		Manly Warringah	30.61
3 Tamara Kowcz Rosinke		Northern Suburbs	31.28
4 Katrina Lyon		Ryde	31.43
5 Rachel Ingram		Cherrybrook	32.06
6 Tea Lisle		Manly Warringah	33.73

**Girls U 17 - 200 Metre Hurdles (76cm)**

Region: R 27.40 18/02/2012 Melissa Farrington, Noerthern			
State: S 26.43 20/03/2010 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Final
1 Elizabeth Scott		Manly Warringah	29.53
2 Nicola Bowtell		Ryde	30.26
3 Lauryn Walker		Northern Suburbs	31.10
4 Amy Court		Ryde	31.26
5 Emily Jones		Cherrybrook	31.31
6 Chloe Davis		Ryde	32.55
7 Brooke Matheson		Ryde	33.76
8 Sarah Travis		Nth Rocks Carlin	36.21

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Region: R 55.41 19/02/2012 Manly Warringah, Manly Warrin A Jeremy, O Wrightson, S Stanley, K Edwards			
State: S 54.62 25/03/2012 Manly Warringah			
Centre	Age	Centre	Final
1 Manly Warringah			56.39
1) Matilda Vial 9		2) Lara Williams 10	
3) Gabriella Taylor 11		4) Cayla Phillips 11	
2 Ku-Ring-Gai			56.64
1) Abbie Maley 9		2) Eva Bates 10	
3) Brianna Worsfold 11		4) Jessica Maciver 12	
3 Cherrybrook			57.93
1) Samara Bond 9		2) Sienna Bond 11	
3) Madelynne Zouein 10		4) Emily Crawford 11	
4 Parramatta			59.98
1) Azalliyah Jeffery 9		2) Imogen Falzon 12	



**Results****....Girls U 9-12 4x100 Metre Relay (Jnr)**

3) Emily Uslu 10	4) Amelia Polley 11	
5 Ryde		1:01.13
1) Georgia Phillips 9	2) Abigail Omage 10	
3) Emily Metcalfe 11	4) Chiara Lillis 12	
6 Northern Districts		1:03.73
1) Emilie Stevens 9	2) Abbey Le Lievre 10	
3) Evie Todd 10	4) Summer Enasio 12	

**Girls U 12-17 4x100 Metre Relay (Snr)**

=====			
Region: R 50.52	14/02/2016	Manly Warringah, Manly Warrin	
		J Brown, K Edwards, O Wrightson, B Wiggins	
State: S 48.69	24/03/2013	Manly Warringah	
Centre			Final
=====			
1 Manly Warringah			50.52R
1) Jamie Brown 13	2) Kristie Edwards 17		
3) Olivia Wrightson 14	4) Briedelia Wiggins 15		
2 Cherrybrook			52.18
1) Eleanor Lamperts 14	2) Kate Collett 15		
3) Sofia Georgescu 13	4) Katie Devitt 17		
3 Ku-Ring-Gai			52.51
1) Olivia Colman 13	2) Mia Hemsworth 14		
3) Georgia Duncan 14	4) Hannah Thornton 17		
4 Northern Suburbs			52.56
1) Elysha Cramer 13	2) Alana Fisher 15		
3) Lauryn Walker 17	4) Nicolette D'Onofrio 14		

**Girls U 9 - High Jump (S/H 0.85m)**

=====			
Region: R 1.25m	15/02/2014	Cayla Phillips, Manly Warring	
State: S 1.39m	24/03/2012	Tomysa Clark, Port Hacking	
Name	Age	Centre	Final
=====			
Flight 1			
1 Catrine Atherton		Manly Warringah	1.11m
2 April Howison		Ryde	1.07m
3 Grace Carden		Northern Suburbs	1.00m
4 Chloe Allsopp		Mosman	J1.00m
5 Holly McWilliams		Ku-Ring-Gai	J1.00m
6 Sahara Gunewardene		Manly Warringah	J1.00m
7 Elise Oliver		Northern Districts	J1.00m
8 Olivia Moresi		Cherrybrook	0.95m
9 Annie Seve		Manly Warringah	J0.95m
10 Izabella Ziolkowski		Ku-Ring-Gai	J0.95m
11 Hayley Reynolds		Nth Rocks Carlin	J0.95m

**Girls U 10 - High Jump (S/H 0.95m)**

=====			
Region: R 1.36m	2002	F Sombroek, Northern Suburbs	
State: S 1.47m	24/03/2013	Tomysa Clark, Port Hacking	
Name	Age	Centre	Final
=====			
1 Talia Kupceric		Manly Warringah	1.21m
2 Chanelle Maikhael		Parramatta	1.19m
3 Carys Gibbons Maurer		Manly Warringah	J1.19m
4 Opal Bird		Mosman	1.17m
5 Alice MacNamara		Ku-Ring-Gai	J1.17m
6 Shayla Gleeson		Northern Districts	1.15m
7 Claudia Endicott		Ku-Ring-Gai	1.10m
8 Penelope Girdis		Mosman	J1.10m

**Results****....Girls U 10 - High Jump (S/H 0.95m)**

9	Emma Hooper	Manly Warringah	1.05m
10	Maddison Hayhurst	Cherrybrook	J1.05m
11	Bianca Conti	Northern Suburbs	J1.05m
12	Zoe Banks	Northern Suburbs	1.00m
12	Eliza Brown	Northern Suburbs	1.00m
14	Ellie Beck	Ku-Ring-Gai	0.95m
--	Nicole McCrostie	Cherrybrook	NH

**Girls U 11 - High Jump (S/H 1.05m)**

=====			
Region: R 1.48m		1995	S Lingard, Ku-ring-gai
State: S 1.55m		22/03/2014	Tomysa Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Emily Smith	Manly Warringah	1.38m
2	Sophie Kavanagh	Nth Rocks Carlin	1.33m
3	Kristen Cook	Ku-Ring-Gai	1.29m
3	Amelia Rae	Manly Warringah	1.29m
5	Marissa Stubbs	Manly Warringah	J1.29m
6	Michaela Haigh	Cherrybrook	1.25m
7	Holly Calder-Pirie	Ryde	1.20m
8	Ella McKenzie	Cherrybrook	J1.20m
9	Emily Moraitis	Northern Suburbs	J1.20m
10	Georgia Spanswick	Ku-Ring-Gai	1.15m
11	Clare Doherty	Ryde	J1.15m
12	Kirsten Erni	Hornsby	1.10m
--	Naomi Baranowski	Parramatta	NH

**Girls U 12 - High Jump (S/H 1.15m)**

=====			
Region: R 1.58m		2002	T Thompson, Toukley
State: S 1.65m		20/03/2015	Tomysa Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Anna Cahill	Hornsby	1.40m
2	Georgia Healy	Northern Suburbs	1.38m
3	Xanthe Craig	Cherrybrook	J1.38m
4	Amy Fajemisin	Nth Rocks Carlin	J1.38m
5	Georgia Fichardt	Ku-Ring-Gai	1.34m
6	Imogen Falzon	Parramatta	1.32m
7	Annika Lynch	Northern Suburbs	1.25m
8	Claire Field	Ku-Ring-Gai	J1.25m
9	Anastasia Lakic	Ryde	J1.25m
10	Mia Tamhane	Manly Warringah	J1.25m
11	Jessica Bryant	Manly Warringah	1.20m
12	Ella Johnson	Ku-Ring-Gai	J1.20m
13	Gabrielle Ohmer	Parramatta	J1.20m
14	Francesca Gunn	Northern Suburbs	1.15m

**Girls U 13 - High Jump (S/H 1.20m)**

=====			
Region: R 1.63m		1995	A Carpenter, Tuggerah Lakes
State: S 1.80m		22/03/1987	Sonja Wennekes, Sutherland
Name	Age	Centre	Final
=====			
1	Alannah Green	Mosman	1.57m
2	Lily Worrall	Northern Suburbs	J1.57m
3	Ella Koster	Ku-Ring-Gai	1.49m
4	Kelly Chapman	Cherrybrook	1.45m
5	Portia Amy-Wilson	Ryde	J1.45m
6	Rebecca Terry	Northern Suburbs	1.40m

**Results****....Girls U 13 - High Jump (S/H 1.20m)**

7	Amy McFadden	Hornsby	J1.40m
8	Bethany Easton	Hornsby	1.35m
9	Cara Simms	Northern Districts	J1.35m
10	Kiara Henry	Parramatta	1.30m
11	Aleisha Jeremy	Manly Warringah	1.25m

**Girls U 14 - High Jump (S/H 1.25m)**

Region: R 1.71m 1991 M Harris, Hornsby District  
 State: S 1.75m 19/03/2006 Mia McKinnon, Port Hacking  
 State: S 1.75m 18/03/2007 Amy PejkoVIC, Cherrybrook

Name	Age	Centre	Final
1	Isabella Rudolph	Cherrybrook	1.55m
2	Mikaela Quinlan	Northern Districts	1.53m
3	Eleanor Plummer	Ryde	1.51m
4	Anna Chandler	Northern Suburbs	1.49m
5	Sally Guthrie	Northern Suburbs	J1.49m
6	Bridget Smith	Manly Warringah	1.45m
7	Abbey Waterworth	Manly Warringah	1.40m
8	Lauren Hilder	Ryde	1.35m
9	Ava Vosper	Nth Rocks Carlin	J1.35m
10	Tamsyn Martin	Manly Warringah	J1.35m
--	Maya Challoner	Northern Suburbs	NH

**Girls U 15 - High Jump (S/H 1.25m)**

Region: R 1.75m 16/02/2008 Amy PejkoVIC, Cherrybrook  
 State: S 1.80m 16/03/2008 Amy PejkoVIC, Cherrybrook

Name	Age	Centre	Final
1	Jessica Weidenhofer	Manly Warringah	1.63m
2	Sydney Kania	Manly Warringah	1.59m
3	Nicole Freestone	Cherrybrook	1.55m
4	Imogen Breslin	Ku-Ring-Gai	1.53m
5	Samantha Dale	Nth Rocks Carlin	1.51m
6	Georgie Jaques	Manly Warringah	1.49m
7	Bridget Gibson	Manly Warringah	1.40m
8	Scarlett Green	Mosman	J1.40m
9	Brooke East	Manly Warringah	1.35m
--	Anna Badaoui	Ryde	NH
--	Rachel Ingram	Cherrybrook	NH

**Girls U 17 - High Jump (S/H 1.30m)**

Region: R 1.70m 15/02/2015 Karina Brown, Northern Suburb  
 State: S 1.84m 21/03/2010 Emily Crutcher, Grenfell

Name	Age	Centre	Final
1	Jessica Brown	Ryde	1.48m
2	Emily Jones	Cherrybrook	J1.48m
3	Grace Hanks	Manly Warringah	1.44m
4	Sarah Travis	Nth Rocks Carlin	1.40m
5	Sami Perrin	Manly Warringah	J1.40m
6	Antonia Meibom	Manly Warringah	1.35m
7	Lauryn Walker	Northern Suburbs	J1.35m
8	Chloe Davis	Ryde	1.30m

**Results****Girls U 8 - Long Jump**

Region: R 3.65m 1995 A Kerr, Winston Hills			
State: S 4.17m 2/03/1986 Danya Kerr, Winston Hills			
Name	Age	Centre	Final
1 Sienna Kupceric		Manly Warringah	3.39m
2 Lola Jones		Northern Suburbs	3.35m
3 Ruby Perkins		Cherrybrook	3.28m
4 Jasmine McAndrew		Ryde	3.21m
5 Jessica Grummett		Hornsby	3.14m
6 Lani Khiroya		Nth Rocks Carlin	3.05m
7 Antonia Baranowski		Parramatta	2.98m
8 Rebecca Solomon		Manly Warringah	2.95m
9 Aqua Fisher		Northern Suburbs	2.86m
10 Sophie Harden		Ku-Ring-Gai	2.80m
11 Caitlin Brennan		Parramatta	2.77m
12 Kaylah Bennett		Cherrybrook	2.74m
13 Heidi Williams		Manly Warringah	2.73m
14 Michaela Morgan		Mosman	2.67m
15 Tianna Bertolissio		Parramatta	2.56m
-- Grace O'Dowd		Northern Suburbs	ND

**Girls U 9 - Long Jump**

Region: R 4.20m 1998 Emily Pollett, Manly Warringah			
State: S 4.42m 16/03/1985 Selina Dundas, Armidale			
Name	Age	Centre	Final
1 Matilda Vial		Manly Warringah	3.95m
2 Georgia Phillips		Ryde	3.71m
3 Chloe Dunne		Manly Warringah	3.65m
4 Lucy Scholtens		Manly Warringah	3.60m
5 Hayley Reynolds		Nth Rocks Carlin	3.56m
6 Samara Bond		Cherrybrook	3.44m
7 Abbie Maley		Ku-Ring-Gai	J3.43m
7 Isabella Azizi		Ryde	3.43m
9 Brooke Bosland		Hornsby	J3.39m
9 Jessica Johnston		Ryde	3.39m
11 Azalliyah Jeffery		Parramatta	3.30m
12 Georgia Rae		Manly Warringah	3.28m
13 April Howison		Ryde	3.23m
14 Cassidy McArthur		Hornsby	3.08m
15 Elise Murray		Parramatta	3.00m
16 Teagan Jones		Ku-Ring-Gai	2.70m

**Girls U 10 - Long Jump**

Region: R 4.54m 21/02/2004 Courtney Cross, Hornsby Distr			
State: S 4.75m 24/03/1991 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
1 Abigail Omage		Ryde	4.17m
2 Georgia Morgan		Mosman	3.99m
3 Talia Kupceric		Manly Warringah	3.92m
4 Chanelle Maikhael		Parramatta	3.87m
5 Natasha Fairhall		Ryde	3.84m
6 Mia Marshall		Northern Suburbs	3.83m
7 Madeleine Gregg		Northern Suburbs	3.77m
8 Sophie Byrne		Ryde	3.74m
9 Keeley Holmes		Manly Warringah	3.67m
10 Emily Uslu		Parramatta	3.59m
11 Angie Van der Heiden		Northern Districts	3.58m

**Results****....Girls U 10 - Long Jump**

12 Tara Webb	Cherrybrook	3.43m
13 Nicole McCrostie	Cherrybrook	3.42m
14 Tahlia O'Brien	Manly Warringah	3.39m
15 Isabelle Nilon	Nth Rocks Carlin	3.32m

**Girls U 11 - Long Jump**

=====			
Region:	R 4.76m	1998	A Kerr, Winston Hills
State:	S 4.97m	20/03/2011	Chyna Tavai-Williams, Banksto
Name	Age	Centre	Final
=====			
1 Sienna Bond		Cherrybrook	4.66m
2 Emily Smith		Manly Warringah	4.28m
3 Sophie Kavanagh		Nth Rocks Carlin	4.27m
4 Lily Tilt		Nth Rocks Carlin	4.24m
5 Amelia Polley		Parramatta	4.15m
6 Olivia Rose Inkster		Manly Warringah	4.12m
7 Stefanie Fejes		Manly Warringah	4.10m
8 Emily Moraitis		Northern Suburbs	4.04m
9 Paige Edmondson		Northern Suburbs	3.91m
10 Sally Priest		Manly Warringah	3.87m
11 Cianna Kennedy		Northern Suburbs	3.83m
12 Holly Calder-Pirie		Ryde	3.79m
13 Eliza McKenzie		Nth Rocks Carlin	3.63m
14 Scarlett Davies		Mosman	3.50m
15 Georgia Spanswick		Ku-Ring-Gai	3.36m

**Girls U 12 - Long Jump**

=====			
Region:	R 5.02m	1994	D Kearney, Winston Hills
State:	S 5.42m	16/03/1986	Tacey Blackburn, Kurri Kurri
Name	Age	Centre	Final
=====			
1 Danielle Osifo		Cherrybrook	4.74m
2 Ruby Mahendran		Ku-Ring-Gai	4.48m
3 Georgia Healy		Northern Suburbs	4.44m
4 Georgia Lafford		Hornsby	4.32m
5 Chiara Lillis		Ryde	4.30m
6 Jessica Bryant		Manly Warringah	4.27m
7 Ella Johnson		Ku-Ring-Gai	4.25m
8 Isobel Elkan		Manly Warringah	4.24m
9 Adria McAndrew		Ryde	J4.04m
9 Imogen Falzon		Parramatta	4.04m
11 Summer Enasio		Northern Districts	4.03m
12 Emily Gathercole		Nth Rocks Carlin	3.97m
13 Nicola Hogg		Mosman	3.92m
14 Claire Field		Ku-Ring-Gai	3.83m
15 Stephanie McArthur		Hornsby	3.82m

**Girls U 13 - Long Jump**

=====			
Region:	R 5.18m	1991	D Kerr, Winston Hills
State:	S 5.51m	24/03/1991	Leanne Richardson, Dubbo
Name	Age	Centre	Final
=====			
1 Sarah Brown		Ryde	4.66m
2 Portia Amy-Wilson		Ryde	4.63m
3 Tahlia Foye		Parramatta	4.60m
4 Alyssa Lowe		Ryde	4.55m
5 Alannah Green		Mosman	4.52m
6 Ella Koster		Ku-Ring-Gai	4.45m

**Results****....Girls U 13 - Long Jump**

7	Tarsha Wayne	Nth Rocks Carlin	4.40m
8	Olivia Mitchell	Mosman	4.29m
9	Emily Rowell	Manly Warringah	4.20m
10	Lauren Grech	Manly Warringah	4.06m
11	Kelly Chapman	Cherrybrook	4.02m
12	Lara Woollett	Hornsby	4.00m

**Girls U 14 - Long Jump**

Region: R 5.42m 1991 B Scott, Northern Suburbs  
 State: S 5.64m 10/03/1991 Belinda Scott, Northern Distr

Name	Age	Centre	Final
1	Amie Bowrey	Cherrybrook	4.90m
2	Zoe Warland	Hornsby	4.82m
3	Charlene McCaw	Manly Warringah	4.72m
4	Charlotte Barry	Cherrybrook	4.59m
5	Jasmine Bonomi	Manly Warringah	4.52m
6	Eleanor Lamperts	Cherrybrook	4.45m
7	Lauren West	Northern Districts	4.43m
8	Olivia Bird	Mosman	4.23m
9	Harriette Burke	Manly Warringah	4.22m
10	Abbey Waterworth	Manly Warringah	4.18m
11	Isabel Mccarthy	Northern Suburbs	4.04m
12	Imogen Kenny	Ryde	3.99m
13	Emily Ralph	Ryde	3.85m
--	Lara Halmarick	Ryde	ND

**Girls U 15 - Long Jump**

Region: R 5.88m 19/02/2012 Katrina Hunt, Northern Suburb  
 State: S 5.80m 19/03/2005 Jacinta Doyle, Port Hacking

Name	Age	Centre	Final
1	Brienna Mathieson	Manly Warringah	5.14m
2	Kate Collett	Cherrybrook	4.81m
3	Ella Hirst	Cherrybrook	4.78m
4	Tamara Kowcz Rosinke	Northern Suburbs	4.73m
5	Katrina Lyon	Ryde	4.59m
6	Samantha Dale	Nth Rocks Carlin	4.46m
7	Jessica Weidenhofer	Manly Warringah	4.42m
8	Imogen Breslin	Ku-Ring-Gai	4.32m
9	Leanne Tay	Ryde	4.11m
10	Scarlett Green	Mosman	4.00m
11	Amelia Berthold	Ku-Ring-Gai	3.99m
12	Rachel Ingram	Cherrybrook	3.62m
13	Sara Kely	Nth Rocks Carlin	3.43m
14	Gemma Lapsley	Ku-Ring-Gai	3.41m

**Girls U 17 - Long Jump**

Region: R 5.64m 14/02/2016 Maya Leverett, Nth Rocks Carl  
 Region: R 5.64m 19/02/2012 Melissa Farrington, Northern  
 State: S 5.84m 22/03/2013 Audrey Kyriacou, Randwick Bot

Name	Age	Centre	Final
1	Maya Leverett	Nth Rocks Carlin	5.64mR
2	Emily Jones	Cherrybrook	5.25m
3	Jessica Brown	Ryde	4.99m
4	Emma Smith	Ryde	4.78m
5	Sami Perrin	Manly Warringah	4.67m

**Results****....Girls U 17 - Long Jump**

6	Hannah Thornton	Ku-Ring-Gai	4.55m
7	Amy Court	Ryde	4.40m
8	Elizabeth Scott	Manly Warringah	4.37m
9	Chloe Davis	Ryde	4.30m
10	Kate Milne	Nth Rocks Carlin	4.28m
11	Olivia Ellis	Manly Warringah	4.20m
12	Antonia Meibom	Manly Warringah	3.99m

**Girls U 11 - Triple Jump**

Region: R 10.18m 19/02/2011 Tiana Jaber, Kings Langley  
 State: S 10.38m 21/03/2004 Rebecca Mounsey, Albion Park

Name	Age	Centre	Final
1	Sienna Bond	Cherrybrook	9.60m
2	Lily Tilt	Nth Rocks Carlin	9.36m
3	Sophie Kavanagh	Nth Rocks Carlin	9.21m
4	Emily Smith	Manly Warringah	8.95m
5	Olivia Rose Inkster	Manly Warringah	8.67m
6	Sally Priest	Manly Warringah	8.48m
7	Amelia Rae	Manly Warringah	8.40m
8	Cianna Kennedy	Northern Suburbs	8.32m
9	Matilda Damian	Northern Suburbs	8.29m
10	Paige Edmondson	Northern Suburbs	8.21m
11	Breanna Hartmann	Ryde	7.94m
11	Alexandra Dransfield	Northern Suburbs	J7.94m

**Girls U 12 - Triple Jump**

Region: R 10.55m 14/02/2016 Danielle Osifo, Cherrybrook  
 State: S 10.94m 20/03/1994 Amy Carpenter, Tuggerah Lake

Name	Age	Centre	Final
1	Danielle Osifo	Cherrybrook	10.55mR
2	Greta Andrews	Northern Suburbs	10.21m
3	Annika Lynch	Northern Suburbs	10.02m
4	Francesca Gunn	Northern Suburbs	8.89m
5	Eliza Da Silva	Ryde	8.78m
6	Eddie Burke	Manly Warringah	8.77m
7	Jessica Bryant	Manly Warringah	8.72m
8	Xanthe Craig	Cherrybrook	8.65m
9	Amy Fajemisin	Nth Rocks Carlin	8.49m
10	Jasmine Cochrane	Northern Suburbs	8.48m
11	Emily Gathercole	Nth Rocks Carlin	8.30m
12	Chelsea Smith	Nth Rocks Carlin	8.21m
13	Cassandra Fowler	Northern Districts	8.13m
14	Ellie Khun	Mosman	7.46m

**Girls U 13 - Triple Jump**

Region: R 10.91m 1995 C Morris, Hornsby District  
 State: S 11.25m 20/03/2011 Taylor Garrett, Penrith Vall

Name	Age	Centre	Final
1	Portia Amy-Wilson	Ryde	10.09m
2	Lily Worrall	Northern Suburbs	9.81m
3	Alana Kavanagh	Nth Rocks Carlin	9.80m
4	Alannah Green	Mosman	9.77m
5	Isabella Guthrie	Northern Districts	9.69m
6	Tarsha Wayne	Nth Rocks Carlin	9.40m
7	Sarah Brown	Ryde	9.27m

**Results****....Girls U 13 - Triple Jump**

8	Genevieve McKeown	Nth Rocks Carlin	9.12m
9	Freya Carley	Manly Warringah	8.71m
10	Chloe Hawkins	Ryde	8.17m
11	Aela Morrison	Northern Suburbs	7.67m
12	Jessica Smith	Manly Warringah	7.62m
13	Jatali Brown	Manly Warringah	7.32m

**Girls U 14 - Triple Jump**

Region: R 11.63m 20/02/2011 Mercy Agbeze, Gosford

State: S 12.15m 16/03/2003 Alyisha House, Koorringal Wag

Name	Age Centre	Final
1 Lara Halmarick	Ryde	10.34m
2 Eleanor Plummer	Ryde	10.04m
3 Zoe Fajemisin	Nth Rocks Carlin	10.03m
4 Abbey Waterworth	Manly Warringah	9.66m
5 Nicola Markley	Manly Warringah	9.64m
6 Harriette Burke	Manly Warringah	9.47m
7 Tamsyn Martin	Manly Warringah	9.45m
8 Faith Devitt	Cherrybrook	9.39m
9 Louisa Scott	Manly Warringah	9.30m
10 Maya Challoner	Northern Suburbs	8.60m
11 Jasmine Bonomi	Manly Warringah	8.51m
12 Ava Vosper	Nth Rocks Carlin	8.30m
13 Alexandra Gagg	Nth Rocks Carlin	7.33m

**Girls U 15 - Triple Jump**

Region: R 11.58m 1998 Lisa Antill, Ku-ring-gai

State: S 12.42m 21/03/2004 Alyisha House, Koorringal Wag

Name	Age Centre	Final
1 Brienna Mathieson	Manly Warringah	10.66m
2 Georgie Jaques	Manly Warringah	10.60m
3 Sydney Kania	Manly Warringah	10.59m
4 Tamara Kowcz Rosinke	Northern Suburbs	10.56m
5 Samantha Dale	Nth Rocks Carlin	10.15m
6 Ella Hirst	Cherrybrook	9.96m
7 Skye Cselko	Manly Warringah	9.94m
8 Katrina Lyon	Ryde	9.66m
9 Alannah Kuka	Nth Rocks Carlin	8.85m
10 Eleanor Lidbetter	Hornsby	8.84m
11 Scarlett Green	Mosman	8.76m
12 Leanne Tay	Ryde	8.70m
13 Rachel Ingram	Cherrybrook	8.62m

**Girls U 17 - Triple Jump**

Region: R 11.88m 13/02/2016 Maya Leverett, Nth Rocks Car

State: S 12.10m 24/03/2012 Alison Ruse, Jamison

Name	Age Centre	Final
1 Maya Leverett	Nth Rocks Carlin	11.88mR
2 Emily Jones	Cherrybrook	10.94m
3 Jessica Brown	Ryde	10.53m
4 Elizabeth Scott	Manly Warringah	10.16m
5 Sami Perrin	Manly Warringah	10.12m
6 Hannah Thornton	Ku-Ring-Gai	9.97m
7 Chloe Davis	Ryde	9.94m
8 Amy Court	Ryde	9.76m



**Results****....Girls U 17 - Triple Jump**

9 Giselle Collins	Northern Suburbs	8.99m
10 Kate Milne	Nth Rocks Carlin	8.39m

**Girls U 8 - Shot Put (1.5 Kg)**

=====			
Region:	R 7.85m	22/02/2004	Taylah Sengul, WInston Hills
State:	S 8.52m	17/02/2002	Kristy Dingwall, Smithfield
Name	Age	Centre	Final
=====			
1 Matilda Lemckert		Northern Districts	5.73m
2 Gabriella Obaseki		Northern Districts	5.70m
3 Elisabeth Pulis		Manly Warringah	5.24m
4 Tianna Bertolissio		Parramatta	5.18m
5 Emma D'Heureux		Ryde	4.96m
6 Amelia Boccabella		Ryde	4.92m
7 Sienna Rowe		Nth Rocks Carlin	4.68m
8 Kaylah Bennett		Cherrybrook	4.53m
9 Emily Govers		Northern Suburbs	4.04m
10 Abbie Merifield		Ryde	4.03m
11 Caitlin Gurney		Hornsby	3.96m
12 Laura Bell		Manly Warringah	3.83m
13 Skye Halmarick		Ryde	3.82m
14 Brooke Martin		Manly Warringah	3.67m
15 Ariana Ziolkowski		Ku-Ring-Gai	3.41m
-- Heidi Williams		Manly Warringah	FOUL

**Girls U 9 - Shot Put (2.0 Kg)**

=====			
Region:	R 8.16m	1993	Leilani Burnes, Manly Warring
State:	S 9.23m	1/03/2014	Maliyah Osbaldiston, Bankstow
Name	Age	Centre	Final
=====			
1 Jessica Johnston		Ryde	6.57m
2 Sarah Baker		Northern Suburbs	6.12m
3 Sienna Brett		Ku-Ring-Gai	5.89m
4 Danielle Lay		Manly Warringah	5.77m
5 Georgia Phillips		Ryde	5.76m
6 Emily Jackson		Parramatta	5.28m
7 Annika Hore		Manly Warringah	5.19m
8 Izabella Ziolkowski		Ku-Ring-Gai	5.05m
9 Sienna Beram		Ryde	5.00m
10 Sarah Lovell		Ku-Ring-Gai	4.89m
11 Louise Lovell		Ku-Ring-Gai	4.40m
12 Isabelle Cruikshank		Northern Districts	4.36m
13 Amelia Nagy		Nth Rocks Carlin	4.23m
14 Charlotte Gathercole		Nth Rocks Carlin	3.94m

**Girls U 10 - Shot Put (2.0 Kg)**

=====			
Region:	R 10.90m	19/02/2006	Taylah Sengul, Winston Hills
State:	S 11.92m	19/02/2006	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1 Natasha Fairhall		Ryde	7.36m
2 Ella Gibbons		Northern Districts	7.29m
3 Jessica Coppolelli		Cherrybrook	6.61m
4 Caitlin Blackburn		Ku-Ring-Gai	6.56m
5 Katelyn Johnson		Parramatta	6.55m
6 Caitlin Dickinson		Manly Warringah	6.34m
7 Isabel Relova		Ryde	6.22m
8 Shayla Gleeson		Northern Districts	6.04m

**Results****....Girls U 10 - Shot Put (2.0 Kg)**

9	Aliana Moala	Ryde	6.00m
10	Jessica Walton	Northern Districts	5.92m
11	Alyssa Medved	Manly Warringah	5.91m
12	Nellie Muir	Ryde	4.67m
13	Sophie Byrne	Ryde	4.16m

**Girls U 11 - Shot Put (2.0 Kg)**

Region: R 12.71m 17/02/2007 Samantha Farrant, Gosford  
 State: S 14.07m 18/03/2007 Filoi Aokuso, Blacktown

Name	Age	Centre	Final
1 Brianna Worsfold		Ku-Ring-Gai	10.06m
2 Ella Bales		Parramatta	9.72m
3 Emma Polikowski		Manly Warringah	9.09m
4 Samantha Hardingham		Northern Suburbs	8.90m
5 Caitlin Waldron		Nth Rocks Carlin	8.76m
6 Holly Calder-Pirie		Ryde	8.37m
7 Georgia Spanswick		Ku-Ring-Gai	8.28m
8 Scarlet Brett		Ku-Ring-Gai	8.12m
9 Ania Cruickshank		Manly Warringah	8.11m
10 Monique Brown		Nth Rocks Carlin	7.54m
11 Emily Moraitis		Northern Suburbs	7.36m
12 Sonia Freiburg		Mosman	6.79m
13 Amelia Sim		Manly Warringah	6.59m
14 Elina Mckay		Northern Suburbs	6.37m
15 Olivia Macoustra		Cherrybrook	6.18m

**Girls U 12 - Shot Put (2.0 Kg)**

Region: R 16.12m 17/02/2008 Taylah Sengul, Winston Hills  
 State: S 16.19m 20/03/1988 Kylie Standing, Bankstown

Name	Age	Centre	Final
1 Chiara Lillis		Ryde	12.57m
2 Jessica Maciver		Ku-Ring-Gai	12.20m
3 Bronte Hodson		Northern Suburbs	10.83m
4 Emilia Duncan		Ku-Ring-Gai	10.62m
5 Summer Enasio		Northern Districts	9.34m
6 Imogen Falzon		Parramatta	9.27m
7 Tamiah Henry		Parramatta	9.23m
8 Zara Warland		Hornsby	9.11m
9 Rebecca Moore		Northern Suburbs	8.88m
10 Monique Hore		Northern Suburbs	8.84m
11 Caitlin Fletcher		Ku-Ring-Gai	8.76m
12 Gabrielle Ohmer		Parramatta	8.36m
13 Anna Kely		Nth Rocks Carlin	8.33m
14 Rosin Dengate		Ku-Ring-Gai	8.05m
15 Kayla Kimball		Manly Warringah	7.99m

**Girls U 13 - Shot Put (3.0 Kg)**

Region: R 14.23m 22/02/2009 Taylah Sengul, Winston Hills  
 State: S 14.95m 24/03/2012 Grace Robinson, St George

Name	Age	Centre	Final
1 Hannah Morgan		Northern Suburbs	10.70m
2 Jada Powell		Ku-Ring-Gai	9.56m
3 Imogen Harrigan		Parramatta	9.44m
4 Alana DE Kort		Manly Warringah	9.24m
5 Astreia Denby		Hornsby	8.96m

**Results****....Girls U 13 - Shot Put (3.0 Kg)**

6	Sophie Vaughan	Parramatta	8.92m
7	Chloe Leahy	Ku-Ring-Gai	8.74m
8	Evelyn Mckay	Northern Suburbs	8.07m
9	Alyssa Lamprianidis	Nth Rocks Carlin	7.68m
10	Kayla McCormack	Hornsby	7.67m
11	Olivia Dyer	Ryde	7.64m
12	Madison Weidenhofer	Manly Warringah	7.53m
13	Emma Taha	Ku-Ring-Gai	7.21m
--	Georgia Quinn	Manly Warringah	ND

**Girls U 14 - Shot Put (3.0 Kg)**

=====			
Region: R 14.67m		27/02/2010	Taylah Sengul, WInston Hills
State: S 15.94m		22/03/2013	Grace Robinson, St George
Name	Age	Centre	Final
=====			
1	Amie Bowrey	Cherrybrook	10.28m
2	Sabina Nilsson	Hornsby	9.99m
3	Samantha Davis	Northern Suburbs	9.33m
4	Isabel Mccarthy	Northern Suburbs	9.21m
5	Abbey Waterworth	Manly Warringah	8.61m
6	Zoe Fajemisin	Nth Rocks Carlin	8.28m
7	Victoria Cullen	Cherrybrook	8.14m
8	Annalise Haldane	Ryde	7.33m
9	Lauren Brown	Northern Suburbs	7.09m
10	Eleanor Plummer	Ryde	6.66m
11	Emily Ralph	Ryde	6.13m

**Girls U 15 - Shot Put (3.0 Kg)**

=====			
Region: R 14.00m		2000	B Johnson, Northern Suburbs
State: S 15.25m		16/02/2014	Grace Robinson, St George
Name	Age	Centre	Final
=====			
1	Kate Collett	Cherrybrook	12.21m
2	Georgie Jaques	Manly Warringah	10.72m
3	Lisa Catzel	Ku-Ring-Gai	10.60m
4	Julia Kelland	Ryde	9.83m
5	Ashleigh O'Keefe	Parramatta	9.37m
6	Eleanor Lidbetter	Hornsby	9.22m
7	Gemma Lapsley	Ku-Ring-Gai	9.03m
8	Hannah Tall	Ryde	9.01m
9	Alannah Kuka	Nth Rocks Carlin	8.71m
10	Christina Lamprianidis	Nth Rocks Carlin	7.28m
11	Sara Kely	Nth Rocks Carlin	6.38m

**Girls U 17 - Shot Put (3.0 Kg)**

=====			
Region: R 13.57m		14/02/2016	Josephine Ritchie, Manly War
State: S 16.29m		18/02/2012	Taylah Sengul, Nepean
Name	Age	Centre	Final
=====			
1	Josephine Ritchie	Manly Warringah	13.57mR
2	Brianna Gibson	Northern Suburbs	10.80m
3	Annabelle Jacobs	Mosman	10.07m
4	Ava Walker-Charles	Manly Warringah	9.35m
5	Karissa Kuka	Nth Rocks Carlin	9.23m
6	Zoe Latham	Ryde	7.86m
7	Kristie Edwards	Manly Warringah	7.83m
8	Tahnee Hodson	Northern Suburbs	7.16m

**Results****Girls U 8 - Discus (500 Gram)**

=====			
Region:	R 24.09m	21/02/2004	Taylah Sengul, Winston Hills
State:	S 24.42m	23/11/2003	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Elisabeth Pulis	Manly Warringah	15.80m
2	Adelaide Taylor	Ku-Ring-Gai	14.51m
3	Olivia Vecchio	Mosman	14.43m
4	Isabella Longley	Northern Suburbs	13.67m
5	Caitlin Gurney	Hornsby	13.14m
6	Rebecca Solomon	Manly Warringah	12.86m
7	Matilda Lemckert	Northern Districts	12.84m
8	Tianna Bertolissio	Parramatta	12.41m
9	Gabriella Obaseki	Northern Districts	11.42m
10	Claudia Barry	Northern Suburbs	11.17m
11	Jessica Roberts	Hornsby	11.07m
12	Annabelle Stewart	Ku-Ring-Gai	10.97m
13	Amelia Boccabella	Ryde	10.73m
14	Eliza Burr	Northern Districts	8.99m
--	Emily Govers	Northern Suburbs	ND

**Girls U 9 - Discus (500 Gram)**

=====			
Region:	R 27.23m	15/02/2005	Taylah Sengul, Winston Hills
State:	S 31.22m	28/11/2004	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Emily Jackson	Parramatta	20.11m
2	Sarah Baker	Northern Suburbs	19.12m
3	Jayde Root	Manly Warringah	17.58m
4	Izabella Ziolkowski	Ku-Ring-Gai	17.55m
5	Sienna Beram	Ryde	16.29m
6	Emma Blume	Parramatta	15.92m
7	Danielle Lay	Manly Warringah	15.82m
8	Sienna Brett	Ku-Ring-Gai	15.68m
9	Jessica Johnston	Ryde	14.30m
10	Amber Halliday	Manly Warringah	14.05m
11	Amelia Nagy	Nth Rocks Carlin	13.21m
12	Abbie Maley	Ku-Ring-Gai	12.36m
13	Madison Mitchell	Hornsby	11.91m
14	Marcella Leung	Northern Suburbs	11.59m
15	Catrine Atherton	Manly Warringah	10.57m
16	Sophia Bowyer	Northern Suburbs	10.39m

**Girls U 10 - Discus (500 Gram)**

=====			
Region:	R 34.57m	18/02/2006	Taylah Sengul, Winston Hills
State:	S 37.22m	16/03/1985	Michelle Haage, Bankstown
Name	Age	Centre	Final
=====			
1	Natasha Fairhall	Ryde	26.24m
2	Ella Gibbons	Northern Districts	24.83m
3	Caitlin Dickinson	Manly Warringah	24.57m
4	Jessica Coppolelli	Cherrybrook	22.94m
5	Jessica Peterson	Parramatta	19.38m
6	Talia Kupceric	Manly Warringah	18.47m
7	Krishani Coffin	Ryde	17.52m
8	Nicole Pitchfork	Parramatta	17.36m
9	Shayla Gleeson	Northern Districts	17.23m
10	Katelyn Johnson	Parramatta	16.43m
11	Tahlia O'Brien	Manly Warringah	15.14m
12	Hannah Taha	Ku-Ring-Gai	14.71m

**Results****....Girls U 10 - Discus (500 Gram)**

13 Nellie Muir	Ryde	14.30m
14 Isabel Relova	Ryde	14.26m
15 Angie Van der Heiden	Northern Districts	13.78m

**Girls U 11 - Discus (750 Gram)**

Region: R 35.18m 18/02/2007 Taylah Sengul, Winston Hills  
 State: S 39.03m 7/03/2010 Grace Robinson, St George

Name	Age Centre	Final
1 Brianna Worsfold	Ku-Ring-Gai	29.00m
2 Emma Polikowski	Manly Warringah	25.94m
3 Ella Bales	Parramatta	25.69m
4 Melissa Blume	Parramatta	21.90m
5 Samantha Hardingham	Northern Suburbs	21.76m
6 Amelia Sim	Manly Warringah	21.66m
7 Anna Lazarevic	Parramatta	21.29m
8 Scarlet Brett	Ku-Ring-Gai	21.25m
9 Caitlin Waldron	Nth Rocks Carlin	20.85m
10 Felicity Stewart	Ku-Ring-Gai	19.72m
11 Elina Mckay	Northern Suburbs	18.73m
12 Ally Baker	Northern Suburbs	18.55m
13 Breanna Hartmann	Ryde	16.71m
14 Inge Ackland	Ku-Ring-Gai	15.36m

**Girls U 12 - Discus (750 Gram)**

Region: R 43.10m 16/02/2008 Taylah Sengul, Winston Hills  
 State: S 46.19m 15/03/2008 Filoi Aokuso, Blacktown

Name	Age Centre	Final
1 Emilia Duncan	Ku-Ring-Gai	29.65m
2 Chiara Lillis	Ryde	29.64m
3 Zara Warland	Hornsby	28.70m
4 Bronte Hodson	Northern Suburbs	27.95m
5 Gabrielle Ohmer	Parramatta	26.49m
6 Imogen Falzon	Parramatta	23.33m
7 Saskia Scholle	Ku-Ring-Gai	23.01m
8 Rosin Dengate	Ku-Ring-Gai	22.67m
9 Cassandra Fowler	Northern Districts	22.07m
10 Summer Enasio	Northern Districts	21.36m
11 Caitlin Fletcher	Ku-Ring-Gai	20.63m
12 Tarlia Nohra	Cherrybrook	20.06m
13 Tamiah Henry	Parramatta	19.59m
14 Anna Kely	Nth Rocks Carlin	19.58m
15 Annabel Lee	Northern Suburbs	18.50m

**Girls U 13 - Discus (750 Gram)**

Region: R 46.71m 21/02/2009 Taylah Sengul, Winston Hills  
 State: S 49.57m 20/03/2009 Taylah Sengul, Winston Hills

Name	Age Centre	Final
1 Kate Peterson	Parramatta	37.69m
2 Jada Powell	Ku-Ring-Gai	34.99m
3 Hannah Morgan	Northern Suburbs	32.37m
4 Georgia O'Connor	Cherrybrook	31.18m
5 Kayla McCormack	Hornsby	29.52m
6 Imogen Harrigan	Parramatta	27.11m
7 Freya Carley	Manly Warringah	25.97m
8 Alana DE Kort	Manly Warringah	25.42m

**Results****....Girls U 13 - Discus (750 Gram)**

9	Alana Kavanagh	Nth Rocks Carlin	23.65m
10	Evelyn Mckay	Northern Suburbs	23.12m
11	Chloe Leahy	Ku-Ring-Gai	20.02m
12	Rachel Fairhall	Ryde	19.93m
13	Georgia Quinn	Manly Warringah	17.50m
--	Sophie Vaughan	Parramatta	ND

**Girls U 14 - Discus (1.0 Kg)**

Region: R 42.86m 27/02/2010 Taylah Sengul, Winston Hills

State: S 44.76m 29/11/2009 Taylah Sengul, Winston Hills

Name	Age	Centre	Final
1	Amie Bowrey	Cherrybrook	31.25m
2	Isabel Mccarthy	Northern Suburbs	27.56m
3	Charlotte Winston-Booth	Northern Districts	25.84m
4	Samantha Davis	Northern Suburbs	25.71m
5	Zoe Warland	Hornsby	25.19m
6	Sabina Nilsson	Hornsby	25.07m
7	Jasmine Bonomi	Manly Warringah	20.99m
8	Alexandra Gagg	Nth Rocks Carlin	19.67m
9	Victoria Cullen	Cherrybrook	19.20m
10	Annalise Haldane	Ryde	18.23m
11	Emily Ralph	Ryde	14.31m

**Girls U 15 - Discus (1.0 Kg)**

Region: R 46.12m 14/02/2015 Kristina Moore, Cherrybrook

State: S 48.18m 29/11/1995 Katrina Steele, Springwood

Name	Age	Centre	Final
1	Kate Collett	Cherrybrook	36.94m
2	Brooke East	Manly Warringah	32.78m
3	Claire Eaton	Cherrybrook	30.09m
4	Lisa Catzel	Ku-Ring-Gai	28.61m
5	Julia Kelland	Ryde	26.84m
6	Tamara Kowcz Rosinke	Northern Suburbs	26.18m
7	Eleanor Lidbetter	Hornsby	25.91m
8	Hannah Tall	Ryde	22.29m
9	Emily Britton	Manly Warringah	20.22m
10	Alannah Kuka	Nth Rocks Carlin	18.95m

**Girls U 17 - Discus (1.0 Kg)**

Region: R 39.36m 16/02/2013 Maddy Bergfield, RYDE

State: S 48.65m 17/02/2012 Taylah Sengul, Nepean

Name	Age	Centre	Final
1	Brianna Gibson	Northern Suburbs	36.15m
2	Josephine Ritchie	Manly Warringah	33.80m
3	Georgina Lemckert	Northern Districts	30.70m
4	Nicola Bowtell	Ryde	30.19m
5	Brooke Matheson	Ryde	27.79m
6	Karissa Kuka	Nth Rocks Carlin	27.33m
7	Sophia Jaques	Manly Warringah	26.91m
8	Tahnee Hodson	Northern Suburbs	24.00m
9	Annabelle Jacobs	Mosman	20.62m

**Results****Girls U 11 - Javelin (400 Gram)**

Region: R 22.36m 13/02/2016 Monique Brown, Nth Rocks Car			
Name	Age	Centre	Final
1 Monique Brown		Nth Rocks Carlin	22.36mR
2 Amelia Sim		Manly Warringah	18.26m
3 Caitlin Waldron		Nth Rocks Carlin	17.89m
4 Emma Polikowski		Manly Warringah	17.62m
5 Jessica Boatwright		Cherrybrook	17.39m
6 Sonia Freiburg		Mosman	17.08m
7 Ella Bales		Parramatta	16.45m
8 Anna Lazarevic		Parramatta	14.49m
9 Amber Bell		Manly Warringah	13.36m
10 Sofia Gately		Nth Rocks Carlin	13.21m
11 Elina Mckay		Northern Suburbs	13.14m
12 Breanna Hartmann		Ryde	11.75m
13 Elizabeth Thompson		Parramatta	10.65m
14 Suvi Prowse		Manly Warringah	9.29m

**Girls U 12 - Javelin (400 Gram)**

Region: R 30.70m 15/02/2014 Amie Bowrey, Cherrybrook			
State: S 34.42m 21/03/2015 Lianna Davidson, Kurrajong B			
Name	Age	Centre	Final
1 Bronte Hodson		Northern Suburbs	26.10m
2 Chiara Lillis		Ryde	21.52m
3 Edie Burke		Manly Warringah	20.74m
4 Anna Kely		Nth Rocks Carlin	J20.40m
4 Gabrielle Ohmer		Parramatta	20.40m
6 Monique Hore		Northern Suburbs	20.36m
7 Saskia Scholle		Ku-Ring-Gai	19.20m
8 Annabel Lee		Northern Suburbs	18.20m
9 Stephanie Kelleway		Nth Rocks Carlin	15.28m
10 Claire Field		Ku-Ring-Gai	14.60m
11 Elizabeth McMillen		Manly Warringah	13.68m
12 Lea Hartley		Manly Warringah	12.82m
13 Brooke Chaloner		Manly Warringah	12.80m
14 Charlotte Hall		Hornsby	12.36m
15 Ellie Archer		Northern Suburbs	10.42m
16 Caitlin Rodriuez		Parramatta	9.52m

**Girls U 13 - Javelin (400 Gram)**

Region: R 44.37m 21/02/2009 Taylah Sengul, Winston Hills			
State: S 45.91m 22/03/2009 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
1 Kate Peterson		Parramatta	30.90m
2 Chloe Leahy		Ku-Ring-Gai	30.04m
3 Sophie Vaughan		Parramatta	27.26m
4 Jessica Forster		Hornsby	25.10m
5 Madison Sloane		Parramatta	24.68m
6 Alana Kavanagh		Nth Rocks Carlin	24.42m
7 Tarsha Wayne		Nth Rocks Carlin	23.56m
8 Evelyn Mckay		Northern Suburbs	20.46m
9 Hannah Morgan		Northern Suburbs	19.90m
10 Portia Amy-Wilson		Ryde	19.52m
11 Imogen Harrigan		Parramatta	19.02m
12 Georgia Quinn		Manly Warringah	16.82m
13 Jada Powell		Ku-Ring-Gai	16.34m
14 Jessica Smith		Manly Warringah	15.60m

**Results****....Girls U 13 - Javelin (400 Gram)**

15 Lauren Grech	Manly Warringah	14.36m
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**Girls U 14 - Javelin (400 Gram)**

Region: R 38.01m 13/02/2016 Amie Bowrey, Cherrybrook

State: S 41.78m 23/03/2013 Madeline Warburton, Leeton

Name	Age Centre	Final
1 Amie Bowrey	Cherrybrook	38.01mR
2 Ashlie Edwards	Manly Warringah	35.80m
3 Madeline Finlay	Northern Districts	26.44m
4 Isabel Mccarthy	Northern Suburbs	26.09m
5 Emily Ralph	Ryde	25.96m
6 Victoria Cullen	Cherrybrook	25.20m
7 Lauren Brown	Northern Suburbs	22.76m
8 Erin Cahill	Hornsby	22.33m
9 Sarah Collins	Parramatta	19.51m
10 Sabina Nilsson	Hornsby	18.69m

**Girls U 15 - Javelin (500 Gram)**

Region: R 42.06m 14/02/2016 Brooke East, Manly Warringah

State: S 42.18m 25/03/2012 Alysha Burnett, Northern Dis

Name	Age Centre	Final
1 Brooke East	Manly Warringah	42.06mR
2 Tamara Kowcz Rosinke	Northern Suburbs	29.56m
3 Georgie Jaques	Manly Warringah	28.60m
4 Hannah Tall	Ryde	27.58m
5 Alannah Kuka	Nth Rocks Carlin	26.90m
6 Julia Kelland	Ryde	26.88m
7 Eleanor Lidbetter	Hornsby	24.36m
8 Ashleigh O'Keefe	Parramatta	22.66m

**Girls U 17 - Javelin (500 Gram)**

Region: R 37.60m 13/02/2016 Brianna Gibson, Northern Sub

State: S 42.75m 24/03/2012 Katrina Blackett, Kurrajong

Name	Age Centre	Final
1 Brianna Gibson	Northern Suburbs	37.60mR
2 Chloe Davis	Ryde	31.60m
3 Sophia Jaques	Manly Warringah	29.40m
4 Karissa Kuka	Nth Rocks Carlin	28.50m
5 Annabelle Jacobs	Mosman	27.02m
6 Kristie Edwards	Manly Warringah	25.36m
7 Rowena Craker	Manly Warringah	23.70m
8 Georgina Lemckert	Northern Districts	22.98m
9 Tahnee Hodson	Northern Suburbs	19.70m
10 Zoe Latham	Ryde	15.02m
11 Josephine Ritchie	Manly Warringah	11.00m

**Girls U 9 - 700 Metre Walk**

Region: R 3:27.40 22/02/2004 Amy Bettiol, Manly Warringa

State: S 3:21.70 21/03/1999 Natasha Agius, Nepean

Name	Age Centre	Final
Section 1		
1 Carissa Smyth	Manly Warringah	4:14.87
2 Emily Stewart	Ku-Ring-Gai	4:15.51



**Results****....Girls U 9 - 700 Metre Walk**

3	Chloe Dunne	Manly Warringah	4:36.13
4	Emma DU Preez	Manly Warringah	4:46.93
5	Sophie Cribb	Hornsby	4:56.65
6	Sarah Lovell	Ku-Ring-Gai	5:06.91
7	Annika Lee	Northern Suburbs	5:10.05
8	Elise Murray	Parramatta	5:13.54
9	Olivia Sassen	Parramatta	5:32.57
10	Emma Blume	Parramatta	5:43.55
--	Muskaan Loura	Parramatta	DQ
--	Amelia Watkins	Ku-Ring-Gai	DQ
--	Lucy Proszenko	Ryde	DQ

**Girls U 10 - 1100 Metre Walk**

Region: R 5:42.80 18/02/2007 Tayla-Paige Billington, Man

State: S 5:21.20 21/03/2004 Kini Chapple, Nepean

Name	Age	Centre	Final
1	Keeley Holmes	Manly Warringah	6:03.56
2	Chloe Krklinski	Parramatta	6:21.19
3	Alejandra Blanco	Manly Warringah	6:24.56
4	Ava Luxford	Ku-Ring-Gai	6:28.31
5	Isabelle Nilon	Nth Rocks Carlin	6:35.90
6	Natasha Fairhall	Ryde	6:53.01
7	Kaiya Grebert	Cherrybrook	7:11.44
8	Claudia Endicott	Ku-Ring-Gai	7:26.39
9	Isabella Hollins	Ryde	7:34.07
10	Natasha Poschalk	Manly Warringah	8:09.92
11	Ruby Worrell	Ryde	8:28.56
12	Nellie Muir	Ryde	8:49.19
13	Aliana Moala	Ryde	9:12.20
14	Maddison Hayhurst	Cherrybrook	9:46.52
--	Abigail Crossley	Ku-Ring-Gai	DQ

**Girls U 11 - 1100 Metre Walk**

Region: R 5:23.40 28/02/2010 Jasmyn McDonald, Parramatta

State: S 5:01.30 20/03/2005 Kini Chapple, Nepean

Name	Age	Centre	Final
1	Tara Laytham	Manly Warringah	5:57.60
2	Alannah Hickson	Ku-Ring-Gai	6:00.58
3	Emma Thomas	Parramatta	6:06.13
4	Courtney Mavin	Ku-Ring-Gai	6:06.78
5	Chloe Hickson	Ku-Ring-Gai	6:26.99
6	Sonia Walsh	Cherrybrook	7:41.34
7	Abigail Cribb	Hornsby	7:45.98
8	Scarlet Brett	Ku-Ring-Gai	7:54.09

**Girls U 12 - 1500 Metre Walk**

Region: R 7:19.05 17/02/2013 Eliza De Laine, Northern Su

State: S 6:38.70 20/03/1994 Renee McAskill, Nepean

Name	Age	Centre	Final
1	Elizabeth McMillen	Manly Warringah	8:06.31
2	Olivia Thomson	Manly Warringah	8:50.48
3	Monique Hore	Northern Suburbs	9:02.53
4	Arienna Grebert	Cherrybrook	9:19.15
5	Stephanie McArthur	Hornsby	9:58.98
6	Angela Asikin	Northern Suburbs	10:07.60

**Results****....Girls U 12 - 1500 Metre Walk**

7	Mykaela Hayhurst	Cherrybrook	10:57.84
8	Ellie Archer	Northern Suburbs	11:02.52
9	Brooke Rollo	Parramatta	11:06.93
--	Saskia Scholle	Ku-Ring-Gai	DQ

**Girls U 13 - 1500 Metre Walk**

Region: R 7:04.00 17/02/2008 Amy Bettiol, Manly Warringah  
 State: S 6:35.30 19/03/2006 Shannon Jennings, Nepean

Name	Age Centre	Final
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1	Hannah Parker	Manly Warringah	7:47.76
2	Haley Mills	Parramatta	7:52.47
3	Imogen Steele	Northern Suburbs	7:55.98
4	Alana Kavanagh	Nth Rocks Carlin	8:12.45
5	Jatali Brown	Manly Warringah	9:24.94
6	Eleanor Partridge	Ryde	9:38.80
7	Rachel Fairhall	Ryde	9:53.49
8	Prudence Silver	Northern Districts	9:54.02
9	Olivia Dyer	Ryde	10:00.73
--	Rebecca Asikin	Northern Suburbs	DQ

**Girls U 14 - 1500 Metre Walk**

Region: R 6:52.04 17/02/2013 Jasmyn McDonald, Parramatta  
 State: S 6:15.40 17/03/1996 Renee McAskill, Nepean

Name	Age Centre	Final
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1	Ainslie Brown	Northern Suburbs	9:01.30
2	Lily Johnston	Ku-Ring-Gai	9:17.86

**Girls U 15 - 1500 Metre Walk**

Region: R 6:53.10 19/02/2006 Melissa Hayes, Kings Langle  
 State: S 6:24.20 16/03/1997 Renee McAskill, Doonside

Name	Age Centre	Final
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1	Samantha Brown	Parramatta	7:00.61
2	Alexa Carey	Ku-Ring-Gai	9:08.74
3	Abbey McMillen	Manly Warringah	9:34.96

**Girls U 17 - 1500 Metre Walk**

Region: R 6:52.69 15/02/2015 Jasmyn Mc Donald, Parramatt  
 State: S 6:41.91 23/03/2014 Jasmine Dighton, Lethbridge

Name	Age Centre	Final
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1	Sophie Crichton	Ku-Ring-Gai	9:42.71
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**Boys U 8 - 70 Metre Sprint**

Region: R 10.60 19/02/2006 Jordan Shelley, Hills Distric  
 State: S 10.34 11/03/1978 Tim Harper, Weston Creek  
 State: S 10.34 11/03/1978 Mark Lever, Hornsby

Name	Age Centre	Heats
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Heat 1 Heats

1	Lars Ackland	Ku-Ring-Gai	11.42Q
2	Samuel Polley	Parramatta	11.68Q
3	Finn Pereira	Mosman	11.81Q
4	Christian Camus	Mosman	12.03

**Results****....Boys U 8 - 70 Metre Sprint**

5 Akith Ekanayake	Cherrybrook	12.07
6 Angus Turner	Manly Warringah	12.22
7 William Doumit	Northern Suburbs	12.42

## Heat 2 Heats

1 Christopher Moala	Ryde	11.31Q
2 Samuel Kay	Ku-Ring-Gai	11.44Q
3 Leo Robinson	Manly Warringah	11.57Q
4 Sonny Ifopo	Manly Warringah	11.69q
5 Dominic Lee	Northern Suburbs	11.92q
6 Lachlan Waldron	Nth Rocks Carlin	12.03
7 Nicholas Chin	Parramatta	12.29
8 Aidan Chalker	Northern Districts	12.98

**Boys U 8 - 70 Metre Sprint**

=====  
 Region: R 10.60 19/02/2006 Jordan Shelley, Hills Distric  
 State: S 10.34 11/03/1978 Tim Harper, Weston Creek  
 State: S 10.34 11/03/1978 Mark Lever, Hornsby  
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Name	Age	Centre	Final
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## Section 1 Final

1 Lars Ackland	Ku-Ring-Gai	11.26
2 Christopher Moala	Ryde	11.43
3 Samuel Kay	Ku-Ring-Gai	11.54
4 Leo Robinson	Manly Warringah	11.60
5 Samuel Polley	Parramatta	11.62
6 Finn Pereira	Mosman	11.74
7 Sonny Ifopo	Manly Warringah	11.85
8 Dominic Lee	Northern Suburbs	12.00

**Boys U 9 - 70 Metre Sprint**

=====  
 Region: R 10.00 2000 Michael Oldfield, Manly Warri  
 State: S 9.94 22/03/1998 John Grant, Canowindra  
 State: S 9.94 20/02/2000 Daniel Perkins, Sutherland  
 State: S 9.94 19/03/2000 Michael Oldfield, Manly Warri  
 State: S 9.94 18/03/2007 Benjamin Alessio, St George  
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Name	Age	Centre	Heats
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## Heat 1 Heats

1 Cooper Elkins	Manly Warringah	11.04Q
2 Oliver Edwards	Northern Suburbs	11.09Q
3 Matthew Gough	Nth Rocks Carlin	11.16Q
4 Freddie Benson Sparkes	Manly Warringah	11.30q
5 Llewyn Morrison	Northern Suburbs	11.35
6 Benjamin Heytman	Northern Suburbs	12.09
7 Owen Chandler	Ryde	12.32

## Heat 2 Heats

1 Thomas Hartman	Mosman	10.84Q
2 Koby Bryant	Manly Warringah	10.86Q
3 Andrew Kalos	Ryde	11.29Q
4 Kalan Harding	Northern Districts	11.32q
5 Marco Boccaletti	Cherrybrook	11.45
6 Elijah Wehrhahn	Ku-Ring-Gai	11.71
7 Isaac Wong	Nth Rocks Carlin	12.13

**Results****Boys U 9 - 70 Metre Sprint**

Name	Age	Centre	Final
Region: R	10.00	2000	Michael Oldfield, Manly Warri
State: S	9.94	22/03/1998	John Grant, Canowindra
State: S	9.94	20/02/2000	Daniel Perkins, Sutherland
State: S	9.94	19/03/2000	Michael Oldfield, Manly Warri
State: S	9.94	18/03/2007	Benjamin Alessio, St George

## Section 1 Final

1 Cooper Elkins		Manly Warringah	10.77
2 Koby Bryant		Manly Warringah	10.88
3 Thomas Hartman		Mosman	10.90
4 Freddie Benson Sparkes		Manly Warringah	11.23
5 Matthew Gough		Nth Rocks Carlin	11.26
6 Oliver Edwards		Northern Suburbs	11.35
7 Andrew Kalos		Ryde	11.66
8 Kalan Harding		Northern Districts	11.89

**Boys U 10 - 70 Metre Sprint**

Name	Age	Centre	Heats
Region: R	9.50	2000	Joshua Mulligan, Gosford
State: S	9.54	20/03/1999	Christopher Lawrence, Campbel
State: S	9.54	19/03/2000	Josh Mulligan, Gosford

## Heat 1 Heats

1 Jett Sully		Manly Warringah	10.61Q
2 Harrison Clark		Mosman	10.68Q
3 Owen Douglas		Ryde	10.69Q
4 Jesse Robinson		Northern Districts	10.78q
5 Oliver Pozzecco		Ku-Ring-Gai	11.00
6 Nate Killiby		Ryde	11.04

## Heat 2 Heats

1 Joshua Pozzolungo		Parramatta	10.53Q
2 George Srour		Ryde	10.86Q
3 Nicholas Bradshaw		Cherrybrook	10.87Q
4 Finn Bellerby		Manly Warringah	10.90q
5 Julian Lee		Northern Suburbs	11.00
6 Leo Walls		Northern Suburbs	11.22
7 Jack Carmichael		Ku-Ring-Gai	11.28

**Boys U 10 - 70 Metre Sprint**

Name	Age	Centre	Final
Region: R	9.50	2000	Joshua Mulligan, Gosford
State: S	9.54	20/03/1999	Christopher Lawrence, Campbel
State: S	9.54	19/03/2000	Josh Mulligan, Gosford

## Section 1 Final

1 Joshua Pozzolungo		Parramatta	10.49
2 Harrison Clark		Mosman	10.66
3 Owen Douglas		Ryde	10.76
4 George Srour		Ryde	10.92
4 Nicholas Bradshaw		Cherrybrook	10.92
6 Jesse Robinson		Northern Districts	11.00

**Results****Boys U 8 - 100 Metre Sprint**

=====			
Region:	R 13.90	1995	J DeSilva, Winston Hills
State:	S 14.24	12/03/1978	Tim Harper, Weston Creek
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Brody Folkes	Mosman	15.82Q
2	Lars Ackland	Ku-Ring-Gai	16.01Q
3	Finn Parlevliet	Nth Rocks Carlin	16.40Q
4	James Archer	Northern Suburbs	16.80q
5	Leo Robinson	Manly Warringah	16.94q
6	Sonny Ifopo	Manly Warringah	17.13
7	Lachlan Waldron	Nth Rocks Carlin	17.18
8	Angus Turner	Manly Warringah	17.28
Heat 2 Heats			
1	Marcus Papadimitriou	Cherrybrook	16.24Q
2	Christopher Moala	Ryde	16.74Q
3	Oliver Stokeld	Mosman	16.82Q
4	Dominic Lee	Northern Suburbs	17.28
5	Wilber Kingma	Manly Warringah	17.29
6	Nicholas Chin	Parramatta	17.40

**Boys U 8 - 100 Metre Sprint**

=====			
Region:	R 13.90	1995	J DeSilva, Winston Hills
State:	S 14.24	12/03/1978	Tim Harper, Weston Creek
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Brody Folkes	Mosman	15.76
2	Lars Ackland	Ku-Ring-Gai	15.97
3	Marcus Papadimitriou	Cherrybrook	16.00
4	Christopher Moala	Ryde	16.51
5	Finn Parlevliet	Nth Rocks Carlin	16.52
6	Leo Robinson	Manly Warringah	16.84
7	James Archer	Northern Suburbs	16.94
8	Oliver Stokeld	Mosman	17.10

**Boys U 9 - 100 Metre Sprint**

=====			
Region:	R 13.90	2000	Michael Oldfield, Manly Warri
State:	S 13.64	21/02/1998	Christopher Lawrence, Campbel
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Dylan Hall	Ku-Ring-Gai	14.77Q
2	Thomas Hartman	Mosman	15.60Q
3	Freddie Benson Sparkes	Manly Warringah	15.87Q
4	Harvey Monnock	Manly Warringah	15.97q
5	Matthew Gough	Nth Rocks Carlin	15.98q
6	Llewyn Morrison	Northern Suburbs	16.12
7	Rohan Saha	Hornsby	16.82
Heat 2 Heats			
1	Jope Rauqe	Ryde	15.17Q
2	Cooper Elkins	Manly Warringah	15.19Q
3	Koby Bryant	Manly Warringah	15.63Q
4	Oliver Edwards	Northern Suburbs	16.03
5	Marco Boccaletti	Cherrybrook	16.29
6	Alexander Heagu	Parramatta	16.64

**Results****Boys U 9 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 13.90 2000 Michael Oldfield, Manly Warri			
State: S 13.64 21/02/1998 Christopher Lawrence, Campbel			
Name	Age	Centre	Final
Section 1 Final			
1 Dylan Hall		Ku-Ring-Gai	14.73
2 Cooper Elkins		Manly Warringah	14.90
3 Koby Bryant		Manly Warringah	15.36
4 Jope Rauqe		Ryde	15.49
5 Thomas Hartman		Mosman	15.53
6 Freddie Benson Sparkes		Manly Warringah	15.70
7 Matthew Gough		Nth Rocks Carlin	15.88
8 Harvey Monnock		Manly Warringah	15.91

**Boys U 10 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R 13.30 2000 Joshua Mulligan, Gosford			
State: S 12.94 12/03/1978 Philip Provenzano, Randwick B			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jett Sully		Manly Warringah	14.85Q
2 Joshua Pozzolungo		Parramatta	15.12Q
3 James Harden		Ku-Ring-Gai	15.40Q
4 Jesse Robinson		Northern Districts	15.44
5 Nicholas Bradshaw		Cherrybrook	15.45
6 Julian Lee		Northern Suburbs	15.56
7 Riley Turkal		Ryde	16.26
Heat 2 Heats			
1 Lachlan Herbert		Ku-Ring-Gai	14.75Q
2 Harrison Clark		Mosman	15.23Q
3 George Srour		Ryde	15.27Q
4 Joshua Harty		Mosman	15.42q
5 Nate Killiby		Ryde	15.43q
6 Jack Carmichael		Ku-Ring-Gai	15.94
7 Julian Mendria		Cherrybrook	16.29

**Boys U 10 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 13.30 2000 Joshua Mulligan, Gosford			
State: S 12.94 12/03/1978 Philip Provenzano, Randwick B			
Name	Age	Centre	Final
Section 1 Final			
1 Jett Sully		Manly Warringah	14.53
2 Lachlan Herbert		Ku-Ring-Gai	14.54
3 Joshua Pozzolungo		Parramatta	14.80
4 Harrison Clark		Mosman	15.26
5 James Harden		Ku-Ring-Gai	15.29
6 Joshua Harty		Mosman	15.35
7 George Srour		Ryde	15.38
8 Nate Killiby		Ryde	15.74

**Boys U 11 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R 13.10 2005 Nicholas Hough, Hills Distric			
State: S 12.64 12/03/1978 Robert Stanford, Nepean			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Henry Roberts		Mosman	14.51Q

**Results****....Boys U 11 - 100 Metre Sprint**

2	Aidan Jones	Ku-Ring-Gai	14.63Q
3	Cormac Morrison	Northern Suburbs	14.93Q
4	Riley Finlayson	Cherrybrook	14.98q
5	Zachary Flynn	Manly Warringah	15.03q
6	Jeremy Plummer	Ryde	15.30
7	Marten Klomp	Hornsby	15.39
8	Lance Joseph David	Parramatta	15.57

## Heat 2 Heats

1	Nathan Hall	Parramatta	14.59Q
2	Joshua Gedz	Manly Warringah	14.67Q
3	Bailey Fisher	Hornsby	14.98Q
4	Sam Marsden	Cherrybrook	15.05
5	Tama Simpkins	Northern Districts	15.14
6	Tom Hindmarsh	Manly Warringah	15.24
7	Brody Paterson	Northern Suburbs	15.32
8	Matthew Roberts	Cherrybrook	15.40

**Boys U 11 - 100 Metre Sprint**

Region: R 13.10 2005 Nicholas Hough, Hills Distric  
 State: S 12.64 12/03/1978 Robert Stanford, Nepean

Name Age Centre Final

## Section 1 Final

1	Aidan Jones	Ku-Ring-Gai	14.01
2	Henry Roberts	Mosman	14.03
3	Nathan Hall	Parramatta	14.25
4	Joshua Gedz	Manly Warringah	14.65
5	Riley Finlayson	Cherrybrook	14.69
5	Cormac Morrison	Northern Suburbs	14.69
7	Zachary Flynn	Manly Warringah	14.71
8	Sam Marsden	Cherrybrook	14.75

**Boys U 12 - 100 Metre Sprint**

Region: R 12.30 2005 Kane Thompson, Manly Warringa  
 State: S 12.04 20/03/1999 Todd Shanahan, Macquarie Shor  
 State: S 12.04 23/03/2013 James Roach, Randwick Botany

Name Age Centre Heats

## Heat 1 Heats

1	Donovan Bradshaw	Cherrybrook	13.47Q
2	Archie Saunders	Manly Warringah	13.83Q
3	Daniel Bertolissio	Parramatta	13.92Q
4	Andrew Hill	Hornsby	14.30q
5	Savi Moala	Ryde	14.34
6	Benedict MacNamara	Ku-Ring-Gai	14.56
7	Abraham Oimage	Ryde	14.80

## Heat 2 Heats

1	Jason Ho	Northern Suburbs	13.12Q
2	Zachery Gardner	Manly Warringah	13.94Q
3	Alexander Sherlock	Ku-Ring-Gai	14.02Q
4	Sam Bates	Ku-Ring-Gai	14.25q
5	Luke Simpson	Manly Warringah	14.56
6	Bailey Perkins	Cherrybrook	14.95

**Results****Boys U 12 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R	12.30	2005	Kane Thompson, Manly Warringah
State: S	12.04	20/03/1999	Todd Shanahan, Macquarie Shor
State: S	12.04	23/03/2013	James Roach, Randwick Botany

## Section 1 Final

1	Jason Ho	Northern Suburbs	13.04
2	Donovan Bradshaw	Cherrybrook	13.49
3	Archie Saunders	Manly Warringah	13.75
4	Alexander Sherlock	Ku-Ring-Gai	13.94
5	Zachery Gardner	Manly Warringah	14.02
6	Daniel Bertolissio	Parramatta	14.04
7	Andrew Hill	Hornsby	14.05
8	Sam Bates	Ku-Ring-Gai	14.24

**Boys U 13 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R	11.70	17/02/2007	Nicholas Hough, Hills Distric
State: S	11.72	22/03/2014	James Roach, Randwick Botany

## Heat 1 Heats

1	Sam Park	Northern Districts	13.33Q
2	Jordan Metcalfe	Ryde	13.39Q
3	Zane Gerich	Manly Warringah	14.54Q
4	Zac Freeman	Manly Warringah	14.55

## Heat 2 Heats

1	Noah Liu	Parramatta	13.06Q
2	Ewan Burns	Manly Warringah	13.50Q
3	Max Hirst	Cherrybrook	13.79Q
4	Max Depalo	Hornsby	14.05q
5	Jai Lagois	Manly Warringah	14.39q

**Boys U 13 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R	11.70	17/02/2007	Nicholas Hough, Hills Distric
State: S	11.72	22/03/2014	James Roach, Randwick Botany

## Section 1 Final

1	Sam Park	Northern Districts	13.30
2	Noah Liu	Parramatta	13.43
3	Jordan Metcalfe	Ryde	13.47
4	Ewan Burns	Manly Warringah	13.72
5	Zane Gerich	Manly Warringah	14.80

**Boys U 14 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R	11.20	1995	Scott Fraser, Manly Warringah
State: S	11.34	17/03/1996	Matthew Manns, Ingleburn RSL
State: S	11.34	15/03/2008	Nicholas Hough, Hills Distric

## Section 1

1	Ellis Teudt	Manly Warringah	12.23
2	Tyrese Vidal	Ku-Ring-Gai	12.52
3	Jack Wrightson	Manly Warringah	12.70
4	Noah Hain	Ryde	12.94
5	Jovn Chung-wright	Northern Suburbs	13.15
6	Ben Simpson	Manly Warringah	13.24
7	Bevin Nanayakkara	Northern Suburbs	13.50



**Results****....Boys U 14 - 100 Metre Sprint**

8 Andrew Land	Manly Warringah	13.59
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**Boys U 15 - 100 Metre Sprint**

=====			
Region:	R 10.70	21/02/2009	Nicholas Hough, Hills Distric
State:	S 10.84	21/03/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
1 Lachlan Don		Manly Warringah	12.27
2 Daniel Tan		Nth Rocks Carlin	12.60
3 Harish Abimanju		Cherrybrook	12.64
4 Nathaniel Wong		Mosman	12.79
5 Kalafi Moala		Ryde	13.00
6 James Lewis		Manly Warringah	13.08
7 Barclay Charles		Ku-Ring-Gai	13.15
8 Thomas Sewell		Parramatta	13.32

**Boys U 17 - 100 Metre Sprint**

=====			
Region:	R 11.07	16/02/2013	Joshua Swan, MOSMAN
State:	S 10.84	20/03/2010	Ben Jaworski, Cherrybrook
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Nicholas Thomson		Hornsby	11.51Q
2 Joel Davidson		Cherrybrook	12.00Q
3 Josh Batten		Ku-Ring-Gai	12.38Q
4 Juan Rasines		Mosman	12.47
Heat 2 Heats			
1 Aaron Jeffery		Parramatta	11.93Q
2 Aethan Chung-wright		Northern Suburbs	12.00Q
3 Louis Purcell		Northern Suburbs	12.01Q
4 Beau Ingram		Cherrybrook	12.21q
5 Victor Teo		Ku-Ring-Gai	12.31q
6 Jackson Ellis		Manly Warringah	12.39
7 Angus Treeby		Manly Warringah	13.03

**Boys U 17 - 100 Metre Sprint**

=====			
Region:	R 11.07	16/02/2013	Joshua Swan, MOSMAN
State:	S 10.84	20/03/2010	Ben Jaworski, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Nicholas Thomson		Hornsby	11.62
2 Aaron Jeffery		Parramatta	11.95
3 Aethan Chung-wright		Northern Suburbs	12.03
4 Joel Davidson		Cherrybrook	12.05
5 Beau Ingram		Cherrybrook	12.19
6 Victor Teo		Ku-Ring-Gai	12.21
7 Louis Purcell		Northern Suburbs	12.29
8 Josh Batten		Ku-Ring-Gai	12.46

**Boys U 8 - 200 Metre Sprint**

=====			
Region:	R 31.00	2001	Alexander Pettigrew, Hornsby
State:	S 30.74	22/02/1987	Greg Pill, Illawong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Lars Ackland		Ku-Ring-Gai	33.30Q

**Results****....Boys U 8 - 200 Metre Sprint**

2	Finn Parlevliet	Nth Rocks Carlin	34.62Q
3	Bronson Brown	Cherrybrook	35.36Q
4	Angus Turner	Manly Warringah	35.60
5	Oliver Stokeld	Mosman	35.86
6	Angus Hunt	Northern Suburbs	36.04
7	Conrad Zielinski-william	Northern Suburbs	36.69
Heat 2 Heats			
1	Brody Folkes	Mosman	32.47Q
2	Samuel Kay	Ku-Ring-Gai	33.75Q
3	Lachlan Stitt	Ryde	35.35Q
4	Akith Ekanayake	Cherrybrook	35.49q
5	Liam Keep	Manly Warringah	35.59q
6	Jake Le Lievre	Northern Districts	35.85
7	Leo Robinson	Manly Warringah	35.94

**Boys U 8 - 200 Metre Sprint**

=====			
Region:	R 31.00	2001	Alexander Pettigrew, Hornsby
State:	S 30.74	22/02/1987	Greg Pill, Illawong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Brody Folkes	Mosman	32.90
2	Lars Ackland	Ku-Ring-Gai	33.49
3	Samuel Kay	Ku-Ring-Gai	34.14
4	Finn Parlevliet	Nth Rocks Carlin	34.31
5	Bronson Brown	Cherrybrook	35.49
6	Lachlan Stitt	Ryde	35.97
7	Liam Keep	Manly Warringah	36.60
8	Akith Ekanayake	Cherrybrook	38.32

**Boys U 9 - 200 Metre Sprint**

=====			
Region:	R 29.10	2002	Alexander Pettigrew, Hornsby
State:	S 28.44	22/03/1975	Glen Murgatroyd, Campbelltown
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Cooper Elkins	Manly Warringah	32.13Q
2	William Tye	Hornsby	32.62Q
3	Thomas Hartman	Mosman	33.09Q
4	Matthew Hunt	Northern Suburbs	33.11q
5	Harvey Monnock	Manly Warringah	33.16q
6	Oscar Davidson	Cherrybrook	33.79
7	Max Byrnes	Nth Rocks Carlin	34.65
Heat 2 Heats			
1	Jope Rauge	Ryde	31.74Q
2	Lachlan Tilt	Nth Rocks Carlin	33.08Q
3	Alexander Heagu	Parramatta	33.61Q
4	Marco Boccaletti	Cherrybrook	33.71
5	Oliver Edwards	Northern Suburbs	33.75
6	Luke Collins	Hornsby	34.33
7	Benjamin Fairbrother	Manly Warringah	35.21

**Results****Boys U 9 - 200 Metre Sprint**

=====			
Region:	R 29.10	2002	Alexander Pettigrew, Hornsby
State:	S 28.44	22/03/1975	Glen Murgatroyd, Campbelltown
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jope Rauqe	Ryde	30.86
2	Cooper Elkins	Manly Warringah	31.43
3	Harvey Monnock	Manly Warringah	31.78
4	Matthew Hunt	Northern Suburbs	31.93
5	William Tye	Hornsby	32.01
6	Thomas Hartman	Mosman	32.36
7	Lachlan Tilt	Nth Rocks Carlin	32.55
8	Alexander Heagu	Parramatta	34.29

**Boys U 10 - 200 Metre Sprint**

=====			
Region:	R 27.50	2001	Justin Hayward, Manly Warring
State:	S 26.94	11/03/1978	Chris Newman, Queanbeyan
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jett Sully	Manly Warringah	30.27Q
2	James Harden	Ku-Ring-Gai	30.69Q
3	Julian Lee	Northern Suburbs	31.39Q
4	Evan Venning	Northern Suburbs	31.57q
5	Lucas Sassen	Parramatta	32.68q
6	Oliver Pozzecco	Ku-Ring-Gai	33.17
7	Oliver Smith	Ryde	33.25
8	Max Merifield	Ryde	33.57
Heat 2 Heats			
1	Lachlan Herbert	Ku-Ring-Gai	29.78Q
2	Owen Douglas	Ryde	30.66Q
3	Harrison Clark	Mosman	31.03Q
4	Matthew Hogg	Mosman	32.92
5	Julian Mendria	Cherrybrook	33.61
6	Nicholas Solomonides	Nth Rocks Carlin	33.75

**Boys U 10 - 200 Metre Sprint**

=====			
Region:	R 27.50	2001	Justin Hayward, Manly Warring
State:	S 26.94	11/03/1978	Chris Newman, Queanbeyan
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lachlan Herbert	Ku-Ring-Gai	28.92
2	Jett Sully	Manly Warringah	29.30
3	Owen Douglas	Ryde	30.13
4	James Harden	Ku-Ring-Gai	30.28
5	Julian Lee	Northern Suburbs	31.18
6	Harrison Clark	Mosman	31.49
7	Evan Venning	Northern Suburbs	31.68
8	Lucas Sassen	Parramatta	32.89

**Boys U 11 - 200 Metre Sprint**

=====			
Region:	R 27.10	22/02/2004	Alexander Pettigrew, Parramat
State:	S 25.84	11/03/1978	Robert Sanford, Nepean
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Henry Roberts	Mosman	29.49Q

**Results**

**....Boys U 11 - 200 Metre Sprint**

2	Oliver Roberts	Mosman	29.89Q
3	Zachary Flynn	Manly Warringah	30.15Q
4	Luke Jubb	Ryde	30.55q
5	Maxim Moloney	Manly Warringah	30.85q
6	Sam Marsden	Cherrybrook	31.02
7	Marten Klomp	Hornsby	31.09
8	Lance Joseph David	Parramatta	31.38

Heat 2 Heats

1	Nathan Hall	Parramatta	29.52Q
2	Aidan Jones	Ku-Ring-Gai	29.60Q
3	Zachary Semaganda	Cherrybrook	30.25Q
4	Brody Paterson	Northern Suburbs	30.89
5	Tama Simpkins	Northern Districts	31.21

**Boys U 11 - 200 Metre Sprint**

Region: R 27.10 22/02/2004 Alexander Pettigrew, Parramat  
 State: S 25.84 11/03/1978 Robert Sanford, Nepean

Name	Age	Centre	Final
------	-----	--------	-------

Section 1 Final

1	Henry Roberts	Mosman	29.20
2	Aidan Jones	Ku-Ring-Gai	29.36
3	Nathan Hall	Parramatta	29.96
4	Zachary Semaganda	Cherrybrook	30.03
5	Oliver Roberts	Mosman	30.07
6	Zachary Flynn	Manly Warringah	30.08
7	Luke Jubb	Ryde	30.93
8	Maxim Moloney	Manly Warringah	31.99

**Boys U 12 - 200 Metre Sprint**

Region: R 25.80 2005 Kane Thompson, Manly Warringa  
 State: S 24.59 24/03/2013 James Roach, Randwick Botany

Name	Age	Centre	Heats
------	-----	--------	-------

Heat 1 Heats

1	Jason Ho	Northern Suburbs	26.76Q
2	Archie Saunders	Manly Warringah	27.96Q
3	Alexander Sherlock	Ku-Ring-Gai	28.57Q
4	Cameron Kemmis	Hornsby	28.77q
5	Owen Marschner	Northern Suburbs	29.74
6	Anthony Feng	Ryde	30.49

Heat 2 Heats

1	Donovan Bradshaw	Cherrybrook	27.09Q
2	Zachery Gardner	Manly Warringah	28.45Q
3	Sam Bates	Ku-Ring-Gai	28.76Q
4	Andrew Hill	Hornsby	29.09q
5	Savi Moala	Ryde	29.57
6	Adam Bruntsch	Ryde	30.41
7	Samuel Valderrama	Northern Districts	30.94

**Boys U 12 - 200 Metre Sprint**

Region: R 25.80 2005 Kane Thompson, Manly Warringa  
 State: S 24.59 24/03/2013 James Roach, Randwick Botany

Name	Age	Centre	Final
------	-----	--------	-------

Section 1 Final

1	Donovan Bradshaw	Cherrybrook	27.05
2	Jason Ho	Northern Suburbs	27.17

**Results****....Boys U 12 - 200 Metre Sprint**

3 Archie Saunders	Manly Warringah	28.59
4 Cameron Kemmis	Hornsby	29.09
5 Alexander Sherlock	Ku-Ring-Gai	29.29
6 Sam Bates	Ku-Ring-Gai	29.44

**Boys U 13 - 200 Metre Sprint**

=====			
Region:	R 24.00	18/02/2007	Nicholas Hough, Hills Distric
State:	S 23.34	18/03/2007	Nicholas Hough, Hills Distric
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Max Holmes	Northern Suburbs	26.71Q
2 Sam Park	Northern Districts	26.96Q
3 Jordan Metcalfe	Ryde	27.26Q
4 Ewan Burns	Manly Warringah	27.41q
5 Zac Freeman	Manly Warringah	28.85

## Heat 2 Heats

1 Noah Liu	Parramatta	26.65Q
2 Oskar Enasio	Northern Districts	27.17Q
3 Connor Bond	Cherrybrook	28.28Q
4 Johnathon Friend	Cherrybrook	28.61q
5 Zane Gerich	Manly Warringah	30.93

**Boys U 13 - 200 Metre Sprint**

=====			
Region:	R 24.00	18/02/2007	Nicholas Hough, Hills Distric
State:	S 23.34	18/03/2007	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

## Section 1 Final

1 Sam Park	Northern Districts	26.59
2 Max Holmes	Northern Suburbs	26.80
3 Ewan Burns	Manly Warringah	26.85
4 Jordan Metcalfe	Ryde	27.10
5 Oskar Enasio	Northern Districts	27.14
6 Noah Liu	Parramatta	27.49
7 Connor Bond	Cherrybrook	28.73
8 Johnathon Friend	Cherrybrook	29.51

**Boys U 14 - 200 Metre Sprint**

=====			
Region:	R 22.90	17/02/2008	Nicholas Hough, Hills Distric
State:	S 22.64	19/02/2006	Luke Hamer, St George
Name		Age Centre	Final
=====			

## Section 1

1 Riley Marosa	Manly Warringah	24.94
2 Morgan Little	Cherrybrook	25.45
3 Tyrese Vidal	Ku-Ring-Gai	25.69
4 Jack Wrightson	Manly Warringah	25.83
5 Felix Scott	Mosman	26.27
6 Riley Leverett	Ryde	26.73
7 Jovn Chung-wright	Northern Suburbs	27.25
8 Andrew Land	Manly Warringah	27.54

**Results****Boys U 15 - 200 Metre Sprint**

=====			
Region:	R 21.50	22/02/2009	Nicholas Hough, Hills Distric
State:	S 21.74	22/02/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Daniel Tan	Nth Rocks Carlin	24.92Q
2	Lachlan Don	Manly Warringah	25.84Q
3	Daniel Bowtell	Ryde	26.43Q
4	Timothy Walter	Ku-Ring-Gai	26.86q
5	Thomas Sewell	Parramatta	27.05
Heat 2 Heats			
1	Harish Abimanju	Cherrybrook	25.25Q
2	Miles Sizer	Mosman	25.46Q
3	Samuel Plummer	Ryde	25.83Q
4	Jonah Marsden	Northern Districts	26.96q
5	Ethan Uslu	Parramatta	27.65

**Boys U 15 - 200 Metre Sprint**

=====			
Region:	R 21.50	22/02/2009	Nicholas Hough, Hills Distric
State:	S 21.74	22/02/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Daniel Tan	Nth Rocks Carlin	25.11
2	Harish Abimanju	Cherrybrook	25.42
3	Miles Sizer	Mosman	25.68
4	Lachlan Don	Manly Warringah	25.81
5	Samuel Plummer	Ryde	25.90
6	Timothy Walter	Ku-Ring-Gai	27.68

**Boys U 17 - 200 Metre Sprint**

=====			
Region:	R 22.64	17/02/2013	Joshua Swan, MOSMAN
State:	S 21.80	23/03/2014	Teri Fragiadakis, Sutherland
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ben Carter	Manly Warringah	24.34Q
2	Joel Davidson	Cherrybrook	24.42Q
3	Thomas Corel	Mosman	24.58Q
4	Beau Ingram	Cherrybrook	24.97q
5	Josh Batten	Ku-Ring-Gai	25.02q
Heat 2 Heats			
1	Nicholas Thomson	Hornsby	23.89Q
2	Louis Purcell	Northern Suburbs	23.96Q
3	Victor Teo	Ku-Ring-Gai	25.27Q
4	Aethan Chung-wright	Northern Suburbs	25.70
5	Donald Ohmer	Parramatta	25.99

**Boys U 17 - 200 Metre Sprint**

=====			
Region:	R 22.64	17/02/2013	Joshua Swan, MOSMAN
State:	S 21.80	23/03/2014	Teri Fragiadakis, Sutherland
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Nicholas Thomson	Hornsby	22.78
2	Louis Purcell	Northern Suburbs	23.78
3	Joel Davidson	Cherrybrook	23.98
4	Ben Carter	Manly Warringah	24.16

**Results****....Boys U 17 - 200 Metre Sprint**

5 Thomas Corel	Mosman	24.29
6 Beau Ingram	Cherrybrook	24.65
7 Josh Batten	Ku-Ring-Gai	25.41

**Boys U 8 - 400 Metre Sprint**

=====			
Region: R	1:09.70	2001	Alexander Pettigrew, Hornsb
State: S	1:07.94	23/03/1975	David Misson, Randwick Bota
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Samuel Kay	Ku-Ring-Gai	1:14.72Q
2 Bronson Brown	Cherrybrook	1:15.69Q
3 Oliver Stokeld	Mosman	1:16.67Q
4 Liam Keep	Manly Warringah	1:16.89q
5 Jake Le Lievre	Northern Districts	1:19.79
6 Ethan Phillips	Manly Warringah	1:22.13
7 James Lubrano	Cherrybrook	1:27.87
8 Cadel Holmes	Northern Suburbs	1:30.54

## Heat 2 Heats

1 Brody Folkes	Mosman	1:12.84Q
2 Marcus Papadimitriou	Cherrybrook	1:12.94Q
3 Jack Osborne	Ku-Ring-Gai	1:18.29Q
4 Angus Hunt	Northern Suburbs	1:18.99q
5 Idris Burkhardt	Cherrybrook	1:21.23
6 Axel Bruntsch	Ryde	1:21.85
7 Harry Jordan	Ryde	1:29.44
8 Max Carmichael	Ku-Ring-Gai	1:30.48

**Boys U 8 - 400 Metre Sprint**

=====			
Region: R	1:09.70	2001	Alexander Pettigrew, Hornsb
State: S	1:07.94	23/03/1975	David Misson, Randwick Bota
Name		Age Centre	Final
=====			

## Section 1 Final

1 Brody Folkes	Mosman	1:14.34
2 Marcus Papadimitriou	Cherrybrook	1:14.64
3 Bronson Brown	Cherrybrook	1:14.81
4 Samuel Kay	Ku-Ring-Gai	1:15.25
5 Liam Keep	Manly Warringah	1:16.85
6 Jack Osborne	Ku-Ring-Gai	1:17.45
7 Oliver Stokeld	Mosman	1:22.42
8 Angus Hunt	Northern Suburbs	1:22.96

**Boys U 9 - 400 Metre Sprint**

=====			
Region: R	1:05.30	2002	Alexander Pettigrew, Hornsb
State: S	1:04.40	23/03/1975	Glen Murgatroyd, Campbellto
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Alexander Heagu	Parramatta	1:12.37Q
2 Paddy Bright	Manly Warringah	1:13.94Q
3 Tomas Moloney	Manly Warringah	1:14.57Q
4 Marcus Walsh	Cherrybrook	1:16.30
5 William Tye	Hornsby	1:16.54
6 Matias Moloney	Manly Warringah	1:18.61
7 Oscar Davidson	Cherrybrook	1:19.15
8 Alec Simpson	Northern Suburbs	1:21.80

## Heat 2 Heats

**Results****....Boys U 9 - 400 Metre Sprint**

1	Will Kay	Ku-Ring-Gai	1:12.37Q
2	Max Duncan	Ku-Ring-Gai	1:14.33Q
3	Matthew Hunt	Northern Suburbs	1:14.42Q
4	Dan Beretta	Mosman	1:14.76q
5	Jeremy Jubb	Ryde	1:15.68q
6	Riley Pereira	Hornsby	1:16.88
7	Zac LeQuesne	Parramatta	1:19.58
8	Cody Burton	Nth Rocks Carlin	1:19.72

**Boys U 9 - 400 Metre Sprint**

Region: R 1:05.30 2002 Alexander Pettigrew, Hornsb  
 State: S 1:04.40 23/03/1975 Glen Murgatroyd, Campbellto

Name Age Centre Final

**Section 1 Final**

1	Paddy Bright	Manly Warringah	1:11.98
2	Will Kay	Ku-Ring-Gai	1:12.64
3	Alexander Heagu	Parramatta	1:13.80
4	Tomas Moloney	Manly Warringah	1:14.84
5	Dan Beretta	Mosman	1:15.73
6	Jeremy Jubb	Ryde	1:15.92
7	Max Duncan	Ku-Ring-Gai	1:16.17
8	Matthew Hunt	Northern Suburbs	1:16.96

**Boys U 10 - 400 Metre Sprint**

Region: R 1:02.50 27/02/2010 Tyler Gunn, Gosford  
 State: S 1:01.34 16/03/2003 Alex Pettigrew, Parramatta

Name Age Centre Heats

**Heat 1 Heats**

1	Joshua Harty	Mosman	1:09.72Q
2	James Harden	Ku-Ring-Gai	1:11.85Q
3	Nicholas Woodhouse	Nth Rocks Carlin	1:13.76Q
4	Charlie Roughan	Northern Suburbs	1:14.15q
5	Gabriel Bertozzi	Manly Warringah	1:14.73q
6	Lucas Hosking	Nth Rocks Carlin	1:15.25
7	Kurtis Patrick	Northern Suburbs	1:19.11

**Heat 2 Heats**

1	Lachlan Herbert	Ku-Ring-Gai	1:07.36Q
2	Evan Dransfield	Northern Suburbs	1:09.76Q
3	Sean Williams	Ku-Ring-Gai	1:11.89Q
4	Oliver Smith	Ryde	1:15.94
5	Matthew Hogg	Mosman	1:20.19

**Boys U 10 - 400 Metre Sprint**

Region: R 1:02.50 27/02/2010 Tyler Gunn, Gosford  
 State: S 1:01.34 16/03/2003 Alex Pettigrew, Parramatta

Name Age Centre Final

**Section 1 Final**

1	Lachlan Herbert	Ku-Ring-Gai	1:04.56
2	James Harden	Ku-Ring-Gai	1:07.93
3	Evan Dransfield	Northern Suburbs	1:08.21
4	Joshua Harty	Mosman	1:10.92
5	Sean Williams	Ku-Ring-Gai	1:11.13
6	Charlie Roughan	Northern Suburbs	1:13.80
7	Nicholas Woodhouse	Nth Rocks Carlin	1:14.52
8	Gabriel Bertozzi	Manly Warringah	1:15.54



**Results****Boys U 11 - 400 Metre Sprint**

```

=====
Region: R 1:00.50 22/02/2004 Alexander Pettigrew, Parram
State: S 57.64 23/03/1979 Chris Newman, Queanbeyan
Name Age Centre Heats
=====

```

## Heat 1 Heats

```

1 Lucas Head Manly Warringah 1:05.58Q
2 Charlie Burt Northern Suburbs 1:08.47Q
3 Zachary Semaganda Cherrybrook 1:10.49Q
4 Ryan Jom Northern Suburbs 1:11.72q
5 Noah Ashton Ku-Ring-Gai 1:13.22
6 Lewis Fahey Northern Suburbs 1:14.08

```

## Heat 2 Heats

```

1 Zachary Flynn Manly Warringah 1:07.80Q
2 Nicholas Hyde Mosman 1:10.64Q
3 Alexander Mills Cherrybrook 1:11.26Q
4 Dylan Searle Cherrybrook 1:11.35q
5 Lance Joseph David Parramatta 1:12.90
6 Max Halliday Manly Warringah 1:15.35

```

**Boys U 11 - 400 Metre Sprint**

```

=====
Region: R 1:00.50 22/02/2004 Alexander Pettigrew, Parram
State: S 57.64 23/03/1979 Chris Newman, Queanbeyan
Name Age Centre Final
=====

```

## Section 1 Final

```

1 Lucas Head Manly Warringah 1:03.73
2 Zachary Flynn Manly Warringah 1:05.25
3 Charlie Burt Northern Suburbs 1:06.40
4 Nicholas Hyde Mosman 1:07.07
5 Ryan Jom Northern Suburbs 1:09.53
6 Zachary Semaganda Cherrybrook 1:09.86
7 Alexander Mills Cherrybrook 1:11.68
8 Dylan Searle Cherrybrook 1:12.80

```

**Boys U 12 - 400 Metre Sprint**

```

=====
Region: R 58.60 18/02/2006 Adam Harding, Hills District
State: S 56.94 20/03/2004 Luke Hamer, St George
Name Age Centre Heats
=====

```

## Heat 1 Heats

```

1 Zachary Gardner Manly Warringah 1:04.84Q
2 Daniel DE Zeeuw Manly Warringah 1:06.81Q
3 Cameron Kemmis Hornsby 1:08.38Q
4 Andrew Verschoor Manly Warringah 1:09.12
5 Liam McKenzie Cherrybrook 1:11.11
6 Marcus Panetta Northern Districts 1:12.04
7 Thomas Jackson Parramatta 1:12.57

```

## Heat 2 Heats

```

1 Donovan Bradshaw Cherrybrook 1:03.45Q
2 Hunter Hosking Nth Rocks Carlin 1:05.10Q
3 Charlie Jeffreson Mosman 1:05.83Q
4 Andrew Hill Hornsby 1:06.56q
5 Joseph Rooney Northern Suburbs 1:06.63q
6 Coby Walton Northern Districts 1:09.50
7 Ethan Jeffrey Northern Suburbs 1:10.98
8 James Farrington Cherrybrook 1:14.36

```

**Results****Boys U 12 - 400 Metre Sprint**

Region: R 58.60 18/02/2006 Adam Harding, Hills District

State: S 56.94 20/03/2004 Luke Hamer, St George

Name Age Centre Final

## Section 1 Final

1	Donovan Bradshaw	Cherrybrook	1:01.59
2	Zachery Gardner	Manly Warringah	1:02.49
3	Charlie Jeffreson	Mosman	1:03.09
4	Cameron Kemmis	Hornsby	1:04.20
5	Hunter Hosking	Nth Rocks Carlin	1:04.26
6	Daniel DE Zeeuw	Manly Warringah	1:08.56
7	Joseph Rooney	Northern Suburbs	1:08.75

**Boys U 13 - 400 Metre Sprint**

Region: R 55.70 27/02/2010 Stephen Eaton, Cherrybrook

State: S 53.65 21/03/2014 James Roach, Randwick Botany

Name Age Centre Heats

## Heat 1 Heats

1	Oskar Enasio	Northern Districts	58.80Q
2	Sam Park	Northern Districts	59.78Q
3	Dominic Panozzo	Northern Suburbs	59.88Q
4	Johnathon Friend	Cherrybrook	1:00.01q
5	Jordan Metcalfe	Ryde	1:01.42q
6	James Hunt	Northern Suburbs	1:06.52

## Heat 2 Heats

1	Max Holmes	Northern Suburbs	58.30Q
2	Ewan Burns	Manly Warringah	1:00.01Q
3	James Constable	Ku-Ring-Gai	1:00.92Q
4	Charlie East	Northern Suburbs	1:03.77
5	Zac Freeman	Manly Warringah	1:04.01
6	Sam Lee	Northern Suburbs	1:09.03

**Boys U 13 - 400 Metre Sprint**

Region: R 55.70 27/02/2010 Stephen Eaton, Cherrybrook

State: S 53.65 21/03/2014 James Roach, Randwick Botany

Name Age Centre Final

## Section 1 Final

1	Max Holmes	Northern Suburbs	57.88
2	James Constable	Ku-Ring-Gai	58.45
3	Oskar Enasio	Northern Districts	58.71
4	Dominic Panozzo	Northern Suburbs	1:00.69
5	Johnathon Friend	Cherrybrook	1:00.95
6	Ewan Burns	Manly Warringah	1:01.29
7	Sam Park	Northern Districts	1:04.47

**Boys U 14 - 400 Metre Sprint**

Region: R 53.50 2002 Rhys Thumbadoo, Manly Warringah

State: S 50.97 23/03/2012 Jarrod Cullen, Canterbury

Name Age Centre Final

## Section 1

1	Thomas Hunt	Northern Suburbs	55.87
2	Felix Scott	Mosman	57.00
3	Morgan Little	Cherrybrook	57.01
4	Nikolas Kalimeris	Ku-Ring-Gai	58.17
5	Connor Latham	Ryde	59.63

**Results****....Boys U 14 - 400 Metre Sprint**

6 William Stacey	Ryde	1:03.28
------------------	------	---------

**Boys U 15 - 400 Metre Sprint**

=====			
Region:	R 50.90	1991	James Robinson, Parramatta
State:	S 49.64	15/03/1997	David Geddes, Manly Warringah
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 Miles Sizer	Mosman	55.71Q
2 Samuel Plummer	Ryde	56.62Q
3 Daniel Tan	Nth Rocks Carlin	56.80Q
4 Daniel Rasmussen	Manly Warringah	57.30q
5 Harish Abimanju	Cherrybrook	59.41q

## Heat 2 Heats

1 Bryn Lynch	Manly Warringah	56.62Q
2 Barclay Charles	Ku-Ring-Gai	57.44Q
3 Patrick Hore	Manly Warringah	58.55Q
4 Daniel Bowtell	Ryde	1:00.29
5 Benjamin VU	Nth Rocks Carlin	1:08.18

**Boys U 15 - 400 Metre Sprint**

=====			
Region:	R 50.90	1991	James Robinson, Parramatta
State:	S 49.64	15/03/1997	David Geddes, Manly Warringah
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Bryn Lynch	Manly Warringah	54.19
2 Daniel Rasmussen	Manly Warringah	55.35
3 Miles Sizer	Mosman	55.76
4 Samuel Plummer	Ryde	57.06
5 Daniel Bowtell	Ryde	57.54
6 Barclay Charles	Ku-Ring-Gai	58.05
7 Patrick Hore	Manly Warringah	58.19

**Boys U 17 - 400 Metre Sprint**

=====			
Region:	R 49.75	16/02/2013	Bryce Collins, Northern Subur
State:	S 49.57	22/03/2013	Bryce Collins, Northern Subur
Name	Age	Centre	Final
=====			

## Section 1

1 Thomas Corel	Mosman	52.44
2 Oliver Clarke	Cherrybrook	52.89
3 Louis Purcell	Northern Suburbs	53.51
4 Liam Frankish	Ku-Ring-Gai	53.55
5 Jasper Spiller	Ku-Ring-Gai	57.05
6 Dylan Rodgers	Ryde	57.31
7 Finnian Kelleher	Manly Warringah	57.90
8 Aidan Wylie	Manly Warringah	1:01.86

**Boys U 8 - 700 Metre Run Pack Start**

=====			
Region:	R 2:17.40	2001	Alex Pettigrew, Hornsby Dis
Name	Age	Centre	Final
=====			

1 Bronson Brown	Cherrybrook	2:21.25
2 Jack Osborne	Ku-Ring-Gai	2:22.92
3 Liam Keep	Manly Warringah	2:24.68
4 Axel Bruntsch	Ryde	2:28.89

**Results****....Boys U 8 - 700 Metre Run Pack Start**

5	Jake Le Lievre	Northern Districts	2:31.48
6	Angus Hunt	Northern Suburbs	2:33.47
7	Ethan Phillips	Manly Warringah	2:34.32
8	Finn Parlevliet	Nth Rocks Carlin	2:34.89
9	Conrad Zielinski-william	Northern Suburbs	2:38.99
10	William Doumit	Northern Suburbs	2:40.71
11	Ethan Fajemisin	Nth Rocks Carlin	2:49.98
12	Max Carmichael	Ku-Ring-Gai	2:53.53

**Boys U 9 - 800 Metre Run**

=====  
 Region: R 2:27.80 2002 Alexander Pettigrew, Hornsb  
 State: S 2:25.70 17/03/2002 Alex Pettigrew, Hornsby

Name	Age Centre	Final
1	Paddy Bright	Manly Warringah 2:41.36
2	Max Duncan	Ku-Ring-Gai 2:42.00
3	Alexander Heagu	Parramatta 2:43.74
4	Will Kay	Ku-Ring-Gai 2:45.25
5	Tomas Moloney	Manly Warringah 2:48.60
6	Marcus Walsh	Cherrybrook 2:49.39
7	Riley Pereira	Hornsby 2:51.49
8	Zac LeQuesne	Parramatta 2:55.52
9	Aaron Penny	Manly Warringah 2:56.59
10	Jett Ho	Northern Suburbs 2:56.90
11	Cody Burton	Nth Rocks Carlin 2:57.22
12	Alec Simpson	Northern Suburbs 2:57.39
13	Nathan Pereira	Hornsby 2:58.33
14	Logan Shepherd	Northern Districts 2:59.16
15	Maxx Heaton	Ryde 3:04.21

**Boys U 10 - 800 Metre Run**

=====  
 Region: R 2:27.30 16/02/2003 Alexander Pettigrew, Parram  
 State: S 2:21.60 25/03/1979 Paul Kelly, Greystanes

Name	Age Centre	Final
1	Evan Dransfield	Northern Suburbs 2:35.40
2	Joshua Harty	Mosman 2:37.10
3	Sean Williams	Ku-Ring-Gai 2:37.90
4	Max Merifield	Ryde 2:42.30
5	Owen Douglas	Ryde 2:42.70
6	Thomas Brennan	Parramatta 2:44.10
7	Nicholas Woodhouse	Nth Rocks Carlin 2:45.50
8	Dejan Boicheski	Manly Warringah 2:49.40
9	Isaac Lanham	Manly Warringah 2:49.50
10	Oliver Smith	Ryde 2:50.90
11	Kai Organ	Manly Warringah 2:51.20
12	Nicholas Kimball	Manly Warringah 2:52.30
13	Corban Ross	Hornsby 2:52.80
14	Jamie Silva	Ku-Ring-Gai 3:00.80
15	Ryan Jones	Northern Districts 3:04.70

**Boys U 11 - 800 Metre Run**

=====  
 Region: R 2:21.80 22/02/2004 Alexander Pettigrew, Parram  
 State: S 2:17.37 24/03/2013 Luke Young, Macquarie Hunte

Name	Age Centre	Final
1	Lucas Head	Manly Warringah 2:28.73
2	Nicholas Hyde	Mosman 2:30.66

**Results****....Boys U 11 - 800 Metre Run**

3	Ryan Frykberg	Cherrybrook	2:31.73
4	Ethan Oliver	Northern Districts	2:33.46
5	Charlie Burt	Northern Suburbs	2:38.43
6	Jenson McIntosh	Ku-Ring-Gai	2:41.27
7	Finn Kennedy	Northern Suburbs	2:43.15
8	Lachlan Roberts	Parramatta	2:43.39
9	Dylan Searle	Cherrybrook	2:44.15
10	Maxim Moloney	Manly Warringah	2:46.72
11	Marten Klomp	Hornsby	2:47.30
12	Noah Ashton	Ku-Ring-Gai	2:48.42
13	Zachary Flynn	Manly Warringah	2:49.14
14	Alexander Mills	Cherrybrook	2:51.09
15	Joel Wade	Nth Rocks Carlin	2:57.33

**Boys U 12 - 800 Metre Run**

=====			
	Region: R 2:16.20	2005	Alexander Pettigrew, Parram
	State: S 2:13.20	20/03/2005	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1	William Constable	Ku-Ring-Gai	2:23.90
2	Charlie Jeffreson	Mosman	2:26.12
3	Adam Bruntsch	Ryde	2:26.42
4	Rafi Gordon	Manly Warringah	2:28.41
5	Hunter Hosking	Nth Rocks Carlin	2:30.15
6	Cameron Gorman	Manly Warringah	2:30.79
7	Ashton Hanna	Ryde	2:35.17
8	Marcus Panetta	Northern Districts	2:36.22
9	Jonah Edwards	Northern Suburbs	2:38.20
10	Aiden Love	Northern Suburbs	2:41.13
11	James Farrington	Cherrybrook	2:41.27
12	Ashton Cooper	Nth Rocks Carlin	2:47.02
13	Christian Webster	Northern Districts	2:54.41
14	George Riley	Ku-Ring-Gai	3:06.65

**Boys U 13 - 800 Metre Run**

=====			
	Region: R 2:11.20	2005	Michael Todd, Ryde
	State: S 2:06.10	17/03/1985	Robert Wunder, Northern Sub
Name	Age	Centre	Final
=====			
1	James Constable	Ku-Ring-Gai	2:11.97
2	Oskar Enasio	Northern Districts	2:16.75
3	Johnathon Friend	Cherrybrook	2:18.93
4	Dominic Panozzo	Northern Suburbs	2:20.31
5	Harry Farrington	Cherrybrook	2:25.08
6	Charlie East	Northern Suburbs	2:28.81
7	Jack Stokeld	Mosman	2:29.42
8	Zac Freeman	Manly Warringah	2:35.28
9	Colm Walsh	Ku-Ring-Gai	2:35.44
10	James Hunt	Northern Suburbs	2:39.01
11	Alex Doherty	Ryde	2:40.08
12	Will Green	Northern Suburbs	2:41.76
13	William Mills	Cherrybrook	2:43.39

**Results****Boys U 14 - 800 Metre Run**

Name	Age	Centre	Final
Region: R 2:06.91 14/02/2016 Thomas Hunt, Northern Subur			
State: S 2:02.30 22/03/2015 Byrn Lynch, Manly Warringah			
Name	Age	Centre	Final
1 Thomas Hunt		Northern Suburbs	2:06.91R
2 Nikolas Kalimeris		Ku-Ring-Gai	2:09.15
3 Felix Scott		Mosman	2:09.45
4 Kieran Gorman		Manly Warringah	2:24.10
5 Curtis Kingsmill		Northern Suburbs	2:24.57
6 Connor Latham		Ryde	2:24.89
7 Anthony Shahla		Nth Rocks Carlin	2:31.41
8 Elijah Khallouf		Northern Districts	2:32.15

**Boys U 15 - 800 Metre Run**

Name	Age	Centre	Final
Region: R 1:58.88 19/02/2012 Jack Collett, Gosford			
State: S 1:57.20 20/02/2005 James Kaan, Hills District			
State: S 1:57.20 16/03/2008 James Connor, Campbelltown			
Name	Age	Centre	Final
1 Bryn Lynch		Manly Warringah	2:04.82
2 Luke Gosper		Parramatta	2:08.45
3 Ben Bishop		Cherrybrook	2:09.72
4 Daniel Rasmussen		Manly Warringah	2:12.53
5 Max Mahon		Manly Warringah	2:13.53
6 Kyle Walsh		Ku-Ring-Gai	2:16.39
7 Timothy Walter		Ku-Ring-Gai	2:18.91
8 Erik Frykberg		Cherrybrook	2:22.14
9 Joshua Silver		Northern Districts	2:26.09
10 Peter Gardiner		Northern Suburbs	2:30.34
11 Andrew Tse		Northern Suburbs	2:36.58
12 Benjamin VU		Nth Rocks Carlin	2:40.22

**Boys U 17 - 800 Metre Run**

Name	Age	Centre	Final
Region: R 1:58.90 28/02/2010 Craig Cameron, Gosford			
State: S 1:55.75 22/03/2015 Jye Edwards, Albion Park			
Name	Age	Centre	Final
1 Jack Mills		Manly Warringah	2:00.48
2 Oliver Clarke		Cherrybrook	2:01.73
3 Benjamin Muston		Mosman	2:02.71
4 Nicholas Corel		Mosman	2:03.79
5 Nicholas Thomas		Parramatta	2:10.58

**Boys U 10 - 1500 Metre Run**

Name	Age	Centre	Final
Region: R 4:58.80 15/02/2003 Alexander Pettigrew, Parram			
State: S 4:44.10 19/03/1983 Richard McCarthy, Randwick			
Name	Age	Centre	Final
1 Evan Dransfield		Northern Suburbs	5:12.35
2 Sean Williams		Ku-Ring-Gai	5:14.73
3 Isaac Lanham		Manly Warringah	5:22.41
4 Max Merifield		Ryde	5:23.67
5 Thomas Whalan		Hornsby	5:23.86
6 Nicholas Woodhouse		Nth Rocks Carlin	5:25.41
7 Thomas Brennan		Parramatta	5:29.32
8 Oliver Smith		Ryde	5:32.91
9 Charlie Bowtell		Manly Warringah	5:35.67
10 Jai Maclachlan		Hornsby	5:45.72

**Results****....Boys U 10 - 1500 Metre Run**

11	Colt Paterson	Manly Warringah	5:46.60
12	Joshua Easton	Hornsby	5:46.81
13	Charlie Roughan	Northern Suburbs	5:50.01
14	Harry Flower	Hornsby	5:50.28
15	Nicholas Kimball	Manly Warringah	5:58.69

**Boys U 11 - 1500 Metre Run**

Region: R 4:47.70 19/02/2011 Elliot Metcalf, Manly Warri  
 State: S 4:36.90 17/03/1984 Richard McCarthy, Randwick

Name	Age Centre	Final	
1	Nicholas Hyde	Mosman	5:08.15
2	Ryan Frykberg	Cherrybrook	5:14.01
3	Maxim Moloney	Manly Warringah	5:15.57
4	Jenson McIntosh	Ku-Ring-Gai	5:19.75
5	Charlie Stark	Ryde	5:22.29
6	Finn Kennedy	Northern Suburbs	5:26.27
7	Max Halliday	Manly Warringah	5:31.09
8	Noah Ashton	Ku-Ring-Gai	5:34.22
9	Lachlan Roberts	Parramatta	5:36.10
10	Daniel Hopper	Mosman	5:37.71
11	Samuel Walter	Ku-Ring-Gai	5:37.95
12	Liam Dunn	Parramatta	5:44.26
13	Tom Blewman	Manly Warringah	5:50.13
14	Conor Grace	Manly Warringah	6:40.59

**Boys U 12 - 1500 Metre Run**

Region: R 4:43.00 2005 Alexander Pettigrew, Parram  
 State: S 4:27.20 19/03/1983 Peter Stellino, Hills Distr

Name	Age Centre	Final	
1	Adam Bruntsch	Ryde	4:55.22
2	Charlie Jeffreson	Mosman	4:57.85
3	William Constable	Ku-Ring-Gai	5:00.38
4	Cameron Gorman	Manly Warringah	5:05.18
5	James Farrington	Cherrybrook	5:12.01
6	Joseph Rooney	Northern Suburbs	5:12.82
7	Marcus Panetta	Northern Districts	5:15.88
8	Jonah Edwards	Northern Suburbs	5:18.07
9	Wilson Sarkies	Manly Warringah	5:20.79
10	Ashton Hanna	Ryde	5:22.43
11	Lachlan Easdown	Ku-Ring-Gai	5:22.88
12	Aiden Love	Northern Suburbs	5:29.47
13	Cameron Laytham	Manly Warringah	5:30.39
14	Ashton Cooper	Nth Rocks Carlin	5:41.29

**Boys U 13 - 1500 Metre Run**

Region: R 4:33.00 21/02/2004 Cameron Page, Gosford  
 State: S 4:21.30 18/03/2006 James Connor, Campbelltown

Name	Age Centre	Final	
1	Oskar Enasio	Northern Districts	5:07.18
2	Will Green	Northern Suburbs	5:13.59
3	Alex Doherty	Ryde	5:16.33
4	Martin Leerberg	Northern Suburbs	5:23.73
5	Colm Walsh	Ku-Ring-Gai	5:32.10
6	Caleb Harris	Nth Rocks Carlin	5:37.12
7	Connor Wood	Northern Districts	6:15.05

**Results****Boys U 14 - 1500 Metre Run**

Region: R 4:23.88 15/02/2014 Harrison Wade, Ryde			
State: S 4:11.93 22/03/2014 Harrison Wade, Ryde			
Name	Age	Centre	Final
1 William Stacey		Ryde	4:46.40
2 Kieran Gorman		Manly Warringah	4:46.65
3 Ben Graham		Hornsby	4:47.95
4 Hamish Murray		Hornsby	4:48.92
5 Curtis Kingsmill		Northern Suburbs	5:03.48
6 Matthew Leung		Northern Suburbs	5:10.26
7 Corey Arkins		Parramatta	5:14.89
8 Hashem Hijazi		Cherrybrook	5:16.82
9 Joseph Rasmussen		Manly Warringah	5:19.86
10 Callum Knox		Manly Warringah	5:21.17
11 Elijah Khallouf		Northern Districts	5:24.23

**Boys U 15 - 1500 Metre Run**

Region: R 4:10.70 2005 James Kaan, Hills District			
State: S 4:03.70 15/03/2008 James Connor, Campbelltown			
Name	Age	Centre	Final
1 Bryn Lynch		Manly Warringah	4:19.33
2 Luke Gosper		Parramatta	4:24.78
3 Ben Bishop		Cherrybrook	4:29.73
4 Max Mahon		Manly Warringah	4:33.56
5 Kyle Walsh		Ku-Ring-Gai	4:38.09
6 Timothy Walter		Ku-Ring-Gai	4:42.69
7 Erik Frykberg		Cherrybrook	4:51.06
8 Joshua Silver		Northern Districts	4:51.64
9 Ryan Jones		Cherrybrook	4:59.23
10 Peter Gardiner		Northern Suburbs	5:25.77
11 Benjamin VU		Nth Rocks Carlin	5:47.34

**Boys U 17 - 1500 Metre Run**

Region: R 4:14.24 16/02/2013 Taylor John, Ku-Ring-Gai			
State: S 4:04.06 21/03/2015 Jye Edwards, Albion Park			
Name	Age	Centre	Final
1 Jack Mills		Manly Warringah	4:15.08
2 Liam Gorman		Manly Warringah	4:22.84
3 Harry Armstrong		Manly Warringah	4:28.31
4 Harlan Mulherin		Manly Warringah	4:32.19
5 Nicholas Corel		Mosman	4:33.35
6 Harrison Wade		Ryde	4:33.96
7 Nicholas Thomas		Parramatta	4:38.26

**Boys U 13 - 3000 Metre Run**

Region: R 9:47.60 21/02/2004 Cameron Page, Gosford			
State: S 9:39.60 20/03/2004 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Harry Farrington		Cherrybrook	10:53.71
2 Jack Stokeld		Mosman	11:27.92
3 Benjamin Maestri		Parramatta	11:42.74
4 George Davis		Ryde	11:56.36
5 Aidan Lidbetter		Hornsby	11:56.76
6 William Mills		Cherrybrook	12:09.43
7 Hamish Cumming		Manly Warringah	12:31.71



**Results****....Boys U 13 - 3000 Metre Run**

8 James Walter	Ku-Ring-Gai	12:45.40
9 Caleb Crossley	Ku-Ring-Gai	13:36.45

**Boys U 14 - 3000 Metre Run**

Region: R 9:19.00 2005 Cameron Page, Gosford  
 State: S 9:13.83 21/03/2014 Harrison Wade, Ryde

Name	Age Centre	Final
------	------------	-------

1 Kieran Gorman	Manly Warringah	10:11.09
2 Ben Graham	Hornsby	10:32.16
3 Hamish Murray	Hornsby	11:04.62
4 Callum Knox	Manly Warringah	11:40.57
5 Hashem Hijazi	Cherrybrook	11:45.08
6 Corey Arkins	Parramatta	11:54.76

**Boys U 15 - 3000 Metre Run**

Region: R 9:12.70 18/02/2006 Cameron Page, Gosford  
 State: S 8:50.60 18/03/2006 Cameron Page, Gosford

Name	Age Centre	Final
------	------------	-------

1 Luke Gosper	Parramatta	9:46.10
2 Ben Bishop	Cherrybrook	9:47.41
3 Thomas Davies	Mosman	9:55.06
4 Max Mahon	Manly Warringah	9:56.73
5 Ryan Jones	Cherrybrook	10:37.11
6 Ryan Hogan	Cherrybrook	10:49.03
7 Joshua Silver	Northern Districts	11:07.48
8 Erik Frykberg	Cherrybrook	11:17.46
9 Peter Gardiner	Northern Suburbs	11:43.93

**Boys U 17 - 3000 Metre Run**

Region: R 9:20.76 16/02/2013 David Gardiner, Northern Su  
 State: S 9:04.07 22/03/2013 David Gardiner, Northern Su

Name	Age Centre	Final
------	------------	-------

1 Harlan Mulherin	Manly Warringah	9:23.38
2 Liam Gorman	Manly Warringah	9:41.92
3 Harry Armstrong	Manly Warringah	10:05.14
4 Nicholas Thomas	Parramatta	10:11.28

**Boys U 8 - 60 Metre Hurdles (45cm)**

Region: R 10.50 2001 Alexander Pettigrew, Hornsby  
 State: S 10.63 15/02/2014 Jesse Ingleton, Camden

Name	Age Centre	Heats
------	------------	-------

**Heat 1 Heats**

1 Marcus Papadimitriou	Cherrybrook	11.22Q
2 Akith Ekanayake	Cherrybrook	11.60Q
3 Samuel Kay	Ku-Ring-Gai	11.62Q
4 Leo Robinson	Manly Warringah	11.70
5 Liam Monahan	Manly Warringah	12.14
6 Henry Mahendran	Ku-Ring-Gai	12.49
7 Robert McTighe	Manly Warringah	12.64
8 Alex Jones	Northern Districts	13.05

**Heat 2 Heats**

1 Angus Hunt	Northern Suburbs	11.31Q
2 Christopher Moala	Ryde	11.39Q

**Results****....Boys U 8 - 60 Metre Hurdles (45cm)**

3 Samuel Polley	Parramatta	11.56Q
4 Sonny Ifopo	Manly Warringah	11.60q
5 Thomas Bishop	Cherrybrook	11.65q
6 Dominic Lee	Northern Suburbs	12.12
7 Christian Camus	Mosman	12.20

**Boys U 8 - 60 Metre Hurdles (45cm)**

Region: R 10.50 2001 Alexander Pettigrew, Hornsby  
 State: S 10.63 15/02/2014 Jesse Ingleton, Camden

Name Age Centre Final

**Section 1 Final**

1 Angus Hunt	Northern Suburbs	11.19
2 Marcus Papadimitriou	Cherrybrook	11.24
3 Akith Ekanayake	Cherrybrook	11.41
4 Samuel Polley	Parramatta	11.42
5 Christopher Moala	Ryde	11.48
6 Samuel Kay	Ku-Ring-Gai	11.68
7 Thomas Bishop	Cherrybrook	11.76
8 Sonny Ifopo	Manly Warringah	11.87

**Boys U 9 - 60 Metre Hurdles (45cm)**

Region: R 9.30 1999 Joshua Mulligan, Gosford  
 State: S 9.54 21/02/1999 Joshua Mulligan, Gosford  
 State: S 9.54 21/03/2009 Rory Barkley, Northern Suburb

Name Age Centre Heats

**Heat 1 Heats**

1 Llewyn Morrison	Northern Suburbs	10.79Q
2 Matthew Hunt	Northern Suburbs	10.94Q
3 Declan Reidy	Parramatta	11.07Q
4 Riley Pereira	Hornsby	11.38q
5 Jeremy Jubb	Ryde	11.69
6 Elijah Wehrhahn	Ku-Ring-Gai	11.77
7 Oliver Ludgate	Mosman	11.97
8 Nikita Khomenko	Northern Suburbs	12.05

**Heat 2 Heats**

1 Cooper Elkins	Manly Warringah	10.42Q
2 Tomas Moloney	Manly Warringah	10.62Q
3 Freddie Benson Sparkes	Manly Warringah	10.70Q
4 Lachlan Tilt	Nth Rocks Carlin	10.82q
5 Harvey Monnock	Manly Warringah	11.47
6 Hugh Boland	Ku-Ring-Gai	11.51
7 Oscar Davidson	Cherrybrook	12.09

**Boys U 9 - 60 Metre Hurdles (45cm)**

Region: R 9.30 1999 Joshua Mulligan, Gosford  
 State: S 9.54 21/02/1999 Joshua Mulligan, Gosford  
 State: S 9.54 21/03/2009 Rory Barkley, Northern Suburb

Name Age Centre Final

**Section 1 Final**

1 Cooper Elkins	Manly Warringah	10.35
2 Llewyn Morrison	Northern Suburbs	10.49
3 Matthew Hunt	Northern Suburbs	10.61
4 Tomas Moloney	Manly Warringah	10.67
5 Lachlan Tilt	Nth Rocks Carlin	10.68
6 Freddie Benson Sparkes	Manly Warringah	10.73

**Results****....Boys U 9 - 60 Metre Hurdles (45cm)**

7 Declan Reidy	Parramatta	11.03
8 Riley Pereira	Hornsby	11.27

**Boys U 10 - 60 Metre Hurdles (60cm)**

=====			
Region: R	9.70	2005	Sam Mete, Ku-ring-gai
State: S	9.74	16/03/2002	Sean Potter, Macquarie Shores
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Timothy Forster	Hornsby	10.86Q
2 Evan Venning	Northern Suburbs	10.89Q
3 Oliver Pozzecco	Ku-Ring-Gai	11.80Q
4 Jack Carmichael	Ku-Ring-Gai	11.81
5 Sam Terry	Northern Suburbs	11.99
6 Max Merifield	Ryde	12.00
7 Lachie Murray	Northern Suburbs	12.01
8 Ieuan Horlock	Manly Warringah	12.30

## Heat 2 Heats

1 Evan Dransfield	Northern Suburbs	11.02Q
2 Julian Lee	Northern Suburbs	11.29Q
3 Finnlay Bartlett	Mosman	11.35Q
4 Finn Bellerby	Manly Warringah	11.48q
5 Jed Wigley	Ku-Ring-Gai	11.62q
6 George Newbrun	Ku-Ring-Gai	11.97
7 William Austin	Cherrybrook	13.04

**Boys U 10 - 60 Metre Hurdles (60cm)**

=====			
Region: R	9.70	2005	Sam Mete, Ku-ring-gai
State: S	9.74	16/03/2002	Sean Potter, Macquarie Shores
Name		Age Centre	Final
=====			

## Section 1 Final

1 Evan Dransfield	Northern Suburbs	10.87
2 Evan Venning	Northern Suburbs	10.96
3 Timothy Forster	Hornsby	11.03
4 Julian Lee	Northern Suburbs	11.21
5 Finn Bellerby	Manly Warringah	11.33
6 Finnlay Bartlett	Mosman	11.39
7 Jed Wigley	Ku-Ring-Gai	11.76
8 Oliver Pozzecco	Ku-Ring-Gai	11.90

**Boys U 11 - 60 Metre Hurdles (60cm)**

=====			
Region: R	9.20	21/02/2009	Bailey Simonsson, Manly Warri
State: S	9.24	19/02/2000	William Mataka, Revesby Worke
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Ethan Quintana	Northern Suburbs	10.17Q
2 Ethan Oliver	Northern Districts	10.18Q
3 Zachary Semaganda	Cherrybrook	10.62Q
4 Harry Anderson	Manly Warringah	10.75q
5 Brody Paterson	Northern Suburbs	11.70
6 Patrick Largo	Nth Rocks Carlin	12.22
7 Euan Nichols	Northern Districts	13.23

## Heat 2 Heats

1 Lucas Head	Manly Warringah	10.05Q
2 Charlie Wilson	Manly Warringah	10.32Q
3 Max Milani	Northern Suburbs	10.77Q

**Results**

**....Boys U 11 - 60 Metre Hurdles (60cm)**

4 Gabrielle Miletich	Cherrybrook	11.46q
5 Ashton Gleeson	Ryde	12.02
6 Bailey Fisher	Hornsby	12.61
7 Thomas Ralph	Ryde	12.89

**Boys U 11 - 60 Metre Hurdles (60cm)**

=====			
Region:	R	9.20	21/02/2009 Bailey Simonsson, Manly Warri
State:	S	9.24	19/02/2000 William Mataka, Revesby Worke
Name		Age	Centre
			Final
=====			

Section 1 Final

1 Lucas Head	Manly Warringah	9.65
2 Ethan Quintana	Northern Suburbs	9.94
3 Ethan Oliver	Northern Districts	10.15
4 Charlie Wilson	Manly Warringah	10.21
5 Zachary Semaganda	Cherrybrook	10.40
6 Max Milani	Northern Suburbs	10.59
7 Harry Anderson	Manly Warringah	10.70
8 Gabrielle Miletich	Cherrybrook	12.53

**Boys U 12 - 60 Metre Hurdles (68cm)**

=====			
Region:	R	8.90	2005 Kane Thompson, Manly Warringa
State:	S	9.14	19/02/2005 Kane Thompson, Manly Warringa
Name		Age	Centre
			Heats
=====			

Heat 1 Heats

1 Riley Hemsworth	Ku-Ring-Gai	9.91Q
2 Jonathan Reid	Cherrybrook	10.36Q
3 Luke Fisher	Northern Suburbs	10.75Q
4 Benedict MacNamara	Ku-Ring-Gai	10.92q
5 Bailey Perkins	Cherrybrook	11.01
6 Savi Moala	Ryde	11.13

Heat 2 Heats

1 Austin Little	Northern Suburbs	9.82Q
2 Cameron Kemmis	Hornsby	10.13Q
3 Sam Bates	Ku-Ring-Gai	10.60Q
4 Sehan Samaragunarathna	Parramatta	10.68q

**Boys U 12 - 60 Metre Hurdles (68cm)**

=====			
Region:	R	8.90	2005 Kane Thompson, Manly Warringa
State:	S	9.14	19/02/2005 Kane Thompson, Manly Warringa
Name		Age	Centre
			Final
=====			

Section 1 Final

1 Riley Hemsworth	Ku-Ring-Gai	9.48
2 Austin Little	Northern Suburbs	9.57
3 Jonathan Reid	Cherrybrook	10.01
4 Luke Fisher	Northern Suburbs	10.36
5 Sam Bates	Ku-Ring-Gai	10.38
6 Benedict MacNamara	Ku-Ring-Gai	10.86
7 Sehan Samaragunarathna	Parramatta	10.93

**Results****Boys U 13 - 80 Metre Hurdles (76cm)**

Region: R 12.00 5/02/2006 Kane Thompson, Manly Warringa  
 State: S 12.04 16/03/1997 Ahmed Abou-Mahmoud, Winston H  
 State: S 12.04 19/03/2000 Ross Roberts, Gosford

Name	Age	Centre	Heats
------	-----	--------	-------

**Heat 1 Heats**

1	Connor Bond	Cherrybrook	13.70Q
2	Charlie East	Northern Suburbs	14.36Q
3	James Hunt	Northern Suburbs	14.77Q
4	Cameron Elvy	Mosman	17.18
5	Riveen Jayasinghe	Parramatta	17.53

**Heat 2 Heats**

1	Max Hirst	Cherrybrook	13.11Q
2	Samuel Galati	Ryde	13.34Q
3	Jeremy Hughson-miranda	Northern Suburbs	14.06Q
4	Colm Walsh	Ku-Ring-Gai	16.10q
5	Caleb Crossley	Ku-Ring-Gai	16.98q

**Boys U 13 - 80 Metre Hurdles (76cm)**

Region: R 12.00 5/02/2006 Kane Thompson, Manly Warringa  
 State: S 12.04 16/03/1997 Ahmed Abou-Mahmoud, Winston H  
 State: S 12.04 19/03/2000 Ross Roberts, Gosford

Name	Age	Centre	Final
------	-----	--------	-------

**Section 1 Final**

1	Samuel Galati	Ryde	12.92
2	Max Hirst	Cherrybrook	12.98
3	Connor Bond	Cherrybrook	13.46
4	Charlie East	Northern Suburbs	14.09
5	James Hunt	Northern Suburbs	14.15
6	Jeremy Hughson-miranda	Northern Suburbs	14.33
7	Colm Walsh	Ku-Ring-Gai	15.43
8	Caleb Crossley	Ku-Ring-Gai	17.16

**Boys U 14 - 90 Metre Hurdles (76cm)**

Region: R 11.90 17/02/2008 Nicholas Hough, Hills Distric  
 State: S 12.04 16/03/2008 Nicholas Hough, Hills Distric

Name	Age	Centre	Final
------	-----	--------	-------

**Section 1**

1	Jack Wrightson	Manly Warringah	13.61
2	Jack McFadden	Ku-Ring-Gai	14.52
3	Benjamin Crimp	Northern Suburbs	14.68
4	Jovn Chung-wright	Northern Suburbs	14.84
5	Xavier Jeffery	Parramatta	15.68
6	Matua Simpkins	Northern Districts	15.72
7	Lachlan Krklinski	Parramatta	16.83
8	Joshua Coppolelli	Cherrybrook	18.74

**Boys U 15 - 100 Metre Hurdles (76cm)**

Region: R 12.70 22/02/2009 Nicholas Hough, Hills Distric  
 State: S 12.64 22/03/2009 Nicholas Hough, Hills Distric

Name	Age	Centre	Final
------	-----	--------	-------

1	Jonathan Bell	Ku-Ring-Gai	14.74
2	Michael Matheson	Ryde	15.80
3	Ethan Uslu	Parramatta	16.44
4	Kalafi Moala	Ryde	17.00

**Results****....Boys U 15 - 100 Metre Hurdles (76cm)**

5 Daniel Bowtell	Ryde	17.23
6 Bradley Thomas	Parramatta	18.76

**Boys U 17 - 110 Metre Hurdles (76cm)**

=====			
Region:	R 14.38	17/02/2013	Bryce Collins, Northern Subur
State:	S 13.64	24/03/2013	Ivor Metcalf, Randwick Botany
Name	Age	Centre	Final
=====			
1 Nicholas Thomson		Hornsby	14.56
2 Aaron Jeffery		Parramatta	14.63
3 Ben Carter		Manly Warringah	14.79
4 Juan Rasines		Mosman	16.41
5 Jacob Winston		Manly Warringah	17.50
6 Aethan Chung-wright		Northern Suburbs	18.08
7 Donald Ohmer		Parramatta	18.11

**Boys U 13 - 200 Metre Hurdles (68cm)**

=====			
Region:	R 26.40	18/02/2006	Kane Thompson, Manly Warringa
State:	S 26.21	19/03/2011	Jarrod Cullen, Canterbury
Name	Age	Centre	Final
=====			
1 Charlie East		Northern Suburbs	30.36
2 James Hunt		Northern Suburbs	30.99
3 Jeremy Hughson-miranda		Northern Suburbs	31.99
4 Jackson Walls		Manly Warringah	32.42
5 Ben Newson		Manly Warringah	33.14
6 Billy Bakker		Manly Warringah	34.47

**Boys U 14 - 200 Metre Hurdles (76cm)**

=====			
Region:	R 24.60	16/02/2008	Nicholas Hough, Hills Distric
State:	S 24.64	15/03/2008	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
1 Riley Marosa		Manly Warringah	26.81
2 Jack Wrightson		Manly Warringah	27.98
3 Benjamin Crimp		Northern Suburbs	28.71
4 Matua Simpkins		Northern Districts	29.59
5 Xavier Jeffery		Parramatta	29.84
6 Bevin Nanayakkara		Northern Suburbs	31.89
7 Joshua Coppolelli		Cherrybrook	32.05
8 Ruben Samer		Northern Districts	32.29

**Boys U 15 - 200 Metre Hurdles (76cm)**

=====			
Region:	R 24.40	1991	D Connell, Manly Warringah
State:	S 24.34	15/03/2008	Cameron Hyde, Campbelltown UW
Name	Age	Centre	Final
=====			
1 Jonathan Bell		Ku-Ring-Gai	27.63
2 Daniel Bowtell		Ryde	28.34
3 Michael Matheson		Ryde	28.45
4 Ethan Uslu		Parramatta	29.79
5 Joshua Silver		Northern Districts	30.95
6 Bradley Thomas		Parramatta	33.81

**Results****Boys U 17 - 200 Metre Hurdles (76cm)**

Region: R 24.54 14/02/2015 Sam Richardson, Northern Subu			
State: S 23.86 23/03/2013 Bryce Collins, Northern Subur			
Name	Age	Centre	Final
1 Nicholas Thomson		Hornsby	24.83
2 Aaron Jeffery		Parramatta	24.95
3 John Economides		Manly Warringah	26.67
4 Juan Rasines		Mosman	27.42
5 Jacob Winston		Manly Warringah	28.23
6 Andrew Chapman		Northern Suburbs	28.72

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Region: R 54.70 14/02/2016 Ku-Ring-Gai, Ku-Ring-Gai			
D Hall, L Herbert, A Jones, R Hemsworth			
State: S 53.84 17/03/1996 Bankstown Sports			
Centre			Final
1 Ku-Ring-Gai			54.70R
1) Dylan Hall 9	2) Lachlan Herbert 10		
3) Aidan Jones 11	4) Riley Hemsworth 12		
2 Manly Warringah			57.24
1) Cooper Elkins 9	2) Jett Sully 10		
3) Lucas Head 11	4) Archie Saunders 12		
3 Mosman			57.61
1) Joshua Harty 10	2) Henry Roberts 11		
3) Thomas Hartman 9	4) Charlie Jeffreson 12		
4 Cherrybrook			57.79
1) Marco Boccaletti 9	2) Nicholas Bradshaw 10		
3) Sam Marsden 11	4) Donovan Bradshaw 12		
5 Parramatta			57.84
1) Alexander Heagu 9	2) Joshua Pozzolungo 10		
3) Nathan Hall 11	4) Daniel Bertolissio 12		
6 Northern Suburbs			58.11
1) Oliver Edwards 9	2) Evan Venning 10		
3) Cormac Morrison 11	4) Jason Ho 12		

**Boys U 12-17 4x100 Metre Relay (Snr)**

Region: R 46.46 15/02/2015 Manly Warringah, Manly Warrin			
R Marosa, B Carter, L Don, M Le Ban			
State: S 45.63 21/03/2010 Cherrybrook			
Centre			Final
1 Ryde			48.76
1) Jordan Metcalfe 13	2) Riley Leverett 14		
3) Samuel Plummer 15	4) Raymond Ahsan 17		
2 Ku-Ring-Gai			49.93
1) Hamish Lapsley 13	2) Nikolas Kalimeris 14		
3) Jonathan Bell 15	4) Jasper Spiller 17		
3 Cherrybrook			49.96
1) Connor Bond 13	2) Morgan Little 14		
3) Harish Abimanju 15	4) Beau Ingram 17		
4 Northern Suburbs			50.78
1) Charlie East 13	2) Zane Camroux 14		
3) Andrew Tse 15	4) Luke Skrivonic 17		
5 Northern Districts			52.76
1) Oskar Enasio 13	2) Matua Simpkins 14		
3) Max Turner 15	4) Liam Quinlan 17		
-- Manly Warringah			DNF
1) Ewan Burns 13	2) Ellis Teudt 14		

**Results****....Boys U 12-17 4x100 Metre Relay (Snr)**

3) Lachlan Don 15

4) Willson Lowe 17

**Boys U 9 - High Jump (S/H 0.90m)**

Region: R 1.31m 21/02/2004 Joel Edwards, Winston Hills  
 State: S 1.40m 17/03/1985 Jamie Shortland, Randwick Bot  
 State: S 1.40m 21/03/2009 Harrison Brierley, Illawong

Name	Age	Centre	Final
------	-----	--------	-------

**Flight 1**

1	Jope Rauqe	Ryde	1.24m
2	Tomas Moloney	Manly Warringah	1.10m
3	Mitchell Healy	Northern Suburbs	1.05m
4	Oliver Ludgate	Mosman	J1.05m
5	Daniel Powrie	Ku-Ring-Gai	J1.05m
6	Christiaan Maritz	Manly Warringah	J1.05m
7	Koby Bryant	Manly Warringah	J1.05m
8	Maxx Heaton	Ryde	J1.05m
9	Will Kay	Ku-Ring-Gai	1.00m
10	Logan Shepherd	Northern Districts	J1.00m
11	Max Byrnes	Nth Rocks Carlin	J1.00m
12	Lewis Chappell	Manly Warringah	0.95m
12	Will Carmody	Northern Suburbs	0.95m
14	Andrew Kalos	Ryde	J0.95m
--	Matthew Gough	Nth Rocks Carlin	NH

**Boys U 10 - High Jump (S/H 1.00m)**

Region: R 1.42m 17/02/2008 Lachlan Behagg, Manly Warringah  
 State: S 1.51m 21/03/2004 Jake Stein, Warradale

Name	Age	Centre	Final
------	-----	--------	-------

1	Mitchell Hatfield	Manly Warringah	1.39m
2	Jed Wigley	Ku-Ring-Gai	J1.39m
3	Ivan Prizmic	Ryde	1.35m
4	Matt Ashcroft	Hornsby	1.20m
5	Oliver Pozzecco	Ku-Ring-Gai	J1.20m
6	Finn Bellerby	Manly Warringah	J1.20m
7	Leo Walls	Northern Suburbs	J1.20m
8	Joshua Easton	Hornsby	J1.20m
9	Evan Venning	Northern Suburbs	J1.20m
10	Castro Cawood	Northern Suburbs	1.15m
10	Sam Terry	Northern Suburbs	1.15m
10	Alex Kuznetsoff	Ku-Ring-Gai	1.15m
13	Bailey Chapman	Cherrybrook	1.10m

**Boys U 11 - High Jump (S/H 1.10m)**

Region: R 1.59m 16/02/2008 Thomas Cheel, Ku-ring-gai  
 State: S 1.63m 17/03/1996 John Thornell, Green Valley

Name	Age	Centre	Final
------	-----	--------	-------

1	Charlie Wilson	Manly Warringah	1.39m
2	Jeremy Plummer	Ryde	J1.39m
3	Ethan Clarke	Manly Warringah	1.35m
4	Jack Harty	Mosman	J1.35m
5	Ethan Quintana	Northern Suburbs	J1.35m
6	Blake Gillian	Ku-Ring-Gai	1.30m
7	Thomas Skinner	Hornsby	J1.30m
8	Luke Jubb	Ryde	J1.30m
9	Ethan Oliver	Northern Districts	J1.30m



**Results****....Boys U 11 - High Jump (S/H 1.10m)**

10 Finn Kennedy	Northern Suburbs	1.25m
11 Evan Neal	Manly Warringah	1.20m
12 Finan Maher	Cherrybrook	J1.20m
13 Ashton Gleeson	Ryde	J1.20m
14 Patrick Largo	Nth Rocks Carlin	1.15m
15 Bradley Kelly	Parramatta	J1.15m

**Boys U 12 - High Jump (S/H 1.20m)**

Region: R 1.59m 16/02/2005 Kane Thompson, Manly Warringah

State: S 1.72m 21/03/2009 Thibaut Potin, Illawong

Name	Age Centre	Final
1 Riley Hemsworth	Ku-Ring-Gai	1.53m
2 Liam McKenzie	Cherrybrook	1.49m
3 Tom Stone	Ryde	J1.49m
4 Darcy Holmes	Northern Suburbs	1.40m
5 Michael Gardiner	Northern Suburbs	J1.40m
6 Benedict MacNamara	Ku-Ring-Gai	J1.40m
7 Owen Marschner	Northern Suburbs	J1.40m
8 Patrick Thom	Cherrybrook	J1.40m
9 Samuel Valderrama	Northern Districts	J1.40m
10 Dylan Charlier	Manly Warringah	J1.40m
11 Abraham Omage	Ryde	1.35m
12 Christian Webster	Northern Districts	1.30m
13 Hunter Folkes	Mosman	1.20m
14 Owen Mickan	Ryde	J1.20m

**Boys U 13 - High Jump (S/H 1.25m)**

Region: R 1.71m 19/02/2006 Tom Evans, Tuggerah Lakes

State: S 1.81m 21/03/2010 Thibaut Potin, Illawong

Name	Age Centre	Final
1 Sam Park	Northern Districts	1.59m
2 Thomas Russo	Hornsby	1.55m
3 Jonathan Woodcock	Northern Suburbs	1.51m
4 Ben Newson	Manly Warringah	1.49m
5 Charlie East	Northern Suburbs	J1.49m
6 Kyle Fisher	Northern Suburbs	1.47m
7 Jordan Metcalfe	Ryde	1.40m
8 Andrew Craig	Cherrybrook	J1.40m
9 Callum Brown	Northern Suburbs	1.35m
10 Joshua Arcus	Ryde	1.30m
11 Cameron Elvy	Mosman	J1.30m
12 Cameron Ross-Egar	Northern Districts	1.25m
-- Will Green	Northern Suburbs	NH

**Boys U 14 - High Jump (S/H 1.30m)**

Region: R 1.85m 1999 J Watson, Manly Warringah

State: S 1.95m 20/03/1994 Justin Hathway, Tamworth

Name	Age Centre	Final
1 Ethan Burgess	Ku-Ring-Gai	1.68m
2 Zak Power	Manly Warringah	1.64m
3 Jack Wrightson	Manly Warringah	1.62m
4 Benjamin Crimp	Northern Suburbs	J1.62m
5 Michael Newbrun	Ku-Ring-Gai	1.60m
6 Connor Latham	Ryde	1.52m
7 Ruben Samer	Northern Districts	1.35m

**Results****....Boys U 14 - High Jump (S/H 1.30m)**

8 Theo Kemp Northern Suburbs 1.30m

**Boys U 15 - High Jump (S/H 1.30m)**

Region: R 1.90m 17/02/2013 Declan Pluim, Cherrybrook  
 State: S 2.06m 18/03/2000 James Watson, Manly Warringah

Name	Age	Centre	Final
------	-----	--------	-------

1 Harrison Menin		Parramatta	1.82m
2 Bryn Lynch		Manly Warringah	1.74m
3 Ethan Uslu		Parramatta	1.54m
4 Bradley Thomas		Parramatta	1.48m
5 Thomas Sewell		Parramatta	1.35m

**Boys U 17 - High Jump (S/H 1.35m)**

Region: R 2.05m 27/02/2010 Brendan Starc, Parramatta  
 State: S 2.10m 20/03/2010 Brandon Starc, Parramatta

Name	Age	Centre	Final
------	-----	--------	-------

1 Liam Quinlan		Northern Districts	1.80m
2 Joey Ryu		Northern Suburbs	1.74m
3 Jacob Winston		Manly Warringah	J1.74m
4 Richard Ledger		Manly Warringah	1.68m
5 Harry Thompson		Manly Warringah	1.66m
6 Adam Ayad		Hornsby	1.60m
7 Angus Treeby		Manly Warringah	1.55m

**Boys U 8 - Long Jump**

Region: R 4.01m 1999 Michael Oldfield, Manly Warri  
 State: S 4.24m 22/02/1987 Steven Grant, Port Hacking

Name	Age	Centre	Final
------	-----	--------	-------

1 Brody Folkes		Mosman	3.71m
2 Marcus Papadimitriou		Cherrybrook	3.64m
3 Christopher Moala		Ryde	3.48m
4 Lars Ackland		Ku-Ring-Gai	3.47m
5 Alex Jones		Northern Districts	3.44m
6 Finn Parlevliet		Nth Rocks Carlin	3.37m
7 James Archer		Northern Suburbs	3.32m
8 Axel Bruntsch		Ryde	3.25m
9 Leo Brown		Manly Warringah	3.13m
10 Cadel Holmes		Northern Suburbs	3.10m
11 Jack Osborne		Ku-Ring-Gai	J3.07m
11 Lachlan Stitt		Ryde	3.07m
13 Angus Turner		Manly Warringah	3.05m
14 Christian Camus		Mosman	2.88m
15 Wilber Kingma		Manly Warringah	2.18m

**Boys U 9 - Long Jump**

Region: R 4.48m 2000 Michael Oldfield, Manly Warri  
 State: S 4.71m 24/03/1991 Grant Buchanan, Illawong

Name	Age	Centre	Final
------	-----	--------	-------

1 Lachlan Tilt		Nth Rocks Carlin	3.85m
2 Koby Bryant		Manly Warringah	3.72m
3 Llewyn Morrison		Northern Suburbs	3.61m
4 Lewis Chappell		Manly Warringah	3.59m
5 Daniel Clempson		Manly Warringah	3.57m

**Results****....Boys U 9 - Long Jump**

5 Benjamin Fairbrother	Manly Warringah	J3.57m
7 Mitchell Healy	Northern Suburbs	3.54m
8 Elijah Wehrhahn	Ku-Ring-Gai	3.52m
9 Marco Boccaletti	Cherrybrook	3.39m
10 James Edler	Ku-Ring-Gai	3.36m
11 Matthew Hunt	Northern Suburbs	3.35m
12 Max Byrnes	Nth Rocks Carlin	3.19m
13 Zac Herbert	Ku-Ring-Gai	3.12m
14 Owen Chandler	Ryde	3.06m
15 Dylan Paz	Hornsby	2.96m

**Boys U 10 - Long Jump**

Region: R 4.81m 1997 A Fitzgerald, Manly Warringah  
 State: S 5.17m 16/03/1980 Martin Moore, Bathurst

Name	Age Centre	Final
1 Lachlan Herbert	Ku-Ring-Gai	4.54m
2 Joshua Pozzolungo	Parramatta	4.33m
3 Jed Wigley	Ku-Ring-Gai	4.32m
4 James Harden	Ku-Ring-Gai	4.19m
5 Timothy Forster	Hornsby	J4.19m
6 Matt Ashcroft	Hornsby	4.06m
7 Jett Sully	Manly Warringah	4.05m
8 Leo Walls	Northern Suburbs	J4.05m
9 Evan Venning	Northern Suburbs	3.90m
10 Joshua Harty	Mosman	3.85m
11 William Austin	Cherrybrook	3.68m
12 Sean Williams	Ku-Ring-Gai	3.67m
13 Alexander Trueman	Manly Warringah	3.64m
14 Matthew Hogg	Mosman	3.57m
15 Matthew Stitt	Ryde	3.55m
16 Ivan Prizmic	Ryde	3.44m

**Boys U 11 - Long Jump**

Region: R 5.14m 22/02/2002 Alexander Pettigrew, Parramat  
 State: S 5.34m 7/02/1987 Craig Woodroff, Manly Warring

Name	Age Centre	Final
1 Lucas Head	Manly Warringah	4.61m
2 Justin George	Manly Warringah	4.40m
3 Jeremy Plummer	Ryde	4.38m
4 Charlie Wilson	Manly Warringah	4.29m
5 Oliver Roberts	Mosman	4.20m
6 Cormac Morrison	Northern Suburbs	4.19m
7 Nathan Hall	Parramatta	4.12m
8 Luke Jubb	Ryde	J4.05m
8 Jack Harty	Mosman	4.05m
10 Thomas Skinner	Hornsby	3.98m
11 Ashton Gleeson	Ryde	3.91m
12 Brody Paterson	Northern Suburbs	3.89m
13 Tama Simpkins	Northern Districts	3.85m
14 Matthew Roberts	Cherrybrook	3.84m
15 Lachlan Dewar	Cherrybrook	2.90m

**Results****Boys U 12 - Long Jump**

=====			
Region: R 5.66m		21/02/2004	Martin Stonis, Northern Subur
State: S 5.86m		17/03/1996	Michael Doggett, Lithgow
Name	Age	Centre	Final
=====			
1	Jonathan Reid	Cherrybrook	5.01m
2	Sehan Samaragunaratna	Parramatta	4.83m
3	Austin Little	Northern Suburbs	4.74m
4	Luke Simpson	Manly Warringah	4.72m
5	Archie Saunders	Manly Warringah	4.63m
6	Abraham Omage	Ryde	4.50m
7	Cameron MACE	Manly Warringah	4.40m
8	Bailey Perkins	Cherrybrook	4.26m
9	Luke Fisher	Northern Suburbs	4.24m
10	Liam McKenzie	Cherrybrook	4.23m
11	Jonah Edwards	Northern Suburbs	4.19m
12	Anthony Feng	Ryde	4.18m
13	Matthew Niccol	Hornsby	4.10m

**Boys U 13 - Long Jump**

=====			
Region: R 5.75m		1995	D Geddes, Manly Warringah
State: S 6.11m		19/03/2006	Kurt Jenner, Mt Pritchard
Name	Age	Centre	Final
=====			
1	Max Hirst	Cherrybrook	5.09m
2	Connor Bond	Cherrybrook	4.82m
3	Jai Lagois	Manly Warringah	4.61m
4	Billy Bakker	Manly Warringah	4.46m
5	Samuel Galati	Ryde	4.39m
5	Joshua Arcus	Ryde	J4.39m
7	Henry Pozzeco	Ku-Ring-Gai	4.34m
8	Ben Newson	Manly Warringah	4.30m
9	Jett Tall	Ryde	4.20m
10	Jeremy Hughson-miranda	Northern Suburbs	4.19m
11	Noah Liu	Parramatta	4.18m
12	George Davis	Ryde	3.89m
--	Cameron Ross-Egar	Northern Districts	FOUL

**Boys U 14 - Long Jump**

=====			
Region: R 6.13m		1997	A Abou-Mahmoud, Hills Distric
State: S 6.52m		17/03/1996	Stephen Jacenko, Balmain
Name	Age	Centre	Final
=====			
1	Zak Power	Manly Warringah	5.82m
2	Riley Marosa	Manly Warringah	5.60m
3	Noah Hain	Ryde	5.36m
4	Zane Camroux	Northern Suburbs	5.19m
5	Jovn Chung-wright	Northern Suburbs	5.06m
6	Andrew Land	Manly Warringah	5.01m
7	Locky Khun	Mosman	4.85m
8	Theo Kemp	Northern Suburbs	3.76m

**Boys U 15 - Long Jump**

=====			
Region: R 6.47m		1991	J Robinson, Parramatta
State: S 7.12m		20/03/2009	Thomas Soliman, Blacktown
Name	Age	Centre	Final
=====			
1	Zachary Jamieson	Northern Districts	5.39m
2	Harrison Menin	Parramatta	J5.39m

**Results****....Boys U 15 - Long Jump**

3 Max Turner	Northern Districts	5.33m
4 Marko Prizmic	Ryde	5.31m
5 Harish Abimanju	Cherrybrook	5.22m
6 Kalafi Moala	Ryde	5.17m
7 Ryan Jones	Cherrybrook	4.19m

**Boys U 17 - Long Jump**

Region: R 6.68m 13/02/2016 Willson Lowe, Manly Warringah  
 State: S 7.16m 20/03/2015 David Chen, Bankstown Sports

Name	Age Centre	Final
------	------------	-------

1 Willson Lowe	Manly Warringah	6.68mR
2 Josh Baddock	Cherrybrook	6.60m
3 Adam Ayad	Hornsby	6.22m
4 John Economides	Manly Warringah	6.18m
5 Aaron Jeffery	Parramatta	6.06m
6 Joel Davidson	Cherrybrook	6.00m
7 Jacob Winston	Manly Warringah	5.96m
8 Aethan Chung-wright	Northern Suburbs	5.51m
9 Aidan Wylie	Manly Warringah	5.44m
10 Joey Ryu	Northern Suburbs	5.05m
11 Nicholas Frost	Parramatta	5.04m
12 Krish Mirchandani	Mosman	4.00m

**Boys U 11 - Triple Jump**

Region: R 10.29m 1993 D Geddes, Manly Warringah

State: S 11.06m 27/03/1993 David Geddes, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 Justin George	Manly Warringah	9.62m
2 Charlie Wilson	Manly Warringah	9.56m
3 Luke Jubb	Ryde	9.36m
4 Zachary Semaganda	Cherrybrook	9.21m
5 Finn Kennedy	Northern Suburbs	9.20m
6 Alexander Mills	Cherrybrook	8.66m
7 Dylan Searle	Cherrybrook	8.63m
8 Jack Harty	Mosman	8.52m
9 Byron Bakker	Manly Warringah	8.45m
10 Maxim Moloney	Manly Warringah	8.41m
11 Max Milani	Northern Suburbs	8.39m
12 Patrick Largo	Nth Rocks Carlin	8.37m
13 Matthew Roberts	Cherrybrook	8.35m
14 Ryan Jom	Northern Suburbs	8.16m
15 Tama Simpkins	Northern Districts	8.10m

**Boys U 12 - Triple Jump**

Region: R 11.54m 22/02/2004 Martin Stonis, Northern Subu

State: S 12.78m 19/03/1995 Gima Keimelo, Randwick Botan

Name	Age Centre	Final
------	------------	-------

1 Austin Little	Northern Suburbs	10.57m
2 Sehan Samaragunaratna	Parramatta	10.35m
3 Jonathan Reid	Cherrybrook	10.28m
4 Abraham Omage	Ryde	10.23m
5 Liam McKenzie	Cherrybrook	10.20m
6 Owen Marschner	Northern Suburbs	10.01m
7 Darcy Holmes	Northern Suburbs	9.85m
8 Cameron MACE	Manly Warringah	9.70m

**Results****....Boys U 12 - Triple Jump**

9	Hunter Hosking	Nth Rocks Carlin	9.38m
10	Raff De Stradis	Hornsby	9.03m
11	Dylan Charlier	Manly Warringah	8.91m
12	Matthew Niccol	Hornsby	8.79m
13	Daniel DE Zeeuw	Manly Warringah	8.77m
14	Marco De Paulis	Northern Districts	8.67m

**Boys U 13 - Triple Jump**

Region: R 12.03m 17/02/2007 Nicholas Hough, Hills Distri  
 State: S 12.72m 18/03/2007 Nicholas Hough, Hills Distri

Name	Age	Centre	Final
1	Max Hirst	Cherrybrook	9.98m
2	Ben Newson	Manly Warringah	9.67m
3	Jai Lagois	Manly Warringah	9.56m
4	Jett Tall	Ryde	9.55m
5	George Davis	Ryde	9.49m
6	Kyle Fisher	Northern Suburbs	9.14m
7	Max Depalo	Hornsby	8.67m
8	Henry Pozzeco	Ku-Ring-Gai	8.55m
9	Ethan Barlow	Manly Warringah	8.29m
10	Alexander Norris	Manly Warringah	8.26m
11	Jacob Rodriguez	Parramatta	8.15m
12	Arthur Ziogas	Nth Rocks Carlin	8.08m
13	Cameron Ross-Egar	Northern Districts	7.93m
13	Sam Lee	Northern Suburbs	7.93m

**Boys U 14 - Triple Jump**

Region: R 13.27m 1996 D Geddes, Manly Warringah  
 State: S 13.48m 17/03/1996 David Geddes, Manly Warringa

Name	Age	Centre	Final
1	Zak Power	Manly Warringah	11.88m
2	Noah Hain	Ryde	11.76m
3	Zane Camroux	Northern Suburbs	11.22m
4	Jack Wrightson	Manly Warringah	11.17m
5	Riley Leverett	Ryde	10.70m
6	Ruben Samer	Northern Districts	10.27m
7	Locky Khun	Mosman	9.90m
8	Joshua Coppolelli	Cherrybrook	9.24m
9	Lockyer Couvret	Ku-Ring-Gai	9.22m
10	Theo Kemp	Northern Suburbs	8.00m

**Boys U 15 - Triple Jump**

Region: R 13.44m 20/02/2011 Cameron Pappas, Ryde  
 State: S 14.35m 21/03/1999 Fabrice Lapierre, Blacktown

Name	Age	Centre	Final
1	Marko Prizmic	Ryde	11.67m
2	Kalafi Moala	Ryde	10.53m
3	Andrew Tse	Northern Suburbs	10.22m
4	Scott Chapman	Cherrybrook	10.17m
5	Ryan Jones	Cherrybrook	9.75m
6	Jackson MACKIE	Manly Warringah	8.98m

**Results****Boys U 17 - Triple Jump**

Region: R 14.30m 17/02/2013 Emmanuel Fakiye, Nth Rocks C			
State: S 14.80m 24/03/2013 Emmanuel Fakiye, Nth Rocks C			
Name	Age	Centre	Final
1 Josh Baddock		Cherrybrook	13.58m
2 Willson Lowe		Manly Warringah	13.21m
3 Harry Thompson		Manly Warringah	12.85m
4 Adam Ayad		Hornsby	12.48m
5 Justin Sunderland		Ryde	12.14m
6 Aethan Chung-wright		Northern Suburbs	11.79m
7 Joel Davidson		Cherrybrook	11.78m
8 Jackson Ellis		Manly Warringah	11.18m
9 Tyler Monaghan		Northern Suburbs	9.98m
10 Joey Ryu		Northern Suburbs	9.46m
11 Lachlan Antoinette		Cherrybrook	9.19m

**Boys U 8 - Shot Put (1.5 Kg)**

Region: R 9.58m 19/02/2011 Daniel Manin, Parramatta			
State: S 10.98m 6/03/2011 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1 Lachlan Stitt		Ryde	6.80m
2 Sonny Ifopo		Manly Warringah	6.61m
3 Lachlan Waldron		Nth Rocks Carlin	6.50m
4 William Basha		Nth Rocks Carlin	6.47m
5 Henry Mahendran		Ku-Ring-Gai	5.97m
6 Ethan Phillips		Manly Warringah	5.70m
7 Thomas Jenkins		Manly Warringah	5.59m
8 Harry Jordan		Ryde	5.50m
9 Hayden McLellan		Manly Warringah	5.38m
10 Dominic Lee		Northern Suburbs	5.18m
11 Harper Enasio		Northern Districts	5.06m
12 Ethan Fajemisin		Nth Rocks Carlin	4.93m
13 Julian Wyman		Ryde	4.75m
14 Oliver Ashley		Northern Districts	4.49m
15 Ryan Dunn		Ryde	3.98m

**Boys U 9 - Shot Put (2.0 Kg)**

Region: R 9.82m 18/02/2012 Daniel Menin, Parramatta			
State: S 11.33m 20/03/1999 Jamal Idris, Bankstown Sport			
Name	Age	Centre	Final
1 Andrew Kalos		Ryde	8.06m
2 Benjamin Heytman		Northern Suburbs	7.83m
3 Jope Rauqe		Ryde	7.82m
4 Michael Ajaka		Parramatta	7.75m
5 Paddy Bright		Manly Warringah	7.62m
6 Lewis Chappell		Manly Warringah	7.43m
7 Mitchell Healy		Northern Suburbs	7.37m
8 Harvey Monnock		Manly Warringah	7.15m
9 Thomas Haslam		Ku-Ring-Gai	6.61m
10 Benjamin Fairbrother		Manly Warringah	6.50m
11 Kevin Lu Yang		Northern Districts	6.36m
12 Luke Collins		Hornsby	6.22m
13 Raymond Maikhael		Parramatta	5.98m
14 James Russo		Hornsby	5.54m
15 Matthew Walter		Ku-Ring-Gai	5.16m
16 Daniel Talberg		Ku-Ring-Gai	4.60m

**Results****Boys U 10 - Shot Put (2.0 Kg)**

Region: R 11.70m 17/02/2013 Daniel Menin, Parramatta			
State: S 13.22m 20/02/2011 EJ Brown-Vaelua, Nepean			
Name	Age	Centre	Final
1 Brodie Waldock		Ku-Ring-Gai	9.60m
2 William Austin		Cherrybrook	9.29m
3 William Pamplin		Manly Warringah	9.20m
4 George Shahla		Nth Rocks Carlin	8.97m
5 Gabriel Bertozzi		Manly Warringah	8.65m
6 Charlie Bowtell		Manly Warringah	8.45m
7 Finnlay Bartlett		Mosman	8.38m
8 Marcus El-Char		Parramatta	8.10m
9 Dominic Hergren		Ryde	7.94m
10 Gordon Durie		Northern Suburbs	7.77m
11 Lachie Murray		Northern Suburbs	7.76m
12 Kai Schofield		Nth Rocks Carlin	7.39m
13 Kyan McDougall		Manly Warringah	6.99m
14 Leo Walls		Northern Suburbs	6.97m
15 Nicholas Koinusis		Nth Rocks Carlin	6.52m

**Boys U 11 - Shot Put (2.0 Kg)**

Region: R 13.37m 15/02/2014 Daniel Menin, Parramatta			
State: S 14.42m 19/03/2011 Payne Haas, Macquarie Hunter			
Name	Age	Centre	Final
1 Jacob Morige		Cherrybrook	10.85m
2 Joshua Gedz		Manly Warringah	10.80m
3 Ethan Clarke		Manly Warringah	10.58m
4 Harry Anderson		Manly Warringah	10.52m
5 Max Milani		Northern Suburbs	9.49m
6 Cormac Morrison		Northern Suburbs	9.33m
7 Blake Gillian		Ku-Ring-Gai	9.28m
8 Julian Ajaka		Parramatta	9.04m
9 Jordan Takounlao		Cherrybrook	8.38m
10 James O'Donnell		Mosman	8.37m
11 Byron Bakker		Manly Warringah	8.35m
12 Thomas Ralph		Ryde	7.77m
13 Gabe High		Mosman	7.47m

**Boys U 12 - Shot Put (3.0 Kg)**

Region: R 13.30m 16/02/2003 A Luzi, Winston Hills			
State: S 15.66m 17/03/2002 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
1 Alexander Shahla		Nth Rocks Carlin	11.21m
2 Nosa Obaseki		Northern Districts	10.59m
3 Maxi Zihlmann		Northern Suburbs	8.85m
4 Max Blackley		Mosman	7.94m
5 Fredrik Hancock		Manly Warringah	7.91m
6 Lachlan Schneider		Nth Rocks Carlin	7.89m
7 Dom De Stradis		Hornsby	7.78m
8 Hunter Folkes		Mosman	6.95m
9 Daniel DE Zeeuw		Manly Warringah	6.87m
10 Raff De Stradis		Hornsby	6.82m
11 Savi Moala		Ryde	6.67m
12 Coby Walton		Northern Districts	6.62m
13 Anthony Feng		Ryde	6.54m



**Results****Boys U 13 - Shot Put (3.0 Kg)**

Region: R 15.66m 1994 S Novkovic, WInston Hills			
State: S 19.11m 20/03/2009 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Matthew Butler		Northern Suburbs	14.96m
2 Daniel Menin		Parramatta	14.11m
3 Sam Park		Northern Districts	11.95m
4 Oskar Enasio		Northern Districts	10.85m
5 Jett Tall		Ryde	10.60m
6 Jack Gibbons		Northern Districts	10.32m
7 Zane Gerich		Manly Warringah	9.88m
8 Benjamin MACKINLAY		Manly Warringah	9.00m
9 Thomas Russo		Hornsby	8.91m
10 Luke Durheim		Hornsby	7.91m
11 Samuel Galati		Ryde	7.61m
12 Caleb Crossley		Ku-Ring-Gai	7.33m
13 Alexander Norris		Manly Warringah	7.18m
14 Dylan Walton		Northern Districts	7.05m

**Boys U 14 - Shot Put (3.0 Kg)**

Region: R 16.85m 16/02/2014 Kieren Briggs, Parramatta			
State: S 18.51m 16/02/2013 Tyrone Taukamo, Randwick Bot			
Name	Age	Centre	Final
1 Zak Power		Manly Warringah	14.45m
2 Tyrese Vidal		Ku-Ring-Gai	13.84m
2 Anthony Shahla		Nth Rocks Carlin	J13.84m
4 Jack McFadden		Ku-Ring-Gai	13.45m
5 John Hunter		Ku-Ring-Gai	12.96m
6 Morgan Little		Cherrybrook	12.76m
7 James Bird		Ku-Ring-Gai	10.81m
8 Mitchell McVey		Parramatta	10.39m
9 Ruben Samer		Northern Districts	8.25m

**Boys U 15 - Shot Put (4.0 Kg)**

Region: R 17.44m 1995 P Elvy, Manly Warringah			
State: S 19.62m 18/03/2011 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Kevin Yang		Cherrybrook	15.26m
2 James Lewis		Manly Warringah	13.89m
3 Jackson Menin		Parramatta	13.72m
4 Harrison Menin		Parramatta	13.57m
5 Daniel Hall		Mosman	12.84m
6 Zachary Jamieson		Northern Districts	11.69m

**Boys U 17 - Shot Put (5.0 Kg)**

Region: R 16.18m 16/02/2013 Tyson Davis, Manly Warringah			
State: S 17.89m 24/03/2012 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Nicholas Frost		Parramatta	15.97m
2 Lachlan Antoinette		Cherrybrook	13.09m
3 Tyler Monaghan		Northern Suburbs	12.64m
4 Donald Ohmer		Parramatta	12.49m
5 Jaden Clark		Northern Suburbs	12.27m
6 Richard Ledger		Manly Warringah	11.81m

**Results****Boys U 8 - Discus (500 Gram)**

Region: R 31.36m 1992 Gareth Care, North Rocks Car			
State: S 31.36m 16/02/1992 Gareth Care, Nth Rocks Carli			
Name	Age	Centre	Final
1 Lachlan Waldron		Nth Rocks Carlin	19.85m
2 William Basha		Nth Rocks Carlin	16.80m
3 Ryan Kelleway		Nth Rocks Carlin	16.32m
4 Henry Mahendran		Ku-Ring-Gai	16.25m
5 Conrad Zielinski-william		Northern Suburbs	14.72m
6 Hayden McLellan		Manly Warringah	14.14m
7 Tom Green		Northern Suburbs	13.89m
8 Thomas Bishop		Cherrybrook	13.62m
9 Aidan Chalker		Northern Districts	13.56m
10 Harry Jordan		Ryde	13.19m
11 Matthew Wilson		Manly Warringah	11.85m
12 Ethan Phillips		Manly Warringah	11.82m
13 Ellis Tutty		Hornsby	10.20m

**Boys U 9 - Discus (500 Gram)**

Region: R 32.96m 1998 Christopher Bassett, Hornsby			
State: S 36.68m 22/11/1998 Jamal Idris, Bankstown Sport			
Name	Age	Centre	Final
1 Mitchell Healy		Northern Suburbs	26.22m
2 Lewis Chappell		Manly Warringah	25.67m
3 Benjamin Heytman		Northern Suburbs	25.50m
4 Ravi Soni-Abayakoon		Parramatta	24.83m
5 Michael Ajaka		Parramatta	24.15m
6 Andrew Kalos		Ryde	23.00m
7 Will Kay		Ku-Ring-Gai	22.83m
8 Freddie Benson Sparkes		Manly Warringah	21.26m
9 Kalan Harding		Northern Districts	19.39m
10 Liam Price		Nth Rocks Carlin	18.86m
11 Benjamin Fairbrother		Manly Warringah	18.66m
12 Felix Scholle		Ku-Ring-Gai	17.99m
13 Raymond Maikhael		Parramatta	17.68m
14 Keegan Daly		Hornsby	15.51m

**Boys U 10 - Discus (500 Gram)**

Region: R 39.76m 1999 Christopher Bassett, Hornsby			
State: S 43.20m 19/03/1983 Jason Amberger, Nepean			
Name	Age	Centre	Final
1 William Pamplin		Manly Warringah	35.79m
2 Joseph Harkin		Northern Suburbs	32.14m
3 Brodie Waldock		Ku-Ring-Gai	30.44m
4 William Austin		Cherrybrook	29.31m
5 Kai Schofield		Nth Rocks Carlin	25.88m
6 Joshua Easton		Hornsby	24.76m
7 Dominic Herngren		Ryde	23.77m
8 Lachie Murray		Northern Suburbs	23.49m
9 Kyan McDougall		Manly Warringah	23.25m
10 Nicholas Koinusis		Nth Rocks Carlin	21.95m
11 Dylan MACKENZIE		Manly Warringah	21.82m
12 Ivan Prizmic		Ryde	21.26m
13 Matthew Hogg		Mosman	18.87m
14 Jed Wigley		Ku-Ring-Gai	15.99m
15 Gordon Durie		Northern Suburbs	15.59m
-- Max Gillian		Ku-Ring-Gai	ND

**Results****Boys U 11 - Discus (750 Gram)**

=====			
Region: R 37.09m		20/02/2011	Nicholas Frost, Northern Dis
State: S 40.45m		17/02/2012	EJ Brown-Vaelua, Nepean
Name	Age	Centre	Final
=====			
1	Harry Anderson	Manly Warringah	29.40m
2	Blake Gillian	Ku-Ring-Gai	28.26m
3	Julian Ajaka	Parramatta	26.40m
4	Joshua Gedz	Manly Warringah	25.97m
5	Justin George	Manly Warringah	23.71m
6	Jacob Morige	Cherrybrook	22.15m
7	Cormac Morrison	Northern Suburbs	20.91m
8	Ethan Clarke	Manly Warringah	20.83m
9	Ashton Gleeson	Ryde	19.22m
10	James O'Donnell	Mosman	19.05m
11	Bensen Liu	Northern Suburbs	17.88m

**Boys U 12 - Discus (750 Gram)**

=====			
Region: R 44.04m		1993	S Novkovic, Winston Hills
State: S 52.43m		16/03/2002	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Nosa Obaseki	Northern Districts	43.10m
2	Riley Hemsworth	Ku-Ring-Gai	36.61m
3	Sehan Samaragunaratna	Parramatta	33.70m
4	Thomas Jackson	Parramatta	30.91m
5	Jacob King	Manly Warringah	30.06m
6	Alexander Shahla	Nth Rocks Carlin	28.31m
7	Maxi Zihlmann	Northern Suburbs	27.79m
8	Raff De Stradis	Hornsby	25.89m
9	Joseph Rooney	Northern Suburbs	21.89m
10	Hunter Folkes	Mosman	20.06m
11	Fredrik Hancock	Manly Warringah	19.53m
12	Dom De Stradis	Hornsby	19.27m
13	Anthony Feng	Ryde	19.16m
14	Coby Walton	Northern Districts	17.99m
15	Daniel DE Zeeuw	Manly Warringah	14.85m
16	Lachlan Schneider	Nth Rocks Carlin	14.65m

**Boys U 13 - Discus (1.0 Kg)**

=====			
Region: R 48.10m		1994	S Novkovic, Winston Hills
State: S 53.78m		16/03/2003	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Daniel Menin	Parramatta	40.09m
2	Matthew Butler	Northern Suburbs	37.44m
3	Zane Gerich	Manly Warringah	28.87m
4	Jonathan Woodcock	Northern Suburbs	28.54m
5	Jett Tall	Ryde	26.85m
6	Stuart Downie	Northern Suburbs	23.57m
7	Kyle Fisher	Northern Suburbs	21.36m
8	Bayden Little	Cherrybrook	20.84m
9	Billy Bakker	Manly Warringah	19.69m
10	Luke Durheim	Hornsby	18.68m
11	George Davis	Ryde	18.21m
12	Ben Newson	Manly Warringah	15.61m
13	Caleb Crossley	Ku-Ring-Gai	15.30m
--	Jack Gibbons	Northern Districts	ND

**Results****Boys U 14 - Discus (1.0 Kg)**

Region: R 55.22m 1995 S Novkovic, Winston Hills			
State: S 57.71m 20/03/2010 Tepai Moeroa, Doonside			
Name	Age	Centre	Final
1 Tyrese Vidal		Ku-Ring-Gai	47.37m
2 John Hunter		Ku-Ring-Gai	44.91m
3 Jack McFadden		Ku-Ring-Gai	38.03m
4 Anthony Shahla		Nth Rocks Carlin	35.97m
5 Mitchell McVey		Parramatta	32.89m
6 Zak Power		Manly Warringah	29.37m
7 Noah Hain		Ryde	28.01m
8 Ruben Samer		Northern Districts	23.30m
9 Matthew Leung		Northern Suburbs	17.62m

**Boys U 15 - Discus (1.0 Kg)**

Region: R 64.26m 15/02/2015 Nicholas Frost, Parramatta			
State: S 64.26m 15/02/2015 Nicholas Frost, Parramatta			
Name	Age	Centre	Final
1 Kevin Yang		Cherrybrook	51.51m
2 Daniel Hall		Mosman	50.21m
3 Zachary Jamieson		Northern Districts	48.69m
4 Alexander Willett		Manly Warringah	45.83m
5 Jonathan Bell		Ku-Ring-Gai	42.07m
6 Harrison Menin		Parramatta	40.04m
7 James Lewis		Manly Warringah	36.75m
8 Kalafi Moala		Ryde	34.06m
9 Michael Matheson		Ryde	31.08m
10 Scott Chapman		Cherrybrook	30.07m
11 Andrew Tse		Northern Suburbs	27.31m
12 Daniel Bowtell		Ryde	26.45m
13 Bradley Thomas		Parramatta	20.89m

**Boys U 17 - Discus (1.5 Kg)**

Region: R 54.30m 14/02/2016 Nicholas Frost, Parramatta			
State: S 56.17m 22/03/2009 Liam Speers, Macquarie Hunte			
Name	Age	Centre	Final
1 Nicholas Frost		Parramatta	54.30mR
2 Matthew McVey		Parramatta	45.83m
3 Donald Ohmer		Parramatta	41.16m
4 Richard Ledger		Manly Warringah	36.88m
5 Tyler Monaghan		Northern Suburbs	34.66m
6 Adam Ayad		Hornsby	31.23m
7 Matt Graham		Hornsby	30.17m
8 Jaden Clark		Northern Suburbs	29.37m
9 Nicholas Thomas		Parramatta	24.97m
10 Angus Treeby		Manly Warringah	21.39m
11 Jay Flippin		Manly Warringah	18.55m
-- Lachlan Antoinette		Cherrybrook	FOUL

**Boys U 11 - Javelin (400 Gram)**

Region: R 32.74m 14/02/2016 Ethan Oliver, Northern Distr			
Name	Age	Centre	Final
1 Ethan Oliver		Northern Districts	32.74mR
2 Ethan Clarke		Manly Warringah	28.14m
3 Joshua Mitchell		Hornsby	27.96m

**Results****....Boys U 11 - Javelin (400 Gram)**

4	Justin George	Manly Warringah	23.10m
5	Blake Gillian	Ku-Ring-Gai	22.46m
6	Max Fisher	Northern Suburbs	21.92m
7	Julian Ajaka	Parramatta	18.34m
8	Thomas Ralph	Ryde	17.02m
9	Jacob Morige	Cherrybrook	16.88m
10	Andrew Hope	Manly Warringah	16.72m
11	Corey Dewar	Cherrybrook	14.32m
12	Joel Wade	Nth Rocks Carlin	14.30m
13	Lachlan Dewar	Cherrybrook	14.18m
14	Sam Marsden	Cherrybrook	12.42m
--	Ryan Colver	Manly Warringah	ND

**Boys U 12 - Javelin (400 Gram)**

Region: R 36.96m 15/02/2015 Daniel Menin, Parramatta

State: S 40.48m 21/03/2015 Daniel Menin, Parramatta

Name	Age	Centre	Final
1	Riley Hemsworth	Ku-Ring-Gai	32.96m
2	Nosa Obaseki	Northern Districts	28.26m
3	Dom De Stradis	Hornsby	26.88m
4	Maxi Zihlmann	Northern Suburbs	24.74m
5	Andrew Hill	Hornsby	22.72m
6	Darcy Holmes	Northern Suburbs	21.56m
7	Hunter Folkes	Mosman	21.22m
8	Alexander Shahla	Nth Rocks Carlin	20.16m
9	Wilson Sarkies	Manly Warringah	18.98m
10	Jacob Uslu	Parramatta	17.78m

**Boys U 13 - Javelin (600 Gram)**

Region: R 42.98m 17/02/2007 Elliot Lang, Northern Suburb

State: S 48.80m 18/03/2007 Shane Nicholls, Kurrajong Bi

Name	Age	Centre	Final
1	Daniel Menin	Parramatta	37.34m
2	James Constable	Ku-Ring-Gai	30.96m
3	Matthew Butler	Northern Suburbs	30.22m
4	Bayden Little	Cherrybrook	26.92m
5	Alexander Norris	Manly Warringah	26.32m
6	Kyle Fisher	Northern Suburbs	26.24m
7	Samuel Galati	Ryde	26.08m
8	Benjamin MACKINLAY	Manly Warringah	21.70m
9	Stuart Downie	Northern Suburbs	20.26m
10	Aidan Lidbetter	Hornsby	19.36m
11	Adam Jubb	Ryde	14.56m
12	Lachlan Cruickshank	Manly Warringah	13.54m
13	Sam Lewis	Manly Warringah	12.92m
14	James Walter	Ku-Ring-Gai	12.84m
--	Andrew Craig	Cherrybrook	ND

**Boys U 14 - Javelin (600 Gram)**

Region: R 53.00m 17/02/2013 Cameron McEntyre, Ku-Ring-Ga

State: S 56.87m 18/03/2001 Jonathon Wynn, Camden Haven

Name	Age	Centre	Final
1	Morgan Little	Cherrybrook	40.26m
2	Zak Power	Manly Warringah	35.38m
3	Mitchell McVey	Parramatta	34.72m

**Results**

**....Boys U 14 - Javelin (600 Gram)**

4	Jack McFadden	Ku-Ring-Gai	33.60m
5	Matua Simpkins	Northern Districts	28.48m
6	Hamish Murray	Hornsby	28.34m
7	Lachlan Krklinski	Parramatta	25.64m
8	Elijah Khallouf	Northern Districts	25.36m
9	Ben Graham	Hornsby	24.84m
10	Ruben Samer	Northern Districts	14.24m

**Boys U 15 - Javelin (700 Gram)**

Region: R 59.69m 15/02/2014 Cameron McEntyre, Ku-Ring-Ga  
 State: S 59.69m 15/02/2014 Cameron McEntyre, Ku-Ring-Ga

Name Age Centre Final

1	Daniel Hall	Mosman	44.28m
2	Jonathan Bell	Ku-Ring-Gai	43.44m
3	Scott Chapman	Cherrybrook	40.66m
4	Samuel Plummer	Ryde	32.18m
5	Joshua Silver	Northern Districts	29.32m
6	Harrison Menin	Parramatta	25.88m
7	Ryan Jones	Cherrybrook	23.38m

**Boys U 17 - Javelin (700 Gram)**

Region: R 62.32m 17/02/2013 Tyson Davis, Manly Warringah  
 State: S 68.40m 24/03/2013 Rhys Stein, Warradale

Name Age Centre Final

1	Matthew McVey	Parramatta	53.16m
2	Nicholas Frost	Parramatta	51.40m
3	Tyler Monaghan	Northern Suburbs	47.14m
4	Donald Ohmer	Parramatta	45.92m
5	Matthew Hall	Mosman	41.26m
6	Justin Sunderland	Ryde	33.52m
7	Lachlan Antoinette	Cherrybrook	32.52m
8	Cody Fisher-Peel	Manly Warringah	30.90m
9	Matt Graham	Hornsby	28.86m
10	Joey Ryu	Northern Suburbs	26.36m
11	Nicholas Thomas	Parramatta	26.08m

**Boys U 9 - 700 Metre Walk**

Region: R 3:34.60 1998 Christopher Bassett, Hornsb  
 State: S 3:20.70 21/03/1999 Joshua Milan, Minchinbury

Name Age Centre Final

Section 1

1	Felix Scholle	Ku-Ring-Gai	3:57.65
2	Matthew Walter	Ku-Ring-Gai	3:59.28
3	Issac Tate	Manly Warringah	4:08.32
4	Keo Luxford-Smith	Manly Warringah	4:10.16
5	Angus Baily	Ku-Ring-Gai	5:03.26
6	Michael Ajaka	Parramatta	5:03.46
7	Liam Price	Nth Rocks Carlin	5:04.16
8	Harry Elliott	Hornsby	5:08.09
9	Ashton Fisher	Cherrybrook	5:35.66
10	Benjamin Harding	Northern Suburbs	6:00.79
11	William Dyson	Northern Suburbs	6:28.61
--	Orlando Grinbergs	Manly Warringah	DQ
--	Harrison Twyman	Northern Suburbs	DQ

**Results****Boys U 10 - 1100 Metre Walk**

=====			
Region:	R 5:45.20	1998	K Tansley, Manly Warringah
State:	S 5:01.70	22/03/1998	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1	Lachlan McIntosh	Ku-Ring-Gai	6:42.13
2	Ethan Quartly	Manly Warringah	6:46.64
3	Alejandro Briones	Manly Warringah	6:52.66
4	Nicholas Kimball	Manly Warringah	7:04.81
5	Max Gillian	Ku-Ring-Gai	7:09.18
6	Lachie Murray	Northern Suburbs	7:40.22
7	Joshua Lillis	Ryde	8:04.89

**Boys U 11 - 1100 Metre Walk**

=====			
Region:	R 5:19.18	19/02/2012	Dylan Richardson, Gosford
State:	S 5:05.80	21/03/1999	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1	Samuel Walter	Ku-Ring-Gai	6:26.99
2	Alexander Mills	Cherrybrook	6:33.80
3	Joel Solomon	Manly Warringah	6:51.18
4	Julian Ajaka	Parramatta	6:51.35
5	Gauthier Sanchez	Manly Warringah	7:03.06
6	Byron Bakker	Manly Warringah	7:05.76
--	Daniel Betts	Ryde	DQ
--	Max Fisher	Northern Suburbs	DQ

**Boys U 12 - 1500 Metre Walk**

=====			
Region:	R 7:06.59	17/02/2013	Harrison Mavin, Ku-Ring-Gai
State:	S 6:45.20	19/03/2000	Luke Fitzgerald, Nepean
Name	Age	Centre	Final
=====			
1	Tony Vujnovic	Manly Warringah	10:52.26
2	John Hall	Manly Warringah	11:28.77

**Boys U 13 - 1500 Metre Walk**

=====			
Region:	R 7:04.60	19/02/2006	Jordan Mulhearn, Parramatta
State:	S 6:30.40	28/03/1993	David Beacroft, Blacktown
Name	Age	Centre	Final
=====			
1	Martin Leerberg	Northern Suburbs	7:39.38
2	Dion Carrothers	Manly Warringah	8:01.24
3	James Walter	Ku-Ring-Gai	8:48.89
4	William Mills	Cherrybrook	9:05.89
5	Adam Jubb	Ryde	10:01.22
6	Bayden Little	Cherrybrook	10:18.03
7	Samuel Hennessey	Cherrybrook	10:31.49
8	Caleb Crossley	Ku-Ring-Gai	11:15.72
--	Ethan Barlow	Manly Warringah	DQ

**Boys U 14 - 1500 Metre Walk**

=====			
Region:	R 6:28.16	19/02/2012	Tyler Jones, Wyong
State:	S 6:13.40	19/03/1995	Troy Sundstrom, Highlanders
Name	Age	Centre	Final
=====			
1	Hayden Blaskett	Manly Warringah	7:28.18

**Results****Boys U 15 - 1500 Metre Walk**

=====			
Region:	R 6:35.20	1995	Andrew Nappin, Manly Warrin
State:	S 5:48.10	22/03/1998	Douglas Connolly, Mt Druitt
Name	Age	Centre	Final
=====			
1	Samuel Plummer	Ryde	8:57.94
2	Harrison Mavin	Ku-Ring-Gai	9:58.44

**Boys U 17 - 1500 Metre Walk**

=====			
Region:	R 6:15.10	28/02/2010	Jordan Mulhearn, Parramatta
State:	S 5:56.11	23/03/2014	Tyler Jones, Wyong
Name	Age	Centre	Final
=====			
1	Hayden Millican	Northern Districts	7:50.60