

# NORTH ROCKS CARLINGFORD LITTLE ATHLETICS CENTRE INC.



**President: Garry Dennis**  
155 Murray Farm Road  
Beecroft NSW 2119  
Ph: 8812 2535  
garry.dennis@ato.gov.au

**Secretary: Vicki Milne**  
32 Andrew Place  
North Rocks NSW 2151  
Ph: 98721481  
vjmilne@bigpond.net.au

## ANNUAL REPORTS 2014/2015 SEASON

---

---

### PRESIDENT'S REPORT

---

---

What a fantastic season we had at Kingsdene Oval. We lost no competition days due to the weather, which is a first for me over my 14 years at the Club, and had excellent attendance throughout from many of our athletes, and their parents. We saw excellent conditions on the oval throughout the season.

We had our fourth highest number of athletes register this season with 390, down slightly from 420 last year. The last 4 years have seen our highest number of registrations in the Club's history.

I would expect athlete numbers to be around 400 next season. If you intend to return to NRC, please ensure you sign on early when Registrations open in August.

We held our annual Presentation Day on 29 March, just one week after the end of our season. We had an excellent turnout from our athletes, their families, and our Life Members. Every athlete received an award from the Club for their efforts throughout the season.

With our high number of registrations, and particularly re-registrations from returning athletes, we had 26 athletes reach 5 years of service, each receiving a boxed medal from the Club. There were no athletes reaching 10 years of service this season.

We had 130 athletes participate at the Zone Carnival. From there, we had 68 athletes qualify for Region, down from 78 last year. In turn, our success at Region saw 25 athletes qualify for State, with 24 competing at the Carnival. A sensational effort !

Our athletes combined to achieve 201 bronze, silver and gold PB medals from our weekly competition.

We also had 10 individual record breakers this season, with 13 records going. Well done to all our athletes on your efforts throughout the season. All up, I think we can say that as a Club, we must be doing something right.

I would like to thank our Life Members for their continued support of our Club. It was great to see Dee and Tony Kish, Jenny and Ivan Drury, Mary O'Byrne, Glenys Atkins, Jan Andrews, Peter Blackett, Alan Bradley, Robert Care and Ed Strom at our Presentation Day. In particular, I would like to

thank Jenny Drury for her regular attendance throughout the season. Jenny is always happy to be a Starter or Timekeeper, as required.

I would like to offer a big thank-you to all of our Age Managers, Assistant Age Managers, and the regular parent helpers with each group. You all did a great job with your group throughout the season. Thanks also to our key officials, particularly our Starters, Chief Timekeepers, and Timekeepers. Also to our field event officials who chased discus, shot put and javelin at our throws, and raked sand and helped measure at long and triple jump.

I would like to offer a special thank you to Lisa Lane in the Canteen, and Kate Dillon on BBQ duty. Thanks also to Susan Brownlow for assisting in the canteen, and cleaning up at the end of each competition day. Thanks also to those who helped Lisa and Kate in the canteen and on the BBQ when required, and to Adam Price and his regular band of data entry helpers for all things results and computer related.

Training took place again on Wednesday and Thursday nights throughout the season. At times we had more than 60 athletes in attendance, and Thursday was more popular this season, all of which gives a great indication of how well Shannon's sessions were appreciated and run. Thanks Shannon.

I would also like to thank Erin Leverett for being our Clubs Team Manager at all of the external Carnivals. Erin does a great job of ensuring all our athletes are properly attired and at marshalling when called. Thanks also to Annette Todd for assisting Erin at these events, and to Annika Tilt who took on the role at the State Carnival.

I would like to acknowledge our U17 athletes who finished at NRC this season. Some of these athletes have been with us since Tots or U6, and have been outstanding representatives of our Club, both at Centre and external carnivals. In particular, I would like to acknowledge Emma Longworth (12 years) and Jasmin Borsovszky (9) for their service to the Club. A big thanks to Jas who led the way in running our weekly warm-up's, and her able assistants from the 12G's, Alana and Tarsha, for their corny jokes.

I would also like to acknowledge Jas and Kate Milne for their outstanding efforts in setting up and packing away each week.

Finally, I would like to thank our fantastic Committee for their efforts throughout the year. They have all worked hard to keep our Club running successfully. In particular I would like to acknowledge –

- Dave for his assistance to me, and for managing the 6G's;
- Simon for looking after our Finances, organising the athlete awards, helping with the weekly supplies, and Starting;
- Vicki for all her work behind the scenes on Committee matters and for Chiefing at Timekeeping;
- Adam for maintaining our website and database;
- Carwyn for being Officer for Championships, assisting Adam with results input, and with the 10G's;
- Amanda for being Officer for Officials; and keeping me in the loop on issues around the oval;
- Bob for organising our Registrations, setting up each week, and Age Managing the 17's;
- Russell for helping out with canteen supplies and Age Managing the 8B's;
- Ben for looking after our equipment, and setting up and packing the shed each week;
- Shannon for training, and Age Managing the 10G's; and
- Fergus for his photography, maintenance of our Apps, and general contribution to everything around the oval.

I would like to congratulate and thank Simon Brownlow, who has been at NRC with his 3 daughters for 10 years, and who steps down after serving on the Committee for many years. Simon is well known around the oval as one of our Chief Starters. On behalf of the Club, it was a pleasure presenting Simon with an Outstanding Service Award at our Presentation Day. Thank you Simon.

As we move toward next season, it is vital that we have some new parents join the Committee to help build on the successes we have enjoyed over many years. Please give this some serious thought over the coming weeks and months.

We will also need some parents to step up and learn the job of Starting for next season. We have been lucky over many years to have an experienced band of parents take on this vital role. Please give some thought to this, especially if you take on a role like this at your child's school carnival.

I wish all our athletes a successful winter sport season, particularly at your School athletics carnivals. I look forward to seeing you again next year for another season of Little A's at North Rocks Carlingford.

**Garry Dennis**  
**President**

---

---

## SECRETARY'S REPORT

---

---

During the season meetings were held once a month commencing from June 2014 in preparation for Registrations which commenced in August.

In 2014-15 the Presentation Day was again held separately to the Annual General Meeting and was very well attended by many athletes and their parents. It was wonderful to see such a big turnout..

In relation to Club administrative matters, North Rocks Carlingford Little Athletics Club is required to adopt a new Constitution prior to the AGM in 2015. The Committee has proposed a draft which will be considered as part of the AGM. The draft was distributed to all members as part of the Notice of Meeting for the AGM and is also available on the website.

The Club is always looking for new sources of funding to complement our existing funds particularly in relation to the purchase of equipment which Ben has highlighted in his report. It is often difficult for Committee members to allocate the time which is required to complete grant submissions and applications.

Fortunately this year, the Committee has been assisted in this process and on behalf of the Committee I would like to especially thank Vicki Radford and Kelly Cook for their assistance and support in putting together the appropriate paperwork for these grants and submissions.

The information they are collating for the Club will make it easier and quicker for the Club to apply for grants and other funding opportunities when they arise.

This season has seen the Club have a higher social media profile which has been driven by Fergus Tilt and as a new initiative a social/community report has been included to let our members know what is happening in this area.

I would like to thank the Committee for all their support and look forward to seeing some new members in 2015-2016.

I would also like to thank Simon for his contribution over the years. When we first joined he was my daughter's age manager and I know his leadership has contributed to her enjoyment of Little Athletics.

Congratulations also to Garry for his Life Membership achievement. I cannot think of a more deserving recipient of this Award. Garry spends many hours on Club business and is always keen to see the athletes achieve their best. I look forward to his continuing involvement with the North Rocks Athletics community.

**Vicki Milne**  
**Secretary**

---

---

## TREASURER'S REPORT

---

---

### NRCLAC TREASURER'S REPORT 2014 -2015 SEASON

Please find attached the 2014-2015 accounts. These accounts have been audited by our Honorary Auditor Mr Jeffrey Herman, CPA (Certified Practising Accountant) and we thank Jeffrey for undertaking this on our behalf.

It has been a pleasure to resume the role of Treasurer for NRCLAC and I am pleased to advise that the Centre has returned to an Operating Surplus (profit) for the 2014-15 season of \$6,685-. This surplus was derived from the club's three main income sources and two supplementary sources being:

- i) Athlete's subscriptions
- ii) Canteen receipts
- iii) Uniform sales
- iv) Term deposit interest
- v) Grants and loyalty

Our bank balance remains healthy with an end of season balance of \$5,729- (after accrued expenses have been paid) plus a term deposit of \$40,986- which has been invested by the Club with the aim being to contribute to some projected improvements to the club facilities in conjunction with The Hills Shire Council. The Term deposit will be re-invested to obtain best current interest rates corresponding with a maturity term timed with the start of Season 2015-16.

All known 2014-15 expenses have been captured into these accounts including \$8,388- of accrued expenses relating to medals, trophies and awards presented on Presentation Day, line marking paint and an electricity expense charged by council and expected to be received in June 2015. The accrued amount being based on last season's actual charge from council.

Our uniform stock balance has been reconciled to \$10,085- which is slightly higher than previous years and a reflection of uniform sales receipts being down this year. The uniforms in stock however, should allow for a smaller investment at the start of next season.

The Centre recorded a total income for 2014-15 season of \$63,111- which represents a very minor increase of \$19 on the previous year. Given our athlete registration numbers were down resulting in \$1,100 less in registration fees, flowing through to \$1,090- less in Uniform sales, these two shortfalls were accommodated by:

1) An increase of \$708- in Canteen sales. It's difficult to say if this is a result of the wonderful barbecuing efforts of Kate Dillon and the crew on the bbq each week, or the introduction of the Super Slushy this year (thanks Fergus) but I do know it would all not be possible without the fantastic week-in week

out contribution of Lisa McKenzie and her support team in the Canteen.

2) A \$1,000- grant from McDonalds Australia to assist the club purchase equipment for which we used on new marquees purchased early in the season. This was organised by Fergus Tilt and again our thanks to Fergus for arranging this.

The Centre incurs considerable expenses to keep operational. The major expense for 2014-15 is the \$16,886- fee paid to LAANSW for registration and insurance of our athletes. In addition to this;

- \$7,596- was spent on trophies, medals, ribbons and other rewards presented to the athletes at our presentation day.
- \$10,813- was spent on stocking the canteen.
- \$3,909- in uniform cost of sales

NRCLAC investment on new equipment was relatively minor this year. In addition, we were fortunate to have a number of marquees donated to the club (refer Equipment Report) allowing us to upgrade these without the capital expense.

A new concept this year was the outsourcing of the mowing of the circular and straight tracks to Jims Mowing Oatlands to ensure the athletes always ran on a consistent surface. The club expensed \$1,694- to outsource this and in addition to the efforts of Ben Waldron, Garry, Fergus and co, in my opinion, the oval was maintained in wonderful condition.

With NRCLAC being a not-for-profit organisation, we aim to return the funds to the athletes and parent helpers through the continuation of a number of initiatives that have enjoyed the ongoing support of the committee.

- 1) Paddle Pop Weekly Prize
- 2) Fun day
- 3) NRCLAC branded Athlete Clothing for Awards

Furthermore, this year, we thank Mark Porter of Swimart Carlingford for his kind donation of the parent/helper gifts this presentation day.

So for Season 2014/15, for my time as Treasurer and Vice-President, for all the wonderful athletes and parents I have met over the years, especially the NRCLAC committee both past and present, thank you. I have thoroughly enjoyed my time at NRCLAC and wish the club all the very best.

**Regards,  
Simon Brownlow  
Treasurer**

NORTH ROCKS CARLINGFORD LITTLE ATHLETICS CENTRE INCORPORATED

BALANCE SHEET  
AS AT 31 MARCH 2015

**Assets**

Bank Account  
Term Deposit  
Uniform Clothing Stock  
**Total Assets**

**Liabilities**

Accruals  
- AGM & Presentation  
- Canteen Purchases  
- Carnival Entry Fees  
- Registrations  
- Repairs & Maintenance  
- Uniform Purchases  
- Electricity  
- Equipment Purchases  
- Medals & Trophies  
**Total Liabilities**

**Membership Equity**

	31/03/2015	31/03/2014
Bank Account	14,117	3,637
Term Deposit	40,986	50,920
Uniform Clothing Stock	10,085	9,363
<b>Total Assets</b>	<b>65,187</b>	<b>63,919</b>
<b><u>Liabilities</u></b>		
Accruals		
- AGM & Presentation	168	249
- Canteen Purchases	0	0
- Carnival Entry Fees	0	290
- Registrations	0	62
- Repairs & Maintenance	570	946
- Uniform Purchases	0	0
- Electricity	680	0
- Equipment Purchases	0	4,180
- Medals & Trophies	6,971	8,079
<b>Total Liabilities</b>	<b>8,388</b>	<b>13,805</b>
<b><u>Membership Equity</u></b>		
	56,799	50,114

Honorary Auditor's Report

I have examined the books of account and financial records of North Rocks Carlingford Little Athletics Centre Incorporated for the year ended 31 March 2015 and I am of the opinion that the above Balance Sheet and the Statement of Income and Expenditure on page 2 give an accurate view of the state of affairs and results for the year. I have relied on the previous year's audit for the March 2014 financial balances and have not performed a review on these figures this year.

The Balance Sheet and Statement of Income and Expenditure have been prepared for the members of the North Rocks Carlingford Little Athletics Centre and may not be relied upon by any other parties.



Jeffrey Herman - Certified Practising Accountant (CPA)  
Honorary Reviewer

Dated at Sydney on 1 April 2015

NORTH ROCKS CARLINGFORD LITTLE ATHLETICS CENTRE INCORPORATED

STATEMENT OF INCOME AND EXPENDITURE  
FOR THE YEAR ENDING 31 MARCH 2015

	Year to 31/03/2015	Year to 31/03/2014
<b><u>Income</u></b>		
Registrations	39,000	40,182
Canteen sales	14,973	14,265
Uniform sales	6,410	7,500
Grants & Loyalty	1,696	0
Interest	1,012	1,145
Sundry	20	0
<b>Total Income</b>	<b>63,111</b>	<b>63,092</b>
<b><u>Expenditure</u></b>		
AGM Expenses	1,182	646
Bank Fees	930	140
Canteen Cost of Sales	10,813	10,872
Carnival Entry Fees	686	590
Computers, Recording & Website	3,146	1,852
Conference Fees		
Electricity	1,360	793
Equipment Purchases & Repairs	1,696	11,994
General Expenses	792	1,245
Ground Maintenance & Consumables	4,725	1,136
LAA NSW Registration & Entry Fees	16,886	19,920
Oval Hire	1,835	920
Printing & Stationery	683	0
Ribbons, Trophies & Medals	7,596	8,761
Training & Coaching	190	
Uniform Cost of Sales	3,909	7,773
<b>Total Expenditure</b>	<b>56,426</b>	<b>66,642</b>
<b>Operating Surplus/(Deficit)</b>	<b>6,685</b>	<b>-3,550</b>

---

---

## REGISTRAR'S REPORT

---

---

There were a total of 389 registrations for the 2014 – 2015 season with distribution as follows. The chart below shows the number of registrations & the change on the previous year.

Age Group	Boys	Change %	Girls	Change %	Group Total	Change %
<b>T/Tots</b>	24	-8%	7	-66%	31	-34%
<b>U6</b>	20	-23%	18	11%	38	-9%
<b>U 7</b>	29	-6%	23	18%	52	4%
<b>U 8</b>	31	42%	22	27%	53	36%
<b>U 9</b>	21	-4%	17	-47%	38	-30%
<b>U 10</b>	16	-30%	30	23%	46	NIL
<b>U 11</b>	18	22%	21	9%	39	15%
<b>U 12</b>	16	25%	16	-16%	32	3%
<b>U 13</b>	11	-31%	12	-14%	23	-23%
<b>U 14</b>	8	-33%	10	40%	18	NIL
<b>U 15</b>	1	-80%	3	-67%	4	-71%
<b>U 17</b>	5	-44%	10	-17%	15	-29%
<b>Total</b>	200	-6%	189	-8%	389	-8%

There was a small reduction in the overall registrations on the previous year.

As in the past couple of years, we have seen the benefit of technology with 100% of all registrations and 92% of payments being performed on line.

I thank all families who used this method of registration, as it makes the days of registration number collection much less stressful. I would also like to thank all parents & children for their patience during the busy registration days.

Finally, I would like to thank all the committee who gave up their time to assist with distribution of registration packs & uniforms sales at the start of the season & in particular to Adam for his invaluable assistance with correlation of data from the on line system.

**Bob Todd**  
Registrar

---

---

## OFFICER FOR TECHNICAL & EQUIPMENTS REPORT

---

---

What a fantastic season 2014-2015 was!!!!

As my first year in the role I took great solace from having Tom Astalosh just a phone call away and even though he retired from LA's last year he still helped out starting races when we needed him. Again thanks Tom for your help and support.

A focus this year was the quality of the grass on our oval after a few years, where the grass was quite sandy. It was great to see some of the kids 'help' me water the oval (or should I say play under the sprinkler!). With the assistance of Jims Mowing and the expert line marking by Garry/Fergus, the ground looked sharp on Saturdays.

The state of our equipment was relatively good with no large purchases. We did trial some training gear (eg. practice discuses) and the results were great, with 2, under 7 athletes, winning gold at the Zone Carnival after training with the new equipment leading up to Zone. In the new year, further money will be spent on this type of equipment for training which will greatly assist the younger athletes.

We have earmarked some large purchases for the next few years with Hurdles (\$12 000) and the Long Jump pit (Between \$25 000 - \$40 000) to be replaced. We will also need to update our throwing equipment. With purchases this size the club has had to move away from being self-sufficient and this year we have approached sponsors and applied for grants. This year we were lucky enough to be given a very generous donation by Dr Tony Hayek from Blue Wealth Property. This donation of the shade tents saved the club around \$7000. Again thanks Tony.

My last point is I would like to thank the parents and sometimes Grandparents that turned up for setup and pack up. It was often the same people but again thank you - without you we would have no competitions on the weekend. I would also like to thank my father who spent a number of hours doing the pack up, running around and moving or collecting equipment for the club. Thank you.

Finally I would like to thank my fellow committee members – no task was too small (from setting up, packing up, washing vests, training, managing age groups). I have seen first-hand the effort and time you all put in to run this club so successfully. Thank you for making this an enjoyable season and see you next season.

**Ben Waldron**  
Officer for Technical and Equipment

---

---

## COACHING AND EDUCATION REPORT

---

---

What another fantastic season for North rocks. I was so impressed by all the athletes that competed at Zone, regional and State. In terms of coaching it was another fun filled year with approximately 60 athletes coming to train on a Wednesday and about 30 on Thursday nights.

On Wednesdays we concentrated a lot on running mixing it between sprints and middle distance. Thursdays was a bit more specific and the athletes were able to choose between shot put, discus, long and triple jump and hurdles. This allowed the children to choose which events they wanted to work on and was very successful. I would particularly like to thank Ben, Carwyn, and Garry for their help on the training nights with throws and jumps.

I would also like to thank all the parents who happily brought their children down each week for training. A special thank you goes to all the athletes who came week in and week out ready to work hard and having fun while doing it. I once again enjoyed training all the athletes and look forward to next season.

**Shannon Kavanagh**  
**Club Coach**

---

---

## CHAMPIONSHIP AND TEAM MANAGER'S REPORT

---

---

This has again been a successful season for North Rocks Carlingford club as we have had many athletes compete in all high levels of competition in external carnivals. We should be very proud of athletes who give it a go and who qualify for further competition.

This season, 130 athletes competed at the Zone Carnival which was held at Barton Park in December 2014. Many entered multiple events and were very successful in reaching finals and achieving PBs. Many parents also made the carnival run smoothly and I would like to extend a special thank you to Annette Todd for her assistance.

Our Zone winners were: Caitlin Brennan (7G) 200m; Hannah Mathews (11G) 400m; Arabella Price (10G) 800m; Eliza Harvey (14G) 800m; Arabella Price (10G) 1500m; Eliza Harvey (14G) 1500m; Caitlin Brenna (7G) 500m; Maya Leverett (17G) Long Jump; Zoe Fajemisin (13G) Triple Jump; Monique Brown (10G) Shot Put; Sienna Rowe (U7G) Discus; Daniel Tan (14B) 200m; Lachlan Tilt (8B) Long Jump; George Shahla (9B) Shot Put; Alex Shahla (11B) Shot Put; Anthony Shahla (13B) Shot Put; and Lachlan Waldron (7B) Discus.

Congratulations also to Caitlin Brennan who was placed 2<sup>nd</sup> 100m receiving a silver medal. Under 7's do not proceed past Zone.

We had 68 athletes qualify to compete at the Regional Carnival at Narrabeen on 14<sup>th</sup> and 15<sup>th</sup> February. 14 athletes received 19 medals for their performances. Four athletes won Gold medals – Eliza Harvey (14G) for the 800m and 1500m; Zoe Fajemisin (13G) Triple Jump; Maya Leverett (17G) Long Jump; and Lachlan Tilt (8B) Long Jump.

Hayley Reynolds (8G) won Silver in 200m and Long Jump and Bronze in 70m sprint; Tarsha Wayne won Silver in Javelin and Bronze in Long Jump; Alana Kavanagh won Silver in Triple Jump and Bronze in 100m Walk; Others to win Silver were Arabella Price (10G) 1500m; Lily Tilt (10G) Long Jump; Alex Shahla (11B) Shot Put; Anthony Shahla (13B) Shot Put; George Shahla (9B) Discus; Daniel Tan (14B) 200m; and Sophie Kavanagh won Bronze in High Jump.

This year the State Multi Event was held in Sydney on March 7<sup>th</sup> and 8<sup>th</sup>. A number of our athletes competed in their respective age groups and points were scored for times and distances. Many PBs were achieved, and the following were placed in the top 10 of their age group with some tough competition:

Lachlan Tilt	U8B	6th
Lily Tilt	U10G	2nd
Riley Leverett	U13B	6th

Finally, the Little Athletics State Carnival at Homebush which was held on March 20<sup>th</sup>, 21<sup>st</sup> and 22<sup>rd</sup>, where our 24 athletes competed in 41 events.

Thomas Brennan U9B	14 <sup>th</sup> 800m
Jordan Cocks U9B	12 <sup>th</sup> Discus
Kai Schofield U9B	11 <sup>th</sup> Shot Put
George Shahla U9B	1 <sup>st</sup> Shot Put, 15 <sup>th</sup> Discus
Monique Brown 10G	12 <sup>th</sup> Shot Put
Sophie Kavanagh 10G	13 <sup>th</sup> Long Jump, 16 <sup>th</sup> 800m, 20 <sup>th</sup> High Jump
Arabella Price 10G	15 <sup>th</sup> 1500m
Lily Tilt 10G	6 <sup>th</sup> 400m, 14 <sup>th</sup> 200m, 14 <sup>th</sup> 60m hurdles, 5 <sup>th</sup> Long Jump
Caitlin Waldron 10G	12 <sup>th</sup> Discus, 14 <sup>th</sup> Shot Put
Alex Shahla 11B	8 <sup>th</sup> Shot Put, 24 <sup>th</sup> Discus
Hunter Hosking 11B	9 <sup>th</sup> 400m, 9 <sup>th</sup> 800m
Alana Kavanagh 12G	8 <sup>th</sup> 1500m walk, 8 <sup>th</sup> Javelin, 11 <sup>th</sup> Triple Jump
Tarsha Wayne 12G	10 <sup>th</sup> Triple Jump, 15 <sup>th</sup> Javelin
Zoe Fajemisin 13G	8 <sup>th</sup> Triple Jump
Anthony Shahla U13B	8 <sup>th</sup> Shot Put, 20 <sup>th</sup> Discus
Samantha Dale U14G	12 <sup>th</sup> High Jump
Eliza Harvey 14G	1 <sup>st</sup> 800m, 2 <sup>nd</sup> 1500m
Sara Kely 14G	1 <sup>st</sup> 100m PARA, 2 <sup>nd</sup> Long Jump PARA, 2 <sup>nd</sup> 800m PARA, 4 <sup>th</sup> Discus PARA, 3 <sup>rd</sup> 1500m, 4 <sup>th</sup> 800m
Alannah Kuka U14G	13 <sup>th</sup> Javelin
Daniel Tan U14B	19 <sup>th</sup> 200m
Jessica Cunningham 17G	11 <sup>th</sup> 3000m
Karissa Kuka 17G	12 <sup>th</sup> Javelin
Maya Leverett 17G	4 <sup>th</sup> Long Jump
Stephen Todd 17B	14 <sup>th</sup> 200m Hurdles

Congratulations to George, Eliza and Sara for winning Gold Medals, Eliza for winning a Silver Medal and Sara for winning 2 Silver Medals and a Bronze Medal.

This was a very busy and successful year of competition for the athletes at North Rocks Carlingford Little Athletics. Congratulations to all of you for representing the club to the best of your ability. We hope to see you all again for the 2015-2016 season.

**Erin Leverett**  
Team Manager

## RECORDS REPORT

### PB's Achieved in 2014-2015

Of the 380 registered U6 to U17 athletes, 300 (79%) achieved 10 or more Personal Bests during the season.

The following table shows the number of athletes who achieved the various award levels:

PB's	Award	No. of Athletes
10 PB	Ribbon	45
15 PB	Ribbon	54
20 PB	Bronze Medal	71
25 PB	Silver Medal	61
30 PB	Gold Medal	69

Ten of our athletes achieved over 40 PB's. The average weekly Saturday attendance for U6-17 was 248 with the largest week attendance being 278.

### Records Set/Broken in 2014-2015

The following table shows the records broken and standing at our club during season 2014 / 2015:

Age	Athlete	Event	Record	Date
9B	George Shahla	Shot Put	8.52m	31/01/2015
12B	Zaki Razi	Javelin	19.58m	31/01/2015
12G	Alana Kavanagh	1500m Walk	8m 39.2s	27/09/2014
12G	Alana Kavanagh	Javelin	20.94m	28/02/2015
12G	Tarsha Wayne	Javelin	22.14m	14/03/2015
14B	Hugh Brogan	3000m	12m 52.1s	18/10/2014
14B	Corey Kavanagh	3000m	11m 26.4s	21/02/2015
17B	David Shead	1500m	5m 06.6s	18/10/2014
17B	David Shead	800m	2m 24.0s	25/10/2014
17G	Maya Leverett	Triple Jump	10.47m	22/11/2014
17G	Maya Leverett	Long Lump	5.10m	14/03/2015
17G	Sarah Travis	High Jump	1.51m	23/01/2015
17G	Karissa Kuka	Javelin	32.32m	20/09/2014

Congratulations to all athletes on their achievements during the season.

**Adam Price**  
Data Manager

## SOCIAL/COMMUNITY REPORT

This season NRCLAC has attempted to promote a sense of community within the club through a number of new initiatives: Name badges for committee members & parent helpers

- Photos
- Social media

Current research suggests integration within a community is beneficial to an individual's health and happiness. Hopefully by providing these new channels to interact with the club and each other, NRCLAC members can become more involved with our Little Athletics community on and off the track.

To wrap some numbers around our social platforms:

- 112 followers on Facebook
- 19 followers on Twitter
- 26 followers on Instagram

Our Facebook page has had:

- 64,579 reach
- 19,374 content clicks
- 1,091 likes, shares, or comments

GeoSnapShot (our photo sharing website) has had:

- 53 albums of photos taken by parent volunteers
- 11,831 unique views

Next season we're aiming to extend the NRCLAC community wider, through our relationships with local council, local residents, local businesses, and local media.

We'd love you to be involved. Please:

- Wear a name badge
- Volunteer to take some photos
- Keep checking out our social platforms
- Share your ideas with us

**Fergus Tilt**  
Committee Member



## OFFICER FOR OFFICIALS REPORT

Thank you to everyone who attended and took part this season with the weekly setup of equipment, Age Managers and Assistants, Field Officials, Time keepers and starters, canteen and BBQ, and general upkeep and tending to the athletics field.

I especially appreciate all the Families, parents and Grandparents who take the time out of their day to bring their children every week and support and encourage them in their athletics. Also for their volunteer help in setting up equipment, assisting the Age Manager, the starters and time keepers. Without their help many of the day's activities and events could not take place.

A huge thank you to all of our Officials, the starters, chiefs and time keepers for their unselfish commitment to making sure that all the athletes compete to the best of their abilities. Also all the Age Managers and assistants who look after the athletes and help the athletes have a great day every week. It's a big job, but very rewarding for all involved.

Thanks to all the parents who helped out with various duties at Zone, Regional and State Carnival as well. Again, a huge thank you to everyone who attended or helped out this seasons. You make it special for all the children who compete each week and make it a fun day for all.

**Amanda Kely**  
Officer for Officials

## AWARD RECIPIENTS 2014-2015

### Athlete of the Year Awards

Junior Boy (U6-U9)	Lachlan Tilt
Junior Girl (U6-U9)	Hayley Reynolds
Intermediate Boy (U10-U12)	Hunter Hosking
Intermediate Girl (U10-U12)	Lily Tilt
Senior Boy (U13-U15)	Anthony Shahla
Senior Girl (U13-U15)	Eliza Harvey
Under 17	Stephen Todd

### Special Awards

Tony Kish Award	Eliza McKenzie
Wally Pamplin Award	Arabella Price

### McDonalds Scholarship Nominee

Maya Leverett

## AGE GROUP AWARDS

Group	Age Champion	Runner Up	Most PBs	Age Manager Award
6 Girls	Isla Clarke	Sarah Nienhuis	Taylor Jamieson	Maddison Minard
6 Boys	Benjamin Woodhouse	Samuel Price	Christopher Nilon	Joshua Reynolds
7 Girls	Caitlin Brennan	Lani Khroya	Amy Woodhouse	Eden Hosking
7 Boys	Lachlan Waldron	Thomas Smith	Tyler Boyd	William Basha
8 Girls	Hayley Reynolds	Charlotte Gathercole	Sarah Russell	Olivia Radford
8 Boys	Lachlan Tilt	Cody Burton	Hamish Langton	Alec Mitchell
9 Girls	Isabelle Nilon	Aimee Mills	Zoe Parlevliet	Ida Hughes
9 Boys	Thomas Brennan	Nicholas Woodhouse	Harrison Graham	Taj Thorne
10 Girls	Lily Tilt	Sophie Kavanagh	Arabella Price	Sofia Gately
10 Boys	Kaleb Liu	Patrick Largo	Zachary Campos	William Low
11 Girls	Emily Gathercole	Amy Fajemisin	Emma O'Neile	Hannah Mathews
11 Boys	Hunter Hosking	Kale Burton	Alexander Shahla	Ashton Cooper
12 Girls	Alana Kavanagh	Genevieve McKeown	Tarsha Wayne	Alyssa Lamprianidis
12 Boys	Leon Liu	Luke Yin	Zachary Roche-Evans	Dylan Owen
13 Girls	Zoe Fajemisin	Josephine Vu	Sophia Harrison	Julia O'Niele
13 Boys	Anthony Shahla	Riley Leverett	Daniel Saunders	Ronald Leung
14 Girls	Samantha Dale	Alannah Kuka	Sara Kely	Christina Lamprianidis
15 Girls	Kate Milne	Na	Na	Na
15 Boys	Na	Na	Na	Terence Huang
17 Girls	Maya Leverett	Sandy Chen	Zoe Kavanagh	Jasmin Borsovszky
17 Boys	Stephen Todd	Na	Na	Vinson Cai