Little Athletics' age groups are Tots (Under 5s) to Under 17s,
- the athlete having to be under that age at midnight on 30th September.

Top row = year of birth
Left column = month of birth
Intersection = age group for 2017/18

MONTH	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
JAN	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
FEB	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
MAR	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
APR	Too	17	17	15	14	13	12	11	10	9	8	7	6	Tots
MAY	Old	17	17	15	14	13	12	11	10	9	8	7	6	Tots
JUN	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
JUL	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
AUG	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
SEP	↑	17	17	15	14	13	12	11	10	9	8	7	6	Tots
OCT	17	17	15	14	13	12	11	10	9	8	7	6	Tots	
NOV	17	17	15	14	13	12	11	10	9	8	7	6	Tots	
DEC	17	17	15	14	13	12	11	10	9	8	7	6	Tots	