

# North Rocks Carlingford

Little Athletics Centre

Kingsdene Oval, Felton Road. Carlingford.

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## Recognition of Achievements for Season 2010/2011

**Annual Centre Awards:** Tiny Tots are not eligible for these awards, however all Tots were recognised with a Certificate and Trophy at Season's end. Athletes must have attended 50% of all possible weeks and competed in 50% of times for each event.

Age	Champion	Runner-Up	Most Improved	Age Manager's Award
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6G	Sophie Kavanagh	Eliza McKenzie	Georgie deCourcy	Romie Makin
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6B	Patrick Cleary	Riley Bodinnar	Ryan Vaughan	Jamie Stylianou
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7G	Emily Gathercole	Amy King	Monique Wallace	Abbey Taylor
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7B	Samuel Schembri-Green	Macartney Nealon	Alex Shahla	Marco Graiche
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8G	Jessica Fartek	Alana Kavanagh	Sophie Vaughan	Jemima James
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8B	Jay DeCourcy	Riley Blakers	Zaki Razi	Arthur Ziogas
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9G

Brooke Walker    Alicia Fartek    Sophia Harrison    Ashlee O'Neill

9B

Riley Leverett    Gabe King    Daniel Saunders    Aryan Wani

10G

Sophie Hunter    Breanna Ivankovic    Ashleigh O'Keefe    Samantha Dale

10B

Christian Borskjaer    Corey Kavanagh    Daniel Tan    Dylan Colman

11G

Sophie Wehrmann    Sonja Jeffery    Kate Milne    Jennifer Casey

11B

Adam Ayad    Luca Crisanto    Andre Borsovszky    Damien Lai

12G

Maya Leverett    Emma Moran    Madison Cotton    Alani Pond

12B

Stephen Todd    Adam Moussa    Alan Fok    Hayden Culliver

13G

	Emily Dawkins	Emma Longworth	Sarah Fung	Jasmin Borsovszky
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13B	Matthew Dabrowski	Christopher Turner	Logan Adams	Jake Richards
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14G	Emily Dennis	Krishni Jayawardana	Kristin Jeffery	Sharron Chen
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14B	Joshua Leverett	Ian Astalosh	David Todd	Chris Tan
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15G	Kathryn Ramsay	Rachel Horwood	Lauren Dennis	Emma Matheson
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15B	Matthew Sutcliffe	Jordan Clare	Rafael Sanchez-Bayo	Samuel Harris
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17G	Emily McDonald	Kara Leverett	Imelda Huang	Winnie Enright
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17B	Max McKenzie	Brendan Murray	Brodie Boshier-Eggins	Oscar Lewis
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**Wally Pamplin Memorial Award:** This award is given to the athlete who has achieved the highest number of Improvement Points for the season. Personal Bests are what Little Athletics is all about and as the athletes better their performances, they are awarded points based on how much they improve. The recipient for 2010/2011 of this award was

## Jay De Courcy

**Tony Kish Junior Encouragement Award:** This award is chosen by the President and is given to a junior athlete (up to U10) who is observed always trying their best. They must have attended 75% of weeks offered, have at least 15 PB's. They cannot be a recipient of another major award, the only exception to this would be an age managers award. The recipient for the inaugural 2010/2011 of this award was

## Olivia Enright

**Athlete of the Year:** At the conclusion of each athletic season, NRCLAC has an award for athletes who have achieved on and off the track and field. Attitude, peer respect, performance and representation make up the criteria for this award. For season 2010/2011 these athletes have been honoured in the following categories.

Junior Girl	Sophie Kavanagh	Junior Boy	Riley Leverett
Intermediate Girl	Sophie Hunter	Intermediate Boy	Christian Borskjaer
Senior Girl	Rachel Horwood	Senior Boy	Emmanuel Fakiye
17's Senior Athlete Max McKenzie			

**State Representatives:** These athletes represented NRCLAC at the State Championships held in March 2011.

### Qualified and represented the club

**U10 Boys** Christian Borskjaer **U9 Girls** Sophie Hunter **U11 Boys** Adam Ayad **U10 Girls** Sophie Hunter

**U11 Girls** Jennifer Casey **U12 Girls** Maya Leverett **U13 Girls:** Emily Dawkins,

**U14 Boys** Emmanuel Fakiye **U15 Girls** Rachel Horwood, **U15 Boys** Matthew Sutcliffe

**U17 Boys** Max McKenzie **U17 Girls** Emily McDonald,

**Regional Representatives:** These athletes represented NRCLAC at the Regional Championships held in February 2011

### Qualified and represented the club

**U8 Girls** Madison Sloane, Tarsha Wayne **U8 Boys** Jay DeCourcy

**U9 Girls** Brooke Walker **U9 Boys** Riley Leverett

**U10 Girls** Madelyn Fartek, Sophie Hunter, Breanna Ivankovic, Ashleigh O'Keefe **U10 Boys** Christian Borskjaer, Nathan Craig

**U11 Boys** Adam Ayad **U11 Girls** Jennifer Casey, Sophie Wehrmann

**U12 Girls** Georgia Emerton, Maya Leverett, Madeline Viney **U12 Boys** Alan Fok, Adam Moussa

**U13 Boys** Matthew Dabrowski **U13 Girls** Lucinda Brownlow, Emily Dawkins, Emma Longworth

**U14 Boys** Emmanuel Fakiye, Joshua Leverett **U14 Girls** Isabella Borskjaer, Emily Dennis, Krishna Jayawardana

**U15 Girls** – Lauren Dennis, Rachel Horwood, Kathryn Ramsay, Monique Wehrmann **U15 Boys** Matthew Sutcliffe

**U17 Boys** Brodie Boshier Eggins, Oscar Lewis, Max McKenzie, Jonathon Ramsay **U17 Girls** Natalie Astalosh, Winona Enright, Emily McDonald

**Zone Representatives:** These athletes represented NRCLAC at the Zone Championships

**U7G** Emily Gathercole, Gabrielle Honor - Wilson, Thea Prasetya, Abbey Taylor, Sarah Watkins

**U7B** Daniel Gangell, Macartney Nealon, Micah O'Connell Samuel Schembri-Green, Nicholas Schiraldi

**U8G** Skye Brownlow, Jessica Fartek, Alana Kavanagh, Madison Sloane, Sophie Vaughan, Tarsha Wayne

**U8B** Riley Blakers, Jonathan Campos, Jay DeCourcy, Jared Ivankovic, Zaki Razi, Thomas Reicher, Matthew Taylor, Damien Wong, Arthur Ziogas

**U9G** Tamsyn Brown, Alicia Fartek, Sophie Newstead, Jade Pond, Jasmine Rheinberger, Brooke Walker

**U9B** Thomas Honor - Wilson, Daniel Kingi, Riley Leverett, Cameron McMahon

**U10G** Katrina Astalosh, Samantha Dale, Olivia Enright, Madelyn Fartek, Sophie Hunter, Breanna Ivankovic, Ashleigh O'Keefe, Mariam Razi

**U10B** Christian Borskjaer, Nathan Craig, Corey Kavanagh, Daniel Tan, Richard Zhang

**U11G** Alana Blakers, Jenna Bodinnar, Sarah Brown, Emily Brownlow, Jennifer Casey, Grace Gibbeson, Sonja Jeffery, Kate Milne, Annalise Schiraldi, Jade Walker, Sophie Wehrmann

**U11B** Adam Ayad, Damien Lai, Max Litherland, Nicholas Lowe, Thomas O'Malley, Matthew Palmer

**U12G** Madison Cotton, Jessica Cunningham, Georgia Emerton, Zoe Kavanagh, Maya Leverett, Emma Moran, Georgia Newstead, Emma Rogers, Madeline Viney

**U12B** Hayden Culliver, Alan Fok, Kristopher Honor - Wilson, Adam Moussa, Adam Moussa, Stephen Todd, Zachary Tremlett

**U13G** Lucinda Brownlow, Emily Dawkins, Emma Longworth, Anna Wilmshurst

**U13B** Aaron D'onofrio, Matthew Dabrowski, Mitchell McMahon

**U14G** Isabella Borskjaer, Emily Dennis, Alexandra Dunlop, Krishni Jayawardana, Kristin Jeffery, Lucy McDonald

**U14B** Ian Astalosh, Emmanuel Fakiye, Joshua Leverett, Chris Tan, David Todd

**U15G** Lauren Briggs, Lauren Dennis, Rachel Horwood, Emma Matheson, Kathryn Ramsay, Monique Wehrmann

**U15B** Phillip Brown, Jordan Clare, Samuel Harris, Michael McPhee, Rafael Sanchez-Bayo, Matthew Sutcliffe

**U17G** Natalie Astalosh, Winona Enright, Kara Leverett, Brooke Little, Emily McDonald

**U17B** Brodie Boshier Eggins, Adam Felizzi, Oscar Lewis, Max McKenzie, Brendan Murray, Jonathon Ramsay

**Gold Medal for Personal Best: These athletes achieved 30 or more Personal Best results**

Ryan Vaughan	Samuel Durantini	Marco Graïche	Jay DeCourcy	Jared Ivankovic	Thomas Reicher
Aryan Wani	Riley Leverett	Cameron McMahon	Daniel Saunders	Zac Crisanto	Matthew Dabrowski
Matthew Sutcliffe	Samuel Harris	Eliza McKenzie	Georgie DeCourcy	Sophie Kavanagh	Emily Gathercole

Sophie Vaughan Jemma Brooks	Madison Sloane Kate Milne	Sophia Harrison Madison Cotton	Brooke Walker Maya Leverett	Breanna Ivankovic Emma Moran	Mariam Razi Zoe Kavanagh
<b>Silver Medal for Personal Best: These athletes achieved between 25 and 29 Personal Best results.</b>					
Owen Mitchell Jamie Stylianou Aman Madhyastha	Gabe King Anthony Shahla Corey Kavanagh	Alan Fok Aaron D'onofrio Ian Astalosh Chris Tan	Lauren Goodacre Gayathri Chandrasekaran Jessica Fartek Keira Maze	Mandela Sutherland Samantha Dale Sonja Jeffery Alani Pond Adele McCaul	Ben Faehrmann Tate Mahony Eoin Woods Arthur Ziogas Adam Moussa RohanPearson- Bourne Sophie Hunter
Miles Foster Samuel Schembri-Green Summer Leung Mia Young	Joshua Maze Luca Crisanto Adam Ayad Thomas O'Malley Skye Brownlow	Rafael Sanchez- Bayo Brendan Murray Arabella Price	Siena Sutherland Tarsha Wayne Shannon Lowry Sophie Newstead	Kathryn Ramsay Rachel Horwood	
<b>Bronze Medal for Personal Best: These athletes achieved between 20 and 24 Personal Best results.</b>					
Emily Brownlow Sophie Wehrmann	Patrick Cleary Matthew James Ayur Wani	Lachlan Cooper Alexander Harrison Ryan McDonald Sophie Mills	Daniel Gangell Eran Fung Jonathan Campos Zaki Razi	Adam Caisley Aden Cummins Ronald Leung Max Dominello	Cory Bodinnar Nathan Craig Jasper Mihalich Max Litherland Damien
Caitlin Wilby Stephanie Hills Jessica Cunningham Erin King Grace Faehrmann Bridget Sarks Lucinda Brownlow Emily McDonald	Riley Bodinnar Annie Yan Jade Pond Elka Makin Ashlee O'Neill Alicia Fartek Zoe Fajemisin Anthea Sarks Madelyn Fartek Ashleigh O'Keefe	Alana Kavanagh Bonnie Windsor Sophie Borsovszky Olivia Enright Maegan Mills Jennifer Casey Alana Blakers Sarah Brown	Damien Wong Riley Blakers Logan Adams Monique Wallace Brianna Pfeiffer Thea Prasetya Amy King Isabella Schembri-Green	Christian Borskjaer Hayden Culliver Romie Makin Lucy Hunter Monique Brown Jorja McMahan Abbey McNamara Imelda Huang	Lai Stephen Todd Michael McPheePhillip Brown Brodie Boshier Eggins Sofia Gately

**NRCLAC 10 Year Service Award:** At the conclusion of the 20010/2011 season, these athletes have been actively involved in Little Athletics at our Centre for 10 years.

Lauren Briggs

Lauren Dennis

Matthew Sutcliffe

**NRCLAC 5 Year Service Award:** At the conclusion of the 2010/2011 season, these athletes have been actively involved in Little Athletics at our Centre for 5 years.

Katrina Astalosh	Jasmin Borsovszky	Emily Dawkins	Jesse He	JessicaRamsdale
Nathan Craig	Aaron D'Onofrio	LucindaBrownlow	Oscar Lewis	Haradarshana
Alicia Fartek	Rohan Pearson- Bourne	Andre Borsovszky	Hayden Culliver	Kannan Madelyn Fartek
Riley Leverett	Max Litherland	Skye Brownlow	Sophie Wehrmann	Sophie Vaughan Jay De Courcy

**LAANSW 10 Year Athlete Service Award:** Ten years associated with Little Athletics Assoc NSW, culminating in U15

Lauren Briggs

Lauren Dennis

Matthew Sutcliffe

Kathryn Ramsay

