

North Rocks Carlingford Little Athletics Centre 2016-17 Awards

Age Group Awards

Age Group	Age Champion	Runner Up	Most PBs	Age Managers Award
6 Girls	Ella Hazon	Ella Qiaoyi Lin	Rachel Goh	Summer Dyson
6 Boys	William Carroll	Charlie Cook	Max Minard	Neo Parlevliet
7 Girls	Evana Butler	Rachel Fenson	Caitlin Wallis	Isabelle McCaffrey
7 Boys	Joshua Tilt	Justin Guo	Marcus Wong	Henry O'Neil
8 Girls	Carys Byrnes	Maddison Minard	Brinleigh Grosvenor	Kara Hazon
8 Boys	Benjamin Woodhouse	Samuel Price	Riyon Mudannayake	Henry Tieste
9 Girls	Lani Khroya	Eden Hosking	Rithaja Sankaran	Keziah Hoskin
9 Boys	Finn Parlevliet	Lachlan Waldron	Tyler Boyd	Lewis Wong
10 Girls	Hayley Reynolds	Charlotte Gathercole	Amelia Nagy	Ella Baker
10 Boys	Lachlan Tilt	Matthew Gough	Max Byrnes	Cristian Kastelan
11 Girls	Isabelle Nilon	Jasmine Loh	Chloe Thurston	Ida Hughes
11 Boys	Nicholas Woodhouse	Jacob Taylor	Nicholas Koinusis	Marley Lepp
12 Girls	Lily Tilt	Sophie Kavanagh	Caitlin Waldron	Arabella Price
12 Boys	Patrick Largo	Samuel Moore	Stamford Liu	Rajan Ravinhran
13 Girls	Emily Gathercole	Chelsea Smith	Skye Grosvenor	Amy Fajemisin
13 Boys	Hunter Hosking	Alexander Harrison	Lachlan Schneider	Kale Burton
14 Girls	Sophie Borsovszky	Alyssa Lamprianidis	#N/A	Lauren Goodacre
14 Boys	Luke Yin	Dylan Owen	Suraj Nagaraj	Conor Smith
15 Girls	Josephine Vu	#N/A	#N/A	#N/A
15 Boys	#N/A	#N/A	#N/A	#N/A
17 Girls	Samantha Dale	Kate Milne	Christina Lamprianidis	Mandela Sutherland
17 Boys	Thomas Schaafsma	Benjamin Vu	#N/A	#N/A

Tony Kish Award

Cody Burton

Wally Pamplin Award

Isabelle Nilon

Athlete of the Year

	Boy	Girl
Junior (U6- U9)	Benjamin Woodhouse	Lani Khroya
Intermediate (U10-U12)	Nicholas Woodhouse	Sophie Kavanagh
Senior (U13-U17)	Lachlan Schneider	Samantha Dale

NRCLAC McDonald's Scholarship Nominee

Samantha Dale

New Centre Records

Age	Athlete	Event	Record	Date
8B	Benjamin Woodhouse	700m	2m 25.7s	11/03/2017
8B	Benjamin Woodhouse	400m	1m 16.13s	25/02/2017
9B	Lachlan Waldron	700m Walk	4m 45.0s	11/03/2017
11B	Kai Schofield	Javelin	25.10m	19/11/2016
11G	Isabelle Nilon	1100m Walk	6m 22.0s	26/11/2016
12G	Sophie Kavanagh	High Jump	1.50m	11/03/2017
12G	Monique Brown	Javelin	27.31m	5/11/2016
13B	Hunter Hosking	3000m	11m 54.9s	29/10/2016
13B	Lachlan Schneider	1500m Walk	11m 28.7s	12/11/2016
17B	Michael Guo	300m Hurdles	49.62s	26/11/2016
17G	Samantha Dale	High Jump	1.57m	18/02/2017
17G	Samantha Dale	Long Jump	5.49m	18/02/2017
17G	Samantha Dale	300m Hurdles	53.95s	26/11/2016

10 Years NRCLAC Service

Tate Mahony

Mandela Sutherland

Siena Sutherland

5 Years NRCLAC Service

Karina Bessis	Stephanie Kelleway	Lachlan Schneider
Cody Burton	Terry Koinusis	Eliana Solomonides
Kale Burton	Garry Liu	Nicholas Solomonides
Ashton Cooper	Skye Mahony	Jack Stanger
Abigail Gathercole	Jade Mahony	Alara Unat
Matthew Gough	Alec Mitchell	Josephine Vu
Michael Guo	Amelia Nagy	Benjamin Vu
Sofina Hoskin	Samuel Price	Nicholas Woodhouse
Ryan Kelleway	Blake Rundell	Huey Yin
	Charlie Schneider	

State Athletes

William Basha	Matthew Gough	Hayley Reynolds
Monique Brown	Hunter Hosking	Lachlan Schneider
Cody Burton	Sophie Kavanagh	Lachlan Tilt
Samantha Dale	Alannah Kuka	Lily Tilt
Amy Fajemisin	Isabelle Nilon	Lachlan Waldron
Emily Gathercole	Finn Parlevliet	Caitlin Waldron
Lauren Goodacre	Arabella Price	Nicholas Woodhouse

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Region Athletes

Ella Baker	Jasmine Khirova	Samuel Price
Karina Bessis	Terry Koinusis	Liam Price
Joseph Boyd	Nischal Kollipara	Alessandra Primrose
Kale Burton	Isaac Kuka	Rajan Ravintran
Carys Byrnes	Alyssa Lamprianidis	Sienna Rowe
Max Byrnes	Patrick Largo	Rithaja Sankaran
Jordan Cocks	Joshua Lawrence	Thomas Schaafsma
Ethan Fajemisin	Benji Loh	Kai Schofield
Zoe Fajemisin	Jasmine Loh	Chelsea Smith
Sofia Gately	Eliza Matthews	Mandela Sutherland
Charlotte Gathercole	Eliza McKenzie	Jacob Taylor
Brinleigh Grosvenor	Genevieve McKeown	Henry Tieste
Skye Grosvenor	Oliver McNicol	Gala Vinaroz Rizaldos
Alexander Harrison	Kate Milne	Josephine Vu
Kara Hazon	Maddison Minard	Benjamin Vu
Sofina Hoskin	Aidan Mulder	Stella Whitaker
Keziah Hoskin	Amelia Nagy	Rory Wilson
Taylor Jamieson	Sarah Nienhuis	Lewis Wong
Ryan Kelleway	Olivia Nilan	Benjamin Woodhouse
Stephanie Kelleway	Thea Prasetya	Luke Yin
Lani Khirova		Arthur Ziogas

Zone Athletes

Diana Attinger	Charlie Hogben	Zara Palfrey
Nathaniel Basha	Anneka Hoskin	Levi Palfrey
Holly Bayss	Eden Hosking	Leon Pang
Emma Bayss	Lucas Hosking	Zoe Parleviet
Lucas Bishop	Ida Hughes	Samuel Phillips
Siddhant Bisht	Madison Huynh	Isabella Primrose
Sophie Borsovszky	Ayden Huynh	Sebastian Richardson
Tyler Boyd	Cooper Jamieson	Alessandra Richardson
Briony Bridges	Daniel Kim	Charlie Schneider
Sasha Bridges	Nicholas Klamer	Thomas Schneider
Skye Brownlow	Nicholas Koinusis	Eve Sedwell
Tess Burke	Josiah Kuka	Amelia Sedwell
Evana Butler	Christina Lamprianidis	Nikita Smith
Zara Carruthers	Matthew Lawrence	Joshua Tilt
Mikayla Chool	Benjamin Lawrence	Alara Unat
Poilani Daniel	Marley Lepp	Anibal Vinaroz Rizaldos
Evan David	Zoey Loo	Alexander Vu
Jordan Ebert	Rorie Loo	Isabelle Whitaker
Stirling Facer	Hugo Matthews	Amelia Wigmore
Rachel Fenson	Riley McKenzie	Evie Wilcox
Abigail Gathercole	Jorja McMahon	Caitlin Wilcox
William Ge	Marcus Milat	Marcus Wong
Abigail Goodacre	Amelia Milat	Isaac Wong
Dane Grosvenor	Christian Mulder	Ayva-Rae Younes
Justin Guo	Christopher Nilon	Sophia Younes
	Henry O'Neil	

Gold Medals 30+ PBs

Isabelle Nilon	Chloe Thurston	Brinleigh Grosvenor
Tyler Boyd	Evana Butler	Amelia Nagy
Sophie Kavanagh		Ella Qiaoyi Lin

Silver Medals 25-29 PBs

Sebastian Richardson	Thomas Schaafsma	Michael Wang
Lachlan Tilt	Levi Palfrey	Alexander Harrison
Lily Tilt	Ethan Fajemisin	Hayley Reynolds
Jasmine Loh	Riyon Mudannayake	Caitlyn Collier
Nicholas Koinusis	Charlotte Gathercole	Jacob Taylor
Max Minard	Finn Parleviet	Jordan Cocks
Caitlin Waldron	Jake Hardwick	William Perry
Benjamin Woodhouse	Johan Mathew George	Conor Smith
Lachlan Waldron	Max Byrnes	Caitlin Wallis
Suraj Nagaraj	Christopher Nilon	Gabriela Greenfield
	Lachlan Schneider	

Bronze Medals 20-24 PBs

Zacharie Touchard	Henry Tieste	Dylan Owen
Samuel Moore	Marcus Wong	Nirupan Anand
Ella Hazon	Zoey Loo	Briony Bridges
Renee Torres	Rachel Crandell	Ayden Huynh
Joshua Tilt	Patrick Largo	Arthur Ziogas
Lily Scahill	Benjamin Munoz	Jessica Miller
Lewis Wong	Rachel Fenson	Joseph Boyd
Stirling Facer	Kale Burton	Myla O'Neill
Aditi Hemakumar	Riley Wallis	Evie Wilcox
Samantha Dale	Sophie Polkinghorne	Isla Moyes
Koby Schofield	Cody Burton	Angelina Perry
Cooper Jamieson	Oliver McNicol	Jamie Kastelan
Elina Banerji	Dane Grosvenor	Carys Byrnes
Huey Yin	Charlie Cook	Riley McKenzie
Benji Loh	Christina Lamprianidis	Gala Vinaroz Rizaldos
Samuel Tieste	Irvin Lee	Eden Hosking
Isabelle McCaffrey	Ida Hughes	Lucinda Murphy
Olivia Nilan	Caitlin Wood	Neo Parleviet
James Bishop	Arabella Price	William Basha
Terry Koinusis	Justin Guo	Emma Bayss
Eliza McKenzie	Cristian Kastelan	Rory Wilson
Nicholas Woodhouse	Natalie Cobley	Alexander Vu
Sam Polkinghorne	Holly McLennan	Hannah Lambert
Isaac Wong	Andrew Fenson	Isaac Lee
Stamford Liu	William Ge	Annika Mathie
	Nathaniel Basha	