

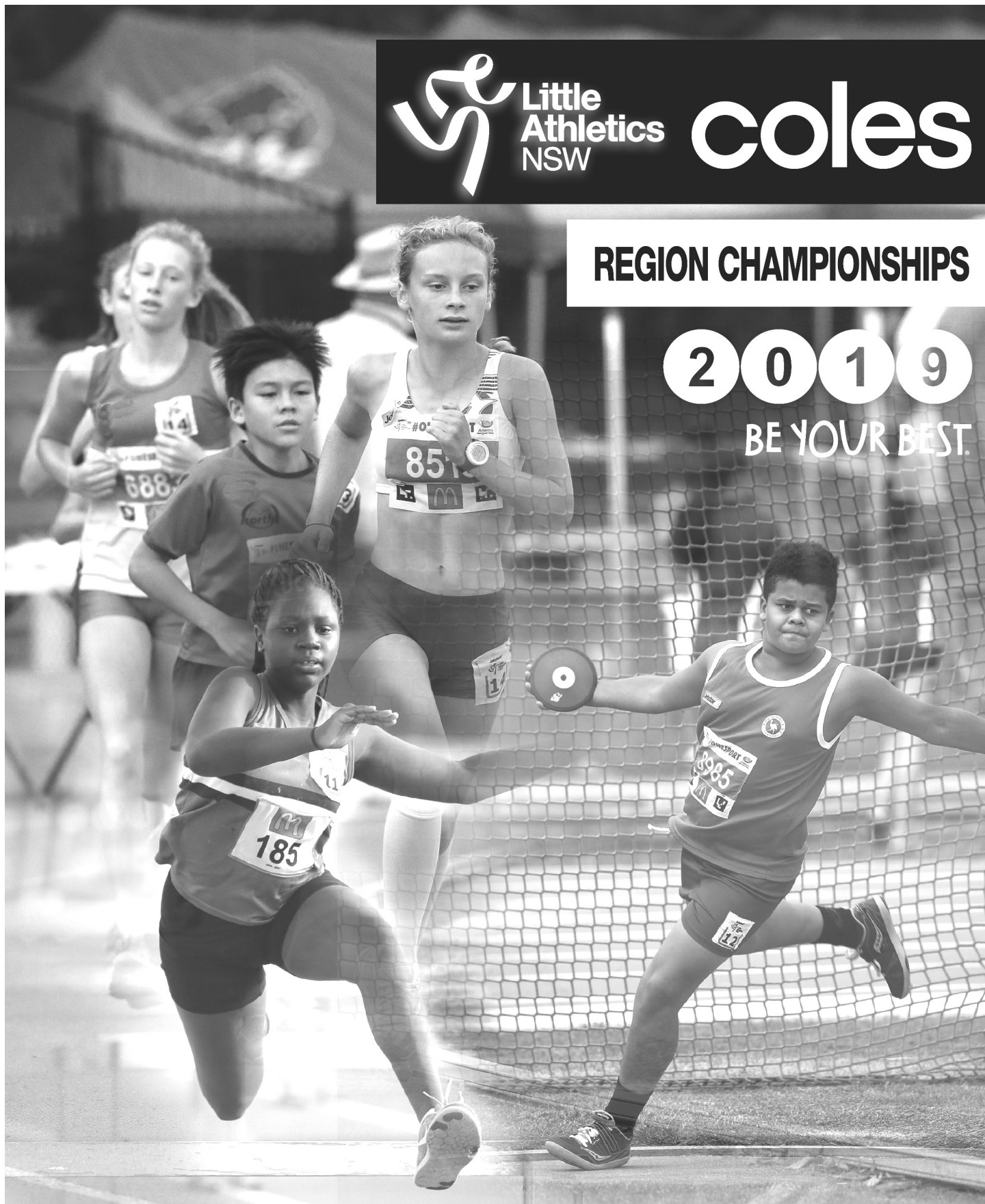


**coles**

**REGION CHAMPIONSHIPS**

**2019**

**BE YOUR BEST.**



**Coming Events:**

**STATE TRACK & FIELD CHAMPIONSHIPS—SOPAC**

**16 & 17 March 2019**

**AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS**

**Hobart**

**27 & 28 April 2019**

**Little Athletics Association of New South Wales Inc**  
**Region 5 Championships**  
**Saturday 9 and Sunday 10 February 2019**

A very warm welcome to all athletes, their families, friends and Officials to the 2018/2019 Region 5 Little Athletics Championships.

Over 1300 athletes from 10 centres – Hornsby, Ku-ring-gai, Northern Districts, Mosman, Manly, Cherrybrook, Northern Suburbs, North Rocks Carlingford, Parramatta and Ryde will be competing for a qualifying place at the Little Athletics NSW State Track and Field Championships to be held on 16-17 March 2019 at Sydney Olympic Park.

If this is your first Region Championships the following information will assist you:

All events will be called twice. Athletes in the first field event of each day will go straight to their event locations. For all other events throughout the day athletes are to report to either the track or field marshalling areas.

The first three place getters in all events will be awarded a Region 5 Championship medal, with presentations occurring immediately following the event.

If desired you can then have your medal engraved with name and performance by Ensign Engraving for \$10 who will be situated near the canteen.

The top two place getters will automatically qualify for the State Championships. Following completion of all Region Carnivals the next best 8 competitors from each event throughout the state will be determined. Subsequent qualifiers will be listed on the LANSW website by approximately 24 February 2019. Note only the first placed Relay teams progress to the State Championships.

This carnival operates with a clash manager and therefore athletes should remain at their first event to be collected by the clash manager for the clashing event.

If you have any concerns regarding any aspect of the carnival, please see your Centre Team Manager in the first instance who will take up any enquiries on your behalf.

If at any stage during the carnival the weather is deemed too hot, proceedings will be delayed until the temperature and humidity return below the maximum allowed for competition.

An enormous amount of coordination, time and effort has gone into the preparation for this carnival. All the officials and organizers are volunteers and I want to warmly thank them for their contribution.

Thanks to the Manly Warringah Centre for hosting the carnival and their enormous contribution in preparing the ground.

I also wish to thank the Region 5 Committee for their time, energy and effort in ensuring the successful running of our championships.

Finally I would like to wish every athlete the best of luck in striving for a new personal best and the opportunity to compete further in the State Championships.

Kind regards

Ken Carter  
Region 5 Coordinator

## **Region 5 Committee**

Ken Carter  
Coordinator/Treasurer  
Peter O'Donohue  
Sally Richardson

NEM Zone Coordinator/Region 5

NM Zone Coordinator  
Secretary/Officer for Officials

John McFadden  
Andrew Murray  
Rich Frost  
Fergus Tilt  
Heather Shephard  
Claudia Ortolan/Jannet Pawsey  
Nicky Jenneke/Charlene Stewart

Ku-ring-gai  
Parramatta  
Mosman  
North Rocks Carlingford  
Northern Districts  
Ryde  
Cherrybrook

Peter Barnes

LANSW Technical Delegate

## **Key Officials**

Carnival Manager  
Safety Officer  
Track Referee  
Chief Starter  
Throws Referee  
High/Long/Triple Jump Referee  
Chief Walks Judge  
Results

Ken Carter  
Fergus Tilt  
Ian Dyson  
Peter O'Donohue  
Richard Butler (Saturday) Cheryl Burnett (Sunday)  
Lynda Calder  
Jenny Lingley/ Jennie Rutter  
Belinda McFadden



**REGION 5**

**REGION 5 CHAMPIONSHIPS**

**9/10 FEBRUARY 2019**

**JURY OF APPEAL**

**The Jury of Appeal will be drawn from the following:**

**Carnival Manager**

**Track Referee**

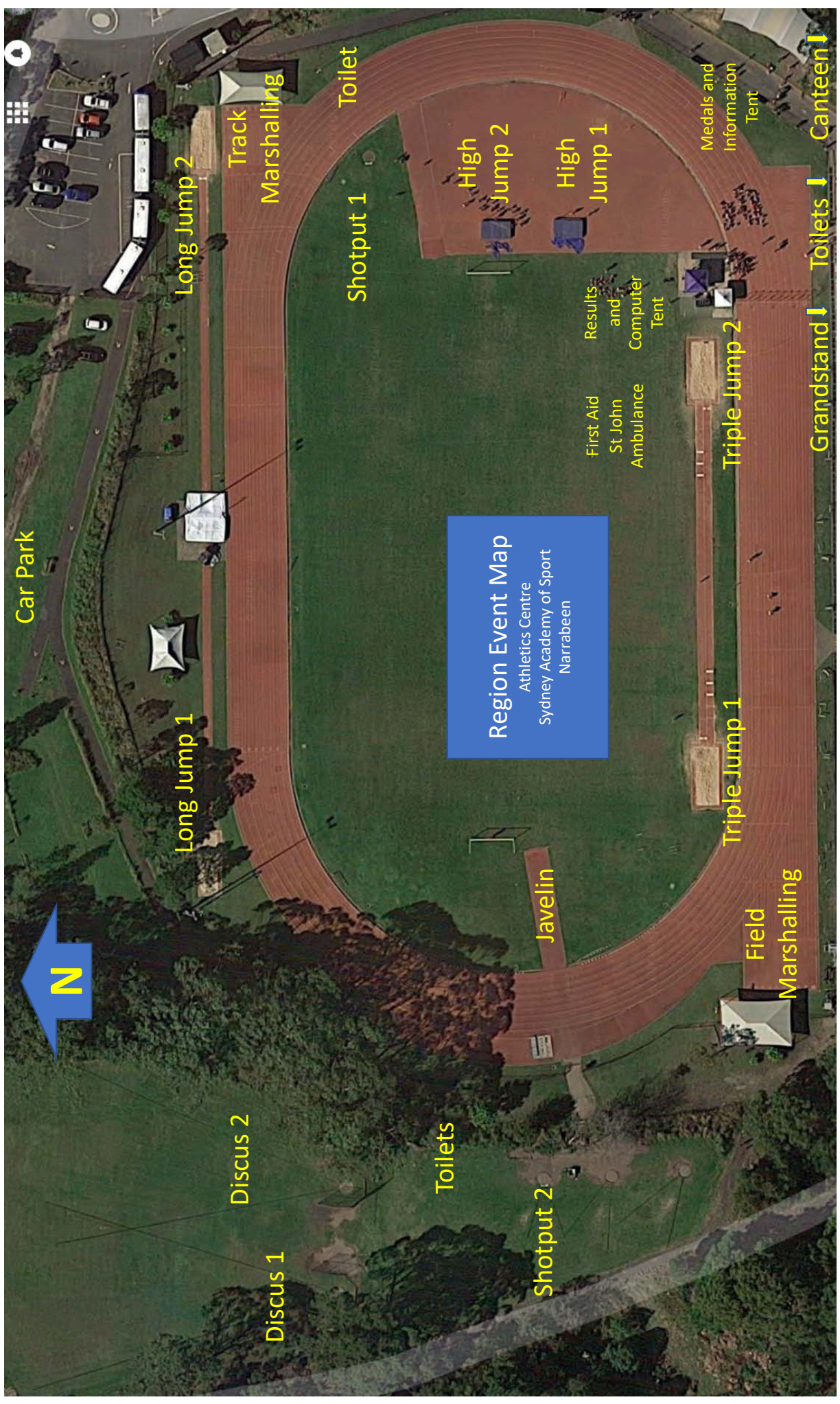
**Chief Starter**

**Throws Referee**

**Jumps Referee**

**Chief Walks Official**

**LANSW Technical Advisor**



Car Park



Long Jump 1

Long Jump 2

Discus 2

Discus 1

Toilets

Shotput 2

Javelin

Track  
Marshalling

Toilet

Shotput 1

Region Event Map  
Athletics Centre  
Sydney Academy of Sport  
Narrabeen

First Aid  
St John  
Ambulance

Results  
and  
Computer  
Tent

High  
Jump 2

High  
Jump 1

Medals and  
Information  
Tent

Triple Jump 1

Triple Jump 2

Field  
Marshalling

Toilets

Grandstand

Canteen

LITTLE ATHLETICS NSW REGION 5 - SATURDAY FEBRUARY 9, 2019											
TRACK											
	Event						Event				
8.00am	1	U11	Girls	1,500m	Final	1.50pm	85	U13	Girls	100m	Final
	2	U11	Boys	1,500m	Final		86	U13	Boys	100m	Final
	3	U12	Girls	1,500m	Final		87	U14	Girls	100m	Final
	4	U12	Boys	1,500m	Final		88	U14	Boys	100m	Final
	5	U13	Girls	200m Hurdles	Heats		89	U15	Girls	100m	Final
	6	U13	Boys	200m Hurdles	Heats		90	U15	Boys	100m	Final
	7	U14	Girls	200m Hurdles	Heats		91	U17	Girls	100m	Final
	8	U14	Boys	200m Hurdles	Heats		92	U17	Boys	100m	Final
	9	U15	Girls	300m Hurdles	Heats		93	U8	Girls	100m	Final
	10	U15	Boys	300m Hurdles	Heats		94	U8	Boys	100m	Final
	11	U17	Girls	300m Hurdles	Heats		95	U9	Girls	100m	Final
	12	U17	Boys	300m Hurdles	Heats		96	U9	Boys	100m	Final
	13	U13	Girls	1,500m	Final		97	U10	Girls	100m	Final
	14	U13	Boys	1,500m	Final		98	U10	Boys	100m	Final
	15	U14	Girls	1,500m	Final		99	U11	Girls	100m	Final
	16	U14	Boys	1,500m	Final		100	U11	Boys	100m	Final
	17	U15	Girls	1,500m	Final		101	U12	Girls	100m	Final
	18	U15	Boys	1,500m	Final		102	U12	Boys	100m	Final
	19	U17	Girls	1,500m	Final	2.40pm	103	U13	Girls	3,000m	Final
	20	U17	Boys	1,500m	Final		104	U13	Boys	3,000m	Final
9.40am	21	U8	Girls	60m Hurdles	Heats		105	U14	Girls	3,000m	Final
	22	U8	Boys	60m Hurdles	Heats		106	U14	Boys	3,000m	Final
	23	U9	Girls	60m Hurdles	Heats		107	U15	Girls	3,000m	Final
	24	U9	Boys	60m Hurdles	Heats		108	U15	Boys	3,000m	Final
	25	U10	Girls	60m Hurdles	Heats		109	U17	Girls	3,000m	Final
	26	U10	Boys	60m Hurdles	Heats		110	U17	Boys	3,000m	Final
	27	U11	Girls	60m Hurdles	Heats						
	28	U11	Boys	60m Hurdles	Heats						
	29	U12	Girls	60m Hurdles	Heats						
	30	U12	Boys	60m Hurdles	Heats						
	31	U13	Girls	200m Hurdles	Final						
	32	U13	Boys	200m Hurdles	Final						
	33	U14	Girls	200m Hurdles	Final	NBF Time	Event			EVENT AREA	
	34	U14	Boys	200m Hurdles	Final	8am	1	U/9 Boys High Jump	Boys	High Jump 1	Final
	35	U15	Girls	300m Hurdles	Final	8am	2	U/12 Boys High Jump	Boys	High Jump 2	Final
	36	U15	Boys	300m Hurdles	Final	8am	3	U/13 Girls Long Jump	Girls	Long Jump 1	Final
	37	U17	Girls	300m Hurdles	Final	8am	4	U/15 Boys Long Jump	Boys	Long Jump 2	Final
	38	U17	Boys	300m Hurdles	Final	8am	5	U/13 Boys Triple Jump	Boys	Triple Jump 1	Final
	39	U17	Boys	300m Hurdles	Final	8am	6	U/12 Girls Discus	Girls	Discus 2	Final
	40	U8	Girls	60m Hurdles	Final	8am	7	U/14 Boys Discus	Boys	Discus 1	Final
	41	U8	Boys	60m Hurdles	Final	8am	8	U/11 Girls Shot Put	Girls	Shot Put 1	Final
	42	U9	Girls	60m Hurdles	Final	8am	9	U/17 Boys Shot Put	Boys	Shot Put 2	Final
	43	U9	Boys	60m Hurdles	Final	10am	10	U/9 Girls High Jump	Girls	High Jump 1	Final
	44	U10	Girls	60m Hurdles	Final	10am	11	U/15 Girls High Jump	Girls	High Jump 2	Final
	45	U10	Boys	60m Hurdles	Final	9.30am	12	U/10 Boys Long Jump	Boys	Long Jump 2	Final
	46	U11	Girls	60m Hurdles	Final	9.30am	13	U/17 Boys Long Jump	Boys	Long Jump 1	Final
	47	U11	Boys	60m Hurdles	Final	9.30am	14	U/14 Boys Triple Jump	Boys	Triple Jump 1	Final
	48	U12	Girls	60m Hurdles	Final	9.30am	15	U/10 Girls Discus	Girls	Discus 1	Final
	49	U12	Boys	60m Hurdles	Final	9.30am	16	U/17 Girls Discus	Girls	Discus 2	Final
11.00am	50	U13	Girls	100m	Heats	8am	17	U/11 Girls Javelin	Girls	Javelin	Final
	51	U13	Boys	100m	Heats	9.30am	18	U/11 Boys Shot Put	Boys	Shot Put 2	Final
	52	U14	Girls	100m	Heats	9.30am	19	U/14 Girls Shot Put	Girls	Shot Put 1	Final
	53	U14	Boys	100m	Heats	12pm	20	U/11 Girls High Jump	Girls	High Jump 1	Final
	54	U15	Girls	100m	Heats	12pm	21	U/13 Girls High Jump	Girls	High Jump 2	Final
	55	U15	Boys	100m	Heats	11am	22	U/12 Girls Long Jump	Girls	Long Jump 1	Final
	56	U17	Girls	100m	Heats	11am	23	U/12 Boys Long Jump	Boys	Long Jump 2	Final
	57	U17	Boys	100m	Heats	8am	24	U/17 Girls Triple Jump	Girls	Triple Jump 2	Final
	58	U8	Girls	100m	Heats	11am	25	U/8 Girls Discus	Girls	Discus 2	Final
	59	U8	Boys	100m	Heats	11am	26	U/8 Boys Shot Put	Boys	Shot Put 1	Final
	60	U9	Girls	100m	Heats	11am	27	U/9 Boys Shot Put	Boys	Shot Put 2	Final
	61	U9	Boys	100m	Heats	9.30am	28	U/13 Boys Javelin	Boys	Javelin	Final
	62	U10	Girls	100m	Heats	2pm	29	U/14 Boys High Jump	Boys	High Jump 1	Final
	63	U10	Boys	100m	Heats	2pm	30	U/17 Boys High Jump	Boys	High Jump 2	Final
	64	U11	Girls	100m	Heats	1230pm	31	U/8 Girls Long Jump	Girls	Long Jump 1	Final
	65	U11	Boys	100m	Heats	1230pm	32	U/10 Girls Long Jump	Girls	Long Jump 2	Final
	66	U12	Girls	100m	Heats	11am	33	U/15 Girls Triple Jump	Girls	Triple Jump 1	Final
	67	U12	Boys	100m	Heats	1230pm	34	U/10 Boys Discus	Boys	Discus 2	Final
12.20pm	68	U13	Girls	400m	Tmed Finals	2pm	35	U/15 Boys Shot Put	Boys	Shot Put 2	Final
	69	U13	Boys	400m	Tmed Finals	1230pm	36	U/9 Girls Shot Put	Girls	Shot Put 2	Final
	70	U14	Girls	400m	Tmed Finals	11am	37	U/14 Girls Javelin	Girls	Javelin	Final
	71	U14	Boys	400m	Tmed Finals	2pm	38	U/8 Boys Long Jump	Boys	Long Jump 1	Final
	72	U15	Girls	400m	Tmed Finals	2pm	39	U/14 Girls Long Jump	Girls	Long Jump 2	Final
	73	U15	Boys	400m	Tmed Finals	1230pm	40	U/11 Boys Triple Jump	Boys	Triple Jump 1	Final
	74	U17	Girls	400m	Tmed Finals	11am	41	U/12 Boys Discus	Boys	Discus 1	Final
	75	U17	Boys	400m	Tmed Finals	1230pm	42	U/13 Girls Shot Put	Girls	Shot Put 1	Final
	76	U8	Girls	400m	Tmed Finals	1230pm	43	U/12 Girls Javelin	Girls	Javelin	Final
	77	U8	Boys	400m	Tmed Finals	2pm	44	U/11 Girls Triple Jump	Girls	Triple Jump 1	Final
	78	U9	Girls	400m	Tmed Finals	2pm	45	U/15 Girls Discus	Girls	Discus 2	Final
	79	U9	Boys	400m	Tmed Finals	2pm	46	U/17 Girls Javelin	Girls	Javelin	Final
	80	U10	Girls	400m	Tmed Finals	3pm	47	U/15 Boys Javelin	Boys	Javelin	Final
	81	U10	Boys	400m	Tmed Finals	1230pm	48	U/13 Boys Discus	Boys	Discus 1	Final
	82	U11	Girls	400m	Tmed Finals						
	83	U12	Girls	400m	Tmed Finals						
	84	U12	Boys	400m	Tmed Finals						

LITTLE ATHLETICS NSW REGION 5 - SUNDAY FEBRUARY 10, 2019											
TRACK											
	Event					Event					
8.00am	111	U13	Girls	80m Hurdles	Heats	191	U10	Girls	800m	Final	
	112	U13	Boys	80m Hurdles	Heats	192	U10	Boys	800m	Final	
	113	U14	Girls	80m Hurdles	Heats	193	U9	Girls	800m	Final	
	114	U14	Boys	90m Hurdles	Heats	194	U9	Boys	800m	Final	
	115	U15	Girls	90m Hurdles	Heats	195	U8-U17	Girls	MC 800m	Final	
	116	U15	Boys	100m Hurdles	Heats	196	U8-U17	Boys	MC 800m	Final	
	117	U17	Girls	100m Hurdles	Heats	1.50pm 197	U8	Girls	200m	Final	
	118	U17	Boys	110m Hurdles	Heats	198	U8	Boys	200m	Final	
	119	U12	Girls	1500m Walk	Final	199	U11	Girls	200m	Final	
	120	U12	Boys	1500m Walk	Final	200	U11	Boys	200m	Final	
	121	U11	Girls	1100m Walk	Final	201	U12	Girls	200m	Final	
	122	U11	Boys	1100m Walk	Final	202	U12	Boys	200m	Final	
	123	U10	Girls	1100m Walk	Final	203	U13	Girls	200m	Final	
	124	U10	Boys	1100m Walk	Final	204	U13	Boys	200m	Final	
	125	U9	Girls	700m Walk	Final	205	U14	Girls	200m	Final	
	126	U9	Boys	700m Walk	Final	206	U14	Boys	200m	Final	
	127	U8	Girls	Pack Start	Final	207	U15	Girls	200m	Final	
	128	U8	Boys	Pack Start	Final	208	U15	Girls	200m	Final	
	129	U13	Girls	1500m Walk	Final	209	U17	Girls	200m	Final	
	130	U13	Boys	1500m Walk	Final	210	U17	Boys	200m	Final	
	131	U14	Girls	1500m Walk	Final	211	U10	Girls	200m	Final	
	132	U14	Boys	1500m Walk	Final	212	U10	Boys	200m	Final	
	133	U15	Girls	1500m Walk	Final	213	U9	Girls	200m	Final	
	134	U15	Boys	1500m Walk	Final	214	U9	Boys	200m	Final	
	135	U17	Girls	1500m Walk	Final	2.40pm 215	Snr	Girls	Relay	Final	
	136	U17	Boys	1500m Walk	Final	216	Snr	Boys	Relay	Final	
10.30am	137	U13	Girls	80m Hurdles	Final	217	Jnr	Girls	Relay	Final	
	138	U13	Boys	80m Hurdles	Final	218	Jnr	Boys	Relay	Final	
	139	U14	Girls	80m Hurdles	Final						
	140	U14	Boys	90m Hurdles	Final						
	141	U15	Girls	90m Hurdles	Final	NBF TIME	Event			EVENT AREA	
	142	U15	Boys	100m Hurdles	Final	8am 49	U/11 Boys High Jump	Boys	High Jump 1	Final	
	143	U17	Girls	100m Hurdles	Final	8am 50	U/12 Girls High Jump	Girls	High Jump 2	Final	
	144	U17	Boys	110m Hurdles	Final	8am 51	U/9 Boys Long Jump	Boys	Long Jump 1	Final	
	145	U10	Girls	70m	Heats	8am 52	U/17 Girls Long Jump	Girls	Long Jump 2	Final	
	146	U10	Boys	70m	Heats	8am 53	U/14 Girls Triple Jump	Girls	Triple Jump 1	Final	
	147	U9	Girls	70m	Heats	8am 54	U/13 Girls Discus	Girls	Discus 2	Final	
	148	U9	Boys	70m	Heats	8am 55	U/15 Boys Discus	Boys	Discus 1	Final	
	149	U8	Girls	70m	Heats	8am 56	U/10 Girls Shot Put	Girls	Shot Put 1	Final	
	150	U8	Boys	70m	Heats	8am 57	U/14 Boys Shot Put	Boys	Shot Put 2	Final	
	151	U8-U17	Girls	MC 100m	Timed Finals	9.30am 58	U/9 Girls Long Jump	Girls	Long Jump 2	Final	
	152	U8-U17	Boys	MC 100m	Timed Finals	9.30am 59	U/15 Girls Long Jump	Girls	Long Jump 1	Final	
11.20am	153	U11	Girls	200m	Heats	9.30am 60	U/15 Boys Triple Jump	Boys	Triple Jump 1	Final	
	154	U11	Boys	200m	Heats	9am 61	U8-U17 Girls MC Long Jump	Girls MC	Triple Jump 2	Final	
	155	U12	Girls	200m	Heats	9am 62	U8-U17 Boys MC Long Jump	Boys MC	Triple Jump 2	Final	
	156	U12	Boys	200m	Heats	9.30am 63	U/17 Boys Discus	Boys	Discus 1	Final	
	157	U13	Girls	200m	Heats	9.30am 64	U/11 Girls Discus	Girls	Discus 2	Final	
	158	U13	Boys	200m	Heats	8am 65	U/11 Boys Javelin	Boys	Javelin	Final	
	159	U10	Girls	200m	Heats	9.30am 66	U/12 Boys Shot Put	Boys	Shot Put 2	Final	
	160	U10	Boys	200m	Heats	9.30am 67	U/17 Girls Shot Put	Girls	Shot Put 1	Final	
	161	U9	Girls	200m	Heats	10am 68	U/10 Boys High Jump	Boys	High Jump 1	Final	
	162	U9	Boys	200m	Heats	10am 69	U/13 Boys High Jump	Boys	High Jump 2	Final	
	163	U8	Girls	200m	Heats	11am 70	U/11 Boys Long Jump	Boys	Long Jump 1	Final	
	164	U8	Boys	200m	Heats	11am 71	U/14 Boys Long Jump	Boys	Long Jump 2	Final	
	165	U14	Girls	200m	Heats	8am 72	U/17 Boys Triple Jump	Boys	Triple Jump 2	Final	
	166	U14	Boys	200m	Heats	11am 73	U/8 Boys Discus	Boys	Discus 1	Final	
	167	U15	Girls	200m	Heats	11am 74	U/8 Girls Shot Put	Girls	Shot Put 2	Final	
	168	U15	Boys	200m	Heats	11am 75	U/12 Girls Shot Put	Girls	Shot Put 1	Final	
	169	U17	Girls	200m	Heats	10am 76	U8 - U17 Girls MC Shot Put	Girls MC	Shot Put 1	Final	
	170	U17	Boys	200m	Heats	10am 77	U8 - U17 Boys MC Shot Put	Boys MC	Shot Put 1	Final	
	171	U8-U17	Girls	MC 200m	Timed Finals	9.30am 78	U/13 Girls Javelin	Girls	Javelin	Final	
	172	U8-U17	Boys	MC 200m	Timed Finals	12.00pm 79	U/14 Girls High Jump	Girls	High Jump 2	Final	
12.30pm	173	U10	Girls	70m	Final	12.00pm 80	U/10 Girls High Jump	Girls	High Jump 1	Final	
	174	U10	Boys	70m	Final	12.30pm 81	U/11 Girls Long Jump	Girls	Long Jump 2	Final	
	175	U9	Girls	70m	Final	12.30pm 82	U/13 Boys Long Jump	Boys	Long Jump 1	Final	
	176	U9	Boys	70m	Final	11am 83	U/12 Girls Triple Jump	Girls	Triple Jump 1	Final	
	177	U8	Girls	70m	Final	12.30pm 84	U/9 Boys Discus	Boys	Discus 1	Final	
	178	U8	Boys	70m	Final	12.30pm 85	U/10 Boys Shot Put	Boys	Shot Put 1	Final	
	179	U11	Girls	800m	Final	12.30pm 86	U/15 Girls Shot Put	Girls	Shot Put 2	Final	
	180	U11	Boys	800m	Final	11am 87	U/12 Boys Javelin	Boys	Javelin	Final	
	181	U12	Girls	800m	Final	2pm 88	U/15 Boys High Jump	Boys	High Jump 1	Final	
	182	U12	Boys	800m	Final	2pm 89	U/17 Girls High Jump	Girls	High Jump 2	Final	
	183	U13	Girls	800m	Final	12.30pm 90	U/13 Girls Triple Jump	Girls	Triple Jump 1	Final	
	184	U13	Boys	800m	Final	11am 91	U/9 Girls Discus	Girls	Discus 2	Final	
	185	U14	Girls	800m	Final	2pm 92	U/13 Boys Shot Put	Boys	Shot Put 2	Final	
	186	U14	Boys	800m	Final	12.30pm 93	U/14 Boys Javelin	Boys	Javelin	Final	
	187	U15	Girls	800m	Final	2pm 94	U/12 Boys Triple Jump	Boys	Triple Jump 1	Final	
	188	U15	Boys	800m	Final	12.30pm 95	U/11 Boys Discus	Boys	Discus 2	Final	
	189	U17	Girls	800m	Final	2pm 96	U/17 Boys Javelin	Boys	Javelin	Final	
	190	U17	Boys	800m	Final	2pm 97	U/14 Girls Discus	Girls	Discus 1	Final	
						3pm 98	U/15 Girls Javelin	Girls	Javelin	Final	
						2pm 99	U8 - U17 Girls MC Discus	Girls MC	Discus 2	Final	
						2pm 100	U8 - U17 Boys MC Discus	Boys MC	Discus 2	Final	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 1 Girls U 11 - 1500 Metre Run (16)**

**Region:** 4:54.70 2005 **Jenny Blundell**  
**State:** 4:44.07 19/03/2016 **Imogen Stewart**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	2664 Kristina Prizmic		Ryde	
2	139 Amy Timms		Cherrybrook	
3	10152 Olivia Newsham		Manly Warringah	
4	2156 Alexandra Attard		Parramatta	
5	10737 Bronte Tonkin		Northern Distric	
6	10741 Elizabeth Toynbee		Northern Distric	
7	10291 Pin Pin Meenijacin		Mosman	
8	10230 Jessie Bradford		Manly Warringah	
9	10221 Zara Villacorta		Manly Warringah	
10	9743 Cayla Smyth		Manly Warringah	
11	971 Charlotte O'Dowd		Northern Suburbs	
12	2507 Ella McGregor		Ryde	
13	34627 Grace Beck		Ku-Ring-Gai	
14	10739 Charlotte Toynbee		Northern Distric	
15	2518 Zara Pawsey		Ryde	
16	10290 Amber Kusano		Mosman	

**Event 2 Boys U 11 - 1500 Metre Run (15)**

**Region:** 4:47.70 19/02/2011 **Elliot Metcalf**  
**State:** 4:36.90 17/03/1984 **Richard McCarthy**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	194 James Lubrano		Cherrybrook	
2	9648 Archie Hendry		Manly Warringah	
3	859 Harrison Lowe		Northern Suburbs	
4	2537 Axel Bruntsch		Ryde	
5	2470 Julian Smith		Ryde	
6	34928 Max Dennett		Ku-Ring-Gai	
7	9901 Ryan Sinclair		Manly Warringah	
8	2774 Thom Bragg		Ryde	
9	444 Tyler Boyd		Nth Rocks Carlin	
10	9661 William Seve		Manly Warringah	
11	34620 Dylan Allabush		Ku-Ring-Gai	
12	34735 Logan Ting		Ku-Ring-Gai	
13	10312 Dexter Staley		Mosman	
14	9816 Bailey Noyen		Manly Warringah	
15	400 Benjamin Woodhouse		Nth Rocks Carlin	

**Event 3 Girls U 12 - 1500 Metre Run (16)**

**Region:** 4:40.94 15/02/2014 **Abbey Rockliff**  
**State:** 4:34.47 22/03/2014 **Abbey Rockliff**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	42606 Hannah Sacco		Northern Suburbs	
2	43416 Tessa Newitt		Mosman	
3	40004 Rani Sharma		Cherrybrook	
4	40216 Sarah Baker		Northern Suburbs	
5	40009 Isabella Fisher		Cherrybrook	
6	48956 Kiera Yerbury		Ku-Ring-Gai	
7	48953 Zoe Woods		Ku-Ring-Gai	
8	43078 Mia Sams		Manly Warringah	
9	40592 Victoria Andis		Parramatta	
10	43250 Olivia O'Kelly		Manly Warringah	
11	43303 Rebecca Solomon		Manly Warringah	
12	48925 Annie Hall		Ku-Ring-Gai	
13	48951 Amelia Watkins		Ku-Ring-Gai	
14	40060 Kaylah Bennett		Cherrybrook	
15	43410 Fleur Cooper		Mosman	
16	40071 Ava Barroccu		Cherrybrook	

**Event 4 Boys U 12 - 1500 Metre Run (16)**

**Region:** 4:43.00 2005 **Alexander Pettigrew**  
**State:** 4:27.20 19/03/1983 **Peter Stellino**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40119 Cody Burton		Nth Rocks Carlin	
2	48981 Rohan Nairn		Ku-Ring-Gai	
3	49025 James Amoils		Ku-Ring-Gai	
4	43445 Christian Camus		Mosman	
5	48948 Chester Swaffer		Ku-Ring-Gai	
6	49339 William Stanger		Nth Rocks Carlin	
7	43423 Levi Williams		Mosman	
8	43274 Kaden Rintel		Manly Warringah	
9	40234 Mackenzie Bennett		Northern Suburbs	
10	43154 Paddy Bright		Manly Warringah	
11	40032 Idris Burkhardt		Cherrybrook	
12	42981 Jaykob McKinnon		Hornsby	
13	40693 Rocco Bragg		Parramatta	
14	48906 Matthew Walter		Ku-Ring-Gai	
15	43270 Lucas Lund		Manly Warringah	
16	40733 Maxwell Mayhew		Ryde	



## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 5 Girls U 13 - 200 Metre Hurdles (68cm) (16)

Region: 28.00 1991 B Smith				
State: 28.10 18/03/2017 Tiahna Skelton				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	40815 Georgia Phillips		Ryde	
2	40274 Mia Marshall		Northern Suburbs	
3	43001 Lola Dorman		Hornsby	
4	40749 Ruby Worrell		Ryde	
5	43129 Chloe Dunne		Manly Warringah	
6	43122 Brooke Flynn		Manly Warringah	
7	40661 Chloe Krklinski		Parramatta	
8	43388 Tilly Morris		Mosman	
<b>Heat 2 of 2 Heats</b>				
1	40859 Melani Maddumage		Ryde	
2	43247 Philippa Young		Manly Warringah	
3	43529 Siobhan McMahon		Northern Distric	
4	43512 Sarah Passafaro		Northern Distric	
5	43066 Lucy Scholtens		Manly Warringah	
6	40186 Hayley Reynolds		Nth Rocks Carlin	
7	42512 Madeleine Gregg		Northern Suburbs	
8	40819 Annabel Macdonald		Ryde	

## Event 6 Boys U 13 - 200 Metre Hurdles (68cm) (14)

Region: 26.40 18/02/2006 Kane Thompson				
State: 26.21 19/03/2011 Jarrod Cullen				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	43492 William Apostoloff		Northern Distric	
2	40200 Lachlan Tilt		Nth Rocks Carlin	
3	48985 James Harden		Ku-Ring-Gai	
4	40288 Evan Venning		Northern Suburbs	
5	43313 Billy Peek		Manly Warringah	
6	40236 Charlie Roughan		Northern Suburbs	
7	43041 Tom Parkes		Manly Warringah	
<b>Heat 2 of 2 Heats</b>				
1	40829 Ivan Prizmic		Ryde	
2	43225 Lukas Muller		Manly Warringah	
3	40030 Nicholas Bradshaw		Cherrybrook	
4	40272 Matthew Hunt		Northern Suburbs	
5	40204 Nicholas Woodhouse		Nth Rocks Carlin	
6	43284 Gabriel Bertozzi		Manly Warringah	
7	43298 Mitchell Hatfield		Manly Warringah	

## Event 7 Girls U 14 - 200 Metre Hurdles (76cm) (13)

Region: 27.58 17/02/2018 Annika Lynch				
State: 27.04 18/03/2006 Carly Rodger				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	40576 Emily Uslu		Parramatta	
3	40790 Mikayla Kelleher		Ryde	
4	43315 Kelsey Smit		Manly Warringah	
5	48954 Brianna Worsfold		Ku-Ring-Gai	
6	43069 Talia Kupcceric		Manly Warringah	
7	40277 Alexandra Dransfield		Northern Suburbs	
<b>Heat 2 of 2 Heats</b>				
1	40157 Chloe White		Nth Rocks Carlin	
2	43223 Sophie Hanna		Manly Warringah	
3	43012 Sophie Ross		Manly Warringah	
4	48915 Eva Bates		Ku-Ring-Gai	
5	48901 Sienna Bond		Ku-Ring-Gai	
6	43045 Nina vanderReyden		Manly Warringah	
7	40146 Isabelle Nilon		Nth Rocks Carlin	

## Event 8 Boys U 14 - 200 Metre Hurdles (76cm) (15)

Region: 24.60 16/02/2008 Nicholas Hough				
State: 24.64 15/03/2008 Nicholas Hough				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	40747 Riley Turkal		Ryde	
2	43237 Gauthier Sanchez		Manly Warringah	
3	40099 Alex Mills		Cherrybrook	
4	43329 Zachary Flynn		Manly Warringah	
5	40683 Lachlan Roberts		Parramatta	
6	40638 Nicholas Layton		Parramatta	
7	43152 Zac Cleary		Manly Warringah	
<b>Heat 2 of 2 Heats</b>				
1	43327 Thomas Blewman		Manly Warringah	
2	43568 Malakye Enasio		Northern Distric	
3	40313 Julian Lee		Northern Suburbs	
4	40259 Max Milani		Northern Suburbs	
5	43503 Daniel Hatch		Northern Distric	
6	43084 Finn Bellerby		Manly Warringah	
7	40888 Owen Douglas		Ryde	
8	40813 Thomas Ralph		Ryde	

## Event 9 Girls U 15 - 300 Metre Hurdles (76cm) (9)

Region: 45.44 17/02/2018 Isabella Guthrie				
State: 45.01 18/03/2017 Elene Christian				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	40180 Amelia Milat		Nth Rocks Carlin	
3	40202 Emily Gathercole		Nth Rocks Carlin	
4	43104 Emily Smith		Manly Warringah	
5	40124 Lily Tilt		Nth Rocks Carlin	
6	40249 Angela Asikin		Northern Suburbs	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Track Events****Heat 2 of 2 Heats...(Event 9 Girls U 15 - 300 Metre Hurdles (76cm) (9)**

3	40181 Arabella Price	Nth Rocks Carlin
4	52307 Georgia Fichardt	Ku-Ring-Gai
5	42973 Charlotte Hall	Hornsby
6	43506 Ella Hoschke	Northern Distric

**Event 10 Boys U 15 - 300 Metre Hurdles (76cm) (5)**

**Region:** 40.28 11/02/2017 Thomas Hunt  
**State:** 38.92 18/03/2017 Thomas Hunt

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 1 Heats**

2	40118 Kale Burton	Nth Rocks Carlin
3	40208 Luke Fisher	Northern Suburbs
4	43057 Dylan Charlier	Manly Warringah
5	43530 Ethan Oliver	Northern Distric
6	49233 Tate Mahony	Nth Rocks Carlin

**Event 11 Girls U 17 - 300 Metre Hurdles (76cm) (13)**

**Region:** 48.02 11/02/2017 Brooke East  
**State:** 44.38 18/03/2017 Scarlett Pye

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	40310 Aela Morrison	Northern Suburbs
2	40233 Gemma Bratton	Northern Suburbs
3	40232 Annika Lynch	Northern Suburbs
4	43186 Aleisha Jeremy	Manly Warringah
5	40731 Alyssa Lowe	Ryde
6	43058 Isabelle Charlier	Manly Warringah
7	40001 Celeste Edmunds	Cherrybrook

**Heat 2 of 2 Heats**

2	43067 Jessica Smith	Manly Warringah
3	40281 Gabriella Richmond	Northern Suburbs
4	42984 Julia Baxter	Hornsby
5	43011 Lara Woollett	Hornsby
6	40885 Eleanor Plummer	Ryde
7	43096 Olivia Bakker	Manly Warringah

**Event 12 Boys U 17 - 300 Metre Hurdles (76cm) (10)**

**Region:** 38.98 17/02/2018 Thomas Hunt  
**State:** 37.14 18/03/2017 Sebastien Moir

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

2	43200 Stephen Gilbert	Manly Warringah
3	48984 Jack McFadden	Ku-Ring-Gai
4	40293 Dominic Panozzo	Northern Suburbs
5	40853 Samuel Galati	Ryde
6	43540 Liam Oliver	Northern Distric

**Heat 2 of 2 Heats**

2	40613 Michael Foote	Parramatta
3	40662 Lachlan Krklinski	Parramatta
4	40286 Benjamin Crimp	Northern Suburbs
5	40270 Thomas Hunt	Northern Suburbs
6	40269 James Hunt	Northern Suburbs

**Event 13 Girls U 13 - 1500 Metre Run (16)**

**Region:** 4:37.06 11/02/2017 Nicola Hogg  
**State:** 4:36.10 21/02/1987 Suzy Walsham

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40306 Ingrid Kingsmill	Northern Suburbs
2	43256 Alejandra Blanco	Manly Warringah
3	40260 Sophia Archer	Northern Suburbs
4	40253 Cameron Gurry	Northern Suburbs
5	40184 Alyssa Khaw	Nth Rocks Carlin
6	43371 Sophia Kusano	Mosman
7	40743 Elysha Pawsey	Ryde
8	40761 Kaitlyn Martin	Ryde
9	43498 Isabelle Cruickshank	Northern Distric
10	43281 Ellen Whelan	Manly Warringah
11	43082 Amelia Thornthwaite	Manly Warringah
12	49223 Abigail Goodacre	Nth Rocks Carlin
13	43265 Olivia Gorman	Manly Warringah
14	40278 Eloise Boys	Northern Suburbs
15	43240 Poppy Hyland	Manly Warringah
16	49009 Zoe Elliott	Ku-Ring-Gai

**Event 14 Boys U 13 - 1500 Metre Run (16)**

**Region:** 4:33.00 21/02/2004 Cameron Page  
**State:** 4:21.30 18/03/2006 James Connor

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40291 Jacob Magner	Northern Suburbs
2	43017 Alejandro Briones	Manly Warringah
3	40730 Oliver Smith	Ryde
4	40204 Nicholas Woodhouse	Nth Rocks Carlin
5	48963 Lachlan McIntosh	Ku-Ring-Gai
6	40890 Jack Thompson	Ryde
7	43041 Tom Parkes	Manly Warringah
8	48952 Sean Williams	Ku-Ring-Gai
9	48912 Ewan Allabush	Ku-Ring-Gai
10	43320 Charlie Bradford	Manly Warringah
11	43382 Isaac Brooks	Mosman
12	43206 Isaac Lanham	Manly Warringah
13	40612 Liam Leggatt	Parramatta
14	42999 Thomas Whalan	Hornsby
15	43521 Jensen Wiesenhaan	Northern Distric
16	40075 Lachlan Lee	Cherrybrook

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Track Events****Event 15 Girls U 14 - 1500 Metre Run (13)**

Region: 4:36.10 13/02/2016 Abbey Rockliff

State: 4:35.30 15/03/2003 Lexy Gilmour

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40624 Emma Thomas		Parramatta	
2	43192 holly wickham		Manly Warringah	
3	43336 Mercy Nathanael		Manly Warringah	
4	40577 Melissa Blume		Parramatta	
5	43229 Charlie Arnott		Manly Warringah	
6	40132 Jasmine Khiroya		Nth Rocks Carlin	
7	43288 Alexandra Sinclair		Manly Warringah	
8	40768 Elli Barron		Ryde	
9	40630 Sofia Polson		Parramatta	
10	40786 Jesse Hartmann		Ryde	
11	43444 Mia Fry		Mosman	
12	43080 Chelsea Smyth		Manly Warringah	
13	40798 Alannah Teo		Ryde	

**Event 16 Boys U 14 - 1500 Metre Run (9)**

Region: 4:23.88 15/02/2014 Harrison Wade

State: 4:11.93 22/03/2014 Harrison Wade

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	43304 Joel Solomon		Manly Warringah	
2	52515 Ryan Frykberg		Cherrybrook	
3	40089 Lachlan Dewar		Cherrybrook	
4	40683 Lachlan Roberts		Parramatta	
5	40088 Corey Dewar		Cherrybrook	
6	40321 Ethan McKenzie		Northern Suburbs	
7	43327 Thomas Blewman		Manly Warringah	
8	43322 Daniel Bradford		Manly Warringah	
9	43106 Hamish Douglas		Manly Warringah	

**Event 17 Girls U 15 - 1500 Metre Run (12)**

Region: 4:38.31 16/02/2013 Emily Hopper

State: 4:30.10 19/03/2016 Emily Schneider

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40738 Georgia Arcus		Ryde	
2	40609 Natasha Ball		Parramatta	
3	40778 Anastasia Lakic		Ryde	
4	40105 Milena Visser		Cherrybrook	
5	40759 Brigitta Williams		Ryde	
6	43514 April Shepherd		Northern Distric	
7	42982 Tali Fishpool		Hornsby	
8	43351 Lilli Krawitz		Mosman	
9	40181 Arabella Price		Nth Rocks Carlin	
10	40187 Skye Grosvenor		Nth Rocks Carlin	
11	42959 Zara Warland		Hornsby	
12	52308 Jessica Bird		Ku-Ring-Gai	

**Event 18 Boys U 15 - 1500 Metre Run (12)**

Region: 4:10.70 2005 James Kaan

State: 4:03.70 15/03/2008 James Connor

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40051 Declan Garufi		Cherrybrook	
2	40750 Adam Bruntsch		Ryde	
3	43263 Cameron Gorman		Manly Warringah	
4	40744 Ashton Hanna		Ryde	
5	43177 Rafi Gordon		Manly Warringah	
6	40894 Jacob Leon		Ryde	
7	43451 Nicholas Hyde		Mosman	
8	40290 Simon Magner		Northern Suburbs	
9	43499 Marco de Paulis		Northern Distric	
10	40816 Andrew Phillips		Ryde	
11	40123 Joseph Boyd		Nth Rocks Carlin	
12	48942 George Riley		Ku-Ring-Gai	

**Event 19 Girls U 17 - 1500 Metre Run (8)**

Region: 4:34.41 17/02/2018 Imogen Gardner

State: 4:33.13 20/03/2010 Jenny Blundell

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40642 Alicia John		Parramatta	
2	40015 Justine Wallis		Cherrybrook	
3	40246 Imogen Gardiner		Northern Suburbs	
4	43289 Ciara Sinclair		Manly Warringah	
5	40836 Sophie Boland		Ryde	
6	40657 Caitlin Roach		Parramatta	
7	43253 Hannah Lovlin		Manly Warringah	
8	40114 Kirsten Frykberg		Cherrybrook	

**Event 20 Boys U 17 - 1500 Metre Run (11)**

Region: 4:14.24 16/02/2013 Taylor John

State: 4:02.95 19/03/2016 Harrison Wade

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	49245 Dylan Owen		Nth Rocks Carlin	
2	40660 Benjamin Maestri		Parramatta	
3	42600 William Colman		Northern Suburbs	
4	40069 Samuel Hennessey		Cherrybrook	
5	40309 Martin Leerberg		Northern Suburbs	
6	43264 Kieran Gorman		Manly Warringah	
7	49238 Conor Smith		Nth Rocks Carlin	
8	43337 Kalan McEvoy		Mosman	
9	40575 Jacob Uslu		Parramatta	
10	43311 Cameron Laytham		Manly Warringah	
11	40337 Matthew Leung		Northern Suburbs	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 21 Girls U 8 - 60 Metre Hurdles (45cm) (16)

Region:		10.90	1994	Bree Donnelly	
State:		10.92	30/01/2016	Tammin Lampret	
Lane	Name	Age	Centre	Seed Time	
<b>Heat 1 of 2 Heats</b>					
1	833 Zara Drinkwater		Northern Suburbs		
2	9792 Zsa Zsa Burke		Manly Warringah		
3	253 Makenzi Gartner		Cherrybrook		
4	2519 Jacqueline Pawsey		Ryde		
5	454 Hannah Lambert		Nth Rocks Carlin		
6	765 Annah Bratton		Northern Suburbs		
7	34875 Catherine Halgreen		Ku-Ring-Gai		
8	188 Sian Stewart		Cherrybrook		
<b>Heat 2 of 2 Heats</b>					
1	34629 Georgia Birch		Ku-Ring-Gai		
2	2121 Aishi Wijesekera		Parramatta		
3	10468 Elizabeth Fainga'anuku		Mosman		
4	34844 Gracie Atkins		Ku-Ring-Gai		
5	9722 Cassia McLean		Manly Warringah		
6	10051 Olivia Barton		Manly Warringah		
7	34612 Annika Henry		Ku-Ring-Gai		
8	418 Ella Hazon		Nth Rocks Carlin		

## Event 22 Boys U 8 - 60 Metre Hurdles (45cm) (16)

Region:		10.50	2001	Alexander Pettigrew	
State:		10.63	15/02/2014	Jesse Ingleton	
Lane	Name	Age	Centre	Seed Time	
<b>Heat 1 of 2 Heats</b>					
1	2239 Daniel Kearsley		Parramatta		
2	9363 Joel Ramsay		Hornsby		
3	10063 Zachary Morgan		Manly Warringah		
4	9778 Taten Rogers		Manly Warringah		
5	755 James Mikan		Northern Suburbs		
6	10065 Beau Atkinson		Manly Warringah		
7	2531 Kobe Turkal		Ryde		
8	2209 Benjamin Bowrey		Parramatta		
<b>Heat 2 of 2 Heats</b>					
1	2133 Michael Cullen		Parramatta		
2	2494 Callum Laurie		Ryde		
3	9586 Matthew McGregor		Hornsby		
4	552 Alexander Song		Nth Rocks Carlin		
5	845 Kyan Seale		Northern Suburbs		
6	9658 Max McKellar		Manly Warringah		
7	10463 Jake Mears		Mosman		
8	34846 James Atkins		Ku-Ring-Gai		

## Event 23 Girls U 9 - 60 Metre Hurdles (45cm) (16)

Region:		10.20	1995	A Hamilton	
State:		9.84	21/02/2009	Chyna Tavai-Williams	
Lane	Name	Age	Centre	Seed Time	
<b>Heat 1 of 2 Heats</b>					
1	640 Zoe McGuire		Nth Rocks Carlin		
2	409 Evana Butler		Nth Rocks Carlin		
3	9728 Emily Kupceric		Manly Warringah		
4	34822 Kate Harden		Ku-Ring-Gai		
5	2543 Ruby Kelly		Ryde		
6	35020 Lily Hughes		Ku-Ring-Gai		
7	496 Sophie Polkinghorne		Nth Rocks Carlin		
8	9340 Tara Gilkeson		Hornsby		
<b>Heat 2 of 2 Heats</b>					
1	9527 Kate Hall		Hornsby		
2	105 Nisini RajapakshaMudiya		Cherrybrook		
3	10223 Erin Grimshaw		Manly Warringah		
4	2508 Chloe McGregor		Ryde		
5	9850 Grace McCreery		Manly Warringah		
6	10100 Eliza Williams		Manly Warringah		
7	885 Sarah Clemens		Northern Suburbs		
8	2090 Kate Shepherd		Parramatta		

## Event 24 Boys U 9 - 60 Metre Hurdles (45cm) (16)

Region:		9.30	1999	Joshua Mulligan	
State:		9.54	21/02/1999	Joshua Mulligan	
State:		9.54	21/03/2009	Rory Barkley	
Lane	Name	Age	Centre	Seed Time	
<b>Heat 1 of 2 Heats</b>					
1	34997 William Durer		Ku-Ring-Gai		
2	887 Davin Yap		Northern Suburbs		
3	9444 Hamish Collins		Hornsby		
4	751 Cooper Kebblewhite		Northern Suburbs		
5	9823 Riley Eves		Manly Warringah		
6	10654 Liam Wise		Mosman		
7	10270 Theodore Kretzas		Manly Warringah		
8	181 Harry Wigham		Cherrybrook		
<b>Heat 2 of 2 Heats</b>					
1	445 Hudson Keeping		Nth Rocks Carlin		
2	517 Marcus Wong		Nth Rocks Carlin		
3	2659 Billy Gurtner		Ryde		
4	10227 Ethan McErlane		Manly Warringah		
5	9706 Dominic Davis		Manly Warringah		
6	2639 Owen Smith		Ryde		
7	10668 Freddie Dunn		Mosman		
8	935 Benjamin Howarth		Northern Suburbs		

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 25 Girls U 10 - 60 Metre Hurdles (60cm) (16)

Region: 10.00 27/02/2010 Tiana Jaber  
State: 9.84 20/03/2010 Chyna Tavai-Willams

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	2748 Hine Rikiti		Ryde	
2	9804 Charlotte Baum		Manly Warringah	
3	410 Carys Bymes		Nth Rocks Carlin	
4	9585 Eden Herring		Hornsby	
5	834 Ella Drinkwater		Northern Suburbs	
6	759 Annabelle Twyman		Northern Suburbs	
7	10681 Eloise Berkelouw		Mosman	
8	2208 Katie Bowrey		Parramatta	

## Heat 2 of 2 Heats

1	425 Kara Hazon		Nth Rocks Carlin	
2	2789 Tanna Kotulic		Ryde	
3	10251 Sophie Hyne-Jones		Manly Warringah	
4	9677 Ava Prentice		Manly Warringah	
5	9802 sophia paz		Manly Warringah	
6	34908 Chanel Charles		Ku-Ring-Gai	
7	34837 Matilda Harrison		Ku-Ring-Gai	
8	203 Ruby Semaganda		Cherrybrook	

## Event 26 Boys U 10 - 60 Metre Hurdles (60cm) (16)

Region: 9.70 2005 Sam Mete  
State: 9.74 16/03/2002 Sean Potter

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	561 Harrison Cullen		Nth Rocks Carlin	
2	9688 Fredrick Chidambaram		Manly Warringah	
3	882 Jude Lumley		Northern Suburbs	
4	34659 Jake Fourie		Ku-Ring-Gai	
5	739 Zak Evans		Northern Suburbs	
6	34713 Jack Proctor		Ku-Ring-Gai	
7	34838 Marco Naidoo		Ku-Ring-Gai	
8	296 Noah Smith		Cherrybrook	

## Heat 2 of 2 Heats

1	659 Riyon Mudannayake		Nth Rocks Carlin	
2	10388 Daniel Benoliel		Mosman	
3	555 Joshua Tilt		Nth Rocks Carlin	
4	577 Samuel Price		Nth Rocks Carlin	
5	34884 Gerhardus Burger		Ku-Ring-Gai	
6	10389 Jeffrey Benoliel		Mosman	
7	9780 Lucas Hudy		Manly Warringah	
8	2598 Luke Moscos		Ryde	

## Event 27 Girls U 11 - 60 Metre Hurdles (60cm) (16)

Region: 9.60 1998 A Kerr  
State: 9.34 20/03/2004 Annaliese Gardiner

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	10749 Ella Smallwood		Northern Distric	
2	34936 Jessie Procter		Ku-Ring-Gai	
3	9772 Emelia Nagle		Manly Warringah	
4	9729 Sienna Kupceric		Manly Warringah	
5	10318 Kirsten Evans		Mosman	
6	2607 Charlotte Nagle		Ryde	
7	817 Annika Boys		Northern Suburbs	
8	2765 Talia Coffin		Ryde	

## Heat 2 of 2 Heats

1	2010 Charlotte Mear		Parramatta	
2	796 Chloe Goddard		Northern Suburbs	
3	10105 Summer Williamson		Manly Warringah	
4	756 Catherine Mikan		Northern Suburbs	
5	424 Lani Khiroya		Nth Rocks Carlin	
6	2518 Zara Pawsey		Ryde	
7	34677 Amber Jobson		Ku-Ring-Gai	
8	9595 Loren Mills		Hornsby	

## Event 28 Boys U 11 - 60 Metre Hurdles (60cm) (16)

Region: 9.20 21/02/2009 Bailey Simonsson  
State: 9.24 19/02/2000 William Mataka

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	2535 Joshua Smith		Ryde	
2	10854 Harper Enasio		Northern Distric	
3	879 Dominic Lee		Northern Suburbs	
4	9648 Archie Hendry		Manly Warringah	
5	2833 Christopher Moala		Ryde	
6	10199 Jack Stockley		Manly Warringah	
7	2592 Julian Emmerson		Ryde	
8	2145 Rhys George		Parramatta	

## Heat 2 of 2 Heats

1	2058 Julian Bognar		Parramatta	
2	516 Lewis Wong		Nth Rocks Carlin	
3	30779 Chase Burrows		Mosman	
4	10174 Jackson Twells		Manly Warringah	
5	9694 Ashton Hattigh		Manly Warringah	
6	9352 Amos Mashiah		Hornsby	
7	34607 Maksimir Saravanja		Ku-Ring-Gai	
8	2006 Simon Forsyth		Parramatta	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 29 Girls U 12 - 60 Metre Hurdles (68cm) (16)

<b>Region:</b>	<b>9.10 2005</b>	<b>Annaliese Gardiner</b>
<b>State:</b>	<b>9.34 19/03/2005</b>	<b>Annaliese Gardiner</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	49239 Hariclia Kolosakas		Nth Rocks Carlin	
2	40299 Emilia Massaro		Northern Suburbs	
3	43319 Kelly Theodorides		Manly Warringah	
4	48935 Sarah Lovell		Ku-Ring-Gai	
5	43411 Noa Davies		Mosman	
6	43002 Madison Mitchell		Hornsby	
7	40567 Elise Murray		Parramatta	
8	40578 Emma Blume		Parramatta	

## Heat 2 of 2 Heats

1	40776 Isabella Barbara		Ryde	
2	43520 Elise Oliver		Northern Distric	
3	43402 Claudia Healey		Mosman	
4	48934 Louise Lovell		Ku-Ring-Gai	
5	40020 Sarah-anne Koot		Cherrybrook	
6	43036 Luna Ligertwood		Manly Warringah	
7	42606 Hannah Sacco		Northern Suburbs	
8	40827 Zoey DeGioia		Ryde	

## Event 30 Boys U 12 - 60 Metre Hurdles (68cm) (16)

<b>Region:</b>	<b>8.90 2005</b>	<b>Kane Thompson</b>
<b>State:</b>	<b>9.14 19/02/2005</b>	<b>Kane Thompson</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40113 Bronsen Brown		Cherrybrook	
2	43018 Leo Brown		Manly Warringah	
3	40312 Llewyn Morrison		Northern Suburbs	
4	48947 Will Soden		Ku-Ring-Gai	
5	43132 Mikel Martin		Manly Warringah	
6	43522 Kalan Harding		Northern Distric	
7	40159 Isaac Wong		Nth Rocks Carlin	
8	40131 Cristian Kastelan		Nth Rocks Carlin	

## Heat 2 of 2 Heats

1	48970 Kai Ashley		Ku-Ring-Gai	
2	42981 Jaykob McKinnon		Hornsby	
3	40063 Akith Ekanayake		Cherrybrook	
4	40271 Angus Hunt		Northern Suburbs	
5	43027 Freddie Benson Sparke		Manly Warringah	
6	40120 Max Byrnes		Nth Rocks Carlin	
7	43031 Cruz Cookson		Manly Warringah	
8	40889 Sean Douglas		Ryde	

## Event 49 Girls U 13 - 100 Metre Sprint (16)

<b>Region:</b>	<b>12.30 2005</b>	<b>Jordan Lumley</b>
<b>State:</b>	<b>12.34 15/03/1986</b>	<b>Jo-anne Swan</b>

<b>State:</b>	<b>12.34 7/03/1987</b>	<b>Rebecca Vormister</b>
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<b>State:</b>	<b>12.34 17/03/1996</b>	<b>Haylee Mathieson</b>
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<b>State:</b>	<b>12.34 19/02/2005</b>	<b>Laura Turner</b>
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Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40193 Andrea MyaHan		Nth Rocks Carlin	
2	43066 Lucy Scholtens		Manly Warringah	
3	43129 Chloe Dunne		Manly Warringah	
4	40262 XinMin Tan		Northern Suburbs	
5	40024 Tara Webb		Cherrybrook	
6	48943 Phoebe Riley		Ku-Ring-Gai	
7	48983 Ava Hudson		Ku-Ring-Gai	
8	42512 Madeleine Gregg		Northern Suburbs	

## Heat 2 of 2 Heats

1	40014 Charlotte Blair		Cherrybrook	
2	40900 Aliana Moala		Ryde	
3	43025 Annie Seve		Manly Warringah	
4	40749 Ruby Worrell		Ryde	
5	43249 Maya Tedder		Manly Warringah	
6	43205 Tahlia O'Brien		Manly Warringah	
7	43285 Phoebe Berglund		Manly Warringah	
8	40214 Amy Wallbank		Northern Suburbs	

## Event 50 Boys U 13 - 100 Metre Sprint (15)

<b>Region:</b>	<b>11.70 17/02/2007</b>	<b>Nicholas Hough</b>
<b>State:</b>	<b>11.72 22/03/2014</b>	<b>James Roach</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40040 James Elliott		Cherrybrook	
2	43375 Will Matheson		Mosman	
3	40030 Nicholas Bradshaw		Cherrybrook	
4	40177 Jacob Taylor		Nth Rocks Carlin	
5	43387 Charlie Moriarty		Mosman	
6	43376 Daniel Nemeth		Mosman	
7	40765 Angelo Mihos		Ryde	

## Heat 2 of 2 Heats

1	40075 Lachlan Lee		Cherrybrook	
2	40103 Julian Mendria		Cherrybrook	
3	40338 Daniel White		Northern Suburbs	
4	48909 Lachlan Herbert		Ku-Ring-Gai	
5	43317 Jett Sully		Manly Warringah	
6	43379 Marcus Warner		Mosman	
7	43519 Lynden Wiesenhaan		Northern Distric	
8	40727 Wario Duba		Parramatta	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 51 Girls U 14 - 100 Metre Sprint (16)

Region:		12.10	2005	Sarah Thompson	
State:		12.14	23/03/1991	Shelley Peattie	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	40117 Monique Brown		Nth Rocks Carlin		
2	48991 Inge Ackland		Ku-Ring-Gai		
3	40565 Brooke Luksic		Parramatta		
4	43195 Olivia Inkster		Manly Warringah		
5	40104 Abigail Omage		Cherrybrook		
6	43045 Nina vanderReyden		Manly Warringah		
7	40790 Mikayla Kelleher		Ryde		
8	40742 Emily Metcalfe		Ryde		
<b>Heat 2 of 2 Heats</b>					
1	42604 Jasmine Lowe		Northern Suburbs		
2	43064 Sara Bashir		Manly Warringah		
3	40576 Emily Uslu		Parramatta		
4	43204 Gabriella Taylor		Manly Warringah		
5	43012 Sophie Ross		Manly Warringah		
6	43056 Marissa Stubbs		Manly Warringah		
7	43315 Kelsey Smit		Manly Warringah		
8	40756 Lily Watkins		Ryde		

## Event 52 Boys U 14 - 100 Metre Sprint (16)

Region:		11.20	1995	Scott Fraser	
State:		11.34	17/03/1996	Matthew Manns	
State:		11.34	15/03/2008	Nicholas Hough	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	42943 Timothy Forster		Hornsby		
2	40882 Rory Davison		Ryde		
3	43329 Zachary Flynn		Manly Warringah		
4	43033 Joshua Gedz		Manly Warringah		
5	48928 Aidan Jones		Ku-Ring-Gai		
6	40090 Thimuthu Weerasekara		Cherrybrook		
7	43152 Zac Cleary		Manly Warringah		
8	40886 Benjamin Stevens		Ryde		
<b>Heat 2 of 2 Heats</b>					
1	43457 Jonathan Chan		Mosman		
2	40617 Benny Zhang		Parramatta		
3	40155 Joshua Tse		Nth Rocks Carlin		
4	40311 Cormac Morrison		Northern Suburbs		
5	40594 Davide Rossetto		Parramatta		
6	43427 Henry Roberts		Mosman		
7	40638 Nicholas Layton		Parramatta		
8	40333 Arav Sathyan		Northern Suburbs		

## Event 53 Girls U 15 - 100 Metre Sprint (11)

Region:		12.10	1991	R Massey	
State:		12.04	21/03/1992	Sonia Willis	
State:		12.04	20/03/1999	Preya Carey	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
2	43506 Ella Hoschke		Northern Distric		
3	40163 Sophie Kavanagh		Nth Rocks Carlin		
4	52307 Georgia Fichardt		Ku-Ring-Gai		
5	43123 Isobel Elkan		Manly Warringah		
6	40340 Sophie Anderson		Northern Suburbs		
<b>Heat 2 of 2 Heats</b>					
2	40249 Angela Asikin		Northern Suburbs		
3	43124 Edie Burke		Manly Warringah		
4	40787 Eliza DaSilva		Ryde		
5	43238 Sophia Addington		Manly Warringah		
6	40735 Adria McAndrew		Ryde		
7	40199 Alessandra Primrose		Nth Rocks Carlin		

## Event 54 Boys U 15 - 100 Metre Sprint (16)

Region:		10.70	21/02/2009	Nicholas Hough	
State:		10.84	21/03/2009	Nicholas Hough	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	48975 Sam Bates		Ku-Ring-Gai		
2	43053 Joel Neasmith		Manly Warringah		
3	48922 Sebastian Doney		Ku-Ring-Gai		
4	43145 Archie Saunders		Manly Warringah		
5	40674 Daniel Bertolissio		Parramatta		
6	43009 Domenico DeStradis		Hornsby		
7	43051 Lachlan Farquhar		Manly Warringah		
8	Robbie Cullen		Cherrybrook		
<b>Heat 2 of 2 Heats</b>					
1	49028 Tomas Dennett		Ku-Ring-Gai		
2	49236 Rishi Bajpai		Nth Rocks Carlin		
3	40709 Zachary Sheraton		Parramatta		
4	40292 Joseph Ayoade		Northern Suburbs		
5	40005 Ajaiy Mohanraja		Cherrybrook		
6	43014 Fynn George		Manly Warringah		
7	40897 Savi Moala		Ryde		
8	40029 Donovan Bradshaw		Cherrybrook		

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 55 Girls U 17 - 100 Metre Sprint (17)

Region:	12.50	21/02/2009	Michelle Jenneke	
State:	11.89	28/01/2017	Maisie Stevens	
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 3 Heats</b>				
2	43157 Jasmine Bonomi		Manly Warringah	
3	43186 Aleisha Jeremy		Manly Warringah	
4	40247 Alice Dixon		Northern Suburbs	
5	40636 Maysa Sakr		Parramatta	
6	43221 Ashley Hanna		Manly Warringah	
7	40731 Alyssa Lowe		Ryde	
<b>Heat 2 of 3 Heats</b>				
2	40349 Greta Andrews		Northern Suburbs	
3	40097 Scarlett Prowse		Cherrybrook	
4	48988 Jessica Maciver		Ku-Ring-Gai	
5	52302 Olivia Colman		Ku-Ring-Gai	
6	43011 Lara Woollett		Hornsby	
7	42507 Alexandra York		Northern Suburbs	
<b>Heat 3 of 3 Heats</b>				
2	40153 Chelsea Smith		Nth Rocks Carlin	
3	40085 Francesca Sugiaman		Cherrybrook	
4	42945 Danielle Osifo		Hornsby	
5	49224 Lauren Goodacre		Nth Rocks Carlin	
6	40810 Sarah Brown		Ryde	

## Event 56 Boys U 17 - 100 Metre Sprint (16)

Region:	11.07	16/02/2013	Joshua Swan	
State:	10.81	18/03/2017	Joshua Azzopardi	
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	43552 Benjamin McNamara		Northern Distric	
2	40008 Jonathan Reid		Cherrybrook	
3	40868 Jett Tall		Ryde	
4	48900 Connor Bond		Ku-Ring-Gai	
5	40332 Jason Ho		Northern Suburbs	
6	43517 Cameron Ross-Egarr		Northern Distric	
7	43095 Eden Russell		Manly Warringah	
8	42977 Yianni Fotias		Hornsby	
<b>Heat 2 of 2 Heats</b>				
1	43100 Billy Bakker		Manly Warringah	
2	40729 Alexander Mina		Parramatta	
3	40027 Jarrod(Weiya) Li		Cherrybrook	
4	40010 Noah Liu		Cherrybrook	
5	40270 Thomas Hunt		Northern Suburbs	
6	40066 Devan Senasinghe		Cherrybrook	
7	43068 ryan crane		Manly Warringah	
8	43452 Hugh Ritchie		Mosman	

## Event 57 Girls U 8 - 100 Metre Sprint (16)

Region:	15.20	2005	Lauren Gilbert	
State:	14.44	23/03/1979	Helen Clarke	
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	883 Collette Lumley		Northern Suburbs	
2	10499 Elsa Colpani		Mosman	
3	10473 Holly Tweeddale		Mosman	
4	317 Gabriella Omage		Cherrybrook	
5	10070 Emma Kramer		Manly Warringah	
6	9722 Cassia McLean		Manly Warringah	
7	752 Rachel Carpenter		Northern Suburbs	
8	34782 Gemma Dixon		Ku-Ring-Gai	
<b>Heat 2 of 2 Heats</b>				
1	631 Manha Dinaz		Nth Rocks Carlin	
2	244 Pippa Burke		Cherrybrook	
3	9506 Anna Tye		Hornsby	
4	34844 Gracie Atkins		Ku-Ring-Gai	
5	2195 Naduli Kariyawasam		Parramatta	
6	2002 Olivia Loring		Parramatta	
7	2121 Aishi Wijesekera		Parramatta	
8	10503 Alessandra McWilliam		Mosman	

## Event 58 Boys U 8 - 100 Metre Sprint (16)

Region:	13.90	1995	J DeSilva	
State:	14.24	12/03/1978	Tim Harper	
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	10802 William Scodellaro		Northern Distric	
2	9778 Taten Rogers		Manly Warringah	
3	34705 Magnus Myhre Fox		Ku-Ring-Gai	
4	755 James Mikan		Northern Suburbs	
5	845 Kyan Seale		Northern Suburbs	
6	2196 Marco Sassen		Parramatta	
7	9586 Matthew McGregor		Hornsby	
8	2133 Michael Cullen		Parramatta	
<b>Heat 2 of 2 Heats</b>				
1	34663 Callum Gilchrist		Ku-Ring-Gai	
2	103 Charithu Demel		Cherrybrook	
3	777 Samuel Carden		Northern Suburbs	
4	9339 Thomas Vedris		Hornsby	
5	34762 Oscar Zylberberg		Ku-Ring-Gai	
6	2490 Ethan Varghese		Ryde	
7	762 Harry McClellan		Northern Suburbs	
8	9658 Max McKellar		Manly Warringah	



**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 59 Girls U 9 - 100 Metre Sprint (16)**

<b>Region:</b>	<b>14.70</b>	<b>1998</b>	<b>Emily Pollett</b>
<b>State:</b>	<b>14.14</b>	<b>23/03/1979</b>	<b>Kate Farrell</b>
<b>State:</b>	<b>14.14</b>	<b>15/03/1980</b>	<b>Helen Clarke</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	9538 Liesel Walsh		Hornsby	
2	9679 Jessica Pulis		Manly Warringah	
3	9645 Erin Dunne		Manly Warringah	
4	2185 Clara Seyram Fetrie		Parramatta	
5	10145 Isla Maris		Manly Warringah	
6	176 Georgia Vella		Cherrybrook	
7	179 Isabella Daidone		Cherrybrook	
8	204 Laila Burkhardt		Cherrybrook	

**Heat 2 of 2 Heats**

1	34820 Jada Taylor		Ku-Ring-Gai	
2	9728 Emily Kupceric		Manly Warringah	
3	2088 Alanah O'Donovan		Parramatta	
4	34822 Kate Harden		Ku-Ring-Gai	
5	34603 Amalia Bond		Ku-Ring-Gai	
6	409 Evana Butler		Nth Rocks Carlin	
7	2543 Ruby Kelly		Ryde	
8	689 Nikayla Tucker		Nth Rocks Carlin	

**Event 60 Boys U 9 - 100 Metre Sprint (16)**

<b>Region:</b>	<b>13.90</b>	<b>2000</b>	<b>Michael Oldfield</b>
<b>State:</b>	<b>13.64</b>	<b>21/02/1998</b>	<b>Christopher Lawrence</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	10402 Angus Edwards		Mosman	
2	547 Billy Radford		Nth Rocks Carlin	
3	2738 SevyTom Fenil		Ryde	
4	181 Harry Wigham		Cherrybrook	
5	913 Benjamin Govers		Northern Suburbs	
6	9820 Kaiden Grace		Manly Warringah	
7	9719 Tobias Woolnough		Manly Warringah	
8	34804 Kase Willis-Jansen		Ku-Ring-Gai	

**Heat 2 of 2 Heats**

1	9650 Ewan Keep		Manly Warringah	
2	2639 Owen Smith		Ryde	
3	9794 Finn Bailey		Manly Warringah	
4	457 Oliver Leivesley		Nth Rocks Carlin	
5	2114 Andrew Wright		Parramatta	
6	450 Nicholas Klamer		Nth Rocks Carlin	
7	10419 Edward Godfrey		Mosman	
8	34689 Adrian Kwan		Ku-Ring-Gai	

**Event 61 Girls U 10 - 100 Metre Sprint (16)**

<b>Region:</b>	<b>13.70</b>	<b>1991</b>	<b>Rosemary Hayward</b>
<b>State:</b>	<b>13.54</b>	<b>12/03/1978</b>	<b>Annette Osborne</b>
<b>State:</b>	<b>13.54</b>	<b>23/03/1991</b>	<b>Rosemary Hayward</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	425 Kara Hazon		Nth Rocks Carlin	
2	9391 Alice Lyng		Hornsby	
3	9804 Charlotte Baum		Manly Warringah	
4	34837 Matilda Harrison		Ku-Ring-Gai	
5	9646 Kaitlenn Dunne		Manly Warringah	
6	316 Emmanuella Omage		Cherrybrook	
7	203 Ruby Semaganda		Cherrybrook	
8	9668 Ruby Nero		Manly Warringah	

**Heat 2 of 2 Heats**

1	118 Gabriella Connell		Cherrybrook	
2	34925 Portia Rowland-Stefani		Ku-Ring-Gai	
3	2533 Olivia Sidhu		Ryde	
4	34777 Olivia Achike		Ku-Ring-Gai	
5	2789 Tanna Kotulic		Ryde	
6	2529 Ebony Klarich		Ryde	
7	2001 Jessica Loring		Parramatta	
8	10888 Kyrah McMahan		Northern Distric	

**Event 62 Boys U 10 - 100 Metre Sprint (15)**

<b>Region:</b>	<b>13.30</b>	<b>2000</b>	<b>Joshua Mulligan</b>
<b>State:</b>	<b>12.94</b>	<b>12/03/1978</b>	<b>Philip Provenzano</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	34713 Jack Proctor		Ku-Ring-Gai	
2	882 Jude Lumley		Northern Suburbs	
3	802 KaiZhe Tan		Northern Suburbs	
4	10363 Joel Daily		Mosman	
5	2624 Daniel Cox		Ryde	
6	10369 Alex Savage		Mosman	
7	2717 Samuel Wheeler		Ryde	
8	854 Toby Cochrane		Northern Suburbs	

**Heat 2 of 2 Heats**

1	2103 Cooper Shanahan		Parramatta	
2	9666 Zac Gedz		Manly Warringah	
3	10395 Hugo Stewart		Mosman	
4	34727 Jimmy Thebridge		Ku-Ring-Gai	
5	133 Lachlan Booth		Cherrybrook	
6	34659 Jake Fourie		Ku-Ring-Gai	
7	10192 Oskar Berglund		Manly Warringah	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Track Events

## Event 63 Girls U 11 - 100 Metre Sprint (16)

<b>Region:</b>	13.40	1992	Rosmary Hayward
<b>State:</b>	12.94	12/03/1978	Michelle Moroney

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	582 Zaara Yip		Nth Rocks Carlin	
2	30805 Jessica Parker		Mosman	
3	776 Aqua Fisher		Northern Suburbs	
4	34755 Gemma McIntosh		Ku-Ring-Gai	
5	456 Chloe Leivesley		Nth Rocks Carlin	
6	2607 Charlotte Nagle		Ryde	
7	9687 Laura Bell		Manly Warringah	
8	9357 Michaela Couper		Hornsby	

## Heat 2 of 2 Heats

1	2079 Tahlia Butcher		Parramatta	
2	608 Mia Elrick		Nth Rocks Carlin	
3	407 Mila Burdett		Nth Rocks Carlin	
4	9729 Sienna Kupceric		Manly Warringah	
5	10160 Jasmine Rintel		Manly Warringah	
6	2765 Talia Coffin		Ryde	
7	10318 Kirsten Evans		Mosman	
8	34842 Sophia Ambrosino		Ku-Ring-Gai	

## Event 64 Boys U 11 - 100 Metre Sprint (16)

<b>Region:</b>	13.04	17/02/2018	Dylan Hall
<b>State:</b>	12.64	12/03/1978	Robert Stanford

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	741 Andres Hampel		Northern Suburbs	
2	10313 Oliver Stokeld		Mosman	
3	2833 Christopher Moala		Ryde	
4	10224 Ethan Grimshaw		Manly Warringah	
5	869 Ethan Temelkovski		Northern Suburbs	
6	9560 Wol Albino		Hornsby	
7	10332 Finn Pereira		Mosman	
8	516 Lewis Wong		Nth Rocks Carlin	

## Heat 2 of 2 Heats

1	34858 Samuel Kay		Ku-Ring-Gai	
2	9841 Luke Davie		Manly Warringah	
3	374 Fergus Cheng		Cherrybrook	
4	34719 Brodie Shearer		Ku-Ring-Gai	
5	9641 Leo Robinson		Manly Warringah	
6	2058 Julian Bognar		Parramatta	
7	787 Toby Middleton		Northern Suburbs	
8	2145 Rhys George		Parramatta	

## Event 65 Girls U 12 - 100 Metre Sprint (16)

<b>Region:</b>	12.40	2005	Annaliese Gardiner
<b>State:</b>	12.64	24/03/1979	Michelle Moroney

<b>State:</b>	12.64	16/03/2002	Jacinta Doyle
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<b>State:</b>	12.64	19/02/2005	Annaliese Gardiner
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Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40746 Lara Klarich		Ryde	
2	49013 Maia Madden-Khan		Ku-Ring-Gai	
3	48902 Samara Bond		Ku-Ring-Gai	
4	43401 Sofia Fedirchuk		Mosman	
5	43319 Kelly Theodorides		Manly Warringah	
6	43039 Lucinda Mulcahy		Manly Warringah	
7	40807 Isabella Azizi		Ryde	
8	40567 Elise Murray		Parramatta	

## Heat 2 of 2 Heats

1	40673 Tianna Bertolissio		Parramatta	
2	40020 Sarah-anne Koot		Cherrybrook	
3	43036 Luna Ligertwood		Manly Warringah	
4	43242 Eve Simpson		Manly Warringah	
5	40235 Eve Rothwell		Northern Suburbs	
6	48921 Emelie Coe		Ku-Ring-Gai	
7	40734 Jasmine McAndrew		Ryde	
8	40299 Emilia Massaro		Northern Suburbs	

## Event 66 Boys U 12 - 100 Metre Sprint (15)

<b>Region:</b>	12.30	2005	Kane Thompson
<b>State:</b>	12.04	20/03/1999	Todd Shanahan
<b>State:</b>	12.04	23/03/2013	James Roach

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40113 Bronsen Brown		Cherrybrook	
2	40251 Oliver Edwards		Northern Suburbs	
3	43059 Oliver Dawson		Manly Warringah	
4	49005 Dylan Hall		Ku-Ring-Gai	
5	48939 Boston Penfold		Ku-Ring-Gai	
6	43133 Oliver Nicol		Manly Warringah	
7	40869 Jaykay Rauqe		Ryde	

## Heat 2 of 2 Heats

1	40131 Cristian Kastelan		Nth Rocks Carlin	
2	40096 Marco Boccaletti		Cherrybrook	
3	43449 Thomas Hartman		Mosman	
4	43127 Cooper Elkins		Manly Warringah	
5	43421 Brody Folkes		Mosman	
6	48978 Lars Ackland		Ku-Ring-Gai	
7	40195 Oliver McNicol		Nth Rocks Carlin	
8	40606 Kieran Arnott		Parramatta	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 67 Girls U 13 - 400 Metre Sprint (16)**

Region:		58.60	1994	Rosemary Hayward	
State:		57.24	16/03/1986	Jo-anne Swan	
Lane	Name	Age	Centre	Seed	Time
<b>Section 1 of 2 Final</b>					
1	43512 Sarah Passafaro		Northern Distric		
2	43122 Brooke Flynn		Manly Warringah		
3	43243 Alyssa Medved		Manly Warringah		
4	43025 Annie Seve		Manly Warringah		
5	43301 Sienna Villacorta		Manly Warringah		
6	40262 XinMin Tan		Northern Suburbs		
7	42989 Gemma Mills		Hornsby		
8	43285 Phoebe Berglund		Manly Warringah		
<b>Section 2 of 2 Final</b>					
1	40184 Alyssa Khaw		Nth Rocks Carlin		
2	40252 Gemma Middleton		Northern Suburbs		
3	40260 Sophia Archer		Northern Suburbs		
4	40819 Annabel Macdonald		Ryde		
5	43388 Tilly Morris		Mosman		
6	48933 Olivia Lee-Jackson		Ku-Ring-Gai		
7	43454 Ella Moy-Watson		Mosman		
8	42512 Madeleine Gregg		Northern Suburbs		

**Event 68 Boys U 13 - 400 Metre Sprint (14)**

Region:		55.67	11/02/2017	Donovan Bradshaw	
State:		53.33	17/03/2017	Donovan Bradshaw	
Lane	Name	Age	Centre	Seed	Time
<b>Section 1 of 2 Final</b>					
2	40752 Isaac Louttit		Ryde		
3	40730 Oliver Smith		Ryde		
4	48963 Lachlan McIntosh		Ku-Ring-Gai		
5	48937 Zachary Neal		Ku-Ring-Gai		
6	43239 Nicholas Kimball		Manly Warringah		
7	49229 Dane Grosvenor		Nth Rocks Carlin		
<b>Section 2 of 2 Final</b>					
1	40236 Charlie Roughan		Northern Suburbs		
2	43379 Marcus Warner		Mosman		
3	43255 Colt Paterson		Manly Warringah		
4	48909 Lachlan Herbert		Ku-Ring-Gai		
5	48985 James Harden		Ku-Ring-Gai		
6	40272 Matthew Hunt		Northern Suburbs		
7	40204 Nicholas Woodhouse		Nth Rocks Carlin		
8	43521 Jensen Wiesenhaan		Northern Distric		

**Event 69 Girls U 14 - 400 Metre Sprint (12)**

Region:		56.20	1995	Rosemary Hayward	
State:		56.02	23/03/2012	Molly Blakey	
Lane	Name	Age	Centre	Seed	Time
<b>Section 1 of 2 Final</b>					
1	43065 Georgia Morgan		Manly Warringah		
2	48915 Eva Bates		Ku-Ring-Gai		
3	43288 Alexandra Sinclair		Manly Warringah		
4	43361 Jemma Brandon-Coop		Mosman		
5	43195 Olivia Inkster		Manly Warringah		
6	43258 Elise Couper		Manly Warringah		
7	43232 Lara Williams		Manly Warringah		
<b>Section 2 of 2 Final</b>					
3	40742 Emily Metcalfe		Ryde		
4	40565 Brooke Luksic		Parramatta		
5	40277 Alexandra Dransfield		Northern Suburbs		
6	40811 Sarah Partridge		Ryde		
7	43103 Zara Ostryn		Manly Warringah		

**Event 70 Boys U 14 - 400 Metre Sprint (16)**

Region:		52.37	11/02/2017	Ewan Burns	
State:		50.97	23/03/2012	Jarrod Cullen	
Lane	Name	Age	Centre	Seed	Time
<b>Section 1 of 2 Final</b>					
1	43455 Zac Roome		Mosman		
2	40089 Lachlan Dewar		Cherrybrook		
3	40313 Julian Lee		Northern Suburbs		
4	43503 Daniel Hatch		Northern Distric		
5	40099 Alex Mills		Cherrybrook		
6	43329 Zachary Flynn		Manly Warringah		
7	43117 Lachlan Binnekamp		Manly Warringah		
8	40683 Lachlan Roberts		Parramatta		
<b>Section 2 of 2 Final</b>					
1	43106 Hamish Douglas		Manly Warringah		
2	40088 Corey Dewar		Cherrybrook		
3	42996 Finn Walsh		Hornsby		
4	40870 Christopher Mansfield		Ryde		
5	42987 Robbie Cambridge		Hornsby		
6	40617 Benny Zhang		Parramatta		
7	40090 Thimuthu Weerasekara		Cherrybrook		
8	43275 Adam Rope		Manly Warringah		

**Event 71 Girls U 15 - 400 Metre Sprint (14)**

Region:		55.60	1996	Rosemary Hayward	
State:		55.74	18/02/1996	Rosemary Hayward	
Lane	Name	Age	Centre	Seed	Time
<b>Section 1 of 2 Final</b>					
1	43222 Sally Priest		Manly Warringah		
2	43124 Edie Burke		Manly Warringah		
3	52308 Jessica Bird		Ku-Ring-Gai		
4	43290 Sofia Saroukos		Manly Warringah		
5	43104 Emily Smith		Manly Warringah		
6	40124 Lily Tilt		Nth Rocks Carlin		
7	42959 Zara Warland		Hornsby		
8	42973 Charlotte Hall		Hornsby		

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Track Events****Section 2 of 2 Final...(Event 71 Girls U 15 - 400 Metre Sprint (14))**

2	43300 Brooke Chaloner	Manly Warringah
3	40735 Adria McAndrew	Ryde
4	40105 Milena Visser	Cherrybrook
5	40787 Eliza DaSilva	Ryde
6	40181 Arabella Price	Nth Rocks Carlin
7	43514 April Shepherd	Northern Distric

**Event 72 Boys U 15 - 400 Metre Sprint (11)**

**Region:** 50.90 1991 **James Robinson**  
**State:** 49.64 15/03/1997 **David Geddes**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	43038 Dale Mapstone	Manly Warringah
2	43499 Marco de Paulis	Northern Distric
3	40755 Jack Baker	Ryde
4	43530 Ethan Oliver	Northern Distric
5	52521 Isaac Cheng	Cherrybrook
6	43057 Dylan Charlier	Manly Warringah
7	43014 Fynn George	Manly Warringah

**Section 2 of 2 Final**

3	40051 Declan Garuffi	Cherrybrook
4	40292 Joseph Ayoade	Northern Suburbs
5	43097 Byron Bakker	Manly Warringah
6	43051 Lachlan Farquhar	Manly Warringah

**Event 73 Girls U 17 - 400 Metre Sprint (16)**

**Region:** 57.54 13/02/2016 **Rowena Craker**  
**State:** 56.41 21/03/2014 **Ruby Ritchie**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	43011 Lara Woollett	Hornsby
2	40349 Greta Andrews	Northern Suburbs
3	40233 Gemma Bratton	Northern Suburbs
4	43004 Rakeli Albino	Hornsby
5	40317 Sally Guthrie	Northern Suburbs
6	40247 Alice Dixon	Northern Suburbs
7	40287 Kora Villa	Northern Suburbs
8	40642 Alicia John	Parramatta

**Section 2 of 2 Final**

1	40899 Eleanor Partridge	Ryde
2	43253 Hannah Lovlin	Manly Warringah
3	40657 Caitlin Roach	Parramatta
4	40281 Gabriella Richmond	Northern Suburbs
5	43157 Jasmine Bonomi	Manly Warringah
6	40836 Sophie Boland	Ryde
7	40223 Zahra Safi	Northern Suburbs
8	43309 Hannah Parker	Manly Warringah

**Event 74 Boys U 17 - 400 Metre Sprint (16)**

**Region:** 49.75 16/02/2013 **Bryce Collins**  
**State:** 48.09 17/03/2017 **Tyler Gunn**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	43540 Liam Oliver	Northern Distric
2	43269 Andrew Land	Manly Warringah
3	43311 Cameron Laytham	Manly Warringah
4	48984 Jack McFadden	Ku-Ring-Gai
5	43341 Felix Scott	Mosman
6	40270 Thomas Hunt	Northern Suburbs
7	43491 Hugo Blackley	Mosman
8	40293 Dominic Panozzo	Northern Suburbs

**Section 2 of 2 Final**

1	43068 ryan crane	Manly Warringah
2	40600 Jacob Rodriguez	Parramatta
3	42977 Yianni Fotias	Hornsby
4	49227 Nathan Debs	Nth Rocks Carlin
5	40269 James Hunt	Northern Suburbs
6	43219 Lucas Brown	Manly Warringah
7	49238 Conor Smith	Nth Rocks Carlin
8	43459 Max Blackley	Mosman

**Event 75 Girls U 8 - 400 Metre Sprint (16)**

**Region:** 1:13.90 2002 **Courtney Cross**  
**State:** 1:11.44 21/03/1981 **Jo-anne Swan**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	2195 Naduli Kariyawasam	Parramatta
2	34708 Cacia Charles	Ku-Ring-Gai
3	454 Hannah Lambert	Nth Rocks Carlin
4	34637 Elsie Clatworthy	Ku-Ring-Gai
5	10695 Maddison Barratt	Northern Distric
6	9774 Anais Biasi	Manly Warringah
7	10503 Alessandra McWilliam	Mosman
8	34782 Gemma Dixon	Ku-Ring-Gai

**Section 2 of 2 Final**

1	10149 Eden McNaughtan	Manly Warringah
2	125 Shylah Carre	Cherrybrook
3	2519 Jacqueline Pawsey	Ryde
4	10481 Sabella Caralis-McColl	Mosman
5	10499 Elsa Colpani	Mosman
6	10473 Holly Tweedale	Mosman
7	253 Makenzi Gartner	Cherrybrook
8	883 Collette Lumley	Northern Suburbs

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 76 Boys U 8 - 400 Metre Sprint (16)**

<b>Region:</b>	<b>1:09.70</b>	<b>2001</b>	<b>Alexander Pettigrew</b>
<b>State:</b>	<b>1:07.94</b>	<b>23/03/1975</b>	<b>David Misson</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	2564 Liam Martin		Ryde	
2	10519 Zac Yates		Mosman	
3	9363 Joel Ramsay		Hornsby	
4	9662 Jake Wood		Manly Warringah	
5	9658 Max McKellar		Manly Warringah	
6	9675 Ludvig Persson		Manly Warringah	
7	2003 Lucas Ajaka		Parramatta	
8	34756 Max McIntosh		Ku-Ring-Gai	

**Section 2 of 2 Final**

1	9376 Sebastian Duddle		Hornsby	
2	34897 Charlie Kelly		Ku-Ring-Gai	
3	10518 Orlando Stewart		Mosman	
4	762 Harry McClellan		Northern Suburbs	
5	34663 Callum Gilchrist		Ku-Ring-Gai	
6	127 Rohan Sharma		Cherrybrook	
7	2523 Xavier Mitchell		Ryde	
8	677 Noah Collier		Nth Rocks Carlin	

**Event 77 Girls U 9 - 400 Metre Sprint (16)**

<b>Region:</b>	<b>1:09.63</b>	<b>15/02/2014</b>	<b>Brianna Worsfold</b>
<b>State:</b>	<b>1:06.64</b>	<b>24/03/1990</b>	<b>Rosemary Hayward</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	10766 Mary Loughnan Walsh		Northern Distric	
2	34707 Adeline O'regan		Ku-Ring-Gai	
3	179 Isabella Daidone		Cherrybrook	
4	2117 Ivy Kim		Parramatta	
5	10435 Isabella Godfrey		Mosman	
6	540 Mackenzie McBain		Nth Rocks Carlin	
7	10425 Gemma Wyrill		Mosman	
8	2259 Emily Ajaka		Parramatta	

**Section 2 of 2 Final**

1	10197 Rory Nordenson		Manly Warringah	
2	10100 Eliza Williams		Manly Warringah	
3	34739 Claudia Wyatt		Ku-Ring-Gai	
4	2086 Ruby Kernaghan		Parramatta	
5	9632 Maddison Ross		Manly Warringah	
6	9340 Tara Gilkeson		Hornsby	
7	10223 Erin Grimshaw		Manly Warringah	
8	176 Georgia Vella		Cherrybrook	

**Event 78 Boys U 9 - 400 Metre Sprint (16)**

<b>Region:</b>	<b>1:05.30</b>	<b>2002</b>	<b>Alexander Pettigrew</b>
<b>State:</b>	<b>1:04.40</b>	<b>23/03/1975</b>	<b>Glen Murgatroyd</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	34999 James Bookallil		Ku-Ring-Gai	
2	10715 Kaelan Jones		Northern Distric	
3	2142 Alexander Atkinson		Parramatta	
4	10675 Remy Camus		Mosman	
5	514 Brodie White		Nth Rocks Carlin	
6	10417 Toby Ward		Mosman	
7	419 Neo Parlevliet		Nth Rocks Carlin	
8	2587 Rhys Chandler		Ryde	

**Section 2 of 2 Final**

1	34682 Archie Hetherington		Ku-Ring-Gai	
2	9794 Finn Bailey		Manly Warringah	
3	9650 Ewan Keep		Manly Warringah	
4	445 Hudson Keeping		Nth Rocks Carlin	
5	34997 William Durer		Ku-Ring-Gai	
6	887 Davin Yap		Northern Suburbs	
7	10153 Samuel Newsham		Manly Warringah	
8	9660 Angus Seve		Manly Warringah	

**Event 79 Girls U 10 - 400 Metre Sprint (16)**

<b>Region:</b>	<b>1:05.60</b>	<b>1991</b>	<b>Rosemary Hayward</b>
<b>State:</b>	<b>1:03.84</b>	<b>15/03/2003</b>	<b>Paige Fenech</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	9642 Rebecca Gonzalo		Manly Warringah	
2	10681 Eloise Berkelouw		Mosman	
3	34791 Summer Mudadu		Ku-Ring-Gai	
4	34908 Chanel Charles		Ku-Ring-Gai	
5	2208 Katie Bowrey		Parramatta	
6	10055 Philippa Quarrell		Manly Warringah	
7	9646 Kaitlenn Dunne		Manly Warringah	
8	10129 Sofia Ehnбом		Manly Warringah	

**Section 2 of 2 Final**

1	10358 Amelia Lavan		Mosman	
2	969 Marissa Ristwej		Northern Suburbs	
3	565 Pia Goradia		Nth Rocks Carlin	
4	423 Rachel Fenson		Nth Rocks Carlin	
5	10841 Penelope Gill		Northern Distric	
6	195 Jenaya Lubrano		Cherrybrook	
7	34695 Eve Loebel		Ku-Ring-Gai	
8	2676 Stella Tassarotti		Ryde	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 80 Boys U 10 - 400 Metre Sprint (16)**

**Region:** 1:02.50 27/02/2010 Tyler Gunn  
**State:** 1:01.34 16/03/2003 Alex Pettigrew

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	555 Joshua Tilt		Nth Rocks Carlin	
2	34857 Samuel Collett		Ku-Ring-Gai	
3	2598 Luke Moscos		Ryde	
4	10075 Jacob Kimball		Manly Warringah	
5	9659 Dylan Mortimer		Manly Warringah	
6	9479 Manning Johnson		Hornsby	
7	2516 Benjamin Prosenko		Ryde	
8	10058 Harper Whiteley		Manly Warringah	

**Section 2 of 2 Final**

1	10393 Riley Grant		Mosman	
2	10139 William Kisby		Manly Warringah	
3	10395 Hugo Stewart		Mosman	
4	748 Matteo Shipman		Northern Suburbs	
5	577 Samuel Price		Nth Rocks Carlin	
6	173 Joel Moresi		Cherrybrook	
7	34644 Rian Connors		Ku-Ring-Gai	
8	34884 Gerhardus Burger		Ku-Ring-Gai	

**Event 81 Girls U 11 - 400 Metre Sprint (16)**

**Region:** 1:01.90 17/02/2008 Sara Marshall  
**State:** 1:01.34 12/03/1978 Michelle Moroney  
**State:** 1:01.34 17/03/2001 Jacinta Doyle

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	34842 Sophia Ambrosino		Ku-Ring-Gai	
2	971 Charlotte O'Dowd		Northern Suburbs	
3	161 Caitlin Shannon		Cherrybrook	
4	10749 Ella Smallwood		Northern Distric	
5	817 Annika Boys		Northern Suburbs	
6	34627 Grace Beck		Ku-Ring-Gai	
7	34709 Estelle O'Regan		Ku-Ring-Gai	
8	861 Isabella Longley		Northern Suburbs	

**Section 2 of 2 Final**

1	9637 Ella Dunstan		Manly Warringah	
2	9692 Felisa Gonzalo		Manly Warringah	
3	10290 Amber Kusano		Mosman	
4	10160 Jasmine Rintel		Manly Warringah	
5	10306 Grace Townsend		Mosman	
6	9375 Scarlett Duddle		Hornsby	
7	756 Catherine Mikan		Northern Suburbs	
8	2664 Kristina Prizmic		Ryde	

**Event 82 Boys U 11 - 400 Metre Sprint (16)**

**Region:** 1:00.50 22/02/2004 Alexander Pettigrew  
**State:** 57.64 23/03/1979 Chris Newman

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	34928 Max Dennett		Ku-Ring-Gai	
2	9681 Oliver Sanbrook		Manly Warringah	
3	444 Tyler Boyd		Nth Rocks Carlin	
4	869 Ethan Temelkovski		Northern Suburbs	
5	787 Toby Middleton		Northern Suburbs	
6	9457 Nicholas Kachel		Hornsby	
7	10332 Finn Pereira		Mosman	
8	2535 Joshua Smith		Ryde	

**Section 2 of 2 Final**

1	9661 William Seve		Manly Warringah	
2	400 Benjamin Woodhouse		Nth Rocks Carlin	
3	126 Jamison Carre		Cherrybrook	
4	34858 Samuel Kay		Ku-Ring-Gai	
5	10313 Oliver Stokeld		Mosman	
6	9364 Lachlan Blackwell		Hornsby	
7	10263 William Carter		Manly Warringah	
8	9651 Liam Keep		Manly Warringah	

**Event 83 Girls U 12 - 400 Metre Sprint (16)**

**Region:** 59.87 17/02/2018 Lara Williams  
**State:** 57.74 21/02/1979 Nicole Leistenschneider

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	48953 Zoe Woods		Ku-Ring-Gai	
2	43039 Lucinda Mulcahy		Manly Warringah	
3	43416 Tessa Newitt		Mosman	
4	43303 Rebecca Solomon		Manly Warringah	
5	42941 Isabella Pereira		Hornsby	
6	48929 Teagan Jones		Ku-Ring-Gai	
7	40009 Isabella Fisher		Cherrybrook	
8	43036 Luna Ligertwood		Manly Warringah	

**Section 2 of 2 Final**

1	48956 Kiera Yerbury		Ku-Ring-Gai	
2	40021 Olivia Moresi		Cherrybrook	
3	40734 Jasmine McAndrew		Ryde	
4	43062 Natalie Parker		Manly Warringah	
5	42606 Hannah Sacco		Northern Suburbs	
6	40621 Caitlin Brennan		Parramatta	
7	40794 Alicia Leggatt		Ryde	
8	48913 Veda Arabolu		Ku-Ring-Gai	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 84 Boys U 12 - 400 Metre Sprint (16)**

<b>Region:</b>	<b>58.60</b>	<b>18/02/2006</b>	<b>Adam Harding</b>
<b>State:</b>	<b>56.88</b>	<b>18/03/2016</b>	<b>Donovan Bradshaw</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 2 Final**

1	49025 James Amoils		Ku-Ring-Gai	
2	40799 Pdraig Teo		Ryde	
3	40120 Max Byrnes		Nth Rocks Carlin	
4	49237 David McGuire		Nth Rocks Carlin	
5	42947 Nathan Pereira		Hornsby	
6	40137 Finn Parlevliet		Nth Rocks Carlin	
7	40239 Kieren Patel		Northern Suburbs	
8	43059 Oliver Dawson		Manly Warringah	

**Section 2 of 2 Final**

1	43054 Jasper Scamps-Magro		Manly Warringah	
2	40032 Idris Burkhardt		Cherrybrook	
3	48914 Caleb Ashton		Ku-Ring-Gai	
4	40304 Peter Moorcroft		Northern Suburbs	
5	43332 Hunter Stark		Manly Warringah	
6	43018 Leo Brown		Manly Warringah	
7	48947 Will Soden		Ku-Ring-Gai	
8	48948 Chester Swaffer		Ku-Ring-Gai	

**Event 103 Girls U 13 - 3000 Metre Run (10)**

<b>Region:</b>	<b>9:58.99</b>	<b>14/02/2015</b>	<b>Abbey Rockliff</b>
<b>State:</b>	<b>9:58.99</b>	<b>15/02/2015</b>	<b>Abbey Rockliff</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40743 Elysha Pawsey		Ryde	
2	43265 Olivia Gorman		Manly Warringah	
3	43082 Amelia Thornthwaite		Manly Warringah	
4	40306 Ingrid Kingsmill		Northern Suburbs	
5	40761 Kaitlyn Martin		Ryde	
6	48982 Lizzie Prestwich		Ku-Ring-Gai	
7	40280 Zoe Banks		Northern Suburbs	
8	43371 Sophia Kusano		Mosman	
9	40815 Georgia Phillips		Ryde	
10	40278 Eloise Boys		Northern Suburbs	

**Event 104 Boys U 13 - 3000 Metre Run (13)**

<b>Region:</b>	<b>9:47.60</b>	<b>21/02/2004</b>	<b>Cameron Page</b>
<b>State:</b>	<b>9:39.60</b>	<b>20/03/2004</b>	<b>Cameron Page</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	48912 Ewan Allabush		Ku-Ring-Gai	
2	40017 Thomas Shannon		Cherrybrook	
3	43320 Charlie Bradford		Manly Warringah	
4	40291 Jacob Magner		Northern Suburbs	
5	43017 Alejandro Briones		Manly Warringah	
6	40075 Lachlan Lee		Cherrybrook	
7	40204 Nicholas Woodhouse		Nth Rocks Carlin	
8	43497 Liam Coroneos		Northern Distric	
9	43206 Isaac Lanham		Manly Warringah	
10	48952 Sean Williams		Ku-Ring-Gai	
11	43041 Tom Parkes		Manly Warringah	
12	40347 Henry Rooney		Northern Suburbs	
13	40730 Oliver Smith		Ryde	

**Event 105 Girls U 14 - 3000 Metre Run (7)**

<b>Region:</b>	<b>10:35.60</b>	<b>2001</b>	<b>Bree Crawford</b>
<b>State:</b>	<b>9:59.16</b>	<b>20/03/2015</b>	<b>Emily Schneider</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40624 Emma Thomas		Parramatta	
2	43080 Chelsea Smyth		Manly Warringah	
3	43336 Mercy Nathanael		Manly Warringah	
4	43437 Jessica Gocher		Mosman	
5	40768 Elli Barron		Ryde	
6	40577 Melissa Blume		Parramatta	
7	40786 Jesse Hartmann		Ryde	

**Event 106 Boys U 14 - 3000 Metre Run (7)**

<b>Region:</b>	<b>9:19.00</b>	<b>2005</b>	<b>Cameron Page</b>
<b>State:</b>	<b>9:13.83</b>	<b>21/03/2014</b>	<b>Harrison Wade</b>

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40321 Ethan McKenzie		Northern Suburbs	
2	49220 Rory Wilson		Nth Rocks Carlin	
3	43304 Joel Solomon		Manly Warringah	
4	43106 Hamish Douglas		Manly Warringah	
5	40617 Benny Zhang		Parramatta	
6	43322 Daniel Bradford		Manly Warringah	
7	42937 Damon Strappazzon		Hornsby	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Track Events**

**Event 107 Girls U 15 - 3000 Metre Run (8)**

**Region:** 10:31.56 14/02/2015 Leah McDonald  
**State:** 9:43.02 18/03/2016 Emily Schneider

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40738 Georgia Arcus		Ryde	
2	40609 Natasha Ball		Parramatta	
3	40778 Anastasia Lakic		Ryde	
4	40181 Arabella Price		Nth Rocks Carlin	
5	43351 Lilli Krawitz		Mosman	
6	40187 Skye Grosvenor		Nth Rocks Carlin	
7	40759 Brigitta Williams		Ryde	
8	42959 Zara Warland		Hornsby	

**Event 108 Boys U 15 - 3000 Metre Run (9)**

**Region:** 9:12.70 18/02/2006 Cameron Page  
**State:** 8:50.60 18/03/2006 Cameron Page

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	43108 William Collinson		Manly Warringah	
2	40290 Simon Magner		Northern Suburbs	
3	43451 Nicholas Hyde		Mosman	
4	43263 Cameron Gorman		Manly Warringah	
5	40894 Jacob Leon		Ryde	
6	43038 Dale Mapstone		Manly Warringah	
7	40816 Andrew Phillips		Ryde	
8	40123 Joseph Boyd		Nth Rocks Carlin	
9	40744 Ashton Hanna		Ryde	

**Event 109 Girls U 17 - 3000 Metre Run (4)**

**Region:** 10:19.10 18/02/2012 Kate Spencer  
**State:** 9:57.22 15/02/2014 Jessica Hull

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	43339 Mia Hinchliff		Mosman	
2	43253 Hannah Lovlin		Manly Warringah	
3	40114 Kirsten Frykberg		Cherrybrook	
4	40657 Caitlin Roach		Parramatta	

**Event 110 Boys U 17 - 3000 Metre Run (4)**

**Region:** 9:20.76 16/02/2013 David Gardiner  
**State:** 8:55.90 18/03/2016 Connor Whiteley

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	42600 William Colman		Northern Suburbs	
2	40660 Benjamin Maestri		Parramatta	
3	43264 Kieran Gorman		Manly Warringah	
4	40309 Martin Leerberg		Northern Suburbs	



## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Field Events

## Event 1 Boys U 9 - High Jump (S/H 0.90m) (16)

Region:	1.31m	21/02/2004	Joel Edwards
State:	1.40m	17/03/1985	Jamie Shortland
State:	1.40m	21/03/2009	Harrison Brierley

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	2659 Billy Gurtner		Ryde	
2	10441 Ned Alexander		Mosman	
3	10130 Aiden Freestone		Manly Warringah	
4	34682 Archie Hetherington		Ku-Ring-Gai	
5	887 Davin Yap		Northern Suburbs	
6	457 Oliver Leivesley		Nth Rocks Carlin	
7	34691 Kieran Lander		Ku-Ring-Gai	
8	34654 Oliver Fisher		Ku-Ring-Gai	
9	9719 Tobias Woolnough		Manly Warringah	
10	9706 Dominic Davis		Manly Warringah	
11	517 Marcus Wong		Nth Rocks Carlin	
12	935 Benjamin Howarth		Northern Suburbs	
13	2587 Rhys Chandler		Ryde	
14	9820 Kaiden Grace		Manly Warringah	
15	10667 Hugo Bragg		Mosman	
16	10417 Toby Ward		Mosman	

## Event 2 Boys U 12 - High Jump (S/H 1.20m) (16)

Region:	1.59m	16/02/2005	Kane Thompson
State:	1.72m	21/03/2009	Thibaut Potin

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43138 Dylan Swanson		Manly Warringah	
2	42981 Jaykob McKinnon		Hornsby	
3	40775 Owen Chandler		Ryde	
4	43305 Sam Hildebrandt		Manly Warringah	
5	40304 Peter Moorcroft		Northern Suburbs	
6	40241 Mitchell Healy		Northern Suburbs	
7	43018 Leo Brown		Manly Warringah	
8	40195 Oliver McNicol		Nth Rocks Carlin	
9	40271 Angus Hunt		Northern Suburbs	
10	40137 Finn Parlevliet		Nth Rocks Carlin	
11	40096 Marco Boccaletti		Cherrybrook	
12	43302 William Drury		Manly Warringah	
13	40301 Will Morahan		Northern Suburbs	
14	40869 Jaykay Rauqe		Ryde	
15	43449 Thomas Hartman		Mosman	
16	40261 James Archer		Northern Suburbs	

## Event 3 Girls U 13 - Long Jump (16)

Region:	5.18m	1991	D Kerr
State:	5.51m	24/03/1991	Leanne Richardson

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	48933 Olivia Lee-Jackson		Ku-Ring-Gai	
2	40186 Hayley Reynolds		Nth Rocks Carlin	
3	43001 Lola Dorman		Hornsby	
4	43512 Sarah Passafaro		Northern Distric	
5	48995 Claudia Endicott		Ku-Ring-Gai	
6	40024 Tara Webb		Cherrybrook	
7	42512 Madeleine Gregg		Northern Suburbs	
8	42989 Gemma Mills		Hornsby	
9	40274 Mia Marshall		Northern Suburbs	
10	43556 Natasha Tindale		Northern Distric	
11	40815 Georgia Phillips		Ryde	
12	40900 Aliana Moala		Ryde	
13	48943 Phoebe Riley		Ku-Ring-Gai	
14	43129 Chloe Dunne		Manly Warringah	
15	43529 Siobhan McMahon		Northern Distric	
16	40262 XinMin Tan		Northern Suburbs	

## Event 4 Boys U 15 - Long Jump (13)

Region:	6.47m	1991	J Robinson
State:	7.12m	20/03/2009	Thomas Soliman

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43014 Fynn George		Manly Warringah	
2	43530 Ethan Oliver		Northern Distric	
3	40832 Anthony Feng		Ryde	
4	40005 Ajaiy Mohanraja		Cherrybrook	
5	40897 Savi Moala		Ryde	
6	43038 Dale Mapstone		Manly Warringah	
7	49246 Rajan Ravinhran		Nth Rocks Carlin	
8	40292 Joseph Ayoade		Northern Suburbs	
9	40898 Samiuela Moala		Ryde	
10	49233 Tate Mahony		Nth Rocks Carlin	
11	43053 Joel Neasmith		Manly Warringah	
12	49028 Tomas Dennett		Ku-Ring-Gai	
13	40709 Zachary Sheraton		Parramatta	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Field Events

## Event 5 Boys U 13 - Triple Jump (16)

Region: 12.03m 17/02/2007 Nicholas Hough				
State: 12.72m 18/03/2007 Nicholas Hough				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40338 Daniel White		Northern Suburbs	
2	40200 Lachlan Tilt		Nth Rocks Carlin	
3	42980 William Tye		Hornsby	
4	40288 Evan Venning		Northern Suburbs	
5	43225 Lukas Muller		Manly Warringah	
6	43373 Finnlay Bartlett		Mosman	
7	43313 Billy Peek		Manly Warringah	
8	48985 James Harden		Ku-Ring-Gai	
9	43041 Tom Parkes		Manly Warringah	
10	43017 Alejandro Briones		Manly Warringah	
11	40040 James Elliott		Cherrybrook	
12	43494 Kisho Carlino-Mizuno		Northern Distric	
13	40073 William Austin		Cherrybrook	
14	40829 Ivan Prizmic		Ryde	
15	49218 Bailey Elrick		Nth Rocks Carlin	
16	43071 Dylan vanGrootel		Manly Warringah	

## Event 6 Girls U 12 - Discus (750 Gram) (16)

Region: 43.10m 16/02/2008 Taylah Sengul				
State: 46.19m 15/03/2008 Filoi Aokuso				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43418 Olivia Vecchio		Mosman	
2	43209 Isabella Piscioneri		Manly Warringah	
3	40757 Claudia Barlow		Ryde	
4	40004 Rani Sharma		Cherrybrook	
5	40776 Isabella Barbara		Ryde	
6	48946 Summer Sivaraj		Ku-Ring-Gai	
7	43211 Azaniah Afualo		Manly Warringah	
8	49027 Sienna Brett		Ku-Ring-Gai	
9	43111 Jayde Root		Manly Warringah	
10	40145 Amelia Nagy		Nth Rocks Carlin	
11	43409 Fenella Burns		Mosman	
12	40732 Jessica Johnston		Ryde	
13	49013 Maia Madden-Khan		Ku-Ring-Gai	
14	48935 Sarah Lovell		Ku-Ring-Gai	
15	40871 Sienna Beram		Ryde	
16	40578 Emma Blume		Parramatta	

## Event 7 Boys U 14 - Discus (1.0 Kg) (13)

Region: 55.22m 1995 S Novkovic				
State: 57.71m 20/03/2010 Tepai Moeroa				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43364 Noah Pereira		Mosman	
2	40573 Julian Ajaka		Parramatta	
3	43033 Joshua Gedz		Manly Warringah	
4	40886 Benjamin Stevens		Ryde	
5	43568 Malakye Enasio		Northern Distric	
6	40722 George Shahla		Nth Rocks Carlin	
7	49351 Kai Schofield		Nth Rocks Carlin	
8	43021 Justin George		Manly Warringah	
9	40331 Bensen Liu		Northern Suburbs	
10	42964 Aiden Collins		Hornsby	
11	43237 Gauthier Sanchez		Manly Warringah	
12	40583 Nicholas Koinusis		Parramatta	
13	40311 Cormac Morrison		Northern Suburbs	

## Event 8 Girls U 11 - Shot Put (2.0 Kg) (16)

Region: 12.71m 17/02/2007 Samantha Farrant				
State: 14.07m 18/03/2007 Filoi Aokuso				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	2085 Maddison Kernaghan		Parramatta	
2	9678 Elisabeth Pulis		Manly Warringah	
3	614 Sienna Rowe		Nth Rocks Carlin	
4	477 Aoife Murdock		Nth Rocks Carlin	
5	10101 Alice Hancock		Manly Warringah	
6	34906 Annabelle Stewart		Ku-Ring-Gai	
7	9375 Scarlett Duddle		Hornsby	
8	9684 Octavia Williams		Manly Warringah	
9	129 Tayla Moore		Cherrybrook	
10	34755 Gemma McIntosh		Ku-Ring-Gai	
11	186 Madison Clarke		Cherrybrook	
12	2089 Amelia Shepherd		Parramatta	
13	10826 Matilda Lemckert		Northern Distric	
14	9367 Zoe Tamsett		Hornsby	
15	549 Rithaja Sankaran		Nth Rocks Carlin	
16	888 Emily Govers		Northern Suburbs	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Field Events****Event 9 Boys U 17 - Shot Put (5.0 Kg) (12)**

**Region:** 16.18m 16/02/2013 Tyson Davis  
**State:** 17.89m 24/03/2012 Tepai Moeroa

**Pos Name Age Centre Seed Mark**

**Flight 1 of 1 Final**

1	40868 Jett Tall		Ryde	
2	43330 Alexander Norris		Manly Warringah	
3	40206 Stuart Downie		Northern Suburbs	
4	48984 Jack McFadden		Ku-Ring-Gai	
5	43068 ryan crane		Manly Warringah	
6	40570 Elie Shehadie		Parramatta	
7	43202 Charlie Hamill		Manly Warringah	
8	43552 Benjamin McNamara		Northern Distric	
9	40721 Anthony Shahlia		Nth Rocks Carlin	
10	40704 Daniel Menin		Parramatta	
11	49228 Arthur Ziogas		Nth Rocks Carlin	
12	40210 Matthew Butler		Northern Suburbs	

**Event 10 Girls U 9 - High Jump (S/H 0.85m) (16)**

**Region:** 1.25m 15/02/2014 Cayla Phillips  
**State:** 1.39m 24/03/2012 Tomysha Clark

**Pos Name Age Centre Seed Mark**

**Flight 1 of 1 Final**

1	35002 Isla Stewart		Ku-Ring-Gai	
2	9850 Grace McCreery		Manly Warringah	
3	9645 Erin Dunne		Manly Warringah	
4	885 Sarah Clemens		Northern Suburbs	
5	34805 Alicia Endicott		Ku-Ring-Gai	
6	2508 Chloe McGregor		Ryde	
7	10087 Belinda Matthews		Manly Warringah	
8	34608 Evita Saravanja		Ku-Ring-Gai	
9	9527 Kate Hall		Hornsby	
10	634 Alison Hubbard		Nth Rocks Carlin	
11	10711 Alyssa Holmes		Northern Distric	
12	851 Lila McDermott		Northern Suburbs	
13	2012 Charlotte Butler		Parramatta	
14	2160 Melevea Mokofisi		Parramatta	
15	9486 Stella Marmora		Hornsby	
16	9737 Sienna Evans		Manly Warringah	

**Event 11 Girls U 15 - High Jump (S/H 1.25m) (5)**

**Region:** 1.75m 16/02/2008 Amy Pejkoivic  
**State:** 1.80m 16/03/2008 Amy Pejkoivic

**Pos Name Age Centre Seed Mark**

**Flight 1 of 1 Final**

1	40163 Sophie Kavanagh		Nth Rocks Carlin	
2	43123 Isobel Elkan		Manly Warringah	
3	43104 Emily Smith		Manly Warringah	
4	40340 Sophie Anderson		Northern Suburbs	
5	40735 Adria McAndrew		Ryde	

**Event 12 Boys U 10 - Long Jump (16)**

**Region:** 4.84m 11/02/2017 Dylan Hall  
**State:** 5.17m 16/03/1980 Martin Moore

**Pos Name Age Centre Seed Mark**

**Flight 1 of 1 Final**

1	882 Jude Lumley		Northern Suburbs	
2	748 Matteo Shipman		Northern Suburbs	
3	173 Joel Moresi		Cherrybrook	
4	10363 Joel Daily		Mosman	
5	133 Lachlan Booth		Cherrybrook	
6	34713 Jack Proctor		Ku-Ring-Gai	
7	10389 Jeffrey Benoliel		Mosman	
8	34884 Gerhardus Burger		Ku-Ring-Gai	
9	10801 Thomas Scodellaro		Northern Distric	
10	2717 Samuel Wheeler		Ryde	
11	9688 Fredrick Chidambaram		Manly Warringah	
12	10388 Daniel Benoliel		Mosman	
13	9666 Zac Gedz		Manly Warringah	
14	555 Joshua Tilt		Nth Rocks Carlin	
15	34727 Jimmy Thebridge		Ku-Ring-Gai	
16	802 KaiZhe Tan		Northern Suburbs	

**Event 13 Boys U 17 - Long Jump (15)**

**Region:** 6.68m 13/02/2016 Willson Lowe  
**State:** 7.28m 18/03/2017 Alex Willett

**Pos Name Age Centre Seed Mark**

**Flight 1 of 1 Final**

1	43119 David Wingham		Manly Warringah	
2	40868 Jett Tall		Ryde	
3	43540 Liam Oliver		Northern Distric	
4	40853 Samuel Galati		Ryde	
5	43061 Ryan Marshall		Manly Warringah	
6	43517 Cameron Ross-Egarr		Northern Distric	
7	40680 Jordan Metcalfe		Parramatta	
8	40064 Joshua Coppolelli		Cherrybrook	
9	40066 Devan Senasinghe		Cherrybrook	
10	48900 Connor Bond		Ku-Ring-Gai	
11	40008 Jonathan Reid		Cherrybrook	
12	43200 Stephen Gilbert		Manly Warringah	
13	40297 Kyle Fisher		Northern Suburbs	
14	43100 Billy Bakker		Manly Warringah	
15	40729 Alexander Mina		Parramatta	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Field Events

## Event 14 Boys U 14 - Triple Jump (13)

Region:	13.27m	1996	D Geddes
State:	13.48m	17/03/1996	David Geddes

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	40313 Julian Lee		Northern Suburbs		
2	52520 Lance Haffenden		Cherrybrook		
3	42938 Jack Taylor		Hornsby		
4	43428 Oliver Roberts		Mosman		
5	42943 Timothy Forster		Hornsby		
6	43029 Charlie Bowtell		Manly Warringah		
7	43161 Evan Neal		Manly Warringah		
8	43021 Justin George		Manly Warringah		
9	40594 Davide Rossetto		Parramatta		
10	40155 Joshua Tse		Nth Rocks Carlin		
11	43117 Lachlan Binnekamp		Manly Warringah		
12	40882 Rory Davison		Ryde		
13	40259 Max Milani		Northern Suburbs		

## Event 15 Girls U 10 - Discus (500 Gram) (16)

Region:	34.57m	18/02/2006	Taylah Sengul
State:	37.22m	16/03/1985	Michelle Haage

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	10374 Sally Fainga'anuku		Mosman		
2	9686 Gabriela Andrijic		Manly Warringah		
3	10372 Fiorella Collins		Mosman		
4	34791 Summer Mudadu		Ku-Ring-Gai		
5	2652 Mikayla Duncombe		Ryde		
6	10060 Lara Atherton		Manly Warringah		
7	187 Mia Stewart		Cherrybrook		
8	425 Kara Hazon		Nth Rocks Carlin		
9	107 Natasha Flahey		Cherrybrook		
10	423 Rachel Fenson		Nth Rocks Carlin		
11	10251 Sophie Hyne-Jones		Manly Warringah		
12	9736 Michaela Dickinson		Manly Warringah		
13	9585 Eden Herring		Hornsby		
14	34646 Nehara De Mel		Ku-Ring-Gai		
15	10888 Kyrrah McMahon		Northern Distric		
16	628 Brinleigh Grosvenor		Nth Rocks Carlin		

## Event 16 Girls U 17 - Discus (1.0 Kg) (12)

Region:	39.36m	16/02/2013	Maddy Bergfield
State:	48.65m	17/02/2012	Taylah Sengul

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	43150 Amy Polikowski		Manly Warringah		
2	40580 Chanel El-Chaar		Parramatta		
3	40698 Kate Peterson		Parramatta		
4	40097 Scarlett Prowse		Cherrybrook		
5	40226 Bronte Hodson		Northern Suburbs		
6	43297 Emily Hatfield		Manly Warringah		
7	43030 Freya Carley		Manly Warringah		
8	40324 Hannah Morgan		Northern Suburbs		
9	48944 Saskia Scholle		Ku-Ring-Gai		
10	52518 Victoria Cullen		Cherrybrook		
11	52299 Jada Powell		Ku-Ring-Gai		
12	40836 Sophie Boland		Ryde		

## Event 17 Girls U 11 - Javelin (400 Gram) (16)

Region:	23.70m	17/02/2018	Isabelle Cruickshank
State:	28.94m	19/03/2017	Rachel Bardney

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	9678 Elisabeth Pulis		Manly Warringah		
2	9367 Zoe Tamsett		Hornsby		
3	549 Rithaja Sankaran		Nth Rocks Carlin		
4	10826 Matilda Lemckert		Northern Distric		
5	129 Tayla Moore		Cherrybrook		
6	10101 Alice Hancock		Manly Warringah		
7	2089 Amelia Shepherd		Parramatta		
8	9377 Jessica Pearson		Hornsby		
9	888 Emily Govers		Northern Suburbs		
10	34906 Annabelle Stewart		Ku-Ring-Gai		
11	778 Grace Harkin		Northern Suburbs		
12	2663 Adriana Prizmic		Ryde		
13	34750 Siobhan Chung		Ku-Ring-Gai		
14	9684 Octavia Williams		Manly Warringah		
15	9815 Sophie Dix		Manly Warringah		
16	855 Sophie Quinnell		Northern Suburbs		

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Field Events****Event 18 Boys U 11 - Shot Put (2.0 Kg) (16)**

<b>Region: 13.37m 15/02/2014 Daniel Menin</b>				
<b>State: 14.42m 19/03/2011 Payne Haas</b>				
<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	2642 Harry Jordan		Ryde	
2	500 Thomas Schneider		Nth Rocks Carlin	
3	2094 Lachlan Waldron		Parramatta	
4	2014 Terry Koinusis		Parramatta	
5	10137 Toby Hall		Manly Warringah	
6	10642 Ashton Clarke		Mosman	
7	34614 Tyson Neal		Ku-Ring-Gai	
8	2057 Ethan Hemakumara		Parramatta	
9	10854 Harper Enasio		Northern Distric	
10	10332 Finn Pereira		Mosman	
11	9419 Philip Milton		Hornsby	
12	9661 William Seve		Manly Warringah	
13	175 Will Vella		Cherrybrook	
14	10224 Ethan Grimshaw		Manly Warringah	
15	10309 Hamish Barnes		Mosman	
16	879 Dominic Lee		Northern Suburbs	

**Event 19 Girls U 14 - Shot Put (3.0 Kg) (13)**

<b>Region: 14.67m 27/02/2010 Taylah Sengul</b>				
<b>State: 15.94m 22/03/2013 Grace Robinson</b>				
<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	48954 Brianna Worsfold		Ku-Ring-Gai	
2	40607 Elianna Hemakumara		Parramatta	
3	43561 Ella Gibbons		Northern Distric	
4	40745 Bronte Dahlen		Ryde	
5	43047 Livinia Williams		Manly Warringah	
6	49022 Felicity Stewart		Ku-Ring-Gai	
7	40717 Thinaya Jayasinghe		Parramatta	
8	40128 Caitlin Waldron		Nth Rocks Carlin	
9	43074 Caitlin Dickinson		Manly Warringah	
10	43538 Abbey Le Lievre		Northern Distric	
11	43151 Emma Polikowski		Manly Warringah	
12	43258 Elise Couper		Manly Warringah	
13	40117 Monique Brown		Nth Rocks Carlin	

**Event 20 Girls U 11 - High Jump (S/H 1.05m) (13)**

<b>Region: 1.48m 1995 S Lingard</b>				
<b>State: 1.55m 22/03/2014 Tomysha Clark</b>				
<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	817 Annika Boys		Northern Suburbs	
2	456 Chloe Leivesley		Nth Rocks Carlin	
3	9692 Felisa Gonzalo		Manly Warringah	
4	10299 Tamika Cassidy		Mosman	
5	34709 Estelle O'Regan		Ku-Ring-Gai	
6	10306 Grace Townsend		Mosman	
7	861 Isabella Longley		Northern Suburbs	
8	9846 Ava Black		Manly Warringah	
9	10105 Summer Williamson		Manly Warringah	
10	2664 Kristina Prizmic		Ryde	
11	424 Lani Khiroya		Nth Rocks Carlin	
12	9684 Octavia Williams		Manly Warringah	
13	758 Grace Bosly		Northern Suburbs	

**Event 21 Girls U 13 - High Jump (S/H 1.20m) (16)**

<b>Region: 1.63m 1995 A Carpenter</b>				
<b>State: 1.80m 22/03/1987 Sonja Wenekes</b>				
<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	40876 Krishani Coffin		Ryde	
2	40900 Aliana Moala		Ryde	
3	48995 Claudia Endicott		Ku-Ring-Gai	
4	48920 Caitlin Burgess		Ku-Ring-Gai	
5	40014 Charlotte Blair		Cherrybrook	
6	40091 Viktorija Calusic		Cherrybrook	
7	43170 Charlotte Watton		Manly Warringah	
8	43556 Natasha Tindale		Northern Distric	
9	48957 Taya Yerbury		Ku-Ring-Gai	
10	40011 Nicole McCrostie		Cherrybrook	
11	43535 Shayla Gleeson		Northern Distric	
12	43380 Opal Bird		Mosman	
13	40661 Chloe Krklinski		Parramatta	
14	43287 Amelia Daniel		Manly Warringah	
15	40274 Mia Marshall		Northern Suburbs	
16	48933 Olivia Lee-Jackson		Ku-Ring-Gai	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Field Events**

**Event 22 Girls U 12 - Long Jump (16)**

<b>Region: 5.02m 1994 D Kearney</b>				
<b>State: 5.42m 16/03/1986 Tracy Blackburn</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40672 Olivia Sassen		Parramatta	
2	48935 Sarah Lovell		Ku-Ring-Gai	
3	40820 Miah O'Shea		Ryde	
4	48921 Emelie Coe		Ku-Ring-Gai	
5	42994 Cassidy McArthur		Hornsby	
6	40807 Isabella Azizi		Ryde	
7	43401 Sofia Fedirchuk		Mosman	
8	48902 Samara Bond		Ku-Ring-Gai	
9	40235 Eve Rothwell		Northern Suburbs	
10	43292 Sophia Fouche		Manly Warringah	
11	43002 Madison Mitchell		Hornsby	
12	40141 Eliza Matthews		Nth Rocks Carlin	
13	40161 Anesha Busingye		Nth Rocks Carlin	
14	43402 Claudia Healey		Mosman	
15	43044 Kaia Taikato		Manly Warringah	
16	40230 Annika Lee		Northern Suburbs	

**Event 23 Boys U 12 - Long Jump (16)**

<b>Region: 5.66m 21/02/2004 Martin Stonis</b>				
<b>State: 5.86m 17/03/1996 Michael Doggett</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	48914 Caleb Ashton		Ku-Ring-Gai	
2	40096 Marco Boccaletti		Cherrybrook	
3	40301 Will Morahan		Northern Suburbs	
4	40775 Owen Chandler		Ryde	
5	40241 Mitchell Healy		Northern Suburbs	
6	48931 Lucas Kwan		Ku-Ring-Gai	
7	48939 Boston Penfold		Ku-Ring-Gai	
8	40312 Llewyn Morrison		Northern Suburbs	
9	43107 Harry Sexton		Manly Warringah	
10	49005 Dylan Hall		Ku-Ring-Gai	
11	40261 James Archer		Northern Suburbs	
12	43421 Brody Folkes		Mosman	
13	43054 Jasper Scamps-Magro		Manly Warringah	
14	43332 Hunter Stark		Manly Warringah	
15	40137 Finn Parlevliet		Nth Rocks Carlin	
16	43043 Joshua Smith		Manly Warringah	

**Event 24 Girls U 17 - Triple Jump (20)**

<b>Region: 11.88m 13/02/2016 Maya Leverett</b>				
<b>State: 12.52m 31/01/2016 Jasmine Fountas</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40751 Mikaela Bruntsch		Ryde	
2	40636 Maysa Sakr		Parramatta	
3	49224 Lauren Goodacre		Nth Rocks Carlin	
4	40810 Sarah Brown		Ryde	
5	40902 Tarsha Wayne		Ryde	
6	40232 Annika Lynch		Northern Suburbs	
7	40731 Alyssa Lowe		Ryde	
8	42507 Alexandra York		Northern Suburbs	
9	40349 Greta Andrews		Northern Suburbs	
10	49341 Genevieve McKeown		Nth Rocks Carlin	
11	43067 Jessica Smith		Manly Warringah	
12	43221 Ashley Hanna		Manly Warringah	
13	43157 Jasmine Bonomi		Manly Warringah	
14	40267 Lauren Brown		Northern Suburbs	
15	40783 Maxine Mannasz		Ryde	
16	43424 Laura Quinn		Mosman	
17	40568 Tahlia Foye		Parramatta	
18	42945 Danielle Osifo		Hornsby	
19	43318 Jessica Tallentire		Manly Warringah	
20	43030 Freya Carley		Manly Warringah	

**Event 25 Girls U 8 - Discus (500 Gram) (16)**

<b>Region: 24.09m 21/02/2004 Taylah Sengul</b>				
<b>State: 24.42m 23/11/2003 Taylah Sengul</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	34708 Cacia Charles		Ku-Ring-Gai	
2	188 Sian Stewart		Cherrybrook	
3	2007 Edan-Grace El-Chaar		Parramatta	
4	10695 Maddison Barratt		Northern Distric	
5	833 Zara Drinkwater		Northern Suburbs	
6	728 Miranda Burns		Northern Suburbs	
7	10092 Caitlyn Power		Manly Warringah	
8	34803 Sienna Vassella		Ku-Ring-Gai	
9	34612 Annika Henry		Ku-Ring-Gai	
10	9792 Zsa Zsa Burke		Manly Warringah	
11	752 Rachel Carpenter		Northern Suburbs	
12	10468 Elizabeth Fainga'anuku		Mosman	
13	34715 Ellana Ross		Ku-Ring-Gai	
14	9753 Charlie Collins		Manly Warringah	
15	418 Ella Hazon		Nth Rocks Carlin	
16	10742 Jennifer Toynbee		Northern Distric	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Field Events

## Event 26 Boys U 8 - Shot Put (1.5 Kg) (16)

Region: 9.58m 19/02/2011 Daniel Manin				
State: 10.98m 6/03/2011 Blake Toohey				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	2113 Marcus Du		Parramatta	
2	677 Noah Collier		Nth Rocks Carlin	
3	9363 Joel Ramsay		Hornsby	
4	9441 Rahul Maheswaran		Hornsby	
5	9484 Daniel Sims		Hornsby	
6	2003 Lucas Ajaka		Parramatta	
7	9675 Ludvig Persson		Manly Warringah	
8	777 Samuel Carden		Northern Suburbs	
9	242 Archibald Darby		Cherrybrook	
10	34885 Gustav Burger		Ku-Ring-Gai	
11	2212 Kai Henry		Parramatta	
12	34606 Owen Holbert		Ku-Ring-Gai	
13	9726 William King		Manly Warringah	
14	9790 Tawa-Inka Campos		Manly Warringah	
15	34615 Jacoby Neal		Ku-Ring-Gai	
16	135 Jett Cuza		Cherrybrook	

## Event 27 Boys U 9 - Shot Put (2.0 Kg) (15)

Region: 9.82m 18/02/2012 Daniel Menin				
State: 11.33m 20/03/1999 Jamal Idris				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	10127 Byron Borchert		Manly Warringah	
2	9660 Angus Seve		Manly Warringah	
3	9650 Ewan Keep		Manly Warringah	
4	2830 Ben Finnane		Ryde	
5	856 Lachlan Quinnell		Northern Suburbs	
6	588 Matthew Lawrence		Nth Rocks Carlin	
7	9794 Finn Bailey		Manly Warringah	
8	10667 Hugo Bragg		Mosman	
9	132 Isaac Lai		Cherrybrook	
10	34835 Euan Iah		Ku-Ring-Gai	
11	913 Benjamin Govers		Northern Suburbs	
12	2214 Vinuka Kankanige		Parramatta	
13	10855 Saia Enasio		Northern Distric	
14	9444 Hamish Collins		Hornsby	
15	34654 Oliver Fisher		Ku-Ring-Gai	

## Event 28 Boys U 13 - Javelin (600 Gram) (16)

Region: 42.98m 17/02/2007 Elliot Lang				
State: 48.80m 18/03/2007 Shane Nicholls				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40182 Liam Price		Nth Rocks Carlin	
2	43284 Gabriel Bertozzi		Manly Warringah	
3	43386 Oliver Ludgate		Mosman	
4	48945 Felix Scholle		Ku-Ring-Gai	
5	40579 Marcus Adam El-Chaa		Parramatta	
6	40671 Lucas Sassen		Parramatta	
7	42980 William Tye		Hornsby	
8	42999 Thomas Whalan		Hornsby	
9	43298 Mitchell Hatfield		Manly Warringah	
10	43110 Brendan Markey		Manly Warringah	
11	40200 Lachlan Tilt		Nth Rocks Carlin	
12	40245 Joseph Harkin		Northern Suburbs	
13	43373 Finnlay Bartlett		Mosman	
14	48932 Samuel Langridge		Ku-Ring-Gai	
15	40236 Charlie Roughan		Northern Suburbs	
16	40829 Ivan Prizmic		Ryde	

## Event 29 Boys U 14 - High Jump (S/H 1.30m) (13)

Region: 1.85m 1999 J Watson				
State: 1.95m 20/03/1994 Justin Hathway				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	49220 Rory Wilson		Nth Rocks Carlin	
2	40884 Jeremy Plummer		Ryde	
3	43029 Charlie Bowtell		Manly Warringah	
4	43084 Finn Bellerby		Manly Warringah	
5	40683 Lachlan Roberts		Parramatta	
6	40638 Nicholas Layton		Parramatta	
7	40888 Owen Douglas		Ryde	
8	40848 George Srouer		Ryde	
9	43457 Jonathan Chan		Mosman	
10	40333 Arav Sathyan		Northern Suburbs	
11	43161 Evan Neal		Manly Warringah	
12	52520 Lance Haffenden		Cherrybrook	
13	40594 Davide Rossetto		Parramatta	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Field Events

## Event 30 Boys U 17 - High Jump (S/H 1.35m) (16)

Region: 2.05m 27/02/2010 Brendan Starc				
State: 2.10m 20/03/2010 Brandon Starc				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40857 Raef Skala		Ryde	
2	43202 Charlie Hamill		Manly Warringah	
3	43341 Felix Scott		Mosman	
4	40309 Martin Leerberg		Northern Suburbs	
5	43540 Liam Oliver		Northern Distric	
6	43068 ryan crane		Manly Warringah	
7	40850 George Davis		Ryde	
8	40107 Campbell Johnson		Cherrybrook	
9	40753 Owen Mickan		Ryde	
10	40297 Kyle Fisher		Northern Suburbs	
11	43100 Billy Bakker		Manly Warringah	
12	43200 Stephen Gilbert		Manly Warringah	
13	43061 Ryan Marshall		Manly Warringah	
14	40613 Michael Foote		Parramatta	
15	40729 Alexander Mina		Parramatta	
16	40853 Samuel Galati		Ryde	

## Event 31 Girls U 8 - Long Jump (16)

Region: 3.65m 1995 A Kerr				
State: 4.17m 2/03/1986 Danya Kerr				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	317 Gabriella Oimage		Cherrybrook	
2	9792 Zsa Zsa Burke		Manly Warringah	
3	418 Ella Hazon		Nth Rocks Carlin	
4	765 Annah Bratton		Northern Suburbs	
5	169 Anna Moresi		Cherrybrook	
6	10070 Emma Kramer		Manly Warringah	
7	9506 Anna Tye		Hornsby	
8	9722 Cassia McLean		Manly Warringah	
9	10473 Holly Tweedale		Mosman	
10	34803 Sienna Vassella		Ku-Ring-Gai	
11	34708 Cacia Charles		Ku-Ring-Gai	
12	2002 Olivia Loring		Parramatta	
13	244 Pippa Burke		Cherrybrook	
14	188 Sian Stewart		Cherrybrook	
15	2519 Jacqueline Pawsey		Ryde	
16	34782 Gemma Dixon		Ku-Ring-Gai	

## Event 32 Girls U 10 - Long Jump (16)

Region: 4.54m 21/02/2004 Courtney Cross				
State: 4.75m 24/03/1991 Rosemary Hayward				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	9386 Makayla Ariyan		Hornsby	
2	759 Annabelle Twyman		Northern Suburbs	
3	34777 Olivia Achike		Ku-Ring-Gai	
4	10773 Aniela Knight		Northern Distric	
5	9391 Alice Lyng		Hornsby	
6	10129 Sofia Ehnbom		Manly Warringah	
7	34837 Matilda Harrison		Ku-Ring-Gai	
8	10072 Tayah Rubes		Manly Warringah	
9	2533 Olivia Sidhu		Ryde	
10	10382 Charlotte McWilliam		Mosman	
11	9585 Eden Herring		Hornsby	
12	249 Sophie Durheim		Cherrybrook	
13	2497 Emilia Webb		Ryde	
14	34908 Chanel Charles		Ku-Ring-Gai	
15	203 Ruby Semaganda		Cherrybrook	
16	2001 Jessica Loring		Parramatta	

## Event 33 Girls U 15 - Triple Jump (13)

Region: 11.67m 17/02/2018 Alexandra York				
State: 12.42m 21/03/2004 Alyisha House				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43506 Ella Hoschke		Northern Distric	
2	40126 Sofia Gately		Nth Rocks Carlin	
3	40124 Lily Tilt		Nth Rocks Carlin	
4	40735 Adria McAndrew		Ryde	
5	40199 Alessandra Primrose		Nth Rocks Carlin	
6	40787 Eliza DaSilva		Ryde	
7	40249 Angela Asikin		Northern Suburbs	
8	40053 Anna Kely		Cherrybrook	
9	43123 Isobel Elkan		Manly Warringah	
10	40340 Sophie Anderson		Northern Suburbs	
11	40202 Emily Gathercole		Nth Rocks Carlin	
12	43257 Jessica Bryant		Manly Warringah	
13	40163 Sophie Kavanagh		Nth Rocks Carlin	



## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Saturday Field Events

## Event 34 Boys U 10 - Discus (500 Gram) (16)

Region: 39.76m 1999 Christopher Bassett			
State: 43.20m 19/03/1983 Jason Amberger			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	9354 Luke Photios		Hornsby
2	9547 Campbell Whalan		Hornsby
3	587 Benjamin Lawrence		Nth Rocks Carlin
4	10366 Harvey Matheson		Mosman
5	748 Matteo Shipman		Northern Suburbs
6	2598 Luke Moscos		Ryde
7	34644 Rian Connors		Ku-Ring-Gai
8	10135 Thomas Greenaway		Manly Warringah
9	10103 Finnlay Daly		Manly Warringah
10	739 Zak Evans		Northern Suburbs
11	34604 Lucca Holbert		Ku-Ring-Gai
12	9707 Lachlan Dawson		Manly Warringah
13	581 Joshua Reynolds		Nth Rocks Carlin
14	10139 William Kisby		Manly Warringah
15	10370 Hugh Taylor		Mosman
16	133 Lachlan Booth		Cherrybrook

## Event 35 Boys U 15 - Shot Put (4.0 Kg) (11)

Region: 17.44m 1995 P Elvy			
State: 19.62m 18/03/2011 Tepai Moeroa			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	49233 Tate Mahony		Nth Rocks Carlin
2	43010 Raff DeStradis		Hornsby
3	40720 Alex Shahla		Nth Rocks Carlin
4	40832 Anthony Feng		Ryde
5	43051 Lachlan Farquhar		Manly Warringah
6	43145 Archie Saunders		Manly Warringah
7	43097 Byron Bakker		Manly Warringah
8	43210 Fredrik Hancock		Manly Warringah
9	40151 Lachlan Schneider		Nth Rocks Carlin
10	40222 Maxi Zihlmann		Northern Suburbs
11	43009 Domenico DeStradis		Hornsby

## Event 36 Girls U 9 - Shot Put (2.0 Kg) (15)

Region: 8.59m 17/02/2018 Tayla Moore			
State: 9.23m 1/03/2014 Maliyah Osbaldiston			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	2703 Annalise Boland		Ryde
2	34652 Sophie Farrell		Ku-Ring-Gai
3	113 Heidi Vercoe		Cherrybrook
4	409 Evana Butler		Nth Rocks Carlin
5	851 Lila McDermott		Northern Suburbs
6	34950 Harriet Anderson		Ku-Ring-Gai
7	9735 Millie Buxton		Manly Warringah
8	2505 Ava Greig		Ryde
9	770 Juliette Harvey		Northern Suburbs
10	750 Alaska Durie		Northern Suburbs
11	105 Nisini RajapakshaMudiya		Cherrybrook
12	2090 Kate Shepherd		Parramatta
13	9679 Jessica Pulis		Manly Warringah
14	34658 Chelsea Forte		Ku-Ring-Gai
15	9340 Tara Gilkeson		Hornsby

## Event 37 Girls U 14 - Javelin (400 Gram) (16)

Region: 38.01m 13/02/2016 Amie Bowrey			
State: 52.23m 18/03/2017 Lianna Davidson			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	40628 Katelyn Johnson		Parramatta
2	40115 Zoe Parlevliet		Nth Rocks Carlin
3	40146 Isabelle Nilon		Nth Rocks Carlin
4	40132 Jasmine Khiroya		Nth Rocks Carlin
5	40607 Elianna Hemakumara		Parramatta
6	40699 Jessica Peterson		Parramatta
7	43151 Emma Polikowski		Manly Warringah
8	40668 Nicole Pitchfork		Parramatta
9	43312 Tara Laytham		Manly Warringah
10	49022 Felicity Stewart		Ku-Ring-Gai
11	48992 Alice MacNamara		Ku-Ring-Gai
12	40128 Caitlin Waldron		Nth Rocks Carlin
13	40117 Monique Brown		Nth Rocks Carlin
14	43561 Ella Gibbons		Northern Distric
15	43507 Sarah Hughes-Narboro		Northern Distric
16	43074 Caitlin Dickinson		Manly Warringah

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Saturday Field Events**

**Event 38 Boys U 8 - Long Jump (16)**

<b>Region: 4.01m 1999 Michael Oldfield</b>				
<b>State: 4.24m 22/02/1987 Steven Grant</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	9655 Rhys Kirby		Manly Warringah	
2	9363 Joel Ramsay		Hornsby	
3	9675 Ludvig Persson		Manly Warringah	
4	34846 James Atkins		Ku-Ring-Gai	
5	34891 Oscar Girard		Ku-Ring-Gai	
6	755 James Mikan		Northern Suburbs	
7	34705 Magnus Myhre Fox		Ku-Ring-Gai	
8	552 Alexander Song		Nth Rocks Carlin	
9	2564 Liam Martin		Ryde	
10	127 Rohan Sharma		Cherrybrook	
11	34762 Oscar Zylberberg		Ku-Ring-Gai	
12	777 Samuel Carden		Northern Suburbs	
13	845 Kyan Seale		Northern Suburbs	
14	10802 William Scodellaro		Northern Distric	
15	9726 William King		Manly Warringah	
16	2490 Ethan Varghese		Ryde	

**Event 39 Girls U 14 - Long Jump (16)**

<b>Region: 5.42m 1991 B Scott</b>				
<b>State: 5.87m 18/03/2017 Tomysha Clark</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43315 Kelsey Smit		Manly Warringah	
2	40576 Emily Uslu		Parramatta	
3	40790 Mikayla Kelleher		Ryde	
4	43195 Olivia Inkster		Manly Warringah	
5	43223 Sophie Hanna		Manly Warringah	
6	40277 Alexandra Dransfield		Northern Suburbs	
7	48901 Sienna Bond		Ku-Ring-Gai	
8	40628 Katelyn Johnson		Parramatta	
9	40132 Jasmine Khiroya		Nth Rocks Carlin	
10	48954 Brianna Worsfold		Ku-Ring-Gai	
11	40696 Chanelle Maikhael		Parramatta	
12	43507 Sarah Hughes-Narboro		Northern Distric	
13	40756 Lily Watkins		Ryde	
14	40104 Abigail Oimage		Cherrybrook	
15	49354 Arpita Poudel		Nth Rocks Carlin	
16	40176 Shirlene Su		Nth Rocks Carlin	

**Event 40 Boys U 11 - Triple Jump (16)**

<b>Region: 10.29m 1993 D Geddes</b>				
<b>State: 11.06m 27/03/1993 David Geddes</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	9352 Amos Mashiah		Hornsby	
2	10331 Ben Jones		Mosman	
3	2094 Lachlan Waldron		Parramatta	
4	9681 Oliver Sanbrook		Manly Warringah	
5	9696 Wilber Kingma		Manly Warringah	
6	740 Cadel Holmes		Northern Suburbs	
7	34614 Tyson Neal		Ku-Ring-Gai	
8	9364 Lachlan Blackwell		Hornsby	
9	879 Dominic Lee		Northern Suburbs	
10	10174 Jackson Twells		Manly Warringah	
11	9641 Leo Robinson		Manly Warringah	
12	260 Ryan Pan		Cherrybrook	
13	34610 Kai Herbert		Ku-Ring-Gai	
14	605 Ethan Fajemisin		Nth Rocks Carlin	
15	9457 Nicholas Kachel		Hornsby	
16	516 Lewis Wong		Nth Rocks Carlin	

**Event 41 Boys U 12 - Discus (750 Gram) (16)**

<b>Region: 44.04m 1993 S Novkovic</b>				
<b>State: 52.43m 16/03/2002 Emanuele Fuamatu</b>				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40301 Will Morahan		Northern Suburbs	
2	43027 Freddie Benson Sparke		Manly Warringah	
3	40261 James Archer		Northern Suburbs	
4	43522 Kalan Harding		Northern Distric	
5	40241 Mitchell Healy		Northern Suburbs	
6	40869 Jaykay Rauqe		Ryde	
7	40059 Samuel Condon		Cherrybrook	
8	48926 Tom Haslam		Ku-Ring-Gai	
9	48959 Daniel Lawrence		Ku-Ring-Gai	
10	40712 Ryan Croan		Parramatta	
11	43019 Ruann Eksteen		Manly Warringah	
12	43291 Lucas Saxby		Manly Warringah	
13	40285 Benjamin Heytman		Northern Suburbs	
14	43060 Orlando Grinbergs		Manly Warringah	
15	48939 Boston Penfold		Ku-Ring-Gai	
16	40574 Michael Ajaka		Parramatta	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Field Events****Event 42 Girls U 13 - Shot Put (3.0 Kg) (16)**

Region: 14.23m 22/02/2009 Taylah Sengul  
 State: 14.95m 24/03/2012 Grace Robinson

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	40900 Aliana Moala		Ryde	
2	48957 Taya Yerbury		Ku-Ring-Gai	
3	43454 Ella Moy-Watson		Mosman	
4	40065 Jessica Coppolelli		Cherrybrook	
5	40167 Olivia Radford		Nth Rocks Carlin	
6	43205 Tahlia O'Brien		Manly Warringah	
7	40823 Maddison Duncombe		Ryde	
8	40891 Natasha Fairhall		Ryde	
9	49234 Skye Mahony		Nth Rocks Carlin	
10	40839 Kate Wheeler		Ryde	
11	48920 Caitlin Burgess		Ku-Ring-Gai	
12	43535 Shayla Gleeson		Northern Distric	
13	48930 Orlaith Keogh		Ku-Ring-Gai	
14	48943 Phoebe Riley		Ku-Ring-Gai	
15	48938 Isabel Ozinga		Ku-Ring-Gai	
16	43042 Natasha Poschalk		Manly Warringah	

**Event 43 Girls U 12 - Javelin (400 Gram) (17)**

Region: 30.70m 15/02/2014 Amie Bowrey  
 State: 34.42m 21/03/2015 Lianna Davidson

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	40732 Jessica Johnston		Ryde	
2	48946 Summer Sivaraj		Ku-Ring-Gai	
3	43325 Catrine Atherton		Manly Warringah	
4	40773 Lara Boccabella		Ryde	
5	43520 Elise Oliver		Northern Distric	
6	43111 Jayde Root		Manly Warringah	
7	40757 Claudia Barlow		Ryde	
8	40145 Amelia Nagy		Nth Rocks Carlin	
9	43226 Heidi Williams		Manly Warringah	
10	40871 Sienna Beram		Ryde	
11	40772 Amelia Boccabella		Ryde	
12	40348 Ruby Perkins		Northern Suburbs	
13	40828 April Howison		Ryde	
14	43534 Sienna Gleeson		Northern Distric	
15	49027 Sienna Brett		Ku-Ring-Gai	
16	40578 Emma Blume		Parramatta	
17	40625 Macda Berhane		Parramatta	

**Event 44 Girls U 11 - Triple Jump (15)**

Region: 10.18m 19/02/2011 Tiana Jaber  
 State: 10.38m 21/03/2004 Rebecca Mounsey

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	10813 Chloe Rienits		Northern Distric	
2	424 Lani Khiroya		Nth Rocks Carlin	
3	835 Lola Jones		Northern Suburbs	
4	796 Chloe Goddard		Northern Suburbs	
5	9692 Felisa Gonzalo		Manly Warringah	
6	776 Aqua Fisher		Northern Suburbs	
7	2607 Charlotte Nagle		Ryde	
8	2010 Charlotte Mear		Parramatta	
9	10739 Charlotte Toynbee		Northern Distric	
10	2518 Zara Pawsey		Ryde	
11	2765 Talia Coffin		Ryde	
12	2079 Tahlia Butcher		Parramatta	
13	139 Amy Timms		Cherrybrook	
14	9729 Sienna Kupceric		Manly Warringah	
15	9687 Laura Bell		Manly Warringah	

**Event 45 Girls U 15 - Discus (1.0 Kg) (11)**

Region: 46.12m 14/02/2015 Kristina Moore  
 State: 48.18m 29/11/1995 Katrina Steele

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	43316 Charlise Sully		Manly Warringah	
2	43323 Jessica Manning		Manly Warringah	
3	43120 Lea Hartley		Manly Warringah	
4	49026 Scarlet Brett		Ku-Ring-Gai	
5	40053 Anna Kely		Cherrybrook	
6	42959 Zara Warland		Hornsby	
7	40126 Sofia Gately		Nth Rocks Carlin	
8	40180 Amelia Milat		Nth Rocks Carlin	
9	43346 Amelia Daunt		Mosman	
10	40599 Caitlin Rodriguez		Parramatta	
11	40199 Alessandra Primrose		Nth Rocks Carlin	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Saturday Field Events****Event 46 Girls U 17 - Javelin (500 Gram) (16)**

**Region:** 40.34m 17/02/2018 Brooke East  
**State:** 43.09m 19/03/2016 Madeline Warburton

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40902 Tarsha Wayne		Ryde	
2	40867 Portia Amy-Wilson		Ryde	
3	42942 Jessica Forster		Hornsby	
4	48944 Saskia Scholle		Ku-Ring-Gai	
5	40812 Emily Ralph		Ryde	
6	43067 Jessica Smith		Manly Warringah	
7	43058 Isabelle Charlier		Manly Warringah	
8	40267 Lauren Brown		Northern Suburbs	
9	43523 Prudence Silver		Northern Distric	
10	52518 Victoria Cullen		Cherrybrook	
11	40324 Hannah Morgan		Northern Suburbs	
12	43297 Emily Hatfield		Manly Warringah	
13	40698 Kate Peterson		Parramatta	
14	52309 Mia Hemsworth		Ku-Ring-Gai	
15	40226 Bronte Hodson		Northern Suburbs	
16	40097 Scarlett Prowse		Cherrybrook	

**Event 48 Boys U 13 - Discus (750 Gram) (16)**

**Region:** 48.10m 1994 S Novkovic

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40579 Marcus Adam El-Chaa		Parramatta	
2	40236 Charlie Roughan		Northern Suburbs	
3	40073 William Austin		Cherrybrook	
4	43136 Kyan McDougall		Manly Warringah	
5	43375 Will Matheson		Mosman	
6	40245 Joseph Harkin		Northern Suburbs	
7	43298 Mitchell Hatfield		Manly Warringah	
8	48912 Ewan Allabush		Ku-Ring-Gai	
9	48945 Felix Scholle		Ku-Ring-Gai	
10	43386 Oliver Ludgate		Mosman	
11	40618 Adam Butcher		Parramatta	
12	48932 Samuel Langridge		Ku-Ring-Gai	
13	49011 Flynn Clatworthy		Ku-Ring-Gai	
14	43225 Lukas Muller		Manly Warringah	
15	40338 Daniel White		Northern Suburbs	
16	43098 Brandon Bakker		Manly Warringah	

**Event 47 Boys U 15 - Javelin (700 Gram) (12)**

**Region:** 59.69m 15/02/2014 Cameron McEntyre  
**State:** 59.69m 15/02/2014 Cameron McEntyre

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43530 Ethan Oliver		Northern Distric	
2	43053 Joel Neasmith		Manly Warringah	
3	40218 Darcy Holmes		Northern Suburbs	
4	40056 Farjad Mahmud		Cherrybrook	
5	49233 Tate Mahony		Nth Rocks Carlin	
6	40720 Alex Shahla		Nth Rocks Carlin	
7	43210 Fredrik Hancock		Manly Warringah	
8	40151 Lachlan Schneider		Nth Rocks Carlin	
9	40222 Maxi Zihlmann		Northern Suburbs	
10	Robbie Cullen		Cherrybrook	
11	43009 Domenico DeStradis		Hornsby	
12	43051 Lachlan Farquhar		Manly Warringah	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

**Event 111 Girls U 13 - 80 Metre Hurdles (76cm) (16)**

Region:		12.26	15/02/2015	Mia Hemsworth
State:		12.26	15/02/2015	Mia Hemsworth
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	48938 Isabel Ozinga		Ku-Ring-Gai	
2	40900 Aliana Moala		Ryde	
3	43285 Phoebe Berglund		Manly Warringah	
4	48943 Phoebe Riley		Ku-Ring-Gai	
5	43529 Siobhan McMahon		Northern Distric	
6	42512 Madeleine Gregg		Northern Suburbs	
7	40186 Hayley Reynolds		Nth Rocks Carlin	
8	40661 Chloe Krklinski		Parramatta	
<b>Heat 2 of 2 Heats</b>				
1	40749 Ruby Worrell		Ryde	
2	40024 Tara Webb		Cherrybrook	
3	43001 Lola Dorman		Hornsby	
4	43129 Chloe Dunne		Manly Warringah	
5	43249 Maya Tedder		Manly Warringah	
6	40876 Krishani Coffin		Ryde	
7	43266 Isabel Harris		Manly Warringah	
8	40339 Hannah Anderson		Northern Suburbs	

**Event 112 Boys U 13 - 80 Metre Hurdles (76cm) (15)**

Region:		12.00	5/02/2006	Kane Thompson
State:		12.04	16/03/1997	Ahmed Abou-Mahmoud
State:		12.04	19/03/2000	Ross Roberts
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	43439 Jack Thompson		Mosman	
2	48941 Joshua Riddle		Ku-Ring-Gai	
3	42980 William Tye		Hornsby	
4	40272 Matthew Hunt		Northern Suburbs	
5	40030 Nicholas Bradshaw		Cherrybrook	
6	40236 Charlie Roughan		Northern Suburbs	
7	43225 Lukas Muller		Manly Warringah	
<b>Heat 2 of 2 Heats</b>				
1	43137 Charlie Kanu		Manly Warringah	
2	40338 Daniel White		Northern Suburbs	
3	40288 Evan Venning		Northern Suburbs	
4	40073 William Austin		Cherrybrook	
5	43313 Billy Peek		Manly Warringah	
6	40200 Lachlan Tilt		Nth Rocks Carlin	
7	43298 Mitchell Hatfield		Manly Warringah	
8	43429 Liam Thompson		Mosman	

**Event 113 Girls U 14 - 80 Metre Hurdles (76cm) (12)**

Region:		12.20	2002	Marissa Ward
State:		11.94	19/03/2006	Carly Rodger
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	40576 Emily Uslu		Parramatta	
3	43045 Nina vanderReyden		Manly Warringah	
4	48901 Sienna Bond		Ku-Ring-Gai	
5	43012 Sophie Ross		Manly Warringah	
6	40790 Mikayla Kelleher		Ryde	
7	40157 Chloe White		Nth Rocks Carlin	
<b>Heat 2 of 2 Heats</b>				
2	40277 Alexandra Dransfield		Northern Suburbs	
3	43223 Sophie Hanna		Manly Warringah	
4	48915 Eva Bates		Ku-Ring-Gai	
5	43069 Talia Kupceric		Manly Warringah	
6	43090 Carys GibbonsMaurer		Manly Warringah	
7	49022 Felicity Stewart		Ku-Ring-Gai	

**Event 114 Boys U 14 - 90 Metre Hurdles (76cm) (9)**

Region:		11.90	17/02/2008	Nicholas Hough
State:		12.04	16/03/2008	Nicholas Hough
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	43084 Finn Bellerby		Manly Warringah	
3	43152 Zac Cleary		Manly Warringah	
4	42943 Timothy Forster		Hornsby	
5	43237 Gauthier Sanchez		Manly Warringah	
6	40747 Riley Turkal		Ryde	
<b>Heat 2 of 2 Heats</b>				
3	52520 Lance Haffenden		Cherrybrook	
4	40259 Max Milani		Northern Suburbs	
5	40313 Julian Lee		Northern Suburbs	
6	40813 Thomas Ralph		Ryde	

**Event 115 Girls U 15 - 90 Metre Hurdles (76cm) (11)**

Region:		12.90	28/02/2010	Melissa Farrington
State:		12.44	3/03/2007	Carly Rodger
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	40180 Amelia Milat		Nth Rocks Carlin	
3	40340 Sophie Anderson		Northern Suburbs	
4	52310 Emelia Duncan		Ku-Ring-Gai	
5	40124 Lily Tilt		Nth Rocks Carlin	
6	40599 Caitlin Rodriguez		Parramatta	
<b>Heat 2 of 2 Heats</b>				
2	40126 Sofia Gately		Nth Rocks Carlin	
3	40249 Angela Asikin		Northern Suburbs	
4	52307 Georgia Fichardt		Ku-Ring-Gai	
5	43104 Emily Smith		Manly Warringah	
6	40202 Emily Gathercole		Nth Rocks Carlin	
7	40199 Alessandra Primrose		Nth Rocks Carlin	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Track Events****Event 116 Boys U 15 - 100 Metre Hurdles (76cm) (7)**

**Region:** 12.70 22/02/2009 Nicholas Hough  
**State:** 12.64 22/03/2009 Nicholas Hough

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 1 Heats**

1	Robbie Cullen		Cherrybrook	
2	49236 Rishi Bajpai		Nth Rocks Carlin	
3	48975 Sam Bates		Ku-Ring-Gai	
4	43053 Joel Neasmith		Manly Warringah	
5	43530 Ethan Oliver		Northern Distric	
6	40208 Luke Fisher		Northern Suburbs	
7	40118 Kale Burton		Nth Rocks Carlin	

**Event 117 Girls U 17 - 100 Metre Hurdles (76cm) (14)**

**Region:** 14.00 19/02/2012 Melissa Farrington  
**State:** 13.87 21/03/2010 Michelle Jenneke

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	40731 Alyssa Lowe		Ryde	
2	40001 Celeste Edmunds		Cherrybrook	
3	43030 Freya Carley		Manly Warringah	
4	52309 Mia Hemswoth		Ku-Ring-Gai	
5	48988 Jessica Maciver		Ku-Ring-Gai	
6	40867 Portia Amy-Wilson		Ryde	
7	52518 Victoria Cullen		Cherrybrook	

**Heat 2 of 2 Heats**

1	40232 Annika Lynch		Northern Suburbs	
2	40153 Chelsea Smith		Nth Rocks Carlin	
3	43328 Jasmine Ellery		Manly Warringah	
4	42984 Julia Baxter		Hornsby	
5	43186 Aleisha Jeremy		Manly Warringah	
6	49341 Genevieve McKeown		Nth Rocks Carlin	
7	40250 Rebecca Asikin		Northern Suburbs	

**Event 118 Boys U 17 - 110 Metre Hurdles (76cm) (8)**

**Region:** 14.38 17/02/2013 Bryce Collins  
**State:** 13.64 24/03/2013 Ivor Metcalf

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 1 Heats**

1	40269 James Hunt		Northern Suburbs	
2	43200 Stephen Gilbert		Manly Warringah	
3	40008 Jonathan Reid		Cherrybrook	
4	40270 Thomas Hunt		Northern Suburbs	
5	40286 Benjamin Crimp		Northern Suburbs	
6	40853 Samuel Galati		Ryde	
7	40662 Lachlan Krklinski		Parramatta	
8	43552 Benjamin McNamara		Northern Distric	

**Event 119 Girls U 12 - 1500 Metre Walk (15)**

**Region:** 7:19.05 17/02/2013 Eliza De Laine  
**State:** 6:38.70 20/03/1994 Renee McAskill

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40230 Annika Lee		Northern Suburbs	
2	43214 Chloe Lamb		Manly Warringah	
3	48946 Summer Sivaraj		Ku-Ring-Gai	
4	40672 Olivia Sassen		Parramatta	
5	40320 Abigail McKenzie		Northern Suburbs	
6	49016 Emily Stewart		Ku-Ring-Gai	
7	40116 Isabella Primrose		Nth Rocks Carlin	
8	43016 April Billington		Manly Warringah	
9	43414 Eliana High		Mosman	
10	43079 Carissa Smyth		Manly Warringah	
11	40019 Caitlin Gurney		Cherrybrook	
12	43286 Ellia Nordenson		Manly Warringah	
13	40057 Charlize Gartner		Cherrybrook	
14	48953 Zoe Woods		Ku-Ring-Gai	
15	43409 Fenella Burns		Mosman	

**Event 120 Boys U 12 - 1500 Metre Walk (9)**

**Region:** 7:06.59 17/02/2013 Harrison Mavin  
**State:** 6:45.20 19/03/2000 Luke Fitzgerald

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40889 Sean Douglas		Ryde	
2	40733 Maxwell Mayhew		Ryde	
3	43060 Orlando Grinbergs		Manly Warringah	
4	40775 Owen Chandler		Ryde	
5	43070 Issac Tate		Manly Warringah	
6	40131 Cristian Kastelan		Nth Rocks Carlin	
7	40139 Hugo Matthews		Nth Rocks Carlin	
8	48906 Matthew Walter		Ku-Ring-Gai	
9	40207 William Dyson		Northern Suburbs	

**Event 121 Girls U 11 - 1100 Metre Walk (10)**

**Region:** 5:23.40 28/02/2010 Jasmyn McDonald  
**State:** 5:01.30 20/03/2005 Kini Chapple

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	267 Serena Vanderklaauw		Cherrybrook	
2	778 Grace Harkin		Northern Suburbs	
3	10221 Zara Villacorta		Manly Warringah	
4	34627 Grace Beck		Ku-Ring-Gai	
5	34800 Amelia Watson		Ku-Ring-Gai	
6	34906 Annabelle Stewart		Ku-Ring-Gai	
7	9743 Cayla Smyth		Manly Warringah	
8	9777 Sacha Root		Manly Warringah	
9	208 Ally Maclaine		Cherrybrook	
10	34672 Verity Haslam		Ku-Ring-Gai	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Track Events****Event 122 Boys U 11 - 1100 Metre Walk (8)**

Region: 5:19.18 19/02/2012 Dylan Richardson  
 State: 5:05.80 21/03/1999 Luke Fitzgerald

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	34977 Jack Prestwich		Ku-Ring-Gai	
2	34679 Charles Hetherington		Ku-Ring-Gai	
3	2222 Sanderson Keyser		Parramatta	
4	34620 Dylan Allabush		Ku-Ring-Gai	
5	2530 Jordan Turkal		Ryde	
6	148 Jethro Penn		Cherrybrook	
7	9783 Lucas Boyce		Manly Warringah	
8	9644 Eduardo Briones		Manly Warringah	

**Event 123 Girls U 10 - 1100 Metre Walk (14)**

Region: 5:42.80 18/02/2007 Tayla-Paige Billington  
 State: 5:21.20 21/03/2004 Kini Chapple

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	34650 Amber Eisenhauer		Ku-Ring-Gai	
2	2001 Jessica Loring		Parramatta	
3	34824 Piper Fyffe		Ku-Ring-Gai	
4	410 Carys Byrnes		Nth Rocks Carlin	
5	809 Eliza Damian		Northern Suburbs	
6	607 Abigail Gathercole		Nth Rocks Carlin	
7	10202 Charlotte Whitlock		Manly Warringah	
8	10102 Claudia Palmer		Manly Warringah	
9	10775 Imogen Cochrane		Northern Distric	
10	107 Natasha Flahey		Cherrybrook	
11	187 Mia Stewart		Cherrybrook	
12	34703 Zoe Murphy		Ku-Ring-Gai	
13	9704 jasmin Berry		Manly Warringah	
14	10116 Abril Blanco		Manly Warringah	

**Event 124 Boys U 10 - 1100 Metre Walk (8)**

Region: 5:45.20 1998 K Tansley  
 State: 5:01.70 22/03/1998 Luke Fitzgerald

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	484 Christopher Nilon		Nth Rocks Carlin	
2	10058 Harper Whiteley		Manly Warringah	
3	9798 Noah Cabrol		Manly Warringah	
4	802 KaiZhe Tan		Northern Suburbs	
5	34966 Joshua Robinson		Ku-Ring-Gai	
6	2516 Benjamin Prosenko		Ryde	
7	9659 Dylan Mortimer		Manly Warringah	
8	252 Cameron Gartner		Cherrybrook	

**Event 125 Girls U 9 - 700 Metre Walk (13)**

Region: 3:27.40 22/02/2004 Amy Bettiol  
 State: 3:21.70 21/03/1999 Natasha Agius

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	34608 Evita Saravanja		Ku-Ring-Gai	
2	10197 Rory Nordenson		Manly Warringah	
3	10087 Belinda Matthews		Manly Warringah	
4	10080 Abby Hunt		Manly Warringah	
5	2086 Ruby Kernaghan		Parramatta	
6	10146 Ashley McGough		Manly Warringah	
7	34773 Lily Horne		Ku-Ring-Gai	
8	35020 Lily Hughes		Ku-Ring-Gai	
9	570 Zara Palfrey		Nth Rocks Carlin	
10	155 Ruby Penn		Cherrybrook	
11	254 Aliyah Bennett		Cherrybrook	
12	496 Sophie Polkinghorne		Nth Rocks Carlin	
13	750 Alaska Durie		Northern Suburbs	

**Event 126 Boys U 9 - 700 Metre Walk (8)**

Region: 3:34.60 1998 Christopher Bassett  
 State: 3:15.36 20/03/2016 Peter Elliott

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	34902 Cooper McNaught		Ku-Ring-Gai	
2	9755 Andrew Guerin		Manly Warringah	
3	2587 Rhys Chandler		Ryde	
4	2120 Thenuk Wijsekera		Parramatta	
5	9781 Hugh Webster		Manly Warringah	
6	34685 Fergus Keogh		Ku-Ring-Gai	
7	10127 Byron Borchert		Manly Warringah	
8	588 Matthew Lawrence		Nth Rocks Carlin	

**Event 127 Girls U 8 - 700 Metre Run Pack Start (16)**

Region: 2:20.20 28/02/2010 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	9774 Anais Biasi		Manly Warringah	
2	2195 Naduli Kariyawasam		Parramatta	
3	10695 Maddison Barratt		Northern Distric	
4	10051 Olivia Barton		Manly Warringah	
5	34708 Cacia Charles		Ku-Ring-Gai	
6	10159 Myah Rimmer		Manly Warringah	
7	253 Makenzi Gartner		Cherrybrook	
8	34637 Elsie Clatworthy		Ku-Ring-Gai	
9	2848 Audrey Leacy		Ryde	
10	454 Hannah Lambert		Nth Rocks Carlin	
11	2002 Olivia Loring		Parramatta	
12	10211 Indiana Passlow		Manly Warringah	
13	2519 Jacqueline Pawsey		Ryde	
14	125 Shylah Carre		Cherrybrook	
15	731 Isla Bealby		Northern Suburbs	
16	10499 Elsa Colpani		Mosman	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

**Event 128 Boys U 8 - 700 Metre Run Pack Start (16)**

Region: 2:17.40 2001 Alex Pettigrew			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	9376 Sebastian Duddle	Hornsby	
2	9662 Jake Wood	Manly Warringah	
3	730 Max Bealby	Northern Suburbs	
4	2209 Benjamin Bowrey	Parramatta	
5	35011 Nicholas Watkins	Ku-Ring-Gai	
6	34615 Jacoby Neal	Ku-Ring-Gai	
7	2003 Lucas Ajaka	Parramatta	
8	34720 Zac Soden	Ku-Ring-Gai	
9	574 James Bishop	Nth Rocks Carlin	
10	34756 Max McIntosh	Ku-Ring-Gai	
11	762 Harry McClellan	Northern Suburbs	
12	2564 Liam Martin	Ryde	
13	325 Isaac Wegener	Cherrybrook	
14	9655 Rhys Kirby	Manly Warringah	
15	10519 Zac Yates	Mosman	
16	9675 Ludvig Persson	Manly Warringah	

**Event 129 Girls U 13 - 1500 Metre Walk (5)**

Region: 7:01.80 12/02/2017 Elizabeth McMillen			
State: 6:35.30 19/03/2006 Shannon Jennings			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	43256 Alejandra Blanco	Manly Warringah	
2	40661 Chloe Krklinski	Parramatta	
3	43535 Shayla Gleeson	Northern Distric	
4	40739 Lucy Prosenko	Ryde	
5	40214 Amy Wallbank	Northern Suburbs	

**Event 130 Boys U 13 - 1500 Metre Walk (6)**

Region: 7:04.60 19/02/2006 Jordan Mulhearn			
State: 6:30.40 28/03/1993 David Beacroft			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	40017 Thomas Shannon	Cherrybrook	
2	43239 Nicholas Kimball	Manly Warringah	
3	40821 Alexander Ingham	Ryde	
4	43017 Alejandro Briones	Manly Warringah	
5	48963 Lachlan McIntosh	Ku-Ring-Gai	
6	40182 Liam Price	Nth Rocks Carlin	

**Event 131 Girls U 14 - 1500 Metre Walk (6)**

Region: 6:52.04 17/02/2013 Jasmyn McDonald			
State: 6:15.40 17/03/1996 Renee McAskill			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	43312 Tara Laytham	Manly Warringah	
2	40624 Emma Thomas	Parramatta	
3	40146 Isabelle Nilon	Nth Rocks Carlin	
4	52306 Alannah Hickson	Ku-Ring-Gai	
5	40128 Caitlin Waldron	Nth Rocks Carlin	
6	43147 Keeley Holmes	Manly Warringah	

**Event 132 Boys U 14 - 1500 Metre Walk (3)**

Region: 6:28.16 19/02/2012 Tyler Jones			
State: 6:13.40 19/03/1995 Troy Sundstrom			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	40884 Jeremy Plummer	Ryde	
2	48905 Samuel Walter	Ku-Ring-Gai	
3	40638 Nicholas Layton	Parramatta	

**Event 133 Girls U 15 - 1500 Metre Walk (3)**

Region: 6:53.10 19/02/2006 Melissa Hayes			
State: 6:24.20 16/03/1997 Renee McAskill			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	40199 Alessandra Primrose	Nth Rocks Carlin	
2	43333 Olivia Thomson	Manly Warringah	
3	48936 Courtney Mavin	Ku-Ring-Gai	

**Event 134 Boys U 15 - 1500 Metre Walk (4)**

Region: 6:35.20 1995 Andrew Nappin			
State: 5:48.10 22/03/1998 Douglas Connolly			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	43038 Dale Mapstone	Manly Warringah	
2	43334 Tony Vujnovic	Manly Warringah	
3	43097 Byron Bakker	Manly Warringah	
4	Robbie Cullen	Cherrybrook	

**Event 135 Girls U 17 - 1500 Metre Walk (11)**

Region: 6:52.69 15/02/2015 Jasmyn Mc Donald			
State: 6:41.91 23/03/2014 Jasmine Dighton			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	43096 Olivia Bakker	Manly Warringah	
2	40885 Eleanor Plummer	Ryde	
3	52518 Victoria Cullen	Cherrybrook	
4	40344 Imogen Steele	Northern Suburbs	
5	40843 Olivia Dyer	Ryde	
6	48944 Saskia Scholle	Ku-Ring-Gai	
7	43309 Hannah Parker	Manly Warringah	
8	43523 Prudence Silver	Northern Distric	
9	40268 Ainslie Brown	Northern Suburbs	
10	40836 Sophie Boland	Ryde	
11	48927 Lily Johnston	Ku-Ring-Gai	

**Event 136 Boys U 17 - 1500 Metre Walk (5)**

Region: 6:15.10 28/02/2010 Jordan Mulhearn			
State: 5:56.11 23/03/2014 Tyler Jones			
Lane	Name	Age Centre	Seed Time
<b>Section 1 of 1 Final</b>			
1	43202 Charlie Hamill	Manly Warringah	
2	40850 George Davis	Ryde	
3	40100 William Mills	Cherrybrook	
4	43148 Hayden Blaskett	Manly Warringah	
5	40309 Martin Leerberg	Northern Suburbs	



## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

## Event 145 Girls U 10 - 70 Metre Sprint (16)

Region:		9.80	2000	Alice Wilson	
State:		9.84	19/03/2000	Grace Naseby	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	141 Layla Tawbe		Cherrybrook		
2	316 Emmanuella Omage		Cherrybrook		
3	10251 Sophie Hyne-Jones		Manly Warringah		
4	9646 Kaitlenn Dunne		Manly Warringah		
5	9804 Charlotte Baum		Manly Warringah		
6	9668 Ruby Nero		Manly Warringah		
7	249 Sophie Durheim		Cherrybrook		
8	2035 Lisara Seneviratne		Parramatta		
<b>Heat 2 of 2 Heats</b>					
1	759 Annabelle Twyman		Northern Suburbs		
2	34970 Lola Broers		Ku-Ring-Gai		
3	2789 Tanna Kotulic		Ryde		
4	34777 Olivia Achike		Ku-Ring-Gai		
5	9391 Alice Lyng		Hornsby		
6	34667 Isabelle Green		Ku-Ring-Gai		
7	734 Charlotte Grubisic		Northern Suburbs		
8	2593 Aurora Willard		Ryde		

## Event 146 Boys U 10 - 70 Metre Sprint (16)

Region:		9.50	2000	Joshua Mulligan	
State:		9.54	20/03/1999	Christopher Lawrence	
State:		9.54	19/03/2000	Josh Mulligan	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	581 Joshua Reynolds		Nth Rocks Carlin		
2	802 KaiZhe Tan		Northern Suburbs		
3	9688 Fredrick Chidambaram		Manly Warringah		
4	10363 Joel Daily		Mosman		
5	10395 Hugo Stewart		Mosman		
6	10369 Alex Savage		Mosman		
7	739 Zak Evans		Northern Suburbs		
8	2073 Siddhant Kulkarni		Parramatta		
<b>Heat 2 of 2 Heats</b>					
1	854 Toby Cochrane		Northern Suburbs		
2	10801 Thomas Scodellaro		Northern Distric		
3	34659 Jake Fourie		Ku-Ring-Gai		
4	34727 Jimmy Thebridge		Ku-Ring-Gai		
5	10370 Hugh Taylor		Mosman		
6	2624 Daniel Cox		Ryde		
7	2100 Patrick Bruckshaw		Parramatta		
8	480 Lucas Nagy		Nth Rocks Carlin		

## Event 147 Girls U 9 - 70 Metre Sprint (14)

Region:		10.20	1998	Emily Pollett	
State:		10.14	22/03/1998	Briony Kanard	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	633 Ayushi Poudel		Nth Rocks Carlin		
2	2088 Alanah O'Donovan		Parramatta		
3	2086 Ruby Kernaghan		Parramatta		
4	2185 Clara Seyram Fetrie		Parramatta		
5	10145 Isla Maris		Manly Warringah		
6	35013 Hayley Loreto-Dicks		Ku-Ring-Gai		
7	9491 Eve Clark		Hornsby		
<b>Heat 2 of 2 Heats</b>					
1	2042 Star Millott		Parramatta		
2	9822 Coco Aquilina		Manly Warringah		
3	34739 Claudia Wyatt		Ku-Ring-Gai		
4	34603 Amalia Bond		Ku-Ring-Gai		
5	9645 Erin Dunne		Manly Warringah		
6	9538 Liesel Walsh		Hornsby		
7	179 Isabella Daidone		Cherrybrook		

## Event 148 Boys U 9 - 70 Metre Sprint (16)

Region:		10.00	2000	Michael Oldfield	
State:		9.94	22/03/1998	John Grant	
State:		9.94	20/02/2000	Daniel Perkins	
State:		9.94	19/03/2000	Michael Oldfield	
State:		9.94	18/03/2007	Benjamin Alessio	
Lane	Name	Age	Centre	Seed	Time
<b>Heat 1 of 2 Heats</b>					
1	751 Cooper Kebblewhite		Northern Suburbs		
2	457 Oliver Leivesley		Nth Rocks Carlin		
3	10419 Edward Godfrey		Mosman		
4	10127 Byron Borchert		Manly Warringah		
5	9706 Dominic Davis		Manly Warringah		
6	181 Harry Wigham		Cherrybrook		
7	34804 Kase Willis-Jansen		Ku-Ring-Gai		
8	847 Dean Mansell		Northern Suburbs		
<b>Heat 2 of 2 Heats</b>					
1	487 Henry O'Neil		Nth Rocks Carlin		
2	10402 Angus Edwards		Mosman		
3	2738 SevyTom Fenil		Ryde		
4	9820 Kaiden Grace		Manly Warringah		
5	34689 Adrian Kwan		Ku-Ring-Gai		
6	2114 Andrew Wright		Parramatta		
7	9589 Joseph Galloway		Hornsby		
8	2142 Alexander Atkinson		Parramatta		

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

**Event 149 Girls U 8 - 70 Metre Sprint (16)**

<b>Region:</b>	<b>10.90</b>	<b>1997</b>	<b>Natasha Finlay</b>
<b>State:</b>	<b>10.54</b>	<b>16/03/1980</b>	<b>Annette Cavanagh</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	169 Anna Moresi		Cherrybrook	
2	9774 Anais Biasi		Manly Warringah	
3	34715 Ellana Ross		Ku-Ring-Gai	
4	34844 Gracie Atkins		Ku-Ring-Gai	
5	9722 Cassia McLean		Manly Warringah	
6	317 Gabriella Omage		Cherrybrook	
7	244 Pippa Burke		Cherrybrook	
8	418 Ella Hazon		Nth Rocks Carlin	

**Heat 2 of 2 Heats**

1	125 Shylah Carre		Cherrybrook	
2	765 Annah Bratton		Northern Suburbs	
3	10254 Amelia Wilson		Manly Warringah	
4	9506 Anna Tye		Hornsby	
5	34803 Sienna Vassella		Ku-Ring-Gai	
6	10159 Myah Rimmer		Manly Warringah	
7	2002 Olivia Loring		Parramatta	
8	833 Zara Drinkwater		Northern Suburbs	

**Event 150 Boys U 8 - 70 Metre Sprint (16)**

<b>Region:</b>	<b>10.60</b>	<b>19/02/2006</b>	<b>Jordan Shelley</b>
<b>State:</b>	<b>10.34</b>	<b>11/03/1978</b>	<b>Tim Harper</b>
<b>State:</b>	<b>10.34</b>	<b>11/03/1978</b>	<b>Mark Lever</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	2179 Oscar Rodriguez		Parramatta	
2	777 Samuel Carden		Northern Suburbs	
3	755 James Mikan		Northern Suburbs	
4	9339 Thomas Vedris		Hornsby	
5	9586 Matthew McGregor		Hornsby	
6	2490 Ethan Varghese		Ryde	
7	9658 Max McKellar		Manly Warringah	
8	2113 Marcus Du		Parramatta	

**Heat 2 of 2 Heats**

1	34846 James Atkins		Ku-Ring-Gai	
2	103 Charithu Demel		Cherrybrook	
3	9778 Taten Rogers		Manly Warringah	
4	34762 Oscar Zylberberg		Ku-Ring-Gai	
5	10802 William Scodellaro		Northern Distric	
6	34705 Magnus Myhre Fox		Ku-Ring-Gai	
7	2531 Kobe Turkal		Ryde	
8	574 James Bishop		Nth Rocks Carlin	

**Event 151 Girls U 11-17 100 Metre Run Para (2)**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	43105 Sybella Warton T37		Manly Warringah	
2	48986 Zara Perry T/F 13		Ku-Ring-Gai	

**Event 152 Boys U 11-17 100 Metre Run Para (5)**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

2	40643 Brendan John T/F 36		Parramatta	
3	40648 Ryan Conroy T37		Parramatta	
4	40566 Cameron Murray T/F .		Parramatta	
5	43099 Jackson Love		Manly Warringah	
6	40777 Nathan Barbara T/F 61		Ryde	

**Event 153 Girls U 11 - 200 Metre Sprint (16)**

<b>Region:</b>	<b>27.50</b>	<b>1992</b>	<b>Rosemary Hayward</b>
<b>State:</b>	<b>26.12</b>	<b>19/03/2017</b>	<b>Chelsea Ezeoke</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	2663 Adriana Prizmic		Ryde	
2	30805 Jessica Parker		Mosman	
3	10160 Jasmine Rintel		Manly Warringah	
4	34755 Gemma McIntosh		Ku-Ring-Gai	
5	9729 Sienna Kupceric		Manly Warringah	
6	2607 Charlotte Nagle		Ryde	
7	776 Aqua Fisher		Northern Suburbs	
8	866 Georgia Fraser		Northern Suburbs	

**Heat 2 of 2 Heats**

1	218 Syesha Anthony		Cherrybrook	
2	10730 Ava Mitchell		Northern Distric	
3	9709 Ava Gray		Manly Warringah	
4	10306 Grace Townsend		Mosman	
5	756 Catherine Mikan		Northern Suburbs	
6	407 Mila Burdett		Nth Rocks Carlin	
7	34842 Sophia Ambrosino		Ku-Ring-Gai	
8	2335 Helena Wright		Parramatta	

**Event 154 Boys U 11 - 200 Metre Sprint (16)**

<b>Region:</b>	<b>27.10</b>	<b>22/02/2004</b>	<b>Alexander Pettigrew</b>
<b>State:</b>	<b>25.84</b>	<b>11/03/1978</b>	<b>Robert Stanford</b>

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

1	194 James Lubrano		Cherrybrook	
2	787 Toby Middleton		Northern Suburbs	
3	9560 Wol Albino		Hornsby	
4	34858 Samuel Kay		Ku-Ring-Gai	
5	10313 Oliver Stokeld		Mosman	
6	34669 Eddie Hallett		Ku-Ring-Gai	
7	846 Landon Mansell		Northern Suburbs	
8	2015 Evan Holman		Parramatta	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Track Events****Heat 2 of 2 Heats...(Event 154 Boys U 11 - 200 Metre Sprint (16))**

1	315 Aleksander Mendria	Cherrybrook
2	10224 Ethan Grimshaw	Manly Warringah
3	9674 Ryan Parkes	Manly Warringah
4	9641 Leo Robinson	Manly Warringah
5	34719 Brodie Shearer	Ku-Ring-Gai
6	2535 Joshua Smith	Ryde
7	374 Fergus Cheng	Cherrybrook
8	741 Andres Hampel	Northern Suburbs

**Event 155 Girls U 12 - 200 Metre Sprint (16)**

**Region:** 26.30 2005 **Karlie Morton**  
**State:** 25.74 19/03/2017 **Torrie Lewis**

**Lane Name Age Centre Seed Time**

**Heat 1 of 2 Heats**

1	40621 Caitlin Brennan	Parramatta
2	43402 Claudia Healey	Mosman
3	43319 Kelly Theodorides	Manly Warringah
4	43401 Sofia Fedirchuk	Mosman
5	43039 Lucinda Mulcahy	Manly Warringah
6	40235 Eve Rothwell	Northern Suburbs
7	40734 Jasmine McAndrew	Ryde
8	40161 Anesha Busingye	Nth Rocks Carlin

**Heat 2 of 2 Heats**

1	40635 Sarah Sakr	Parramatta
2	48934 Louise Lovell	Ku-Ring-Gai
3	40009 Isabella Fisher	Cherrybrook
4	48902 Samara Bond	Ku-Ring-Gai
5	43242 Eve Simpson	Manly Warringah
6	48921 Emelie Coe	Ku-Ring-Gai
7	40020 Sarah-anne Koot	Cherrybrook
8	40794 Alicia Leggatt	Ryde

**Event 156 Boys U 12 - 200 Metre Sprint (15)**

**Region:** 25.80 2005 **Kane Thompson**  
**State:** 24.59 24/03/2013 **James Roach**

**Lane Name Age Centre Seed Time**

**Heat 1 of 2 Heats**

1	49237 David McGuire	Nth Rocks Carlin
2	40271 Angus Hunt	Northern Suburbs
3	48978 Lars Ackland	Ku-Ring-Gai
4	43127 Cooper Elkins	Manly Warringah
5	48939 Boston Penfold	Ku-Ring-Gai
6	43059 Oliver Dawson	Manly Warringah
7	40032 Idris Burkhardt	Cherrybrook
8	40068 Xavier Hennessey	Cherrybrook

**Heat 2 of 2 Heats**

1	40131 Cristian Kastelan	Nth Rocks Carlin
2	40312 Llewyn Morrison	Northern Suburbs
3	43449 Thomas Hartman	Mosman
4	49005 Dylan Hall	Ku-Ring-Gai
5	43421 Brody Folkes	Mosman
6	48947 Will Soden	Ku-Ring-Gai
7	40799 Pdraig Teo	Ryde

**Event 157 Girls U 13 - 200 Metre Sprint (15)**

**Region:** 25.80 1994 **Rosemary Hayward**  
**State:** 24.96 19/03/2017 **Alice Dixon**

**Lane Name Age Centre Seed Time**

**Heat 1 of 2 Heats**

1	40193 Andrea MyaHan	Nth Rocks Carlin
2	48983 Ava Hudson	Ku-Ring-Gai
3	43243 Alyssa Medved	Manly Warringah
4	40262 XinMin Tan	Northern Suburbs
5	40024 Tara Webb	Cherrybrook
6	43205 Tahlia O'Brien	Manly Warringah
7	40186 Hayley Reynolds	Nth Rocks Carlin

**Heat 2 of 2 Heats**

1	40761 Kaitlyn Martin	Ryde
2	42966 Bella Kachel	Hornsby
3	48943 Phoebe Riley	Ku-Ring-Gai
4	40749 Ruby Worrell	Ryde
5	43025 Annie Seve	Manly Warringah
6	43066 Lucy Scholtens	Manly Warringah
7	43529 Siobhan McMahon	Northern Distric
8	40859 Melani Maddumage	Ryde

**Event 158 Boys U 13 - 200 Metre Sprint (13)**

**Region:** 24.00 18/02/2007 **Nicholas Hough**  
**State:** 23.34 18/03/2007 **Nicholas Hough**

**Lane Name Age Centre Seed Time**

**Heat 1 of 2 Heats**

2	40103 Julian Mendria	Cherrybrook
3	48941 Joshua Riddle	Ku-Ring-Gai
4	40177 Jacob Taylor	Nth Rocks Carlin
5	43317 Jett Sully	Manly Warringah
6	43387 Charlie Moriarty	Mosman
7	43071 Dylan vanGrootel	Manly Warringah

**Heat 2 of 2 Heats**

1	40236 Charlie Roughan	Northern Suburbs
2	40272 Matthew Hunt	Northern Suburbs
3	43519 Lynden Wiesenhaan	Northern Distric
4	48909 Lachlan Herbert	Ku-Ring-Gai
5	43379 Marcus Warner	Mosman
6	43494 Kisho Carlino-Mizuno	Northern Distric
7	40338 Daniel White	Northern Suburbs

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

## Event 159 Girls U 10 - 200 Metre Sprint (16)

Region: 28.40 1991 Rosemary Hayward				
State: 28.22 21/03/2010 Kristie Edwards				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	34653 Georgina Fife		Ku-Ring-Gai	
2	9381 Molly Ashton		Hornsby	
3	34925 Portia Rowland-Stefani		Ku-Ring-Gai	
4	9804 Charlotte Baum		Manly Warringah	
5	2789 Tanna Kotulic		Ryde	
6	2529 Ebony Klarich		Ryde	
7	2676 Stella Tassarotti		Ryde	
8	423 Rachel Fenson		Nth Rocks Carlin	
<b>Heat 2 of 2 Heats</b>				
1	316 Emmanuella Omage		Cherrybrook	
2	9642 Rebecca Gonzalo		Manly Warringah	
3	2533 Olivia Sidhu		Ryde	
4	34908 Chanel Charles		Ku-Ring-Gai	
5	9646 Kaitlinn Dunne		Manly Warringah	
6	10372 Fiorella Collins		Mosman	
7	2208 Katie Bowrey		Parramatta	
8	969 Marissa Ristwej		Northern Suburbs	

## Event 160 Boys U 10 - 200 Metre Sprint (15)

Region: 27.50 2001 Justin Hayward				
State: 26.94 11/03/1978 Chris Newman				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	2516 Benjamin Prosenko		Ryde	
2	10058 Harper Whiteley		Manly Warringah	
3	10393 Riley Grant		Mosman	
4	34727 Jimmy Thebridge		Ku-Ring-Gai	
5	34857 Samuel Collett		Ku-Ring-Gai	
6	9653 Benjamin Kinner		Manly Warringah	
7	854 Toby Cochrane		Northern Suburbs	
<b>Heat 2 of 2 Heats</b>				
1	484 Christopher Nilon		Nth Rocks Carlin	
2	2717 Samuel Wheeler		Ryde	
3	10369 Alex Savage		Mosman	
4	34644 Rian Conners		Ku-Ring-Gai	
5	34659 Jake Fourie		Ku-Ring-Gai	
6	555 Joshua Tilt		Nth Rocks Carlin	
7	774 Ned Attrill		Northern Suburbs	
8	2069 Joshua Leggatt		Parramatta	

## Event 161 Girls U 9 - 200 Metre Sprint (15)

Region: 30.30 22/02/2009 Mikayla Mestoussis				
State: 28.74 25/03/1990 Rosemary Hayward				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	2088 Alanah O'Donovan		Parramatta	
2	2508 Chloe McGregor		Ryde	
3	10197 Rory Nordenson		Manly Warringah	
4	2185 Clara Seyram Fetrie		Parramatta	
5	34603 Amalia Bond		Ku-Ring-Gai	
6	10100 Eliza Williams		Manly Warringah	
7	9379 Seren D'Souza		Hornsby	
8	640 Zoe McGuire		Nth Rocks Carlin	
<b>Heat 2 of 2 Heats</b>				
1	179 Isabella Daidone		Cherrybrook	
2	2086 Ruby Kernaghan		Parramatta	
3	10145 Isla Maris		Manly Warringah	
4	34822 Kate Harden		Ku-Ring-Gai	
5	9679 Jessica Pulis		Manly Warringah	
6	34895 Mia Hooton		Ku-Ring-Gai	
7	176 Georgia Vella		Cherrybrook	

## Event 162 Boys U 9 - 200 Metre Sprint (16)

Region: 29.10 2002 Alexander Pettigrew				
State: 28.44 22/03/1975 Glen Murgatroyd				
Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
1	2114 Andrew Wright		Parramatta	
2	34804 Kase Willis-Jansen		Ku-Ring-Gai	
3	10401 Thomas Davis		Mosman	
4	9650 Ewan Keep		Manly Warringah	
5	9719 Tobias Woolnough		Manly Warringah	
6	457 Oliver Leivesley		Nth Rocks Carlin	
7	2142 Alexander Atkinson		Parramatta	
8	10827 Kai Gibbons		Northern Distric	
<b>Heat 2 of 2 Heats</b>				
1	847 Dean Mansell		Northern Suburbs	
2	2738 SevyTom Fenil		Ryde	
3	9823 Riley Eves		Manly Warringah	
4	9794 Finn Bailey		Manly Warringah	
5	34689 Adrian Kwan		Ku-Ring-Gai	
6	181 Harry Wigham		Cherrybrook	
7	824 Roi Costis		Northern Suburbs	
8	547 Billy Radford		Nth Rocks Carlin	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

## Event 163 Girls U 8 - 200 Metre Sprint (15)

Region:	31.50	1997	Emily Pollett
State:	31.74	18/03/1984	Bronwyn Piening
State:	31.74	16/02/1997	Emily Pollett

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	34782 Gemma Dixon		Ku-Ring-Gai	
2	253 Makenzi Gartner		Cherrybrook	
3	9774 Anais Biasi		Manly Warringah	
4	34844 Gracie Atkins		Ku-Ring-Gai	
5	10070 Emma Kramer		Manly Warringah	
6	454 Hannah Lambert		Nth Rocks Carlin	
7	244 Pippa Burke		Cherrybrook	

## Heat 2 of 2 Heats

1	34803 Sienna Vassella		Ku-Ring-Gai	
2	125 Shylah Carre		Cherrybrook	
3	317 Gabriella Omage		Cherrybrook	
4	10473 Holly Tweeddale		Mosman	
5	9506 Anna Tye		Hornsby	
6	883 Collette Lumley		Northern Suburbs	
7	34715 Ellana Ross		Ku-Ring-Gai	
8	631 Manha Dinaz		Nth Rocks Carlin	

## Event 164 Boys U 8 - 200 Metre Sprint (16)

Region:	30.86	18/02/2018	Rian Conners
State:	30.64	19/02/2017	Joseph Ezekiel

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	34762 Oscar Zylberberg		Ku-Ring-Gai	
2	762 Harry McClellan		Northern Suburbs	
3	34615 Jacoby Neal		Ku-Ring-Gai	
4	9339 Thomas Vedris		Hornsby	
5	2564 Liam Martin		Ryde	
6	9662 Jake Wood		Manly Warringah	
7	552 Alexander Song		Nth Rocks Carlin	
8	2179 Oscar Rodriguez		Parramatta	

## Heat 2 of 2 Heats

1	2196 Marco Sassen		Parramatta	
2	34705 Magnus Myhre Fox		Ku-Ring-Gai	
3	34663 Callum Gilchrist		Ku-Ring-Gai	
4	103 Charithu Demel		Cherrybrook	
5	9586 Matthew McGregor		Hornsby	
6	2523 Xavier Mitchell		Ryde	
7	10463 Jake Mears		Mosman	
8	2531 Kobe Turkal		Ryde	

## Event 165 Girls U 14 - 200 Metre Sprint (15)

Region:	24.60	1995	Rosemary Hayward
State:	24.54	16/03/2008	Ella Nelson

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40742 Emily Metcalfe		Ryde	
2	40576 Emily Uslu		Parramatta	
3	43056 Marissa Stubbs		Manly Warringah	
4	43204 Gabriella Taylor		Manly Warringah	
5	43232 Lara Williams		Manly Warringah	
6	43315 Kelsey Smit		Manly Warringah	
7	40277 Alexandra Dransfield		Northern Suburbs	
8	42604 Jasmine Lowe		Northern Suburbs	

## Heat 2 of 2 Heats

1	40104 Abigail Omage		Cherrybrook	
2	40565 Brooke Luksic		Parramatta	
3	48954 Brianna Worsfold		Ku-Ring-Gai	
4	43195 Olivia Inkster		Manly Warringah	
5	48915 Eva Bates		Ku-Ring-Gai	
6	43064 Sara Bashir		Manly Warringah	
7	40577 Melissa Blume		Parramatta	

## Event 166 Boys U 14 - 200 Metre Sprint (16)

Region:	22.90	17/02/2008	Nicholas Hough
State:	22.64	19/02/2006	Luke Hamer

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	43139 Ethan James		Manly Warringah	
2	40682 Eric Han		Parramatta	
3	40594 Davide Rossetto		Parramatta	
4	43329 Zachary Flynn		Manly Warringah	
5	40311 Cormac Morrison		Northern Suburbs	
6	40155 Joshua Tse		Nth Rocks Carlin	
7	43152 Zac Cleary		Manly Warringah	
8	40886 Benjamin Stevens		Ryde	

## Heat 2 of 2 Heats

1	40683 Lachlan Roberts		Parramatta	
2	40313 Julian Lee		Northern Suburbs	
3	43117 Lachlan Binnekamp		Manly Warringah	
4	43427 Henry Roberts		Mosman	
5	48928 Aidan Jones		Ku-Ring-Gai	
6	43457 Jonathan Chan		Mosman	
7	43503 Daniel Hatch		Northern Distric	
8	40090 Thimuthu Weerasekara		Cherrybrook	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Track Events

## Event 167 Girls U 15 - 200 Metre Sprint (14)

<b>Region:</b>	<b>25.20</b>	<b>1998</b>	<b>Jana Pittman</b>
<b>State:</b>	<b>24.24</b>	<b>20/03/2005</b>	<b>Olivia Tauro</b>
<b>State:</b>	<b>24.24</b>	<b>22/02/2009</b>	<b>Ella Nelson</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40249 Angela Asikin		Northern Suburbs	
2	43283 Amber Williams		Manly Warringah	
3	40787 Eliza DaSilva		Ryde	
4	52307 Georgia Fichardt		Ku-Ring-Gai	
5	43222 Sally Priest		Manly Warringah	
6	40328 Jenna Kim		Northern Suburbs	
7	40735 Adria McAndrew		Ryde	

## Heat 2 of 2 Heats

1	40724 Emily Butcher		Parramatta	
2	43300 Brooke Chaloner		Manly Warringah	
3	43123 Isobel Elkan		Manly Warringah	
4	43290 Sofia Saroukos		Manly Warringah	
5	43124 Edie Burke		Manly Warringah	
6	43238 Sophia Addington		Manly Warringah	
7	40163 Sophie Kavanagh		Nth Rocks Carlin	

## Event 168 Boys U 15 - 200 Metre Sprint (15)

<b>Region:</b>	<b>21.50</b>	<b>22/02/2009</b>	<b>Nicholas Hough</b>
<b>State:</b>	<b>21.74</b>	<b>22/02/2009</b>	<b>Nicholas Hough</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	40898 Samiuela Moala		Ryde	
2	40897 Savi Moala		Ryde	
3	43014 Fynn George		Manly Warringah	
4	43145 Archie Saunders		Manly Warringah	
5	40292 Joseph Ayoade		Northern Suburbs	
6	40755 Jack Baker		Ryde	
7	49028 Tomas Dennett		Ku-Ring-Gai	

## Heat 2 of 2 Heats

1	40051 Declan Garufi		Cherrybrook	
2	48975 Sam Bates		Ku-Ring-Gai	
3	49246 Rajan Ravinthran		Nth Rocks Carlin	
4	43057 Dylan Charlier		Manly Warringah	
5	48922 Sebastian Doney		Ku-Ring-Gai	
6	43051 Lachlan Farquhar		Manly Warringah	
7	43097 Byron Bakker		Manly Warringah	
8	40029 Donovan Bradshaw		Cherrybrook	

## Event 169 Girls U 17 - 200 Metre Sprint (19)

<b>Region:</b>	<b>25.30</b>	<b>16/02/2014</b>	<b>Ruby Ritchie</b>
<b>State:</b>	<b>24.33</b>	<b>23/03/2014</b>	<b>Ruby Ritchie</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 3 Heats

2	43077 Maxine Rossi		Manly Warringah	
3	49224 Lauren Goodacre		Nth Rocks Carlin	
4	42945 Danielle Osifo		Hornsby	
5	40233 Gemma Bratton		Northern Suburbs	
6	43030 Freya Carley		Manly Warringah	
7	40349 Greta Andrews		Northern Suburbs	

## Heat 2 of 3 Heats

2	40267 Lauren Brown		Northern Suburbs	
3	43424 Laura Quinn		Mosman	
4	40636 Maysa Sakr		Parramatta	
5	52302 Olivia Colman		Ku-Ring-Gai	
6	40685 Kiara Henry		Parramatta	
7	40867 Portia Amy-Wilson		Ryde	

## Heat 3 of 3 Heats

1	42507 Alexandra York		Northern Suburbs	
2	43004 Rakeli Albino		Hornsby	
3	40085 Francesca Sugiaman		Cherrybrook	
4	48988 Jessica Maciver		Ku-Ring-Gai	
5	43011 Lara Woollett		Hornsby	
6	40279 Maya Challoner		Northern Suburbs	
7	40247 Alice Dixon		Northern Suburbs	

## Event 170 Boys U 17 - 200 Metre Sprint (15)

<b>Region:</b>	<b>22.64</b>	<b>17/02/2013</b>	<b>Joshua Swan</b>
<b>State:</b>	<b>21.32</b>	<b>19/03/2017</b>	<b>Yadin Ngeng</b>

Lane	Name	Age	Centre	Seed Time
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## Heat 1 of 2 Heats

1	42977 Yianni Fotias		Hornsby	
2	43068 ryan crane		Manly Warringah	
3	40868 Jett Tall		Ryde	
4	40270 Thomas Hunt		Northern Suburbs	
5	40010 Noah Liu		Cherrybrook	
6	40681 Anthony Han		Parramatta	
7	43452 Hugh Ritchie		Mosman	
8	40269 James Hunt		Northern Suburbs	

## Heat 2 of 2 Heats

1	43552 Benjamin McNamara		Northern Distric	
2	43491 Hugo Blackley		Mosman	
3	40027 Jarrod(Weiya) Li		Cherrybrook	
4	48984 Jack McFadden		Ku-Ring-Gai	
5	40332 Jason Ho		Northern Suburbs	
6	43095 Eden Russell		Manly Warringah	
7	49227 Nathan Debs		Nth Rocks Carlin	

## Event 171 Girls U 11-17 200 Metre Run Para (1)

Lane	Name	Age	Centre	Seed Time
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## Section 1 of 1 Final

3	43105 Sybella Warton T37		Manly Warringah	
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**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Sunday Track Events**

**Event 172 Boys U 11-17 200 Metre Run Para (3)**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	40566 Cameron Murray T/F		Parramatta	
3	40648 Ryan Conroy T37		Parramatta	
4	43099 Jackson Love		Manly Warringah	

**Event 179 Girls U 11 - 800 Metre Run (16)**

<b>Region: 2:26.06 17/02/2013 Abbey Rockliff</b>				
<b>State: 2:21.80 20/03/2016 Imogen Stewart</b>				
Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	10325 Adelaide Williams		Mosman	
2	9708 Anja Fitzgibbon		Manly Warringah	
3	2079 Tahlia Butcher		Parramatta	
4	817 Annika Boys		Northern Suburbs	
5	10291 Pin Pin Meenijacin		Mosman	
6	10290 Amber Kusano		Mosman	
7	10737 Bronte Tonkin		Northern Distric	
8	10152 Olivia Newsham		Manly Warringah	
9	2518 Zara Pawsey		Ryde	
10	2664 Kristina Prizmic		Ryde	
11	9637 Ella Dunstan		Manly Warringah	
12	139 Amy Timms		Cherrybrook	
13	971 Charlotte O'Dowd		Northern Suburbs	
14	34623 Elizabeth Bailey		Ku-Ring-Gai	
15	2507 Ella McGregor		Ryde	
16	10230 Jessie Bradford		Manly Warringah	

**Event 180 Boys U 11 - 800 Metre Run (16)**

<b>Region: 2:21.80 22/02/2004 Alexander Pettigrew</b>				
<b>State: 2:17.37 24/03/2013 Luke Young</b>				
Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	34735 Logan Ting		Ku-Ring-Gai	
2	10313 Oliver Stokeld		Mosman	
3	9661 William Seve		Manly Warringah	
4	2537 Axel Bruntsch		Ryde	
5	10263 William Carter		Manly Warringah	
6	34620 Dylan Allabush		Ku-Ring-Gai	
7	2642 Harry Jordan		Ryde	
8	2015 Evan Holman		Parramatta	
9	846 Landon Mansell		Northern Suburbs	
10	34928 Max Dennett		Ku-Ring-Gai	
11	9648 Archie Hendry		Manly Warringah	
12	9901 Ryan Sinclair		Manly Warringah	
13	126 Jamison Carre		Cherrybrook	
14	400 Benjamin Woodhouse		Nth Rocks Carlin	
15	787 Toby Middleton		Northern Suburbs	
16	729 Jude Bealby		Northern Suburbs	

**Event 181 Girls U 12 - 800 Metre Run (16)**

<b>Region: 2:21.69 16/02/2014 Abbey Rockliff</b>				
<b>State: 2:16.34 23/03/2014 Abbey Rockliff</b>				
Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	40820 Miah O'Shea		Ryde	
2	40216 Sarah Baker		Northern Suburbs	
3	43418 Olivia Vecchio		Mosman	
4	40621 Caitlin Brennan		Parramatta	
5	40060 Kaylah Bennett		Cherrybrook	
6	40071 Ava Barroccu		Cherrybrook	
7	48956 Kiera Yerbury		Ku-Ring-Gai	
8	42941 Isabella Pereira		Hornsby	
9	48953 Zoe Woods		Ku-Ring-Gai	
10	43078 Mia Sams		Manly Warringah	
11	40009 Isabella Fisher		Cherrybrook	
12	43398 Giselle Ashbolt		Mosman	
13	43416 Tessa Newitt		Mosman	
14	48951 Amelia Watkins		Ku-Ring-Gai	
15	43303 Rebecca Solomon		Manly Warringah	
16	43410 Fleur Cooper		Mosman	

**Event 182 Boys U 12 - 800 Metre Run (16)**

<b>Region: 2:16.20 2005 Alexander Pettigrew</b>				
<b>State: 2:13.20 20/03/2005 James Connor</b>				
Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	43405 Brandon Cunningham		Mosman	
2	43423 Levi Williams		Mosman	
3	40304 Peter Moorcroft		Northern Suburbs	
4	48948 Chester Swaffer		Ku-Ring-Gai	
5	43445 Christian Camus		Mosman	
6	43270 Lucas Lund		Manly Warringah	
7	40032 Idris Burkhardt		Cherrybrook	
8	40693 Rocco Bragg		Parramatta	
9	40733 Maxwell Mayhew		Ryde	
10	43054 Jasper Scamps-Magro		Manly Warringah	
11	43199 Oliver White		Manly Warringah	
12	43274 Kaden Rintel		Manly Warringah	
13	40119 Cody Burton		Nth Rocks Carlin	
14	42981 Jaykob McKinnon		Hornsby	
15	48981 Rohan Nairn		Ku-Ring-Gai	
16	40113 Bronsen Brown		Cherrybrook	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Track Events****Event 183 Girls U 13 - 800 Metre Run (16)**

Region: 2:15.60 12/02/2017 Jessica Bird  
 State: 2:15.20 22/02/1987 Suzy Walsham

Lane Name Age Centre Seed Time

**Section 1 of 1 Final**

1	40306 Ingrid Kingsmill	Northern Suburbs	
2	42966 Bella Kachel	Hornsby	
3	40280 Zoe Banks	Northern Suburbs	
4	43301 Sienna Villacorta	Manly Warringah	
5	49223 Abigail Goodacre	Nth Rocks Carlin	
6	43122 Brooke Flynn	Manly Warringah	
7	40819 Annabel Macdonald	Ryde	
8	43025 Annie Seve	Manly Warringah	
9	43243 Alyssa Medved	Manly Warringah	
10	40260 Sophia Archer	Northern Suburbs	
11	43369 Claudia Stanford	Mosman	
12	40011 Nicole McCrostie	Cherrybrook	
13	43371 Sophia Kusano	Mosman	
14	43082 Amelia Thornthwaite	Manly Warringah	
15	43498 Isabelle Cruickshank	Northern Distric	
16	43388 Tilly Morris	Mosman	

**Event 184 Boys U 13 - 800 Metre Run (16)**

Region: 2:11.20 2005 Michael Todd  
 State: 2:06.10 17/03/1985 Robert Wunder

Lane Name Age Centre Seed Time

**Section 1 of 1 Final**

1	40890 Jack Thompson	Ryde	
2	40730 Oliver Smith	Ryde	
3	42999 Thomas Whalan	Hornsby	
4	43206 Isaac Lanham	Manly Warringah	
5	42933 Corban Ross	Hornsby	
6	48952 Sean Williams	Ku-Ring-Gai	
7	40291 Jacob Magner	Northern Suburbs	
8	43521 Jensen Wiesenhaan	Northern Distric	
9	43110 Brendan Markey	Manly Warringah	
10	43429 Liam Thompson	Mosman	
11	40055 Saad Mahmud	Cherrybrook	
12	43382 Isaac Brooks	Mosman	
13	43320 Charlie Bradford	Manly Warringah	
14	40204 Nicholas Woodhouse	Nth Rocks Carlin	
15	40752 Isaac Louttit	Ryde	
16	43239 Nicholas Kimball	Manly Warringah	

**Event 185 Girls U 14 - 800 Metre Run (17)**

Region: 2:14.69 14/02/2016 Abbey Rockliff  
 State: 2:13.20 20/03/1988 Suzy Walsham

Lane Name Age Centre Seed Time

**Section 1 of 1 Final**

1	40624 Emma Thomas	Parramatta	
2	40811 Sarah Partridge	Ryde	
3	43288 Alexandra Sinclair	Manly Warringah	
4	43437 Jessica Gocher	Mosman	
5	40798 Alannah Teo	Ryde	
6	40628 Katelyn Johnson	Parramatta	
7	40132 Jasmine Khiroya	Nth Rocks Carlin	
8	43192 holly wickham	Manly Warringah	
9	43444 Mia Fry	Mosman	
10	43361 Jemma Brandon-Coop	Mosman	
11	40577 Melissa Blume	Parramatta	
12	43336 Mercy Nathanael	Manly Warringah	
13	43080 Chelsea Smyth	Manly Warringah	
14	43232 Lara Williams	Manly Warringah	
15	40768 Elli Barron	Ryde	
16	43229 Charlie Arnott	Manly Warringah	
17	40176 Shirlene Su	Nth Rocks Carlin	

**Event 186 Boys U 14 - 800 Metre Run (14)**

Region: 2:06.83 18/02/2018 Jacob Leon  
 State: 2:01.40 19/03/2017 Joshua Atkinson

Lane Name Age Centre Seed Time

**Section 1 of 1 Final**

1	43106 Hamish Douglas	Manly Warringah	
2	40617 Benny Zhang	Parramatta	
3	40088 Corey Dewar	Cherrybrook	
4	42996 Finn Walsh	Hornsby	
5	40638 Nicholas Layton	Parramatta	
6	43455 Zac Roome	Mosman	
7	40683 Lachlan Roberts	Parramatta	
8	43322 Daniel Bradford	Manly Warringah	
9	40870 Christopher Mansfield	Ryde	
10	48905 Samuel Walter	Ku-Ring-Gai	
11	43304 Joel Solomon	Manly Warringah	
12	52515 Ryan Frykberg	Cherrybrook	
13	40099 Alex Mills	Cherrybrook	
14	40089 Lachlan Dewar	Cherrybrook	



**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Track Events****Event 187 Girls U 15 - 800 Metre Run (11)**

Region: 2:10.90 22/02/2009 Jenny Blundell

State: 2:09.57 20/03/2016 Carley Thomas

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	43351 Lilli Krawitz		Mosman	
2	40778 Anastasia Lakić		Ryde	
3	40181 Arabella Price		Nth Rocks Carlin	
4	40180 Amelia Milat		Nth Rocks Carlin	
5	42959 Zara Warland		Hornsby	
6	40187 Skye Grosvenor		Nth Rocks Carlin	
7	40738 Georgia Arcus		Ryde	
8	40105 Milena Visser		Cherrybrook	
9	40766 Madeleine Inkster		Ryde	
10	43222 Sally Priest		Manly Warringah	
11	52308 Jessica Bird		Ku-Ring-Gai	

**Event 188 Boys U 15 - 800 Metre Run (12)**

Region: 1:58.88 19/02/2012 Jack Collett

State: 1:57.20 20/02/2005 James Kaan

State: 1:57.20 16/03/2008 James Connor

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40051 Declan Garufi		Cherrybrook	
2	40750 Adam Bruntsch		Ryde	
3	40744 Ashton Hanna		Ryde	
4	43451 Nicholas Hyde		Mosman	
5	43177 Rafi Gordon		Manly Warringah	
6	40290 Simon Magner		Northern Suburbs	
7	40816 Andrew Phillips		Ryde	
8	52521 Isaac Cheng		Cherrybrook	
9	40755 Jack Baker		Ryde	
10	43499 Marco de Paulis		Northern Distric	
11	40894 Jacob Leon		Ryde	
12	40123 Joseph Boyd		Nth Rocks Carlin	

**Event 189 Girls U 17 - 800 Metre Run (13)**

Region: 2:12.75 18/02/2018 Imogen Gardner

State: 2:12.59 25/03/2012 Kate Spencer

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	43339 Mia Hinchliff		Mosman	
2	40246 Imogen Gardiner		Northern Suburbs	
3	40642 Alicia John		Parramatta	
4	52518 Victoria Cullen		Cherrybrook	
5	40317 Sally Guthrie		Northern Suburbs	
6	40836 Sophie Boland		Ryde	
7	40114 Kirsten Frykberg		Cherrybrook	
8	40657 Caitlin Roach		Parramatta	
9	43253 Hannah Lovlin		Manly Warringah	
10	43309 Hannah Parker		Manly Warringah	
11	43289 Ciara Sinclair		Manly Warringah	
12	40015 Justine Wallis		Cherrybrook	
13	43523 Prudence Silver		Northern Distric	

**Event 190 Boys U 17 - 800 Metre Run (13)**

Region: 1:58.90 28/02/2010 Craig Cameron

State: 1:54.00 5/03/2017 Tyler Gunn

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	40850 George Davis		Ryde	
2	40660 Benjamin Maestri		Parramatta	
3	40575 Jacob Uslu		Parramatta	
4	43540 Liam Oliver		Northern Distric	
5	49238 Conor Smith		Nth Rocks Carlin	
6	43341 Felix Scott		Mosman	
7	49245 Dylan Owen		Nth Rocks Carlin	
8	40337 Matthew Leung		Northern Suburbs	
9	42600 William Colman		Northern Suburbs	
10	40293 Dominic Panozzo		Northern Suburbs	
11	40309 Martin Leerberg		Northern Suburbs	
12	40270 Thomas Hunt		Northern Suburbs	
13	43311 Cameron Laytham		Manly Warringah	

**Event 191 Girls U 10 - 800 Metre Run (16)**

Region: 2:27.26 19/02/2012 Abbey Rockliff

State: 2:27.30 19/02/2012 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	10841 Penelope Gill		Northern Distric	
2	2001 Jessica Loring		Parramatta	
3	9381 Molly Ashton		Hornsby	
4	2034 Tonya Andis		Parramatta	
5	2208 Katie Bowrey		Parramatta	
6	34653 Georgina Fife		Ku-Ring-Gai	
7	2227 Carla Bragg		Parramatta	
8	118 Gabriella Connell		Cherrybrook	
9	9697 Isabella McCausland		Manly Warringah	
10	34791 Summer Mudadu		Ku-Ring-Gai	
11	815 Natalie Dransfield		Northern Suburbs	
12	9852 Talia Manns		Manly Warringah	
13	10055 Philippa Quarrell		Manly Warringah	
14	2529 Ebony Klarich		Ryde	
15	10358 Amelia Lavan		Mosman	
16	9642 Rebecca Gonzalo		Manly Warringah	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Track Events****Event 192 Boys U 10 - 800 Metre Run (16)**

**Region:** 2:27.30 16/02/2003 Alexander Pettigrew  
**State:** 2:21.60 25/03/1979 Paul Kelly

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	10139 William Kisby		Manly Warringah	
2	10393 Riley Grant		Mosman	
3	577 Samuel Price		Nth Rocks Carlin	
4	748 Matteo Shipman		Northern Suburbs	
5	10783 Matthew Lipman		Northern Distric	
6	760 Lachlan Norquay		Northern Suburbs	
7	10075 Jacob Kimball		Manly Warringah	
8	2695 Oscar Brivulis		Ryde	
9	2598 Luke Moscos		Ryde	
10	561 Harrison Cullen		Nth Rocks Carlin	
11	10395 Hugo Stewart		Mosman	
12	9659 Dylan Mortimer		Manly Warringah	
13	10143 Saxon Lund		Manly Warringah	
14	2516 Benjamin Proszenko		Ryde	
15	173 Joel Moresi		Cherrybrook	
16	9356 Daniel Couper		Hornsby	

**Event 193 Girls U 9 - 800 Metre Run (16)**

**Region:** 2:34.80 20/02/2011 Abbey Rockliff  
**State:** 2:33.00 20/03/2011 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	9382 Lilly Martin		Hornsby	
2	2508 Chloe McGregor		Ryde	
3	34658 Chelsea Forte		Ku-Ring-Gai	
4	2703 Annalise Boland		Ryde	
5	10087 Belinda Matthews		Manly Warringah	
6	34692 Madison Landgrebe		Ku-Ring-Gai	
7	2117 Ivy Kim		Parramatta	
8	9645 Erin Dunne		Manly Warringah	
9	254 Aliyah Bennett		Cherrybrook	
10	9632 Maddison Ross		Manly Warringah	
11	10197 Rory Nordenson		Manly Warringah	
12	34895 Mia Hooton		Ku-Ring-Gai	
13	2543 Ruby Kelly		Ryde	
14	9379 Seren D'Souza		Hornsby	
15	34739 Claudia Wyatt		Ku-Ring-Gai	
16	790 Erin Campbell		Northern Suburbs	

**Event 194 Boys U 9 - 800 Metre Run (16)**

**Region:** 2:27.80 2002 Alexander Pettigrew  
**State:** 2:25.70 17/03/2002 Alex Pettigrew

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	847 Dean Mansell		Northern Suburbs	
2	814 William Harkin		Northern Suburbs	
3	2587 Rhys Chandler		Ryde	
4	9660 Angus Seve		Manly Warringah	
5	450 Nicholas Klamer		Nth Rocks Carlin	
6	10450 Samuel Vecchio		Mosman	
7	10417 Toby Ward		Mosman	
8	443 Jamie Kastelan		Nth Rocks Carlin	
9	10153 Samuel Newsham		Manly Warringah	
10	2753 Ryan Carli		Ryde	
11	9755 Andrew Guerin		Manly Warringah	
12	34710 Yohann Pereira		Ku-Ring-Gai	
13	30782 Felix Stephens		Mosman	
14	10249 Cooper Gray		Manly Warringah	
15	34682 Archie Hetherington		Ku-Ring-Gai	
16	34997 William Durer		Ku-Ring-Gai	

**Event 215 Girls U 12-17 4x100 Metre Relay (Snr) (6)**

**Region:** 50.08 12/02/2017 Northern Suburbs

**A Dixon, E Cramer, N D'Onofrio, A Fisher**

**State:** 48.69 24/03/2013 Manly Warringah

Lane	Centre	Relay	Seed Time
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**Section 1 of 1 Final**

2	Ku-Ring-Gai		
3	Northern Suburbs		
4	Cherrybrook		
5	Hornsby		
6	Manly Warringah		
7	Nth Rocks Carlin		

**Event 216 Boys U 12-17 4x100 Metre Relay (Snr) (6)**

**Region:** 46.46 15/02/2015 Manly Warringah

**R Marosa, B Carter, L Don, M Le Ban**

**State:** 45.63 21/03/2010 Cherrybrook

Lane	Centre	Relay	Seed Time
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**Section 1 of 1 Final**

2	Cherrybrook		
3	Ku-Ring-Gai		
4	Manly Warringah		
5	Mosman		
6	Northern Suburbs		
7	Nth Rocks Carlin		

**REGION 5 TRACK & FIELD CHAMPIONSHIPS**  
**Meet Program - Sunday Track Events**

**Event 217 Girls U 9-12 4x100 Metre Relay (Jnr) (6)**


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**Region:** 55.41 19/02/2012 Manly Warringah

A Jeremy, O Wrightson, S Stanley, K Edwards

**State:** 54.62 25/03/2012 Manly Warringah

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<b>Lane</b>	<b>Centre</b>	<b>Relay</b>	<b>Seed Time</b>
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**Section 1 of 1 Final**

- 2 Ryde
- 3 Hornsby
- 4 Parramatta
- 5 Nth Rocks Carlin
- 6 Manly Warringah
- 7 Ku-Ring-Gai

**Event 218 Boys U 9-12 4x100 Metre Relay (Jnr) (6)**


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**Region:** 54.70 14/02/2016 Ku-Ring-Gai

D Hall, L Herbert, A Jones, R Hemsworth

**State:** 53.84 17/03/1996 Bankstown Sports**State:** 53.84 20/03/2016 Ku-Ring-Gai

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<b>Lane</b>	<b>Centre</b>	<b>Relay</b>	<b>Seed Time</b>
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**Section 1 of 1 Final**

- 2 Manly Warringah
- 3 Mosman
- 4 Cherrybrook
- 5 Nth Rocks Carlin
- 6 Ku-Ring-Gai
- 7 Northern Suburbs

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 49 Boys U 11 - High Jump (S/H 1.10m) (12)

Region:	1.59m	16/02/2008	Thomas Cheel
State:	1.63m	17/03/1996	John Thornell

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	10312 Dexter Staley		Mosman		
2	9475 Patrick Duke		Hornsby		
3	9648 Archie Hendry		Manly Warringah		
4	740 Cadel Holmes		Northern Suburbs		
5	605 Ethan Fajemisin		Nth Rocks Carlin		
6	10239 Cameron Tizzard		Manly Warringah		
7	729 Jude Bealby		Northern Suburbs		
8	10174 Jackson Twells		Manly Warringah		
9	869 Ethan Temelkovski		Northern Suburbs		
10	2592 Julian Emmerson		Ryde		
11	34607 Maksimir Saravanja		Ku-Ring-Gai		
12	264 Edward Hampton		Cherrybrook		

## Event 50 Girls U 12 - High Jump (S/H 1.15m) (15)

Region:	1.58m	2002	T Thompson
State:	1.65m	20/03/2015	Tomysha Clark

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	40807 Isabella Azizi		Ryde		
2	40021 Olivia Moresi		Cherrybrook		
3	40141 Eliza Matthews		Nth Rocks Carlin		
4	43187 Olivia Pugh		Manly Warringah		
5	40348 Ruby Perkins		Northern Suburbs		
6	43520 Elise Oliver		Northern Distric		
7	43271 Ashlee O'Reilly		Manly Warringah		
8	40828 April Howison		Ryde		
9	48956 Kiera Yerbury		Ku-Ring-Gai		
10	43518 Lana Waddingham		Northern Distric		
11	43325 Catrine Atherton		Manly Warringah		
12	43463 Charlize Capablanca		Mosman		
13	48934 Louise Lovell		Ku-Ring-Gai		
14	40215 Sophia Grubisic		Northern Suburbs		
15	40732 Jessica Johnston		Ryde		

## Event 51 Boys U 9 - Long Jump (16)

Region:	4.48m	2000	Michael Oldfield
State:	4.71m	24/03/1991	Grant Buchanan

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	34682 Archie Hetherington		Ku-Ring-Gai		
2	9680 Kurt Sanbrook		Manly Warringah		
3	10441 Ned Alexander		Mosman		
4	436 Jack Johnson		Nth Rocks Carlin		
5	34804 Kase Willis-Jansen		Ku-Ring-Gai		
6	10127 Byron Borchert		Manly Warringah		
7	10827 Kai Gibbons		Northern Distric		
8	9820 Kaiden Grace		Manly Warringah		
9	10402 Angus Edwards		Mosman		
10	10130 Aiden Freestone		Manly Warringah		
11	751 Cooper Kebblewhite		Northern Suburbs		
12	517 Marcus Wong		Nth Rocks Carlin		
13	450 Nicholas Klamer		Nth Rocks Carlin		
14	824 Roi Costis		Northern Suburbs		
15	34689 Adrian Kwan		Ku-Ring-Gai		
16	887 Davin Yap		Northern Suburbs		

## Event 52 Girls U 17 - Long Jump (19)

Region:	5.80m	18/02/2018	Samantha Dale
State:	5.84m	22/03/2013	Audrey Kyriacou

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	42945 Danielle Osifo		Hornsby		
2	40867 Portia Amy-Wilson		Ryde		
3	43424 Laura Quinn		Mosman		
4	48988 Jessica Maciver		Ku-Ring-Gai		
5	40349 Greta Andrews		Northern Suburbs		
6	49341 Genevieve McKeown		Nth Rocks Carlin		
7	40885 Eleanor Plummer		Ryde		
8	40085 Francesca Sugiama		Cherrybrook		
9	43221 Ashley Hanna		Manly Warringah		
10	42507 Alexandra York		Northern Suburbs		
11	40568 Tahlia Foye		Parramatta		
12	43101 milana kupceric		Manly Warringah		
13	43318 Jessica Tallentire		Manly Warringah		
14	49224 Lauren Goodacre		Nth Rocks Carlin		
15	40902 Tarsha Wayne		Ryde		
16	40731 Alyssa Lowe		Ryde		
17	43011 Lara Woollett		Hornsby		
18	40810 Sarah Brown		Ryde		
19	43328 Jasmine Ellery		Manly Warringah		

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 53 Girls U 14 - Triple Jump (16)

Region: 11.63m 20/02/2011 Mercy Agbeze				
State: 12.15m 16/03/2003 Alysha House				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43090 Carys GibbonsMaurer		Manly Warringah	
2	40104 Abigail Omage		Cherrybrook	
3	40146 Isabelle Nilon		Nth Rocks Carlin	
4	40628 Katelyn Johnson		Parramatta	
5	40790 Mikayla Kelleher		Ryde	
6	40117 Monique Brown		Nth Rocks Carlin	
7	43045 Nina vanderReyden		Manly Warringah	
8	43223 Sophie Hanna		Manly Warringah	
9	40277 Alexandra Dransfield		Northern Suburbs	
10	40176 Shirlene Su		Nth Rocks Carlin	
11	42604 Jasmine Lowe		Northern Suburbs	
12	48901 Sienna Bond		Ku-Ring-Gai	
13	40696 Chanelle Maikhael		Parramatta	
14	43069 Talia KupcERIC		Manly Warringah	
15	43315 Kelsey Smit		Manly Warringah	
16	40576 Emily Uslu		Parramatta	

## Event 54 Girls U 13 - Discus (750 Gram) (16)

Region: 46.71m 21/02/2009 Taylah Sengul				
State: 49.57m 20/03/2009 Taylah Sengul				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	42966 Bella Kachel		Hornsby	
2	40569 Amy White		Parramatta	
3	43287 Amelia Daniel		Manly Warringah	
4	43535 Shayla Gleeson		Northern Distric	
5	43268 Jamie Hawker		Manly Warringah	
6	40253 Cameron Gurry		Northern Suburbs	
7	43205 Tahlia O'Brien		Manly Warringah	
8	40891 Natasha Fairhall		Ryde	
9	40839 Kate Wheeler		Ryde	
10	40823 Maddison Duncombe		Ryde	
11	48920 Caitlin Burgess		Ku-Ring-Gai	
12	40065 Jessica Coppolelli		Cherrybrook	
13	42979 Charlotte Lafford		Hornsby	
14	40873 Milni Kariyawasam		Ryde	
15	43498 Isabelle Cruickshank		Northern Distric	
16	43438 Eve O'Brien		Mosman	

## Event 55 Boys U 15 - Discus (1.0 Kg) (13)

Region: 64.26m 15/02/2015 Nicholas Frost				
State: 64.26m 15/02/2015 Nicholas Frost				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43051 Lachlan Farquhar		Manly Warringah	
2	43009 Domenico DeStradis		Hornsby	
3	43010 Raff DeStradis		Hornsby	
4	40151 Lachlan Schneider		Nth Rocks Carlin	
5	40898 Samiucla Moala		Ryde	
6	49233 Tate Mahony		Nth Rocks Carlin	
7	43210 Fredrik Hancock		Manly Warringah	
8	40897 Savi Moala		Ryde	
9	Robbie Cullen		Cherrybrook	
10	40832 Anthony Feng		Ryde	
11	40222 Maxi Zihlmann		Northern Suburbs	
12	43097 Byron Bakker		Manly Warringah	
13	40720 Alex Shahla		Nth Rocks Carlin	

## Event 56 Girls U 10 - Shot Put (2.0 Kg) (16)

Region: 10.90m 19/02/2006 Taylah Sengul				
State: 11.92m 19/02/2006 Filoi Aokuso				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	809 Eliza Damian		Northern Suburbs	
2	10768 Eliza Olthof-Hardwick		Northern Distric	
3	107 Natasha Flahey		Cherrybrook	
4	9704 jasmin Berry		Manly Warringah	
5	34646 Nehara De Mel		Ku-Ring-Gai	
6	10372 Fiorella Collins		Mosman	
7	9501 Sienna Fishpool		Hornsby	
8	2000 Stella White		Parramatta	
9	10381 Hayley Ludgate		Mosman	
10	2652 Mikayla Duncombe		Ryde	
11	834 Ella Drinkwater		Northern Suburbs	
12	34925 Portia Rowland-Stefani		Ku-Ring-Gai	
13	10374 Sally Fainga'anuku		Mosman	
14	10060 Lara Atherton		Manly Warringah	
15	187 Mia Stewart		Cherrybrook	
16	9668 Ruby Nero		Manly Warringah	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 57 Boys U 14 - Shot Put (3.0 Kg) (16)

Region: 16.85m 16/02/2014 Kieren Briggs				
State: 18.51m 16/02/2013 Tyrone Taukamo				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43237 Gauthier Sanchez		Manly Warringah	
2	40046 Vihaan Sahai		Cherrybrook	
3	40722 George Shahla		Nth Rocks Carlin	
4	43033 Joshua Gedz		Manly Warringah	
5	40311 Cormac Morrison		Northern Suburbs	
6	40886 Benjamin Stevens		Ryde	
7	42964 Aiden Collins		Hornsby	
8	40573 Julian Ajaka		Parramatta	
9	43364 Noah Pereira		Mosman	
10	43568 Malakye Enasio		Northern Distric	
11	40882 Rory Davison		Ryde	
12	40583 Nicholas Koinusis		Parramatta	
13	49351 Kai Schofield		Nth Rocks Carlin	
14	40155 Joshua Tse		Nth Rocks Carlin	
15	40331 Bensen Liu		Northern Suburbs	
16	40259 Max Milani		Northern Suburbs	

## Event 58 Girls U 9 - Long Jump (16)

Region: 4.20m 1998 Emily Pollett				
State: 4.42m 16/03/1985 Selina Dundas				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	2543 Ruby Kelly		Ryde	
2	9491 Eve Clark		Hornsby	
3	105 Nisini RajapakshaMudiya		Cherrybrook	
4	34603 Amalia Bond		Ku-Ring-Gai	
5	9379 Seren D'Souza		Hornsby	
6	10711 Alyssa Holmes		Northern Distric	
7	2185 Clara Seyram Fetrie		Parramatta	
8	34822 Kate Harden		Ku-Ring-Gai	
9	204 Laila Burkhardt		Cherrybrook	
10	9728 Emily Kupceric		Manly Warringah	
11	9538 Liesel Walsh		Hornsby	
12	113 Heidi Vercoe		Cherrybrook	
13	9636 Abbie Dunstan		Manly Warringah	
14	34805 Alicia Endicott		Ku-Ring-Gai	
15	9679 Jessica Pulis		Manly Warringah	
16	176 Georgia Vella		Cherrybrook	

## Event 59 Girls U 15 - Long Jump (15)

Region: 5.88m 19/02/2012 Katrina Hunt				
State: 5.80m 19/03/2005 Jacinta Doyle				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40199 Alessandra Primrose		Nth Rocks Carlin	
2	43257 Jessica Bryant		Manly Warringah	
3	40202 Emily Gathercole		Nth Rocks Carlin	
4	40724 Emily Butcher		Parramatta	
5	43238 Sophia Addington		Manly Warringah	
6	40126 Sofia Gately		Nth Rocks Carlin	
7	40340 Sophie Anderson		Northern Suburbs	
8	43123 Isobel Elkan		Manly Warringah	
9	43533 Casey Griffiths		Northern Distric	
10	40201 Amy Fajemisin		Nth Rocks Carlin	
11	40124 Lily Tilt		Nth Rocks Carlin	
12	40163 Sophie Kavanagh		Nth Rocks Carlin	
13	40735 Adria McAndrew		Ryde	
14	43555 Maya McMullen		Northern Distric	
15	40787 Eliza DaSilva		Ryde	

## Event 60 Boys U 15 - Triple Jump (12)

Region: 13.54m 12/02/2017 Ryan Marshall				
State: 14.35m 21/03/1999 Fabrice Lapierre				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40897 Savi Moala		Ryde	
2	40118 Kale Burton		Nth Rocks Carlin	
3	43451 Nicholas Hyde		Mosman	
4	43038 Dale Mapstone		Manly Warringah	
5	40832 Anthony Feng		Ryde	
6	43530 Ethan Oliver		Northern Distric	
7	49246 Rajan Ravintran		Nth Rocks Carlin	
8	40005 Ajai Mohanraja		Cherrybrook	
9	49233 Tate Mahony		Nth Rocks Carlin	
10	40898 Samiuela Moala		Ryde	
11	43097 Byron Bakker		Manly Warringah	
12	43053 Joel Neasmith		Manly Warringah	

## Event 61 Girls U 11-17 Long Jump Para (2)

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
2	43105 Sybella Warton T37		Manly Warringah	
3	48986 Zara Perry T/F 13		Ku-Ring-Gai	

## Event 62 Boys U 11-17 Long Jump Para (4)

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40643 Brendan John T/F 36		Parramatta	
2	40566 Cameron Murray T/F :		Parramatta	
3	43099 Jackson Love		Manly Warringah	
4	40777 Nathan Barbara T/F 61		Ryde	

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Field Events****Event 63 Boys U 17 - Discus (1.5 Kg) (9)**

<b>Region:</b>	<b>54.30m</b>	<b>14/02/2016</b>	<b>Nicholas Frost</b>
<b>State:</b>	<b>56.17m</b>	<b>22/03/2009</b>	<b>Liam Speers</b>

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	43330 Alexander Norris		Manly Warringah	
2	40210 Matthew Butler		Northern Suburbs	
3	49227 Nathan Debs		Nth Rocks Carlin	
4	40721 Anthony Shahla		Nth Rocks Carlin	
5	48984 Jack McFadden		Ku-Ring-Gai	
6	40206 Stuart Downie		Northern Suburbs	
7	40704 Daniel Menin		Parramatta	
8	43552 Benjamin McNamara		Northern Distric	
9	40868 Jett Tall		Ryde	

**Event 64 Girls U 11 - Discus (500 Gram) (16)**

<b>Region:</b>	<b>35.18m</b>	<b>18/02/2007</b>	<b>Taylah Sengul</b>
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Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	10323 Jojo Pike		Mosman	
2	129 Tayla Moore		Cherrybrook	
3	186 Madison Clarke		Cherrybrook	
4	9637 Ella Dunstan		Manly Warringah	
5	549 Rithaja Sankaran		Nth Rocks Carlin	
6	9684 Octavia Williams		Manly Warringah	
7	614 Sienna Rowe		Nth Rocks Carlin	
8	9388 Jessica Roberts		Hornsby	
9	10826 Matilda Lemkert		Northern Distric	
10	861 Isabella Longley		Northern Suburbs	
11	9678 Elisabeth Pulis		Manly Warringah	
12	2089 Amelia Shepherd		Parramatta	
13	888 Emily Govers		Northern Suburbs	
14	2085 Maddison Kernaghan		Parramatta	
15	34906 Annabelle Stewart		Ku-Ring-Gai	
16	9367 Zoe Tamsett		Hornsby	

**Event 65 Boys U 11 - Javelin (400 Gram) (15)**

<b>Region:</b>	<b>32.74m</b>	<b>14/02/2016</b>	<b>Ethan Oliver</b>
<b>State:</b>	<b>34.27m</b>	<b>19/03/2016</b>	<b>Baxter Kitteringham</b>

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	2094 Lachlan Waldron		Parramatta	
2	9352 Amos Mashiah		Hornsby	
3	500 Thomas Schneider		Nth Rocks Carlin	
4	10137 Toby Hall		Manly Warringah	
5	2774 Thom Bragg		Ryde	
6	9475 Patrick Duke		Hornsby	
7	142 Justin Billingsley		Cherrybrook	
8	9457 Nicholas Kachel		Hornsby	
9	10193 Josh Arundel		Manly Warringah	
10	2535 Joshua Smith		Ryde	
11	2057 Ethan Hemakumara		Parramatta	
12	170 Carl Wiberg		Cherrybrook	
13	740 Cadel Holmes		Northern Suburbs	
14	2006 Simon Forsyth		Parramatta	
15	10263 William Carter		Manly Warringah	

**Event 66 Boys U 12 - Shot Put (2.0 Kg) (16)**

<b>Region:</b>	<b>13.30m</b>	<b>16/02/2003</b>	<b>A Luzi</b>
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Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40285 Benjamin Heytman		Northern Suburbs	
2	40712 Ryan Croan		Parramatta	
3	40896 William Finnane		Ryde	
4	43522 Kalan Harding		Northern Distric	
5	43019 Ruann Eksteen		Manly Warringah	
6	48916 Griffin Hemsworth		Ku-Ring-Gai	
7	43302 William Drury		Manly Warringah	
8	43027 Freddie Benson Sparke		Manly Warringah	
9	48959 Daniel Lawrence		Ku-Ring-Gai	
10	48966 Daniel Powrie		Ku-Ring-Gai	
11	40139 Hugo Matthews		Nth Rocks Carlin	
12	40869 Jaykay Rauqe		Ryde	
13	43154 Paddy Bright		Manly Warringah	
14	40059 Samuel Condon		Cherrybrook	
15	40779 Andrew Kalos		Ryde	
16	40574 Michael Ajaka		Parramatta	

**Event 67 Girls U 17 - Shot Put (3.0 Kg) (17)**

<b>Region:</b>	<b>13.57m</b>	<b>14/02/2016</b>	<b>Josephine Ritchie</b>
<b>State:</b>	<b>16.29m</b>	<b>18/02/2012</b>	<b>Taylah Sengul</b>

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	52518 Victoria Cullen		Cherrybrook	
2	40867 Portia Amy-Wilson		Ryde	
3	40267 Lauren Brown		Northern Suburbs	
4	42942 Jessica Forster		Hornsby	
5	43157 Jasmine Bonomi		Manly Warringah	
6	49006 Stella Hall		Ku-Ring-Gai	
7	43067 Jessica Smith		Manly Warringah	
8	40226 Bronte Hodson		Northern Suburbs	
9	43150 Amy Polikowski		Manly Warringah	
10	40324 Hannah Morgan		Northern Suburbs	
11	40836 Sophie Boland		Ryde	
12	43297 Emily Hatfield		Manly Warringah	
13	40812 Emily Ralph		Ryde	
14	40902 Tarsha Wayne		Ryde	
15	52299 Jada Powell		Ku-Ring-Gai	
16	40843 Olivia Dyer		Ryde	
17	48988 Jessica Maciver		Ku-Ring-Gai	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 68 Boys U 10 - High Jump (S/H 1.00m) (12)

Region: 1.42m 17/02/2008 Lachlan Behagg				
State: 1.51m 21/03/2004 Jake Stein				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	9666 Zac Gedz		Manly Warringah	
2	2100 Patrick Bruckshaw		Parramatta	
3	133 Lachlan Booth		Cherrybrook	
4	34838 Marco Naidoo		Ku-Ring-Gai	
5	774 Ned Attrill		Northern Suburbs	
6	9688 Fredrick Chidambaram		Manly Warringah	
7	34604 Lucca Holbert		Ku-Ring-Gai	
8	2624 Daniel Cox		Ryde	
9	173 Joel Moresi		Cherrybrook	
10	659 Riyon Mudannayake		Nth Rocks Carlin	
11	34857 Samuel Collett		Ku-Ring-Gai	
12	10369 Alex Savage		Mosman	

## Event 69 Boys U 13 - High Jump (S/H 1.25m) (15)

Region: 1.71m 19/02/2006 Tom Evans				
State: 1.81m 21/03/2010 Thibaut Potin				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40103 Julian Mendria		Cherrybrook	
2	43071 Dylan vanGrootel		Manly Warringah	
3	40765 Angelo Mihos		Ryde	
4	43098 Brandon Bakker		Manly Warringah	
5	40829 Ivan Prizmic		Ryde	
6	48932 Samuel Langridge		Ku-Ring-Gai	
7	40727 Wario Duba		Parramatta	
8	43387 Charlie Moriarty		Mosman	
9	43298 Mitchell Hatfield		Manly Warringah	
10	43376 Daniel Nemeth		Mosman	
11	40288 Evan Venning		Northern Suburbs	
12	40073 William Austin		Cherrybrook	
13	43429 Liam Thompson		Mosman	
14	43313 Billy Peek		Manly Warringah	
15	40177 Jacob Taylor		Nth Rocks Carlin	

## Event 70 Boys U 11 - Long Jump (16)

Region: 5.14m 22/02/2002 Alexander Pettigrew				
State: 5.34m 7/02/1987 Craig Woodroff				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	2833 Christopher Moala		Ryde	
2	9696 Wilber Kingma		Manly Warringah	
3	10174 Jackson Twells		Manly Warringah	
4	10332 Finn Pereira		Mosman	
5	374 Fergus Cheng		Cherrybrook	
6	10854 Harper Enasio		Northern Distric	
7	34669 Eddie Hallett		Ku-Ring-Gai	
8	9380 Dominic D'Souza		Hornsby	
9	2015 Evan Holman		Parramatta	
10	2592 Julian Emmerson		Ryde	
11	740 Cadel Holmes		Northern Suburbs	
12	9674 Ryan Parkes		Manly Warringah	
13	9641 Leo Robinson		Manly Warringah	
14	400 Benjamin Woodhouse		Nth Rocks Carlin	
15	741 Andres Hampel		Northern Suburbs	
16	34719 Brodie Shearer		Ku-Ring-Gai	

## Event 71 Boys U 14 - Long Jump (17)

Region: 6.22m 18/02/2018 Donovan Bradshaw				
State: 6.52m 17/03/1996 Stephen Jacenko				
Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40886 Benjamin Stevens		Ryde	
2	40638 Nicholas Layton		Parramatta	
3	43033 Joshua Gedz		Manly Warringah	
4	43161 Evan Neal		Manly Warringah	
5	40099 Alex Mills		Cherrybrook	
6	40884 Jeremy Plummer		Ryde	
7	40882 Rory Davison		Ryde	
8	43117 Lachlan Binnekamp		Manly Warringah	
9	43139 Ethan James		Manly Warringah	
10	52520 Lance Haffenden		Cherrybrook	
11	40155 Joshua Tse		Nth Rocks Carlin	
12	42943 Timothy Forster		Hornsby	
13	43021 Justin George		Manly Warringah	
14	40311 Cormac Morrison		Northern Suburbs	
15	43329 Zachary Flynn		Manly Warringah	
16	43029 Charlie Bowtell		Manly Warringah	
17	40594 Davide Rossetto		Parramatta	



## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 72 Boys U 17 - Triple Jump (12)

Region:	14.30m	17/02/2013	Emmanuel Fakiye
State:	14.80m	24/03/2013	Emmanuel Fakiye

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	40680 Jordan Metcalfe		Parramatta	
2	40064 Joshua Coppolelli		Cherrybrook	
3	40868 Jett Tall		Ryde	
4	40297 Kyle Fisher		Northern Suburbs	
5	40681 Anthony Han		Parramatta	
6	43061 Ryan Marshall		Manly Warringah	
7	43100 Billy Bakker		Manly Warringah	
8	43200 Stephen Gilbert		Manly Warringah	
9	40853 Samuel Galati		Ryde	
10	40008 Jonathan Reid		Cherrybrook	
11	43119 David Wingham		Manly Warringah	
12	43558 Ruben Samer		Northern Distric	

## Event 73 Boys U 8 - Discus (500 Gram) (16)

Region:	31.36m	1992	Gareth Care
State:	31.36m	16/02/1992	Gareth Care

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	9656 William Lowe		Manly Warringah	
2	209 Aston Maclaine		Cherrybrook	
3	2003 Lucas Ajaka		Parramatta	
4	34885 Gustav Burger		Ku-Ring-Gai	
5	242 Archibald Darby		Cherrybrook	
6	34615 Jacoby Neal		Ku-Ring-Gai	
7	845 Kyan Seale		Northern Suburbs	
8	9638 Bodhi Kaines		Manly Warringah	
9	9441 Rahul Maheswaran		Hornsby	
10	2494 Callum Laurie		Ryde	
11	34606 Owen Holbert		Ku-Ring-Gai	
12	10489 Sebastian Cadzow		Mosman	
13	9558 Oliver McPherson		Hornsby	
14	677 Noah Collier		Nth Rocks Carlin	
15	10220 Chase Villacorta		Manly Warringah	
16	34811 Harry Huic		Ku-Ring-Gai	

## Event 74 Girls U 8 - Shot Put (1.5 Kg) (16)

Region:	7.85m	22/02/2004	Taylah Sengul
State:	8.52m	17/02/2002	Kristy Dingwall

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	10159 Myah Rimmer		Manly Warringah	
2	768 Neve Taumalolo		Northern Suburbs	
3	10695 Maddison Barratt		Northern Distric	
4	10149 Eden McNaughtan		Manly Warringah	
5	752 Rachel Carpenter		Northern Suburbs	
6	728 Miranda Burns		Northern Suburbs	
7	10070 Emma Kramer		Manly Warringah	
8	2848 Audrey Leacy		Ryde	
9	188 Sian Stewart		Cherrybrook	
10	9753 Charlie Collins		Manly Warringah	
11	34612 Annika Henry		Ku-Ring-Gai	
12	10468 Elizabeth Fainga'anuku		Mosman	
13	833 Zara Drinkwater		Northern Suburbs	
14	2007 Edan-Grace El-Chaar		Parramatta	
15	34647 Beatrice Dean		Ku-Ring-Gai	
16	810 Abigail Damian		Northern Suburbs	

## Event 75 Girls U 12 - Shot Put (2.0 Kg) (16)

Region:	16.12m	17/02/2008	Taylah Sengul
State:	16.19m	20/03/1988	Kylie Standing

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	49027 Sienna Brett		Ku-Ring-Gai	
2	40625 Macda Berhane		Parramatta	
3	48935 Sarah Lovell		Ku-Ring-Gai	
4	43211 Azaniah Afualo		Manly Warringah	
5	48934 Louise Lovell		Ku-Ring-Gai	
6	40578 Emma Blume		Parramatta	
7	40776 Isabella Barbara		Ryde	
8	40141 Eliza Matthews		Nth Rocks Carlin	
9	43187 Olivia Pugh		Manly Warringah	
10	43111 Jayde Root		Manly Warringah	
11	40732 Jessica Johnston		Ryde	
12	49231 Minna Lucas		Nth Rocks Carlin	
13	43409 Fenella Burns		Mosman	
14	40145 Amelia Nagy		Nth Rocks Carlin	
15	40673 Tianna Bertolissio		Parramatta	
16	40772 Amelia Boccabella		Ryde	

## Event 76 Girls U 11-17 Super Weight Para (1)

Pos	Name	Age	Centre	Seed Mark
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<b>Flight 1 of 1 Final</b>				
2	48986 Zara Perry T/F 13		Ku-Ring-Gai	

## Event 77 Boys U 11-17 Super Weight Para (3)

Pos	Name	Age	Centre	Seed Mark
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<b>Flight 1 of 1 Final</b>				
1	40566 Cameron Murray T/F		Parramatta	
2	40643 Brendan John T/F 36		Parramatta	
3	40777 Nathan Barbara T/F 61		Ryde	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 78 Girls U 13 - Javelin (400 Gram) (15)

Region: 44.37m 21/02/2009 Taylah Sengul  
 State: 45.91m 22/03/2009 Taylah Sengul

Pos	Name	Age	Centre	Seed Mark
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## Flight 1 of 1 Final

1	43301 Sienna Villacorta		Manly Warringah	
2	49234 Skye Mahony		Nth Rocks Carlin	
3	40278 Eloise Boys		Northern Suburbs	
4	43529 Siobhan McMahon		Northern Distric	
5	40253 Cameron Gurry		Northern Suburbs	
6	43287 Amelia Daniel		Manly Warringah	
7	40661 Chloe Krklinski		Parramatta	
8	43113 Jorja Powhiro		Manly Warringah	
9	40891 Natasha Fairhall		Ryde	
10	43266 Isabel Harris		Manly Warringah	
11	43268 Jamie Hawker		Manly Warringah	
12	43535 Shayla Gleeson		Northern Distric	
13	43498 Isabelle Cruickshank		Northern Distric	
14	42966 Bella Kachel		Hornsby	
15	42979 Charlotte Lafford		Hornsby	

## Event 79 Girls U 14 - High Jump (S/H 1.25m) (9)

Region: 1.71m 1991 M Harris  
 State: 1.75m 19/03/2006 Mia McKinnon  
 State: 1.75m 18/03/2007 Amy Pejkoivic

Pos	Name	Age	Centre	Seed Mark
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## Flight 1 of 1 Final

1	43090 Carys GibbonsMaurer		Manly Warringah	
2	40565 Brooke Luksic		Parramatta	
3	43223 Sophie Hanna		Manly Warringah	
4	40696 Chanelle Maikhael		Parramatta	
5	42604 Jasmine Lowe		Northern Suburbs	
6	43069 Talia Kupceric		Manly Warringah	
7	48992 Alice MacNamara		Ku-Ring-Gai	
8	40577 Melissa Blume		Parramatta	
9	40668 Nicole Pitchfork		Parramatta	

## Event 80 Girls U 10 - High Jump (S/H 0.95m) (13)

Region: 1.36m 2002 F Sombroek  
 State: 1.47m 24/03/2013 Tomysa Clark

Pos	Name	Age	Centre	Seed Mark
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## Flight 1 of 1 Final

1	187 Mia Stewart		Cherrybrook	
2	2533 Olivia Sidhu		Ryde	
3	9791 Paloma Campos		Manly Warringah	
4	10712 Isla Honor		Northern Distric	
5	834 Ella Drinkwater		Northern Suburbs	
6	759 Annabelle Twyman		Northern Suburbs	
7	34871 Emily Holdsworth		Ku-Ring-Gai	
8	203 Ruby Semaganda		Cherrybrook	
9	10378 Ruby High		Mosman	
10	410 Carys Byrnes		Nth Rocks Carlin	
11	473 Maddison Minard		Nth Rocks Carlin	
12	34864 Ellie Lee		Ku-Ring-Gai	
13	9524 Anastasia Limbers		Hornsby	

## Event 81 Girls U 11 - Long Jump (16)

Region: 4.76m 1998 A Kerr  
 State: 4.97m 20/03/2011 Chyna Tavai-Williams

Pos	Name	Age	Centre	Seed Mark
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## Flight 1 of 1 Final

1	9357 Michaela Couper		Hornsby	
2	9687 Laura Bell		Manly Warringah	
3	776 Aqua Fisher		Northern Suburbs	
4	10741 Elizabeth Toynbee		Northern Distric	
5	456 Chloe Leivesley		Nth Rocks Carlin	
6	9846 Ava Black		Manly Warringah	
7	424 Lani Khiroya		Nth Rocks Carlin	
8	10306 Grace Townsend		Mosman	
9	2299 Lara Butel		Parramatta	
10	10730 Ava Mitchell		Northern Distric	
11	756 Catherine Mikan		Northern Suburbs	
12	861 Isabella Longley		Northern Suburbs	
13	835 Lola Jones		Northern Suburbs	
14	10323 Jojo Pike		Mosman	
15	30805 Jessica Parker		Mosman	
16	34677 Amber Jobson		Ku-Ring-Gai	

## Event 82 Boys U 13 - Long Jump (16)

Region: 5.75m 1995 D Geddes  
 State: 6.11m 19/03/2006 Kurt Jenner

Pos	Name	Age	Centre	Seed Mark
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## Flight 1 of 1 Final

1	53145 Brodie Waldock		Ku-Ring-Gai	
2	40073 William Austin		Cherrybrook	
3	43225 Lukas Muller		Manly Warringah	
4	48909 Lachlan Herbert		Ku-Ring-Gai	
5	48985 James Harden		Ku-Ring-Gai	
6	40288 Evan Venning		Northern Suburbs	
7	48941 Joshua Riddle		Ku-Ring-Gai	
8	42980 William Tye		Hornsby	
9	40177 Jacob Taylor		Nth Rocks Carlin	
10	40765 Angelo Mihos		Ryde	
11	40200 Lachlan Tilt		Nth Rocks Carlin	
12	40204 Nicholas Woodhouse		Nth Rocks Carlin	
13	43255 Colt Paterson		Manly Warringah	
14	40030 Nicholas Bradshaw		Cherrybrook	
15	42933 Corban Ross		Hornsby	
16	43317 Jett Sully		Manly Warringah	

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 83 Girls U 12 - Triple Jump (16)

Region: 10.55m 14/02/2016 Danielle Osifo			
State: 10.94m 20/03/1994 Amy Carpenter			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	42994 Cassidy McArthur		Hornsby
2	40020 Sarah-anne Koot		Cherrybrook
3	40141 Eliza Matthews		Nth Rocks Carlin
4	40820 Miah O'Shea		Ryde
5	40807 Isabella Azizi		Ryde
6	40621 Caitlin Brennan		Parramatta
7	49027 Sienna Brett		Ku-Ring-Gai
8	48951 Amelia Watkins		Ku-Ring-Gai
9	43044 Kaia Taikato		Manly Warringah
10	43431 Lauren Dower		Mosman
11	40348 Ruby Perkins		Northern Suburbs
12	43036 Luna Ligertwood		Manly Warringah
13	43534 Sienna Gleeson		Northern Distric
14	48929 Teagan Jones		Ku-Ring-Gai
15	40230 Annika Lee		Northern Suburbs
16	43271 Ashlee O'Reilly		Manly Warringah

## Event 84 Boys U 9 - Discus (500 Gram) (16)

Region: 32.96m 1998 Christopher Bassett			
State: 36.68m 22/11/1998 Jamal Idris			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	9660 Angus Seve		Manly Warringah
2	9444 Hamish Collins		Hornsby
3	2214 Vinuka Kankanige		Parramatta
4	34654 Oliver Fisher		Ku-Ring-Gai
5	2168 Owen Bragg		Parramatta
6	2080 Luke Butcher		Parramatta
7	132 Isaac Lai		Cherrybrook
8	751 Cooper Kebblewhite		Northern Suburbs
9	10450 Samuel Vecchio		Mosman
10	419 Neo Parlevliet		Nth Rocks Carlin
11	9719 Tobias Woolnough		Manly Warringah
12	841 Samuel Batory		Northern Suburbs
13	913 Benjamin Govers		Northern Suburbs
14	450 Nicholas Klamer		Nth Rocks Carlin
15	34832 Tyler Stead		Ku-Ring-Gai
16	10130 Aiden Freestone		Manly Warringah

## Event 85 Boys U 10 - Shot Put (2.0 Kg) (15)

Region: 11.70m 17/02/2013 Daniel Menin			
State: 13.22m 20/02/2011 EJ Brown-Vaelua			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	573 Lucas Bishop		Nth Rocks Carlin
2	34969 Henry Quilkey		Ku-Ring-Gai
3	2488 Zakar Balian		Ryde
4	581 Joshua Reynolds		Nth Rocks Carlin
5	587 Benjamin Lawrence		Nth Rocks Carlin
6	577 Samuel Price		Nth Rocks Carlin
7	747 Lucas Breckon		Northern Suburbs
8	9666 Zac Gedz		Manly Warringah
9	245 Edward Darby		Cherrybrook
10	34644 Rian Connors		Ku-Ring-Gai
11	2610 Xavier Moran		Ryde
12	9685 Prescott Williams		Manly Warringah
13	34930 Cooper Eagling		Ku-Ring-Gai
14	34884 Gerhardus Burger		Ku-Ring-Gai
15	10370 Hugh Taylor		Mosman

## Event 86 Girls U 15 - Shot Put (3.0 Kg) (13)

Region: 14.00m 2000 B Johnson			
State: 15.25m 16/02/2014 Grace Robinson			
Pos	Name	Age	Centre
<b>Flight 1 of 1 Final</b>			
1	43283 Amber Williams		Manly Warringah
2	43346 Amelia Daunt		Mosman
3	40126 Sofia Gately		Nth Rocks Carlin
4	43120 Lea Hartley		Manly Warringah
5	40571 Alana Shehadie		Parramatta
6	43316 Charlise Sully		Manly Warringah
7	49026 Scarlet Brett		Ku-Ring-Gai
8	42959 Zara Warland		Hornsby
9	40124 Lily Tilt		Nth Rocks Carlin
10	52310 Emelia Duncan		Ku-Ring-Gai
11	40053 Anna Kely		Cherrybrook
12	40202 Emily Gathercole		Nth Rocks Carlin
13	40180 Amelia Milat		Nth Rocks Carlin

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

**Event 87 Boys U 12 - Javelin (400 Gram) (14)**

Region: 36.96m 15/02/2015 Daniel Menin  
 State: 40.48m 21/03/2015 Daniel Menin

Pos	Name	Age	Centre	Seed	Mark
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**Flight 1 of 1 Final**

1	43019 Ruann Eksteen		Manly Warringah		
2	43107 Harry Sexton		Manly Warringah		
3	48966 Daniel Powrie		Ku-Ring-Gai		
4	42944 Nathanael Ramsay		Hornsby		
5	43027 Freddie Benson Sparke		Manly Warringah		
6	40779 Andrew Kalos		Ryde		
7	40139 Hugo Matthews		Nth Rocks Carlin		
8	40645 Declan Reidy		Parramatta		
9	40102 Cameron Mepham		Cherrybrook		
10	40301 Will Morahan		Northern Suburbs		
11	43302 William Drury		Manly Warringah		
12	40712 Ryan Croan		Parramatta		
13	40574 Michael Ajaka		Parramatta		
14	40068 Xavier Hennessey		Cherrybrook		

**Event 88 Boys U 15 - High Jump (S/H 1.30m) (7)**

Region: 1.90m 17/02/2013 Declan Plum  
 State: 2.06m 18/03/2000 James Watson

Pos	Name	Age	Centre	Seed	Mark
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**Flight 1 of 1 Final**

1	40755 Jack Baker		Ryde		
2	43057 Dylan Charlier		Manly Warringah		
3	40218 Darcy Holmes		Northern Suburbs		
4	Robbie Cullen		Cherrybrook		
5	40273 Michael Gardiner		Northern Suburbs		
6	40897 Savi Moala		Ryde		
7	43038 Dale Mapstone		Manly Warringah		

**Event 89 Girls U 17 - High Jump (S/H 1.30m) (11)**

Region: 1.70m 15/02/2015 Karina Brown  
 State: 1.84m 21/03/2010 Emily Crutcher

Pos	Name	Age	Centre	Seed	Mark
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**Flight 1 of 1 Final**

1	42507 Alexandra York		Northern Suburbs		
2	43186 Aleisha Jeremy		Manly Warringah		
3	43058 Isabelle Charlier		Manly Warringah		
4	49224 Lauren Goodacre		Nth Rocks Carlin		
5	40109 Anna Cahil		Cherrybrook		
6	40843 Olivia Dyer		Ryde		
7	43424 Laura Quinn		Mosman		
8	43546 Mikaela Quinlan		Northern Distric		
9	40232 Annika Lynch		Northern Suburbs		
10	40685 Kiara Henry		Parramatta		
11	40867 Portia Amy-Wilson		Ryde		

**Event 90 Girls U 13 - Triple Jump (16)**

Region: 10.91m 1995 C Morris  
 State: 11.27m 20/03/2016 Tomysha Clark

Pos	Name	Age	Centre	Seed	Mark
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**Flight 1 of 1 Final**

1	48938 Isabel Ozinga		Ku-Ring-Gai		
2	43129 Chloe Dunne		Manly Warringah		
3	40186 Hayley Reynolds		Nth Rocks Carlin		
4	40761 Kaitlyn Martin		Ryde		
5	40815 Georgia Phillips		Ryde		
6	43287 Amelia Daniel		Manly Warringah		
7	40339 Hannah Anderson		Northern Suburbs		
8	43001 Lola Dorman		Hornsby		
9	40193 Andrea MyaHan		Nth Rocks Carlin		
10	43066 Lucy Scholtens		Manly Warringah		
11	43535 Shayla Gleeson		Northern Distric		
12	40024 Tara Webb		Cherrybrook		
13	42966 Bella Kachel		Hornsby		
14	40274 Mia Marshall		Northern Suburbs		
15	40661 Chloe Krklinski		Parramatta		
16	40900 Aliana Moala		Ryde		

**Event 91 Girls U 9 - Discus (500 Gram) (16)**

Region: 27.23m 15/02/2005 Taylah Sengul  
 State: 31.22m 28/11/2004 Filoi Aokuso

Pos	Name	Age	Centre	Seed	Mark
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**Flight 1 of 1 Final**

1	750 Alaska Durie		Northern Suburbs		
2	9491 Eve Clark		Hornsby		
3	34860 Eve Treston		Ku-Ring-Gai		
4	2703 Annalise Boland		Ryde		
5	770 Juliette Harvey		Northern Suburbs		
6	9636 Abbie Dunstan		Manly Warringah		
7	9737 Sienna Evans		Manly Warringah		
8	10100 Eliza Williams		Manly Warringah		
9	34658 Chelsea Forte		Ku-Ring-Gai		
10	105 Nisini RajapakshaMudiya		Cherrybrook		
11	34652 Sophie Farrell		Ku-Ring-Gai		
12	2042 Star Millott		Parramatta		
13	9735 Millie Buxton		Manly Warringah		
14	9528 Sophia Tsaousidis		Hornsby		
15	409 Evana Butler		Nth Rocks Carlin		
16	34608 Evita Saravanja		Ku-Ring-Gai		

## REGION 5 TRACK &amp; FIELD CHAMPIONSHIPS

## Meet Program - Sunday Field Events

## Event 92 Boys U 13 - Shot Put (3.0 Kg) (16)

Region: 15.66m 1994 S Novkovic  
 State: 19.11m 20/03/2009 Tepai Moeroa

Pos	Name	Age	Centre	Seed	Mark
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## Flight 1 of 1 Final

1	53145 Brodie Waldoock		Ku-Ring-Gai		
2	43298 Mitchell Hatfield		Manly Warringah		
3	40245 Joseph Harkin		Northern Suburbs		
4	43284 Gabriel Bertozzi		Manly Warringah		
5	40200 Lachlan Tilt		Nth Rocks Carlin		
6	43386 Oliver Ludgate		Mosman		
7	43373 Finnlay Bartlett		Mosman		
8	40338 Daniel White		Northern Suburbs		
9	43376 Daniel Nemeth		Mosman		
10	40579 Marcus Adam El-Chaa		Parramatta		
11	40618 Adam Butcher		Parramatta		
12	40073 William Austin		Cherrybrook		
13	48941 Joshua Riddle		Ku-Ring-Gai		
14	43098 Brandon Bakker		Manly Warringah		
15	40671 Lucas Sassen		Parramatta		
16	48932 Samuel Langridge		Ku-Ring-Gai		

## Event 93 Boys U 14 - Javelin (600 Gram) (11)

Region: 53.00m 17/02/2013 Cameron McEntyre  
 State: 56.87m 18/03/2001 Jonathon Wynn

Pos	Name	Age	Centre	Seed	Mark
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## Flight 1 of 1 Final

1	43304 Joel Solomon		Manly Warringah		
2	49351 Kai Schofield		Nth Rocks Carlin		
3	40886 Benjamin Stevens		Ryde		
4	43364 Noah Pereira		Mosman		
5	40259 Max Milani		Northern Suburbs		
6	40573 Julian Ajaka		Parramatta		
7	40331 Bensen Liu		Northern Suburbs		
8	40813 Thomas Ralph		Ryde		
9	43021 Justin George		Manly Warringah		
10	43161 Evan Neal		Manly Warringah		
11	40884 Jeremy Plummer		Ryde		

## Event 94 Boys U 12 - Triple Jump (16)

Region: 11.54m 22/02/2004 Martin Stonis  
 State: 12.78m 19/03/1995 Gima Keimelo

Pos	Name	Age	Centre	Seed	Mark
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## Flight 1 of 1 Final

1	43018 Leo Brown		Manly Warringah		
2	40775 Owen Chandler		Ryde		
3	40285 Benjamin Heytman		Northern Suburbs		
4	40261 James Archer		Northern Suburbs		
5	43031 Cruz Cookson		Manly Warringah		
6	48931 Lucas Kwan		Ku-Ring-Gai		
7	43132 Mikel Martin		Manly Warringah		
8	40312 Llewyn Morrison		Northern Suburbs		
9	40241 Mitchell Healy		Northern Suburbs		
10	43421 Brody Folkes		Mosman		
11	48910 Zac Herbert		Ku-Ring-Gai		
12	48947 Will Soden		Ku-Ring-Gai		
13	49221 Jake Hardwick		Nth Rocks Carlin		
14	43193 Zach Rowland		Manly Warringah		
15	42944 Nathanael Ramsay		Hornsby		
16	40137 Finn Parlevliet		Nth Rocks Carlin		

## Event 95 Boys U 11 - Discus (500 Gram) (16)

Region: 37.09m 20/02/2011 Nicholas Frost

Pos	Name	Age	Centre	Seed	Mark
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## Flight 1 of 1 Final

1	10147 Hayden McLellan		Manly Warringah		
2	34614 Tyson Neal		Ku-Ring-Gai		
3	2006 Simon Forsyth		Parramatta		
4	9436 Joshua Fowell		Hornsby		
5	9809 Lennox Cleary		Manly Warringah		
6	2592 Julian Emmerson		Ryde		
7	2094 Lachlan Waldron		Parramatta		
8	170 Carl Wiberg		Cherrybrook		
9	10137 Toby Hall		Manly Warringah		
10	2014 Terry Koinusis		Parramatta		
11	2057 Ethan Hemakumara		Parramatta		
12	34812 Jack Huie		Ku-Ring-Gai		
13	2642 Harry Jordan		Ryde		
14	10854 Harper Enasio		Northern Distric		
15	879 Dominic Lee		Northern Suburbs		
16	2824 Samuel Leon		Ryde		

**REGION 5 TRACK & FIELD CHAMPIONSHIPS****Meet Program - Sunday Field Events****Event 96 Boys U 17 - Javelin (700 Gram) (14)**

Region: 62.32m 17/02/2013 Tyson Davis

State: 68.40m 24/03/2013 Rhys Stein

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	40297 Kyle Fisher		Northern Suburbs	
2	43540 Liam Oliver		Northern Distric	
3	40662 Lachlan Krklinski		Parramatta	
4	40012 Bayden Little		Cherrybrook	
5	40570 Elie Shehadie		Parramatta	
6	43330 Alexander Norris		Manly Warringah	
7	40704 Daniel Menin		Parramatta	
8	43202 Charlie Hamill		Manly Warringah	
9	40206 Stuart Downie		Northern Suburbs	
10	40309 Martin Leerberg		Northern Suburbs	
11	48984 Jack McFadden		Ku-Ring-Gai	
12	40013 Morgan Little		Cherrybrook	
13	40853 Samuel Galati		Ryde	
14	40850 George Davis		Ryde	

**Event 97 Girls U 14 - Discus (1.0 Kg) (16)**

Region: 42.86m 27/02/2010 Taylah Sengul

State: 45.39m 20/03/2016 Sally Shokry

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	40295 Giuliana Panozzo		Northern Suburbs	
2	40699 Jessica Peterson		Parramatta	
3	43074 Caitlin Dickinson		Manly Warringah	
4	40668 Nicole Pitchfork		Parramatta	
5	43362 Jasmin Frost		Mosman	
6	43507 Sarah Hughes-Narboro		Northern Distric	
7	40745 Bronte Dahlen		Ryde	
8	43561 Ella Gibbons		Northern Distric	
9	43151 Emma Polikowski		Manly Warringah	
10	40117 Monique Brown		Nth Rocks Carlin	
11	40607 Elianna Hemakumara		Parramatta	
12	40717 Thinaya Jayasinghe		Parramatta	
13	40577 Melissa Blume		Parramatta	
14	40128 Caitlin Waldron		Nth Rocks Carlin	
15	49022 Felicity Stewart		Ku-Ring-Gai	
16	48954 Brianna Worsfold		Ku-Ring-Gai	

**Event 98 Girls U 15 - Javelin (500 Gram) (7)**

Region: 42.06m 14/02/2016 Brooke East

State: 43.00m 19/03/2017 Chole Schwarz

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	49026 Scarlet Brett		Ku-Ring-Gai	
2	40181 Arabella Price		Nth Rocks Carlin	
3	40163 Sophie Kavanagh		Nth Rocks Carlin	
4	43283 Amber Williams		Manly Warringah	
5	43124 Edie Burke		Manly Warringah	
6	40053 Anna Kely		Cherrybrook	
7	40126 Sofia Gately		Nth Rocks Carlin	

**Event 101 Girls U 11-12 Discus Para (1)**

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	43105 Sybella Warton T37		Manly Warringah	
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**Event 102 Boys U 11-12 Discus Para (1)**

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	40777 Nathan Barbara T/F 61		Ryde	
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**Event 103 Girls U 13-14 Discus Para (1)**

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	48986 Zara Perry T/F 13		Ku-Ring-Gai	
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**Event 104 Boys U 13-14 Discus Para (1)**

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	43099 Jackson Love		Manly Warringah	
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**Event 106 Boys U 11-17 Discus Para (2)**

Pos	Name	Age	Centre	Seed Mark
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**Flight 1 of 1 Final**

1	40566 Cameron Murray T/F		Parramatta	
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2	40643 Brendan John T/F 36		Parramatta	
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