

# North Rocks Carlingford

Little Athletics Centre

Kingsdene Oval, Felton Road. Carlingford.

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## Recognition of Achievements for Season 2009/2010

**Annual Centre Awards:** Tiny Tots are not eligible for these awards, however all Tots were recognised with a Certificate and Trophy at Season's end. Athletes must have attended 50% of all possible weeks and competed in 50% of times for each event.

Age	Champion	Runner-Up	Most Improved	Age Manager's Award
6G	Emily Gathercole	Sarah Watkins	Monique Wallace	Thea Prasetya
6B	Macartney Nealon	Liam Watson	Marco Graiche	Samuel Schembri-Green
			Alexander Shahla	
7G	Sophie Borsovszky	Tarsha Wayne	Emily Moloney	Alana Kavanagh
7B	Jared Ivankovic	Riley Blakers	Damien Wong	Jay De Courcy
8G	Hannah Moloney	Brooke Walker	Loren Cunningham	Alicia Fartek
8B	Riley Leverett	Cameron McMahon	Thomas Honor-Wilson	Anthony Shahla
9G	Sophie Hunter	Breanna Ivankovic	Isabella Graiche	Mandela Sutherland

9B Christian Borskjaer Nathan Craig Jasper Mihalich Corey Kavanagh

10G Sophie Wehrmann Sonja Jeffery Kate Milne Sarah Brown

10B Andre Borsovszky Adam Ayad Max Litherland Ambrose Christie

11G Maya Leverett Sandy Chen Jessica Cunningham Zoe Kavanagh  
Grace Faerhmann

11B Stephen Todd Adam Moussa Hayden Culliver Joshua Cole

12G Emily Dawkins Emma Longworth Sarah Fung Megan Foote

12B Matthew Dabrowski Brannen Owen Christopher Turner Aaron D'Onofrio

13G Krishni Jayawardana Emily Dennis Sharron Chen Stephanie Jumeau

13B Emmanuel Fakiye Joshua Leverett Asad Khan Patrick Alam

14G Kathryn Ramsay Rachel Horwood Lauren Dennis Monique Wehrmann

14B Phillip Brown Andrew Corrigan Samuel Harris Matthew Sutcliffe

15G Emily McDonald Kara Leverett Jessie He Jessica Ramsdale

15B Max McKenzie Michael Ahrez Brodie Boshier Eggins Adam Felizzi

17G Maggie Corrigan Natalie Astalosh Charlotte Beloe Tammy Yau

17B Jonathon Ramsay George Zhang Daniel Zhu Cedric Chan

**Wally Pamplin Memorial Award:** This award is given to the athlete who has achieved the highest number of Improvement Points for the season. Personal Bests are what Little Athletics is all about and as the athletes better their performances, they are awarded points based on how much they improve. The recipient for 2009/2010 of this award was

**Max McKenzie**

**Tony Kish Junior Encouragement Award:** This award is chosen by the President and is given to a junior athlete (up to U10) who is observed always trying their best. They must have attended 75% of weeks offered, have at least 15 PB's. They cannot be a recipient of another major award, the only exception to this would be an age managers award. The recipient for the inaugural 2009/2010 of this award was

**Alana Kavanagh**

**Athlete of the Year:** At the conclusion of each athletic season, NRCLAC has an award for athletes who have achieved on and off the track and field. Attitude, peer respect, performance and representation make up the criteria for this award. For season 2009/2010 these athletes have been honoured in the following categories.

Junior Girl	Sophie Hunter	Junior Boy	Christian Borskjaer
Intermediate Girl	Emily Dawkins	Intermediate Boy	Adam Moussa
Senior Girl	Rachel Horwood	Senior Boy	Max McKenzie
		17's Senior Athlete	Jonathon Ramsay

**State Representatives:** These athletes represented NRCLAC at the State Championships held in March 2010.

**Qualified and represented the club**

**U9 Boys** Christian Borskjaer **U9 Girls** Sophie Hunter **U10 Boys** Adam Ayad **U10 Girls** Sophie Wehrmann

**U11 Boys** Adam Moussa **U12 Girls** Emily Dawkins

**U13 Boys** Emmanuel Fakiye **U14 Girls** Rachel Horwood **U15 Boys** Max McKenzie

**Regional Representatives:** These athletes represented NRCLAC at the Regional Championships held in February 2010

**Qualified and represented the club**

**U8 Girls** Hannah Moloney, Brooke Walker **U8 Boys** Riley Leverett

**U9 Girls** Ashleigh O'Keefe **U9 Boys** Nathan Craig **U10 Boys** Max Litherland **U11 Boys** Zachary Tremlett

**U11 Girls** Maya Leverett, Emma Moran **U12 Girls** Emma Longworth

**U12 Boys** Matthew Dabrowski, Aaron Kang **U13 Boys** Brendan Steer **U13 Girls** Krishni Jayawardana

**U14 Girls** Lauren Dennis, Monique Wehrmann **U15 Girls** – Brooke Little **U17 Boys** Jonathon Ramsay

**Zone Representatives:** These athletes represented NRCLAC at the Zone Championships

U7G Sophie Borsovszky, Skye Brownlow, Jessica Fartek, Alana Kavanagh,  
Emily Moloney, Sophie Vaughan, Tarsha Wayne,

U7B Riley Blakers, Jay DeCourcy, Eran Fung, Jared Ivankovic, Ethan Nelson, Zaki Razi

U8G Alicia Fartek, Nannerl Hundertmark, Lauren Nelson, Isabella Palu

U8B Cameron McMahon, Dylan Quinn, Thomas Honor-Wilson

U9G Kiara Drewery, Madelyn Fartek, Breanna Ivankovic, Mariam Razi

U9B Corey Kavanagh, Jasper Mihalich, Nicholas Pavic, Daniel Tan, Andrew Wu

U10G Alana Blakers, Sarah Brown, Emily Brownlow, Rebecca Conway, Grace Gibbeson,  
Sonja Jeffery, Kate Milne, Annalise Schiraldi

U10B Andre Borsovszky, Nicholas Lowe, Thomas O'Malley, Rohan Shankar, Ben Wilkins

U11G Sandy Chen, Lauren Drewery, Georgia Emerton, Zoe Kavanagh, Alana Martin,  
Sophie O'Reilly, Jessica Palu, Alana Wheeler

U11B Hayden Culliver, Kristopher Honor-Wilson, Stephen Todd

U12G Jasmin Borsovszky, Lucinda Brownlow, Cheryl Chan

U12B Aaron D'Onofrio, Eric Kong, David Shead

U13G Isabella Borskjaer, Sharron Chen, Emily Dennis, Kristin Jeffery, Stephanie Jumeau,  
Lucy McDonald

U13B Sean Lavery, Joshua Leverett, Dylan Little, Chris Tan, David Todd, Connor Tremlett

U14G Lauren Briggs, Kathryn Ramsay

U14B Phillip Brown , Samuel Harris, Michael McPhee, Matthew Sutcliffe

U15G Kara Leverett, Emily McDonald

U15B Micahel Ahrez, Brodie Boshier Eggins, Adam Felizzi, Oscar Lewis, Brendan Murray,  
Brendan Tully

U17G Charlotte Beloe, Emily Gentle

U17B Cedric Chan, Luke Ivanchenko, Alvin Lee, George Zhang

**Gold Medal for Personal Best:** These athletes achieved over 30 Personal Best results during the season.

Hannah Moloney	Sophie Hunter	Jessie He	Emily Moloney	Krishni Jayawardana
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**Silver Medal for Personal Best:** These athletes achieved between 25 and 29 Personal Best results.

Samuel Schembri-Green	Macartney Nealon	Damien Wong
Jared Ivankovic	Skye Brownlow	Riley Leverett
Aden Cummins	Robert Culliver	Anthony Shahla
Alicia Fartek	Loren Cunningham	Lauren Nelson
Eliza Arathoon	Annie Yan	Madelyn Fartek
Breanna Ivankovic	Max Litherland	Ambrose Christie
Kate Milne	Sarah Brown	Zoe Kavanagh
Sandy Chen	Emily Dennis	Lauren Dennis
Max McKenzie	Brodie Boshier Eggins	

**Bronze Medal for Personal Best:** These athletes achieved between 20 and 24 Personal Best results.

Alexander Shahla	Madison Cotton	Matthew Raish	Ashleigh O'Keefe	Olivia Enright
Zane Watson	Matthew Dabrowski	Stephanie Kelleway	Isabella Graiche	Thomas O'Malley
Olivia Hunt	Chris Tan	Emily Gathercole	Nicholas Lowe	Stephanie Hills
Jay DeCourcy	Sharron Chen	Jemima James	Andre Borsovszky	Haradarshana Kannan
Jessica Fartek	Lauren Briggs	Isabella Schembri-Green	Sophie Wehrmann	Jessica Cunningham
Tarsha Wayne	Brooke Little	Max Dominello	Adam Moussa	Maya Leverett
Thomas Honor - Wilson	Tamara Craig	Dylan Quinn	Alana Wheeler	Alani Pond
Eloise Warren	Marco Graiche	Daniel Tan	Sophie O'Reilly	Joshua Leverett

Nathan Craig	Tate Mahony	Timothy Cornell	Emma Longworth	Ian Astalosh
Mandela Sutherland	Monique Wallace	Kiara Drewery	Asad Khan	Samuel Harris
Mariam Razi	Eran Fung	Lauren Drewery Richard Zhang	Phillip Brown	Brendan Murray
Holly Stein	Siena Sutherland		Michael Ahrez	Emily McDonald
Ben Wilkins	Sophie Vaughan		Kara Leverett	
Alana Blakers	Cameron McMahon		Daniel Zhu	
Joshua Cole	Corey Kavanagh			

**NRCLAC 10 Year Service Award:** At the conclusion of the 2009/2010 season, these athletes have been actively involved in Little Athletics at our Centre for 10 years.

Brooke Little

**NRCLAC 5 Year Service Award:** At the conclusion of the 2009/2010 season, these athletes have been actively involved in Little Athletics at our Centre for 5 years.

Patrick Alam	Julian Alam	Alana Blakers	Isabella Borskjaer	Christian Borskjaer
Emily Brownlow	Matthew Dabrowski	Olivia Enright	Chris Ho	Breanna Ivankovic
Sonja Jeffery	Emily McDonald	Lucy McDonald	Isabella Palu	Holly Stein
Daniel Tan	Cohen Wisniewski			

**LAANSW 10 Year Athlete Service Award:** Ten years associated with Little Athletics Assoc NSW, culminating in U15

Brooke Little

