

North Rocks Carlingford Little Athletics Centre 2018-19 Awards

Age Group Awards				
Age Group	Age Champion	Runner Up	Most PBs	Age Managers Award
6 Girls	Emma Barker	Florence Lee	Sophie Trullio	Jacinta Murphy
6 Boys	Anthony Mittiga	Andre Livanage	Riley Johnson	Javier Robinson
7 Girls	Heidi Waddell	Amy Codrington	Matilda Pearson Olivia Perry	Alexandra Bailey
7 Boys	Tejas Sankaran	Cohen Keeping	Kenneth Chia	Hamish McBain
8 Girls	Hannah Lambert	Ella Hazon	Nicole Chen	Ella Lin
8 Boys	Alexander Song	James Bishop	Ryan Lim	Felix Wang
9 Girls	Evana Butler	Mackenzie McBain	Natalie Cogley	Chloe Perry
9 Boys	Nicholas Klamer	Henry O'Neil	Matthew Lawrence	Oliver Leivesley
10 Girls	Maddison Minard	Carys Byrnes	Lily Scahill	Rachel Fenson
10 Boys	Samuel Price	Joshua Tilt	Lucas Nagy	Joshua Reynolds
11 Girls	Lani Khiroya	Mila Burdett	Aoife Murdock	Zaara Yip
11 Boys	Benjamin Woodhouse	Zacharie Touchard	Tyler Boyd	Lewis Wong
12 Girls	Eliza Matthews	Anesha Busingye	Amelia Nagy	Tharindi Balalle
12 Boys	Finn Parlevliet	Cody Burton	Isaac Wong	Marcus Milat
13 Girls	Hayley Reynolds	Abigail Goodacre	Tia Brady	Andrea Mya Han
13 Boys	Lachlan Tilt	Nicholas Woodhouse	Harrison Lawler	Jacob Taylor
14 Girls	Isabelle Nilon	Jasmine Khiroya	Caitlin Waldron	Zoe Parlevliet
14 Boys	Joshua Tse	Ethan Touchard		Kai Schofield
15 Girls	Lily Tilt	Emily Gathercole	Sofia Gately	Skye Grosvenor
15 Boys	Tate Mahony	Kale Burton	Joseph Boyd	Lachlan Schneider
17 Girls	Lauren Goodacre	Chelsea Smith	Claire Matthews	Josephine Vu
17 Boys	Conor Smith	Nathan Debs	Arthur Ziogas	Dylan Owen

Tony Kish Award

Kara Hazon

Wally Pamplin Award

Amelia Nagy

Garry Dennis Award

Skye Grosvenor

Athlete of the Year

	Boy	Girl
Junior (U6- U9)	Matthew Lawrence	Evana Butler
Intermediate (U10-U12)	Benjamin Woodhouse	Lani Khiroya
Senior (U13-U17)	Tate Mahony	Lily Tilt

NRCLAC McDonald's Scholarship Nominee

Lily Tilt

New Centre Records

Age	Athlete	Event	Record	Date
6G	Angel Obi	Shot Put	3.34m	03 Nov 2018
6G	Emma Barker	Shot Put	3.34m	09 Mar 2019
6B	Anthony Mittiga	Shot Put	5.25m	26 Jan 2019
9G	Sophie Polkinghorne	700m Walk	4:10.91	02 Mar 2019
9G	Evana Butler	Shot Put	7.05m	01 Dec 2018
10B	Christopher Nilon	1100m Walk	6:27.25	02 Mar 2019
11B	Tyler Boyd	1100m Walk	7:24.11	02 Mar 2019
11B	Benjamin Woodhouse	400m	1:07.50	16 Feb 2019
11B	Benjamin Woodhouse	800m	2:30.17	26 Jan 2019
12B	Cristian Kastelan	1500m Walk	11:05.61	16 Feb 2019
13B	Liam Price	1500m Walk	10:00.90	26 Jan 2019
13B	Jacob Taylor	200m	26.69	27 Oct 2018
13B	Nicholas Woodhouse	3000m	10:57.22	09 Mar 2019
14G	Isabelle Nilon	1500m Walk	8:54.81	02 Mar 2019
14G	Caitlin Waldron	Discus	28.77m	02 Mar 2019
14G	Monique Brown	Javelin	32.67m	13 Oct 2018
15G	Alessandra Primrose	1500m Walk	11:37.40	10 Nov 2018
15G	Lily Tilt	1500m Walk	9:39.80	24 Nov 2018
15G	Amy Fatemisin	High Jump	1.55m	01 Dec 2018
15G	Sophie Kavanagh	High Jump	1.56m	09 Mar 2019
15G	Lily Tilt	Javelin	30.05m	16 Feb 2019
15B	Lachlan Schneider	1500m Walk	13:27.30	13 Oct 2018
15B	Joseph Boyd	3000m	11:00.36	01 Dec 2018
15B	Tate Mahony	300m Hurdles	50.31	03 Nov 2018
15B	Alexander Harrison	300m Hurdles	49.16	24 Nov 2018
15B	Kale Burton	300m Hurdles	46.17	16 Feb 2019
15B	Tate Mahony	Javelin	35.84m	26 Jan 2019
15B	Lachlan Schneider	Javelin	36.22m	16 Feb 2019
15B	Rajan Ravintran	Triple Jump	11.90m	10 Nov 2018
15B	Tate Mahony	Triple Jump	12.20m	16 Feb 2019
15B	Alexander Shahla	Shot Put	16.43m	02 Mar 2019
17G	Lauren Goodacre	300m Hurdles	53.06	03 Nov 2018
17B	Anthony Shahia	Discus	40.41m	23 Feb 2019
17B	Anthony Shahia	Shot Put	12.62m	02 Mar 2019

10 Years NRCLAC Service

Anneka Hoskin
Samantha Munoz
Isabelle Nilon
Emily Gathercole

5 Years NRCLAC Service

Lauren Blair	Neo Parlevliet	Sienna Rowe
Abigail Goodacre	Finn Parlevliet	Rithaja Sankaran
Madison Huynh	Zoe Parlevliet	Marcus Wong
Patrick Largo	Joshua Portes	Lewis Wong
Eliza Matthews	Alessandra Primrose	Isaac Wong
Hugo Matthews	Ava Radford	Charlotte Woods
Leon Pang	Olivia Radford	

North Rocks Carlingford Little Athletics Centre 2018-19 Awards

State Athletes

Evana Butler	Finn Parlevliet	Skye Grosvenor
Sophie Polkinghorne	Hayley Reynolds	Sofia Gately
Nicholas Klamer	Nicholas Woodhouse	Sophie Kavanagh
Matthew Lawrence	Jacob Taylor	Arabella Price
Samuel Price	Liam Price	Tate Mahony
Christopher Nilon	Isabelle Nilon	Kale Burton
Lani Khroya	Caitlin Waldron	Rajan Ravinthan
Rithaja Sankaran	Monique Brown	Lachlan Schneider
Benjamin Woodhouse	George Shahla	Alexander Shahla
Lewis Wong	Lily Tilt	Lauren Goodacre
Eliza Matthews	Emily Gathercole	Genevieve McKeown
Amelia Nagy		Anthony Shahla

Region Athletes

Hannah Lambert	Joshua Tilt	Jake Hardwick
Ella Hazon	Harrison Cullen	Oliver McNicol
Manha Dinaz	Joshua Reynolds	Abigail Goodacre
Alexander Song	Benjamin Lawrence	Andrea Mya Han
James Bishop	Rivon Mudannayake	Alyssa Khaw
Noah Collier	Lucas Nagy	Skye Mahony
Mackenzie McBain	Lucas Bishop	Olivia Radford
Zoe McGuire	Mila Burdett	Lachlan Tilt
Alison Hubbard	Zaara Yip	Dane Grosvenor
Zara Palfrey	Chloe Leivesley	Bailey Elrick
Nikayla Tucker	Aoife Murdock	Jasmine Khroya
Ayushi Poudel	Mia Elrick	Shirlene Su
Henry O'Neil	Sienna Rowe	Zoe Parlevliet
Hudson Keeping	Ethan Fajemisin	Arpita Poudel
Marcus Wong	Tyler Boyd	Chloe White
Oliver Leivesley	Thomas Schneider	Joshua Tse
Jamie Kastelan	Anesha Busingye	Kai Schofield
Neo Parlevliet	Hariclia Kolosakas	Rory Wilson
Billy Radford	Isabella Primrose	Amelia Milat
Jack Johnson	Minna Lucas	Amy Fajemisin
Brodie White	Cody Burton	Alessandra Primrose
Maddison Minard	William Stanger	Joseph Boyd
Carys Byrnes	David McGuire	Rishi Bajpai
Rachel Fenson	Isaac Wong	Chelsea Smith
Kara Hazon	Cristian Kastelan	Conor Smith
Pia Goradia	Max Byrnes	Nathan Debs
Abigail Gathercole	Hugo Matthews	Dylan Owen
Brinleigh Grosvenor		Arthur Ziogas

Gold Medals 30+ PBs

Amelia Nagy	Joseph Boyd	Tate Mahony
Sofia Gately	Anesha Busingye	Cohen Keeping
Isabelle Nilon	Finn Parlevliet	Lucas Nagy
Aoife Murdock	Hayley Reynolds	Natalie Cobley
Skye Grosvenor		Isaac Wong

Silver Medals 25-29 PBs

Emma Barker	Eliza Matthews	Kenneth Chia
Ellis Naidoo	Caitlin Waldron	Charlotte Barker
Ryan Lim	Florence Lee	Mackenzie McBain
Alexander Song	Nicole Chen	Hudson Keeping
Annabel Cullen	Mani Beeram	Benjamin Woodhouse
Billy Radford	Caden Jiang	Cathy Yang
Lily Tilt	Michael Kolosakas	Tia Brady
Nathan Sarah	Natalie Zhang	Harrison Lawler
Matthew Lawrence	Conor Smith	May Okada
Chloe Leivesley	Riley Johnson	Alessandra Richardson
Skye Mahony	Andre Liyanage	Nathan Debs
Jenah Patel	Heidi Waddell	Arthur Ziogas
Zoe McGuire		

Bronze Medals 20-24 PBs

Obadiah Walker	Jason Koutchavis-Walker	Abbey White
Hannah Lambert	Ankita Prasannan	Bronte Jamieson
Natalie Chen	Brandon Goh	Amy Codrington
Daniel Yang	Lucas Bishop	Hamish McBain
Joshua Reynolds	Tyler Boyd	Lucas Krietic
Kale Burton	Ethan Fajemisin	Shane Fairbairn
Mattilda Pearson	Cristian Kastelan	Evelyn Lee
Olivia Perry	Shirlene Su	Lucas Wei
Bryan Huang	Amelia Milat	James Bishop
Daymon Wong	Myesha Yip	Mary Powell
Alison Hubbard	Anthony Mittiga	Lachlan Ge
Sophie Polkinghorne	Alexandra Bailey	Nicholas Klamer
Benjamin Lawrence	Zara Goran	Jack Johnson
Harrison Cullen	Noah Collier	Neo Parlevliet
Hariclia Kolosakas	Nancy Bridge	Joshua Tilt
Cody Burton	Safiya Yip	Liam Attwood
David McGuire	Evana Butler	Adam Ilic
Marcus Milat	Zara Palfrey	Lewis Wong
Samantha Munoz	Lily Scahill	Abigail Goodacre
Jasmine Khroya	Riley Barron	Rorie Loo
Jacinta Murphy	Ryan Huang	Abigail Kafkis
Angel Obi	Keira Parsons	Andrea Mya Han
Sophie Trujillo	Charlotte Tse	Hayley Jung
Javier Robinson	Zoe Parlevliet	Nicholas Woodhouse
Harrison Ge	Dashain Karawita	Emily Gathercole
Bailey Williams		Lachlan Schneider